Eastchester High School Counseling Department

Counseling Department Overview

Our team is here to support you throughout your high school journey. We provide guidance for academic, social, and post-high school planning.

School Counselor's Role:

- **Building relationships with students and understanding individual goals.**
- **Guiding students and families through the college search, SAT/ACT planning, applications, and essays.**
- **Helping students maximize their high school experience.**
- **Advising on course selection and supporting academics.**
- **Monitoring graduation requirements and assisting with post-high school plans.**
- **Assisting with personal, social, and any school-related concerns.**

8th to 9th Grade Transition Activities:

- **Counselors & Teachers Meet 8th Graders: Introduction to high school courses and options.**
- **Teacher Recommendations: Core course recommendations accessible in Home Access after marking period 2.**
- **Meetings with HS Counselors: Individual meetings to choose electives and review choices.**
- **Parent Review: Opportunity to discuss course selection with department chairs counselors as needed.**
- **Activities : 9th Grade student orientation (summer) and 9th Grade groups (fall).**

Sample 9th Grade Schedule:

9TH GRADE COURSES

ENGLISH
SOCIAL STUDIES
MATH
WORLD LANGUAGE
SCIENCE
SCIENCE LAB / PE
ART or MUSIC
LUNCH
Elective(s) / Study Hall / Support

Academic, Social, & Emotional Support Services:

- **After School Extra Help: 2:36 - 2:55 PM.**
- **Workshops and Tutoring: Academic workshops, Office Hours, Student Honor Society Tutoring.**
- **Support Staff: Counselors and School Psychologist**

Need Help? Counselors are here to answer any questions. Please reach out anytime!

Thank you and welcome to Eastchester High School!