



PINE PLAINS CENTRAL SCHOOL DISTRICT
Stissing Mountain JR/SR High School (Grades 6-12)



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Ranch Salad Fruit of the Day HVF Milk	Cheeseburger Salad Fruit of the Day HVF Milk	Crispy BBQ Chicken Salad Fruit of the Day HVF Milk	Southwest Taco Salad Fruit of the Day HVF Milk	Crispy Chicken Caesar Salad Fruit of the Day HVF Milk
NY Chicken Cobb Fruit of the Day HVF Milk	Loaded Baked Potato Salad Fruit of the Day HVF Milk	Asian Chicken Crunch Salad Fruit of the Day HVF Milk	NY Greek Chicken Salad Fruit of the Day HVF Milk	Winter Cobb Salad Fruit of the Day HVF Milk
BBQ Chicken Salad Fruit of the Day HVF Milk	Southwest Taco Salad Fruit of the Day HVF Milk	Asian Chicken Crunch Salad Fruit of the Day HVF Milk	NY Chicken Cobb Fruit of the Day HVF Milk	Italian Chef Salad Fruit of the Day HVF Milk
NY Chicken Cobb Fruit of the Day HVF Milk	Seasonal Fruit & Yogurt Salad Fruit of the Day HVF Milk	BBQ Chicken Salad Fruit of the Day HVF Milk	Roast Turkey & NY Apple Salad Fruit of the Day HVF Milk	NY Hard Boiled Egg Garden Salad Fruit of the Day HVF Milk
NY Chicken Caesar Salad Fruit of the Day HVF Milk	Honey Mustard Chicken Salad Fruit of the Day HVF Milk	Southwest Taco Salad Fruit of the Day HVF Milk	NY Greek Chicken Salad Fruit of the Day HVF Milk	BBQ Chicken Salad Fruit of the Day HVF Milk



MySchoolBucks.com
 Makes meal payment convenient and simple! Scan the code below to go to the website: You can manage your student's account and make payments online.

SANDWICH BAR!!!
 Check out our Sandwich of the Day
Or
 Have your sandwich custom ordered!!
NY SALAD BAR!!!
 Featuring a variety of locally grown items!!

Meal Prices
 1st Breakfast: Free
 1st Lunch: Free
 Hudson Valley Fresh Milk: \$0.60 (Free with 1st meal)

Lunch:
 Protein 2 oz
 Whole Grain 2 oz
 Vegetable 1 cup
 Fruit 1 cup
 Milk 8 oz
 650-850 Calories

Local & Buy American This Month
 Greg Farms
 Highland Farms
 IGOP
 Chefs Garden
 Hudson Valley Fresh
 Red Barn

QUESTIONS COMMENTS???
 Please call /email Michael Dandola, FSD 518.398.7181 ext. 1351 m.dandola@ppcsd.org
WE ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER!
 Employment Opportunities Available!!