

Muenster ISD
Student Health Advisory Council
Meeting Minutes - Monday, October 20, 2025

1. Meeting Called to Order @ 07:34 am.
2. Sign-In / Welcome - Members present as follows:

<u>Staff:</u> Brandi Richardson Dr. John Underwood Matthew Quick Misty Rhyne Jackie Reynolds	<u>Parents/ Community:</u> Jo Schilling Tiffany Lutkenhaus Holly Harris-Bayer Stevie Maas
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New MISD Staff Members Dr. John Underwood (JH/HS Principal) and Misty Rhyne (Elementary Counselor) were introduced to the council.

3. Approve minutes from the previous meeting on April 14, 2025 - Tiffany Lutkenhaus made a motion to approve the minutes. Jo Schilling seconded the motion. Minutes approved.
4. Review of health related employee training held during inservice - Nurse Richardson reviewed with the council the training that was conducted during inservice for this school year. Staff completed training on topics, such as anaphylaxis and epinephrine administration, bloodborne pathogens, bullying prevention, child abuse, trafficking, & maltreatment, diabetes, mental health, seizures, substance abuse prevention, suicide prevention, and teen dating violence & healthy relationships. Select staff also received training and/or certification in CPR, Stop the Bleed, Epinephrine/ Narcan/ Albuterol administration, and AED training. A representative from AED Brands came and did a demonstration/ training for all staff on the use of the new AEDs on campus.
5. Review of current and upcoming student/ employee health related programs planned for this semester - Nurse Richardson stated that hearing, vision, and spinal screenings are in progress at this time. MISD has a flu clinic (available for students and staff) scheduled for October 22, 2025. MISD will continue to utilize the services of the 180 Degrees program for sexual risk avoidance education this upcoming Spring semester. The 180 Degrees presentations are scheduled for January 21, 2026 for 6th thru 9th grade students. This year the 7th grade student will be separated into male and female groups per a recommendation from 180 Degrees staff.
6. New AEDs - MISD replaced 6 of the existing AEDs with new ones at the beginning of this school year. Nurse Richardson is currently working on obtaining a new AED to be placed at the Hornet football stadium. Mr. Quick reported that the press box will soon be climate controlled, so the hope is to place the new AED there to be readily accessible for events occurring at the football stadium. MISD also has 5 new LifeVac airway clearance devices. Staff will be trained to use these devices.
7. Goals and objectives for the SHAC for the 2025-2026 school year - the main goal/ objective discussed was student nutrition. The council discussed ways to provide students/ student athletes with high protein meals/ snacks. This goal will be discussed further at the next meeting.
8. Counselor updates - Misty Rhyne reported that the elementary students are doing Character Strong lessons every six weeks. Abigail's Arms is coming to do lessons with students on October 21, 2025 and November 2, 2025. These lessons will cover student safety and recognizing signs of abuse & digital safety and the dangers in our digital world. Jackie Reynolds reported that Abigail's Arms is also coming and doing lessons with our 7th and 8th grade students. The lessons for 7th grade students focus on the social differences between elementary and junior high. The 8th grade students will be doing Heroes in Waiting curriculum. Mrs. Reynolds states that this is an anti-bullying curriculum. Mrs. Reynolds reports

that MISD is utilizing Vector Solutions to satisfy the Tucker's Law 10 hour requirements for fentanyl/ drug awareness/ suicide education for our JH/HS students. This is an online, self-paced curriculum. She is able to track student progress through the program curriculum. The 6th grade students in the elementary will also be utilizing this curriculum.

9. Meeting Schedule/ Dates for the 2025-2026 school year - Future meeting dates were approved, with the exception of maybe having to move the December meeting date to a later date. Any changes to the schedule will be communicated to council members.
10. Open Forum/ Discussion - Nurse Richardson reported to the council that Cook Children's is launching a new high-risk asthma clinic/ program. This program is not yet available, but she would like for MISD to participate when it becomes available. This program will provide asthma training specifically for coaches and trainers within the school district. All training would be provided by Cook Children's, and supplies/ needed medications, such as albuterol, epinephrine, etc. would be provided as well. More information will be provided to the group as it is received. Mrs. Reynolds and Nurse Richardson are also working to provide CPR and Stop the Bleed Certifications for all Seniors prior to graduation.
11. Adjourn - Meeting was adjourned @ 07:51 am.