

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 No School	2 No School
<p>Main: Sweet-Sour Chicken Plain White Rice / Egg Roll 5</p> <p>2nd Option: Pasta Bar (Beef Meatballs, Grilled Chicken- Tomato Sauce or Alfredo Sauce) Veg: Steamed Broccoli</p>	<p>Main: Pick Your Wing Sauce (5) w/ Garlic Bread Stick (Buffalo or Honey BBQ Sauce) 6</p> <p>2nd Option: Pasta Bar (Blacken Chicken or Beef Crumbles- Blush Sauce or Pesto Sauce) Veg- Green Beans</p>	<p>Main: Breakfast for Lunch (Turkey Sausage (1), Scrambled Eggs and Pancakes(2)) 7</p> <p>2nd Option Three Cheese Baked Ziti w/ Garlic Toast Veg- Sweet Potato Fries</p>	<p>Main: Baked Potato Bar (Chicken or Beef, Cheese, Broccoli, Sour Cream and Chives) 8</p> <p>2nd Option: Pasta Bar (Beef Meatballs, Grilled Chicken- Tomato Sauce or Alfredo Sauce) Veg- Black Beans</p>	<p>Main: Pick Your Boneless Wing Sauce w/ Garlic Toast (Garlic Parm or Honey Hot) 9</p> <p>2nd Option: Build Your Rice Bowl (Beef or Chicken- Rice, Beans, Corn, Lettuce, Salsa and Cheese) w/ Assorted Sauce Veg- Side Salad</p>
<p>Main: Pick Your Protein Rice Bowl Beef or Chicken Fried Rice w/ Fortune Cookie 12</p> <p>2nd Pasta Bar (Beef Meatballs, Grilled Chicken- Tomato Sauce or Alfredo Sauce) Veg- Steamed Broccoli</p>	<p>Main: Baked Chicken w/ Honey Butter Biscuit 13</p> <p>2nd Option : Build Your Pasta (Veg or Chicken Lo Mein) w/ Egg Roll (1) Veg- Kicking Beans</p>	<p>Main: Build Your Hot Dog (Chili, Cheese Sauce, Onions and Sauerkraut) 14</p> <p>2nd Option: Three Cheese Lasagna w/ Cheesy Bread Sticks Veg- Green Beans</p>	<p>Main: French Fry Bar (Chicken, Beef, Cheese, Broccoli, Sour Cream and Chives) 15</p> <p>2nd Option: Pasta Bar (Beef Meatballs, Grilled Chicken- Tomato Sauce or Alfredo Sauce) Veg: Steamed Corn</p>	<p>Main: Shredded BBQ Chicken over Mac and Cheese 16</p> <p>2nd Option : Chicken or Meatball Parm Over Pasta w/ Bread Stick Veg: Black Beans</p>
No School	<p>Main: Pick Your Sauce (Tender (3)) Honey Hot or Lemon Pepper) w/ Garlic Toast 20</p> <p>2nd Option: Pasta Bar (Blacken Chicken or Beef Crumbles- Blush Sauce or Pesto Sauce) Veg: Waffle Fries</p>	<p>Main: Build Your Taco (Beef or Chicken- Hard or Soft Taco Shell) 21</p> <p>2nd Option: Build Your Pasta (Veg or Chicken Lo Mein) w/ Egg Roll (1) Veg: Steamed Corn</p>	<p>Main: Baked Potato Bar (Chicken or Beef, Cheese, Broccoli, Sour Cream and Chives) 22</p> <p>2nd Option: Pasta Bar (Beef Meatballs, Grilled Chicken- Tomato Sauce or Alfredo Sauce) Veg: Steamed Broccoli</p>	<p>Main: Popcorn Chicken Mash Potato Bowl 23</p> <p>2nd Option: Three Cheese Baked Ziti w/Garlic Toast Veg: Steamed Carrots</p>
<p>Main: Pick Your Wing Sauce (5) w/ Garlic Bread Stick (Garlic Parm or Buffalo) 26</p> <p>2nd Option: Pasta Bar (Beef Meatballs, Grilled Chicken- Tomato Sauce or Alfredo Sauce) Veg: Green Beans</p>	<p>Main: Pick Your Protein Rice Bowl Beef or Chicken Fried Rice w/ Fortune Cookie 27</p> <p>2nd Option: Pasta Bar (Blacken Chicken or Beef Crumbles- Blush Sauce or Pesto Sauce) Veg: Garlic Roasted Broccoli</p>	<p>Main: Smashed Meatball Parm Taco 28</p> <p>2nd Option: Option: Build Your Pasta (Veg or Chicken Lo Mein) w/ Egg Roll (1) Veg: Black Beans</p>	<p>Main : Breakfast Bowl (Home Fries, Scrambled Eggs, Turkey Bacon (2) and Cheese) w/ Honey Butter Biscuit 29</p> <p>2nd Option: Pasta Bar (Beef Meatballs, Grilled Chicken- Tomato Sauce or Alfredo Sauce) Veg: Steamed Broccoli</p>	<p>Main: Your Boneless Wing Sauce w/ Garlic Toast (Garlic Parm or Honey Hot) 30</p> <p>2nd Option: Chicken or Meatball Parm Over Pasta w/ Bread Stick Veg: Frech Fries</p>