

**January Lunch**



**PINE PLAINS CENTRAL SCHOOL DISTRICT**  
**Stissing MS/HS Grades (6-12)**



Monday	Tuesday	Wednesday	Thursday	Friday
5 Bosco Sticks Tomato Sauce Caesar Salad (B) NY Salad Bar NY Grain Bar Orange Wedges HVF Milk	6 Chicken Nuggets Smiley Fries Corn w/ NY Maple Butter Garden Salad (B) NY Apple Slices w/ Sun Butter (B) HVF Milk	7 NY Meatball Parm Sub Tomato Sauce Pepperoni Pizza Panini NY Maple Balsamic Broccoli w Roasted Peppers, Golden Raisins, and Parmesan. (B) NY Salad Bar NY Grain Bar NY Cherries w Lemon Zest (B) HVF Milk	8 NY BYO Beef Burrito NY Beef Crunch Wrap NY Cilantro Lime Rice NY Black Beans Plantains w/Garlic Mojo Salsa NY Tortilla Chips NY Apple HVF Milk	9 NY Neapolitan style Pizza Plain Pepperoni Sausage Chicken Alfredo NY Veggie Chefs Special Winter Waldorf Chicken Salad Wrap (B) NY Salad Bar NY Grain Bar NY Pear HVF Milk
12 NY Cheese Burger w/ Cooper Cheese Truffle Burger Smiley Fries NY Salad Bar NY Grain Bar Strawberry Peaches & Cream HVF Milk	13 NY Beijing Style Beef Stir-fry w/ Sesame Rice PB& J Pack NY Salad Bar NY Grain Bar NY Apple HVF Milk	14 NY BBQ Chicken Walking Tacos Tavern Ham, Brie, Pear Panini w/ Fig & Quince Jam NY Rojo Chiquito Baked Beans Pineapple Salsa NY Salad Bar NY Grain Bar Orange Wedges w/ Chamoy HVF Milk	15 NY Chicken Parm Sandwich Shrimp Po'boy w/ Rodeo Sauce NY Salad Bar NY Grain Bar NY Grapes & Pepitas (B) HVF Milk	16 NY Neapolitan style Pizza Plain Pepperoni Sausage Chicken Alfredo NY Veggie Chefs Special NY Maple Turkey & Apple Butter Panini Roasted (B) NY Salad Bar NY Grain Bar NY Pear HVF Milk
19 <u>No School</u>	20 Mini Corn Dogs Funnel Cake NY Corn w/ NY Maple Butter Fresh Orange NY Salad Bar NY Grain Bar HFV Milk	21 NY Herb Roasted Chicken NY Deli Style Sloppy Joe Yellow Rice Pilaf Crispy Brussel Sprouts w/ Garlic & Herb Breadcrumbs Garlic Toast Roman Style Salad, Romaine, Baby Kale, NY Grapes, Fig, Golden Raisins, NY Apple & Sweet Potato (B) NY Salad Bar NY Grain Bar NY Apple	22 NY Southern Style Baked Mac & Cheese (B) NY Turkey Ruben on House Made Everything Rye Bread NY Baked Beans NY Salad Bar NY Grain Bar NY Pear HVF Milk	23 NY Neapolitan style Pizza Plain Pepperoni Sausage Chicken Alfredo NY Veggie Chefs Special NY Roast beef French Dip Sandwich w/ Rosemary Garlic Aioli NY Salad Bar NY Grain Bar NY Cherries w Lemon Zest (B) HVF Milk
26 Bosco Sticks Tomato Sauce Caesar Salad (B) NY Salad Bar NY Grain Bar NY Apple Slices w Sun Butter (B) HVF Milk	27 Breakfast (Cheese Omelet, Sausage, French Toast or Hash brown) NY Maple Syrup Roasted Red Pepper & Cucumber Salad Cinnamon Sugar Bananas (B) NY Salad Bar NY Grain Bar HVF Milk	28 NY Crispy Sesame Chicken NY Veggie Lo-mein Sweet Chile & Sesame Marinated Cucumbers NY Grain Bar NY Salad Bar Pineapple & Mango w/Lime & Toasted Coconut HVF Milk	29 NY Chicken & Dumpling Soup Truffle Grilled Cheese on Homemade Sourdough NY Honey Rosemary Roasted Root Vegetables NY Cheddar Biscuit NY Grain Bar NY Salad Bar Orange Wedges w/ Dark Chocolate (B) HVF Milk	30 NY Neapolitan style Pizza Plain Pepperoni Sausage Chicken Alfredo NY Veggie Chefs Special NY Roast Beef Panini w/ Smoked Mozzarella & Caramelized Onion Jam NY Salad Bar NY Grain Bar NY Cherries w Lemon Zest (B) HVF Milk



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**SANDWICH BAR!!!**

Check out our Sandwich of the Day

**Or**

Have your sandwich custom ordered!!

**NY SALAD BAR!!!**

Featuring a variety of locally grown items!!

Meal Prices

1st Breakfast: Free

1st Lunch: Free

Hudson Valley Fresh Milk: \$0.60 (Free with 1st meal)

**"If you have a food allergy or intolerance, please notify us."**

Lunch:

Protein 2 oz

Whole Grain 2 oz

Vegetable 3/4- 1 cup

Fruit 3/4-1 cup

Milk 8 oz

650-850 Calories

Local & Buy American This Month

Greg Farms  
Highland Farms  
IGOP-(Brad) Micro green powder  
Chefs Garden  
Hudson Valley Fresh Red Barn  
Slate Foods

QUESTIONS

COMMENTS???

Please call /email

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