

HIGH SCHOOL MENU



JANUARY



• NEW YEAR • PIZZA DAY • 100 DAYS • NEW YEAR • PIZZA DAY • 100 DAYS •

BREAKFAST: Student: \$2.25 • Adult: a la carte LUNCH: Student: \$3.75 • Adult: \$5.75

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk. LUNCH: Includes entrée, vegetable, fruit & choice of milk.

	<p>6 BREAKFAST Breakfast Pizza OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Corn Dogs OR Strawberry Yogurt Parfait w/ Muffin French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>7 BREAKFAST Fruit Filled Frudel OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Italian Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/ Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>8 BREAKFAST Chicken-n-Waffles OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Soft Beef Tacos w/ Mexican Rice OR Fiestada Pizza OR Grilled Cheese Sandwich OR Turkey/Cheese Croissant Ranch Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>9 BREAKFAST *Sausage Rolls OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Crispy Chicken Sandwich OR *Turkey Club Wrap OR Ham/Cheese Sub Sandwich French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>
<p>12 BREAKFAST Mini Cinnis OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Beef Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>13 BREAKFAST Chicken Biscuit Sandwich OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Macaroni/Cheese w/ Fish Nuggets & Hushpuppies OR Crispy Chicken Salad w/ Flatbread OR Cold Cut Sub Sandwich Green Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>14 BREAKFAST Mini French Toast OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Mango Yogurt Parfait w/ Muffin OR Turkey/Cheese Wrap Mashed Potatoes w/ Cream Gravy Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>15 BREAKFAST Waffles w/ Strawberries/Cream OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Beef Lasagna OR Crispy Chicken Drumsticks Garlic Breadstick OR Ham/Turkey/Cheese Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin California Blend French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>16 BREAKFAST Swirled Breakfast Roll OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH  World Pizza Day Big Daddy's Pepperoni Pizza or Cheese Pizza OR Sweet Red Chili Crispy Chicken w/ Wheat Roll OR Italian Sub Sand. Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>

*Contains Pork • Fresh fruit offered daily • Menu Subject to change due to product availability

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<p>• NO SCHOOL • NO SCHOOL •</p> <p>★★★★★</p> <p>Martin Luther King Jr. Day</p> <p>I Have A Dream</p> <p>★★★★★</p> <p>• NO SCHOOL • NO SCHOOL •</p>	<p>20 BREAKFAST Chocolate Filled Crescent OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Fiestada Pizza OR Strawberry Yogurt Parfait w/ Muffin Green Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>21 BREAKFAST Breakfast Pizza OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Nuggets OR Steak Fingers Wheat Roll OR Cheese Pizza Crunchers w/ Marinara Dip OR Ham/Cheese Sub Sandwich Mashed Potatoes w/Cream Gravy Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>22 BREAKFAST Glazed Donut & String Cheese OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Spaghetti w/ Meat Sauce & Wheat Roll OR Crispy Chicken Sandwich OR Blueberry Yogurt Parfait w/ Muffin OR *Turkey Club Wrap Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>23 BREAKFAST Sausage w/ Biscuit & Gravy OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Western BBQ Sandwich OR Crispy Chicken Caesar Wrap OR Cold Cut Sub Sandwich Onion Rings Ranch Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>
<p>26 BREAKFAST Fruit Filled Frudel OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Chicken Alfredo w/ Garlic Toast OR Corn Dogs OR Strawberry Yogurt Parfait w/ Muffin Bahama Blend French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>27 BREAKFAST *Breakfast Taco w/ Scr. Eggs & Bacon and Tater Tots OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Cheese Enchiladas w/ Mexican Rice OR Crispy Chicken Caesar Salad w/ Flatbread OR Ham/Cheese Croissant Ranch Beans French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>28 BREAKFAST Mini Pancakes OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Fruit/Cheese Plate w/ Muffin OR *Turkey Club Wrap Mashed Potatoes w/ Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>29 BREAKFAST Waffles w/ Strawberries/Cream OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH *Pepperoni Calzone/Cheese Calzone OR Crispy Chicken Sandwich OR Turkey/Ham/ Cheese Salad w/ Flatbread OR Cold Cut Sub Sandwich Steamed Broccoli French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>30 BREAKFAST Cinnamon Roll & String Cheese OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Chili Frito Pie w/ Wheat Roll OR Buffalo Chicken Wrap OR Turkey/Cheese Sub Tater Tots Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>

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