

Meal Prices

Paid Lunch
\$4.75 to \$6.50

Reduced Lunch: Free

Adult Lunch: \$7.35

CONESTOGA
C
Big C Cafe
MENU

Account Management

Sign-up at

www.SchoolCafe.com

Don't forget to register for low balance alerts. Sign-up and notifications are free.

DAILY FOOD STATIONS



Cheeseburger, Chicken Patty, Spicy Chicken, Chicken Breast, Vegetarian Burgers, Baked French Fries

Cheese Pizza plus one Daily Specialty Pie



Build your Own Salad from one of our salad bars, prepped and prepared fresh every day!

Pre-made Deli Sandwiches



Ham, Turkey, Roast Beef, Tuna & Chicken Salad, Spicy Ham, Salami, 2 Cheeses, Asst. Bread and Rolls

A choice of 8oz 1% White Milk, Non-fat White Milk or Non-fat Chocolate Milk included with all Meals

Fresh Fruit and 4oz 100% Apple, Orange and Grape Juice Available Daily

DAILY FEATURE MENU

VEGETABLES

FRUITS

Delish Available Daily: Baby Carrots w/dip, Apple Slices, Fresh Orange & Apples

M	Toasted Cheese Sandwich	Tomato Soup	Chilled Peaches
T	General Tso's Chicken, Fried Rice	Steamed Broccoli	Mixed Fruit Cup
W	Meatball Sub on an Italian Roll	Steamed Corn	Chilled Diced Pears
Th	Roasted Chicken, Dinner Roll	Baked Beans	Fruit Cocktail
F	Bosco Mozzarella Dippers with Marinara Sauce	Steamed Carrots	Applesauce

M	Breaded Chicken w/Dinner Roll	Steamed Peas	Chilled Peaches
T	Burrito Bowl (Chicken, Rice, Black Beans, & Veges)	Oven Roasted Broccoli	Fruit Cocktail
W	1/4lb Beef Hot Dog on a Steak Roll	Baked Beans	Chilled Diced Pears
Th	Beef Chili with Cheese, Tortilla Chips	Steamed Corn	Fresh Red Grapes
F	Bosco Mozzarella Dippers with Marinara Sauce	Tossed Salad	Applesauce

M	Popcorn Chicken with Dinner Roll	Mashed Potatoes	Fresh Red Grapes
T	Chicken & Broccoli Alfredo over Penne Pasta	Tossed Salad	Fruit Cocktail
W	Toasted Cheese Sandwich	Tomato Soup	Mixed Fruit Cup
Th	Chicken Tenders w/Dipping Sauce	Baked Beans	Chilled Peaches
F	Bosco Mozzarella Dippers with Marinara Sauce	Oven Roasted Broccoli	Applesauce

M	Breaded Chicken Drumstick w/Dinner Roll	Mashed Potatoes	Fruit Cocktail
T	Penne Pasta with Chicken in a Blush Sauce	Tossed Salad	Chilled Diced Pears
W	Cheesesteak w/ Fr Onions Peppers	Oven Roasted Broccoli	Chilled Peaches
Th	Beef Chili with Tortilla Chips	Steamed Corn	Mixed Fruit Cup
F	Bosco Mozzarella Dippers with Marinara Sauce	Steamed Green Beans	Applesauce

January	February	March	April	May	June
5	9	9	6	4	8
12	16	16	13	11	
19	23	23	20	18	
26		30	27	25	



Color Coded Weekly Calendar

■ No Lunch