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EHS Clubs

8th Grade Parent Night

December 1, 2025

Erin Glindmyer
Assistant Principal

Why join a club?

Connection

Clubs are a great way to find others who share a common interest. At the beginning of high school, clubs provide a connection to build new friendships and new connections with staff.

Community

Many clubs participate in community outreach and service projects. Joining a club is a wonderful way to give back to the Eastchester community!

Transcript

It is no secret that joining a club looks great on a college resume. There are leadership opportunities within clubs which can provide students with a unique experience.

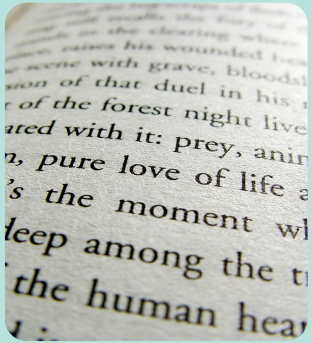
Club Fair

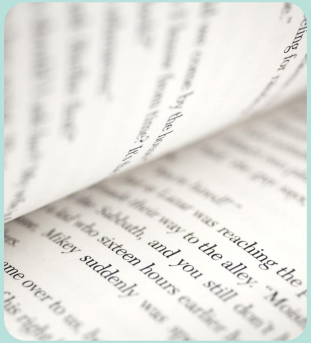
In September, we hold a club fair during all lunch periods! This is an opportunity for students to shop around and sign up for any clubs that they might be interested in. Later on, this event becomes an opportunity for existing club members to showcase the accomplishments of their club and recruit new membership.

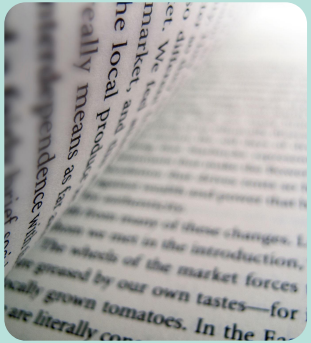


EHS Club Fair 2025

Honor Societies







Honor Societies are available in most subject areas. Members of all honor societies are required to complete tutoring hours.

National Honor Society, Math, Computer Science, English, Social Studies, Italian, French, Spanish, Business

Interest Clubs

EHS offers a variety of clubs based on Student interests! There are also opportunities to start a new club if they gather membership.

- Academic Challenge Team
- Animal Rights
- Badminton
- Book Club
- Building for Tomorrow
- Chess
- Colloquium
- Debate
- Eaglet Newspaper
- Forum
- FBLA
- Future Medical Professionals
- GSA
- Going Green
- Science Olympiad
- Inclusive Sports Club
- Investing and Finance
- Legends
- Math Club
- Photography
- Political Science
- Robotics
- SAVE Promise
- Ski Club
- Relay for Life
- Wellness
- Women's Empowerment
- Yearbook

Performing Arts

Get on stage and channel your inner artist in any of these clubs!

- Art Club
- Jazz Co
- Jazz Band
- Pep Band
- Full Orchestra
- Players Club
- Video Production



CULTURAL CLUBS

- Albanian/Balkan-Slavic Club
- Asian American Student Association
- French Club
- Irish Club
- Italian Club
- Spanish Club
- Multicultural Club aka Youth for Unity



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Student Government

Run to become the next President, Vice President, Secretary or Treasurer of your class, or the executive student government!

PHYSICAL EDUCATION, HEALTH & ATHLETICS DEPARTMENT

Michael Ramponi
Director of Athletics,
Physical Education and
Health

Physical Education Offerings

The goal of physical education is for our students to experience a variety of activities and gain the confidence, competence and skills to live a healthy and active lifestyle.

Lifetime activities

Racquet Sports
CPR/FA/AED
Yoga & Meditation
Fitness Walking
Lawn Games

Fitness activities

Strength & Conditioning
Circuit Training
Spin/Cycling
Goal Setting

Team Sports

Flag Football
Basketball
Volleyball
Ultimate Frisbee
Team Handball
Soccer

Offerings change yearly, these are examples of our most popular activities

Skills Based Approach to Health Education

The goal of health class is to provide an inclusive environment for students to acquire knowledge and skills that will enable them to make responsible, safe and informed decisions about their health and wellness.

Topics	Skills
Introduction to Health and Wellness Mental & Emotional Wellness Alcohol and Drug Prevention Nutrition and Physical Activity Sexual Health & Relationship Management	Decision Making Goal Setting Practicing Health-Enhancing Behaviors Analyzing Influences Accessing Resources Interpersonal Communication Advocacy

Topics will vary based on student needs

Athletic Offerings

- 27 Varsity Sports
- 17 JV Sports
- Expansion of Freshman Sports
- 2 Unified Sports Teams

ACCESS TO ALL STUDENTS

- Full Time Athletic Trainer
- Certified Strength and Conditioning Coach
- Offseason Training Opportunities
- Playoffs and State Championships at the Varsity Level
- Student Athletic Council
- Community Service Initiatives

Parents as Partners

- Provide the space and time for your student to control and have ownership of their athletic experience.
- Motivate your student to strive for greatness. Have the belief in themselves and the team.
- Demonstrate high levels of sportsmanship and respect all team members, coaches, opponents, & game officials.
- Help our student-athletes understand that mistakes are vital in the learning process.
- Don’t forget about being a student!