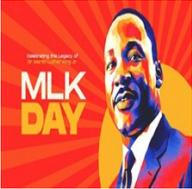




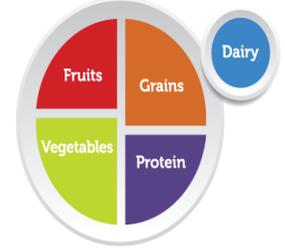
J.S. Morton High School January 2026 Supper Menu

Served 3:00 p.m. To 5:15 p.m. Monday through Thursday
FREE TO ALL STUDENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><i>Hungry after school?</i> We serve free meals for supper! Monday through Thursday East/West/Freshman Center Campus Cafeterias 3:00 p.m. to 5:15 p.m.</p>			
<p>5 <i>No School</i> <i>Institute Day</i></p>	<p>6 Baked Mostaccioli w/ Garlic Bread or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>7 Chipotle Chicken Burrito Bowl or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>8 Pepperoni Pizza Slice or Deli Sub (Turkey) Condiments Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>
<p>12 Beef Tacos w/ Rice and Beans or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>13 Hotdog w/ Fries or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>14 Spicy Chicken Tenders w/ Mac & Cheese or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>15 Grilled Cheese & Tomato Soup or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>
<p>19 <i>No School</i></p> 	<p>20 General Tso's w/ Veg. Fried Rice or Deli Sub (Turkey) Whole Grain Bun Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>21 Cheese Pizza Slice or Deli Sub (Ham) Condiments Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>22 Cheeseburger w/ Waffle Fries or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>
<p>26 Sausage Pizza Slice or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>27 Nachos w/ Beef & Cheese or Deli Sub (Ham) Whole Grain Bun Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>28 Pork Carnitas Tacos w/ Rice and Beans or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>	<p>29 Spicy Chicken Sandwich w/ Pickles, Lettuce or Deli Sub (Ham) Condiments Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk</p>

Alternate choices:
Ask about our
Daily Chef's specials

We offer all five meal components!



Offer Verses Served
We offer grains, proteins, fruits, vegetables and milk
Choose at least 3 of the 5 for a student meal and include a fruit Or vegetable selection with your meal.

Mondays

- Coleslaw
- Jicama
- Apples
- Mango w/ Tajin & Lime

Tuesdays

- Elote Salad
- Cucumbers w/ Lime
- Tangerine
- Banana

Wednesdays

- Jicama
- Coleslaw
- Pineapple
- Roasted Apples

Thursdays

- Elote Salad
- Cucumbers w/ Lime
- Tangerine
- Fruit Juice

*In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age or disability.