

Breakfast



**PINE PLAINS CENTRAL SCHOOL DISTRICT**  
All Schools ( Prek-12)



Monday	Tuesday	Wednesday	Thursday	Friday
Donut Oatmeal Cereal/Muffin/Bagel Diced Pears Orange Juice NY HVF Milk	Cheese Omelet w /Hash Brown Cereal/Muffin/Bagel Orange Wedges Orange Juice NY HVF Milk	French Toast Sticks & Sausage Cereal/ Bagel House Bomber Muffin (Apple Crumb) Applesauce Orange Juice NY HVF Milk	Upstate Yogurt NY Berry Pancake Parfait Granola Cereal/Muffin/Bagel Peaches Orange Juice NY HVF Milk	Breakfast Pizza Breakfast Eggroll Cereal/Muffin/Bagel Fruit Cocktail Orange Juice NY HVF Milk
Early Risers Egg & Cheese Stuffed Hash Brown Cereal/Muffin/Bagel Applesauce Orange Juice NY HVF Milk	Donut Oatmeal Cereal/Muffin/Bagel Diced Pears Orange Juice NY HVF Milk	Confetti Pancake Bites Sausage Links Cereal/ Bagel House Bomber Muffin (NY Blueberry Corn) NY Apple Slices Orange Juice NY HVF Milk	Upstate Yogurt Strawberry Cheesecake French Toast Parfait Granola Cereal/Muffin/Bagel Peaches NY Berry Smoothie Orange Juice NY HVF Milk	Breakfast Pizza Breakfast Eggroll Cereal/Muffin/Bagel Fruit Cocktail Orange Juice NY HVF Milk
French Toast Sticks Cereal/Muffin/Bagel Diced Pears Orange Juice NY HVF Milk	Breakfast Burrito Cereal/Muffin/Bagel Orange Wedges Orange Juice NY HVF Milk	Waffles & Sausage Links Cereal/Bagel House Bomber Muffin (Strawberry Cheesecake) NY Apple Slices Orange Juice NY HVF Milk	Upstate Yogurt Pumpkin Pie Parfait Granola Cereal/Muffin/Bagel Peaches Peanut butter Smoothie Orange Juice NY HVF Milk	Breakfast Pizza Breakfast Eggroll Cereal/Muffin/Bagel Fruit Cocktail Orange Juice NY HVF Milk
Sausage & Egg Empanada Cereal/Muffin/Bagel Diced NY Pears Orange Juice NY HVF Milk	Egg Toast w/ Cheese Cereal/Muffin/Bagel Orange Wedges Orange Juice NY HVF Milk	French Toast Sticks & Sausage Cereal/ Bagel House Bomber Muffin (Carrot Cake) Applesauce Orange Juice NY HVF Milk	Upstate Yogurt Banana Pudding Parfait Granola Cereal/Muffin/Bagel Peaches Peanut butter Smoothie Orange Juice NY HVF Milk	Breakfast Pizza Breakfast Eggroll Cereal/Muffin/Bagel Fruit Cocktail Orange Juice NY HVF Milk
Donut Oatmeal Cereal/Muffin/Bagel Diced Pears Orange Juice NY HVF Milk	Cheese Omelet w /Hash Brown Cereal/Muffin/Bagel Orange Wedges Orange Juice NY HVF Milk	Chicken & Waffles House Bomber Muffin (Peach Cobbler) Cereal/Muffin/Bagel Orange Wedges Orange Juice NY HVF Milk	Upstate Yogurt Apple Pie Parfait Granola Cereal/Muffin/Bagel Peaches Peanut butter Smoothie Orange Juice NY HVF Milk	Breakfast Pizza Breakfast Eggroll Cereal/Muffin/Bagel Fruit Cocktail Orange Juice NY HVF Milk

	<p><b>SANDWICH BAR!!!</b> Check out our Sandwich of the Day</p> <p align="center"><u>Or</u></p> <p>Have your sandwich custom ordered!!</p> <p><b>NY SALAD BAR!!!</b> Featuring a variety of locally grown items!!</p>	<p align="center"><u>Meal Prices</u></p> <p>1st Breakfast: Free 1st Lunch: Free Hudson Valley Fresh Milk: \$0.60 (Free with 1st meal)</p>	<p align="center"><b>Breakfast:</b> Protein 1 oz Whole Grain 1-2 oz Fruit 1/2-3/4 cup Milk 8 oz 450-600 Calories</p>	<p align="center"><b>Local &amp; Buy American This Month</b></p> <p>Greg Farms Highland Farms IGOP Chefs Garden Hudson Valley Fresh Red Barn Slate Foods Happy Valley Meat</p>	<p align="center"><b>QUESTIONS COMMENTS???</b></p> <p>Please call /email Michael Dandola, FSD 518.398.7181 ext. 1351 m.dandola@ppcsd.org</p> <p align="center"><b>WE ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER!</b></p> <p align="center">Employment Opportunities Available!!</p>
--	---	---	--	--	---

**MySchoolBucks.com**  
Makes meal payment convenient and simple! Scan the code below to go to the website: You can manage your student's account and make payments online.