

Wellness Meeting

May 2022 3:45 PM

Elementary School Library

Wellness Committee in attendance: Diane Michael, Jessica Walker, Katie Greer, , Michele Williams, Elena Cullom

1. Fuel Up to Play 60 – Update: Jessica Walker
 - We need to work on getting students signed up through tech classes next school year.
 - We need to make sure all staff understand that we could receive funding for recess equipment:
 - i. \$4,000 per building can be received through grants
 - ii. Students have opportunities to become ambassadors and win trips
 - iii. Send pictures of activities to Tech Dept. to put on webpage
2. Wellness Policy – Update – Diane
 - Food Service Survey – to be sent out to staff before the end of the school year (Survey Monkey) and results given to Jessica for her report.
3. Wellness emails to staff – Diane
 - Continuing to email Wellness information, from our health insurance, to staff
 - Work on wellness tips on our website
4. Healthy Snacks- Parties - Update: Jessica Walker
 - Elementary School did a great job with not having snacks brought in from parents
 - Elementary had monthly birthday cupcakes provided by the cafeteria
 - Elementary Christmas and Valentine day celebrations – food was provided by the cafeteria
 - MS/HS need to work on using the cafeteria to provide healthy snacks for rewards
5. Other –
 - Communication – Building announcements need to be where all staff could read them
 - Working on Dress up days need to be District Wide (Spirit week, Right to Read Week, Homecoming)
 - Any activity other than sports needs to be shared with all District staff, so staff know what is going on in the district.

How to get community members on this committee- Open to suggestions....

Reported by Diane Michael

Next Meeting May 2023 4:00 at Elementary Library.