

Maypearl ISD



Menu items subject to availability!

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Meal Pricing	Breakfast	Lunch
LSK	\$2.70	\$3.60
M.S	\$2.70	\$3.60
H.S	\$2.70	\$3.70
Adult	\$4.10	\$4.70

LUNCH Menu

January-July 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Burrito, Chopped Salad, Seasoned Pinto Beans	Cheeseburger, Hamburger, Burger Salad, Fries	Chicken Fajita Bowl, Chopped Salad, Black Beans	Mashed Potato Bowl, Seasoned Green Beans, Seasoned Corn	Pizza, Chopped Salad, Seasoned Corn
2	Popcorn Chicken, Seasoned Corn, Fries	Beef Nacho, Chopped Salad, Seasoned Pinto Beans	Cheeseburger, Hamburger, Burger Salad, Tator Tots	Chicken Nuggets, Seasoned Green Beans, Mashed Potatoes	Pizza, Chopped Salad, Seasoned Green Beans
3	Chicken Sandwich, Burger Salad, Baked Beans	Burrito, Chopped Salad, Seasoned Pinto Beans	Pasta Rotini, Chopped Salad, Seasoned Green Beans	Chicken Tenders, Roasted Broccoli, Mac and Cheese	Pizza, Chopped Salad, Seasoned Corn
4	Popcorn Chicken, Seasoned Green Beans, Fries	Taco, Chopped Salad, Seasoned Pinto Beans	Chicken Fajita Bowl, Chopped Salad, Black Beans	Walking Taco, Chopped Salad, Seasoned Pinto Beans	Chicken Sandwich, Seasoned Green Beans, Baked Beans

OTHER DAILY SELECTIONS:

- FF Chocolate and 1% White Milk
- Fruit
- Uncrustable w/graham cracker and cheese stick
- Cheese Sandwich w/graham cracker and cheese stick

NUTRITION BITES:

- Make fruit more appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit.
- Many children in the US fall short of meeting calcium, iron, vitamins D, potassium, fiber and whole grain recommendations.¹
- The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.²

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■ Week 1 Meal Plan
 ■ Week 2 Meal Plan
 ■ Week 3 Meal Plan
 ■ Week 4 Meal Plan

1. 2015-2020 Dietary Guidelines for Americans.
2. USDA. MyPlate.gov. <http://www.myplate.gov>.