

January 2026 Elementary Menus

St. Charles Parish Public Schools



Every complete meal we serve comes with your choice of low fat or nonfat milk!

This institution is an equal opportunity provider. Menus are subject to change.

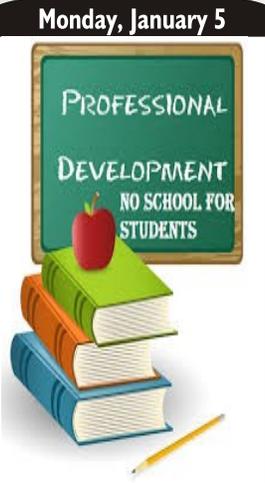
AVAILABLE DAILY

With all meals

Low Fat White Milk
Fat Free Flavored Milk

Cold Lunch Choice

Monday: Sunbutter Sandwich
Tuesday: Charley Box
Weds.: Deli Sandwich
Thursday: Entrée Salad
Friday: Sunbutter Sandwich



Monday, January 5
<p>Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Jambalaya Broccoli Florets Steamed Carrots WW Roll Pineapple Tidbits</p>

Tuesday, January 6
<p>Breakfast French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Chili, Fritos Garden Salad Steamed Corn Banana Cake or Crisp</p>

Wednesday, January 7
<p>Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Fish Nuggets Macaroni & Cheese Green Beans Cucumber & Tomato Salad Pears</p>

Thursday, January 8
<p>Breakfast Egg Bites Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Hamburger/Cheeseburger Crinkle Cut Fries Lettuce/Tomato/Pickle Baked Beans Orange Wedges</p>

Friday, January 9
<p>Breakfast Breakfast Pizza Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Chicken Tenders Waffles Broccoli Steamed Carrots Sliced Peaches</p>

Monday, January 12
<p>Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Orange Chicken Fried Rice Asian Chopped Salad Edamame Beans Mandarin Oranges</p>

Tuesday, January 13
<p>Breakfast Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Spaghetti & Meatsauce Italian Salad Peas Garlic Bread Banana</p>

Wednesday, January 14
<p>Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Turkey & Sausage Gumbo Steamed Rice Potato Salad Cucumber/Tomato Salad Pineapple Tidbits</p>

Thursday, January 15
<p>Breakfast Scone Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Mini Corn Dogs Tater Tots Carrots w/Ranch Orange Wedges Jello w/Topping</p>

Friday, January 16
<p>Breakfast Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice</p>
<p>Lunch Turkey & Sausage Gumbo Steamed Rice Potato Salad Cucumber/Tomato Salad Pineapple Tidbits</p>

Martin Luther King Jr.

Martin Luther King Jr. was born on January 15, 1929, in Atlanta, Georgia.

He was a civil rights activist in the 1950s and 1960s. He believed that all people were created equal regardless of the color of their skin.

He was a pastor and won the Nobel Peace Prize in 1964.

He delivered the "I Have A Dream" speech on the steps of the Lincoln Memorial in 1963.



Monday, January 19



Martin Luther King Jr. Day
No School

Tuesday, January 20

Breakfast
Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Sweet & Sour Meatballs
Loaded Mashed Potatoes
Steamed Corn
Dinner Roll
Apple Wedges

Wednesday, January 21

Breakfast
French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Potato Soup
Bosco Stick
Garden Salad
Banana
Brownie

Thursday, January 22

Breakfast
Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Turkey Stew
Steamed Rice
Carrot Soufflé
Steamed Cabbage
Strawberry Cup

Friday, January 23

Breakfast
Waffle
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Chicken Filet Sandwich
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Fresh Orange Wedges

Monday, January 26

Breakfast
Grits w/Sausage
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Red Beans w/Steamed Rice
Steamed Carrots
Seasoned Mustard Greens
Cornbread
Peaches

Tuesday, January 27

Breakfast
Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Nachos
Steamed Corn
Refried Beans
Taco Salad Cup
Apple Wedges

Wednesday, January 28

Breakfast
Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Salisbury Steak
Mashed Potatoes & Gravy
Broccoli Florets
Dinner Roll
Banana

Thursday, January 29

Breakfast
Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

LUNAR NEW YEAR
Sweet & Sour Chicken
Fried Rice
Edamame Beans
Asian Chopped Salad
Mandarin Oranges

Friday, January 30

Breakfast
Donut
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch
Fresh Hot Pizza
Marinara Sauce
Garden Salad
Orange Wedges
Cookie



Weekly
celebrations

New Year's Resolutions Week | Jan. 1-7
National Pizza Week | Jan. 11-17
Universal Letter Writing Week | Jan. 11-17

Monthly
celebrations

International Creativity Month
National Oatmeal Month
National Thank You Month
National Soup Month
Apple and Apricot Month
Self-Love Month