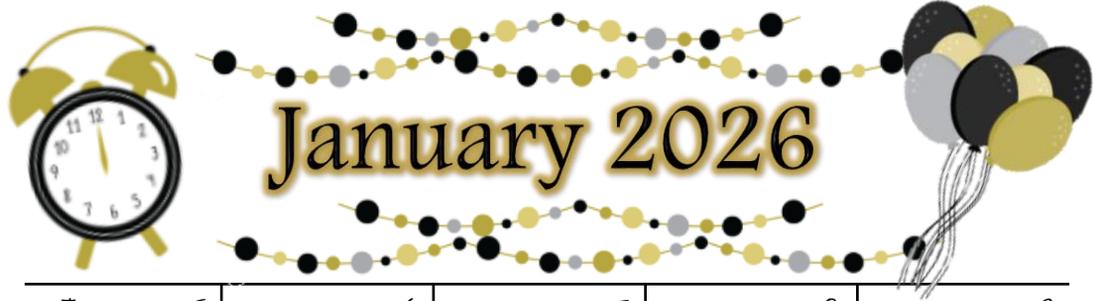


All Meals:
Served with choice of white milk OR chocolate milk

Breakfast:
Served with assorted fruits, milk

Lunch:
Served with assorted fruits & veggies or salad bar, milk



What Makes a Lunch?
Select 3-5 Components

One must be a
FRUIT OR **VEGGIE**

What Makes A Great Breakfast?
Select 3 Components!

Be sure to choose between
FRUIT OR **FRUIT JUICE**

	January 5	6	7	8	9
Breakfast	Fruit & Yogurt Parfait, UBR	Biscuits & Gravy	Pancakes & Sausage	Breakfast Scramble	Cereal, Toast, Yogurt, Sausage
Lunch	Hot dog, Chili, Carrots	Taco Bar, Refried Beans, Corn, Salsa	Baked Potato Bar, Roll, Steamed Cauliflower & Broccoli	Hamburger Gravy, Mashed Potatoes, Broccoli, Breadstick	Pepperoni/Cheese Pizza, Carrots, Celery, Ranch
	12	13	14	15	No School 16
Breakfast	Muffin & Yogurt	Sausage & Cheese Breakfast Sandwich	Waffles, Syrup, Sausage	Breakfast Burrito	End of Semester - No School
Lunch	Meatloaf, Brown Gravy, Mashed Potatoes, Steamed Carrots, Roll	Pulled Pork Sandwich, Tater Tots, Chips	Grilled Cheese, Tomato Basil Soup	Homemade Cheeseburger, Fries, Baked Beans	
	No School 19	20	21	22	23
Breakfast		UBR, Fruit & Yogurt Parfait	Biscuits & Gravy	Breakfast Burrito	Bagel & Cream Cheese, Sausage
Lunch		Chili, Maple Bar, Steamed Carrots	Mini Corn Dogs, Coleslaw, Baked Beans	Chicken Cordon Bleu, Fries	Deli Sandwich, Chips, Cucumbers, Tomatoes
	26	27	28	29	30
Breakfast	Strawberry Shortcake	Sausage & Cheese Breakfast Sandwich	Banana/Pumpkin Bread, Hardboiled Egg	Muffin & Yogurt	Pancakes OR Waffles
Lunch	Dutch Waffle, Vanilla Yogurt, Hash Brown, Sausage	Super Nachos, Corn, Salsa, Refried Beans	Chicken Parmesan Pasta, Cucumbers, Steamed Broccoli, Fortune Cookie	Cheese/Pepperoni Pizza, Carrots, Red Peppers	Popcorn Chicken Bowl, Roll, Mashed Potatoes, Corn, Gravy
	February 2	3	4	5	6
Breakfast	Fruit & Yogurt Parfait, UBR	Biscuits & Gravy	Pancakes & Sausage	Breakfast Scramble	Cereal, Toast, Yogurt, Sausage
Lunch	Sweet & Sour Chicken, Asian Veggie Blend, Brown Rice, Fortune Cookie	Meatball Sandwich, Tater Tots	Mac & Cheese, Steamed Broccoli, Breadstick	Italian Dunkers, Marinara, Green Beans	Chicken Quesadilla, Refried Beans, Salsa



Menu is subject to change without notification. This institution is an equal opportunity provider.