

BCTEA MENU



JANUARY



• NEW YEAR • PIZZA DAY • 100 DAYS • NEW YEAR • PIZZA DAY • 100 DAYS •

BREAKFAST: Student: \$2.25 • Adult: a la carte **LUNCH:** Student: \$3.75 • Adult: \$5.75

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

	<p>6 BREAKFAST Breakfast Pizza OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Corn Dogs OR Strawberry Yogurt Parfait w/ Muffin French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>7 BREAKFAST Fruit Filled Frudel OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Italian Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/ Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>8 BREAKFAST Chicken-n-Waffles OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Soft Beef Tacos w/ Mexican Rice OR Fiestada Pizza OR Grilled Cheese Sandwich OR Turkey/Cheese Croissant Ranch Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>9 BREAKFAST *Sausage Rolls OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Crispy Chicken Sandwich OR *Turkey Club Wrap OR Ham/Cheese Sub Sandwich French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>
<p>12 BREAKFAST Mini Cinnis OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Beef Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>13 BREAKFAST Chicken Biscuit Sandwich OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Macaroni/Cheese w/ Fish Nuggets & Hushpuppies OR Crispy Chicken Salad w/ Flatbread OR Cold Cut Sub Sandwich Green Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>14 BREAKFAST Mini French Toast OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Mango Yogurt Parfait w/ Muffin OR Turkey/Cheese Wrap Mashed Potatoes w/ Cream Gravy Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>15 BREAKFAST Waffles w/ Strawberries/Cream OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Beef Lasagna OR Crispy Chicken Drumsticks Garlic Breadstick OR Ham/Turkey/Cheese Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin California Blend French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>16 BREAKFAST Swirled Breakfast Roll OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH  World Pizza Day Big Daddy's 2 Slices Pepperoni Pizza or Cheese Pizza OR Sweet Red Chili Crispy Chicken w/ Wheat Roll OR Italian Sub Sandwich Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>

*Contains Pork • Fresh fruit offered daily • Menu Subject to change due to product availability



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

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<p>• NO SCHOOL • NO SCHOOL •</p> <p>★★★★★</p> <p>Martin Luther King Jr. Day</p> <p>I Have A Dream</p> <p>★★★★★</p> <p>• NO SCHOOL • NO SCHOOL •</p>	<p>20 BREAKFAST Chocolate Filled Crescent OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Fiestada Pizza OR Strawberry Yogurt Parfait w/ Muffin Green Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>21 BREAKFAST Breakfast Pizza OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Nuggets OR Steak Fingers Wheat Roll OR Cheese Pizza Crunchers w/ Marinara Dip OR Ham/Cheese Sub Sandwich Mashed Potatoes w/ Cream Gravy Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>22 BREAKFAST Glazed Donut & String Cheese OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Spaghetti w/ Meat Sauce & Wheat Roll OR Crispy Chicken Sandwich OR Blueberry Yogurt Parfait w/ Muffin OR *Turkey Club Wrap Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>23 BREAKFAST Sausage w/ Biscuit & Gravy OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR Western BBQ Sandwich OR Crispy Chicken Caesar Wrap OR Cold Cut Sub Sandwich Onion Rings Ranch Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>
<p>26 BREAKFAST Fruit Filled Frudel OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Alfredo w/ Garlic Toast OR Corn Dogs OR Strawberry Yogurt Parfait w/ Muffin Bahama Blend French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>27 BREAKFAST *Breakfast Taco w/ Scr. Eggs & Bacon and Tater Tots OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Cheese Enchiladas w/ Mexican Rice OR Crispy Chicken Caesar Salad w/ Flatbread OR Ham/Cheese Croissant Ranch Beans French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>28 BREAKFAST Mini Pancakes OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Fruit/Cheese Plate w/ Muffin OR *Turkey Club Wrap Mashed Potatoes w/ Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>29 BREAKFAST Waffles w/ Strawberries/Cream OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH *Pepperoni Calzone/ Cheese Calzone OR Crispy Chicken Sandwich OR Turkey/Ham/ Cheese Salad w/ Flatbread OR Cold Cut Sub Sandwich Steamed Broccoli French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>30 BREAKFAST Cinnamon Roll & String Cheese OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR Chili Frito Pie w/ Wheat Roll OR Buffalo Chicken Wrap OR Turkey/Cheese Sub Tater Tots Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>

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