

Respiratory illnesses and your child:

Know where to go when your child is sick



WHEN TO CONTACT YOUR CHILD'S DOCTOR

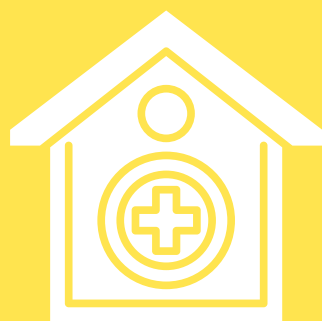
Contact your child's doctor if your child has:

- No or low grade fever
- Fatigue
- Cough
- Congestion
- Mild sore throat
- Diarrhea or vomiting, but is able to drink fluids

WHEN TO GO TO AN URGENT CARE CENTER

Consider taking your child to an urgent care center when your pediatrician is not available and your child has:

- Fever accompanied by flu-like symptoms
- Ear pain
- Moderate and persistent sore throat
- Mild wheezing
- Mild skin rash
- Persistent diarrhea or vomiting
- Seizure with fever that stops on its own
- Persistent or worsening cough



WHEN TO GO TO THE EMERGENCY DEPARTMENT

Head to the nearest emergency department if your child has:

- Fever of 100.4°F (38°C) or higher and is younger than 2 months old
- Trouble breathing
- Difficulty keeping fluids down
- Changes in alertness or difficulty in awakening
- Bluish lips or face
- Signs of dehydration
- Persistent chest pain or pressure



IF YOU THINK YOUR CHILD'S ILLNESS IS LIFE-THREATENING, CALL 911.

This is general information and is not specific medical advice. Always consult with a doctor or healthcare provider if you have questions or concerns about the health of a child.



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