

All students will be offered a daily breakfast and lunch meal at no cost for SY 25-26!

January 2026 Elementary

Students select from a fresh Fruit & Vegetable salad bar daily.
Skim & 1% Milk is offered at all Meals

Breakfast & Lunch Menu

How does a student build a meal?

A student needs to take food from 3 different food groups, with at least 1/2 cup of fruit and/or vegetables on their tray. Food Groups: Meat/Meat Alternative, Grain, Milk, Fruit, and Vegetables.

♥ Central Kitchen Scratch Cooked, 🌿 Seasonal or Local Highlight, 🥬 Vegetarian lunch option which may contain egg or cheese, P Contains Pork

🎂 Celebrate Monthly Birthdays!
Any student who get's a meal will receive a Rice Krispy treat!

Monday 5-Jan	Tuesday 6-Jan	Wednesday 7-Jan	Thursday 8-Jan	Friday 9-Jan
Breakfast: Mini-Cinnamon Rolls or Yogurt Cup & Nutrigrain Bar Lunch Cheese Pizza 🥬 with French Fries	Breakfast: Pancake Wrapped Sausage or Mini Pop Pancakes Lunch Egg Roll & Fried Rice ♥	Breakfast: Breakfast Burrito or Banana Bread Lunch Chicken & Waffles	Breakfast: Sausage & Cheese Croissant or Cereal Lunch Pasta & Meat Sauce ♥ with Sweet Corn	Breakfast: Bethel Special Waffle or Blueberry Parfait Lunch Cheesy Chicken Tamales with Refried Beans
12-Jan	13-Jan	14-Jan	15-Jan	16-Jan
Breakfast: Cinnamon Breakfast Square or Yogurt Cup & Nutrigrain Bar Lunch: Chicken Sandwich with Roasted Sweet Potato Bites	Breakfast: Blueberry Mini Pancakes or Muffin Lunch: Mac & Cheese ♥ 🥬 with Bethel Baked Beans ♥ P	Breakfast: Breakfast Pocket or Pumpkin Bread Lunch: Two Twisted Cheesy Breadsticks 🥬 with Minestrone Soup ♥	Breakfast: Sausage Bagel Sandwich or Cereal Lunch: French Toast Sticks & Sausage with Hash browns	Breakfast: Cinnamon Roll ♥ or Peach Parfait 🥬 Lunch: Teriyaki Beef Dippers with Chow Mein
19-Jan	20-Jan	21-Jan	22-Jan	23-Jan
Breakfast: No School Martin Luther King, Jr. Day Lunch:	Breakfast: Combo Bar P or Mini Pop Pancakes Lunch: Orange Chicken with Fried Rice ♥	Breakfast: Breakfast Pizza or Banana Bread Lunch: Chicken Nuggets with Onion Rings	Breakfast: Sausage Biscuit Sandwich or Cereal Lunch: Frito Pie ♥ 🥬 🌿 Fresh Kiwi	Breakfast: Seasonal Scone ♥ or Strawberry Parfait 1/2 Day Lunch: Ham & Cheese Sandwich-Sack Lunch
26-Jan	27-Jan	28-Jan	29-Jan	30-Jan
Breakfast: Mini Waffles or Yogurt Cup & Nutrigrain Bar Lunch: Fish Sticks & Cornbread with Tater Tots	Breakfast: Pancake Sausage Sandwich or Muffin Lunch: Cheesy Ravioli 🥬 with Breadsticks	Breakfast: Bagel w/ Cream Cheese Pumpkin Bread Lunch: Turkey Nachos ♥ with Refried Beans	Breakfast: Egg & Cheese Breakfast Sandwich or Cereal Lunch: 🎂 Chicken Gravy ♥ with a Biscuit	Breakfast: Cowboy Bread ♥ or Peach Parfait Lunch: Sweet & Sour Chicken with Fried Rice ♥