

# Southampton County Public Schools

For the 2025-2026 School Year, Southampton County Public Schools will provide FREE breakfast and lunch for all students.



\* No application required, all students enrolled in Southampton County Public Schools will have access to FREE lunch and breakfast.

\*Free meals are all comprised of lean proteins, whole grains, and fresh fruits and vegetables. A La Carte, snacks and drinks will be available for purchase.

For more information about free breakfast and lunch in Southampton County Public Schools please contact

Food Services Department  
[www.southampton.k12.va.us](http://www.southampton.k12.va.us)  
757-653-2692



*This institution is an equal opportunity provider.*