

Southampton County Public Schools

Student Wellness

Starts with healthy meals!

Join us in promoting a healthy lifestyle for all students and staff!

Included in our wellness policy:

- * *Nutritious meal options in the cafeteria*
- * *Opportunities for daily physical activity*
- * *Education and programs to promote wellness*
- * *Guidelines for fundraisers that support healthy habits*
- * *Together, we can create a healthier school community!*



**For more information call the SCPS Food
Services Department
757-653-2692**