



# MENU

HS Week 19: 01.05.26-01.09.26		Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Korean Beef</b> Sweet and Spicy Ground Beef with Lo' Mein Noodles Seasoned Green Beans Dinner Roll	<b>Breakfast for Lunch</b> Cinnamon Glazed Fresh Toast Triangle Hash Browns Potatoes 100 Calorie Pancake Syrup	<b>Orange Chicken</b> Popcorn Chicken Orange Ginger Sauce With Brown Rice Steamed Broccoli	<b>Chicken and Sausage Jambalaya</b> Beef and Pork Sausage Chicken Brown Rice Glazed Carrots Homemade Corn Bread	<div style="background-color: #90EE90; padding: 5px; text-align: center;">All Schools Closed</div> <div style="background-color: #90EE90; padding: 5px; text-align: center;">Record Day</div>	
	Cheese Pizza Pepperoni Pizza Chicken Buffalo	Cheese Pizza Pepperoni Pizza Vegetable Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Ranch Chicken Pizza		
	<b>Chicken Tenders</b> Carrots Sticks Homemade Bread Stick Assorted Sauces	<b>Boneless Wings</b> Celery Sticks Homemade Dinner Roll Assorted Sauces	<b>Create Your Own Caesar Salad</b> Chopped Romaine Red Onions, Black Olives, Croutons, Parmesan Cheese, Chicken Tenders Caesar Dressing Bread Stick	<b>Chicken Tenders</b> Carrots Sticks Homemade Bread Stick Assorted Sauces		
	Spicy Filet Sandwich	Hamburger Cheeseburger Cheese Bosco Sticks with Marinara Sauce	Chicken Filet	Hamburger Cheeseburger Mozzarella Sticks with Marinara Sauce		
	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily		
	Fresh Salad Bar Options <b>Adult Nutri-Bar:</b> Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily. <b>Student Fresh Salad Bar:</b> Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily. <b>Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily</b>					

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director. This Institution is an Equal Opportunity Provider

