WELCOME
Class of 2030
Parents & Students

Eastchester High School

COUNSELING DEPARTMENT

SCHOOL COUNSELOR'S ROLE

- build a relationship with our students; get to know individual goals, strengths, needs
- guide students through post-HS planning steps (including college search, SAT, ACT, college apps and essays)
- help students maximize their high school education

SCHOOL COUNSELOR Assists Students With:

- courses and academics
- individual responsibility
- graduation requirements
- post-high school plans
- social and personal issues
- any school-related concern

9TH GRADE COURSES

ENGLISH

SOCIAL STUDIES

MATH

WORLD LANGUAGE

SCIENCE

SCIENCE LAB / PE

ART or MUSIC

LUNCH

Elective(s) / Study Hall / Support

9th Grade Half-Credit Electives

- Film Studies
- Web Design
- Environmental Science
- Philosophy
- Theater Arts
- Microsoft Office Applications
- Introduction to Business
- Personal Finance

9th Grade Full-credit electives

- Additional Language (Latin/Italian/Spanish)
- Computer Programming
- Select both Art and Music

Recommended Support Periods or Study Hall

- Learning Workshop or Resource Room
- Subject Support Workshops/Labs
- Study Hall

ELECTIVES: 10th, 11th, 12th Grades

3D Design
Accounting 1
Advanced Science Research
Advanced Studio in Art
Anatomy & Physiology: CC
AP Art History
AP Biology
AP Calculus AB
AP Calculus BC
AP Chemistry
AP Computer Science A
AP Computer Science Principles
AP English Lang & Comp
AP English Literature & Comp
AP Environmental Science
AP European History
AP Macroeconomics
AP Physics CC
AP Psychology
AP Seminar
AP Statistics
AP Studio Art
AP US History
AP US Gov & Politics
AP World History
Astronomy
Business Law: CC
Calculus CC

ELECTIVES: 10th, 11th, 12th Grades

Civic Research
College Physics: CC
Computer Programming
Concert Band
Concert Choir
Data Structures
Digital Media
Drawing & Painting
Environmental Science
Ethics in Science
Film Studies
Film & Video Production 1
Film & Video Production 2
Financial Accounting: CC
Forensic Science
Foundation of Marketing: CC
French 2,3,4,5, AP, CC
Global Crafts 1
Global Crafts 2
Graphic Design 1
Graphic Design 2
Investing and Finance
Intro to Business
Intro to Creative Writing
Italian 2, 3,4,5 AP, CC
Latin 1
Latin 2
Microsoft Office Applications

ELECTIVES: 10th, 11th, 12th Grades

Mixed Choir
Music Theory
Orchestra
Personal Finance: CC
Philosophy
Photography 1
Photography 2
Physical Geology: CC
Portfolio Preparation
Pre-Calculus: CC
Pre-Calculus H: CC
Psychology
Robotics & Found of Elec Engin.
Sculpture
Senior Internship - W.I.S.E. Program
Sociology
Songwriting
Spanish 1 2,3,4,5, AP
Studio Art
Studio in Jewelry & Metals 1
Studio in Jewelry & Metals 2
Symphonic Band
Theater Arts
The Past as Present
Virtual Enterprise: CC
Web Design
BOCES CTE Program

ACADEMIC / SOCIAL / EMOTIONAL SUPPORT

- After School Extra Help: 2:36 - 2:55
- Academic Workshops
- Office Hours
- Teacher’s Google Classroom
- Contact Teachers: Call or Email
- Reading & Writing Support
- Student Honor Society Tutoring
- School Counselors
- School Psychologists

8th to 9th TRANSITION

- High school teachers & counselors meet with 8th grade students to explain course options
- Teacher recommendations for core courses will be visible in Home Access after the 2nd marking period
- Opportunities for English and Social Studies honors assessments for those who qualify
- Parents review and discuss changes with Department Chairs & Counselors as needed
- HS Counselors meet with 8th graders individually to choose electives and/or support options.
- 8th graders meet with EHS Counselors and HS students in small groups in June

College Planning Timeline

Eastchester High School • Counseling Department

COLLEGE PLANNING TIMELINE

9th GRADE

- Enroll in appropriately challenging courses (and do your best)
- Find school or community activities that match your interests (clubs, sports, service, hobbies)
- Complete 9th Grade Autobiography and Naviance goal; explore Self-Discovery exercises
- Choose an appropriately challenging Sophomore year schedule
- Be productive in summer; Read often

10th GRADE

- Enroll in appropriately challenging courses (and do your best)
- Continue to get involved in school or community (clubs, athletics, service, hobbies, jobs)
- Take Pre-ACT in Spring
- Choose an appropriately challenging Junior year schedule
- Complete 10th Grade Autobiography and Naviance *Personality Inventory*
- Begin to research majors, careers, colleges
- Parents & Students: Attend 10th Grade College Admission Workshop
- Visit colleges in summer; be productive; READ

11th GRADE (Fall)

- Continue to get involved in school or community activities
- Use Naviance *College Match* to find/research colleges; share Naviance list with counselor
- Take the PSAT/NMSQT in October
- Meet with college reps in Guidance
- Counselors review PSAT results in class and individually as needed
- Attend EHS Parent Financial Aid Night
- DO YOUR BEST IN SCHOOL

11th GRADE (Spring)

- Parents & Students: Attend 11th Grade College Admission Workshop
- Complete 11th Grade Autobiography
- Schedule individual college meeting with Counselor
- Discuss SAT/ACT testing/prep plan w/Counselor
- Take ACT and/or SAT
- Choose appropriately challenging senior year classes
- Continue to explore Naviance, research/visit colleges
- Prospective D1 and D2 athletes, register with NCAA Clearinghouse
- Follow 'summer checklist' in classroom re: ACT/SAT, prep, College Guide, college essays & more
- Engage in productive summer activities; keep reading

12th GRADE (Fall)

- Counselors meet with seniors to review application instructions and process
- Finalize college list and begin to APPLY
- Retake ACT / SAT if needed (or in summer, if prepared)
- Ongoing individual meetings w/Counselor to review/tweak ALL parts of applications, essays, teacher recs, etc.
- Continue to demonstrate interest at College visits, College Fairs, Open Houses, EHS visits
- Begin to apply for Financial Aid Oct 1st; Attend EHS Financial Aid Night
- Complete Naviance *Career Cluster Finder*
- Submit applications (with Counselor if needed)
- Search/apply for scholarships

12th GRADE (Spring)

- Re-visit colleges where accepted
- Apply for local scholarships
- Commit to enroll (by May 1st)
- Depart for WISE

Please always let us know how we can help!
914-793-6130, ext 4248



Counselors are *always* available to help. Please ASK…any time!

Thank you!

Q & A