

# HOW TO REFER & EMERGENCY INFO

## Making a Referral

- ✓ Anyone can make a referral: parents, students, teachers, or community members.
- ✓ Use the QR code or contact your school counselor.
- ✓ Referrals are never disciplinary, and participation is always a choice.



**Make a Referral**

## In Case of Emergency

If you or someone you know is in crisis:

- ✓ Dial 988 (Suicide & Crisis Lifeline)
- ✓ Call local crisis line: (717) 243-6005
- ✓ For immediate danger, call 911

**You don't have to face challenges alone. Support is here.**

The Big Spring School District is an equal opportunity education institution and will not discriminate on the basis of race, color, national origin, sex, age, religion, or disability in its activities, programs, or employment practices as required by Title VI, Title IX, and Section 504. For information regarding civil rights or grievance procedures, or for information regarding services, activities, and facilities that are accessible to and usable by handicapped persons, contact the Director of Curriculum and Instruction, Title IX and Action 504 Coordinator.

# CONFIDENTIAL, FREE SUPPORT for Students and Families



Helping Students  
Overcome Life's Challenges

### We're Here to Help:

Students don't have to face challenges alone

Families are connected to the right supports at the right time

Together, we build paths to success — at school and beyond

**Need Support?  
Want to Learn More?**



## WHO WE ARE

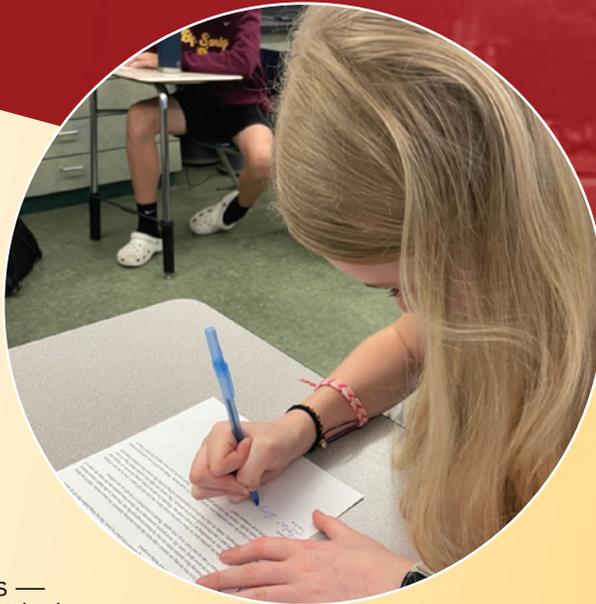
### The SAP Team

The Big Spring Student Assistance Program (SAP) is a multi-disciplinary team of professionally trained experts, including principals, teachers, school counselors, nurses, social workers, and community partners.

We help identify barriers to learning that may affect a child's success.

Families are active partners in the process — decisions are never made for them, but with them.

**All services are confidential and free.**



## WONDERING IF SAP COULD HELP YOUR CHILD?

### Look for signs such as:

- Withdrawing from family, friends, or activities
- Drop in grades or school attendance
- Sudden changes in friends, behavior, or appearance
- Talking about self-harm or showing persistent sadness
- Coping with grief, divorce, relocation, or another crisis

## WHERE TO FIND US

You can connect with a SAP team through your School's Counseling Office:

**Mt. Rock Elementary:**  
717-776-2425

**Oak Flat Elementary:**  
717-776-2445

**Newville Elementary**  
717-776-2435

**Big Spring Middle School:**  
717-776-2471

**Big Spring High School:**  
717-776-2437

