Rosemead School District: Triennial Assessment Report

Component #1: Comparison to Model Local School Wellness Policy

California School Board Association (CSBA) BP 5030
TEA template from CA Local School Wellness Policy Collaborative

Model Wellness Policy Comparison Results	
Component	**Description**
Areas of Strength	**Comprehensive Scope**: Covers all federally required wellness domains—nutrition, physical education, mental health, and staff wellness.
	Clear Governance Structure: Inclusion of both district (DWC) and school-level (SWC) committees promotes accountability and site-specific attention.
	Community Engagement: Strong mechanisms for parent and community involvement and multilingual, culturally responsive communication practices.
	Policy Monitoring and Evaluation: Triennial assessments, annual updates, and school-level implementation plans exceed minimum federal expectations.
	Equity and Inclusion: Acknowledges cultural food preferences, diverse community voices, and equitable access to wellness opportunities.
	Curriculum Integration: Well-defined health and physical education content standards integrated into various academic areas.
	Marketing & Promotion: Robust restrictions on non-compliant food marketing and promotion of USDA Smart Snacks.
	Water Access: Compliance with California EC 38086 and federal mandates for potable water during meals.
Opportunities for Improvement	**Lack of Quantified Metrics or Benchmarks**: ● Many goals are qualitative (e.g., "promote", "encourage") without measurable

Model Wellness Policy Comparison Results	
	outcomes (e.g., "% increase in breakfast participation").
	Limited Mental Health Integration: ● Minimal emphasis on student mental wellness, trauma-informed practices, or social-emotional learning (SEL).
	Staff Wellness Programs: ● Limited detail on concrete strategies or resources for promoting adult/staff wellness beyond general encouragement.
	Equity in Implementation: ● Although diversity is mentioned, the policy does not explicitly address wellness disparities (e.g., nutrition insecurity, physical activity gaps by school/site).
	Policy Accessibility: ● The wellness policy is not consistently required to be posted in accessible and engaging formats (e.g., infographics, translations) beyond required cafeteria postings.
As a result of the comparison, was there new language adopted in the LSWP?	No
Next steps for strengthening LSWP (List 3):	1. Add SMART GOALS a. Include Specific, Measurable, Achievable, Relevant, and Time-bound goals (e.g., “Increase SBP participation by 10% over the next 2 years”). 2. Define Staff Wellness Plan

Model Wellness Policy Comparison Results	
	a. Incorporate activities such as wellness challenges, access to fitness programs, EAPs (Employee Assistance Programs), or stress reduction initiatives. 3. Equity-Focused Actions a. Add a section focused on addressing disparities, collecting disaggregated data, and ensuring wellness supports are equitable across schools.

Rosemead School District initially selected the California School Board Association Board Policy 5030 (CSBA BP 5030) as the Local School Wellness Policy (LSWP) comparison Tool. It was found that the CSBA did not exceed the minimum requirements, does not show opportunities for language strengthening, and does not include language on the Whole School, Whole, Community, Whole Child (WSCC) model which has a focus on: social emotional learning, health services, employee wellness, and family engagement/community involvement.

[Link Your CSBA Comparison Chart Here]
Example from CA Local School Wellness Policy Collaborative

Component #2: Extent of Compliance for All Schools with the LSWP

District-wide

Implementing Local School Wellness Policy		
LWP-D1	District wellness policy	Yes
LWP-D2	District wellness policy goals for nutrition education	Yes
LWP-D3	District wellness policy goals for physical activity	Yes
LWP-D4	District wellness policy goals for student wellness	Yes
LWP-D5	District wellness policy standards for sold foods	Yes
LWP-D6	District wellness policy standards for provided foods	Yes
LWP-D7	District wellness policy standards for food marketing	Yes
LWP-D8	District wellness policy coordination team	Mostly in place
LWP-D9	District continuous improvement process for wellness policy	Mostly in place
LWP-D10	Gathering input on district wellness policy	Partially in place
LWP-D11	Communication about district wellness policy	Partially in place
LWP-D12	District wellness policy leadership	Fully in place
LWP-D13	Triennial assessment	Fully in place
NFA-D17	District prohibitions on using food as a reward	Partially in place

Savannah Elementary School

Implementing Local School Wellness Policy		
LWP-S1	School coordination team for district wellness policy	Fully in place
LWP-S2	Measuring district wellness policy progress	Fully in place
LWP-S3	School continuous improvement process for district wellness policy	Fully in place
LWP-S4	School standards for sold foods	Fully in place
LWP-S5	School standards for provided foods	Fully in place
LWP-S6	School standards for food marketing	Fully in place
FCE-S10	School resources to support student success	Fully in place
NFA-S8	School strategies to maximize school meal program participation	Fully in place
NFA-S10	School ensures access to drinking water	Fully in place
NFA-S11	Adequate school meal times	Fully in place
NFA-S12	Promoting a healthy cafeteria environment	Fully in place
NFA-S13	School prohibitions on using food as a reward	Partially in place
NFA-S14	School implementation of farm to school activities	Not in place
NFA-S15	School nutrition education for caregivers	Partially in place
NFA-S16	School-level collaboration for student nutrition education	Mostly in place
HED-S7	Providing health education	Mostly in place
HED-S8	School health education curriculum requirements	Partially in place
HED-S9	Opportunities to practice health education skills	Partially in place
PEA-S8	Providing physical education	Mostly in place
PEA-S9	School physical education curriculum requirements	Partially in place
PEA-S10	Inclusion in physical education	Partially in place
PEA-S11	Opportunities for student physical activity	Fully in place
PEA-S12	Inclusion in physical activity	Fully in place
PEA-S13	Physical activity and disciplinary practices	Mostly in place
PEA-S14	Facilities open outside of school hours	Mostly in place
PEA-S16	School active transportation initiatives	Partially in place
SWB-S12	School offers opportunities for staff physical activity	Not in place
SWB-S13	School healthy meeting standards	Not in place

Encinita Elementary School

Implementing Local School Wellness Policy		
LWP-S1	School coordination team for district wellness policy	Fully in place
LWP-S2	Measuring district wellness policy progress	Fully in place
LWP-S3	School continuous improvement process for district wellness policy	Fully in place
LWP-S4	School standards for sold foods	Fully in place
LWP-S5	School standards for provided foods	Fully in place
LWP-S6	School standards for food marketing	Fully in place
FCE-S10	School resources to support student success	Fully in place
NFA-S8	School strategies to maximize school meal program participation	Fully in place
NFA-S10	School ensures access to drinking water	Fully in place
NFA-S11	Adequate school meal times	Fully in place
NFA-S12	Promoting a healthy cafeteria environment	Fully in place
NFA-S13	School prohibitions on using food as a reward	Partially in place
NFA-S14	School implementation of farm to school activities	Not in place
NFA-S15	School nutrition education for caregivers	Partially in place
NFA-S16	School-level collaboration for student nutrition education	Mostly in place
HED-S7	Providing health education	Mostly in place
HED-S8	School health education curriculum requirements	Partially in place
HED-S9	Opportunities to practice health education skills	Partially in place
PEA-S8	Providing physical education	Mostly in place
PEA-S9	School physical education curriculum requirements	Partially in place
PEA-S10	Inclusion in physical education	Partially in place
PEA-S11	Opportunities for student physical activity	Fully in place
PEA-S12	Inclusion in physical activity	Fully in place
PEA-S13	Physical activity and disciplinary practices	Mostly in place
PEA-S14	Facilities open outside of school hours	Mostly in place
PEA-S16	School active transportation initiatives	Partially in place
SWB-S12	School offers opportunities for staff physical activity	Not in place
SWB-S13	School healthy meeting standards	Not in place

Mildred B. Janson Elementary School

Implementing Local School Wellness Policy		
LWP-S1	School coordination team for district wellness policy	Fully in place
LWP-S2	Measuring district wellness policy progress	Fully in place
LWP-S3	School continuous improvement process for district wellness policy	Fully in place
LWP-S4	School standards for sold foods	Fully in place
LWP-S5	School standards for provided foods	Fully in place
LWP-S6	School standards for food marketing	Fully in place
FCE-S10	School resources to support student success	Fully in place
NFA-S8	School strategies to maximize school meal program participation	Fully in place
NFA-S10	School ensures access to drinking water	Fully in place
NFA-S11	Adequate school meal times	Fully in place
NFA-S12	Promoting a healthy cafeteria environment	Fully in place
NFA-S13	School prohibitions on using food as a reward	Partially in place
NFA-S14	School implementation of farm to school activities	Not in place
NFA-S15	School nutrition education for caregivers	Partially in place
NFA-S16	School-level collaboration for student nutrition education	Mostly in place
HED-S7	Providing health education	Mostly in place
HED-S8	School health education curriculum requirements	Partially in place
HED-S9	Opportunities to practice health education skills	Partially in place
PEA-S8	Providing physical education	Mostly in place
PEA-S9	School physical education curriculum requirements	Partially in place
PEA-S10	Inclusion in physical education	Partially in place
PEA-S11	Opportunities for student physical activity	Fully in place
PEA-S12	Inclusion in physical activity	Fully in place
PEA-S13	Physical activity and disciplinary practices	Mostly in place
PEA-S14	Facilities open outside of school hours	Mostly in place
PEA-S16	School active transportation initiatives	Partially in place
SWB-S12	School offers opportunities for staff physical activity	Not in place
SWB-S13	School healthy meeting standards	Not in place

Emma Shuey Elementary School

Implementing Local School Wellness Policy		
LWP-S1	School coordination team for district wellness policy	Fully in place
LWP-S2	Measuring district wellness policy progress	Fully in place
LWP-S3	School continuous improvement process for district wellness policy	Fully in place
LWP-S4	School standards for sold foods	Fully in place
LWP-S5	School standards for provided foods	Fully in place
LWP-S6	School standards for food marketing	Fully in place
FCE-S10	School resources to support student success	Fully in place
NFA-S8	School strategies to maximize school meal program participation	Fully in place
NFA-S10	School ensures access to drinking water	Fully in place
NFA-S11	Adequate school meal times	Fully in place
NFA-S12	Promoting a healthy cafeteria environment	Fully in place
NFA-S13	School prohibitions on using food as a reward	Partially in place
NFA-S14	School implementation of farm to school activities	Not in place
NFA-S15	School nutrition education for caregivers	Partially in place
NFA-S16	School-level collaboration for student nutrition education	Mostly in place
HED-S7	Providing health education	Mostly in place
HED-S8	School health education curriculum requirements	Partially in place
HED-S9	Opportunities to practice health education skills	Partially in place
PEA-S8	Providing physical education	Mostly in place
PEA-S9	School physical education curriculum requirements	Partially in place
PEA-S10	Inclusion in physical education	Partially in place
PEA-S11	Opportunities for student physical activity	Fully in place
PEA-S12	Inclusion in physical activity	Fully in place
PEA-S13	Physical activity and disciplinary practices	Mostly in place
PEA-S14	Facilities open outside of school hours	Mostly in place
PEA-S16	School active transportation initiatives	Partially in place
SWB-S12	School offers opportunities for staff physical activity	Not in place
SWB-S13	School healthy meeting standards	Not in place

Muscatel Middle School

Implementing Local School Wellness Policy		
LWP-S1	School coordination team for district wellness policy	Fully in place
LWP-S2	Measuring district wellness policy progress	Fully in place
LWP-S3	School continuous improvement process for district wellness policy	Fully in place
LWP-S4	School standards for sold foods	Fully in place
LWP-S5	School standards for provided foods	Fully in place
LWP-S6	School standards for food marketing	Fully in place
FCE-S10	School resources to support student success	Fully in place
NFA-S8	School strategies to maximize school meal program participation	Fully in place
NFA-S10	School ensures access to drinking water	Fully in place
NFA-S11	Adequate school meal times	Fully in place
NFA-S12	Promoting a healthy cafeteria environment	Fully in place
NFA-S13	School prohibitions on using food as a reward	Partially in place
NFA-S14	School implementation of farm to school activities	Not in place
NFA-S15	School nutrition education for caregivers	Partially in place
NFA-S16	School-level collaboration for student nutrition education	Mostly in place
HED-S7	Providing health education	Mostly in place
HED-S8	School health education curriculum requirements	Partially in place
HED-S9	Opportunities to practice health education skills	Partially in place
PEA-S8	Providing physical education	Mostly in place
PEA-S9	School physical education curriculum requirements	Partially in place
PEA-S10	Inclusion in physical education	Partially in place
PEA-S11	Opportunities for student physical activity	Fully in place
PEA-S12	Inclusion in physical activity	Fully in place
PEA-S13	Physical activity and disciplinary practices	Mostly in place
PEA-S14	Facilities open outside of school hours	Mostly in place
PEA-S16	School active transportation initiatives	Partially in place
SWB-S12	School offers opportunities for staff physical activity	Not in place
SWB-S13	School healthy meeting standards	Not in place

Overall

Thriving Schools Integrated Assessment: Implementing Local School Wellness Policy	Pre-Test Results	Post-Test Results
LWP-D1: District Wellness Policy	Yes	Yes
LWP-D2: District Wellness Policy Goals for Nutrition Education	Yes	Yes
LWP-D3: District Wellness Policy Goals for Physical Activity	Yes	Yes
LWP-D4: District Wellness Policy Goals for Student Wellness	Yes	Yes
LWP-D5: District Wellness Policy Standards for Sold Foods	Yes	Yes
LWP-D6: District Wellness Policy Standards for Provided Foods	Yes	Yes
LWP-D7: District Wellness Policy Standards for Food Marketing	Yes	Yes
LWP-D8: District Wellness Policy Coordination Team	Yes	Yes
LWP-D9: District Continuous Improvement Process for Wellness Policy	Mostly in Place	Mostly in Place
LWP-D10: Gathering Input on District Wellness Policy	Partially in Place	Mostly in Place
LWP-D11: Communication About District Wellness Policy	Partially in Place	Mostly in Place
LWP-D12: District Wellness Policy Leadership	Yes	Yes
LWP-D13: Triennial Assessment	Yes	Yes
NFA-D17: District Prohibitions on Using Food as a Reward	Partially in Place	Partially in Place

Rosemead School District LSWP Components	Is Rosemead School District in compliance?
Public Involvement The district will actively communicate the ways in which representatives of the District Wellness Council, School Wellness Council, and others can participate in the development, implementation and periodic review and update of the LSWP.	Yes
Public Notification The district will actively inform caregivers and the public each year of basic information about the LSWP.	Yes

Triennial Assessment Once every three years, the district will assess the LSWP by completing the following: ● Comparing district LSWP to a model LSWP ● Assessing the extent of compliance for all schools with the LSWP ● Assessing the progress made in attaining the goals of the LSWP	Yes

Component #3: Progress Made in Reaching LSWP Goals

Rosemead SD Wellness Priorities:

- **Implementing School Wellness Policy**
    - LWP - D11: Communication about district wellness policy
    - LWP - D10: Gathering input on district wellness policy

Action Step	**Responsible Party**	**Timeline**	**Status**
1. Plan and conduct 5 district-wide wellness committee meetings	John Rivera	By June 30, 2025	Completed
2. Increase committee representation	Committee members	Ongoing	In progress
3. Initiate a student-led project to design mural to increase exposure to wellness messaging	Ms. Jong and Mural Art Club, John Rivera	By June 30, 2025	Completed
4. Conduct Parent Workshops (Food for Thought)	John Rivera, Dr. Jennifer Fang, Deborah Lawrence	By June 30, 2025	Completed

Assessment Information	
Assessment Tool	Alliance for a Healthier Generation Thriving School Integrated Assessment / Google Form for School Sites
Date Completed	May 6, 2025
Area of Strength (3)	1. LWP-D1: District Wellness Policy 2. LWP-D2,3, and 4: District Wellness Policy goals for nutrition education, physical activity, student wellness 3. LWP-D5, 6, 7, and 8: District Wellness Policy standards for sold foods, provided foods, and food marketing
Areas of Opportunity (3)	1. FA-D17: District prohibitions on using food as a reward 2. LWP-D10: Gathering input on district wellness policy 3. LWP-D9: District continuous improvement for wellness policy
District Priorities (3)	1. LWP-D10: Gathering input on district wellness policy 2. LWP-D11: Communication about district wellness policy 3. SWB-D6: District resource mapping to support staff well-being

Goal as defined by our LSWP	Was the Goal Met?	What Was Achieved? Describe how the goal was achieved	Documentation used to measure LSWP Implementation
Gathering input on district wellness policy	Yes	Reviewed TSIA Results to further gather information on appropriate type of support that can strengthen a healthy work environment	TSIA Results
Communication about the district wellness policy	Yes	Communication about district wellness policy	Art Mural
	No	Gather data and input using the AHG's Making Caring Common Project Resource Mapping	

Component #4: Triennial Assessment Report to the Public

Posted onhttps://www.rosemead.k12.ca.us on June 30, 2025

Target Audience/s	Method	Date
Parents	Wellness Committee Meeting, Website	June 30, 2025
Community Partners	Wellness Committee Meeting, Website	June 30, 2025
Administrators/Staff	Wellness Committee Meeting, Leadership Meeting, Website	June 30, 2025

Revised policies were adopted and posted on Rosemead SD website on June 30, 2025