

BLAIR WRESTLING

December 2025 Newsletter

Dear Friends of Blair Wrestling,

Welcome to December. We kicked off the competitive season a bit differently this year, as we were fortunate enough to host Germantown Academy and Belmont Hill at home on Saturday. We changed things up a bit as we wrestled in the field house in an arena-like format, and I think people enjoyed it.

Our B team also wrestled in the Sam Lovello Classic at Brandywine Heights High School in Mertztown, Pennsylvania, which is always a solid varsity opener.

Here are the results from the home duals:

Blair 73, Germantown Academy 0
Blair 68, Belmont Hill 3

I thought we came out a little hesitant in our first match. Maybe it was because it was the first dual meet of the season or it was the first time making scratch weight in a while. Regardless, the kids responded well in the second match, opening up their offense, creating more attacks and converting transitions to scores.

After the matches, we had a team conversation in the locker room. Instead of having the coaches focus on what we need to work on, we asked five different athletes on the team to talk about areas where we did well and how we can continue to build on those strengths. Here are two takeaways:

The bench was awesome. Everyone was getting up with smiles and looking after one another. The kids are learning they are part of something bigger than themselves.

Kids teaching kids. We weighed in EW Franklin '28 at 126 to get an exhibition, and he has made significant jumps in his wrestling. There was a position in a cross wrist scenario that he was confusing in his match. Joe Schinder '27 and Ryan Rios '26 immediately took him off the mat before a coach could get to him, and they made him work the position to get it right. To me, that's Blair wrestling.

Other Highlights:

Sam Lovello Tournament Results

There were 16 varsity teams there, and the B team took third place! This is the start to my fifth year, and this is the first time we have had a full B team. Depth is critical, and we have a lot of kids competing now.

Pennsylvania Weights, Placers

107 lbs. Luke Hosonitz '28 Champ
114 lbs. Anthony Curlo '28 Champ
121 lbs. Wyatt Stauffer '28 Champ
127 lbs. Eddie George '28 Champ (OW)
139 lbs. Ronan Montes '27 6th Place
152 lbs. Vedwin Nivas '28 Champ

Girls

The girls team is participating in a training camp at the Olympic Training Center in Colorado!

Centenary College Open on Sunday, December 7

Cole Pangborn '26, Connor Bercume '26 and Cael Mielnik '27 wrestled at the Centenary College Open on Sunday, December 7. Cole took first place, Connor took second at 184 and Cael took third at heavyweight. All three athletes competed hard and beat some good college competition.

Looking Ahead:

A team: Ironman Tournament on December 12 and 13
B team: Robin Leff Tournament on December 13 at Southern Regional High School
Novice team: Dual meet with Lawrenceville on December 10



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Important Info for the January 10 Quad from the Blair community:

Kick off the new year strong and mark your calendar for Saturday, January 10, 2026—Blair will be hosting a Quad! Before the matches begin, join us for some “Takedown Treats”—quick breakfast bites at Blair wrestling’s morning reception. Fuel up, cheer on the team and start the day right! We look forward to celebrating together with alumni, current parents, past parents and friends of the wrestling program. Registration is required for the reception.

Details

Event: Blair Wrestling Morning Reception

Date: Saturday, January 10, 2026

Location: Center for Health and Well-Being

Time: 10:30 a.m.-12:00 p.m.

Dress code: Casual—wear your Blair Gear!

Quad begins at 12:00 p.m. in the Performance Gym

Match Times:

12:00 p.m. Blair vs. St. Christopher’s School

2:00 p.m. Blair vs. St. Edward High School

4:00 p.m. Blair vs. Lake Highland Preparatory

Register today: www.blair.edu/wrestling-reception

Special Note About the Wrestling Endowment

Blair Academy’s esteemed wrestling program, with a legacy dating back to 1919, has established the Blair Academy Wrestling Endowment. This initiative is designed to preserve the program’s tradition of excellence while addressing the evolving needs of today’s student-athletes. We invite you to support Blair wrestling by contributing to this important effort! Join us in sustaining this proud legacy: www.blair.edu/supportwrestling.

Best,
Ross Gitomer

