

Wellness Meeting

May 2023 3:45 PM

Elementary School Library

Wellness Committee in attendance: Diane Michael, Jessica Walker, Katie Greer, Michele Williams, Elena Cullom

1. Fuel Up to Play 60 – Update: Jessica Walker
 - Keep working on getting students signed up through PE classes next school year.
 - We need to make sure all staff understand that we could receive funding for recess equipment:
 - i. \$4,000 per building can be received through grants
 - ii. Students have opportunities to become ambassadors and win trips
2. Wellness Policy – Update – Diane
 - Food Service Survey – every two years.
3. Wellness emails to staff – Diane
 - Continuing to email Wellness information, from our health insurance to staff
4. Healthy Snacks- Parties - Update: Jessica Walker
 - Elementary School done a good job with not having snacks brought in from parents
 - Elementary had monthly birthday cupcakes provided by the cafeteria
 - Elementary Christmas and Valentine day celebrations – food was provided by the cafeteria
 - MS/HS need to work on using the cafeteria to provide healthy snacks for rewards
5. Other –
 - Healthy Habits on daily announcements for high school students
 - No gym or health class past 9th grade, a concern to how to keep students concerned about their health.

How to get community members on this committee- Open to suggestions....

Reported by Diane Michael

Next Meeting May 2024 4:00 at Elementary Library.

CommitteeCommittee