

Wellness Meeting

May 2024 3:45 PM

Elementary School Library

Wellness Committee in attendance: Diane Michael, Stephanie Thompson, Elena Cullom, Pam Hollon

1. Cafeteria update

- Three options for students each day (main meal, hot alternative, or PBJ)
- Free Lunch and Breakfast for all students
- Students need to take advantage of the free meals to keep the numbers up.

2. Wellness Policy – Update – Diane

- Food Service Survey – some staff filled out the survey
- Principals need to monitor the kinds of snacks staff are given for rewards.
- Policy was reviewed with not additions or corrections needed.

3. Wellness emails to staff – Diane

- Continuing to email Wellness information, from our health insurance to staff

4. Other –

- Healthy Habits on daily announcements for high school students, need to give a list to the Middle/High School principals to announce to students
- No gym or health class past 9th grade, still a concern.

How to get community members on this committee- Open to suggestions....

Reported by Diane Michael

Next Meeting May 2025 4:00 at Elementary Library.