

Join Our Parent and Caregiver Advisory Board



About Us

The New York School-Based Health Alliance (NYSBHA) is an advocacy organization that helps make sure children and youth across New York have access to high-quality healthcare. These services are available through School-Based Health Centers (SBHCs), which are health clinics located in schools or on school grounds.



The Opportunity

Last year, we facilitated a Youth Advisory Board to improve how youth learn about and use SBHCs and telehealth. This year, we're launching a Parent and Caregiver Advisory Board to build on what we learned. This board will help us **better understand how parents and caregivers can support their children in learning about and using telehealth and mental health services through SBHCs.**

You'll get to:

- Share your ideas on supporting middle school and high school students in using SBHCs and telehealth
- Help identify what information and resources families need
- Help inform system-level recommendations to strengthen school-based telemental health access in New York State
- Connect with other parents and caregivers



What You'll Be Doing

- Join and participate in monthly virtual meetings on Zoom
- Give input on strategies to reach and engage families across New York
- Provide feedback on outreach materials, surveys, and resources
- Help us share information in a way that is clear, accessible, and useful to families
- Support the development of a parent-facing telehealth resource

Apply by January 26, 2026



Requirements

- **Meetings:** Attend at least 4 of the 5 meetings
- **Meeting Format:** All meetings will be virtual, one hour long, and will occur monthly between February–June (5 meetings total)
- **Additional input:** Provide input and review materials on an as-needed basis, outside of meetings



Compensation and Recognition

- **\$125 for each meeting you attend** sent monthly (by check or direct deposit)
- Opportunities for letters of recommendation or acknowledgement of service
- Recognition on our website and/or social media (with your permission)



Who Can Apply

Parents and caregivers who:

- Live anywhere in New York State
- Have children who currently attend or previously attended middle or high school in New York State
- Have experience or interest in SBHCs, telehealth, or supporting youth health and well-being
- Have internet access to attend virtual meetings



How to Apply

Fill out an online application by clicking the “Apply Here” button or scanning the QR code.

We'll announce who's selected by January 30, 2026.

[Apply Here!](#)

SCAN ME



Questions or Need Help? Send an email to Andrea at ali@familyvoices.org.

If you need accommodations or help with the application, please don't hesitate to reach out!