



## Verona Area School District Community Education Program and Verona Aquatic Center/Natatorium

Events and Classes  
for our Community

### Offerings

- Enrichment Classes
- Wellness Opportunities
- Aquatics

Visit Us

[www.verona.k12.wi.us](http://www.verona.k12.wi.us)

2026  
Winter/  
Spring



## A Message from the Verona Area School District

The Verona Area School District's Equity Framework sets goals to ensure that every individual has access to educational, social, and emotional support to feel valued and affirmed in their unique identities and experiences. Through the Strategic Framework, the priority areas of Value & Belonging, Community Collaboration, and Wellness & Mental Health are supported and encouraged through community educational programs.

Our Community Education Program reflects our commitment to lifelong learning and the pursuit of knowledge in all its forms. We believe that learning is a lifelong journey, and this program has been designed to meet individual needs and interests. We are thrilled to offer an array of engaging and exciting classes that encompass a wide range of subjects.

### Verona Area School District Buildings

#### Administration Office

700 N. Main St., Verona.....845-4300

#### Aquatic Center

234 Wildcat Way, Verona.....653-1065

#### Badger Ridge Middle School

300 Richard St., Verona.....845-4400

#### Core Knowledge Charter School

300 Richard St., Verona.....845-4600

#### Country View Elementary

710 Lone Pine Way, Verona.....845-4800

#### Glacier Edge Elementary

800 Kimball Ln., Verona.....497-2100

#### Natatorium

400B N. Main St., Verona.....845-4634

#### New Century Charter School

400 N. Main St., Verona.....845-4500

#### Savanna Oaks Middle School

5890 Lacy Rd., Fitchburg.....845-4000

#### Stoner Prairie Elementary

5830 DeVoro Rd., Fitchburg.....845-4200

#### Sugar Creek Elementary

740 N. Main St., Verona.....845-4100

#### Verona Area High School

234 Wildcat Way, Verona.....653-1000

#### Verona Area First Five Years

710 Lone Pine Way, Verona.....845-4813

#### Verona Area International School

400 N. Main St., Verona.....845-4500



# Community Resources/Class Information

## Community Resources

### **Badger Prairie Needs Network**

Location: 1200 E. Verona Ave., Verona, WI 53593 • 608-848-2499

Hours: Tue: 10 AM-12 PM, Wed: 6 PM-8 PM, Thur: 10 AM-6:30 PM., Fri: 10 AM-12 PM, Sat: 10 AM-12:30 PM

<https://www.bpnn.org/>

### **Verona Public Library**

Location: 500 Silent Street, Verona, WI 53593 • 608-845-7180

Hours: Monday-Thursday: 9 AM-9 PM, Friday: 9 AM-6 PM, Sat: 9 AM-4 PM, Sun: 1 PM-5 PM

<https://www.veronapubliclibrary.org/>

### **Fitchburg Public Library**

Location: 5530 Lacy Rd., Fitchburg, WI 53711 • 608-729-1760

Hours: Monday-Thursday: 9 AM-8 PM, Friday-Saturday: 10 AM-6 PM, Sun: 1 PM-5 PM (September-May)

<https://www.fitchburgwi.gov/2775/Library/Library>

### **Verona Recreation Department**

Location: 130 N. Franklin St., Verona, WI 53593 • 608-497-2913

Hours: M-F: 8 AM-4:30 PM

<https://www.veronawi.gov/265/Recreation>

### **Fitchburg Recreation**

Location: 5520 Lacy Rd. Fitchburg, WI • 608-270-4285

Hours: M-Th: 8 AM-4 PM F: 8 AM-2 PM

<https://www.fitchburgwi.gov/599/Recreation>

### **Verona Senior Center**

Location: 108 Paoli St., Verona, WI 53593 • 608-845-7471

Hours: M-F: 8:30 AM-4 PM

<https://www.veronawi.gov/290/Senior-Center>

### **Fitchburg Senior Center**

Location: 5510 Lacy Rd., Fitchburg, WI 53711 • 608-270-4290

Hours: M-TH: 8 AM-4 PM, F: 8 AM-2 PM

<https://www.fitchburgwi.gov/621/Senior-Center>

## Community Education Class Information



Register online for VASD Community Education classes: [vasdcommmed.recdesk.com/community](https://vasdcommmed.recdesk.com/community)

Financial assistance is available. Please email [peachs@verona.k12.wi.us](mailto:peachs@verona.k12.wi.us) for more information.

Be sure to register **at least one week prior** to the start of the class. If minimum enrollment is not reached by one week prior to the start of the class, the class may be canceled.

**REFUND POLICY:** If a class is canceled by the office, registration fees will automatically be refunded in full. A full refund will also be made if a student withdraws before the class begins. No refunds are given after a class begins.

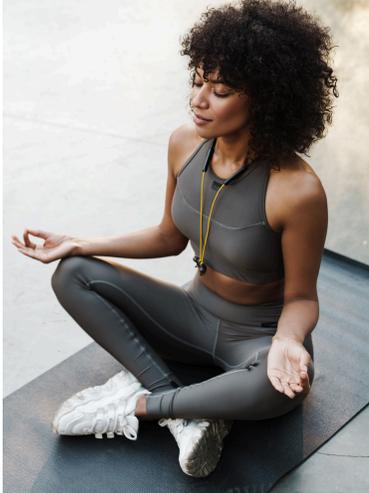
**SENIOR CITIZEN DISCOUNT:** Community members 62 years and older may attend some classes at 50% off the regular fee (unless otherwise noted on RecDesk).

**We Reserve the Right to Make Class Modifications:** The programs in this booklet were scheduled several months in advance. Consequently, details may need to change due to facility usage or conflicts. VASD Community Education reserves the right to adjust schedules as necessary. For the most up-to-date programming information, please visit RecDesk.

**Please note:** When school is closed due to inclement weather, all community education classes will be canceled for that day.



# Adult Fitness Classes



## **Slow Flow Yoga**

Led by a science educator, this course incorporates knowledge of the human body into each session. Classes are modified for student needs and reinforce consistency and routine for a strong mind-body connection. Please bring your own mat. All levels are welcome.

- Course: #533
- Date/Time: January 20-February 10 (Tuesdays, 4:15-5 PM)
- Age: 18+
- Location: Verona Area High School, Tech Ed. Hallway (Enter school at the Main Entrance)
- Instructor: Hope Mikkelson
- Min/Max Enrollment: 6/15
- Fee: VASD Staff: \$8, Community: \$16

## **Bootcamp Winter/Spring '26**

This bootcamp combines the best of cardiovascular and strength training. Expect to challenge your mind and body as you alternate between high and low-intensity exercises through timed intervals of free weights, plyometrics, cardio training, & balance work. Each workout is different! You'll never get bored of the same workout. The workout can be any of the following formats: Tabata, HIIT, Pilates Fusion, strength with weights, bands or bodyweight. All levels are welcome, modifications are available.

- Course: #541: January 6-March 19 (Tuesday/Thursday, 5:15-5:50 AM)
- Course: #542: April 2-June 4 (Tuesday/Thursday, 5:15-5:50 AM)
- Age: 18+
- Location: Glacier Edge Gymnasium. Enter through Door #6
- Instructor: Angie Rahn
- Min/Max Enrollment: 6/20
- Fee Per Course: Course #541: VASD Staff: \$44, Community \$88  
Course #542: VASD Staff: \$38, Community \$76



## **Zumba® Fitness**

Zumba® Fitness is for everybody, and every body! Each Zumba® class is designed to bring people together to sweat and smile and take the "work" out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check. It is a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of joy each time you leave class.

- Course #528: January 6-February 3 (Tuesdays, 4:15-5 PM)
- Course #529: February 10-March 17 (Tuesdays, 4:15-5 PM) (No class March 10)
- Course #530: March 31-April 28 (Tuesdays, 4:15-5 PM)
- Course #531: May 12-June 2 (Tuesdays, 4:15-5 PM)
- Location: Sugar Creek Elementary School, Small Gym
- Age: 18+
- Instructor: Amelia McConnell
- Min/Max Enrollment: 6/15
- Fee Per Course #528-530: VASD Staff: \$10, Community: \$20
- Fee Per Course #531: VASD Staff: \$8, Community: \$16



# Enrichment Classes



## Spring Renewal Yoga Pop Up

Shed winter's heaviness, inviting new energy, growth, and intention setting with a revitalizing Yoga Flow. Energetic twists, backbends, grounding standing poses, and mindful breathwork will leave you feeling grounded and energized. May you feel lighter and refreshed after this practice! All levels welcome, and please bring your own mat.

- Course: #534
- Date/Time: Wednesday, April 8, 4:15-5 PM
- Age: 18+
- Location: Verona Area High School, Tech Ed. Hallway (Enter school at the Main Entrance)
- Instructor: Esther Chiu
- Min/Max Enrollment: 6/15
- Fee: \$4

**THURSDAY**

**February 19, 2026**  
**April 7, 2026**

**4:30-6:00 p.m.**  
Please meet at  
VAHS Main Entrance

**Aquatic Center**

**Performing Arts Center**

**Community Ed. Classes**

**Visit the  
Verona Area  
High School**

**On the tour, you will....**

- ✔ Get a tour of Verona Area High School
- ✔ Learn how you can get free access to the Aquatic Center
- ✔ Learn how you can get a free Golden card with entry into VAHS sporting events
- ✔ Get a glimpse at the music, art, technology & engineering, woods, automotive, culinary and more!
- ✔ Learn about the fall Community Education classes

- Registration is required.
- Please sign up on RecDesk (<https://vasdcomm.ed.recdesk.com/Community/Page?pageId=15329>)



# Enrichment Classes



## **Wooden Floral Arrangement**

Create a beautiful, long-lasting wooden floral arrangement perfect for gifting or displaying at home. In this hands-on class, participants will design a small bouquet using sola wood flowers, dried accents, and a simple container. No experience necessary—just come ready to relax, create, and leave with a unique handcrafted piece you'll be proud of!

- Course: #538
- Date/Time: Thursday, April 30, 4:30-6 PM
- Age: 18+
- Location: Verona Area High School (S1609), Enter school at main entrance
- Instructor: Angie Midthun-Hensen
- Min/Max Enrollment: 9/12
- Fee: \$40



## **Intro to Salsa, Cumbia, Merengue, and Bachata**

In this class, participants will learn to dance Salsa, Cumbia, Merengue, and Bachata. Learn about the culture, make fun memories, and move your body! All that is required is a positive attitude, a willingness to learn, and shoes you feel comfortable dancing in! All are welcome!

- Course Option 1: #545
  - Date/Time: Thursday, February 12, 5-6:30 PM
- Course Option 2: #546
  - Date/Time: Monday, March 9, 5-6:30 PM

Note: You are welcome to take this course more than once if you'd like extra practice!

- Age: 18+
- Location: Verona Area High School, Tech Ed. Hallway (Enter school at the Main Entrance)
- Instructor: Isabella Rivera
- Min/Max Enrollment: 10/20
- Fee Per Course: \$10



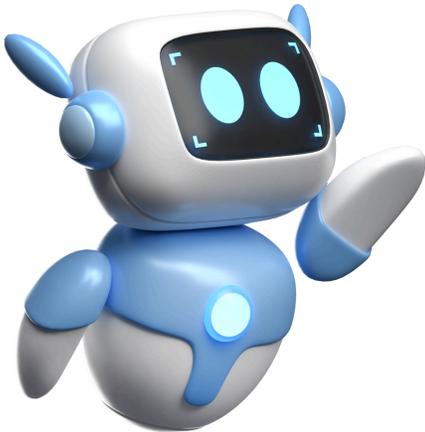
## **Acrylic Pour**

Acrylic pouring is a fun and easy art technique that involves mixing acrylic paint with a pouring medium to create colorful, fluid designs. In this class, you will learn how to mix paints, use different pouring methods, and then have an opportunity to explore your creativity and make your own unique art pieces on two Wisconsin wood cutouts in your favorite colors. This class is perfect for beginners, and no painting experience is needed. Adults and children may attend. Cutouts are approximately 7 inches tall. Two for \$10 or three for \$15.

- Course: #535
- Date/Time: Tuesday, February 24, 4:30-6 PM
- Age: 6+
- Location: Verona Area High School, East Atrium, enter school at main entrance
- Instructor: Rita A. Mortenson
- Min/Max Enrollment: 12/20
- Fee: 2 for \$10 or 3 for \$15



# Enrichment Classes



## **Intro to AI: What It Is and How It Works**

Curious about Artificial Intelligence (AI) but not sure where to start? In this 1.5-hour introductory class, we'll break down what AI is, how it's shaping the world around us, and how it impacts everyday life. You'll learn about the basic concepts behind AI and get hands-on experience with tools like ChatGPT and Notebook LM. No prior knowledge is required—just bring your curiosity and questions! This class will be held in a mac computer lab. You are welcome to bring your own device if interested.

- Course: #544
- Date: Monday, March 2, 5:00-6:30 PM
- Age: 18+
- Location: Verona Area High School Computer Lab, Room N1058. Enter school at main entrance
- Instructor: Rita Mortenson
- Min/Max Enrollment: 7/15
- Fee: \$10



## **Design Your Own Cutting Board**

Get ready to create something unique in this hands-on woodworking class! Personalize your own cutting board by sanding it to perfection, choosing from three different edge styles, and experimenting with laser engraving designs and oil the board. Whether you're new to woodworking or ready to try something creative, you'll leave with a one-of-a-kind cutting board and a sense of accomplishment! And, you will have an opportunity to use some of the cool woodworking equipment at the high school. Participants will be provided a 12-inch by 7-inch cutting board to work with.

- Course: #543
- Date: Tuesday, March 3, 4:30-6:30 PM
- Age: 18+
- Location: Verona Area High School, S1515. Enter school at main entrance
- Instructor: Logan Hackl
- Min/Max Enrollment: 10/16
- Fee: \$25



## **Wooden Herb Planter Workshop**

Grow a little garden magic! In this hands-on class, you'll build your own wooden herb planter and fill it with a trio of delicious, easy-to-grow herbs. Whether you're new to tools or love a good DIY project, you'll enjoy creating something beautiful and useful for your kitchen, patio, or windowsill. You'll leave with a finished planter, fresh herbs, and the know-how to keep them thriving all season long. Perfect for beginners and anyone who loves the idea of crafting and growing at the same time!

- Course: #540
- Date: Thursday, May 7, 4:30-6:30 PM
- Age: 18+
- Location: Verona Area High School, room S1609. Enter school at main entrance
- Instructor: Kevin Hoffman
- Min/Max Enrollment: 9/12
- Fee: \$40



# Enrichment Classes



## **Grow & Create: Succulent Mini Garden Workshop**

Discover the wonderful world of succulents! In this hands-on workshop, you'll learn what makes these hardy plants unique—how they store water, the type of soil they love, and simple tips for keeping them healthy and thriving. Then, put your new skills into action as you design your own succulent mini garden using a ceramic or terracotta pot. Choose from a variety of small succulents, stones, moss, and fun decorative elements to create a beautiful tabletop display. Perfect for kids and adults to enjoy together—no gardening experience needed! You'll head home with new knowledge, fresh confidence, and a charming succulent garden to care for.

- Course: #517
- Date/Time: Wednesday, April 8, 4:30-6:30 PM
- Age: 10+
- Location: Verona Area High School, S1508. Enter school at main entrance
- Instructor: Hannah Thompson
- Min/Max Enrollment: 8/20
- Fee: \$20



## **Springtime Sugar Cookie Decorating**

Welcome spring with a burst of color and creativity! In this fun, hands-on cookie-decorating class, participants will learn simple techniques to turn sugar cookies into cheerful spring designs—flowers, butterflies, raindrops, sunshine, and more. Making your own frosting and then using icing, piping bags, and sprinkles, you will decorate a set of bright, happy cookies perfect for the season. No baking required—just decorate, create, and enjoy! Open to ages 8 and up—great for kids, teens, and families to enjoy together. Everyone will leave with at least 6 decorated cookies to take and share!

- Course: #539
- Date/Time: Thursday, March 5, 5-6:30 PM
- Age: 8+
- Location: Verona Area High School Culinary Kitchen, room S1402
- Instructor: Rita Mortenson
- Min/Max Enrollment: 10/20
- Fee: \$18



**VASD RESIDENT**

## **SENIOR CITIZEN GOLD CARD**

### **FREE ACCESS TO:**

- VASD Aquatic Center and Natatorium Open and Lap Swim
- Entry to VASD sporting events, except WIAA playoff games

### **YOU CAN PICK UP YOUR FREE PASS AT THE FOLLOWING LOCATIONS:**

- Verona Aquatic Center
- Verona Area School District Central Office
- During Community Education Tours of VAHS



# Community Learning Sessions

The Community Information Series is new this year and offers free sessions designed to provide families, caregivers, and community members with practical information and tools to help support children and students. Topics will vary and may include learning, behavior, wellness, school programs, and other areas that strengthen home-school partnerships. This series is offered through the Department of Engagement & Extended Learning Pathways and directly aligns with the district's Strategic Framework priority area of Community Collaboration.

If you have questions about the sessions, please contact Dr. Angela Hawkins at [hawkinsa@verona.k12.wi.us](mailto:hawkinsa@verona.k12.wi.us)



## Keeping Kids Safe & Smart Online

Phones, social media, gaming, and now AI (like ChatGPT/Brisk) are a big part of students' lives. This session will help families understand what kids are actually doing online, the benefits and risks, and how to set healthy boundaries. We'll also explore how AI tools can support learning—and where adults should still be closely involved.

- Course: #547
- Date/Time: Wednesday, January 28, 6:30-7:30 PM
- Ages: 18+
- Location: Virtual (The session link will be sent one week prior to the event. Registration is required to receive the link)
- Fee: Free

## AI Basics for Parents & Community

Artificial Intelligence (AI) is already part of our everyday lives—from search engines and translation tools to homework support and creative applications. This interactive session is designed for parents, caregivers, and community members who want a practical, easy-to-understand introduction to AI. Participants will learn what AI is (and what it is not), explore real-world examples of how AI is used in education and daily life, and see live demonstrations of simple AI tools. The session will also focus on how families can support students in using AI responsibly, ethically, and as a tool for learning rather than a shortcut. No prior technology experience is required.



- Course: #552
- Date/Time: Wednesday, February 4, 6:30-7:30 PM
- Ages: 18+
- Location: Virtual (The session link will be sent one week prior to the event. Registration is required to receive the link)
- Fee: Free

## Supporting Your Child's Emotional Well-Being

Families are seeing more anxiety, sadness, anger, and shut-down behavior in children and teens. In this session, school mental health staff (counselor, social worker, psychologist) can share signs to watch for, what is "typical" and what might need more support, and how to respond when a child refuses school, melts down, or seems withdrawn.

Parents will leave with:

- Simple phrases to use when a child is overwhelmed
- An understanding of school-based supports (counselor, social worker, psychologist)
- Ideas for when to reach out for extra help and how to start that conversation

- Course: #548
- Date/Time: Wednesday, February 25, 6:30-7:30 PM
- Ages: 18+
- Location: Virtual (The session link will be sent one week prior to the event. Registration is required to receive the link)
- Fee: Free



# Community Learning Sessions

## Understanding School Meals & Nutrition

Families often have questions about what students are served for breakfast and lunch at school. This session will help parents and community members better understand how school meals are planned, how they align with USDA nutrition guidelines, and how districts balance nutrition, student choice, food allergies, and cost. Participants will learn what goes into menu planning, how cultural preferences and student feedback are considered, and how families can partner with schools to support healthy eating habits at home and at school.

- Course: #551
- Date/Time: Wednesday, March 4, 6:30-7:30 PM
- Ages: 18+
- Location: Virtual (The session link will be sent one week prior to the event. Registration is required to receive the link)
- Fee: Free



## Understanding IEPs, 504s & Reading Plans

School support systems can feel confusing and full of acronyms. This session will walk families through the basics of what an IEP is, what a 504 plan is, what academic/reading plans are, and how these supports work together in regular classrooms. We'll focus on how parents can be strong partners and what to expect in meetings.

Parents will leave with:

- Clear vocabulary (IEP, 504, intervention, accommodations, modifications)
- Tips for preparing for school meetings
- Sample questions to ask during and after meetings

- Course: #549
- Date/Time: Wednesday, March 18, 6:30-7:30 PM
- Ages: 18+
- Location: Virtual (The session link will be sent one week prior to the event. Registration is required to receive the link)
- Fee: Free



## Understanding the Middle School Brain

Middle schoolers experience huge changes in their brains, bodies, friendships, and emotions. This session explains what's "normal," why organization suddenly feels impossible, and how families can support independence while still providing structure.

Parents walk away with:

- Simple routines to reduce morning and homework battles
- Ideas for talking about friendships, drama, and identity
- A better understanding of mood swings and emotional ups/downs

- Course: #550
- Date/Time: Wednesday, April 8, 6:30-7:30 PM
- Ages: 18+
- Location: Virtual (The session link will be sent one week prior to the event. Registration is required to receive the link)
- Fee: Free





## VASD Aquatic Facilities

### Verona Area Natatorium and Aquatic Center Mission Statement

To provide the entire Verona Area School District community with a wide range of equitable, safe, educational, and fun aquatic activities and programs.

A Community Facility for Residents and Non-Residents, owned and operated by the Verona Area School District.

### General Information

**Verona Area Aquatic Center** includes three pools. The 8-lane competition pool has an attached 12-foot 6-inch deep diving well with seating for up to 800 spectators. The warm water pool is an 8-lane, 25-yard pool, with a ramp and stairs that go into 3ft of water. The deepest area in the pool is 5 ft. The warm water pool also has an adjoining Multi-Purpose room. The Aquatic Center provides the community with a wide range of aquatic activities and programs including swim instruction, open swim, adult lap swim, scuba, Adult water exercise, birthday parties, and more!

**Location:** 234 Wildcat Way, Verona , WI 53593 [Door S9, Parking Lot : D ] Attached to the Verona Area High School

**The Natatorium** is a 6-lane, 25-meter pool, located on the grounds of Badger Ridge Middle School and Core Knowledge Charter School. The Natatorium offers the community a wide range of aquatic activities and programs including swim teams, adult lap swim, master swim practices, and more!

**Location :** 400B North Main street, Verona, WI 53593 [Next to the Badger Ridge Middle School]

#### Resident/Non-Resident

A resident is someone who resides within the Verona Area School District boundaries. A Non-Resident is anyone who resides outside the Verona Area School District.

#### Program Cancellations

All classes must meet their minimum number of students. VASD Aquatic Facilities reserve the right to cancel, combine, or make schedule revisions as necessary.

#### Weather Cancellations (School Days)

When the Verona Area School District closes or delays due to weather, VASD Aquatics Facilities will be closed or delayed also.

#### Weather Cancellations (Non-School Days)

If the weekend weather is questionable, please check our website ([verona.k12.wi.us/pool](https://verona.k12.wi.us/pool)) as cancellation information will be provided. Cancellation information will be provided via email, website, and social media. Make sure to have or create an account on RecDesk to receive all of our communications.

#### Pool Rentals

Please visit <https://www.verona.k12.wi.us/pool> to find information about renting our facilities and make a reservation, or call Jeanene Ennis at 608-845-4329. Our rental rates are charged to cover lifeguard, custodial services, and facility use costs. More details are found on our website. The pool will not be rented for fundraising or profit-making ventures. Pool rules must be followed. Adult supervision is required for all groups of children. Please make reservations at least two weeks in advance.

#### Waiver of Liability

The Verona Area School District is not responsible for any injuries sustained as a result of participation in any department/organization-sponsored activities or while using district facilities. The Verona Area School District recommends that anyone enrolled in a program or using district facilities make provisions for adequate insurance coverage.



# Aquatic Schedules/Fees

**Pool  
Schedule**



**Aquatic  
Website**



**Program  
Registration**



**Swim Lesson  
Information**



## VASD Aquatic Facilities Swimming Fees & Membership Information

### Entry Fees

VASD Resident Youth: \$3.00	Non-Resident Youth: \$4.00
VASD Resident Adult: \$4.00	Non-Resident Adult: \$5.00
VASD Resident Senior Citizen (62 and over): FREE	Non-Resident Senior: \$2.00

### Punch Cards

10 pass <b>Open/Lap swim ONLY</b>	Resident Youth: \$27	Non-Resident Youth: \$36
	Resident Adult: \$36	Non-Resident Adult: \$45
20 pass <b>Water Excercise ONLY</b>	Resident Adult: \$90	Non-Resident Adult: \$108
	Resident Senior (62+): \$20	Non-Resident Senior (62+): \$40

### 6-Month Membership (Note: Begins on the date of purchase)

<b>VASD Resident</b> Individual \$55 Family \$95.00	<b>VASD Non-Resident</b> Individual \$110.00 Family \$135.00
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### School Year Membership - 9 months (Note: Begins on the date of purchase)

<b>VASD Resident</b> Individual \$85.00 Family \$145.00	<b>VASD Non-Resident</b> Individual \$165 Family \$205
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### Annual Membership (Note: Begins on the date of purchase)

<b>VASD Resident</b> Individual \$110.00 Family \$190.00	<b>VASD Non-Resident</b> Individual \$220 Family \$270
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Memberships can be purchased online at [veronanat.recdesk.com](http://veronanat.recdesk.com) or at both the Aquatic Center and the Natatorium. You must have an account to purchase a membership.

Please visit [www.verona.k12.wi.us/pool](http://www.verona.k12.wi.us/pool) for more information or updates.

Note: VASD Resident Senior Citizens may use the pool daily at no charge (62 years of age and older). A Senior Citizen Gold Card may be obtained at the District Office (700 N Main St, Verona, WI 53593) or the Verona Area Aquatic Center. Fees will be charged for classes and pool rentals.



## Community Swim Times

**No registration needed!** These community swim times are walk-in friendly. Just stop by the front desk to check in with your free member account (quick and easy!) or as a visitor.

**Become a member!** If you are interested in coming more often use this link to create your account today!  
<https://veronanat.recdesk.com/Community/Member/Login> - **Need help? Our friendly front desk staff can help too!**

### Family Swim (Warm Water Pool)

**Just \$5 for the whole household!**

Enjoy dedicated time to splash and swim together. Children under 8 must have someone 15 or older in the water within arm's reach at all times. A lap lane will be available unless the pool becomes crowded. Swim diapers (cloth or disposable) are required by State Law for all non-toilet-trained individuals.

**When: Sunday from 2:30 p.m.-3:30 p.m.**

**Where: Verona Aquatic Center - 234 Wildcat Way, Verona, WI**

### Open Swim (Warm Water Pool) & Adult Swim (18+ years ONLY)

Everyone is welcome to attend the open swim. Children, 8 years of age and older may attend Open Swim without an adult. Children under the age of 8 must have a responsible person (15 or older) in the water with them at all times.

Coast Guard-approved floatation devices are allowed during Open Swim. A lap lane will be provided during open swim unless the pool is crowded. See the Pool Schedule for open swim times.

**Adult Swim:** is reserved for individuals 18 years and older. Lap lanes may be available depending on pool capacity.

**Where: Verona Aquatic Center - 234 Wildcat Way, Verona, WI**

### Lap Swim (Competition Pool (At Aquatic Center) and Natatorium

Lap Swim is open to everyone. Circle swimming is encouraged during peak times.

**Where: Verona Aquatic Center - 234 Wildcat Way, Verona, WI OR Natatorium - 400B N Main St. Verona, WI**



[veronanat.recdesk.com](https://veronanat.recdesk.com)  
or QR Code



# Aquatic Programs



## Water Exercise Fees (ONLY 18+)

SENIOR RESIDENT (62 OR OLDER) : \$1	ADULT RESIDENT : \$5
SENIOR NON-RESIDENT (62 OR OLDER) : \$2	ADULT NON-RESIDENT \$6

### Aqua Moves

Get ready for a fun, cardio - fueled shallow water class. Elements of strength and balance will also be incorporated. Choose the intensity that's best for you! All in our warm 88° pool.

### Deep Water Bootcamp

Improve your cardiorespiratory and muscular endurance in just 45 minutes! Fun music and invigorating workouts to help you reach your personal fitness goals. This class takes place in our 12- foot diving well, but don't worry! We provide supportive swim belts so you can focus on crushing your fitness goals with confidence and fun.



#### • Did you know?

We have a 20-punch Water Exercise Membership!

#### **Resident**

- Adult (18+) = \$90
- Senior (62+) = \$20

#### **Non-Resident**

- Adult (18+) = \$108
- Senior (62+) = \$40

HOW DO I

CHECK THE

SCHEDULE?



We have a specific Google Calendar just for water exercise classes! Visit our Aquatic Center website or simply scan the Qr code



Everyone has an inner athlete! Join these classes and find yours. Fun music and invigorating workouts to help you reach your personal fitness goals.



## Swim Level Descriptions

- **Parent/Tot 1 (ages 6-18 months) & 2 (ages 18 months - 3 years)**
  - These classes focus on comfortability in the water and basic aquatic skills. Adults learn how to safely support their swimmer in the water, laying the foundations for independent swimming. 1:1 adult participation required.
- **Preschool (ages 3-6 years)**
  - Designed for independent participation. A variety of equipment and supports are utilized to assist in skills development and exploration of independence in the water.
- **Learn-to-Swim, Levels 1-6 (ages 6-13)**
  - Levels 1 & 2 focus on basic aquatic skills and development of swimmer independence, with an emphasis on increasing distance and duration of skills and exploration of deeper water.
  - Levels 3 & 4 expand on previously acquired skills and introduce all six (6) strokes. Headfirst entries are also introduced.
  - Levels 5 & 6 work on refinement of the six (6) strokes, as well as increasing distance and duration of skills. More complex skills such as flip turns and heart rate calculation are also introduced.
- **Teen/Adult (ages 13+)**
  - Instruction is individualized based on swimmers' goals and proficiency levels.
- **Private Lessons (ages ??+)**
  - 1-on-1 sessions that ensure personalized attention from an instructor.

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***\*Lessons are filled on a “first-come, first-served” basis. All classes have limited space available, so register early. Please note that registrations will not be accepted over the phone.***

### REFUND POLICY

VASD Aquatics has a No-Refund policy. However, full refunds will be given if the VASD Aquatics department cancels a class. A prorated refund may be given only if severe illness or injury prevents participation. In the case of an eligible situation for a refund, a household credit will be applied. Individuals will not be eligible for a refund if they 1) register their children or themselves for more than one session at a time; 2) place their student in an incorrect class; or 3) if they choose to cancel the registration or withdraw from a class.

### **\*\* You may register each participant for ONE swim session at a time \*\***

*Individuals who register a participant for more than one session at a time will not be eligible for a refund if they have placed their student in an incorrect class.*

### MISSED LESSONS

Occasionally, students may need to miss a lesson. There are no make-up classes available for missed lessons.

**Age Requirements:** Your child must be 6-18 months of age to participate in Parent-Tot 1, and 18 months to 3 years of age to participate in Parent-Tot 2. To participate in preschool 1, 2 & 3, your child must be 3 to 5 years of age, and 6 years and older to participate in Level 1 – 6.

# Winter/Spring Swim Lessons

## SWIMMING LESSONS REGISTRATION INFORMATION

### Online Registration

Visit our web page at [veronanat.recdesk.com](http://veronanat.recdesk.com) and log in to your account to register.

**Note:** If you have not signed up before, click on *Log-in* at the top-right of your screen to create an account. Follow the prompts to complete the registration process. You will receive a confirmation email after registration is complete.

**Please Note:** *Registrations must be paid in full at the time of registration. Registrations will not be accepted over the phone. Swim lessons are NOT refundable unless the VASD Aquatic department cancels a class or in case of severe illness or injury.*

### Important Note!

**Due to the unexpected water heater malfunction and temporary closure of the warm-water pool, the upcoming Winter Session have been canceled.**

**We're pleased to share that the Spring Session will proceed as scheduled.**

## Spring Swim Lessons

Lessons this Spring occur once a week for 7 weeks\*:

### Season Session:

**Sundays** (5 weeks)\*: April 12<sup>th</sup> - May 17<sup>th</sup>

**Mondays:** April 6<sup>th</sup> - May 18<sup>th</sup>

**Wednesdays:** April 8<sup>th</sup> - May 20<sup>th</sup>

Nataly Garcia - Admin. Assistant - *Se habla español!*

Tatiana Ortiz - Admin. Assistant - *Se habla español!*

Leah Wicander - Aquatics Assistant Director - *Se habla español!*

Deb Bossingham - Aquatics Director

### Spring Session Schedule

#### Available for viewing

- February 18th

#### Registration opens at noon

- Residents: March 4th
- Non-Residents: March 6th



## CONTACT US

[aquatics@verona.k12.wi.us](mailto:aquatics@verona.k12.wi.us)



**AQUATIC CENTER**

**608-653-1065**

**234 Wildcat Way, Verona WI 53593**

**NATATORIUM**

**608 845 4634**

**400B N Main St, Verona, WI 53593**



# Upcoming Events!



**DIVE - IN MOVIE NIGHT**

FEBRUARY | 6 | 6-8PM

COMPETITION POOL  
DIVE-IN MOVIE EVENT WILL TAKE PLACE IN OUR COMPETITION POOL FOR LOTS OF SPACE FOR EVERYONE!

BRING YOUR FLOATS!  
BRING YOUR FUN AND COZY FLOATS TO COMFORTABLY WATCH THE MOVIE!

REGISTRATION REQUIRED

SCAN ME! 

FOR MORE INFO PLEASE VISIT : [AQUATICS.VERONA.K12.WI.US](http://AQUATICS.VERONA.K12.WI.US)



**READY TO.. DIVE?**

WINTER DATES:  
2/4/26 - 3/18/26

SPRING DATES:  
4/8/26 - 5/13/26

- BEGINNER 6P-7P
- INTERMEDIATE 7:15P-8:15P



REGISTER AT [VERONANAT.RECDESK.COM](http://VERONANAT.RECDESK.COM)



[VERONANAT.RECDESK.COM](http://VERONANAT.RECDESK.COM)





INTRODUCTION TO..

**KAYAKING**

COMING SOON!



**LOGROLLING TOURNAMENT**

HOMETOWN SHOWDOWN  
APRIL 11TH

SAVE THE DATE!  
MORE DETAILS COMING SOON!



VASD AQUATICS





## Aquatic Training/Courses

### Red Cross Courses

The Verona Aquatic Center & Natatorium is a proud provider of Red Cross programs. Offerings are filled on a “first-come, first-served” basis. All classes have limited space available, so register early.

#### Lifeguard Certification

The lifeguarding course provides participants with the knowledge and skills *to prevent, recognize, and respond to aquatic emergencies*. Blended learning format. Must be at least age 15 by final day of course.

#### Lifeguard Recertification

The Lifeguarding Recertification course provides participants the opportunity to review and practice the necessary knowledge and skills to maintain their Lifeguarding certification.

#### Lifeguarding Instructor Course (LGI)

The Lifeguarding Instructor course trains instructor candidates *to teach the basic-level courses and modules in the American Red Cross Lifeguarding program*. Must be at least age 17 by final day of course and hold a valid American Red Cross lifeguarding certification, including deep water.

#### Lifeguarding Instructor (LGI) / Instructor Trainer (LGIT) Recertification

This course gives instructors and instructor trainers the opportunity to review and practice the course knowledge and skills in order to maintain their American Red Cross Lifeguarding Instructor and/or Instructor Trainer certification.

#### Lay Responder First Aid/CPR/AED and Narcan training

The Lay Responder First Aid/CPR/AED course provides participants with the knowledge and skills they need *to recognize and respond appropriately to cardiac, breathing, and first aid emergencies*. A non-certification skill boost for Naloxone training also provided.

#### CPR/AED for the Professional Rescuer Recertification (CPR PRO)

This course provides participants the opportunity to review and practice the course knowledge and skills in order to maintain their American Red Cross CPR/AED for the Professional Rescuer certification.

#### Water Safety Instructor (WSI)

The Water Safety Instructor course trains instructor candidates *to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress*.

**Scan the QR code for upcoming courses!**



# Aquatic Courses

*Plenty of upcoming courses starting in the Winter!*

## Diving Lessons

**Beginner Diving:** Introducing a new Beginner Diving Class for individuals ages 8 and above. This class focuses on teaching the fundamentals of 1 meter springboard diving, covering essential techniques such as forward and back approaches, front dive, front somersault, and back dive. Perfect for those interested in starting their diving journey.

**Intermediate Diving:** Introducing an Intermediate Diving Class designed for divers with basic knowledge seeking to expand their skills. This class offers instruction in advanced dives such as inward dives, reverse dives, and twisters, providing an opportunity for divers to enhance their diving proficiency.

## Intro to Kayaking

Curious about kayaking but not sure where to start? This introductory class is designed to build confidence and basic skills using inflatable kayaks in a safe, supportive environment. Participants will learn proper paddling technique, how to safely get in and out of a kayak, and essential maneuvering skills, including moving forward, backward, and sideways. This April class is the perfect way to prepare for the spring and summer kayaking season, whether you're brand new or looking for a refresher before getting back on the water.

## Masters Swim (Morning and Evening classes available)

A coached swim program for adults focusing on stroke technique, all four competitive strokes, starts, and turns. Designed to build fitness, endurance, and speed. Ideal for those training for fitness, competition, triathlons, or open water swimming.

## Logrolling

A fun and challenging sport for all ages and experience levels, taught by local professionals Garrick and Caity Birdsong. Garrick brings 19 years of experience, including televised matches and over a decade of coaching all skill levels. Caity has 7 years of experience and is one of the few professionals who started as an adult, helping others quickly learn and enjoy the sport.

## SCUBA Diving Lessons

Complete all learning requirements & testing online! (9-10 hours) Learn to dive over one weekend with 6-8 hours of in-water pool time. We teach slowly and steadily to build your skills and confidence. We provide wetsuits in the pool to keep you warm. You'll get to try several different masks, fins, & other equipment so you'll know what fits you best while underwater. You must register for any of the scuba classes, to ensure that we have enough equipment for everyone.



**SCUBA Full  
Certification**



**SCUBA  
Review**



**Try SCUBA**

*Please check RecDesk for upcoming courses!*

**Scan to register for these programs!**





# Verona Area School District Community Education

**2026  
Winter/  
Spring**

## **Offerings**

- Enrichment Classes
- Wellness Opportunities
- Aquatics

**Visit Us**

[www.verona.k12.wi.us](http://www.verona.k12.wi.us)

