

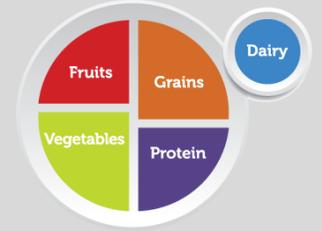


J.S. Morton Transitional Center Menu December 2025 Breakfast & Lunch

MONDAY DECEMBER 1, 8, 15	TUESDAY DECEMBER 2, 9, 16	WEDNESDAY DECEMBER 3, 10, 17	THURSDAY DECEMBER 4, 11, 18	FRIDAY DECEMBER 5, 12, 19
Winter Break December 22nd – January 2nd.				
Breakfast includes servings of grain/protein, fruit, and milk.				
<i>Breakfast</i> Kellogg's Cereal Bowl Pack & Fruit Cup Milk Carton	<i>Breakfast</i> Breakfast Muffin & String Cheese Milk Carton	<i>Breakfast</i> Sausage, Egg, & Bagel Sandwich & Orange Milk Carton	<i>Breakfast</i> Apple Cinnamon Oatmeal & Doughnut Milk Carton	<i>Breakfast</i> Kellogg's Strawberry Pop Tart & Banana Milk Carton
<i>Hot Lunch</i> Beef Tacos w/ Rice and Beans	<i>Hot Lunch</i> Baked Mostaccioli w/ Garlic Bread	<i>Hot Lunch</i> Chipotle Chicken Burrito Bowl	<i>Hot Lunch</i> Cheeseburger w/ Waffle Fries	<i>Hot Lunch</i> Walking Taco or Nachos w/ Beef & Cheese
Lunch Sides: Choose a vegetable side and a fruit side.				
Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime	Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana	Coleslaw Carrots w/ Ranch Fresh Fruit: Roasted Apples Pineapple Fruit Juice	Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana	Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime

Offer vs. Served:
Each meal must include at least a 1/2 cup serving of fruit or vegetable.
Please Note:
Menu substitutions may occur due to supply chain disruptions.

CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

***Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast
And each lunch meal

Milk Selection
1% white

Fat-Free Chocolate

**Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.