

Attention Aquatic Center Patrons

Lap Swim

M,W,F = 6a - 2p

T & TH = 6a - 9:30a & 7:30p - 8:30p

Sat & Sun = 12p - 1p

Water Aerobics

M,W,F = 6:30a - 7:30a - Higher intensity

T,TH = 6:30a - 7:30a - Higher intensity

T,TH = 8a - 9a - Higher intensity

M,W,F = 8a - 9a - Lower Intensity/Arthritic exercise

Open Plunge

Tues & Thurs = 7:30p-8:30p Sat & Sun = 1p - 4p

Day(s)	Date(s)	Time(s)	Modification(s)	Reason
Mon & Wed	Jan 5 & 7	9 am-2 pm	Limited Lanes	EHMS PE
Sat	Jan 17	All Day	CLOSED	Swim Meet
Thurs	Jan 29	3 pm-10 pm	CLOSED	HS Swim Meet
Fri	Feb 6	2 pm-10 pm	CLOSED	Swim Meet
Sat	Feb 7	All Day	CLOSED	Swim Meet
Mon & Wed	Feb 9 & 11	TBA	CLOSED	3rd grade lessons
Mon - Wed	Feb 16-20	1 pm-3 pm	Open Plunge	No School
Mon & Wed	Feb 9 & 11	TBA	CLOSED	3rd grade lessons
Mon & Wed	Mar 2 & 4	9 am-2 pm	Limited Lanes	EHMS PE
Mon & Wed	Mar 9 & 11	9 am-2 pm	Limited Lanes	EHMS PE
Mon & Wed	Mar 16 & 18	9 am-2 pm	Limited Lanes	EHMS PE
Mon & Wed	Mar 30 & Apr 1	9 am-2 pm	Limited Lanes	EHMS PE

The complete schedule, pricing & hours can be found at www.swimparkcity.com

UPDATED 1-6-26