

**FAMILY AND CONSUMER SCIENCE
DEPARTMENT**

FAMILY AND CONSUMER SCIENCE

The Family and Consumer Science Department provides Baldwin's students with the opportunity to explore and develop personal and career knowledge and skills in the fields of human development, culinary arts (foods), and fashion and interior design. Introductory courses are offered in each area and students may then go on to select a strand (concentration) to develop and master skills in their chosen field.

SOME COURSES ARE OFFERED ON A ROTATING BASIS.

CULINARY ARTS 1

One-half Credit

One-half Year

Prerequisite: None – Open to 10th through 12th graders This introductory course provides students with foundational culinary skills and knowledge essential for success in the kitchen. Students will learn basic cooking techniques, kitchen safety, sanitation practices, and proper use of tools and equipment. Through hands-on cooking labs and guided instruction, they'll explore simple recipes while building confidence and creativity in food preparation. The course also introduces elements of nutrition, meal planning, and food presentation. No prior experience is needed—just a passion for learning and a love of food!

ADVANCED CULINARY ARTS

One-half Credit

One-half Year

Prerequisite: Culinary Arts

Students will build on the skills developed in Culinary Arts. They will perfect more advanced techniques and those requiring greater speed and delicacy in preparation. The students will prepare whole meals and participate in the selection of foods experiences based on their skills and achievements.

BAKING

One-half Credit

One-half Year

Prerequisite: Culinary Arts

Unleash your inner baker in our exciting half year Baking course! From breads to pastries, this class covers it all. Gain hands-on experience making a variety of baked goods, including breads, cakes, cookies, pastries and a variety of different desserts. Learn professional baking techniques for decorating and presenting your creations and discover the secrets of perfect dough. Whether you are a beginner or a budding pastry chef, this course will elevate your baking skills in the kitchen through project-based learning experiences.

INDEPENDENT LIVING

One-half Credit

One-half Year

(Juniors and Seniors only)

Independent Living is life after high school. It gives students real life experience and knowledge to become a successful participant of our society and community. We touch on topics such as writing a resume, careers, renting an apartment, buying a car, interpersonal relationships, budgeting, financial management, and a healthy lifestyle. Don't leave home without this course!

FASHION 1/FUNDAMENTALS OF FASHION AND CLOTHING CONSTRUCTION

One-half Credit

One-half Year

This is an introductory course to clothing and garment construction. This course is required as a prerequisite for all additional fashion courses. Students construct two garments throughout the course. Students integrate their skills at pattern drafting with garment construction processes to create their own pattern for a reversible, lined tote bag. For the second garment, students construct a pair of shorts, following an industry-standard pattern which uses elastic as a waistband. Students must demonstrate their ability to follow a pattern independently, along with navigating the sewing machine and cotton fabrics. Students demonstrate their understanding of design by incorporating shaping techniques such as darts, pleats, gathering and much more. Students will also learn the proportions and techniques for sketching the nine-head figure.

FASHION 2/ADVANCED CLOTHING CONSTRUCTION

One-half Credit

One-half Year

Prerequisite: Fashion 1

This course requires the completion of Fashion 1. Learners will use sketching techniques, sewing and construction techniques, combined with computer skills to communicate design concepts and develop a professional digital portfolio of work. This portfolio allows students to explore creative and practical techniques to enhance their marketability and appeal of their portfolio. They will construct two garments. The first garment will develop fundamental knowledge of stretch fabrics by creating a stretch top. Using the principles of design, students will construct the garment following a pattern. Students will alter and modify patterns to create a unique design. The second garment constructed will be of a bottom, requiring knowledge of a variety of different closures such as zippers, buttons, and finishes. Students will finish all seams using high quality seam finishes.

Please Note: Purchasing fabric is required for two projects.

FASHION 3/DETAILED GARMENT ASSEMBLY

One-half Credit

One-half Year

Prerequisite: Fashion 1

This course requires the completion of Fashion 1. Students apply basic elements of design and expand their creativity by examining social, artistic, and historical influences as they relate to the development of a group and/or collection through clothing construction. Designers continue to build a professional digital portfolio that enhances their marketability for employment and/or continued education. Building on construction skills, students will create two independent garments, following advanced finishing techniques, closures and fabrics.

Please Note: Purchasing fabric is required for two projects.

INTERIOR DESIGN

One-half Credit

One-half Year

Students will learn the basic skills and techniques of the interior designer or architect. They will apply basic design concepts and techniques to environments and explore how those decisions affect the individuals who use those spaces. How choices affect others and their impact on ecology will be studied. Function combined with beauty produces the best designs.

INTERIOR DESIGN II

One-half Credit

One-half Year

Prerequisite: Interior Design 1

Interior design II is a half-year hands-on, project-based course that builds on the foundations of Interior Design I. Students will advance their skills in drawing elevations, creating 3D models, and refining spatial planning while learning to communicate their ideas visually. The course emphasizes creativity, technical ability, and professional presentation, culminating in a digital portfolio that prepares students for college applications or careers in interior design.