

JANUARY LUNCH MENU 2026

GOWER WEST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Cheeseburger with baked lays and a pickle	6 Popcorn chicken wrap and fruit	7 Mini corn dog and mac n' cheese	8 French toast in a bag with pudding & fruit	9 Bosco cheese sticks
12 Baked chicken sandwich & flavored rice	13 Chicken tenders, green beans and goldfish	14 Meatball sub (all beef) with tater tots	15 All beef hot dog with mac n' cheese and a pickle	16 Early Dismissal
19 President's Day No School	20 Pancakes in a bag with sausage and yogurt	21 Popcorn chicken bowl with mashed potatoes and corn	22 Grilled cheese with chicken noodle soup & goldfish	23 Cheese pizza & popcorn
26 Beef taco bowl with chips & salsa	27 Corn dogs with noodles	28 Pasta with marinara sauce & garlic bread	29 Sloppy Joe sandwich & fries	30 Bosco cheese stick

Plant based/veggie options are available upon request

Gower WEST School

MENU ITEMS ARE SUBJECT TO CHANGE ACCORDING TO SEASONALITY AND AVAILABILITY

Every main lunch comes with a small salad and milk or water

You can add money to your child's account @ www.mymealtime.com