

EFFECTIVE SCHOOL SOLUTIONS

Presents

A 2 part series:

Social Media: Strengthening Caregiver Connectivity-

This workshop focuses on the increasing trend of children and adolescents using social media. Attendees will gain insights into how children fulfill their needs online and explore strategies to guide them toward fulfilling those needs offline. By enhancing parent-child connections, participants will foster a desire in their children to reduce online time and engage more in offline activities. In the second version, parents and caregivers will also learn how to create Social Media Plans that set expectations for family online activities, providing a comprehensive approach to managing screen time.

Date: Part 1: Tuesday, February 17th 2026

Part 2: Tuesday, March 10th 2026

Time: 6:30-7:30pm

Who: Parents and Caregivers

Where: Microsoft Teams

[Join the meeting now](#)

Meeting ID: 270 956 805 622 28

Passcode: wF9gc2T6

