



J.S. Morton H.S. Alternative Menu December 2025 Breakfast & Lunch

MONDAY DECEMBER 1, 8, 15	TUESDAY DECEMBER 2, 9, 16	WEDNESDAY DECEMBER 3, 10, 17	THURSDAY DECEMBER 4, 11, 18	FRIDAY DECEMBER 5, 12, 19
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Winter Break December 22nd – January 2nd.

Breakfast includes servings of grain/protein, fruit, and milk.

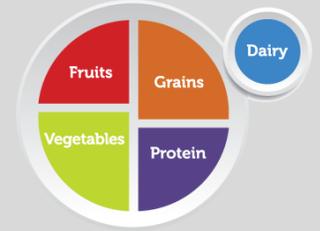
<p><i>Hot Breakfast</i> French Toast Sticks</p> <p><i>Grab 'n Go</i> Kellogg's Cereal Bowl Pack</p> <p>*Fruit Selection Berry Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Molletes</p> <p><i>Grab 'n Go</i> Kellogg's Strawberry Pop Tart</p> <p>*Fruit Selection Mango Strawberry Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Sausage, Egg, & Bagel Sandwich</p> <p><i>Grab 'n Go</i> General Mills Cereal Bar</p> <p>*Fruit Selection Orange Vanilla Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Pancake Breakfast</p> <p><i>Grab 'n Go</i> Breakfast Muffin And String Cheese</p> <p>*Fruit Selection Mango Strawberry Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Breakfast Burrito</p> <p><i>Grab 'n Go</i> General Mills Strawberry Yogurt Chex Mix</p> <p>*Fruit Selection Banana Smoothie Milk Carton</p>
<p><i>Hot Lunch</i> Beef Tacos w/ Rice and Beans or Pepperoni Pizza Slice</p> <p><i>Meatless Entrees Available Daily-</i> <i>PBJ Sandwich, Entrée Salad, Bosco Sticks</i></p>	<p><i>Hot Lunch</i> Baked Mostaccioli w/ Garlic Bread or Veggie Pizza Slice</p> <p><i>Meatless Entrees Available Daily-</i> <i>Veggie Burger, Entrée Salad, Bosco Sticks</i></p>	<p><i>Hot Lunch</i> Spicy Chicken Tenders w/ Mac & Cheese or Cheese Pizza Slice</p> <p><i>Meatless Entrees Available Daily-</i> <i>PBJ Sandwich, Entrée Salad, Bosco Sticks</i></p>	<p><i>Hot Lunch</i> Grilled Cheese & Tomato Soup or Sausage Pizza Slice</p> <p><i>Meatless Entrees Available Daily-</i> <i>Veggie Burger, Entrée Salad, Bosco Sticks</i></p>	<p><i>Hot Lunch</i> Walking Taco or Nachos w/ Beef & Cheese or Hawaiian Pizza Slice</p> <p><i>Meatless Entrees Available Daily-</i> <i>PBJ Sandwich, Entrée Salad, Bosco Sticks</i></p>

Lunch Sides: Choose a vegetable side and a fruit side.

<p>Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime</p>	<p>Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana</p>	<p>Coleslaw Carrots w/ Ranch Fresh Fruit: Roasted Apples Pineapple Fruit Juice</p>	<p>Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Banana</p>	<p>Coleslaw Jicama Fresh Fruit: Apples Mango w/ Tajin & Lime</p>
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Offer vs. Served:
Each meal must include at least a ½ cup serving of fruit or vegetable.
Please Note:
Menu substitutions may occur due to supply chain disruptions.

CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

*Fruit Selection varies by day

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast
And each lunch meal

Milk Selection 1% white

Fat-Free Chocolate

**Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.