

Year in Review: 12-13

DEL AWARE

Delaware Valley High School - Milford, Pa.

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Project 'Giving Warmth' aims to support students, community during winter season

By VANESSA DISPOTO
School News Co-Editor

For the past 12 years, Project 'Giving Warmth' (PGW) has assisted students throughout the district, along with local charitable organizations, during the winter season.

Starting in 2013, PGW became one of the district's most widely supported community service projects. The project provides winter essentials and other needed items to both students and people in the community. It started as a collection of blankets and winter clothing for those in need and has since evolved into a clothing drive for a selected group of students and children in the community.

Not only does PGW benefit the district, but also the community. This year, the project is supporting the Milford

Food Pantry, the Milford Community Engagement Center and 31 students within the district. That number is expected to rise as additional needs are identified.

The project was started by Frau Elke Miller, a German and French teacher at Dingman Delaware Middle School and Delaware Valley Middle School. She shared how her previous experience in another school district opened her eyes to the

importance of donation efforts.

"At the school where I had previously worked, a colleague of mine ran a donation project which collected blankets and coats for homeless people in the larger New York City area," Frau Miller said. "To see that level of need was quite overwhelming."

Every November, a digital sign-up list on Google Docs was sent to all district employees, allowing teachers and staff to select specific items to donate. The system ensures that a variety of items are being donated, and all needs are being met. Students are also encouraged to help donate through a teacher, club adviser or coach as a group. This year, five groups in the high school are contributing.

In spring 2026, PGW plans to give out a "college starter kit" for students who are heading to college in the fall who are financially disadvantaged.

PGW will continue to collect items throughout the next couple of months to ensure that no one faces winter without the necessary support.



Annual Empty Bowls event alleviates local hunger

By FAITH BAILEY
School News Co-Editor

Ceramics teacher Mrs. Maria Tusinean organized the 15th annual Empty Bowls event on Dec. 18. Ceramics 1 students contributed handmade bowls and mugs to the fundraiser that took place in art teacher Dr. Irene Lantz's room during all lunches. The event was open for all staff members to enjoy soup and bread for lunch, as well as getting to take home a student-made mug or bowl.

Each student made two bowls or mugs, picking one to bring home and giving one to the Empty Bowls fundraiser. Around 200 ceramic pieces have been made each year. This event originated in Michigan and was meant to raise money for people in the community who do not have enough food. The school adopted the idea in hope to help the struggling community in

any way they can.

Mrs. Tusinean enjoys seeing the differences reflected between each student's art.

"Every time I look at the ceramics, I see new personalities," Mrs. Tusinean said. "I recognize the difference in generations when I see each piece of creativity."

Each staff member who comes to the event is encouraged to donate between \$10 to \$15 to go toward the fundraiser. The money is split among three food pantries located in Dingmans, Milford and Matamoras.

Mrs. Tusinean wants to improve on staff participation and wants more people to enjoy this event.

"On that day, the work gets to be enjoyed," Mrs. Tusinean said. "I'm proud of my students for what they do and all the time they put in."



Faith Bailey/Del.Aware

Senior Julia Boronow attends the Empty Bowls event, which is a grassroots movement to raise money for food-related charities.

School News

Model UN brings home awards from ConCon event

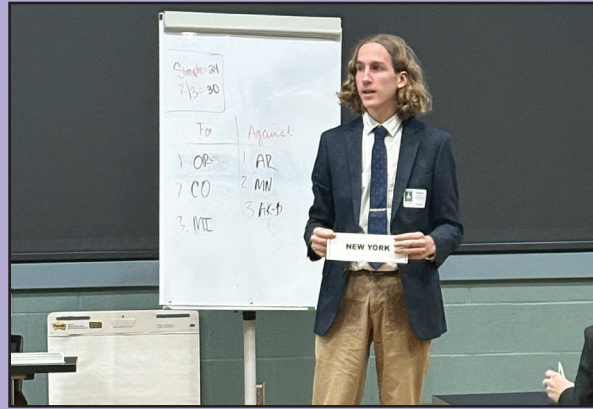
By LILY STOVEKEN
Opinion Editor

Model United Nations participated in the annual Constitutional Convention (ConCon) event on Dec. 12, resulting in outstanding performances from many of the club's members.

ConCon is an event in which students can propose and debate on constitutional amendments. Each school participating in the conference is given a few states to represent. Students are allowed to choose from four committees to participate in and represent their state. For this particular conference, the choices were Legislative, Executive, Judicial branches and a Bill of Rights committee.

"ConCon has always been my favorite of the conferences that our Model UN club attends," senior club member Dom Agron said. "It gives American politics aficionados such as myself the opportunity to present new ideas about and have real debates regarding pertinent issues to modern American politics."

To prepare for the convention, students draft amendments that are then sent in to the committee



Contributed Photo

Senior Jackson Hancock speaks on a resolution at the Dec. 12 convention.

organizing the convention for review. On the morning of the conference, students gather into their committees for discussion and debate. During these

sessions, resolutions are voted on. In the afternoon, all members of the conference participate in the "plenary" session, where the previous passed resolutions are debated on further.

This year, Model UN traveled to the Pennsylvania College of Technology for the convention and took home several awards. Seniors Agron, Andria Prime and Jackson Hancock, as well as juniors Anjali Udeshi and Nat Carso, were presented with "Best Delegates," an award for outstanding participation in debating on or proposing resolutions. Agron, Carso and freshman Alexandra Novikov were awarded "Best Delegation" for their representation of South Carolina, while Hancock, Prime and senior Ruby Bailor, as well as Udeshi, were awarded the same for their representation of New York.

"Four out of the eight students who attended this conference are new to Model UN this year and did a fantastic job preparing and representing at Con Con," social studies teacher and Model UN adviser Mrs. Alexis Decker said. "The returning participants stepped up and coached the new members to success."

Third annual Toys for Kids charity basketball game unites community, raises over \$2,000 for those in need

By EMMA SIMMONS
Editor-in-Chief

District faculty and local law enforcement came together for the annual charity basketball game on Dec. 4.

Throughout the friendly but competitive game, the law enforcement team displayed their skills and ultimately defeated the staff 65-43.

Entry to the game cost either a \$5 donation or a toy, with proceeds donated to the Toys for Kids Tri-State organization. Toys for Kids has been collecting toys and donations to provide gifts to local families during the holiday season for over 15 years. This year's game collected over \$2,000 worth of donations and toys to donate to families all over the tri-state area.

The law enforcement team consisted of 12 local law enforcement personnel, while the staff team consisted of 26 faculty members across the district—with at least one player representing each of the seven schools.

"It's great to see different staff members from different buildings come together for a good cause," elementary assistant principal Mrs. Joann Strattman said.

The game is organized by Mrs. Krystine Thompson, the Student Athlete Advisory Committee and the DV Educational Foundation, but many other students, staff and community members helped make it a success.

Seniors Philip Fitzpatrick and Connor Giblin contributed to the rivalry with their humorous commentary throughout the game. During halftime, student leaders of the senior class organized a game of human Hungry Hungry Hippos and three raffle winners participated in a foul shot competition. Two participants succeeded in the foul shot competition, each winning a \$50 gift card donated by the DV Educational Foundation.

In the third quarter, a representative from Iron Valley Real Estate Tri-State drew a raffle ticket for a winner of a pair of donated Beats headphones. Sponsors of the DV Educational Foundation, FCCLA and the Business and Marketing CTE all contributed to the success of the game as well.

The Del.Aware staff was able to livestream the game for viewers watching at home, as well as completing various interviews with players. After his impressive exhibition in the game, U.S. park ranger Keith Winslow was named most valuable player of the

game by the Del.Aware staff.

"It's amazing to get to play with people we work with and bring the community together," Winslow said.



Emma Simmons/Del.Aware

Physical education teacher Mr. Dan Quinlan drives to the basket to score a layup for the staff team.

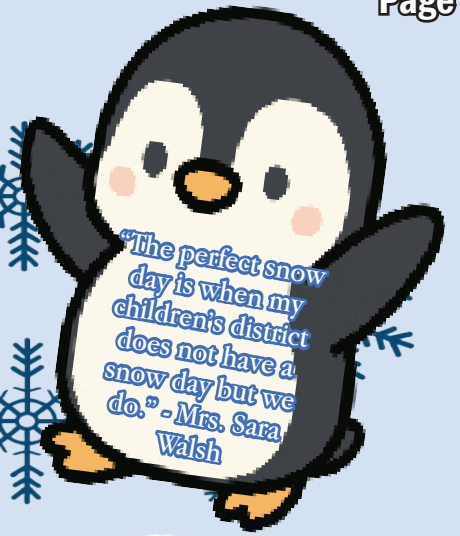
Snow Day Fun



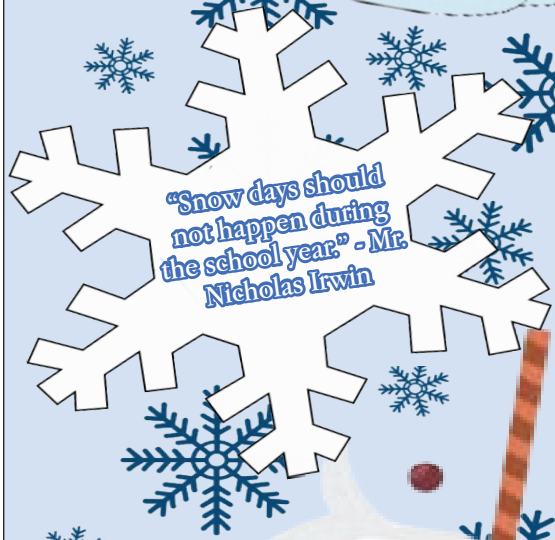
"It is when I am in my bed binge watching 'Law and Order.'" - junior Victoria Bleichner

"HOW WOULD YOU DEFINE THE 'PERFECT SNOW DAY?'"

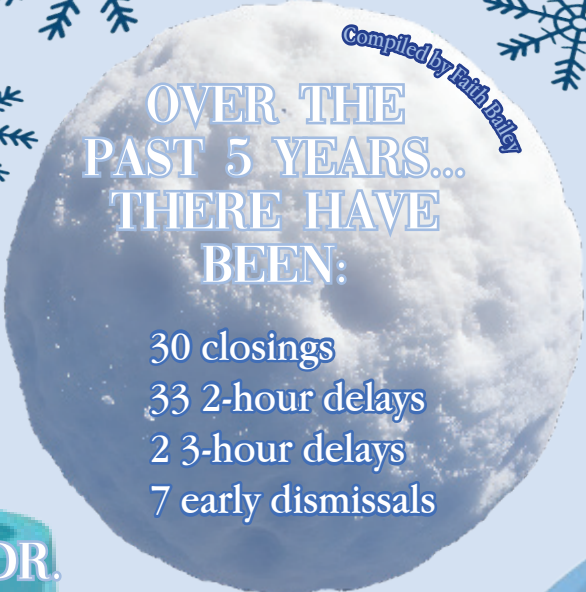
Compiled by Faith Bailey



"The perfect snow day is when my children's district does not have a snow day but we do." - Mrs. Sara Walsh



"Snow days should not happen during the school year." - Mr. Nicholas Irwin



OVER THE PAST 5 YEARS... THERE HAVE BEEN:

Compiled by Faith Bailey

- 30 closings
- 33 2-hour delays
- 2 3-hour delays
- 7 early dismissals



"The perfect snow day is when I get to sleep in and hang out with my dog named Willow." - sophomore Logan Space

Q&A W/ SUPERINTENDANT DR. BRIAN BLAUM

What happens if students don't have access to a computer at home during an FID?

His answer: "All students at the secondary level have school-provided Chromebooks, allowing them to access school."

How do you know when it is going to be a Flexible Instruction Day or a snow day?

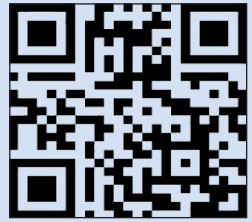
His answer: "We will only be able to call an FID if we are prepared by having students bring their electronic devices home with them the day before a weather-related event."

What is the goal of the Flexible Instruction Day compared to a snow day?

His answer: "The goal of an FID is to not disrupt our educational programming during the winter, when we're still focusing on students mastering new skills and information."

Compiled by Faith Bailey

Scan this QR code to view a Pinterest board full of fun snow day activities, recipes and more!

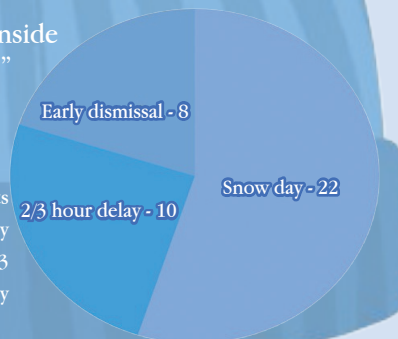


SNOW DAY RITUALS

anonymous responses from around the school

- "Sing let it go in my room."
- "I watch a Christmas movie and stay up late wishing for the extra sleep."
- "Put a spoon under a pillow."
- "Waking up late and drinking 3 cups of hot cocoa with whipped cream and marshmallows after building a snowman."
- "Flush ice cubes."
- "Wear inside out PJs."
- "Praying and staying up late with my brother waiting for the call."

*a total of 40 students answered whether they preferred a snow day, 2/3 hour delay or an early dismissal.



Compiled by Vanessa Dispoto



Opinion



OUR OPINION Gift from your heart, not your pocket

Can you smell that? It's the cheerful holiday season approaching us: hot cocoa, Christmas trees and the spirit of gift-giving. However, the season of giving is being destroyed by materialistic Christmas culture.

There's no denying that Christmas is about giving, but when does it cross the line between being from the heart and being too much?

For example, we give our friends and family gifts that should remind us of them, not gifts chosen just because of the three-digit number attached to the item. What happens when you're in 15 different Secret Santas and now have to buy gifts for people you don't know?

We high school students do not have the money available to keep up with the gift-giving culture that the media has created, thanks to influencers showing off their extensive Christmas hauls. Students shouldn't be pressured into buying presents for their teachers, coaches, and extended family. It simply isn't possible.

The stress of giving "the perfect gift" is lingering over what Christmas is truly about. A card that says, "Merry Christmas, thinking about you," is more thoughtful than a price tag. Our Christmas spirit is being diluted by commercialism.

Another factor that's raining on the Christmas spirit parade is guilt. When someone shows up at your door with a present and you are empty-handed,

the guilt can feel overwhelming. However, most of the time people don't care about what they receive in return because Christmas is about giving heartfelt gifts.

What happened to the magic? Kids have been requesting plain old money for Christmas. This shift could perhaps be the result of buying countless gifts for countless people, turning the holiday into a transaction instead of tradition.

Don't feel pressured to buy gifts out of guilt or because they are expensive. Buy them because you want to. Gifts should come from intention, not price. Sometimes the best gifts aren't material items at all—they're time spent and memories with loved ones.

Real trees represent true Christmas spirit

BY KEIRA LEMAY

Community News Co-Editor

It's hard to imagine a cozy winter wonderland without the comforting fresh scent of a Christmas tree. Christmas trees are a classic symbol of the holiday season, and phony plastic trees just don't bring the same Christmas magic.

The experience that real trees provide cannot be replicated; their classic woody aroma enhances any holiday experience, and the imperfect look of a natural tree adds to the authenticity of the holiday season.

As someone who has always had a real Christmas tree, it will always make me nostalgic of a long-lost sense of childhood Christmas spirit. The

memories associated with searching for the perfect tree while shivering in the snow always makes me smile during the holidays.

Real trees also have real benefits. Not only do they provide a more authentic holiday experience, but they also have environmental benefits while growing and are biodegradable. Buying a real tree is also a great way to support the local community. While artificial trees have benefits like being more affordable and easier to set up, they contain and release harmful chemicals, have a large carbon footprint and are nonbiodegradable.

Choosing between a real or fake Christmas tree is an easy choice—real trees will always bring the Christmas spirit.



It's never too early for Christmas music

BY JOSIE LORDI

Sports Co-Editor

One of the biggest questions that gets asked during the holiday season is when to start listening to Christmas music. Before Thanksgiving? Dec. 1? There is only one right answer and that is before Thanksgiving.

You need to get in the Christmas spirit way before December rolls around. You want to make sure you're getting all the magical feels for as long as you can. You can still fully enjoy Thanksgiving with a touch of the Christmas feels to make everything perfect.

I like to start listening to Christmas music at the beginning of November. The more you listen to music, the more you will find

joy in your life and truly start to embody the Christmas spirit.

Right after Halloween is the perfect time to start adding some songs into your playlist and ease into the holiday season. You can't just jump right in and go full Christmas mode right away. You need to build up the songs on your playlist so that way by Dec. 1 you're ready.

Some people agree with the opposing side and think that you need to wait until you get snow to listen to Christmas music. That is just not true. That doesn't even make sense. Why wait?

You want to soak up all the time that you have with the Christmas season and its music. Remember, you want to ease into the season with some tunes that will lift your spirits and get you ready for Santa!

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Letter Guidelines

The Del.Aware is an administrative reviewed publication of the journalism class of Delaware Valley High School. The Del.Aware will print acceptable letters written by current students which may be edited or condensed for reasons of libel, good taste, grammar and punctuation.
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Opinion



You are what you eat

BY ASHANTIA DICETTE
Opinion Co-Editor

For far too long, “eat the rich” has just been some metaphor—a slogan printed on millennial activists’ tote bags and a taunt shouted at protests against McDonald’s and Starbucks right before everyone goes home and orders DoorDash. But maybe, just maybe, it’s time to take this phrase literally—or rather, more cannibalistically. Because if the mixed economy won’t feed us, then perhaps a mixed diet will.

Now, I’m not saying that we should just eat the rich out of spite because that’d be wrong, I think. I am saying that we should eat them out of necessity with a balsamic vinaigrette reduction. We’ve tried reforming the system, raising awareness and we’ve even tried politely asking rich people to stop launching themselves into space. And you know what? They didn’t listen, so at this point we might as well grab our fork-sized pitchforks and devour those snobs.

To be clear, I’m not suggesting we eat every rich person. Leave the self-made and the normal-ish ones

alone. I’m talking about the reckless spenders, the ethically bankrupt and the people who have seemingly “everything” yet take from everyone below.

Critics will say this is barbaric, but to them I say: really, what’s more barbaric—eating the rich, or the rich eating everything else? Housing, healthcare, workers’ wages—these overweight plump pigs have been feasting on society for decades upon decades without stop. We, the people, have to fight back and cannibalism is the greatest way to do it.

Besides, even from a nutritional standpoint, the rich are probably good for you. Just think of all of those delightful antioxidants from the imported blueberries, artisanal matcha and their Pilate-toned proteins. I can practically taste the wellness on my tongue right now. Sure, they might be a bit high in saturated smugness, but as my mom always says, we have lemon.

Critics claim that this would set a dangerous precedent and could lead to the end of our world as we know it. To them I say: man, it was going to end anyway, so just let me have some fun before it does. Can’t a girl just live her life? We’ve already let the rich

own the water supply, the news and half of the moon.

Let’s also not overlook the environmental benefits. Eating the rich would be—no, can be, a sustainable food source. They’re free-range, globally distributed and an infinitely renewable resource, which I definitely learned in Biology—lesson three I think?

No, this isn’t about cruelty, or me just looking for an outlet to trumpet my hidden cannibalistic tendencies. It’s about balance, about turning exploitation into sustenance, about finally filling out those MyPlate balanced diets we learned about in elementary school. Imagine a future where every dinner plate is a symbol of not only change but equality, and where your side of mashed potatoes tastes just like Kris Jenner’s left arm. Wait... It is her left arm. Absolutely mouthwatering!

Even if it’s only metaphorically absorbed through digestion, it’s only right that we eat the rich, since the rich have been eating us alive since forever. It’s only fair that we return the favor—an eye for an eye, as some would say.

Bon appétit!

Hollywood is getting lazy

BY ALYSSA ZIMMER
Community News Editor

The film industry has grown lazy in their efforts to put out new movies. Movie remakes are quite popular and sometimes they make sense, but the overabundance of them is unnecessary.

For instance, if a horror movie like “A Nightmare on Elm Street” was remade, it would be based on the same story and would certainly be scarier because of the special effects that are used now in comparison to when the movie first came out in 1984. When the movie first came out, it was terrifying, but now when people watch the movie, it looks cheesy because the special effects are outdated. Therefore, a remake was essential here to update the portrayal of the story and show viewers that they could be scared from the same story but with better effects.

Disney, on the other hand, has no excuse. Every couple of years,

Disney decides that they don’t have enough to work with, so they make a lousy live action movie about a Disney princess or classic that they haven’t butchered. I see what they are trying to do, but it just doesn’t work. Take “The Lion King,” you already have the original movie that came out in 1994! Then Disney waits 30 years to release a mediocre—at best—movie with CGI and “better” special effects.

Disney could tell so many better stories instead of recycling old films by making them live action. We don’t need live action remakes of Disney movies. I believe that the whimsical animation and voiceovers from the actors tell the story much better than unnecessary CGI of animals.

Honestly, unless you have an action-packed movie that would look amazing and benefit from a live action remake, don’t ruin a perfectly good classic movie because you have run out of new ideas.

Automatic bids complicate college football playoffs

BY MIKE IUZZOLINO
Sports Editor

For as long as college football has existed, the opportunity to play for a championship has been an exclusive right reserved for the sport’s elite. With the shift to a 12-team playoff from the previous 4-team format, that exclusivity appears to be fading.

On the surface, it seems like an excellent opportunity for teams that may have experienced an uncharacteristic loss or two throughout the season. After all, there are usually 12 teams each year that appear capable of winning a national title.

However, there is one flaw to the 12-team playoff that lies in its automatic qualifiers. The five highest-seeded conference champions are guaranteed a spot in the playoffs, despite there being only four “power” conferences.

This means that every year one team from the Group of Five conferences

automatically gets a playoff bid. The only issue is what happens when the Group of Five doesn’t have a team ranked in the top 20 of the AP poll going into conference championship weekend?

What happens is not only one, but two Group of Five teams are able to make the playoffs, leaving a red-hot Notre Dame team with two losses by a combined four points to two teams still in the playoff on the outside looking in.

At the end of the day, the 12-team playoff was made for the best 12 teams in the country to get their own shot to win a national title, it’s not a participation trophy for a group of schools that don’t play against the same level of competition that SEC and Big Ten Conference teams face.

In my eyes, they shouldn’t be removed entirely, but rather treated like any non-conference champion. If they’re ranked high enough, then they deserve to play, but there shouldn’t be a seat at the table unless they have someone worthy to fill it.



Staff Appreciation



As a gesture of appreciation and holiday spirit, PYEA (Pennsylvania Youth Education Association) members distributed candy canes to all teachers and staff. Each member of PYEA was responsible for bringing in boxes of candy canes, counting and distributing the treats in the teachers' mailboxes. Attached to each candy cane were handwritten messages expressing gratitude and wishes of happy holidays.



Toiletry Drive



FBLA recently concluded a two-week toiletry drive to support the Project 'Giving Warmth' program.

The members donated a variety of essential products such as soaps, blankets, shampoos, body washes and dental hygiene products. In total, the members donated over 40 items to the drive. After these donations are sorted and distributed, they will assist around 35 people throughout the community.

Food Drive



Student Council ran its annual food drive before Thanksgiving time. Members collected nearly 2,000 food items that were donated to local food pantries. Social studies teacher Mr. Scott Nielsen's homeroom, which raised 196 items, won the collection competition. Students then came together to sort and box the items in order to be donated just in time for Thanksgiving.

DV GIVES BACK!

Custodian Gifts



English teacher and coach Mr. Evan Bates organizes the custodian gifts initiative that consists of collecting money from students and

staff and distributing the money through Visa gift cards to the custodial staff. He initially took it over from retired history teacher Mr. George Gelderman. The gift cards show DV's appreciation for the custodians' thankless work that often goes unnoticed.

School News

SkillsUSA shapes students for the work force

By **ALYSSA ZIMMER**
Community News Editor

Four students from the Building Trades CTE went to Johnson College for the first set of Regionals for SkillsUSA, on Dec. 9.

The students competed in Quiz Bowl, building construction, masonry, carpentry and cabinet making.

At Johnson College, the students checked in and were responsible for bringing all their own tools. They were provided with a tool list, given materials and a set of plans that instructed them what to build.

Junior Tony Ramirez competed in building construction. He had to frame two walls, rough in some plumbing supply lines, plumbing waste lines and electrical devices.

Senior Sam Prisco competed in carpentry where she had to frame two walls; one of the walls had a

window in it. In addition, Prisco had to lay out a stair stringer for her event.

Senior John Osborne competed in cabinet making as he was given a set of plans and had to build a face frame with two doors.

Osborne had to use different types of joinery, which included pocket hole joinery, profiling the doors, putting a rabbit in it and mounting the hinges on.

"We always hope for a winner so somebody qualifies for States, but some years it doesn't happen."

- Mr. Keith Fitzpatrick

Junior Sam Fisher placed second in masonry, the highest ever in our school, while Ramirez placed third in building construction.

"I think it was a good day. All the kids who went got to see Johnson College, and it's cool to see all the other trade programs of the schools in our region," Building Trades teacher Mr. Keith Fitzpatrick said.

SkillsUSA is a Career Technical Student

Organization or CTSO. The purpose of the club is for students to compete in competitions where they are able to show what they have learned from the respected CTE that they are in.



Photo by Scranton Times Tribune

CTE Building and Trades student Samantha Prisco builds a window frame for her carpentry project for SkillsUSA competition.

The club is for students enrolled in the CTE programs, and four of those students competed in SkillsUSA.

"We always hope for a winner so somebody qualifies for States, but some years it doesn't happen," Mr. Fitzpatrick said.

Seeing Double?

As many students wander the halls of DV, these four pairs stand out as having a doppelganger.

COMPILED BY ELLA BECKER



JUNIOR LUCAS PETERSHEIM
AND SENIOR **COLIN MCGARVEY**



SOPHOMORE GEORGIA SCICUTELLA
AND JUNIOR **JORDYN CIARELLI**



SOPHOMORE JACK DAVIS
AND SENIOR **TEGAN HANDY**



FRESHMEN ADDISON POUSLEY
AND **ALANNA BOONYAM**

POLAR
Plunge

JAN. 29, 2026

@ MONTAGE MOUNTAIN

ALL PROCEEDS SUPPORT THE SPECIAL OLYMPICS PROGRAM

40 student limit
To register, sign up through the Polar Plunge link that will be posted at a later date
Participants must fundraise \$40 per person

Compiled by Ava Troup

School News

CTE Spotlight: *Electrical Occupations*

BY KAITLIN GELARDI
School News Editor

From executing hands-on training to learning about technical knowledge, students taking the Electrical CTE program are thoroughly prepared for potential careers as electricians.

The program covers a variety of topics and centers on work in shops. A crucial part of the curriculum is performing work in electrical booths, where students practice skills such as rough-in wiring, installing boxes and building circuits from start to finish.

A current project for electrical students has been the collaboration with the Building CTE students, who have been constructing the basic framework of new electrical booths.

Once finished, electrical students will use the booths to execute their acquired skills. Electrical instructor Mr. Brian Watson expects the booths to be used for about three years.

"Building's done everything they can do to make it as easy as they can for us," junior electrical student Philip Leslie said. "We just have to make sure we give power to every single booth."

Electrical CTE is divided into three levels. Starting with level one, students learn

the basics and work in the booths on a smaller scale.

Level two students are all assigned to a booth where they are expected to perform their work. Almost all level three students are enrolled in Co-

Op, meaning they leave school early to work at jobs in the electrical field. Level three students who don't participate in Co-Op work with the level two students.

Mr. Watson monitors the students' work outside the classroom.

"It's an excellent opportunity," Mr. Watson said. "The real world is so much different than in here, so it's better to have them get experience."

Although AI may take over some jobs in the future, Mr. Watson is confident that it can not replace electricians.

"AI is not going to take the job of a trades person," Mr. Watson said. "You're always going to need somebody to drill the holes, hammer the nails and make the connections."



Kaitlin Gelardi/Del.Aware

Building CTE student senior Connor McCarthy helping construct the electrical booths.

"AI is not going to take the job of a trades person. You're always going to need somebody to drill the holes, hammer the nails and make the connections."

- Mr. Brian Watson

Holiday door decorating



Student Council is holding the annual door decorating contest that's set to be judged on Dec. 22. Iconic themes such as "The Grinch," "Home Alone" and "The Polar Express" are just a few of the decorations you can expect to see in the halls this winter.

Compiled by JoeiMarie Cohen



Scan this QR code to see students and staff showing off their holiday spirit!

Inquiring Photographer

"WHAT'S THE NUMBER ONE GIFT ON YOUR CHRISTMAS LIST?"

COMPILED BY MIKE IUZZOLINO



"Shoes"

Rowan Eversdyke
Class of 2028



"Books"

Julie Hopper
Class of 2026



"Cleats"

Shane Kirk
Class of 2027



"New phone"

Angelo Cosentino
Class of 2029



"Polaroid camera"

Angie Perino
Class of 2027



"Snowboarding gear"

Zion Colon
Class of 2027

Yule Love These Puzzles

Word Search



Word Bank

- Ornament Wreath Candy cane
 - Stocking Reindeer Gingerbread
 - Snowman Mistletoe Santa
 - Garland Fireplace Elf
- Compiled by Kaitlin Gelardi



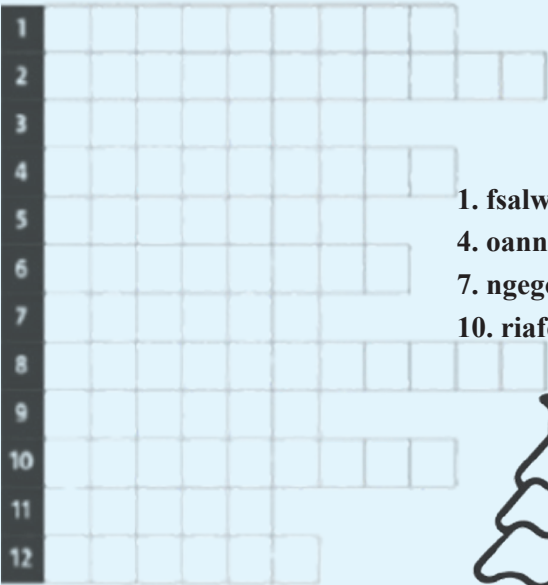
Guess the Word

- + _____
- + _____
- + _____
- + _____
- + _____



Compiled by Jaida Palacios

Unscramble the Words



1. fsalwoekn 2. rangedirgbe 3. shearwt
4. oannterms 5. eosiskc 6. tnrseesp
7. ngegog 8. eoicrasodnt 9. Itgsih
10. riafeple 11. slelb 12. syftor



Compiled by Alyssa Zimmer

Spot the 10 Differences



Compiled by Kimberly Smyser

Be the first person to correctly complete all four puzzles and see Mrs. Lordi in C13 after morning announcements to receive a prize.



Community News



Milford tree lighting brings holiday cheer to community

BY ALYSSA ZIMMER
Community News Editor

Light Up Milford took place on Dec. 6 from 2-5:30 p.m. at the Milford Community House. The festivities included live music, an interactive train set, a bell dedication, free hot cocoa and cookies. The annual event was hosted by the Pike County Chamber of Commerce.



Alyssa Zimmer/Del.Aware

The train set features a candy crane that holds M&M's, a volcano and dinosaurs wearing Santa hats pulling his sleigh.



Alyssa Zimmer/Del.Aware

Free refreshments were provided by the Chamber of Commerce for people to enjoy.



Alyssa Zimmer/Del.Aware

A local brass band plays Christmas carols to spread holiday cheer under Pedranti Pavilion at the Milford Community House.



Alyssa Zimmer/Del.Aware

The AP Studio Art students unveil a fiberglass bell that was painted by members of the class.



Alyssa Zimmer/Del.Aware

The tree on the lawn of the Community House was illuminated at 5 p.m.

Fun winter activities you'll want to try when you're bored and have nothing to do

BY ASHANTIA DICETTE
Opinion Co-Editor

Winter may be bitterly cold, dreary and a little bit lifeless sometimes—but that doesn't mean the activities that you do during it have to be!

1. Caroling

Caroling brings people together with music that cuts through the cold, and it's an easy way to spread holiday cheer around Milford's streets. Even a small group can make a big impact with classic songs.

2. Ice skating

Ice skating is a winter staple that keeps you active while enjoying the crisp air. Whether you're practicing spins or just trying to not fall, it's a fun way to spend a seasonal afternoon.

3. Baking

Baking warms up your house and gives you an excuse to experiment with festive treats. It's a cozy way to gather friends and family with something sweet to enjoy.

4. Binge watch a TV series

When the weather gets brutal, settling in with a new show is the perfect low-stress escape. It's an easy way to unwind and enjoy a slow winter day with a nice fuzzy blanket, wrapped around you, along with your favorite snacks of course!

Local events to inspire holiday cheer

Peace, Love & Lights at Bethel Woods Center for the Arts:

A show featuring walk through and drive-thru light displays
5 to 10 p.m. nightly until Dec. 28, tickets start from \$12

Walt Christmas Wonderland:

A drive-thru Christmas light show located in Goshen, New York
6 to 9 p.m. nightly until Dec. 28, donation of \$10 per vehicle

Pictures with Santa at Galleria:

at Crystal Run - Noon to 9 p.m. daily until Dec. 24 with packages starting at \$39.99



Compiled by Keira LeMay



Community News



Jersey Mike's keeps it fresh, fast

BY ASHANTIA DICETTE
Opinion Co-Editor

“Ding!” Was the sound that greeted me when I walked into Jersey Mike’s on Nov. 22—two days after their grand opening.

I ordered the Jersey Shore Favorite. It had a mix of ham, cappaculo and provolone, giving the sub a balanced flavor. The bread was the star. Soft but not soggy, sturdy but not tough. Every bite had a good structure, and the bread had that slight chew that makes a feel legit.

The toppings pulled everything together. The lettuce was crisp, the tomatoes tasted like tomatoes and the red wine vinegar and olive oil blend

added a bright finish.

It was one of those sandwiches that hits every part of your mouth at once—salty, bright and soft. It left me sitting there thinking that this sandwich was made with the intention to impress in mind.

The service helped seal the deal.

The workers were friendly, quick and efficient, putting together orders with an infectious energy that left a smile on my face. They moved fast, without feeling rushed, and the whole place ran and felt as if they cared about the food.

Overall, Jersey Mike’s doesn’t reinvent the sandwich as it doesn’t need to. It’s fresh, reliable and genuinely good.



Ashantia Dicette/Del.Aware

Jersey Mike's provides a fast and proficient way of food pickup.

Pike County Pet Supply goes above and beyond

BY CHLOE SIMONSON
Science & Technology Co-Editor

After opening just one year ago, Pike County Pet Supply, a small family-owned business, continues to grow as a trusted destination in Dingmans Ferry, right off of Route 739. It offers a mix of personal services, practical products and has community-centered values. Leaning into their motto, “Shop Local. Stay Local. Be Local,” the shop is more than just a place to buy supplies.

Pike County Pet Supply carries more than 30 brands to choose from, including products for various types of mammals, avians, rodents, reptiles and even aquatics. And if that’s all too overwhelming, they offer in-store expert

advice about what’s good for both the animals and the wallet.

And it doesn’t stop there. Pike County Pet Supply promises that “no pet goes hungry.” They offer free delivery services and don’t seem to capitalize on owners’ need to feed their animals, even in tough situations. If they don’t have what someone might need, they have no problem custom ordering it. They ensure that pets stay fed and families stay supplied regardless of weather and circumstances.

With convenient hours, reasonable pricing and a seem to care for not just animals, but the community itself, Pike County Pet Supply continues to be a reasonable option for those looking to shop for their pet.



Chloe Simonson/Del.Aware

Owner Mark Fuchs celebrates one year of being open.

FESTIVE WINTER PICTURE LOCATIONS AROUND MILFORD

Personalize your pictures to have a ‘Hallmark’ Christmas movie feel by taking them at the locations below.



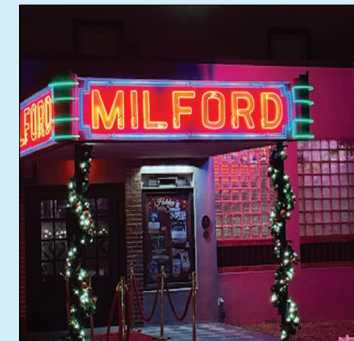
Main St. Sidewalk
Main St., Milford, PA
18336



Tom Quick Inn
411 Broad St., Milford,
PA 18337



Jolly Jive
319 Broad St., Milford,
PA 18337



Milford Theater
114 East Catharine St.,
Milford, PA 18337

Memes of 2025



Willem Dafoe



Deep Breath



Holy Air Ball



Rodrick



Shannon Sharpe



Praying



Thinking Monkey



Talking too...



Henry Danger



Casper Girl



Me?



The Thousand Yard Stare

Top sports moments

McIlroy completes the cycle

Rory McIlroy became the eighth ever golfer to complete the golf Grand Slam by winning all four major tournaments: the Masters, U.S. Open, Open Championship and PGA Tour. Many professional golfers find winning one of these tournaments to be rigorous let alone all four. The seven other Grand Slam winners have all made the pro golf hall of fame, so it would make sense to see McIlroy in there in the next couple of years.

Gauff does the impossible

American tennis player Coco Gauff became the first American woman to win the French Open since Serena Williams in 2015. Not only did she win the tournament but she defeated the world's top ranked female tennis player, Aryna Sabalenka, after falling one set. With Gauff only being 21 years old, it seems as if her promising career is only getting started.

It finally thunders Oklahoma

After a 17-year drought and downs, the Oklahoma Sooners were crowned NBA champions. This was also an amazing moment for college sports in Oklahoma. The Sooners at the University of Oklahoma's basketball team, Oklahoma Sooners men's basketball team, Oklahoma Sooners women's basketball team, Oklahoma Sooners football team and cross country team are bringing home national championships this year. As far as national championships go, Oklahoma Sooners won a national championship as well as Brian Mackinnon's 100 kilometer race and set a record for that event. In case you are counting, that is six national championships in the state of Oklahoma to be Sooner!

2025 "W"

Things that got old

"Italian brainrot" characters:

The "Italian" AI-generated characters rose to popularity quickly on TikTok and Instagram. The funny-sounding names and odd-looking hybrid characters eventually became one of the most worn-out trends of 2025.

"Costco Guys":

The father and son duo, known as A.J. and Big Justice came to fame for their love of Costco's food court options. Unfortunately, their over-used humor led to their ultimate loss of popularity on social media platforms.

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ma City Thunder
ampions in June.
ing year for col-
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women's gym-
a State's men's
country team all
l championships
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usau won the 5
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you weren't
tional champions
na. What a year

Coldplay kiss-camera scandal

The scandal erupted after the CEO of Astronomer's, a technology company, was caught cheating at a Coldplay concert on the jumbotron, triggering widespread scrutiny online. The incident raised questions about the speed of viral accountability.

Blake Lively vs. Justin Baldoni legal, PR war

Blake Lively and Justin Baldoni become embroiled in a highly publicized legal and PR feud surrounding their latest movie project together, "It Ends With Us," with both sides accusing the other of misconduct. The dispute created nonstop entertainment media coverage.

Sydney Sweeney faces backlash over American Eagle ad

Sydney Sweeney faced backlash after appearing in an American Eagle jeans campaign that some viewers linked to white supremacist ideology, sparking widespread debate about celebrity endorsements and accountability on social media.

Jimmy Kimmel suspended over political monologue

Jimmy Kimmel was suspended from ABC after delivering a political monologue that drew complaints from network executives. The incident led to people boycotting Disney+ by cancelling their subscriptions and led to debate over political speech on late-night television.

rapped"

quickerly

"Dubai chocolate":

oai chocolate had people racing
urchase single candy bars for
r \$40. As with many TikTok
d trends, Dubai chocolate has
ome more readily available and
onger withholds the mystery
t once attracted many social
dia consumers.

"Chicken jockey":

attributed to the release of "A
inecraft Movie" in April 2025,
he quote from the character
teve had children and teens
bsessively shouting. Use of the
hrase has since declined.

Trends

Labubu

After the TikTok user @lilzbullzofficial claimed to own a rare 24-karat gold labubu, suddenly everybody needed to get their hands on one. These elf-like creatures continued to gain popularity through celebrity endorsement and social media. From blind-boxes at dollar stores to being attached onto purses, these labubus could be found literally everywhere.

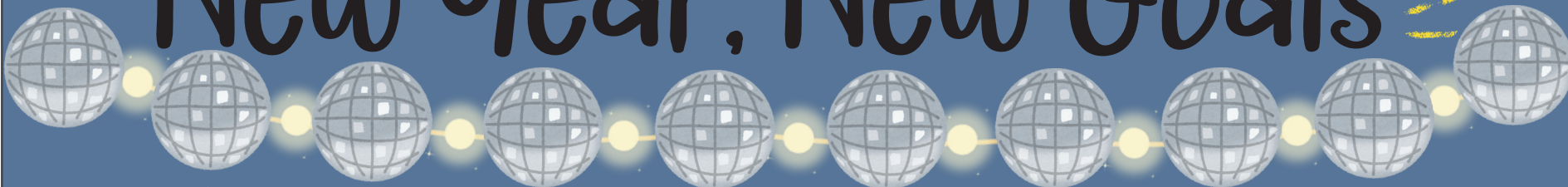
Sticking objects in a Chromebook

Early in the year, students stuck lead or other conductive objects into the USB or charging ports of their school Chromebooks. This caused the device to short-circuit, which led to sparks, smoke or sometimes even fire. This trend was humorous to most, but ultimately led to destruction and dangerous results.

Ragebaiting

To get a rise out of other users, a new form of interacting on the internet has become popular: "ragebaiting." Ragebaiting is the creation of online content meant to provoke and frustrate audiences to produce outrage. This tactic is also used to increase engagement, such as comments and shares, which boosts a post's visibility and performance.

New Year, New Goals



Start Fresh

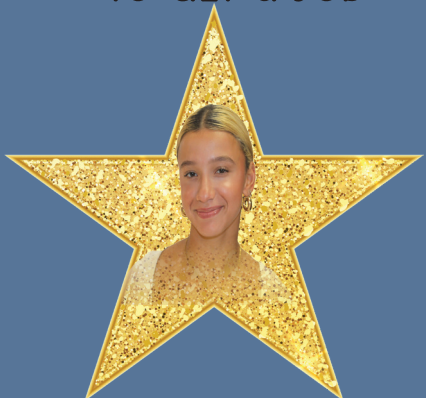
- DRINK MORE WATER
- CREATE A SLEEP SCHEDULE
- STAY ORGANIZED
- TAKE A DAILY WALK
- TRY A NEW HOBBY
- REDUCE SCREEN TIME



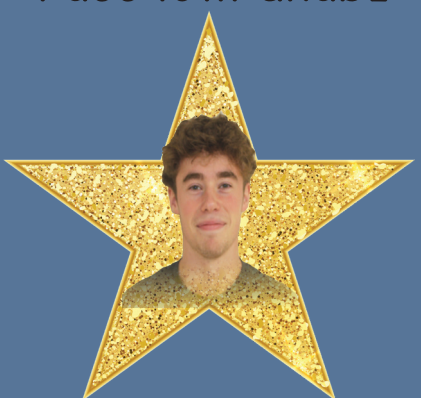
SOPHIA HERNANDEZ
CLASS OF 2029
"TO GET A JOB"



JACOB NATTER
CLASS OF 2028
"PASS 10TH GRADE"



GABBY STAHLMAN
CLASS OF 2027
"BE INVOLVED IN MY COMMUNITY"



SAM EDSALL
CLASS OF 2026
"LAND A BACKFLIP ON MY SNOWBOARD"

2026 PREDICTED TRENDS



DRINK: MATCHA



FASHION: ZEBRA PRINT



SHOES: UGGS



HEALTH: FUNCTIONAL FOODS



HAIR: BOBS



MUSIC: AI-GENERATED

IN 2026, I WILL PRIORITIZE MY GROWTH BY BUILDING THE HABIT OF _____, IMPROVING MY _____ LETTING GO OF _____, CHALLENGING MYSELF TO TRY _____ AND SETTING A CLEAR GOAL TO ACHIEVE.



Lifestyle



Christmas rewritten: how Gen Z celebrates the holidays

By AVA TROUP
Lifestyle Co-Editor

It's that time of year again: snow is on the ground, a chill is in the air and the holiday spirit is at an all-time high. Don't forget about the rush for Christmas gifts, traffic that leaves you at a standstill and the stress of making the perfect Christmas dinner. The feeling of Christmas has changed, and commercialism is taking over. Although for many this time of year brings stress and high stakes, Gen Z has a new take on the holiday season.

Instead of focusing on the stress of getting the perfect gift, Gen Z is bringing back the childhood nostalgia and authenticity of the holiday season.

Think back to your childhood memories of the holidays — eating cookies while drinking hot chocolate and watching a classic Christmas movie- not a worry in the world about picking the perfect gift and wondering if you spent enough on someone. That classic Christmas feeling is being brought back whether it is from

homemade gifts or friendsmas. It's the experiences and people that you're with that truly matters. The holiday season isn't meant to cause stress, rather it should be a chance to connect with family and friends. Spending time with loved ones is one of the best gifts to be given, not just a material item.

Although new trends such as “pink Christmas” and “alternative trees” are still popular in society, the younger generation is turning the clock back toward the quirky, cozy Christmases they remember from their childhoods.

Traditions still hold value, even if they've been changed. Instead of skipping over family traditions or doing them exactly by the book, the young generation is making a change to incorporate family traditions into more modernized activities. Instead of getting a gift for everyone in your family, some families are embracing a family secret santa so each person only has to purchase one gift for a family member.

Gen Z is reinventing the holidays and bringing them back to the stress-free time of their childhood.

Fashion aware: quarter zips

By KEIRA LEMAY
Community News Co-Editor

Quarter-zip pullovers have taken Gen Z by storm. Quarter zips have traditionally been worn by athletes, golfers and professionals but have recently grown in popularity among teens.

The popularity of quarter zips began after a social media trend encouraged young men to wear quarter zips instead of other popular alternatives, like Nike Techs. The trend inspires teens to level-up their personal style with a versatile and comfortable quarter zip. Often paired with a cup of matcha, quarter zips are practical in cold winter weather and are a simple way to dress up any outfit.

Quarter zips are an affordable fashion choice for teens, with prices ranging from \$15-\$80 from various brands like Old Navy, Abercrombie & Fitch, Hollister and Nordstrom.

Popular among students as well as staff, quarter zips are able to elevate any outfit, claimed science teacher Mr.

Andrew Rupp.

“Comfort over everything,” Rupp said. “I have a quarter zip for every occasion.”

Quarter zips are a practical fashion choice and can be paired with a variety of outfits. Although they are mainly worn by men, they are popular among women as well. They can be worn with different pants, like jeans or sweatpants, and come in many different colors and materials. Quarter zips are practical in the winter, layered with a T-shirt underneath or with a jacket or vest on top. They also come in lightweight fabrics, comfortable for layering in warmer weather.

Senior Colin McGarvey enjoys wearing quarter zips. “They're very comfortable,” McGarvey said. “There's a new TikTok trend that is incorporating them, but I wore them way before the trend.”



Rise and shine

By KIMBERLY SMYSER
Managing Editor

It's time to wake up. We need to wake up. We are ruining our planet, and it is time we realize that it is not okay.

We can start with the first step to betterment: realization.

Look in your desk drawers and your closet. You'll find overwhelming amounts of name-brand products ranging from Rare Beauty and Glossier to Nike and Aerie—overconsumption at its finest.

Now, I do not mean that we can not buy products that are popular, but when we become absentminded with the waste that can be created with them—that's when it becomes a problem.

Look at the nearest body of water.

You will not find flourishing plants or a glistening reflection. You will see rusty cans, plastic water bottles and other pollutants produced by humans.

Overconsumption and pollution are just two of the many factors to the degradation of our planet.

We may understand the concepts and the consequences of our inconsiderate actions on our planet, but have we acted on them? Have we changed our ways in hopes to avoid that damage? No, we have not.

Every. Single. Day. Our planet gets closer to the cease of existence. We are killing our planet from our careless ways and overconsumption and pollution are only a fraction of the damage.

The next time you get on a plane, turn on your bedroom light or plug in your phone—remember that you are contributing to your carbon footprint.

Change is long over due, and frankly, the least we can do for our planet. By conserving water, reducing the usage of single-use plastics and saving energy, you can easily support our environment.

We have completed the hardest and first step: realizing our faults. But now we must take it one step further and change our ways in hopes of bettering our planet and simply being the change you want to see in the world.



SOUNDS OF THE SEASON

Jazz, concert band performs variety of holiday songs

BY LILY STOVEKEN
Opinion Editor

The jazz band and concert band winter concert was held on Dec. 17, featuring a variety of songs, soloists, and a holiday sing-along.

The jazz band section of the concert began at 7p.m. A variety of songs ranging from funk and swing to holiday renditions were played over the course of the performance. Senior Emma O'Dea was featured on the trombone in the song "Swing that Music," and senior Gianna Peralta was featured on the tenor saxophone for the song "Be Okay."



Lily Stoveken/Del.Aware

"Both seniors did an amazing job, and I am beyond proud of both of them," band teacher Mr. Richard Bullock said.

According to Mr. Bullock, another highlight of the concert was the rhythm section featuring junior Ben Bendykowski and sophomore Chris Russo on the drums, senior Eric Choi on the guitar and junior Nova Weyant on the bass during the song "Black Orpheus." Their teamwork and improvised solos provided an "exciting" foundation for the rest of the song.

The concert band performance began at 8 p.m. Seniors Addison Yadanza and Lauren Valentin, as well as junior Sophia Romeo, played clarinet solos for the fast-tempoed Latin song "Conga Del Fuego Nuevo."

According to Mr. Bullock, highlights for this

section of the concert were the winter sing-along, in which the audience sang

along to holiday songs played by the band, and the band's performance of "Sleigh Ride." The song featured senior Riley Smith on percussion and freshman Connor Bartholomew on trumpet.

"Concert band had many featured solo sections and all worked so hard to achieve the highest levels in our concert," Mr. Bullock said.



Lily Stoveken/Del.Aware

Chorus, orchestra join forces for winter concert

BY LILIAN SEIBERT
Lifestyle Editor

The orchestra and chorus performed their annual winter concert, bringing families and friends together for a night full of music.

On Dec. 12, The string orchestra performed first, followed by the chorus and ended with a combined performance. Both ensembles each performed a total of five pieces,

including classic holiday songs like "The Most Wonderful Time of the Year" and "Do you Hear What I Hear" as well as their combined performance of "Eight Days of Light," a song for Hanukkah.

Though the performance is always clean, the amount of work that goes into preparing a concert goes unseen. With the previous concert being in September, both ensembles have been preparing for this concert since, though it's not always simple according to orchestra director Ms. Lauren Flack.

"We're doing a lot of pieces this year," Ms. Flack said. "So just kind of balancing time and preparing all of the pieces that we're playing was

challenging."

The holiday concert gives the overall feeling as well as the slower side of things with a nice balance of upbeat as well, making the concert unique and unpredictable.

"It gives us an opportunity to celebrate the holiday spirit," Ms. Flack said. "I think it's a little bit more joyful than the others."

The concert provided the opportunity to bring families, friends and faculty together and for students to build their talent. Their next concert will be held in the spring, so stay on the lookout for information.





Arts & Literature



AP Art, French students return to The Met

BY ELLA BECKER
Entertainment Editor

AP Studio Art, AP Art History and AP French students accomplish their annual Metropolitan Museum of Art trip on Dec. 11.

The art students started their day with an initial group tour and then split into smaller groups to further explore separate

exhibitions. Although the AP Studio Art students were not required to sketch anything, they were encouraged to do so anyway.

The French students started the day off in the European Art exhibit, then split off into separate groups.

Senior Grace Myers was among the

AP Studio Art students who got to visit The Met. Myers particularly enjoyed Helen Schjferbeck's self portrait from 1915 and found it intriguing how expressive the portrait was for how early it was in Schjferbeck's career.

Visiting The Met wasn't just looking at art for these students; they also learned a lot from other artists. Myers enjoyed looking at timeless art pieces and talking about

their history.

"I think visiting The Met put my work into perspective," Myers said. "Seeing such a large collection from other artists who put their lives towards their work helped me reevaluate what I'm trying to accomplish with my artwork."

"Seeing such a large collection from other artists who put their lives towards their work helped me reevaluate what I'm trying to accomplish with my artwork."

- Grace Myers

Winter Showcase offers holiday experience

BY FAITH BAILEY
School News Co-Editor

The Winter Showcase was a drama production created to give Drama Club members a chance to showcase their talents outside the fall play and spring musical. It was held on Dec. 13 at noon with free tickets available. The show was organized by senior Julianna Hopper, with the help of drama director Ms. Sarah Fitzkee, experienced choreographer Mrs. Jerica Luhrs and senior co-director Ashantia Dicette.

The production was holiday-themed and was geared mainly towards elementary students but engaging for all ages. Students auditioned on Oct. 23, and 16 students were selected to participate

in the showcase. Rehearsals started right after on Nov. 2.

Students performed roles such as the Grinch mayor, townsfolk and dancers through the songs "White Christmas," "You're a Mean One, Mr. Grinch," "Santa Baby," "Deck the Halls," "We Wish You a Merry Christmas," "What Christmas Means to Me," "Have Yourself a Merry Little Christmas" and "Holly Jolly Christmas."

To make the showcase, Hopper came up with the idea and presented it to Ms. Fitzkee. Once Ms. Fitzkee approved it, Hopper and Dicette advertised auditions and then casted the students for each role.

"This show is an excellent opportunity for me to explore one of my passions, even though I'm not going into it as a career path," Hopper said. "I still enjoy theater and everything about it."



Contributed Photo

Drama members hug the mayor after she agrees that she likes Christmas.

Bells Across PA unveiling in Pike County

BY VANESSA DISPOTO
School News Co-Editor

Select AP Studio Art students and other artists came together to design and deliver Pike County's fiberglass bell structure on Dec. 6.

Bells Across PA is a featured statewide art series where students and local artists craft three foot fiberglass replica bells in honor of each anniversary of the United States. Throughout Pennsylvania, all 67 counties are represented with these bells.

An invitation to participate in this event was extended from the Pike County commissioners who encouraged the high school art students to submit a proposal for the bell. The proposal that was sent out

was selected to be Pike County's bell, and the students and art department were excited to hear this news.

Art teacher Mrs. Tricia Kaylor reached out to her future AP students in May to brainstorm ideas for the bell. This school year, she collected designs from all of the students involved in the project and meshed them into one final idea that depicted the natural beauty of Pike County. The lead painters of the bell were seniors Kate Yablonski, Kat Poletayeva and Ruby Bailor.

Designs were collected from seniors Megan Frey, Jamie Famoso, Addison Del Mauro, Isabella Seidel, Bailey Ryan, Zoe Sutton, Bella Wilkins and Zayra Murillo Reyes. The title of the bell is "Nature Rings in Pike County," and some key features of the bell include Grey Towers, a bald eagle

and Pennsylvania's state flower, the Mountain Laurel. The final bell took about six weeks to complete, and some students stayed after school to work on it.

Mrs. Kaylor gave a speech before the bell was unveiled, commemorating her students' hard work.

"This afternoon belongs to the dedicated artists who made this bell a reality," Mrs. Kaylor said. "It is my privilege to recognize our entire artistic team."

Many elected officials from Pike County spoke at the unveiling ceremony. The American Legion was also present with their color guard, and a band played music.

The bell was then unveiled and is now displayed in the Pedranti Pavilion at the Milford Community House. There is background information posted next to the bell.

Not only was the bell a great way to sum up Pike County's natural beauty, but it also gave people of the community a chance to come together and honor their country.





Entertainment



New 'Stranger Things' season exceeds fan expectations with multiple plot twists

BY ELLA BECKER

Entertainment Editor

"Stranger Things" has been a fan favorite show since its debut season in 2016. Expectations of the Duffer Brothers' work have been rising exponentially, and season five, volume one did not fall short of these expectations.

Now, since season five came out almost a month ago, this review will include spoilers in anticipation that readers have already watched it.

Each episode exceeds an hour long for all the right reasons. From the very first episode, the plot was thick and only kept thickening. In the first new episode, viewers were introduced to an unknown character, Mr. Whatsit. Mr. Whatsit was portrayed to be Holly Wheeler's imaginary friend. However, he turned out to be Henry Creel, also known as Vecna. Holly is Mike and Nancy's little sister, but she never held much significance until this season. This plot twist may have

come as a surprise to some, however, I saw it coming.

Ever since season one, the Duffer Brothers have been strategically placing hints at Holly having a connection to the alternate dimension, the Upsidedown. In season one, we saw Holly following flickering lights (which have been a sign of activity in the Upsidedown) down a hallway. In addition to Holly, Will Byers also experiences a connection to the Upsidedown through the Mind Flayer, which he dealt with throughout season two. Season five Will has been experiencing similar convulsions similar to the episodes he experienced in season two. These episodes tie into the final scene of the new season, but I'll get there.

In episode two, we get to see something we've all been waiting for. The scene where Karen Wheeler fought a Demogorgon with a half-shattered wine bottle in an effort to protect her daughter. The raw emotion and anger of a mother aiming to protect her child from the unknown is more than worthy of an

award.

Viewers also got to see where Max has really been—stuck in one of Vecna's memories for as long as she's been in a coma. As an avid "Stranger Things" fan, seeing Max Mayfield appear on my screen was more than shocking. I had not expected it at all, but the Duffer Brothers have their way of surprising us.

Now, for the scene I've been dying to talk about—Will gaining powers. This scene was an overflow of emotion, namely a sense of pride for Will and him finally overcoming his past trauma and channeling it to save his friends. Hearing Robin Buckley's monologue over clips of a baby Will Byers actually made me tear up, and I got straight shivers down my spine as I realized what was about to happen.

This season not only met my expectations, but surpassed my expectations by a mile. My expectations for Volume II of season four are through the roof, and I can't wait to see what plays out for Hawkins.

Feel-good throwbacks worth rewatching

BY LILIAN SEIBERT

Lifestyle Editor

With holiday break just around the corner, lots of downtime is anticipated which is the perfect time to watch some movies! Catching up with all of the modern-day releases can get frustrating, so you might as well take a look "Back to the Future." Get it?

Deciding on which movie to watch takes forever when you have no prior knowledge of what you're exactly looking for. Once you finally find that feel-good movie, it's as if you wasted no time. No matter what genre you're looking for, the classics have something for everyone.

Whether you're feeling sad, tired or happy, comedies are always a safe option. If you're looking for some recommendations, movies like this include "Groundhog Day," a witty and engaging story or "What About Bob,"

which features chaotic energy and charm.

If you're more of a romantic, the romance genre would be perfect. Many of these movies have been made, but two that stand out include "The Princess Bride," an adventurous, quirky film along with "10 Things I Hate About You," a clever, charming and romantic movie.

Lovey-dovey movies may not be for everyone though. If you're looking for a good scare or a thrill, there are plenty of throwback horror movies. Some include "Halloween," the classic that defined modern horror and "Friday the 13th," a camp-themed slasher with lots of suspense.

While these genres may not be what you're looking for, there are plenty more that are worth looking into. Throwback movies never fail to cover all the bases of what makes a good movie. When you get the chance, take some time to find one that's right for you—it will not disappoint.

What to play over winter break

BY CHLOE SIMONSON

Science & Technology Co-Editor

As winter break approaches, students are planning what they're going to do. For many, this comes in the form of video games. December is one of the biggest release months of the year because companies want to hit holiday sales, so here are some options.

The month started with "Metroid Prime 4: Beyond," a sci-fi action adventure that uses puzzles, exploration and first-person combat to follow the story of a bounty hunter. Fans have been waiting for the next part of the story for years, so expectations are high.

Another major release is "Octopath Traveler 0," which brings back the popular HD-2D artstyle and lets players create their protagonist, offering a character-driven RPG

experience perfect for relaxed gaming.

For those who prefer action, "Marvel Cosmic Invasion" launches players into fast-paced combat with superheroes and co-op modes, making it easy to jump in and something friends can play without getting bored.

Highly anticipated titles among smaller groups include "Skate Story," where a demon must skate to the moon to gain freedom. It mixes skating, puzzles and combat into a unique experience. "Terminator 2D: No Fate" also releases as a run-and-gun with quick missions and retro arcade-style gameplay. These are just a few December titles, so check

your favorite brands to see what else is coming out.



HOLLY JOLLY HITS

Top holiday movies

- "It's a Wonderful Life" (1946)** - A discouraged man is shown his life's worth by an angel
- "Home Alone" (1990)** - After being forgotten, a boy defends his home from burglars
- "Miracle on 34th Street" (1947)** - Mall Santa must prove in court that he's really Santa
- "Elf" (2003)** - A human raised by elves travels to find his father
- "A Christmas Story" (1983)** - A man recounts the misadventures of his youth on Christmas

Top holiday songs

- "ALL I WANT FOR CHRISTMAS IS YOU"** - Mariah Carey
Christmas staple that remains iconic and tops modern holiday playlists
- "LAST CHRISTMAS"** - Wham!
Holiday heartbreak classic that resurfaces seasonally and is impossible to skip
- "ROCKIN' AROUND THE CHRISTMAS TREE"** - Brenda Lee
Vintage Christmas energy that makes any room feel nostalgic and cozier
- "Jingle Bell Rock"** - Bobby Helms
A never-aging classic that radiates joyous Christmas vibes
- "Santa Tell Me"** - Ariana Grande
A modern Christmas track that balances festive and mainstream

SCAN THE QR CODE TO LISTEN TO OUR STAFF'S FAVORITE CHRISTMAS SONGS!



Science & Technology

The science-ish fantasy sport surge

By REILLY NEWTON

Science & Technology Editor

Fantasy sports has taken the world by storm since its first big spike in popularity during the late 1900s to early 2000s. Characterized as an online game based primarily on skill rather than luck, therefore exempt from any gambling prohibition, it has quickly become a staple in American households everywhere. A variety of sports open families, friends and even co-workers to an endless, non-stop pit of dopamine.

Dopamine is a chemical messenger in the brain that is responsible for mood, motivation, movement, reward and other bodily functions. From an evolutionary standpoint, dopamine was designed to reward actions that one did to survive; for example, receiving a sense of pleasure when you eat or drink. Our bodies are naturally hardwired to seek out dopamine, despite the role it plays in creating potentially addictive habits.

When playing fantasy sports, they are designed to target dopamine in the brain. Most games do this, however what separates fantasy sports is the culture surrounding it. Fantasy sports have a duration that lasts the entirety of the season and beyond.

The application of real players into the gamble also heightens the sense of risk and reward due to



the fact that anything can happen when game time rolls around. Investing and tracking players throughout the year is not far-fetched either. With the already explosive environment surrounding sports, the use of fantasy sports amplifies it to dangerously high levels.

Besides the scientific effects fantasy sports have on users,

another level to the fixation can be derived from the legalities surrounding it. As previously stated, fantasy sports are exempt from the universal definition of gambling— at least in America. States do enact age restrictions, but ultimately they are lackluster and unenforced.

Fantasy sports are unveiling the youth to addiction, not just through physically participating themselves, but also the natural impression it leaves simply from watching their parents, teachers and co-workers join in. In a world where individuality is fading, easily impressionable and conformative children are the new norm, resulting in sameness in every factor, not excluding online fantasy sports.

Fantasy sports, like any other possible addiction, is fine in moderation, but since it is such a normalized and even celebrated culture here in the United States, it's hard to see the harmful legacy it is leaving behind for others to consume.

The songs you can't skip

By LILY STOVEKEN

Opinion Editor

Have you ever listened to a song so amazing that you just couldn't stop—even after the song did? Getting a song stuck in your head is a common experience, and sometimes a frustrating one. It may seem like a random occurrence, but there's science behind that one song you just can't skip.

Songs can randomly appear in the mind due to subconscious cues, emotions or even stress.

According to research published by the American Psychological Association, certain songs are far more likely to become "earworms" (the universal term for a song stuck in your head) than others. These songs share common themes, such as the first line rising in pitch and the second line falling in pitch. Other similarities include a faster tempo or unconventional twists, like a sudden vocal jump or riff. These qualities activate the brain's reward system, leading to repetition of a certain segment of the song to stimulate the release of dopamine.

If you're frustrated by an earworm, common methods to dislodge it include listening to the song in question all the way through, chewing gum or working on a puzzle. But if you're enjoying that free replay button, then listen on.

Do we have a McDonner party on our hands?

By JACKSON HANCOCK

Contributing Writer

In 1990, everybody's favorite fast-food conglomerate McDonald's made a rash decision that sharply plummeted its stock. It consisted of them switching the oil they fry their world-famous French fries in from 93% beef tallow to 100% vegetable oil, insulting the American ideals of life, liberty and the consumption of beef. Ever serving their own corporate interests—er, well, the interests of the American people—Ronald McDonald agreed to a compromise.

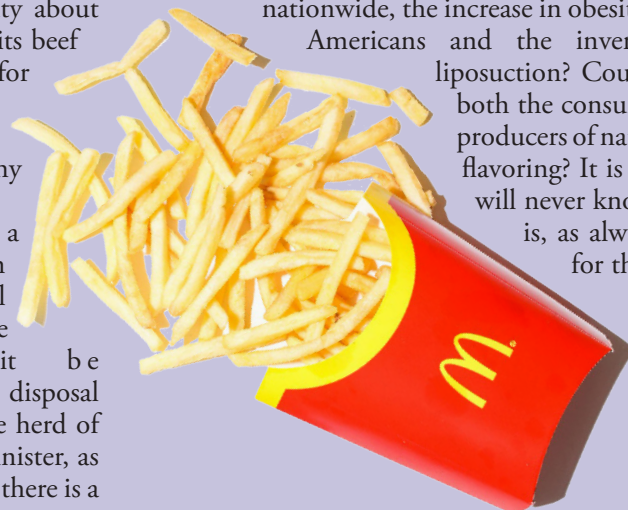
In addition to the vegetable oil, McDonald's added "natural beef flavoring" to their fries. But there was a catch; this "natural beef flavoring" was a complete unknown: was it made of Beef? Vegetables? Was it even natural? Or was it something far more

sinister? The vegetarians and vegans of the world certainly feel alienated by this lack of clarity about what's in it. McDonald's shifting stance on its beef flavoring poses both a serious problem for vegetarians and a serious question for all of us. What is in those delicious fries that makes them so uniquely addictive, and why are the Golden Arches so secretive about it?

Many conspiracy theorists point to a suspicious sequence of coincidences to explain this quandary. Could it be that the natural beef flavoring is made from the same cheese that coats the surface of the moon? Could it be excess toxic sludge from decades of grease disposal bins? Could it be the lard of the last captive herd of Tasmanian devils? Or could it be far more sinister, as some conspiracy theorists claim, considering there is a

correlation between the increase in McDonald's nationwide, the increase in obesity among

Americans and the invention of liposuction? Could we be both the consumers and producers of natural beef flavoring? It is likely we will never know, but it is, as always, food for thought.





Science & Technology



Average SNOWForecast in NEPA..... January

TEMPERATURES ARE EXPECTED TO BE SLIGHTLY BELOW AVERAGE AT 29 DEGREES.	
TEMPERATURES 30° / 17°	RAINY DAYS 7
SNOWY DAYS 19	DRY DAYS 5
RAINFALL 4.09 in	SUN HOURS 7 Hrs
PARTICIPATION WILL BE BELOW AVERAGE AT TWO INCHES. EXPECT PLENTY OF SNOWY	

February

HIGH TEMPERATURES AROUND 35-37 DEGREES AND LOW TEMPERATURES NEAR 19-20 DEGREES.	
TEMPERATURES 33° / 19°	RAINY DAYS 7
SNOWY DAYS 17	DRY DAYS 5
RAINFALL 4.96 in	SUN HOURS 6.8 Hrs
BREEZY CONDITIONS WITH WINDS	

March

THE FIRST MONTH OF SPRING WILL TYPICALLY BRING SIX HOURS OF SUNSHINE AND AN AVERAGE HUMIDITY OF 80 PERCENT.	
TEMPERATURES 42° / 26°	RAINY DAYS 9
SNOWY DAYS 13	DRY DAYS 10
RAINFALL 5.31 in	SUN HOURS 7.5 Hrs

Compiled by Reilly Newton

The marvel behind snowflakes

BY KIMBERLY SMYSER
Managing Editor

If you look at a snowflake under a microscope, you will realize that they are far more complex than they are deemed to be.

The average snowflake can be either a single ice crystal or up to a collection of 200 ice crystals.

Snowflakes start from condensed water vapor that gets frozen on the surface of a seed crystal, a small particle of a crystal made to initiate and guide the growth of future crystals.

The phenomenal patterns that make up snowflakes stem as the ice crystals grow which can only be done at zero degrees celcius or less.

Every single snowflake is different because of their unique shape, size and design; however, they all share one quality: having six sides.

According to Elton B. Stephens Co. (EBSCO), the vapor pressure exhibited on the ice crystal, which is smaller than a water droplet, creates the snowflake's hexagonal shape.

Newly fallen snow has a density of 0.05 grams per cubic centimeter or less, making sublimation and a decrease in porosity occur quickly. As snow reaches a density of 0.8 grams per cubic centimeter, it is then classified as ice.

Although ice is clear, snowflakes appear white due to the light being reflected off the snowflake's many surfaces.

The intricate creation of snowflakes prove that even one of the smallest pieces of nature can be so involved yet majestic.

Holiday spirit in smart mode

BY JOEIMARIE COHEN
Arts & Literature Co-Editor

Smart Christmas trees are slowly becoming the tech world's favorite seasonal experiment, blending classic holiday decorations with advanced engineering. What started as simple app- controlled lights has grown into fully connected systems that feel more like home devices rather than traditional decorations.

Some versions, such as Twinkly pre-lit Christmas trees or GE smart light trees take the idea of a Christmas tree even further. These are trees made entirely of metal and strings of lights that can be controlled through an app. Most newer models run on low-energy LEDs with Bluetooth or Wi-Fi, allowing you to change colors, brightness, and even lighting patterns such as flashing, fading, or shifting hues. Some even rely on adaptive lighting, using proximity technology, which is able to read the room's atmosphere and can shift the glow automatically.

There's also the fact that these trees support sustainability. They rely on LEDs and scheduling tools that power smart plugs, so the tree can fully power off when you leave. This shift reflects how holiday decor is evolving while also letting people enjoy traditional habits.

People still debate whether holiday decor needs to be this upgraded, but at this point, smart devices are already everywhere.

A customizable and efficient Christmas tree doesn't feel futuristic anymore. Some argue that modifying these staple traditions is unnecessary, but the convenience these products offer is undeniable.

HOLIDAY GADGETS WISHLIST

GOPRO HERO 13 BLACK

A versatile action camera that can record 30 feet underwater or 200 feet in the sky.
Where to buy - GoPro, Best Buy
Price - \$350-490



SONY BRAVIA S

A large flatscreen tv that supports gaming, binge watching and much more.
Where to buy - Best Buy, Sony
Price - \$2,200

IPAD PRO

Brand new iPad with up to 2 Terabytes of storage and an updated wide
Where to buy - Best Buy, Apple
Price - \$1,100



Compiled by Lucas Petersheim

Sports

ULTIMATE ATHLETE GIFT GUIDE

Step up your gift giving this year with our ultimate athlete gift guide that has a variety of gift ideas perfect for any athlete in your life!

BLUETOOTH HEADPHONES

PRICE: \$25-\$200

A convenient way to listen to music at the gym or practice.



MASSAGE GUN

PRICE: \$21-\$49

An affordable gift to release tension and knots in athletes muscles.



REUSABLE WATER BOTTLE

PRICE: \$30-\$45

A sustainable way to stay hydrated.



FITNESS TRACKER

PRICE: \$99-\$220

A helpful gadget that keeps track of workouts and nutrition.

FOAM ROLLER

PRICE: \$10-\$34

An easy way to release muscle tightness and soreness before and after workouts.



Compiled by Keira LeMay

Unified bocce sweeps Mid Valley Spartans

BY JOSIE LORDI
Sports Co-Editor

The unified bocce team beat Mid Valley on Dec. 12, winning both games. Team one for the Warriors scored seven points, while the Spartans scored four. DV's team two scored six points while Mid Valley only scored three.

Head coach Hailey Vogel applauded both teams for the win over the Spartans.



Contributed Photo

Transition student Gabe Peruso scores two points.

"I think they did an awesome job especially since we won both matches by quite a lot," coach Vogel said. "They played really well."

Key players for team one were sophomores Josiah Suarez and Logan Lewis and

seniors Finn Lewis and Brielle Spears. Team two pulled off the win with transition student Gabe Peruso helping

his team score two of those points. Key players were juniors Rhyanne Rettinger and Colston Prinzing, senior Ricky Mollenkopf and Peruso.

"Rettinger was a key player in our game on Thursday," coach Vogel said. "She is a returner who scored two points for us last game."

This year is a rebuilding season for the team. Four seniors graduated, and the new team has big shoes to fill.

"The nice thing is we have a younger team, so we'll have some that will be able to continue moving forward," coach Vogel said.

Girls competition cheer heads to Districts

BY JAIDA PALACIOS
Arts & Literature Editor

The girls competition cheerleading team is set to compete at the District 2 Championship with a chance to advance to the state championship in Altoona Jan. 9-10.

The team began training in June and will continue until the competitive season that ends in February.

Twelve performance team athletes compete against nine teams across multiple divisions, with only the top three teams advancing to States.



Jaida Palacios/Del.Aware

Cheerleaders perform a stunt in practice as they prepare for Districts.

The team recently qualified during a competitive national regional competition held on Nov. 9 at Mohegan Sun Arena in Wilkes-Barre, which included more than 120 teams.

To receive an invitation, teams must earn a specific score to advance.

Routines are judged based on difficulty and execution in jumps,

tumbling, stunts and pyramids.

The season presented many challenges, including injuries that sidelined two seniors. Teammates stepped into new roles, helping the team remain competitive throughout practices.

"I've had the incredible opportunity to help lead the team this year," team captain Adeline Handy said. "Every challenge and long practice made this season incredibly meaningful."

"I am really proud of all the hard work these athletes have put in," Head coach Jen Marchetti said.

Coverage of Districts on Dec. 21 will be available online at dvhsnews.org.

Spotlight Athletes Bocce Ball



Ricky Mollenkopf, SENIOR

"Ricky is one of our new players. He scored one point for us last game and is a good asset to the team."

-Head coach Hailey Vogel

Competitive Cheer



Sawyer Outwater, FRESHMAN

"Sawyer has stepped up big time to fill a hole made by injuries and she is doing an outstanding job."

-Head coach Jen Marchetti



Sports

Warriors exterminate Hornets

BY KIMBERLY SMYSER

Managing Editor

Girls wrestling outmatched Honesdale 42-24 on Dec. 16 in the first season win due to the team's ability to capitalize on the Hornet's forfeits.

"We have a big enough group where the girls have enough of a variety of training partners," head coach Evan Bates said.

Junior Taylor Yablonski, senior captain Kate Prior and sophomore Caitlin Luciano all found success at the match by pinning their opponents in their respective

weight classes.

After seeing the results of the meet, coach Bates relayed his appreciation for the amount of underclassmen with a



Kimberly Smyser/Del.Aware

Senior captain Riley McHenry looks to secure a pin against her opponent.

Boys wrestling defeats Cardinals

BY EMMA SIMMONS

Editor-in-Chief

The wrestling team beat Pocono Mountain East 41-30 on Dec. 16, opening its season with a winning record.

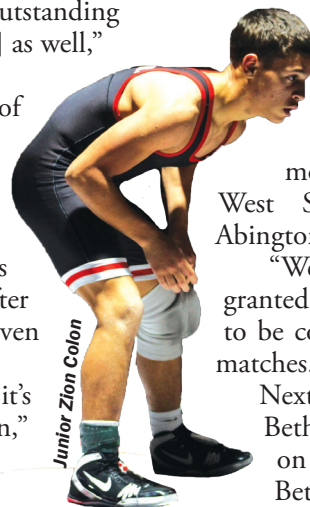
Senior JJ Segal, juniors Zion Colon, Michael Seltzer and Andrew Elliott, sophomores Brennan Snyder, Drew Churchill and Ethan Capo and freshman Emmett Starr all won their individual matches against the Cardinals. Head coach Lou DeLauro noted the team's lone senior, Segal, as an immediate standout after beginning the season.

"He has placed in every tournament so

far, and he was named an outstanding wrestler [at a tournament] as well," coach DeLauro said.

Due to the loss of many starting seniors last season, a large part of the team is made up of underclassmen. Coach DeLauro relayed this as a welcome challenge after seeing improvements even after one match.

"With a young team, it's not a sprint but a marathon," he said. "We want to see little improvements



Junior Zion Colon

positive attitude that are showing interest in wrestling.

"We have a lot of first and second year wrestlers," coach Bates said. "They all have a great mindset of always getting better, and I attribute that to our current and future success."

Coach Bates hopes the girls continue to build friendships and a love for the sport.

"There's a balance—they're there for themselves individually, but they also have this understanding that they need to work hard for their teammates to work hard," coach Bates said.

every day to build growth in the next few months."

Coach DeLauro also conveyed his excitement to see the team compete against some more difficult opponents: notably West Scranton, Wallenpaupack and Abington Heights.

"We know we can't take anybody for granted," he said. "Every match is going to be competitive, especially our league matches."

Next, the Warriors will travel to Bethlehem Liberty High School on Dec. 28 to compete in the Bethlehem holiday tournament.

Girls swim sweeps Crusaders 121-37

BY AVA TROUP

Lifestyle Co-Editor

The girls swim team won their meet against Holy Cross High School at their home meet on Dec. 18 with a score of 121-37.

The team has been successful as a whole, but head coach Chelsea Shatt noted that seniors Elizabeth Bailey and Riley Hunt along with sophomore Grace Holderith have been essential in leading the Warriors to success. They scored times of 2:26 in the 200 yard freestyle, 1:06 in the 100 yard freestyle and 1:16 in the 100 yard butterfly respectively.

The Warriors are 3-0, and they hope



Ava Troup/Del.Aware

Senior captain Elizabeth Bailey competes in the 200 yard freestyle with a time of 2:24.80.

to keep the momentum going for the rest of the season.

"I hope that we can reclaim our district title again because last year we lost

to Abington, so I'd like to beat them again, and I think we stand a good chance," said coach Shatt.

While the team focuses on succeeding, the swim team also works to create a family for all the swimmers.

"I hope that they find a sense of themselves and become friends, not just teammates," said coach Shatt.

Bailey also holds hope for the girls team throughout the year.

"Despite the fact that we are a smaller team than in years past, I still believe that we have lots of potential to win most of our meets and have some pretty big PRs throughout the season," Bailey said.

Spotlight Athletes Girls Wrestling



Kate Prior, SENIOR

"Even through hardships, she was able to knock off the two top girls in the state."

-Head coach Evan Bates

Boys Wrestling



JJ Segal, SENIOR

"His kind of leadership is very important in helping teach the younger kids."

-Head coach Lou DeLauro

Girls Swim



Elizabeth Bailey, SENIOR

"She is a quiet and calm presence, and she just leads by example. She's also been doing really well during the meets."

-Head coach Chelsea Shatt

Sports

Boys swim drowns out Holy Cross

By REILLY NEWTON

Science & Technology Editor

The boys swim team defeated Holy Cross with a score of 145-17 on Dec. 18.

The Warriors took home the first place victory in all but one event.

Head coach Chelsea Shatt's plan of attack going into the meet was to hone in on technical skills in practice.

"We're just making sure our starts are crisp and our turns are fast. We noticed in our last meet that we needed to practice that a little more," coach Shatt said.

Freshman Isaiah Marzan and junior Ryan O'Connell were coined as the standout swimmers of the meet.

"I was very impressed with Isaiah in the 100 butterfly, and Ryan beat [Holy Cross'] fastest swimmer," coach Shatt said. In practice, coach Shatt tends to be



Reilly Newton/Del.Aware

Sophomore Mason Young attempts to advance against competitors.

tougher on the team when they compete against easier teams, but ultimately her goal going into the meet was to simply improve.

"I just wanted everybody to have swims that they were happy with," coach Shatt said.

The Water Warriors' most anticipated meet is against Abington Heights.

"Abington will probably be our best competition for the boys," Coach Shatt said. "I think we will be fine, but anybody can have a bad day. We have to really kick it up."

The boys take on Wallenpaupack at home on Jan. 6.

Warriors bounce back with win over Cardinals

By MIKE IUZZOLINO

Sports Editor

The boys basketball team improved to 4-1 on the year with a 59-46 win over Pocono Mountain East on Dec. 16.

Senior guard Tyler Lombardo led the team with a near triple-double, finishing with 26 points, 10 rebounds and eight assists.

"In my nearly 20 years here, that was one of the better individual performances I've seen," head coach Kris Holtzer said.

The game was a must-win to regain momentum after a tight loss

to Stroudsburg on Dec. 12. The team was previously 3-0 with convincing wins over Lackawanna Trail, Minisink Valley and Wyoming Valley West respectively.

"I wanted to see how we would respond because we were really flat, and Pocono Mountain East had already beaten Stroudsburg," coach Holtzer said. "It was good to bounce back."

After a tight first



Senior Tyler Lombardo

quarter, the Warriors used a pair of Lombardo 3-pointers to take a 31-17 lead going into halftime.

To open the second half, the Warriors went on an 11-2 run while playing stifling defense. Coach Holtzer credited the defense, which held the Cardinals to 33 percent shooting from the field.

The Warriors are back in action tonight at home against Notre Dame East Stroudsburg at 7 p.m.

Warriors chop down Foresters 55-18

By LUCAS PETERSHEIM

Sports Co-Editor

The girls basketball team defeated the Forest City Foresters 55-18 on Dec. 11, which improved their record to 3-0 for the first time in over 10 years.

The team shot and passed the ball with efficiency while playing relentless defense, only allowing around four points per quarter. Head coach Mikaela Smith was proud of her team's collaboration and teamwork



Senior Jordan Dickerson

throughout the first three games.

"It's going to be a full five effort. It's a phenomenal thing, and again, you just see a gel on the floor," coach Smith said.

The team was led by junior Amanda Aragona who contributed 19 points, followed by seniors Leah Bird, Krystina Orby and Reilly Newton who added 10 points each.

Coach Smith feels that it is most important to maintain focus on the games ahead and take things day-by-day.

The following week, the girls also defeated Stroudsburg and Mt. View

in non-league matchups.

The team is looking to use the momentum from their wins to keep the ball rolling into league play.

"Our league is the most competitive in District 2, and we are looking forward to battling each team every night," coach Smith said.

Eldred, Newburgh and Port Jervis will play in the holiday tournament hosted by DV on Dec. 28 and 29.

"Our obvious goal is to win our home tournament," coach Smith said. "We are hoping to continue our strong rebounding and our offensive game."

Spotlight Athletes Boys Swim



John Calabria, SENIOR

"He has been an amazing leader both inside the pool and in the locker room."

-Head coach Chelsea Shatt

Boys Basketball



Tyler Lombardo, SENIOR

"He's matured tremendously in his decision making and how he's going about things."

-Head coach Kris Holtzer

Girls Basketball



Krystina Orby, SENIOR

"She has filled the role as the defensive dog by causing disruption and frustration for the opponent."

-Head coach Mikaela Smith