

Food Zone



January 2026

Elementary Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | Winter Recess- All Schools Closed | | | |
| 5 Chicken Corn Dog With BBQ Baked Beans Orange Slices Assorted Fresh Fruit and Vegetable Bar | 6 Chicken Tenders With Glazed Carrots Cheddar Goldfish Diced Pears Assorted Fresh Fruit and Vegetable Bar | 7 Sweet and Sour Chicken Popcorn Chicken with Brown Rice Seasoned Green Peas Fresh Grapes Assorted Fresh Fruit and Vegetable Bar | 8 Cheese or Turkey Pepperoni Pizza Garden Salad Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar | 9 All Schools Closed Records Day |
| 12 Breakfast for Lunch Cinnamon French Toast Breakfast Potatoes With 100 Calorie Pancake Syrup Orange Slices Assorted Fresh Fruit and Vegetable Bar | 13 Taco Tuesday Nacho Doritos Beef Taco Meat Black Beans Shredded Cheese Sour Cream & Salsa Diced Peaches Assorted Fresh Fruit and Vegetable Bar | 14 BBQ Glazed Chicken Leg With Macaroni and Cheese Seasoned Green Beans Fresh Grapes Assorted Fresh Fruit and Vegetable Bar | 15 All Beef Cheeseburger With Seasoned Green Peas Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar | 16 Cheese or Turkey Pepperoni Personal Pizza Garden Salad Apple Slices Assorted Fresh Fruit and Vegetable Bar |
| 19 All Schools Closed MLK Jr. Day | 20 All Beef Italian Calzone With Seasoned Glazed Carrots Marinara Sauce Diced Pears Assorted Fresh Fruit and Vegetable Bar | 21 Chicken & Waffles Popcorn Chicken Dutch Waffles Seasoned Corn With 100 Calorie Pancake Syrup Fresh Grapes Assorted Fresh Fruit and Vegetable Bar | 22 Chicken Alfredo With Bowtie Pasta Seasoned Green Peas Dinner Roll Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar | 23 Cheese or Turkey Pepperoni Pizza Garden Salad Apple Slices Assorted Fresh Fruit and Vegetable Bar |
| 26 All Schools Closed Professional Development Day | 27 BBQ Beef Meatballs With Macaroni and Cheese Seasoned Green Beans Diced Peaches Assorted Fresh Fruit and Vegetable Bar | 28 Tiger Bowl Popcorn Chicken Mashed Potato & Gravy Seasoned Corn Dinner Roll Fresh Grapes Assorted Fresh Fruit and Vegetable Bar | 27 BBQ Beef Riblet Sandwich With BBQ Baked Beans Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar | 30 Cheese or Turkey Pepperoni Personal Pizza Garden Salad Apple Slices Assorted Fresh Fruit and Vegetable Bar |
| <u>2nd Entrée Option:</u> Power Pack Yogurt Cup WG Muffin and Cheese Stick | <u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich with Cse Stick | <u>2nd Entrée Option:</u> Power Pack Yogurt Cup WG Muffin and Cheese Stick | <u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich with Cheese Stick | <u>2nd Entrée Option:</u> Power Pack Yogurt Cup WG Muffin and Cheese Stick |

MENU SUBJECT TO CHANGE

*A Sunbutter Sandwich – A Peanut Free Substitue made from Sunflower Seeds Served as Daily Choice
Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate or Low Fat White*

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.