Eastchester High School Counseling Department

Counseling Department Overview

Our team is here to support you throughout your high school journey. We provide guidance for academic, social, and post-high school planning.

School Counselor's Role:

- Building relationships with students and understanding individual goals.
- Guiding students and families through the college search, SAT/ACT planning, applications, and essays.
- Helping students maximize their high school experience.
- Advising on course selection and supporting academics.
- Monitoring graduation requirements and assisting with post-high school plans.
- Assisting with personal, social, and any school-related concerns.

8th to 9th Grade Transition Activities:

- Counselors & Teachers Meet 8th Graders: Introduction to high school courses and options.
- Teacher Recommendations: Core course recommendations accessible in Home Access after marking period 2.
- Meetings with HS Counselors: Individual meetings to choose electives and review choices.
- Parent Review: Opportunity to discuss course selection with department chairs counselors as needed.
- Activities : 9th Grade student orientation (summer) and 9th Grade groups (fall).

Sample 9th Grade Schedule:



9TH GRADE COURSES

ENGLISH
SOCIAL STUDIES
MATH
WORLD LANGUAGE
SCIENCE
SCIENCE LAB / PE
ART or MUSIC
LUNCH
Elective(s) / Study Hall / Support



Academic, Social, & Emotional Support Services:

- After School Extra Help: 2:36 - 2:55 PM.
- Workshops and Tutoring: Academic workshops, Office Hours, Student Honor Society Tutoring.
- Support Staff: Counselors and School Psychologist

Need Help? Counselors are here to answer any questions. Please reach out anytime!

Thank you and welcome to Eastchester High School!

Eastchester High School • Counseling Department

COLLEGE PLANNING TIMELINE

9th GRADE

- Enroll in appropriately challenging courses (and do your best)
- Find school or community activities that match your interests (clubs, sports, service, hobbies)
- Complete 9th Grade Autobiography and Naviance goal; explore Self-Discovery exercises
- Choose an appropriately challenging Sophomore year schedule
- Be productive in summer; Read often

10th GRADE

- Enroll in appropriately challenging courses (and do your best)
- Continue to get involved in school or community (clubs, athletics, service, hobbies, jobs)
- Take Pre-ACT in Spring
- Choose an appropriately challenging Junior year schedule
- Complete 10th Grade Autobiography and Naviance *Personality Inventory*
- Begin to research majors, careers, colleges
- Parents & Students: Attend 10th Grade College Admission Workshop
- Visit colleges in summer; be productive; READ

11th GRADE (Fall)

- Continue to get involved in school or community activities
- Use Naviance *College Match* to find/research colleges; share Naviance list with counselor
- Take the PSAT/NMSQT in October
- Meet with college reps in Guidance
- Counselors review PSAT results in class and individually as needed
- Attend EHS Parent Financial Aid Night
- DO YOUR BEST IN SCHOOL

11th GRADE (Spring)

- Parents & Students: Attend 11th Grade College Admission Workshop
- Complete 11th Grade Autobiography
- Schedule individual college meeting with Counselor
- Discuss SAT/ACT testing/prep plan w/Counselor
- Take ACT and/or SAT
- Choose appropriately challenging senior year classes
- Continue to explore Naviance, research/visit colleges
- Prospective D1 and D2 athletes, register with NCAA Clearinghouse
- Follow 'summer checklist' in classroom re: ACT/SAT, prep, College Guide, college essays & more
- Engage in productive summer activities; keep reading

12th GRADE (Fall)

- Counselors meet with seniors to review application instructions and process
- Finalize college list and begin to APPLY
- Retake ACT / SAT if needed (or in summer, if prepared)
- Ongoing individual meetings w/Counselor to review/tweak ALL parts of applications, essays, teacher recs, etc.
- Continue to demonstrate interest at College visits, College Fairs, Open Houses, EHS visits
- Begin to apply for Financial Aid Oct 1st; Attend EHS Financial Aid Night
- Complete Naviance *Career Cluster Finder*
- Submit applications (with Counselor if needed)
- Search/apply for scholarships

12th GRADE (Spring)

- Re-visit colleges where accepted
- Apply for local scholarships
- Commit to enroll (by May 1st)
- Depart for WISE

Please always let us know how we can help!

914-793-6130, ext 4248



Eastchester High School
English Department Course Overview

Bryan Johnson - bjohnson@eufsdk12.org

	9th Grade	10th Grade	11th Grade	12th Grade
Full Year Options	English 9 or English 9 Honors*	English 10 or English 10 Honors	English 11 or AP Language and Composition	English 12 or AP Literature and Composition
Electives	Film Studies	Film Studies Intro to Creative Writing AP Seminar	Intro to Creative Writing AP Seminar	Intro to Creative Writing AP Seminar

*If your student qualifies for English 9H automatically (95 and above after the first semester), they will be placed into English 9H when scheduling begins.
If your student qualifies for the English 9H assessment (90-94.99, no rounding, after the first semester), information will be emailed home in February regarding said assessment.

There is *permeability* between courses, meaning that students who are enrolled in a Regents-level course can apply and gain entry into an Honors or AP-level course in a subsequent year. Students are also able to drop down from an Honors level course and take a Regents course the following year.

For example:
Students taking English 9 are able to gain entry into English 10 Honors.
Students taking English 9 Honors are able to take English 10.

Film Studies is a half-year **elective** (taken in addition to full-year course):

- This half-year elective that examines the societal forces that impacted the creation of some of Hollywood's most famous films
- Students learn the stories behind the making of blockbusters such as *Back to the Future, Jaws,* and *Star Wars*
- We explore the societal impact of *Casablanca* and *Snow White and the Seven Dwarfs*
- Delve into the suspense genre as we learn about the importance of Alfred Hitchcock
- Students see the continued impact of classics on today's films

Extracurricular Clubs:
Poetry
Forum (our school's literary magazine)
The Eaglet (our school's newspaper)

Eastchester High School Social Studies Course Offerings
8th Grade Parent Night Handout

Michael Boyle Social Studies Department Chairman
Mboyle@eufsdk12.org

	9th Grade	10th Grade	11th Grade	12th Grade
Full Year Options	Global History & Geography 9 or Global History & Geography 9 Honors	Global History & Geography 10 or AP World History	US History & Government 11 or AP US History	Economics & Government or AP U.S. Government & Politics
Electives	Philosophy	Philosophy Sociology AP European History	Philosophy Sociology AP European History	Sociology AP European History

*If your student qualifies for Global History & Geography 9 Honors automatically (95 and above after the first semester), they will be placed into 9H when scheduling begins.
If your student qualifies for the Global History & Geography 9 Honors assessment (90-94.99, no rounding, after the first semester), information will be emailed home in February regarding said assessment.

There is permeability between courses, meaning that students who are enrolled in a Regents-level course can apply and gain entry into an Honors or AP-level course in a subsequent year. Students are also able to drop down from an Honors level course and take a Regents course the following year.

For example:
Students taking Global History and Geography 9 are able to gain entry into AP World History or AP European History in 10th grade.

Students taking Global History and Geography 9 Honors are able to take Global History and Geography10.

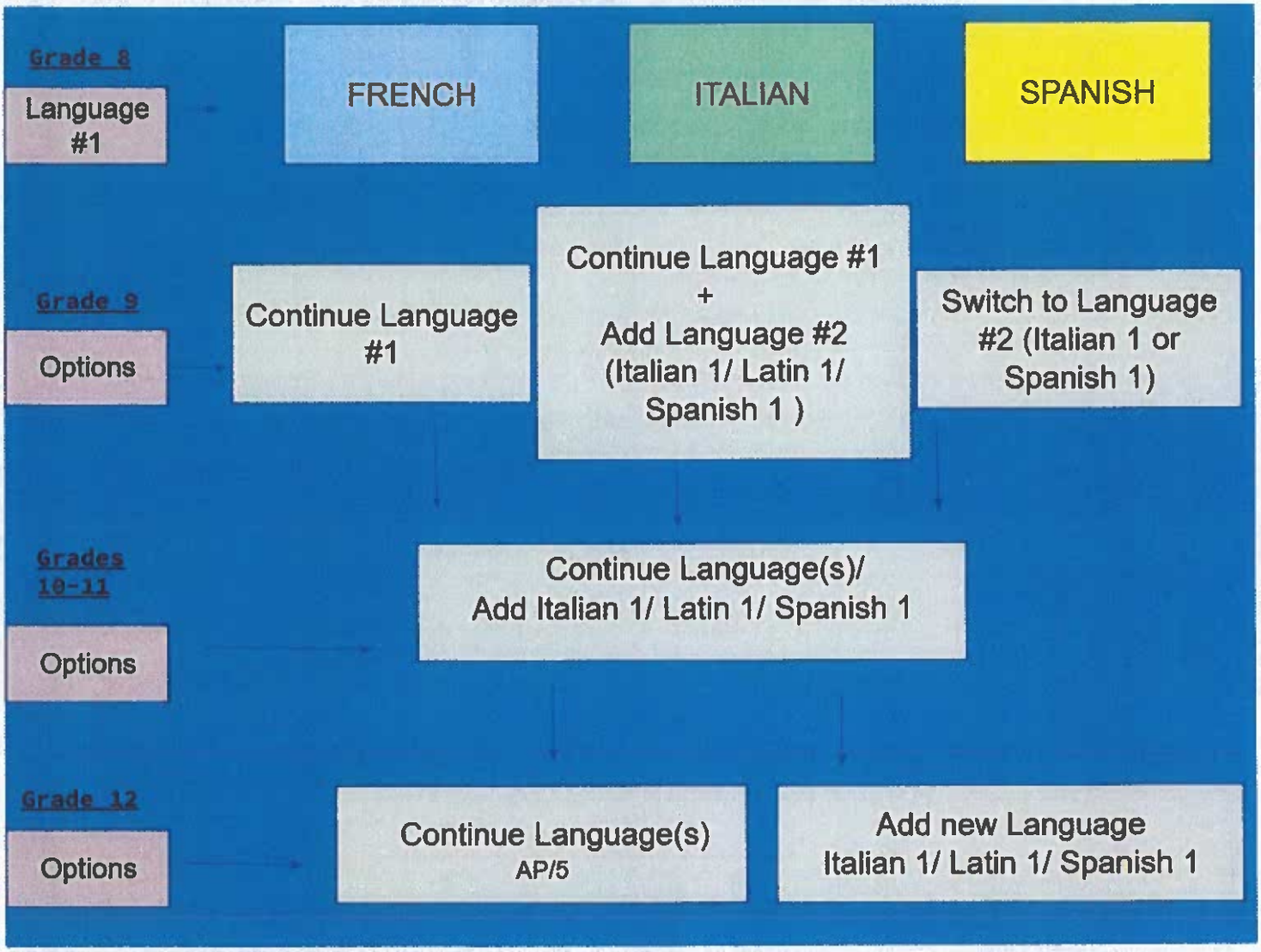
Clubs and Extracurricular Activities

1. Rho Kappa National Social Studies Honor Society
2. Political Science Club
3. Debate Club
4. Human Rights Club
5. S.A.V.E. Promise

Eastchester High School World Language Department

Department Chairperson: Karina Barrera
Kbarrera@eufsdk12.org

World Language Course Pathways



World Language Courses

French courses: French 2, French 3, French 4*, French AP**
Italian courses: Italian 1***, Italian 2, Italian 3, Italian 4*, Italian AP**
Spanish courses: Spanish 1, Spanish 2, Spanish 3, Spanish 4*, Spanish AP**
Electives: Latin 1, Latin 2

World Language Extracurriculars

French Club, French Honor Society
Italian Club, Italian Honor Society
Spanish Club, Spanish Honor Society

* Dual enrollment/College credit option available
** Advanced Placement course option
*** Offered based on enrollment

Eastchester High School Science Department

Chairperson: Alexandra Bloshenko
abloshenko@eufsdk12.org

Ninth Grade Course Offerings

Your child must enroll in one of the following mandatory courses:

- ☐ **Earth Science**: 9th graders who took Science 8
- ☐ **Biology**: 9th graders who took Earth Science
- ☐ **Biology Honors**: 9th graders who took Earth Science and have a 90+ average
- ☐ **AP Environmental Science**: 9th graders who took Earth Science and have a 90+ average in Earth Science, Algebra I and English

All course recommendations will be made at the end of the **2nd quarter.*
**Any student who does not meet the grade requirements for any class but would still like to enroll should review the 8th Grade Appeals Process outlined by the Guidance Department.*

Elective Science Course Offerings

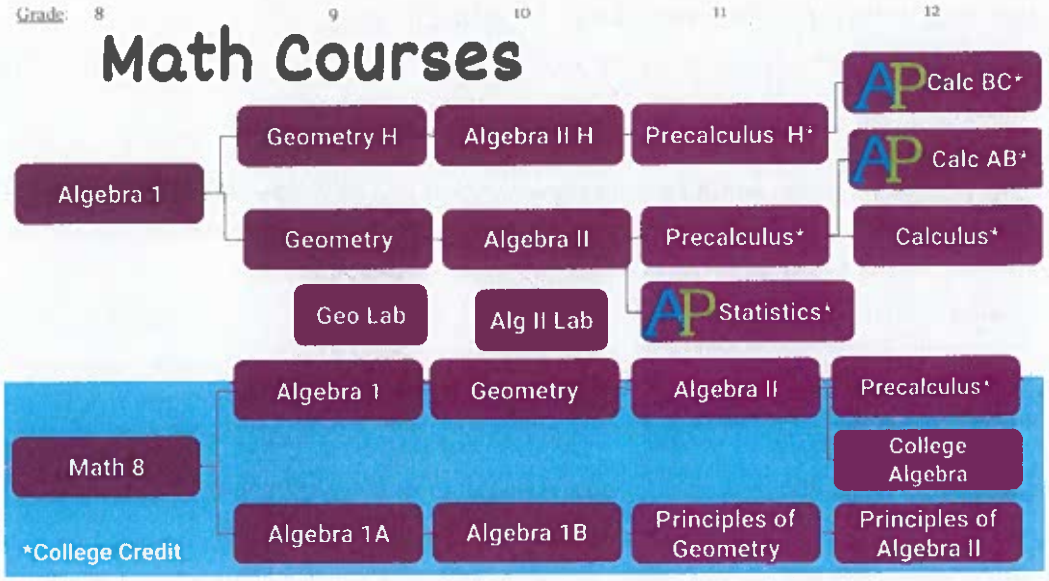
Course Title	Credit	Grade 9	Grade 10	Grade 11	Grade 12
AP Environmental Science*	1	✓		✓	✓
Environmental Science	0.5	✓	✓	✓	
Advanced Science Research	2.5		✓	✓	✓
AP Psychology*	1		✓	✓	✓
Psychology	1		✓	✓	✓
Ethics in Science	0.5		✓	✓	✓
Astronomy	0.5		✓	✓	✓
AP Chemistry*	0.5			✓	✓
AP Biology*	1			✓	✓
Anatomy & Physiology*	1			✓	✓
Physical Geology*	1			✓	✓
Forensic Science	1			✓	✓
AP Physics*	1				✓

*Students can receive college credit(s) for courses marked with an asterisk**

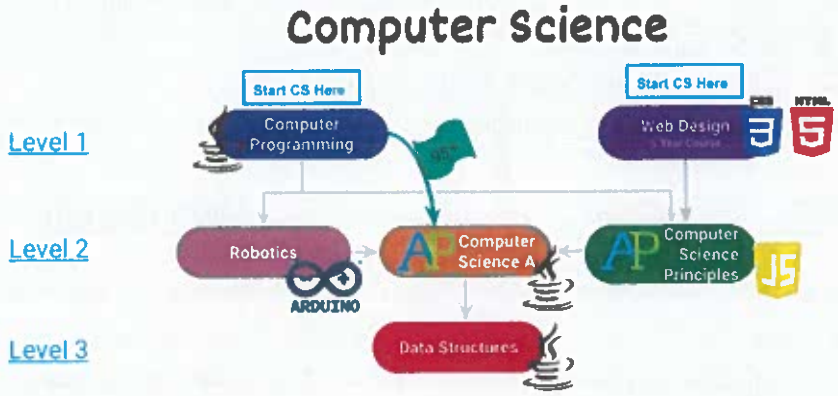
Eastchester High School Math Department

Department Chairperson: Jacquelyn Osmanaj
JOsmanaj@eufsdk12.org

Math Course Pathways



Computer Science Course Pathways



- *Level does not denote grade level, rather progression steps*

Ninth Grade Course Offerings

Mandatory Math Course: Your child must enroll in one of the following courses:

- ☐ Algebra 1A: 9th graders who took Math 8, by teacher recommendation
- ☐ Algebra 1: 9th graders who took Math 8
- ☐ Geometry: 9th graders who took Algebra 1
- ☐ Geometry H: 9th graders who took Algebra 1 and have a 90+ average

All course recommendations will be made at the end of the **2nd quarter.*
**Any student who does not meet the grade requirements for any class but would still like to enroll should review the 8th Grade Appeals Process outlined by the Guidance Department.*

Elective Math Courses:

Geometry/Algebra II Lab

Here are some guidelines to consider when students create the schedule for next year:

Current Course Grade in Algebra 1	Eligibility	Notes
80 or below	Eligible	Strongly encouraged to enroll
80 - 85	Eligible	Should consider enrolling
85 or higher	Not Eligible	Should enroll in other electives

Additionally, it is important to note:

- Lab will not be awarded credit, as it is a support class.
- Lab will not be available to students enrolled in Geometry Honors.

Computer Programming

- Full year course
- Language: Java
- This is an introduction to coding with an emphasis on algorithm design and computational problem solving
- Students will write their own programs
- What's next: Robotics or APCSP

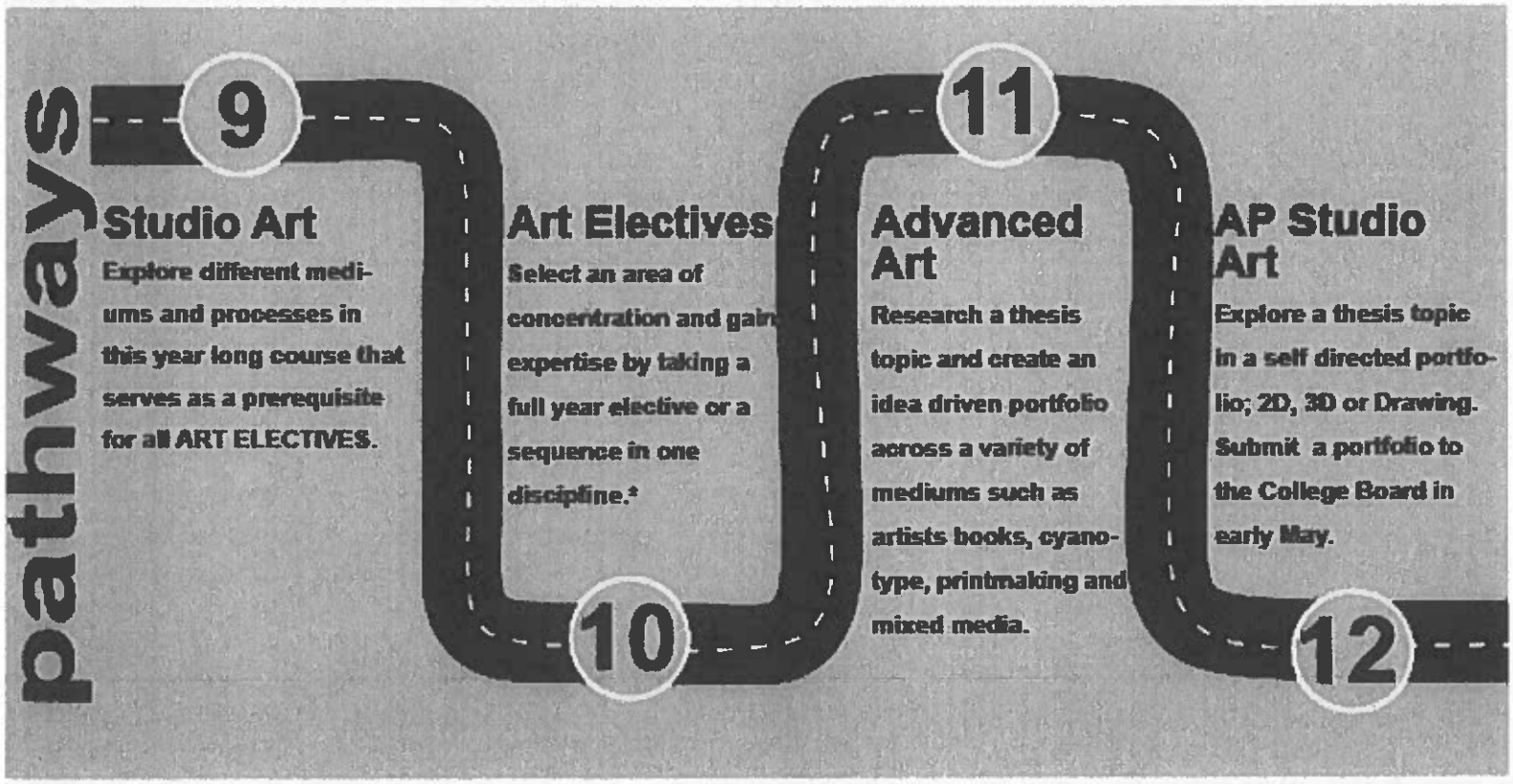
Web Design

- 1 semester course
- Language: HTML & CSS
- This is an introduction to web design with an emphasis on design, logical planning, and creative thinking
- Students will create their own webpage
- What's next: APCSP

Eastchester High School
Art Department

Department Chairperson: Rachel Sydlowski
Email: Rsydlowski@eufsdk12.org

Art Pathways to Advanced Placement Studio Art



Electives*

Drawing and Painting
Metals 1 and Metals
Photo 1 and Photo 2
Sculpture and 3D Design
2 Out of the 3 following courses:
Graphic Design 1, Graphic Design 2, Digital Imaging

Eastchester High School
Art Department

Department Chairperson: Rachel Sydlowski
Email: Rsydlowski@eufsdk12.org

Ninth Grade Course Offering

Studio Art

Unit of credit: 1
Prerequisite: None

This comprehensive course is designed for the incoming art student and is a prerequisite for all other art courses.

Studio Art is designed to provide a foundation for advanced courses in art. Emphasis is placed on understanding the Elements of Art and Principles of Design as a basis for composition. Students will explore a variety of artists, art processes, and materials such as drawing, painting, printmaking, and two and three-dimensional design. Student artwork will reflect aesthetic, cultural and historical contexts. Willingness to get involved in the creative process is a more important requirement than the student's talent or previous experience.

This course fulfills the New York State art requirement for graduation and is a prerequisite for all Art course electives.

Electives

3D Design
Adaptive Arts
Advanced Studio in Art
AP Art History
Advanced Film & Video
AP Studio Art
Digital Imaging 1
Drawing & Painting
Global Crafts
Graphic Design 1 & 2
Metals 1 & 2
Photography 1 & 2
Portfolio Prep
Sculpture

Eastchester High School Business Department

Lauren Stipo, Department Chair lstipo@eufsdk12.org
Lisa Dempsey ldempsey@eufsdk12.org

Courses	Grade				Semester	Full year	College Credit
	9th	10th	11th	12th			
AP Business Concepts *NEW		✓	✓	✓		✓	3
Social Media Marketing *NEW		✓	✓	✓	✓		
Virtual Enterprise *NEW			✓	✓		✓	3
Accounting 1		✓	✓	✓		✓	
Business Law			✓	✓		✓	3
Financial Accounting			✓	✓		✓	4
Foundations of Marketing			✓	✓		✓	3
Introduction to Business	✓	✓	✓		✓		
Investing and Finance		✓	✓	✓	✓		
Microsoft Office Applications	✓	✓	✓	✓	✓		
Personal Finance	✓	✓	✓	✓	✓		3

DEPARTMENT HIGHLIGHTS

Students can earn 19 college credits before graduation!

We offer 11 exciting classes covering all areas of Business!

We teach important life skills such as money management, investing, savings, loans and interest

Business Honor Society (Lambda Alpha Beta Gamma)
Course and Grade Requirements:

- Three (3) credits in Business courses.
- Cumulative GPA must be 85 or higher; no grade in Business courses below 85. Average in Business classes 90.

ALL STUDENTS ARE WELCOME IN BUSINES CLUBS! NOT JUST BUSINESS STUDENTS!

Future Business Leaders of America

Investment and Finance Club

NINTH GRADE COURSE OFFERINGS

Introduction to Business (Semester) Grades 9 – 11
Students will be introduced to the basic concepts in key areas of business, including marketing, operations, ethics, entrepreneurship, finance, management, marketing, and human resources. The course will allow students the opportunity to decide which area in the field of business their interests lie.

Microsoft Office Applications (Semester) Grades 9-12
Students will explore all MS Office Programs: Word, Excel, PowerPoint, Publisher, and Access. They will review proper keyboarding techniques, prepare MLA reports, and format business letters appropriately.

Personal Finance (Semester) Grades 9-12 ***College Credit***
This course will guide students in their career and educational journey and provide them with the ability to manage their personal finances. Students complete activities concerning their strengths, areas to improve, likes/dislikes, and future goals. They then focus on what they must do in order to reach these future goals, including activities concerning career exploration, employment outlook, and post-secondary options. The final set of activities in the first part of the course explores the job-seeking process, including preparing a cover letter and resume as well as preparing for an interview. The second part of the course focuses on teaching students how to make smart financial decisions. The course will encourage students to save and invest for their future, understand the importance of maintaining a strong credit history, making smart banking choices, and finally to develop a personal budget.

Eastchester High School



Clubs are a great way to build connections with others who share a common interest. Consider joining any of the extracurriculars listed below!

Honor Societies

- NHS
- Math
- Science
- English
- Social Studies
- Spanish
- Italian
- French
- Computer Science
- Business

Performing Arts

- Art Club
- Jazz Co
- Jazz Band
- Pep Band
- Full Orchestra
- Players Club
- Video Production

Student Government(EGO)

9th, 10th, 11th, 12th grade and executive:

- President
- Vice President
- Secretary
- Treasurer

Interest Clubs

- Academic Challenge Team
- Animal Rights
- Badminton
- Book Club
- Building for Tomorrow
- Chess
- Colloquium
- Debate
- Eaglet Newspaper
- Forum
- FBLA
- Future Medical Professionals
- GSA
- Going Green
- Science Olympiad
- Inclusive Sports Club
- Investing and Finance
- Legends
- Math Club
- Photography
- Political Science
- Robotics
- SAVE Promise
- Ski Club
- Relay for Life
- Wellness
- Women's Empowerment
- Yearbook

Cultural Clubs

- Albanian/Balkan-Slavic Club
- Asian American Student Association
- French Club
- Irish Club
- Italian Club
- Spanish Club
- Multicultural Club aka Youth for Unity

Erin Glindmyer ○ Assistant Principal ○ EGlindmyer@eufsdk12.org