

Food Zone



January 2026

Pre-K Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	Winter Recess- All Schools Closed			
5 All Beef Cheeseburger With BBQ Baked Beans Orange Slices	6 Chicken Tenders With Glazed Carrots Cheddar Goldfish Diced Pears	7 Sweet and Sour Chicken Popcorn Chicken with Brown Rice Seasoned Green Peas Apple Sauce Cup	8 Cheese Pizza Slice Garden Salad Cucumber Slices Frozen Fruit Cup	9 All Schools Closed Records Day
12 Breakfast for Lunch Cinnamon French Toast Sticks Breakfast Potatoes With 100 Calorie Pancake Syrup Orange Slices	13 Taco Tuesday Tortilla Shell Beef Taco Meat Black Beans Shredded Cheese Sour Cream & Salsa Diced Peaches	14 Chicken Nuggets With Macaroni and Cheese Seasoned Green Beans Apple Sauce Cup	15 All Beef Cheeseburger With Seasoned Green Peas Frozen Fruit Cup	16 Cheese Pizza Slice Garden Salad Cucumber Slices Apple Slices
19 All Schools Closed MLK Jr. Day	20 All Beef Italian Calzone With Seasoned Glazed Carrots Marinara Sauce Diced Pears	21 Chicken & Waffles Popcorn Chicken Dutch Waffles Seasoned Corn With 100 Calorie Pancake Syrup Apple Sauce Cup	22 Chicken Alfredo With Bowtie Pasta Seasoned Green Peas Dinner Roll Frozen Fruit Cup	23 Cheese Pizza Slice Garden Salad Cucumber Slices Apple Slices
26 All Schools Closed Professional Development Day	27 BBQ Beef Meatballs With Macaroni and Cheese Seasoned Green Beans Diced Peaches	28 Tiger Bowl Popcorn Chicken Mashed Potato & Gravy Seasoned Corn Dinner Roll Apple Sauce Cup	27 BBQ Beef Riblet Sandwich With BBQ Baked Beans Frozen Fruit Cup	30 Cheese Pizza Slice Garden Salad Cucumber Slices Apple Slices
<u>2nd Entrée Option:</u> Power Pack Yogurt Cup WG Muffin and Cheese Stick	<u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich with Cse Stick	<u>2nd Entrée Option:</u> Power Pack Yogurt Cup WG Muffin and Cheese Stick	<u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich with Cheese Stick	<u>2nd Entrée Option:</u> Power Pack Yogurt Cup WG Muffin and Cheese Stick

MENU SUBJECT TO CHANGE

*A Sunbutter Sandwich – A Peanut Free Substitue made from Sunflower Seeds Served as Daily Choice
Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate or Low Fat White*

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.