

WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

Turlock Unified School District (TUSD) areas of success in meeting its wellness goals include the following:

- Smart Snack Standards for all foods sold in the cafeteria. School fundraisers adhere to the Smart Snack Standards list and/or purchased through TUSD Child Nutrition program.
- Physical Education curriculum is based on national standards and California Education Code. TUSD Athletic Directors and physical education teachers collaborate to enhance and implement nutrition education in academic curriculum at all grade levels, K-12.
- Elementary administrators design school schedules to offer recess block to promote exercise and mental wellness for students. Students also have the opportunity to have more time to focus on nutrition at lunchtime.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

Turlock Unified School District is partnering with local farmers and nutrition health educators to promote nutrition education imbedded into the nutrition curriculum, based on national standards and California Education Codes. Local Farmers and nutrition health educators promote Harvest of the Month, farm to school tours, and school gardens to encourage and support a healthy learning environment for students, teachers, and administrators.



SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

[Type your response here]



SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Turlock Unified School District is continually seeking opportunities for growth. TUSD is interested in providing a greater understanding for Smart Snacks Standards, school fundraisers, and mental health.