CATEGORY	REGION	NAME	SERVICES DESCRIPTION	LINK	ADDRESS	PHONE	LANGUAGE
Basic Needs	San Fernando Valley	GoodWill Southern California	Long-standing nonprofit chain with a range of resources including clothig, housewares and more; Valley Youth Center onsite	goodwillsocal.org	14565 Lanark St., Panorama City, CA 91402 13422 Saticoy St., North Hollywood, CA 91605	818-782-2520 818-474-1291	Spanish
Basic Needs	San Fernando Valley	Meet Each Need with Dignity (MEND)	Food pantry, clothing, dental, job training, adult education, housing	https://mendpoverty.org	10641 San Fernado Road, Pacoima, Ca 91331	818-686-7334 818-686-7328	Spanish
Basic Needs	San Fernando Valley	Salvation Army	Adult Rehab. Center for people seeking help for any number of social and life issues; programs focus on physica, emotional well-being	canogaparkarc.salvationarmy.c	21375 Roscoe Blvd., Canoga Park, CA 91304	818-883-5527	
Basic Needs	LA County	211 LA	211LA is a locally based, nonprofit gide to the services and information you need to navigate life in Los Angeles	https://211la.org	XX	800-339-6993	Multilingual
Childcare	San Fernando Valley	Childcare Resource Center	CCRC cultivates child, family and community well-being; dedicated to the promotion of higher standards in child care and early education	www.ccrcca.org	10675 Telfair Avenue, Pacoima, CA 91331 20001 Prairie St., Chatsworth. CA 91311	818-834-2358 818-717-1000	Spanish
Childcare	San Fernando Valley	Volunteers of America	Emphasizes on literacy, education, and health, promotes stable home life and enusres smooth transition into kindergarten and beyond	https://voala.org	604 S Maclay Ave., San Fernando, CA 91340, 454 S. Kalisher St., San Fernando, CA 91340, 12502 Van Nuys Blvd #220, Pacoima. 91331	818-365-6677, 818-837-0097, 818-897-4130	
Childcare	LA County	Children of the Night	Respond to child trafficking, help teens to survive, recover and reclaim control of their future	www.childrenofthenight.org	3450 Cahuenga Blvd W, Unit 602, Los Angeles, CA 90068	800-551-1300	
Childcare	LA County	First 5 L.A.					
Childcare	LA County	HOPE Mobile Units	State-of-the-art vehicles that bring early education services to families across LA county, especially for children with disabilities and families with limited/no income	inclusiveece.org	10100 Pioneer Blvd., #325, Santa Fe Spring, CA 90670	562-940-1770	Spanish
Childcare	National	Zero to Three - Grandparent Guide	Strategies for grandparents providing care for young grandchildren; knowledge and tools needed	www.zerotothree.org	xx		
Disabilities	San Fernando Center	Act Autism Center	Center for autism assessment and behavior health treatment	https://act-works.net	7226 Sepulveda Blvd., Van Nuys, CA 91405	818-235-1414	
Disabilities	San Fernando Valley	New Horizon	Advance the rights and life choices of individuals within the neurodiverse community and their families through a broad range of high-quality, innovative and personalized services	www.newhorizons-sfv.org	15725 Parthenia St., North Hills, CA 91343	818-894-9301	Spanish
Disabilities	San Fernando Valley	North LA County Regional Center	Creates a community (including families) where each individual with a developmental disability has the opportunity to live a healthy, productive and inclusive life.	www.nlacrc.org	9200 Oakdale Avenue, #100, Chatsworth, CA 91311	818-778-1900	Spanish
Disabilities	San Fernando Valley	The HELP Group	Strives to transform lives by recognizing the individual gifts of those with special needs through innovative professional training, outreach, and public policy advocacy	www.thehelpgroup.org	13130 Burbank Blvd., Sherman Oaks, CA 91401	818-781-0360	Spanish
Disabilities	San Fernando Valley	Tierra del Sol	Empowers people with disabilities through workforce development, college-to-career	www.tierradelsol.org	6851 Lennox Avenue, #300, Van Nuys, CA 91`405	818-908-9808	Spanish
Disabilities	National	ECLKC-Children with Disabilities	Website provides an infographic for young children with disabilities along with other resources to support identifying young child with unique developmental needs	www.eclkc.ohs.acf.hhs.gov	xx		
Domestic Violence	San Fernando Valley	New Beginning Family Support					

Domestic Violence	LA County	LA County Domestic Violence Resources	Offers a list of hotlines and resources for people who may be experiencing domestic violence	https://dpss.lacounty.gov	xx	800-978-3600		
Domestic Violence	California	Ca. Partnership to End Domestic Violence	Website provides tool to finding domestic violence organization in a specific community with links to hotline numbers and websites	https://www.cpedv.org	xx	916-444-7163	Spanish	
Employment	San Fernando Valley	Valley Economic Alliance	Is made up of governments, corporations, small businesses, educational institutions, and community organizations to build thriving communities that work: economic development, promoting the Valley, education & workforce development, livable & sustainable communities	https://thevalley.net	5121 Van Nuys Blvd., #200, Sherman Oaks, CA 91403	818-379-7000		
Employment	San Fernando Valley	LA County for Economic Development	Department of Economic Opportunities is LA County's central economic & workforce development hub helping residents connect to new career pathways, start and certify business, and access life-cjanging opportunities	https://laedc.org	510 S. Vermont Avenue, Los Angeles, CA 90020	844-777-2059	Spanish	
Food Insecurity	San Fernando Valley	Food Forward	Fights hunger and prevents food waste by rescuing fresh surplus produce, connecting this abundance with people experiencing food insecurity, and inspiring others to do the same	https://foodforward.org	5600 Rickenbacker Rd., #2E, Bell, CA 90201	562-565-9815 323-307-9882		
Food Insecurity	San Fernando Valley	Rescue Mission Alliance Valley Food Bank	Rescue Mission Food Bank has multiple food pantries located throughout the San Fernando Valley	https://valleyfoodbank.org	7722 Kester Ave., Van Nuys 8767 Woodman Ave., Arleta 18120 Saticoy St., Resdea 16514 Nordhoff St., North Hills 8856 Kester.. Panorama City	818-781-4156 818-894-9316 818-403-6432 818-398-6232	Spanish	
Food Insecurity	San Fernando Valley	West Valley Food Pantry	Provides food and support services for individuals and families in need	www.westvalleyfoodpantry.org	5700 Rudnick Ave., Woodland Hills, CA 91367	818-346-5554	Spanish	
Food Insecurity	LA County	CalFresh/LA County DPSS	Website provides information for parents who have lost their job, or just need assistance, by applying for CalFresh and other benefits online	https://dpss.lacounty.gov	9188 Glenoaks Blvd., Sun Valley 7555 Van Nuys Blvd. Van Nuys 21415 Plummer St, Chatsworth	626-569-1399 866-613-3777 818-701-8200	10+ languages	
Food Insecurity	LA County	Women, Infants and Children (WIC)	Website provides information for people who are pregnant or have a child under 5; WIC can help provide nutritious foods and more resources to keep a growing family healthy	https://wicprogram.us	8532 Van Nuys Blvd., Panorama City, CA 91402 (Plaza del Valle)	818-361-7541	Spanish	
Health	San Fernando Valley	Northeast Valley Health corp	Provides medical, dental and behavioral health services; obtains health insurance; Women, Infant and Children Program; pharmacy service; various health resources	https://nevhc.org	1600 San Fernando Road., San Fernando, CA 91340; 7101 Remmet Avenue, Canoga Park, CA 91302; 7223 Fair Avenue. Sun Valley. CA 91352	818-365-8086 818-340-3570 818-432-4400	Spanish	
Health	San Fernando Valley	Partners in Care	Aligns social care and health care to address the social determinants of health and equity disparities affecting diverse, under-served and vulnerable populations.	https://picf.org	731 Mott St., #150, San Fernando, CA 91340	818-837-3775	Spanish	
Health	San Fernando Valley	Providence Health System	Offers both impatient and outpatient health services, all of which embrace a holistic and family-centered approach to care; Medi-Cal enrollment and outreach	www.providence.org	15031 Rinaldi St., Mission Hills, CA 91345 11201 Herrick Avenue., Pacoima, CA 91331 (at Vaughn Family Center)	818-365-8051	Spanish	
Health	San Fernando Valley	San Fernando Community Health Center	Is a patient-center medical home; provides compassionate, high-quality, and evidence-based care including chronic medical conditions, health and wellness education, primary care, dental services.	www.sfchealthcenter.org	732 Mott St., #100-110, San Fernando, Ca 91340	818-963-5690	Spanish	
Health	San Fernando Valley	San Fernando Valley Partnership	Promotes a healthy community and improve the quality of life throughout the San Fernando Valley by empowering local youth and residents to identify community issues and implement comprehensive	www.sfvpciacoalition.org	1131 Celis St., San Fernando, CA 91340	818-837-7767	Spanish	
Health	LA County	Choose Health LA	Connects parents with a dentist and showcases resources to support healthy smiles; access to healthy food choices, physical activities	https://choosehealthla.com	3530 Wilshire Blvd., 8/F, Los Angeles, CA 90010		Spansh	
Health	LA County	L.A. Care Family Resources	Information on free resources for families including food pantries, Wi-Fi for telhealth, assistance programs, enrollment support of Medi-Cal and other health coverage programs	https://www.lacare.org		855-222-4239	Multilingual	

Health	LA County	LA County Library-Parent Aide	Offers distance learning program called "Parent-Aide" with resources	https://lacountylibrary.org	Pacoima Library - 13605 Van Nuys Blvd., Pacoima, CA 91331	818-899-5203	Spanish	
Housing	San Fernando Valley	Chrysalis San Fernando Valley	Creates and pathway to self-sufficiency for homeless and low-income individuals by providing the resources and support needed to find and retain employment	www.changelives.org	13545 Van Nuys Blvd., #1, Pacoima, CA 91331	818-794-4200	Spanish	
Housing	San Fernando Valley	Hope for the Valley Rescue Mission	Prevents, reduces and eliminates poverty, hunger and homelessness by offering immediate assistance and long-term solutions.	www.hopethemission.org	11076 Norris Ave., Pacoima, CA 91331; 6425 Tyrone Ave., Van Nuys, CA 91401 18167 Chatsworth St., Granada Hills, CA 91344	818-392-0020 818-804-5507 818-363-2050	Spanish	
Housing	San Fernando Valley	Penny Lane Center	Is a multiple service organization that serves children, youth and families including transitional and permanent housing for former foster youth, Foster Care and adoption Services, Family Preservation and intensive	www.pennylane.org	15305 Rayen St., North Hils, CA 91342; 10526 Dubnoff Way, North Hollywood, CA 91606	818-892-3423 8`18-894-3384	Spanish	
Housing	LA County	Los Angeles County Shelters	Provides resources for individuals and households experiencing homelessness or at-risk of becoming homelss	www.emergency.lacity.gov	500 E. Temple St., Los Angeles, CA 90012	213-484-4800	Spanish	
Mental Health	San Fernando Valley	Centro de Amistad	Provides a comprehensive range of mental health serivces, anticipating the ever-changing needs of families and individuals; is committed to assisting children. adults and families	www.ecda.org	566 S. Brand Blvd.,San Fernando, 91340; 11187 De Foe Ave., Pacoima, CA 91331, 14500 Roscoe Blvd., #205, Panorama Citv. CA 91402. 7038 Owensmouth Ave..	818-361-5384, 818-441-7127, 818-347-8565	Spanish	
Mental Health	San Fernando Valley	El Nido	Builds healthy families by providing community-based social services in some of the most underserved communities.	www.elnidofamilycenters.org	11243 Glenoaks Blvd., Pacoima, CA 91331	818-896-7776	Spanish	
Mental Health	San Fernando Valley	El Projecto del Barrios	Provides health and human services in communities with underserved populations	www.elproyecto.us	8902 Woodman Ave., Arleta, Ca 91331, 20800 Sherman Way, Winnetka,91306, 18250 Roscoe Blvd., Northridge, 91325	818-830-7033, 818-883-2273, 818-721-4800	Spanish	
Mental Health	San Fernando Valley	MNAMI San Fernando Valley	Helps families and individuals face the challengers of living with mental illnes.	www.namisfv.org	14545 Sherman Circle, Van Nuys, CA 91405	818-994-6747	Spanish	
Mental Health	LA County	988 Suicide and Crisis Lifeline	Lifeline Chat and Text connects individuals with crisis counselors for emotional support and other services via web chat or texting 988	www.988lifeline.org	XX	988	Spanish	
Mental Health	LA County	LA County Mental Health Hotline	24/7 Helpline that provides mental health support, resources and referrals.	www.dmh.lacounty.gov	XX	800-854-7771	Spanish	
Out-of-School Tim	San Fernando Valley	Boys & Girls Club of San Fernando Valley	Afterschool programs, ages 6-17, camps, the arts, sports, recreation	www.bgcsfv.org	11251 Glenoals Blvd., Pacoima, CA 91331	818-896-5261	Spanish	
Out-of-School Tim	San Fernando Valley	West Valley Boys & Girls Club	Afterschool programs, sports, recreation, arts	www.BGCWV.ORG	7245 Remmet Avenue, Canoga Park, CA 91303	818-610-1054	Spanish	
Out-of-School Tim	San Fernando Valley	YMCA, Mid Valley, North Valley, West Valley	Provides childcare, recreational programs, day and summer camps, youth classess and lessons	www.ymcala.org	6901 Lennox Avd., Van Nuys, CA 91405, 11336 Corbin Ave., Northridge, CA 91326, 18810 Vanowen St., Reseda, CA 91335	818-989-3800, 818-368-3231, 818-774-2840	Spanish	
Out-of-School Tim	LA County	LA County Parks & Recreation - Kids & Family	Offers a wide variety of programs and actiivities for children, youths and families	https://parks.lacounty.gov	XX	661-294-3518	Spanish	
Family Resilience	San Fernando Valley	Valley Family Center	Provides individual, couple and family therapy, coordinated services for victims, children and perpetrators of domestic violence and parenting	www.valleyfamilycenter.org	302 S. Brand Blvd., San Fernando, Ca 91340	818-365-8588	Spanish	
Family Resilience	San Fernando Valley	Neighborhood Legal Services of LA County	Provides pro-b0no services on divorce, domestic violence, employment and criminal, real estate, small claims	www.nls-la.org	13327 Van Nuys Blvd., Pacoima, CA 01331	800-433-6521	Spanish	
Family Resilience	San Fernando Valley	Legal Access Center	Provides resources, assistance, and guidance to individuals who need help going through legal documents, court filigs	www.legalaccessctr.com	330 N. Maclay Ave., #205, San Fernando, CA 91340	818-929-1178	Spanish	

Family Resilience	LA County	Start Early	Assembles resources from experts that give parents tools to help their children thrive with parenting tips and activities	www.startready.org	350 East Devon Ave., Itasca, IL 60143	773-373-8670		
Family Resilience	LA County	Welcome Baby L.A. County	Provides pregnant women and new moms with information, support, and a trusted partner to help them through the journey of pregnancy and early parenthood				Spanish	
Family Resilience	National	Child Mind Insitute - Helping Children Cope with Grief	Offers a guide to support children cope with grief depending on their developmental age	https://childmind.org	215 E 50th St., New York, NY 100022	212-308-3118		
Family Resilience	National	Mindfulness exercises for Parents	Provides mindfulness techniques to take stress and anxiety out of raising kids, gives tips for practicing mindfulness as a parent, being mindful parent and	https://www.waterford.org	XX	877-299-7997		
Family Resilience	National	National Child Traumatic Stress Network	Enhances resilience in children following a potentially traumatic event; otlines steps providers can take to buid on individual, family and communal strengths to address children's needs, accomplish goals, reduce adversities, and foster growth and development	https://www.nctsn.org	11150 W Olympic Blvd., #650, Los Angeles, CA 90064	310-235-2633		
Family Resilience	National	PBS Kids - Self-Care for Parents	Reinforces the need for parents to take time for self-care so that they are better able to care for their child.	www.pbs.org	XX	XX		
Family Resilience	National	Sesame Street-Grief	Provides resources to help kids grieve the loss of loved ones; with love and support, children can learn to cope with loss and start to heal.	https://sesameworkshp.org	XX	XX		
Safety	LA County	Healthy Children at Home	Safety and prevention, helps parents pkan ways to keep children safe at home; what to do if can't take care children at home		XX	630-626-6000		
Safety		Creating Safe Places	Videos that provide tips for creating safe places at home	https://creatingsafespaces.org	XX	XX	Multilingual	
Substance Abuse		LA County Substance Abuse Prevention and Contro	Provides substance use disorder services, prevention, treatment, and recovery for people of all ages residing in LA County	www.publichealth.lacounty.gov	1000 Fremont Ave., Alhambra, CA 91803	844-804-7500 (toll free)	Spanish	
Substance Abuse		Alcoholic Anonymous	Is a peer-led mutual aid fellowship dedicated to abstinence-based recovery from alcoholism through its spirtually inclined 12-step program	www.lacoaa.org			Spanish	
Substance Abuse		LA Centers for Alcohol and Drug Abuse (LA CADA)	Is a licensed and certified substance use and behavioral treatent provider	www.lacada.com	12070 Telegraph Rd. #207, Santa Fe Springs, CA 90670	562-777-7500	Spanish	
Mandated Support Initiative	LA County	Los Angeles County Office of Education	Learn about Assembly Bill 2085 that define child abuse and neglect, and a complete walkthrough of how and where to access trainings, resources and more.	www.lacoe.edu/services/student-support/mandated-supporting-initiative	9300 Imperial Hwy., Downey, CA 90242	562-922-6111		