BREAKFAST

JANUARY 2026

Meniyuuga Quraacda Dugsiga Sare RCSD

Shaqaaleysiinta RCSD waa fursad loo simanyahay. Meniyuuga woo isbadalaa karaa waqti kasto.

Isniin Monday	Talaado Tuesday	Arbaco Wednesday	Khamiis Thursday	Jimco Friday
			1 **Sanad Cusub oo Farxad Leh Dhamaan Xarumaha Wey Xiranyihiin**	2 **Sanad Cusub oo Farxad Leh Dhamaan Xarumaha Wey Xiranyihiin**
5 Moos Shukulaato Jabjab Baar	6 Malab Waffle leh/Dooro Sasej Sandwij	7 Turki, Sasej, Farmaajo & Ukun Quraac Rooti Fidsan	8 Rooti French Toast	9 Buskudka Ultimate Breakfast Round
12 Boorash Tufaax Qarfe Baar	13 Biisa Quraac	14 Ukun & Farmaajo Quraac Isku Qasan	15 Waffles ka Eggo Froot Loop	16 Fanila Yogurt Blueberry Romaan Granola Baar
19 **Maalinta MLK Dhamaan Xarumaha Wey Xiranyihiin**	20 Bagel Quraac leh/Farmaajo & Ukun	21 Baar ka Buuxo Qarfe Qajajac	22 Waffles ka Buttery Maple Snack'n	23 Buskudka Ultimate Breakfast Round
26 Tufaax Benefit Baar	27 Turki Sasej Ukun & Farmaajo Quraac	28 Biisa Quraac	29 Canjeero Blueberry Yaryar	30 Blueberry Granola & Fanilla Yogurt Koob

Wayaabaha la Bixiyo Maalin Kasto:

Doorashada Caanaha: Dufun la'aan, 1%, Shukulaato Dufun la'aan,

Furuut, Siiriyaal Qamadi Kala Duwan, Waxyaabo Cusub. (Macluumaadka xasaasiyada waa la heli karaa hadii la codsado)