



# January 2026

## Frewsburg MS/HS Breakfast

All students are entitled to one free breakfast and one free lunch per day until further notice.

			Thu	1	Fri	2			
			HAPPY NEW YEAR		WINTER RECESS				
Mon	5	Tue	6	Wed	7	Thu	8	Fri	9
MUFFINS ASSORTED CEREAL FRESH FRUIT/ JUICE		BAGEL ASSORTED CEREAL FRESH FRUIT/ JUICE		CINNAMON ROLLS ASSORTED CEREAL FRESH FRUIT/ JUICE		WAFFLE ASSORTED CEREAL FRESH FRUIT/ JUICE		DONUT ASSORTED CEREAL FRESH FRUIT/ JUICE	
Mon	12	Tue	13	Wed	14	Thu	15	Fri	16
CHURRO ASSORTED CEREAL FRESH FRUIT/ JUICE		CINNI MINI ASSORTED CEREAL FRESH FRUIT/ JUICE		FRENCH TOAST STICKS ASSORTED CEREAL FRESH FRUIT/ JUICE		SOFT PRETZEL ASSORTED CEREAL FRESH FRUIT/ JUICE		BREAKFAST SANDWICH ASSORTED CEREAL FRESH FRUIT/ JUICE	
Mon	19	Tue	20	Wed	21	Thu	22	Fri	23
MARTIN LUTHER KING, JR. DAY		MUFFINS ASSORTED CEREAL FRESH FRUIT/ JUICE		CINNAMON ROLLS ASSORTED CEREAL FRESH FRUIT/ JUICE		WAFFLE ASSORTED CEREAL FRESH FRUIT/ JUICE		DONUT ASSORTED CEREAL FRESH FRUIT/ JUICE	
Mon	26	Tue	27	Wed	28	Thu	29	Fri	30
STAFF DEVELOPMENT DAY		CINNI MINI ASSORTED CEREAL FRESH FRUIT/ JUICE		FRENCH TOAST STICKS ASSORTED CEREAL FRESH FRUIT/ JUICE		SOFT PRETZEL ASSORTED CEREAL FRESH FRUIT/ JUICE		BREAKFAST SANDWICH ASSORTED CEREAL FRESH FRUIT/ JUICE	

Daily Choices CHOCOLATE MILK - WHITE MILK  
EXTRA LUNCH(\$3.75)

MILK(\$0.75)

SNACKS(\$0.75)

ICE CREAM(\$1.50)

View more: <http://schools.mealviewer.com/school/FrewsburgHSMS>

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