

Course Title

IAA Liberal Arts II: Psychology



INNOVATIVE ARTS ACADEMY

Course Overview

This psychology course is the scientific study of how people think, feel, and behave, using research and data to understand human nature. We will explore why we act the way we do, examining how our biology, individual experiences, and the world around us all play a part. Learning psychology will help you better understand yourself and others, showing how this science is used to improve lives and tackle real-world challenges

Unit Title

Foundations and Research

Time Frame

4.5 Weeks

Unit Title

Biological Bases of Behavior

Time Frame

4.5 Weeks

Unit Title

Sensation, Perception, and Consciousness

Time Frame

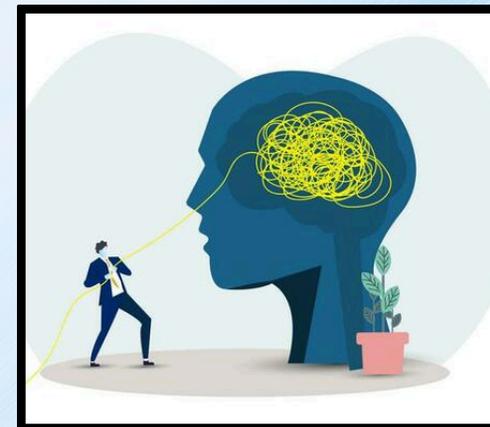
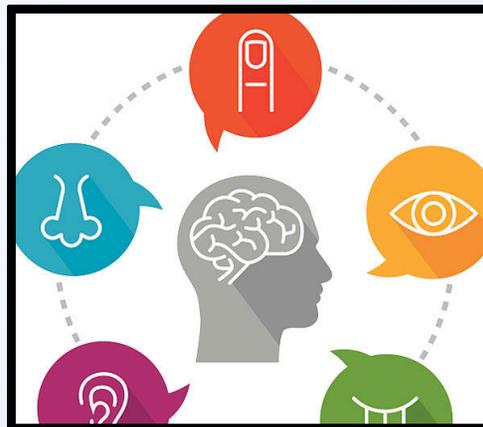
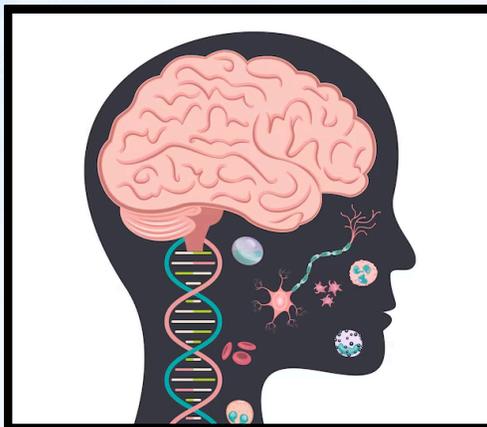
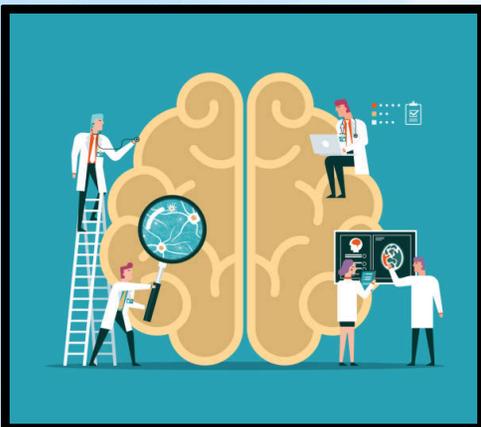
4.5 Weeks

Unit Title

Learning and Cognitive Processes

Time Frame

4.5 Weeks



Focus of the Unit

This unit explains that psychology is the scientific study of how people think, feel, and act. We learn how psychologists use research methods and data to understand people in a scientific and ethical way

Focus of the Unit

This unit explores how our body, especially the brain and nervous system, affects how we think and behave. We also look at how genes and our surroundings work together to shape our physical processes and actions.

Focus of the Unit

This unit looks at how our senses take in information and how our brain figures out what it means, shaping our reality. We also explore different states of being aware, like sleep and the effects of substances.

Focus of the Unit

This unit explains how we learn from our experiences and how our memory helps us process and recall information. We also study how we think, solve problems, and use language to understand and interact with the world.



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Unit Title

Motivation, Emotion, and Stress

Time Frame

4.5 Weeks

Unit Title

Human Development

Time Frame

4.5 Weeks

Unit Title

Personality and Social Behavior

Time Frame

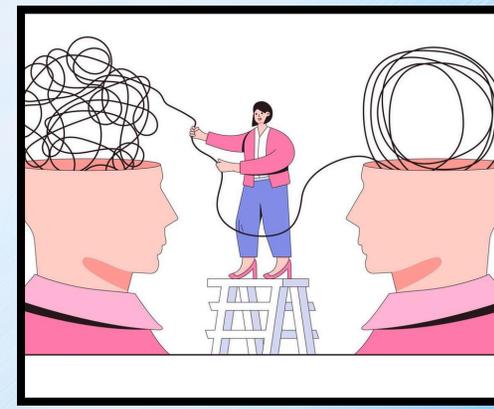
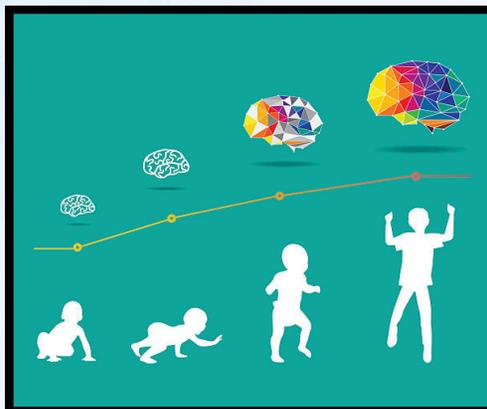
4.5 Weeks

Unit Title

Psychological Disorders, Treatment, and Health

Time Frame

4.5 Weeks



Focus of the Unit

This unit explores what drives our actions (motivation) and the physical and mental parts of our feelings (emotion). We also learn about stress and different ways people cope with challenges.

Focus of the Unit

This unit explores how people grow and change throughout their lives, from babies to older adults. We look at physical, thinking, and social changes and what influences this development.

Focus of the Unit

This unit explores what makes each person unique (personality) and how we try to understand why people are similar or different. We also study how we interact with others, why we form relationships, and how groups influence us.

Focus of the Unit

This unit looks at what happens when psychological processes cause difficulties and how we understand different kinds of challenges people face. We explore how therapists use different approaches and treatments to help people feel better and live healthier lives.

Unit Title	Foundations and Research
Time Frame	4.5 Weeks



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ARTS ACADEMY

	Essential Question(s)
	<ol style="list-style-type: none"> 1. What are the main goals of studying how people think and act? 2. How do psychologists collect information and do research in a scientific way?

	Focus of the Unit
	<p>This unit explains that psychology is the scientific study of how people think, feel, and act. We learn how psychologists use research methods and data to understand people in a scientific and ethical way</p>

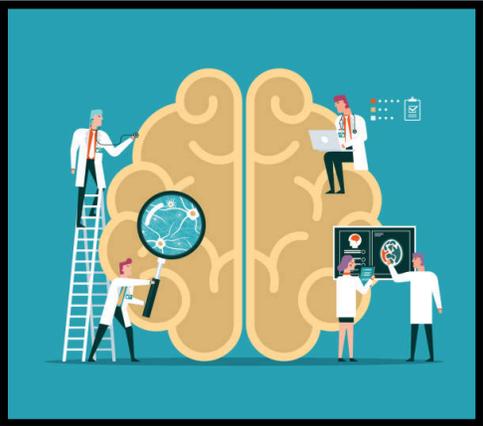
Standards	Scientific Inquiry and Research Methods Foundation -Standard Area: Scientific Inquiry and Research Methods
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Learning Targets
I will understand what psychology is and its main goals.

Learning Targets
I will learn about the different ways psychologists study people and measure things.

Learning Targets
I will know the important rules psychologists follow to do research safely and ethically.

Learning Targets
I will understand how psychologists use basic data to see what their research shows.



Resources	Psychology Textbook, Videos, Primary and Secondary Sources, Teacher-Created Materials, Online Psychology Labs or Data Sets, Internet Sites
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Unit Title	Biological Bases of Behavior
Time Frame	4.5 Weeks



INNOVATIVE
ARTS ACADEMY

	Essential Question(s)
	<ul style="list-style-type: none"> • How do our body and brain affect the way we behave? • What role do genes and our surroundings play in shaping us?

	Focus of the Unit
	<p>This unit explores how our body, especially the brain and nervous system, affects how we think and behave. We also look at how genes and our surroundings work together to shape our physical processes and actions.</p>

Standards	Biological Pillar - Biological Bases of Behavior, Sensation, Consciousness: Structure and function of the nervous system and endocrine system in human and non-human animals, The interaction between biological factors and experiences
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Learning Targets
I will understand how the brain and body's communication systems work.

Learning Targets
I will learn about the tiny parts of the brain (neurons) and how they send messages.

Learning Targets
I will explore how hormones made in your body affect how you feel and act.

Learning Targets
I will discover how both your genes and the world around you influence your behavior.



Resources	Psychology Textbook, Videos, Primary and Secondary Sources, Teacher-Created Materials, Online Psychology Labs or Data Sets, Internet Sites
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Unit Title	Sensation, Perception, and Consciousness
Time Frame	4.5 Weeks



INNOVATIVE
ARTS ACADEMY

	Essential Question(s)
	<ol style="list-style-type: none"> 1. How do our senses take in information from the world around us? 2. What are the different ways we can be aware, like when we're awake or asleep? 3. How does our brain figure out what our senses are telling us?

	Focus of the Unit
	<p>This unit explains that psychology is the scientific study of how people think, feel, and act. We learn how psychologists use research methods and data to understand people in a scientific and ethical way</p>

Standards	Cognition Pillar - Sensation, Perception, Consciousness: The functions of sensory systems, The process of perception, The different states and levels of consciousness
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Learning Targets
I will understand how our senses take in information from the world.

Learning Targets
I will find out about different types of drugs and how they affect our minds and bodies.

Learning Targets
I will learn about the different ways our brain processes sensory details.

Learning Targets
I will explore how our brain naturally groups things together to make sense of the world.



Resources	Psychology Textbook, Videos, Primary and Secondary Sources, Teacher-Created Materials, Online Psychology Labs or Data Sets, Internet Sites
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Unit Title	Learning and Cognitive Processes
Time Frame	4.5 Weeks



INNOVATIVE
ARTS ACADEMY

	Essential Question(s)
	<ol style="list-style-type: none"> 1. What are the main goals of studying how people think and act? 2. How does the brain learn new things and skills?

	Focus of the Unit
	<p>This unit explains how we learn from our experiences and how our memory helps us process and recall information. We also study how we think, solve problems, and use language to understand and interact with the world.</p>

Standards	Cognitive & Development and Learning Pillar: Fundamental processes of thinking and problem solving, Observational learning, social learning theory, and mental processes in learning
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Learning Targets
I will understand how we form ideas and group things in our minds

Learning Targets
I will learn how our brains solve problems and make decisions.

Learning Targets
I will learn how rewards and punishments affect our behavior

Learning Targets
I will find out how our thinking helps us learn.



Resources	Psychology Textbook, Videos, Primary and Secondary Sources, Teacher-Created Materials, Online Psychology Labs or Data Sets, Internet Sites
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Unit Title	Motivation, Emotion, and Stress
Time Frame	4.5 Weeks



INNOVATIVE
ARTS ACADEMY

	Essential Question(s)
	<ol style="list-style-type: none"> 1. What drives us to do the things we do? 2. What are emotions, and where do our feelings come from?

	Focus of the Unit
	<p>This unit explores what drives our actions (motivation) and the physical and mental parts of our feelings (emotion). We also learn about stress and different ways people cope with challenges.</p>

Standards	Social and Personality Pillar: Motivation and Emotion - Influences of motivation, Domains of motivated behavior in humans, Perspectives on emotion
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Learning Targets
I will understand what makes us do the things we do.

Learning Targets
I will explore what drives us to achieve goals and connect with others.

Learning Targets
I will learn how our body and mind create our feelings.

Learning Targets
I will find out how culture and gender can affect how we show and understand feelings.



Resources	Psychology Textbook, Videos, Primary and Secondary Sources, Teacher-Created Materials, Online Psychology Labs or Data Sets, Internet Sites
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Unit Title	Human Development
Time Frame	4.5 Weeks



INNOVATIVE
ARTS ACADEMY

	Essential Question(s)
	<ol style="list-style-type: none"> 1. How do people change as they grow from babies to older adults? 2. What influences our physical, thinking, and social changes throughout life?

	Focus of the Unit
	<p>This unit explores how people grow and change throughout their lives, from babies to older adults. We look at physical, thinking, and social changes and what influences this development.</p>

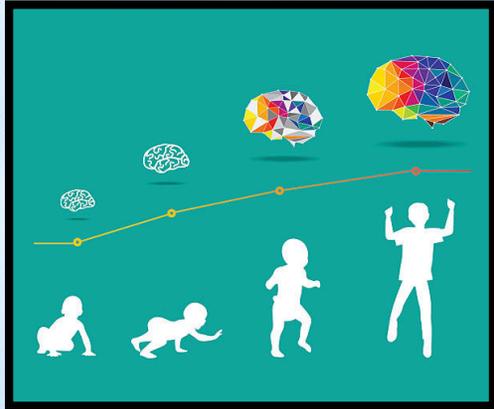
Standards	Development and Learning Pillar - Life Span Development: Methods and issues in life span development, Physical, cognitive, and social development across the life span (prenatal, infancy, childhood, adolescence, emerging adulthood, adulthood, and older adulthood)
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Learning Targets
I will understand how both nature and your experiences shape how you grow and change.

Learning Targets
I will learn about the different ways scientists study how people develop over time.

Learning Targets
I will explore how our thinking and learning abilities change throughout our lives.

Learning Targets
I will find out how our social skills and relationships develop from childhood through old age.



Resources	Psychology Textbook, Videos, Primary and Secondary Sources, Teacher-Created Materials, Online Psychology Labs or Data Sets, Internet Sites
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Unit Title	Personality and Social Behavior
Time Frame	4.5 Weeks



INNOVATIVE
ARTS ACADEMY

	Essential Question(s)
	<ol style="list-style-type: none"> 1. Why do people connect with each other and form relationships? 2. What makes each person unique? 3. How do the groups we are part of influence our behavior?

	Focus of the Unit
	<p>This unit explores what makes each person unique (personality) and how we try to understand why people are similar or different. We also study how we interact with others, why we form relationships, and how groups influence us.</p>

Standards	<p>Social and Personality Pillar - Social: Social cognition, Social influence. Personality: Empirical approaches to studying and understanding personality, Assessment of personality</p>
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Learning Targets
I will understand how we figure out the reasons behind people's actions.

Learning Targets
I will explore how our thoughts, feelings, and beliefs shape our interactions with others.

Learning Targets
I will find out the different tools psychologists use to try and measure personality

Learning Targets
I will understand how you see yourself.



Resources	<p>Psychology Textbook, Videos, Primary and Secondary Sources, Teacher-Created Materials, Online Psychology Labs or Data Sets, Internet Sites</p>
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Unit Title	Psychological Disorders, Treatment, and Health
Time Frame	4.5 Weeks



INNOVATIVE
ARTS ACADEMY

	Essential Question(s)
	<ol style="list-style-type: none"> 1. What happens when psychological processes make daily life difficult? 2. How can talking or other treatments help people with psychological challenges?

	Focus of the Unit
	<p>This unit looks at what happens when psychological processes cause difficulties and how we understand different kinds of challenges people face. We explore how therapists use different approaches and treatments to help people feel better and live healthier lives.</p>

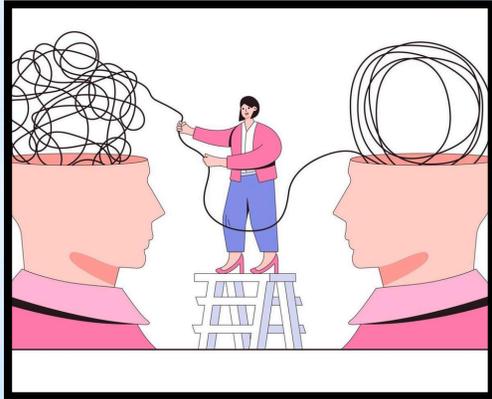
Standards	Mental and Physical Health Pillar -Disorders & Therapies: Perspectives of abnormal behavior, Categories of psychological disorders, Types of treatment
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Learning Targets
I will understand what is meant by "abnormal" behavior in psychology.

Learning Targets
I will explore how different mental health conditions are categorized.

Learning Targets
I will learn about the different types of treatments available for psychological challenges.

Learning Targets
I will find out about the different kinds of mental health professionals who can provide support.



Resources	Psychology Textbook, Videos, Primary and Secondary Sources, Teacher-Created Materials, Online Psychology Labs or Data Sets, Internet Sites
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