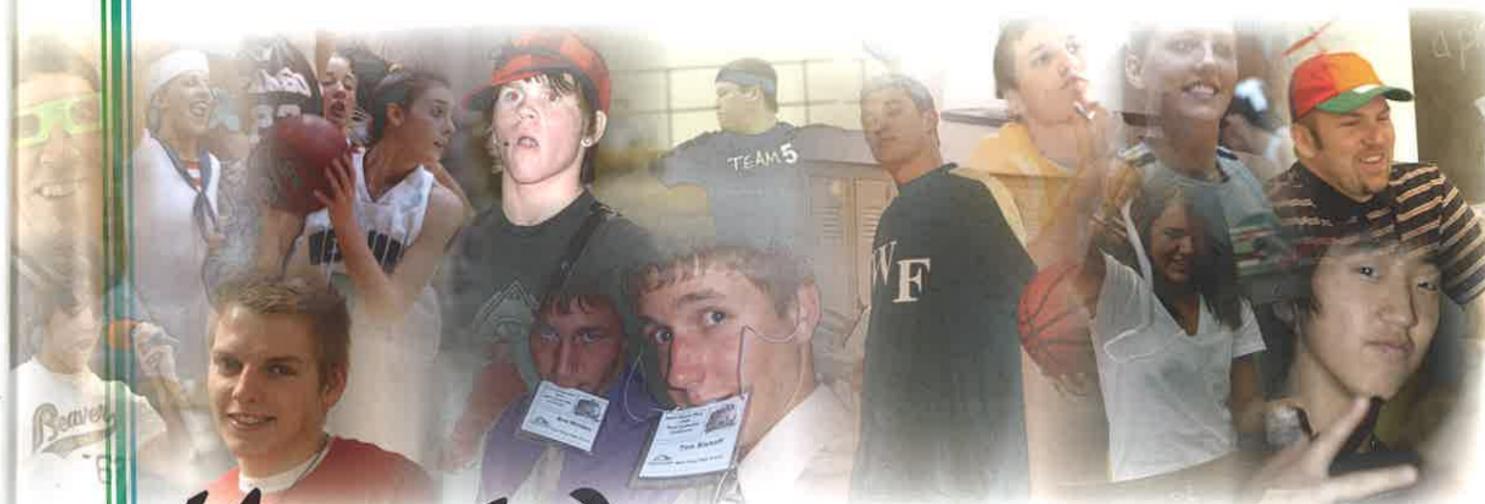




*Untitled*  
2006

Ashley Roquette



# Untitled

*Month-By-Month - Page 4-5*

*Student Life - Page 22-23*

*People - Page 44-45*

*Sports - Page 124-125*

*Organizations - Page 174-175*

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## **The Yearling**

West Fargo High School

801 9th Street East, West Fargo, North Dakota 58078

[www.west-fargo.k12.nd.us](http://www.west-fargo.k12.nd.us)

Student Body:1501      Staff:157

Month-by-Month

Laughs

Music

People

Student Life

*Everything old is new again...*

*- Barenaked Ladies*

Organizations

Sports

Excitement

Memories

Friends

## “Take me for what I am”

-Rent

*Untitled:* So plain and yet so complicated. With the hustle and bustle of everyday life in our teenage wasteland called high school, music is one of the elements that keeps us going each day. High school almost feels like the Hollywood teen movie, and the music throughout the year is our soundtrack. Whether it is country, rap, pop, rock, punk or dance, music can remind us of the memories that each and every student shares throughout high school. With each sporting event, students can hear the inspirational music in their heads as their home team wins the final game, and they can cheer with excitement. After each choir, band or drama performance, students and families walk out of the school singing one of the songs in their heads. High school may be filled with different groups and music, but there is no way for the entirety to be labeled. For the people who have walked in and out of our lives, the music will always be there for us to remember them. This year, West Fargo High School is “Untitled”.

-Madison Nicholls



*How you doing?* While enjoying prom, senior Dan Savage dances the night away. “The best part of prom was the fact that it is our last big class event and we can hang out with our friends,” Savage said. (Photo by Kayla Whitaker)

*Work!* While performing on Speech night, senior Paul Neary imitates a hand dryer. “My favorite part of speech was all of the people I have met and all of the fun we had together,” Neary said. (Photo by Madison Nicholls)

*I have a brain!* While performing in *The Wizard of Oz*, junior Julia Whittle plays the scarecrow. “Scarecrow was such a fun role to play because he was such an interesting character,” Whittle said. (Photo by Madison Nicholls)

*Who’s winning?* While emceeing the dodgeball tournament, senior Kayla Whitaker looks over the game schedule. “Organizing the tournament was a lot of work, but if I didn’t have the support of Ms. Nelson behind me it wouldn’t have happened,” Whitaker said. (Photo by Madison Nicholls)

*Rock on!* While warming up for Battle of the Bands, sophomore Jon Novacek tunes his bass. “The best part of Battle of the Bands was just getting to play and having an amazing time,” Novacek said. (Photo by Trisha McDonald)

*Totally!* While teaching in class, Ms Toni Nelson participates in teacher spirit week. “I enjoy being able to let my teacher persona lapse during spirit week and just be crazy with no shame.” Nelson said. (Photo by Aimee McEwen)

# September



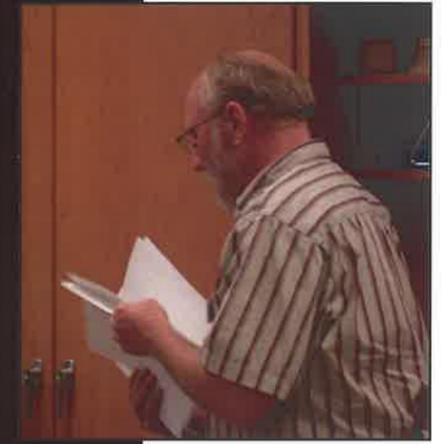
*It's a bird, it's a plane, no wait it's...* On Superhero day during the eventful, homecoming week, junior Jason Carriveau quickly hydrates his superhero self by drinking his Propel. There are many different events during homecoming but Carriveau says that he "enjoys the dress up days and [the] football games, because it's our time to shine." (Photo by Alyssa Jones)



*Bring it on!* West Fargo seniors get ready for the annual PowderPuff game during the festivities of homecoming week held on September 14. Senior Jenell Lammers gets the girls fired up and ready for the smack down against the juniors. Lammers believes the best part of PowderPuff is, "how it brings all senior girls together just having fun playing football." (Photo by Amber Jerger)



*Snap, whir!* The West Fargo Girls Softball team passes through the streets of the West Fest Parade as they bond together not only as teammates, but also as close friends throwing candy to many fans. "We are all the same age so we have done everything together. It is nice finishing the year with a whole team mostly of seniors," senior Ingrid Scantecary said. (Photo by Amber Jerger)



*Hi Mom!* At the 2005 Homecoming Coronation ceremony, senior candidate Ben Wolden looks into the crowd on his way to the stage. Wolden liked being on homecoming court. "[The best part was] going to Johnny Carino's after coronation," Wolden said. (Photo by Scherling's Photography)

*Now let's find your paper...* At Back to School Night, science teacher Mr. Jerry Christiansen rummages through his homeroom students' busy schedules. "I like talking with parents about their students' classes without grades being the main concern," Christiansen said. (Photo by Alyssa Jones)

*And they lived happily ever after...* While dressed up as Little Red Riding Hood, senior Kaylee Harles reads a story. "My favorite character for storybook Breakfast was Little Red Riding Hood. Another costume I had was the Cheshire Cat," Harles said. (Photo by Madison Nicholls)

**Body found in river likely missing MSUM student**  
**Opponent says NCAA will allow Fighting Sioux nickname**  
**Lonestar's good ole country boys turn it up**  
**Two Lidgerwood girls killed in car crash**

State of chaos: Tired, hungry New Orleans erupts with fights, gunfire  
 Storm gathers steam: Forecasters say Rita may grow over gulf  
 Roberts on verge of becoming next chief justice

*Nations give money, medical care, ships to hurricane victims*  
*Draq insurgents kill another 9 people*  
*Clouds of fear engulf Baghdad*

"No no no no, don't phunk with my heart, no no no don't phunk with my ..." - Black Eyed Peas

# October



**OUCH!!!** During Anatomy/Physiology, senior Lane Lunde was willing to get his parents' permission and get tazed by Officer, Mr. Jason Anderson as a part of an extra-credit project. "I thought it would be a great experience to have fifty-thousand volts of electricity go through my body. I felt like I was transforming into the Incredible Hulk," Lunde said. (Photo by Aimee McEwen)

**Where are you taking us?** During the freshmen respect retreat, Freshmen Jessie Gust, Jessica Krick and teacher Mr. Doyle Plecity get pulled around the gym during a game. Gust explains her favorite part of the retreat. "I enjoyed getting out of class." (Photo by Deb Uetz)

**I hope this doesn't hurt!** Student Council hosts two blood drives a year where students like senior Melissa Gunderson have a chance to donate blood to people who need it. "I decided to donate blood because it was something I could do to help someone else, and I just had to give up a half hour of my day. Plus the donuts were excellent!" Gunderson said. (Photo by Aimee McEwen)



**Let's Do This!** In the Students Today Leaders Forever meeting, senior Trisha McDonald gets everyone ready for the meeting to begin. Trisha is one of the students who formed STL at West Fargo High. "I thought it would be a great way to make students come together in a positive setting," McDonald said. (Photo by Amber Jerger)



**Rake and Run!** While working hard to get the job finished, junior Jenna Poppenhagen rakes outside the school before the NHS sponsored Rake and Run in the middle of October. "It felt good to give back to the community and get some exercise while we were at it," Poppenhagen said. (Photo by Trisha McDonald)



**Which one shall I pick?** At a newspaper bake sale, senior Alison Kelly decides what it is she wants among all of the many choices of goodies and snacks. "I like that it is a beneficial fundraiser to us and gives us money, and, I love that we get to eat the leftovers," Kelly said. (Photo by Alyssa Jones)

**Early snowstorm slams western ND**  
**Fargo boy shot by dad in hunting accident**  
**9 arrested on alcohol charges in Kycia case**

Beating caught on tape: New Orleans police hit 64 year old man  
 Coffee supply runs chilly  
 Mother of Civil Rights movement, Rosa Parks, dies

*US deaths in Iraq reach 2000*  
*Desperate survivors of quake await aid*  
*Bush: Islamic radicals spreading Terror Empire*

*"Because of you, I never stray too far from the sink, because of you, I learned..." -Kelly Clarkson*

# November



*Just hangin' around!* At the end of November there was a huge winter storm that shut school down for two days making this the first time school has been canceled since 1997. Art teacher Mr. Larry Anderson explains what he did on his days off. "I decorated the inside of my house for Christmas and worked on second semester class handouts," Anderson said. (Photo by Ashley Davidson)



*I hope I get in!* During Fast Track week, sitting in the counseling office talking with representatives from Minnesota State University Moorhead, senior Madison Nicholls waits to see if she has been accepted to the college. "I decided to sign up for Fast Track because it was so convenient to have MSUM come here," Nicholls said. (Photo by Aimee McEwen)



*Google! Ask Jeeves! Yahoo! ...so many choices!* Senior Kerri Houle is in deep concentration as she looks up information through the internet on a school laptop after school for ideas to use in an upcoming Student Congress competition. "Student Congress was a unique opportunity and a great insight in to Congress," Houle said. (Photo by Trisha McDonald)



*This glove makes my arm look long.* While on a Family Living field trip to the Bridal Shop, senior Amanda Piller tries on a glove to imagine how her wedding might be. "It made me feel like I was being pushed towards something I didn't want, like I had to have a certain wedding that went with social norms," Piller said. (Photo by Krista Jones)

*I'm finally a senior!* While ordering his cap and gown in the commons during lunch, senior Adam Lynnes realizes the end of high school is almost here. "The best part of my senior year so far is my football season. It was a lot of fun to play with all the seniors," Lynnes said. (Photo by Aimee McEwen)

*That will be 10 dollars...* During Parent Teacher Conferences, Mr. Ron Dahley helps with the craft sale. "We give the money to the Holiday Clearing Bureau, and this year we'll give \$ 500 to them. We're also a major sponsor for a foster care program," Dahley said. (Photo by Madison Nicholls)

**Cheney to step down  
Gamers come early for shot at Xbox  
Ice storm blankets metro area**

High school student elected mayor  
GM cuts 30,000 workers  
Convicted killer who walked out of jail captured

*6 more U.S. service members killed in Iraq  
Investigator checks planes in CIA secret prison probe  
Attack on police kills 21; U.S. soldier dies*

*"Is your man on the floor? If he ain't, let me know. Let me see if you can run it, run it..." -Chris Brown*

# December



*Pinch me I must be dreaming!* Shocked by the announcement, science teacher Mrs. Joan Baltezare holds on to school board member Karen Nitzkorski during her recognition ceremony for winning the Milken Family Foundation National Educator Award. "I was very thankful and honored to receive such an award," Baltezare said. (Photo by Madison Nicholls)

*'Tis the season to be jolly!* Singing holiday carols, the staff brings a little spirit to the holiday season. Breaking a tradition, Principal Gary Clark did not play the piano as usual. "It was tough having to break tradition and not play the piano. However, it was a pleasure singing with the staff for our students," Clark said. (Photo by Meghan Brown)

*Slice her open!* During anatomy class, Mr. Mike Preston helps senior Nicole Hertel and junior Ashley Fournier open up their pig as part of the dissecting process. "My favorite part about dissecting pigs was when we first cut open the body. I had never seen anything like that before!" Hertel said. (Photo by Amber Jerger)



*This is very interesting.* Talking to some senior citizens at the Family Living Tea Party, seniors Rose Malula and Elmedina Music helped in preparation for the party. "I work with people that are preparing for the tea party and I made sure everything looked good," Malula said. (Photo by Krista Jones)



*He's a maniac!* While showing off to the enthusiastic crowd and judges at Mr. West Fargo, senior Brandon Reber performs a little dance for his talent. "Some people are just born with talent, and I guess I'm one of them," Reber said. Reber took second place in the Mr. West Fargo Pageant. (Photo by Madison Nicholls)



*This looks good, and this looks good...* During Tolerance Day held in English, Mrs. Mary Sherman's classroom helps with students from the ELL department. Sophomore Tania Peters chose from a variety of ethnic foods brought by students. "I thought it was fun to try food from different cultures," Peters said. (Photo by Emily Hartley)

**State struggles to de-ice**  
**Dorgan returns tribal gift**  
**Woman flees wrongful death lawsuit in daughter's death**

Miami passenger shot by Air Marshall  
Senate passes goal to extend Patriot Act  
NYC steps up pressure on striking transit workers

*Voters flock to polls: Draqis to determine new government*  
*Palestinian activist killed*  
*Draq insurgents claim to kill U.S. Hostage*

*"Look at this photograph, every time I do it makes me laugh, how did our eyes get so red..." -Nickelback*

# January



*Shake it dad, shake it!* During the Pack-a-Poppa performance, senior Amanda Lenzmeier and her dad, Paul Lenzmeier, dance happily together to a "Beach Boys" theme at the annual Packatahna dance show. "There aren't many sports that parents can do with their children. The dads love being in the spotlight," Lenzmeier said. (Photo by Amber Jerger)



*Helping the community...* While at the March of Dimes meeting, Mrs. Mary Anderson shows a doll of a premature baby. Students join together for fundraisers. "Students have raised money by walking in the Walk America, "Bowls for Babies" and selling beanies. Money raised helps the M. O. D. find the triggers for premature labor," Anderson said. (Photo by Madison Nicholls)



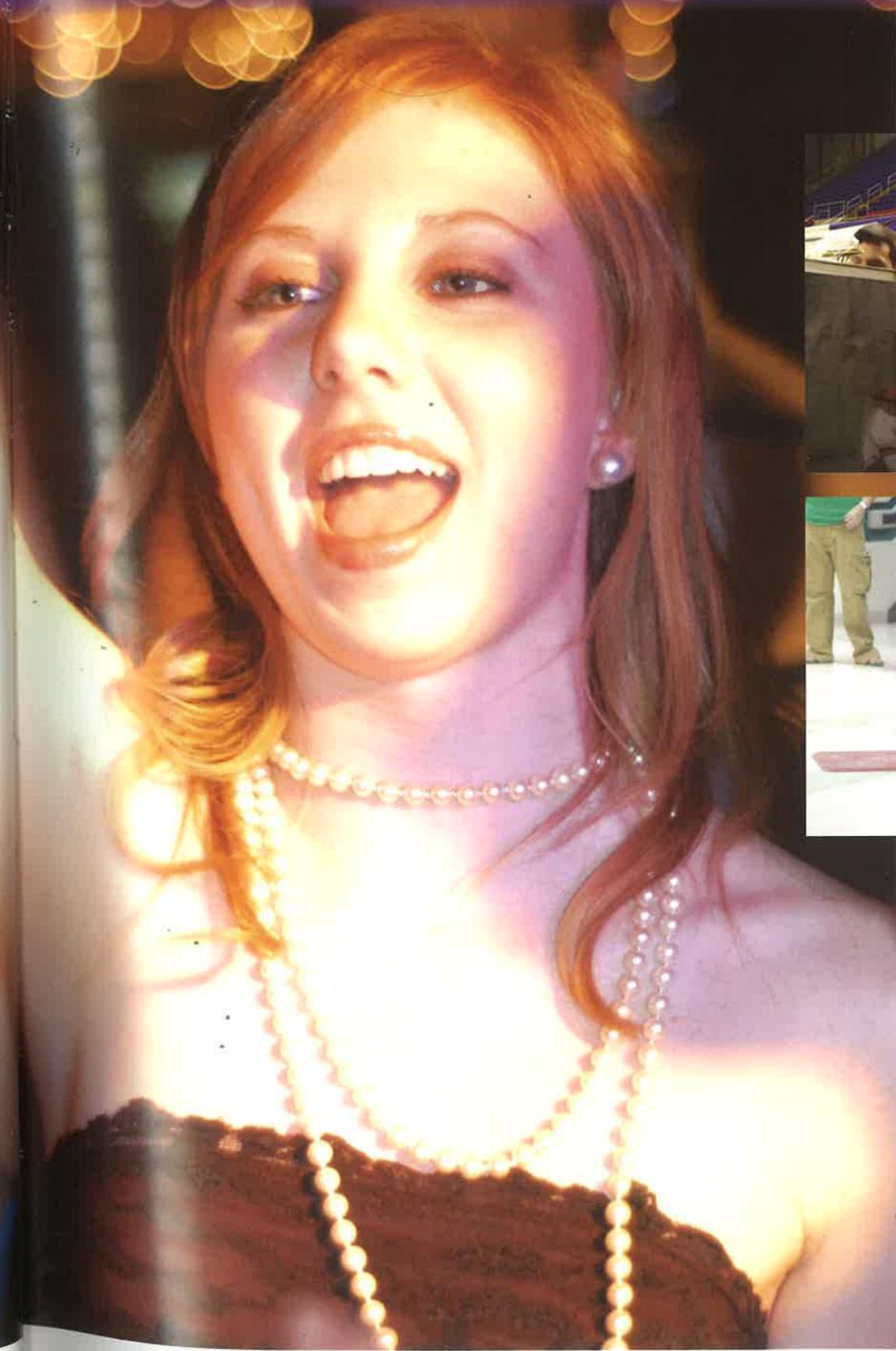
*Welcome to my life...* During an assembly, Holocaust survivor David Faber shares his horrific and inspirational story of his time spent during the Holocaust with the seniors. "The words he repeated, "Teach your kids to love not hate" are permanently embedded in my head and that is what I plan to do and display daily," senior Monique Bergh said. (Photo by Alyssa Jones)

**Fargo Twins joined at chest to be separated at Minnesota hospital**  
**West Fargo Schools say yes to open enrollment**  
**State Mill expansion to boost flour production**

Samuel Alito confirmed as 110<sup>th</sup> Supreme Court Justice  
 Coretta Scott King dies at 78

Ford to cut 25,000 to 30,000 jobs

*U.S. Navy seizes pirate ship off coast of Somalia*  
*Conservative Party wins in Canada Election*  
*Eight Survivors from Indonesia Ferry Found*



*Let's dance!* Getting her groove on at the Sadie Hawkins semi-formal dance, junior Kira Gilbraith dances the night away with her friends. "It was a really fun girl's night, but the best part was when Andrea Hummel and Tyrel Thorson showed up in sweat pants," Gilbraith said. (Photo by Alison Kelly)

*Geared up and ready to learn!* At the Marketplace for Entrepreneurship, seniors Nate Lynnes and Megan Christianson spend some time at a welding booth. "I enjoyed learning how to weld. I have never seen anybody do it, so to experience it with Nate's help was probably the best experience," Christianson said. (Photo by Jenell Lammers)

*Where's the James Bond music?* Finding a way to get across the floor, sophomore Lex Lunde grabs a carpet during an exciting game of Mission Impossible put on by STLFF. "The whole atmosphere [of STLFF] is great. Everyone coming together for a great cause," Lunde said. (Photo by Amber Jerger)

*"I'm so sick of love songs, so tired of tears, so done with wishing you were still here..." -Neo*

# February



**Throw me the ball!** During a girl's home basketball game against Fargo South, senior Andrea Hummel searches for the ball and fights off a contender as she completes her 1000th point that night during the game. "It meant a lot to me especially because only one other person in West Fargo has ever made it to the 1000 point mark," Hummel said. (Photo by Anna Frissell)

**Oh what fun it is to ride...** In St. Boniface, Winnipeg for the French classes' trip to Canada, students enjoy a festive sleigh ride together at the Festivale du Voyageur. "The ride was a little bumpy, but that made it fun although it was a bit chilly," sophomore Stevi Kinsella said. (Photo by Emily Hartley)

**Connect Four, I win!** As an activity during Kindess Week, junior Levi Thene plays a rousing game of Connect Four during his lunch period as a way to bring different students together for some fun and games. "With my connect four skills I dominated my opponent," Thene said. (Photo by Trisha McDonald)



**Pull!** During a game of tug of war during a pep rally, the underclassmen show the upperclassmen what strength really is. "It showed the upperclassmen that we could beat them, and when that happens you know you just have to brush ya shoulder off," sophomore Merema Ahmed said. (Photo by Alyssa Jones)



**Which way is up?** Getting caught in midair, freshman Kelsey Olson entertains the crowd during the Acro performance at the halftime of a home basketball game. "My favorite part [of performing at a home game] is letting all my friends see some of the things that I can do," Olson said. (Photo by Aimee McEwen)



**Excuse me, Mr. President!** During a trip to Washington D.C. to speak in Congress, Miss Lynette Mund poses with a statue. "I enjoyed getting the chance to voice my opinion on women's athletics. It was also a great experience getting to meet some former Olympic athletes," Mund said. (Photo submitted by Lynette Mund)

**Super Wal-Mart explores Fargo options**  
**Fargo conjoined twins hospitalized after infection**  
**Legislature seeks to reverse "terrible" worker turnover**

Super Steelers take Superbowl

Vice President Cheney shoots lawyer in quail hunt blunder

Nebraska meat plant workers claim \$365 million Powerball

*The world says "Benevento" to the Olympics*

*Violence erupts over Haiti vote count*

*Europe grapples with bird flu outbreaks*

"You're beautiful, you're beautiful, you're beautiful, it's true. I saw your face..." -James Blunt

# March



*Do I have one of these?* Standing around the laboratory table, anatomy students curiously poke at and explore the human brains brought into the class for them to inspect. The students first learned about the brain in their textbook and then had a chance to see the real thing. "The brains were really cool, but they did smell really bad," junior Jessica Roth said. (Photo by Haley Hamre)



*Strike a pose!* While posing for a picture, the kitchen staff shows off their fabulous Mardi Gras costumes they dressed up for staff theme days. "We really enjoy dressing up and having fun," Central Kitchen Supervisor Cy R. Metcalf said. Other themes in other departments included The Adam's Family, the Olympics and food. (Photo by Trisha McDonald)



*I want this one!* Looking over the options, sophomores Brittani Goldader, Breanna Seibel, Gina Doll and Whitney Hoovestol decide on a ring when Jostons came to the school to give the sophomores a look at the many possibilities of school rings. "It was very interesting to see all the things that you can put on your class ring," Doll said. (Photo by Aimee McEwen)

**Car hits 10-year-old boy in West Fargo**  
**Police announce 3<sup>rd</sup> recent arrest on internet luring charge**  
**ND flu cases nearly double**

Hall of Famer Kirby Puckett dies  
 Earthen dam in Hawaii bursts, killing one  
 Man shot dead in California Denny's Restaurant

*Draqi parliament to hold 1<sup>st</sup> session March 19*  
*Cyclone lashes Australia, thousands likely homeless*  
*Gas flames a reminder for Nigeria's poor*



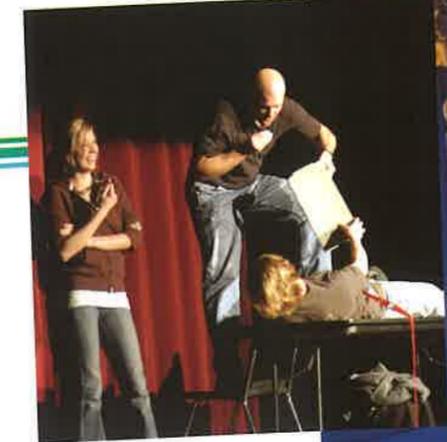
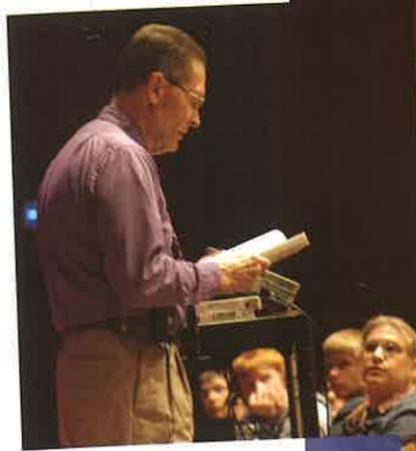
*I'm getting too old for this!* Jumping up to shoot a basket, math teacher Mr. James Dew enjoys participating in the Faculty basketball game against the students. "It was fun being with students other than in a teaching situation," Dew said. (Photo by Madison Nicholls)

*Dodge this, dodge that!* Winding up for the big throw, junior Zachary Odegard plays with his renowned Team 5 during this year's annual dodgeball tournament. Team 5 was the reigning champions from last year. "We all felt a lot of pressure to win again because we all wanted it so bad," Odegard said. Team 5 was unfortunately defeated. (Photo by Madison Nicholls)

*Rock on!* Playing his guitar, sophomore Andrew Hanson shows off his skills on the guitar during the Battle of the Bands competition put on by the Principal's Club. "It was really fun just getting to play in front of an audience," Hanson said. (Photo by Trisha McDonald)

"S.O.S please someone help me, it's not healthy for me to feel this way..." -Rhianna

# April



**On deep thought...** Passing time, junior Jason Carriveau interviews senior contestants Luke Aanenson and Andrew Morro who showed off their dancing skills during their hip-hop performance. "I enjoyed doing the talent show regardless if I placed or not," Morro said. (Photo by Trisha McDonald)

**Bringing Streetcars to West Fargo...** While talking to sophomore class, Mr. Stanley Gordon West discusses his book *Until They Bring the Street Cars Back*. "I liked how the book was set close to the area we live in," sophomore Andrew Hanson said. (Photo by Aimee McEwen)

**Don't hurt him!** During an assembly on abstinence for the sophomores, Keith Deltano demonstrates the risks of getting a sexually transmitted disease on sophomores Chelsea Holmquist and Kristopher Paisley. "I learned that a wrong choice can have many new and difficult responsibilities that I am not ready for," Holmquist said. (Photo by Ashley Davidson)



**Hula-hoop tricks...** As a part of the Student Council sponsored spirit week, Physical Education teacher Mr. David Plecity shows off his hula-hoop skills during lunch. "I learned to hula-hoop from my very good friend Jonas," Plecity said. Student Council held singing and bingo contests during that same week. (Photo by Aimee McEwen)



**Living in deep waters...** During the flood of 2006, the photo displays the condition of the roads and fields that left many students temporarily homeless. "It was hard to be away from my family for a week, but I got to stay with my friend, so it ended up being fun," flood victim junior Sara Conrad said. (Photo submitted by Kira Gilbraith)



**Smile for the camera!!** While smiling for a picture, seniors Elizabeth Volk and Jill Kussatz wait for the program to start at the senior National Honor Society luncheon. "I liked how we all were able to get together once again and remember all the different things we did in NHS," Volk said. (Photo submitted by Jeff Volk)

**Fargo begins flood preparations, declares emergency**  
**NCAA denies Sioux nickname appeal**  
**Wallace named new West Fargo Superintendent**

Tax time: more and more Americans pushing deadline  
 Bush falls to 32 percent approval in poll  
 Snoop Dog arrested in airport brawl

*Queen Elizabeth celebrates 80<sup>th</sup> birthday*  
*Police detain 10 after horrific Egyptian bombings*  
*Dran threatens to hide their nuclear program*

"Everyone knows I'm in over my head, over my head with eight seconds left in over time..." -The Fray

# May



*Do my shoes look ok?* While standing around at the prom dance, junior Jessica Wilkens checks out her shoes when deciding if she should take them off or not. Wilkens explains what she liked about prom. "I liked how everybody was able to get together and just have a good time while being dressed up. It was altogether just a good time." (Photo by Alison Kelly)



*Don't touch the cake!* Posing for a picture, mathematics teacher Melissa Halverson tries to keep her daughter from getting into the cake at the teacher's baby shower in the high school library. "It was fun getting everybody together with all of our kids and showing them all off," Halverson said. The baby shower was open to all teachers at the school. (Photo by Madison Nicholls)

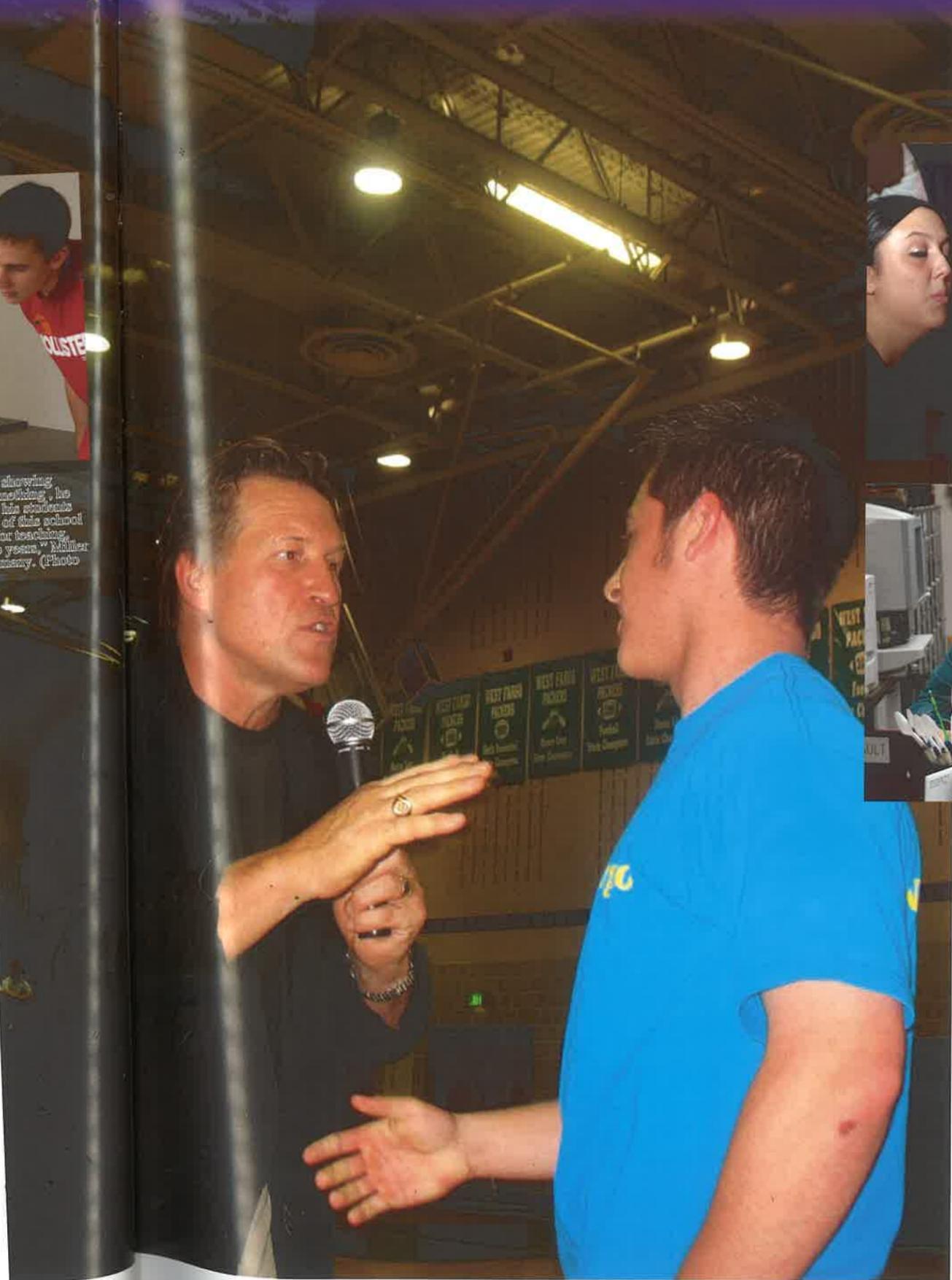


*This should be changed to that!* While showing something, the junior Mike Miller how to perfect his students thinks about how much he will miss his students next year. "Mr. Gad has a great passion for teaching and I like being in his class for these years," Miller said. Gad will be greatly missed by many. (Photo by Sierra Kommer)

**Carlson twins are separated**  
**6,000 runners participate in Fargo's second annual marathon**  
**Fargo High Schools to start late on Wednesdays next year**

Three year old Reachelle Smith goes missing  
 Minot soldier killed in Iraq  
 18 injured in Valleyfair roller coaster accident

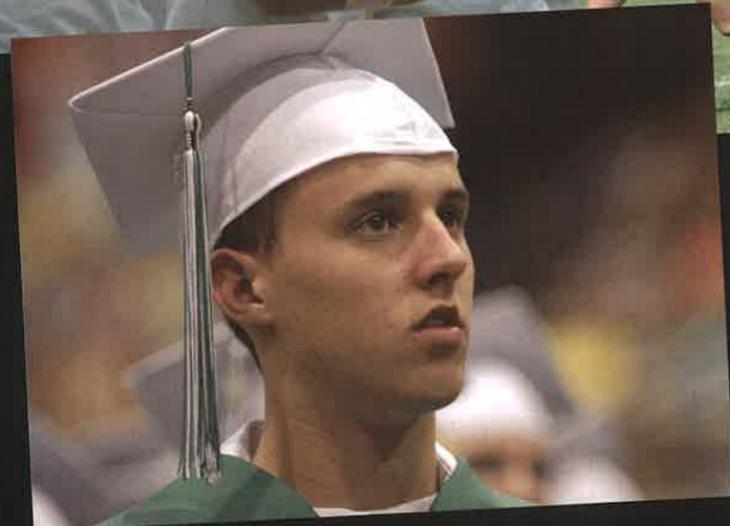
*Family of 7 killed by Bird Flu in Indonesia*  
*Katie Couric leaves the Today show*  
*Taylor Hicks wins American Idol*



*This is what you have to do...* While speaking for the entire student body, Mark Sharonbroc gives advice to senior Brandon Reber. Reber explains what he learned from Sharonbroc. "I should have used crayons a lot more as a kid, I always used colored pencils. I never knew crayons were the way to go." (Photo by Trisha McDonald)

*Look at me, I have a spoon on my nose!* While patiently waiting for the awards ceremony to start at NIPA, sophomore Katie Kapel fools around with senior Dana Kudelka and her spoon. "I liked dressing up like crazy people and going to the trivia bowl," Kapel said. (Photo by Mark Brown)

*Hello??* While answering the phone on one of her last days, Mrs. Doris Rheault concentrates on her work that needs to be done. Rheault will be retiring at the end of this year. "She has been very helpful through the years I have been going to school here, and it will be very sad to see such a good person leave," senior Krista Jones said. (Photo by Sierra Kommer)



Prom

opinions

Lack of sleep

School Rivals

Dreams

Graduation

Homecoming

*"These are the days worth living..."*

Parents

*-The Calling*

Stereotypes

Siblings

cheating/excuses

Battle of the Sexes

School Differences

Urban Legends

Fads

Traditions

*Break!* While participating in the dodgeball tournament, junior Jo Jo Haerter celebrates with the Pink Panthers. "My favorite part about the dodgeball tourney was being the crowd favorite," Haerter said. (Photo by Madison Nicholls)

*Can't touch this!* During the Powderpuff game, senior Sarah Clark dodges from a junior while running to score a touchdown. "Everytime we scored I would tell Ingrid I loved her for blocking me. She probably thought I was crazy," Clark said. (Photo by Alyssa Jones)

*Almost there...* While listening to the speakers, senior Josh Issertell thinks about the past four years at WFHS. "The high school days were fun, but it's time for us to all move on with our lives," Issertell said. (Photo by Alyssa Jones)

*How much longer?* While waiting to enter the high school before prom, senior Ben Anderson stands with his date. "Prom was a blast because I got to ride around in an awesome truck with a pretty girl," Anderson said. (Photo by Emily Hartley)

*"Be true to your school now and let your colors fly, be true to your school..." -Beach Boys*

*What an honor...* While posing for a picture, senior Tom Bishoff shows off a smile. "My favorite part of homecoming was watching Reber put the crown on Trisha and not making it suspenseful," Bishoff said. (Photo by Scherlings)



*Bust a move...* While having fun at Homecoming, freshman Sam Knutson dances away with friends. "Getting to have fun with my friends was the best part," Knutson said. (Photo by Scherlings)

*Watch Out Bad Guys...* While dressing up during Homecoming week, senior Jannel Barnes sports off her life as a superhero. "I just looked around the house and wore what I could find," Barnes said. (Photo by Scherlings)

## Sorry Ms. Popularity Candidates Based on School Spirit

"The ballots have been filled out and the votes have been tallied, it is time to announce this year's homecoming court." This phrase was heard by all in attendance at coronation.

Choosing homecoming royalty has been a tradition that is an important part of senior year. Seniors vote for candidates for many different reasons. "I voted for Trisha because she is a good friend of mine," senior Leslie Pladson said.

Although many guys vote for their friends or girls that they think are good looking, most of them vote for girls that they might not even really know because of their friendliness in the hallways. "I vote for people that are outgoing, friendly to everyone and who show good school spirit," senior Tyrel Thorson said. Students feel that well-rounded students should be homecoming royalty.

In some schools being nominated to the homecoming court is more of a popularity contest than an honor to represent their class. "I feel that this year's royalty represents the class of 2006 in a good light," senior Alison Kelly said.

After all of the commotion that has gone on with voting for this year's candidates, the senior class feels that they have chosen the right people for this year's homecoming king and queen. **-Andrea Hummel**



## Hunting Season: Juniors Bring New Twist to Game

"Let the bodies hit the floor! Let the bodies hit the floor!" The juniors heard this cheer from the seniors' side at the fall pep rally. This is where the competition began. Going into homecoming week, the junior and senior girls thought it was just another girls' football game, but in the end, both sides made PowderPuff history.

Every year homecoming week involves a theme for each day and a series of sporting events, but what all the girls wait for is the Wednesday, PowderPuff day. Coming in the game with confidence, the seniors overcame the juniors making this their consecutive year of winning, something that only happens every so often. While seniors made history, the juniors made the first ever theme in history, "Hunting Season Has Begun."

The junior theme was unexpected by many. "I thought the junior theme was funny. I liked it," senior Erin Johnson said.

The juniors worked hard to create something new and creative. "I thought the theme was pretty creative and funny. I wouldn't have expected it. It was really different compared to the past years," junior Jessica Wilkens said.

The outcome of the game was disappointing for the juniors, but nothing new for the seniors. "We practiced a lot and it showed during the game," Johnson said.

The juniors agree that although it was a loss, it was a lot of fun. "We practiced seven days for the game. The practices were fun because we were able to play football with all girls," junior Danielle Mehus said.

In the end, homecoming was a success and a lot of fun. It was a year of history being made; the seniors won again, and the juniors created the first ever PowderPuff theme. It is true that the hunters got hunted, but all can agree they looked good while doing it.

**-Ashley Helm**



*"Very superstitious, writing on the wall, very superstitious, ladder's 'bout to fall..." - Stevie Wonder*

# Urban Legends: Fact or Foe

*Do you believe in urban legends?*



Freshman Jana Fillbrandt

**"Yes, because it's an interesting topic, and you don't know if it's true or not."**



Sophomore Alyssa Jones

**"No, because I haven't heard many, and it's not something I am truly interested in."**



Sophomore Landry Boehm

**"Yes, because on Friday the 13th my friend broke his wrist, and I locked my keys in my car."**



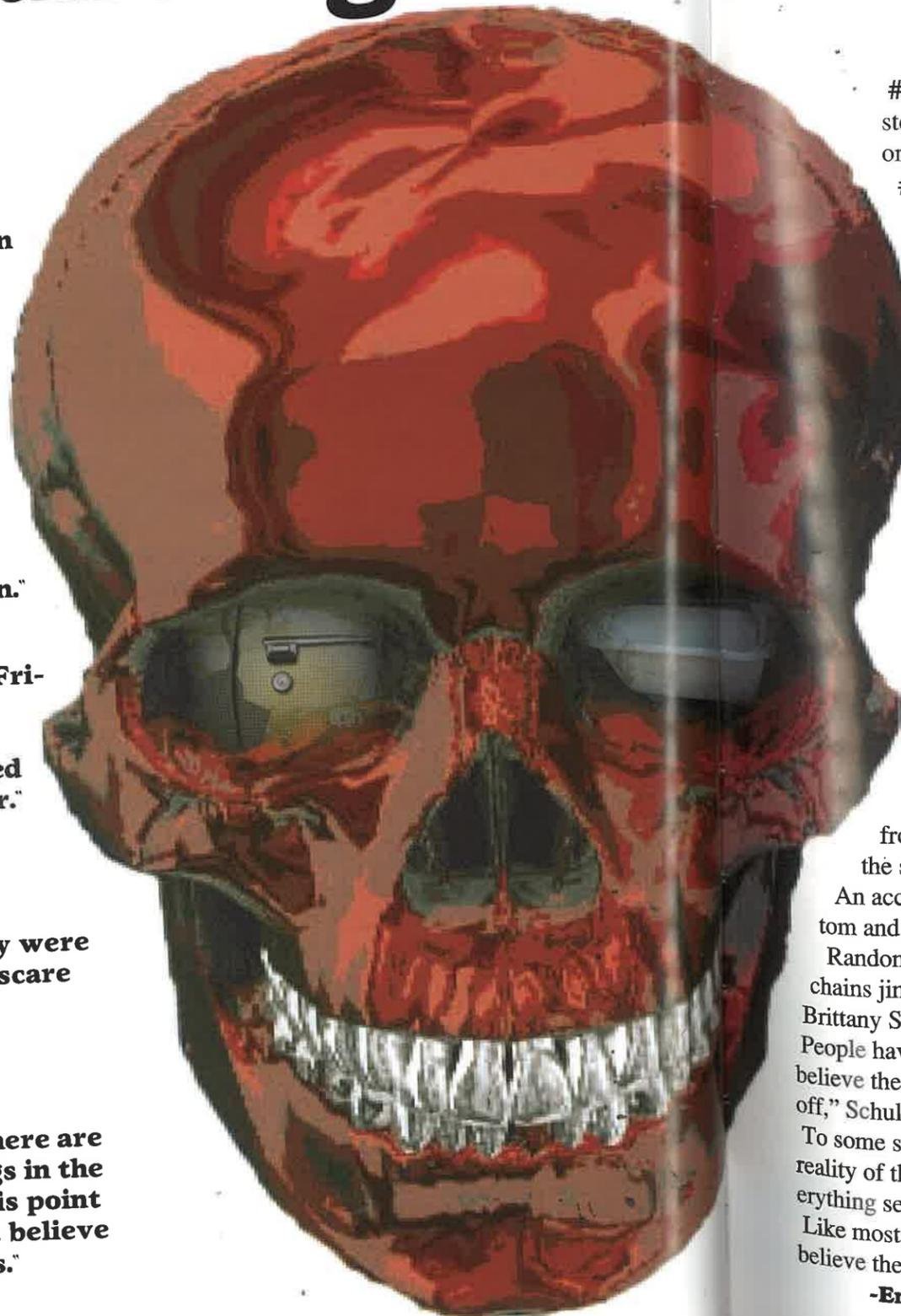
Junior Ellen Vaagen

**"No, because they were made up just to scare people."**



Senior Tawny Hewitt

**"I believe that there are impossible things in the world, but at this point in my life I don't believe in urban legends."**



## *Top Five most remembered Urban Legends*

#5. One of the oldest urban legends is the tale of the loch ness monster in Scotland. The creature is said to have come from an unknown origin.

#4. You wake up in the bathtub with ice all around you and find that your appendix is missing. It is later discovered for sale on e-bay.

#3. You are babysitting for a family. The phone rings, and the person on the other line tells you to go check on the kids. When you go to their bedroom, they are gone.

#2. You are driving down the road, and the person behind you is flashing their headlights trying to get your attention because there is someone in your back seat trying to kill you.

#1. You are driving down the road at night, and you signal to an oncoming car that their headlights are not on. They turn around and start to follow you, rapidly flashing their lights. They eventually catch you, and then you die.

## Spirits, Hauntings, Ghosts, Oh My

Chains are rattling, voices howling and lights flickering. Darkness engulfs everything because all the flashlights have mysteriously gone out. Being in a "haunted" place can leave some students scared long after the experience.

A school in Comstock, Minnesota, is believed by some to be one of these haunted places. Students from West Fargo High School often go to see the school around Halloween for their annual dose of the spooks.

An accident at the school may have left spirits behind. "A long, long, time ago, the top floor fell on the bottom and killed twelve people, so now people are scared of it," senior Brett Colliton said.

Random occurrences at the school have placed fear in the minds of many. "In the back, we could hear chains jingling. In the front, a top floor light was on. An outside light came on when we were there," senior Brittany Schulz said of her adventure in Comstock.

People have had eerie experiences at the school, but most students have their own opinions as to whether they believe the haunting of the Comstock school. "Yes, I definitely do because of the noises and lights going on and off," Schulz said.

To some students, though, cameras make the attractions seem set up. This gives them some doubt about the reality of the school's haunting souls. "No, I don't [believe it is haunted]," senior Matthew Kulesa said, "everything seems so fake."

Like most haunted places, the Comstock school has a fatal story behind it. Odd happenings have made some believe the building is haunted, but ghosts and spirits will always be an issue of disbelief for many.

**-Emily Hartley**

"You make excuses for their ruthlessness, you can't imagine being so careless..." -Hard-Fi

# Saved by the Bell

"I think it's [cheating] really wrong because it's like you're stealing someone else's time."

-Junior  
Alison Jenson

## Earning Their Scores

### Noncheaters React to Classmates' Tactics

The teacher turns her back for one moment, and a student leans forward to compare his answers with the girl's in front of him. Another student rolls up her shirt sleeve to reveal answers written on her arm. Everyone knows cheating exists at West Fargo High School, but the widely held idea that everyone does it is not quite true.

Even the students who choose to get their grades the real way, however, do know ways to cheat. "I've heard of people writing on their hands, taking extra test papers, writing on desks and looking at other people's tests," sophomore Sadie Doggett said.

Those students who do not cheat may view the subject as morally wrong. "I think it's really wrong because it's like you're stealing someone else's time," junior Alison Jenson said.

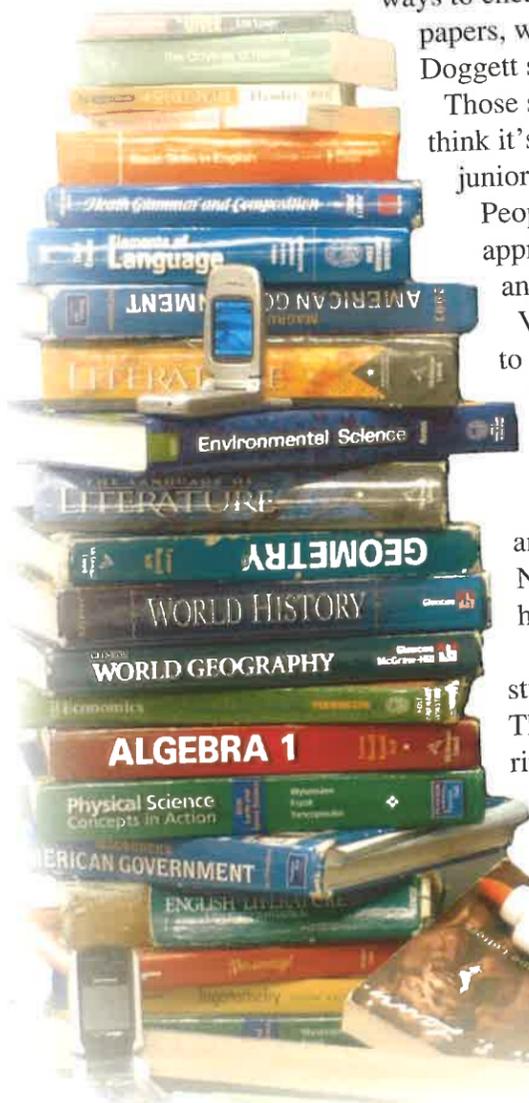
People who earn their grades based solely on their effort often do not approve of their peers who cheat. "They have no morals, and they'll do anything to get a score," Doggett said.

Values usually play a large part in a student's decision of whether or not to cheat. The issue of getting a good grade because of someone else's time and effort is also involved. "I think we should get grades we deserve, and I'd feel guilty," Jenson said. That nagging conscience can make the easy way out look a little less inviting.

Some students cheat just because they have not done their homework and, therefore, have no idea what is going on in the classroom. Noncheaters say this is no excuse. "It's not that hard to do your homework yourself," sophomore Jace Holm said.

When the teacher with her back to the class turns around, the cheating students are not fast enough to cover up their attempts to get a better score. The teacher marches them off to the all-too-familiar principal's office and rips up their tests, giving them each a zero; so much for that better score.

-Emily Hartley



## STUDENT'S PASS OR TRANSFER

Date Anyday 2006

Student's Name Any West Fargo High School Student

To Class

Reason for Leaving My mom didn't wake me up, my car wouldn't start, I missed the bus, I got a flat tire, my dog ran away and I had to chase him, I got hit by a deer

Time Left 8:45 Teacher Mr. Belding

Time Arrived 9:02 Time Returned \_\_\_\_\_ Teacher Mr. Feeney

Form No. 116 - Supreme School Supply Co., Arcadia, WI 54612

## Teachers Giving Tough Tasks

### Students Create Controversial Excuses for Missing Work

"I forgot. The dog ate it. I left it at home. I don't understand it. I didn't know it was due today." These are just a few of the more famous excuses a student might give for not having an assignment done on time.

Some students can come up with some dumb excuses for not having their assignment. "The teacher lost it has to be the dumbest [excuse]. When the teacher asks if you handed in your assignment you say, 'yes, but you lost it,'" senior Braden Kirkey said.

Many students just do not do their homework, but some probably never thought about how it makes the teacher feel. "[I feel] angry and disappointed, angry that they are not using this free education to benefit themselves and enhance their brain power; disappointed that they are setting themselves up for failure," math teacher Ms. Laura Bartsch said.

One student, sophomore Leah Jenson did give input on how a teacher may feel. "They think you're stupid and won't trust you ever again," Jenson said.

When the teacher asks why the assignment was not done, the student will try to tell them a reason besides the fact that they were just too busy the night before. "Tell them it's in your car, then go in the hallway and finish it real quickly. It works sometimes, but it depends on the teacher," Kirkey said.

Whether or not the student wants to do the assignment, they will benefit most from just doing the work, learning the information and getting the grade they deserve.

-Kim Stulken

## Snoozing Through School After Long Night's Work

*Rise and shine!* During school hours, sophomore Mike Kildahl puts his head down for a rest. "I was up late studying for finals," Kildahl said. Late hours cause students difficulty keeping their eyes open and their heads focused during school hours. (Photo by Nathan Brown)



A typical day for most high school students is a five step process. Step one—drag themselves out of bed and grab something to eat on their way out of the house to make it to school on time. Step two—suffer through a school day while filling their heads with knowledge, half of which they will never use again, and struggling not to nod off in all of their classes. Step three—finish the day only to head off to work or extra-curricular activities. Step four—get home late and find time for both a social life and homework. Step five—crash at about 1:00ish in the a.m. somewhere between their government and algebra homework. Most students are not getting the recommended amount of sleep, and school may be the number one culprit. Students find that "I usually don't depends

homework robs precious hours of sleep. get to bed until at least 12:00 a.m. It on how much homework I have," senior Nathan Lynnes said.

It is not unusual to find a classmate snoozing in the middle of a lecture, drool pooling on top of their notebook. Getting detention for falling asleep is a frequent occurrence.

"I have school and football to worry about, and I

want some free time too. It's hard to catch up on sleep. I get in trouble sometimes for falling asleep in class," senior Gavin Schmidt said.

High school students, although like zombies during the week, find a burst of energy during the weekend. Stress of school for those couple of days and gives them catch up on their z's.

more energy during the weekends because in and not worry about both school and fun is more of a factor on the weekends," Lundberg said.

students commit more of their time to finishing homework and spending time sleeping.

-Sadie Mathson



### Dream Meanings

- Falling: shows lack of control, insecurity, and support.
- Accident: feeling of guilt or punishing yourself.
- Death: shows you are lacking a loving quality.
- Devil: signifies negative aspects of yourself.
- Lazy: shows you will make a major error.
- Unicycle: signifies you are in total control in life.
- Bowling: shows hits, strikes, and mishaps in your life.
- Boyfriend: shows how much you care about him.
- Girlfriend: shows how much you care about her.
- Echo: symbolizes the need to hear yourself.

<http://www.dreammoods.com/dreamdictionary/a.htm>

## Sweet Dreams: Good, Bad, Both Part of Night's Rest

"I have weird dreams, just random things that would never happen," freshman Sarah Denne said. In general, Denne summarizes the dreams of everyone with this statement. Dreaming takes people into a world of wild animals, spooky characters and actions that defy reality.

Often the dreams that invoke the most thought upon waking are those that are beyond strange.

"I once dreamt that a dinosaur was going to eat me, and I was the last person on Earth," Denne said.

Nighttime snoozing can bring visions that are not so unreal but seem weird nonetheless.

"I had a dream that my dad was Bam Margera from *Viva La Bam*," sophomore Emily Schreier said.

Ordinary occurrences become extraordinary when they are seen in the mind's eye at night.

"There's times when I dream in my dreams," sophomore Mike Brown said.

Sometimes the same dream occurs

over and over until something in it is resolved.

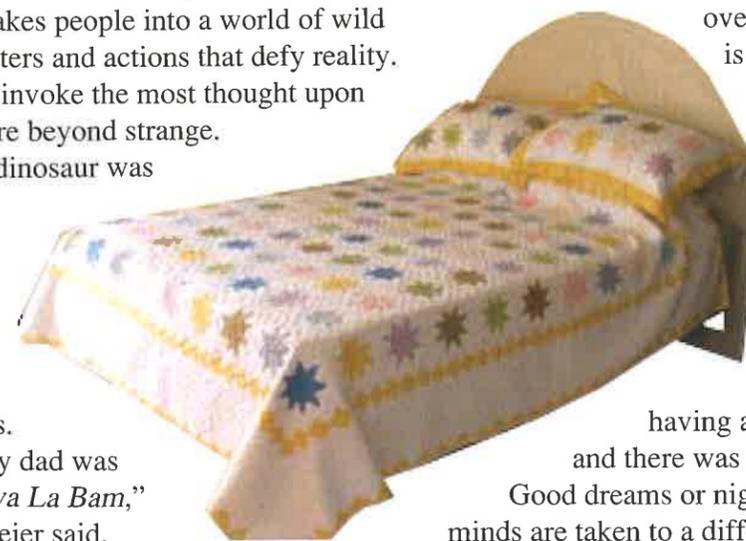
"I dreamt when I was little that this witch was going to kill me, and [I kept having it until] I hit her with a binder and she died," Denne said.

Brown had a recurring dream quite similar to Denne's.

"When I was little, I kept having a nightmare that my mom died and there was a witch lady," Brown said.

Good dreams or nightmares, one-timers or repeats, minds are taken to a different place in the dark of the night, a place that most could only "dream" of.

-Emily Hartley



"People hear you talking like that; getting everybody fired up." - Gwen Stefani

# If You Mess With the Bull...

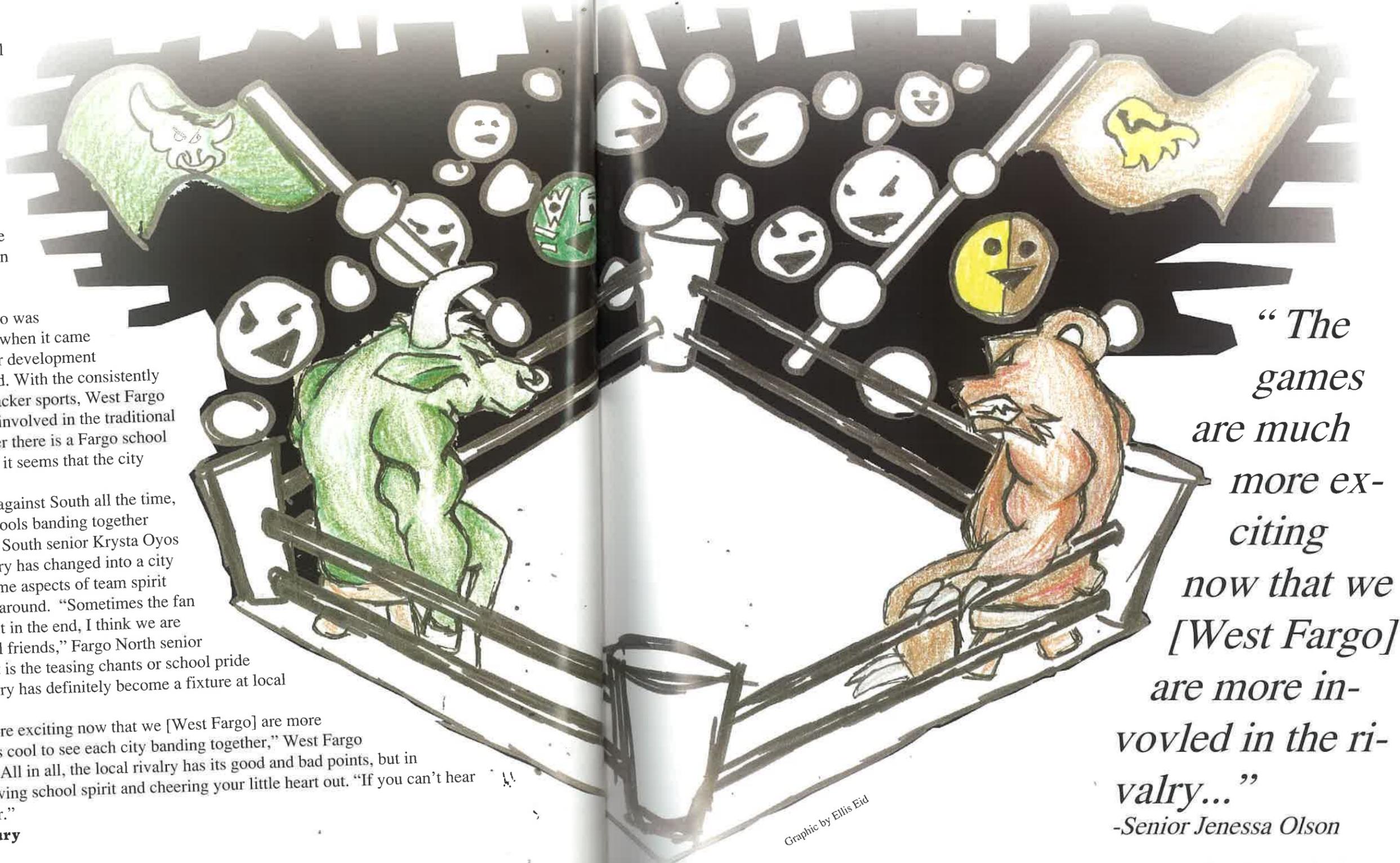
"We're from West Fargo, couldn't be prouder..." School rivalries have been around for many years. In this area especially, the main conflict has been known to be between the two Fargo powerhouses of North and South high schools. In recent years, this rivalry has weakened as the Packers have become more of a competition to their Bruin and Spartan counterparts.

"Back in the day, West Fargo was not even on the radar screen when it came to sports," West Fargo career development teacher, Mr. Ron Dahley said. With the consistently progressive prevalence of Packer sports, West Fargo has become more and more involved in the traditional Fargo area rivalry. Whenever there is a Fargo school playing against West Fargo, it seems that the city lines are drawn.

"Instead of it being North against South all the time, it has become the Fargo schools banding together against West Fargo," Fargo South senior Krysta Oyos said. Even though this rivalry has changed into a city versus city situation, the same aspects of team spirit and crowd competition are around. "Sometimes the fan sections get out of hand, but in the end, I think we are all, well most of us, are still friends," Fargo North senior Tom Ebert said. Whether it is the teasing chants or school pride cheers, the Fargo area rivalry has definitely become a fixture at local sports events.

"The games are much more exciting now that we [West Fargo] are more involved in the rivalry, it is cool to see each city banding together," West Fargo senior Jenessa Olson said. All in all, the local rivalry has its good and bad points, but in the end, it is all about showing school spirit and cheering your little heart out. "If you can't hear us, we'll yell a little louder."

**-Ingrid Scantlebury**



Graphic by Ellis Eid

*"The games are much more exciting now that we [West Fargo] are more involved in the rivalry..."*

*-Senior Jenessa Olson*

*We're only good for the latest trend...besides we've*

*got such good fashion sense" - Fall Out Boy*

*When is the best time for students to show off the latest trends?*

During lunch transitions, students rush down the stairs, displaying the latest fashions. The trends and fashions of 2005 could be recognized by anyone. " (I remember) Sparkly purses, skater shoes, flats and bangs," junior Joe Connor said. As shown, the most common style includes the ever-notorious shiny purses. While shiny purses, bangs, and skater shoes were a must in 2005, who knows what the must have of 2006 will be. (Picture by Aimee McEwen)



## Out With the Old In With the New

Zubaz and snap bracelets bring to mind only one word, fashion. In today's society fashion is like the weather and is constantly changing. That hot new outfit bought on Monday could be out of style by Friday. So what is it exactly that makes this year's trends different from the styles of the past?

Every student has a favorite fad of the past. "My favorite little fad was the light up shoes, and who can forget Giga Pets?" junior Kelsey Stroh said. It is very unlikely to see a student sporting these outdated trends walking around West Fargo High School, but it is much more likely to see a student showing off some new Puma sneakers and listening to the latest tunes on his or her I-Pod.

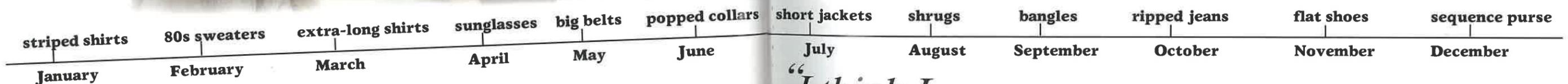
This year's trends and fads allow the students to show their individualism. "I think a big trend of this year is layering. Putting together different colors and patterns

is fun and can add a lot to an outfit," senior Sarah Flanagan said. A lot of girls are trying out this new trend, but some are taking the fad a little too far.

Trying too hard to keep up with the latest fads can sometimes end in disaster. "It seems like some girls walk into Wet Seal and buy every sparkly thing they can find then wear everything all at once," senior Anna Kiefer said. When students make this mistake, they can quickly start to resemble the big haired, shoulder padded, tacky-colored 1980's.

Keeping up with these changing trends is always a difficult task. A student walking through the commons today wearing Zubaz would be laughed at, but maybe in 20 years those wild pants will be back, bigger and better than ever. For now, everyone can only wait to see what will be the next "big thing."

**- Jesse Mattern**



## Stereotypes: Have They Gone Too Far

To be a stereotype is to be regarded as embodying or conforming to a set image or type. Although this is a broad definition, it can come down to specifics when it comes to the labels given by the media.

When people look exactly like their friends, is that just making the stereotypes more believable? "I think I dress opposite of what my friends do, if you want to say I dress 'boyish.' I don't like how the girls clothes always have to be skin tight. I like to be comfy all the time," junior Ashley Fournier said.

Although fads are ever-changing throughout the years, they seem to be part of what stereotypes people have in today's society. "I think being extremely tan won't be popular in the future and Ugg boots are definitely out," senior Lacey Finnell said.

Stereotypes sometimes define who a person is and how they think. They have even torn friendships apart. Some people hang out with a completely different group than they did in middle school.

"We really just grew apart and went our separate ways, but I kind of still talk to them," senior Amber Sturre said. There are many issues that contribute to the stereotypes of today, but some people are actually trying to stop. The dumb jock may turn out to be a great chemist, or the ditzy cheerleader could walk on the moon someday. If people take into consideration how others are on the inside, rather than how they look on the outside, maybe the world could be a better place.

**-Krista Jones**

*"I think I dress opposite of what my friends do..."*

*-Junior Ashley Fournier*

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### Most Common Styles



"Hey, would anyone like to buy, A slightly used big brother?" -Mary-Kate and Ashley Olson

# Family...Love Them, Hate Them

## Siblings Interacting At Home, In School

"It's always better when we're together..." Many students from West Fargo High School feel that this quote, from one of Jack Johnson's songs, describes the relationship they have with their siblings.

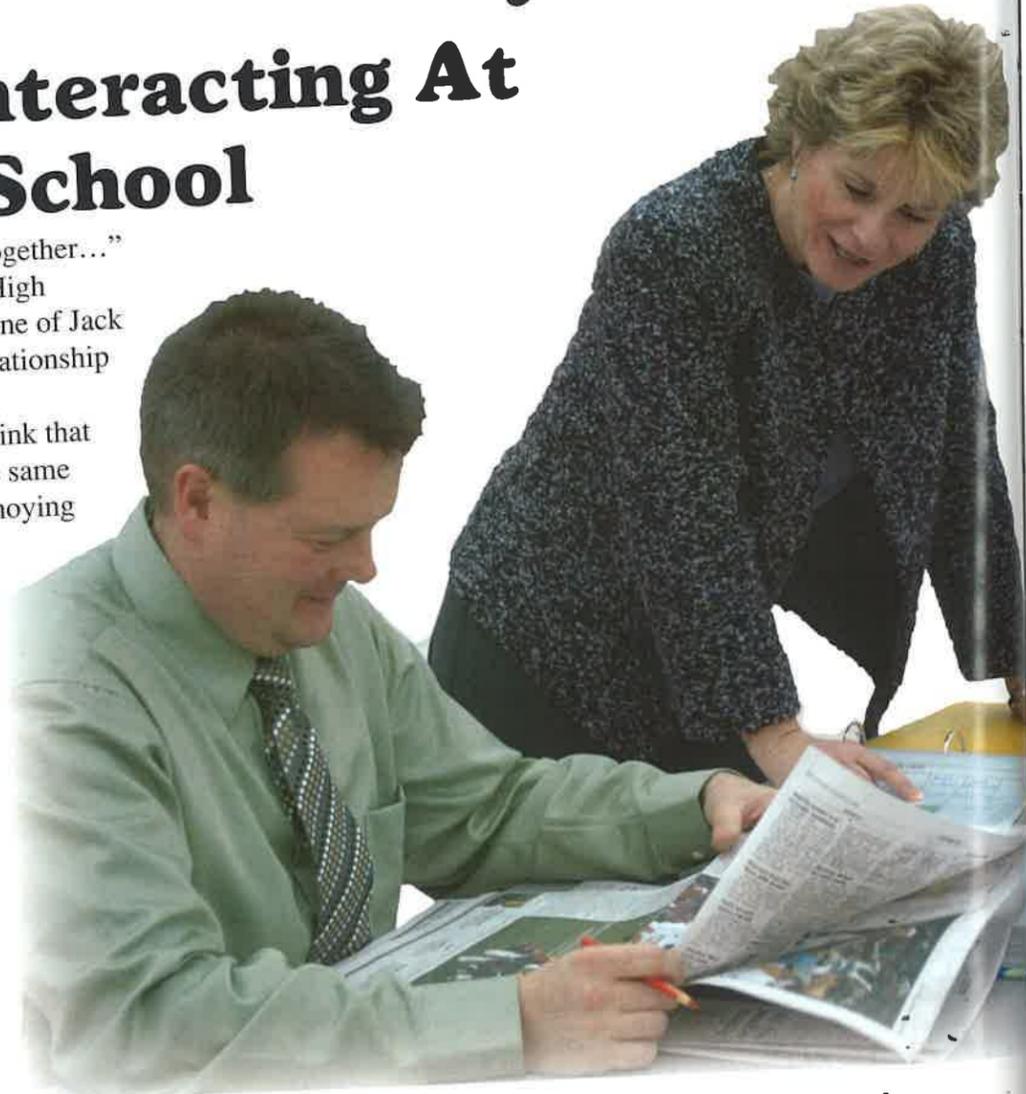
Although many people would think that having one of their siblings in the same school as them would be a bit annoying or stressful, it is not for most students. "Having my brother in school with me isn't any different than if it was just me," junior Jo Jo Haerter said of her twin brother Gerrit.

Many of the pairs of siblings in the high school enjoy spending time together. "My brother and I chill and go hunting together," senior Taylor Moch said.

Families that have multiple children, like the McCrackens, experience different relationships between siblings. "I am close with my younger sister, but I am closer to my older sister, Liz because we are closer in age," senior Jen McCracken said.

Whether it is in school, out of school or at home, siblings prove to demonstrate close relationships with each other.

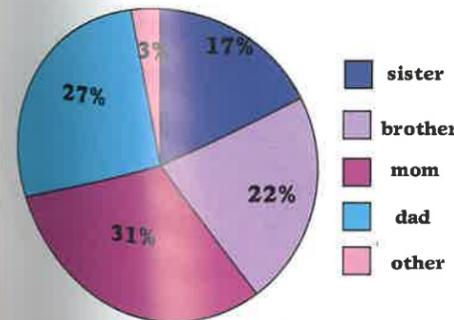
-Andrea Hummel



Senior Josh Green and Sophomore Jamie Green

## Students Reveal Favorite Family Member

238 surveys were handed out about which family member students get along with best. There were 132 responses. From the results students seem to get along better with their parents than their siblings.



## Differences Create Controversy

"Do the dishes! Clean your room! Feed the dog! You're way past your curfew! Where were you? I was worried sick!" These are just a few of the joyous sayings most parents are famous for screaming at their kids. They might also be part of the reason students have such a difficult time getting along with their parents.

One reason students may not get along with their parents involves different areas of interest.

"We like different things. If I like one thing, she likes another," sophomore Tory Graves said about her mother.

Another possibility for conflict may be parents expecting more than a student can give.

"They can be really strict. They aren't trusting at all," junior Lindsey Gianakos said.

Siblings can be another cause of disagreements.

"She thinks she can't do anything by herself. She always wants help, and then I get in trouble," junior Heather Utke said of her sister.

Freshman Ashley Walen agrees with Utke.

"My mom doesn't think I am ambitious because my older siblings are over ambitious," Walen said.

One last area that may bring about problems is rules parents set for their children.

"They make my curfew be 1:00, and I yell at them to make it later," junior Sabrina Swanson said.

There are many reasons students and parents argue, including having different tastes, siblings causing problems and parents setting rules for their children to follow. However, conflict

between children and parents is a part of growing up, so it is unavoidable.

-Kim Stulken



Sophomore Bryant Sanderson and Sophomore Aaron Sanderson

*Family time:* Junior Morgan Anderson reflects on having parents in school. "It really is not any different than what I think it would be like if they [Lori Anderson, Rick Anderson] did not work here, but it is nice to have them around if I need something, especially with homework like spanish," Morgan Anderson said.



*"Of all the hopes and dreams I could have prayed for, here you are..." -Oliver James*

*Time to get funky!* At prom, junior Kayla Burns has fun on the dance floor. "The best part of the dance was just having a good time with all my close friends," Burns said. (Photo by Alison Kelly)



*Just tap it in...* At post prom, junior Danielle Mehus dominates in a game of pool. "The best part about prom was being able to be with everyone and play the games," Mehus said. (Photo by Christi Hawley)



*Don't forget to smile!* Walking through grand march, juniors Amanda Bullis and Matthew Setter smile for the camera. "Prom was so much fun because I loved getting all dressed up," Bullis said. (Photo by Alyssa Jones)

## Prom - Big Deal, Big Bucks

### Girls Spend Money to Look Good

What do dresses, hair, nails and tans all have in common? These are many of the expenses for high school girls when it comes to prom. The average girl spends approximately \$700 on prom. From the dress to hair to nails to tans, the price adds up quickly.

Even though it becomes extremely expensive, most girls still choose to go. "I go to prom even though it is so expensive because it is a once in a lifetime experience," junior Megan Schwartz said. Some girls look for ways to minimize the high price of prom. Lowering the price may include eliminating things that are not necessary. "I choose not to go tanning before prom. This saved me around \$50," senior Elyse Porter said.

When guys are asked how much they spend in getting themselves ready for prom, the price is considerably different. "I only spent about \$150 total, including the \$10 prom tickets," senior David Monson said. The reason most guys do not spend as much on prom is unknown. "I think girls just get into it too much, they feel that they have to outdo each other," senior Colin Guidinger said.

From dresses to tans, girls in general spend much more money on the whole prom experience.

**-Alyssa Freéd**



## Viva Las Vegas: Prom 2006

### Juniors Make Prom Memories Last For Years to Come

What do Las Vegas and prom have in common? That is the question prom committee members asked themselves in November when they began planning prom.

Before prom could be planned, a theme had to be chosen. Prom committee members spent many hours choosing a theme. "We looked through books, picked the ideas we liked and voted as a group [on our theme]," junior Amanda Dirks said.

Once the theme was picked, the developing of prom began. "We separated into groups and made small presentations of what we thought would be awesome and combined them by voting on what we liked," Dirks said.

After many months of planning, Prom 2006 finally came together in a Vegas-like fashion. "It was cool to have a casino sign into the commons and dice all over," junior Emelia Fahrman said after attending prom.

Those who attended prom agreed the theme was new and different. "I thought the theme was really individual, and I felt like I was in Las Vegas," senior Brett Colliton said.

Junior Kayla Burns agreed with Colliton and thought the theme changed the feeling of the evening. "It was more upbeat than lovey-dovey," Burns said.

In the end, Prom 2006, Viva Las Vegas, went down as a night that will not soon be forgotten.

**-Kira Gilbraith**



*"I guess I thought that this would never end and suddenly it's like we're women and men..." -Vitamin C*

**Family Ties...** After graduating from West Fargo, twins Brett Anderson and Kayla Anderson look at each other in great satisfaction of their accomplishments. "We had an open house, but it was weird because it was like we were stealing the spotlight from each other, but it was special sharing it with someone you love," B. Anderson said. (Photo by Alyssa Jones)

**Do not fall...** After receiving his diploma senior Chris Lundberg walks down. "I felt relieved to finally graduate from high school and start college," Lundberg said. (Photo by Alyssa Jones)

**Congratulations, you did it!** During Graduation at the Civic Center, senior Suzanne Al-Kayali receives her diploma. "Getting to have fun with my friends was the best part," Al-Kayali said. (Photo by Alyssa Jones)



## Seniors Will Be Missed *Big Effect on School*

They put on their cap and gown, walked down the aisle and received their diplomas. The time came for the seniors to move on to bigger and better things, but many students still attending the high school are not ready for the change. This year's seniors have left a lasting impact on the underclassmen.

Over the years, many friendships and bonds have been made between the seniors and other students in the school. "I think I'll mostly miss my oldest friends who are seniors, hanging out with them and seeing them in the hallways," junior Ashley Helm said.

The senior class was unique and different, and the more relaxed atmosphere they created was noticed. "The seniors provided a laid back feeling, and I think we all respected and looked up to them," junior Kelsie Feickert said.

The seniors will also be saddened by the thought of not coming back. "I am going to miss seeing all the people I hung out with for the last four years and also the cookies from the cafeteria," senior Anna Kiefer said.

The seniors are a group of people that will not soon be forgotten. They made the best out of what was around them and spread that attitude to everyone else.

They will be missed by many and remembered by all.

**-Danielle Mehus**



## The Pressure of Graduating *Seniors Have Many Decisions*

Little Angie Young grabs her 'My Little Pony' backpack out of the back seat of her mom's car, secures it around her shoulders and slowly walks towards her first day of kindergarten with her head at a downward tilt and nothing but fear on her mind.

Little did she know, about 12 years later, she would be doing that same walk, only this time, wearing a white cap and a Packer green graduation gown. "I feel like I should already know my life plan and the direction I want to go in, which makes me nervous and scared," Young said.

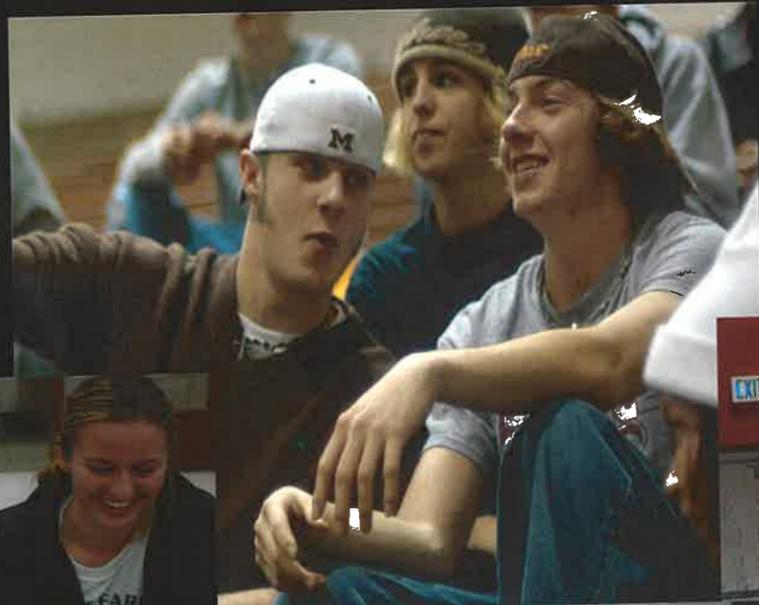
Every graduating senior has dozens of difficult decisions to make about what he or she wants to do with his or her life. For most, it is that point where they realize they are all grown-up and need to face life on their own, but for others, they have a few more years ahead of them before they even realize they need to get serious. "It is hard to realize that the decisions we make right now are going to affect the rest of our lives," senior Kayla Whitaker said.

The first step out of high school is usually a full-time job or college. Senior Jenell Lammers plans to take the college route, heading to North Dakota State University next year in hopes of finding the right career for her. "I'm going into college with an open mind, and I would like to find a field that I enjoy," Lammers said.

Just as Angie Young strapped on that little backpack, the senior class is strapping on huge decisions leading to life on their own.

**-Kelsey Stroh**





Seniors

2007

Juniors

2006

*"We'll make the best of what's around"*

*Dave Matthews*

Sophomores

2008

2009

Freshmen

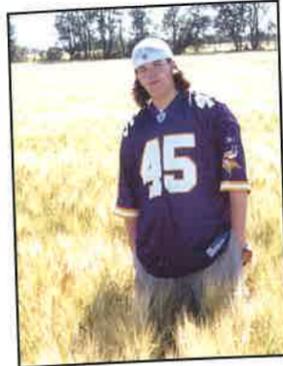
*Oh man that was funny!* During their lunch, freshmen Jessie Gust and Alyssa Hummel share a laugh. "Lunch is more fun now because I have it with all my friends," Hummel said. (Photo by Trisha McDonald)

*Would you look at that!* Watching a basketball game, senior Mike Jacobson points out something funny to senior Sam Grant as the boys enjoy their senior year at West Fargo High School. "I like using the phrase 'it's our senior year' to get the teachers to slack. It works everytime," Jacobson said. (Photo by Trisha McDonald)

*I'm too sexy for my shirt!* At Mr. West Fargo, junior Joseph Connor struts his stuff as he makes his way onto the stage to model his swimwear for a crowd dominated by ladies. "Even though I technically didn't qualify, the talent round was definitely the best," Connor said. (Photo by Madison Nicholls)

*I am your father!* While performing a Star Wars parody about Oedipus, sophomores Mason Thorstad and Tyler Lund battle with light sabers. "It was an interesting way of learning about Oedipus, and I had a lot of fun with it," Lund said. (Photo by Meghan Brown)

*"Whatever tears at us, whatever holds us down...we'll make the best of what's around" -Dave Matthews*



Luke Aanenson



Phelib Adam



Suzanne Al-Kayali



Whitney Althoff



Jordan Andersen



Benjamin Anderson



Brett Anderson



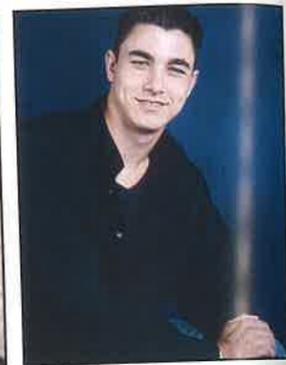
Ian Anderson



Kayla Anderson



Matthew Arnold



Charlie Barnard



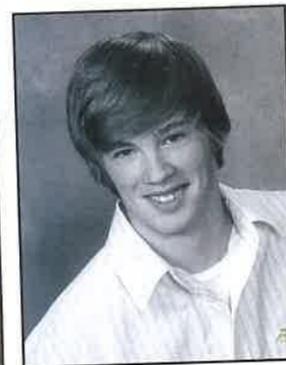
Paul Bartron



Scott Bartsch



John Baumgartner



Dacchus Beck



Alexander Becklund



Laura Bennett



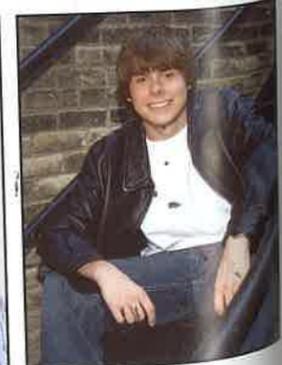
Andrew Benson



Monique Bergh



Nicholas Berlin



Paul Berry



Jannell Barnes



Samantha Beets



Taylor Bertek

## Most Likely to Brown Nose

"Hey Mr. Clark, you are looking quite dashing today! If you need me to run any errands for you, feel free to call me out of class." This conversation is an example of how two seniors attempt to sway the minds of high school authorities. Seniors Jordy Idso and Ingrid Scantlebury were voted as 'most likely to brown nose' by the senior class.

For some, being voted by peers as being a suck-up could be considered offensive. Idso, on the other hand, was left somewhat dumbfounded. "I don't really know what to think about it. It is kind of cool to be voted for something by the senior class, but 'most likely to suck up' wasn't exactly what I had in mind. I don't really think that I am a suck up," Idso said.

Sucking up to teachers has been a regular occurrence year in and year out. Students attempt to suck up in hopes of gaining precious "brownie points" that, in the student's mind, will be a deciding factor when it comes down to quarter grades. Scantlebury is not ashamed of her title as the senior suck-up. "I think it's funny that I was voted as a senior suck-up because it's so totally true. I'll be the first to admit it. You gotta do what you gotta do," Scantlebury said.

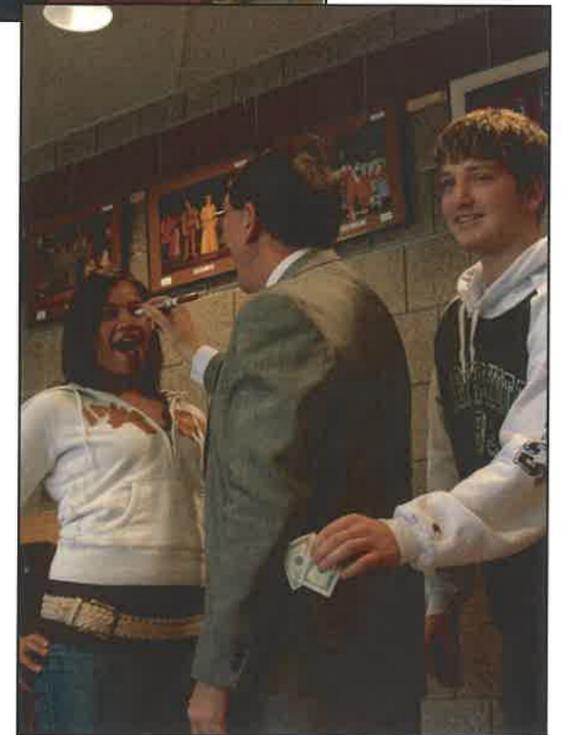
**-Sadie Mathson**



*Most likely to be on "Pimp My Ride":* Bobbi Van Dorpe and Dylan Nitzkowski



*Most likely to give you a hug:* Greg Gentzkow and Elizabeth Volk



## Pouteau Serves as Resource to French Classes

Senior foreign exchange student Amaury Pouteau said, "It is wonderful how two similar cultures can be different." Pouteau came to the United States from France. He has had a large influence on students in French classes as well as people's overall views of the French in general.

Meeting someone from a country studied daily by students is a wonderful experience for the French classes. "A highly motivating factor is speaking to a native person," French teacher Mrs. Suzanne Thibert said. Thibert is also Pouteau's advisor.

Despite her fluency in the French language, Thibert admits that she gets behind on the new lingo. "He's a great resource," Thibert said. "When you can't live there, slang changes, and words kids use change."

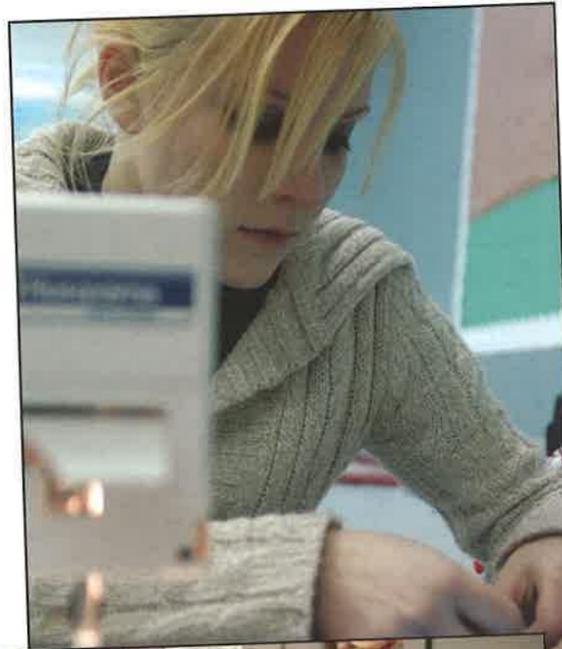
Pouteau has visited French classrooms at West Fargo High School to tell students about his homeland and help dispel stereotypes of the French. "I enjoy telling other people about France because I like to share parts of my culture and to convince people that France is a beautiful country," Pouteau said. He added, "I would like to say that French fries, French toast and French dressing are not French!"

The French students had expectations of what Pouteau would be like before he came to their class. "He was really funny, and I thought he would be more serious," sophomore Katie Symanietz said.

**-Emily Hartley**

*Sew much fun!* Sewing during Family Living class, senior Amanda Piller adjusts to life at West Fargo High after transferring from a different school. "West Fargo is the least diverse school I have ever been to, it seems boring to me," Piller said. (Photo by Trisha McDonald)

*Look at my Necklace!* While working diligently in her yearbook publications class, senior Andrea Hummel takes a break to put some paper clips together to make a chain. "My favorite classes are gym and yearbook. They are so just so much fun," Hummel said. (Photo by Amber Jerger)



Celestine Beston



Anna Bongiorno



Preston Buchholz



Daniel Clark



Brandon Beyer



Jordan Bonnet



Elaine Burchill



Sarah Clark



Thomas Bishoff



Samantha Borah



Steven Burdick



Ashly Cofell



Nickolas Boe



Sarah Brodshaug



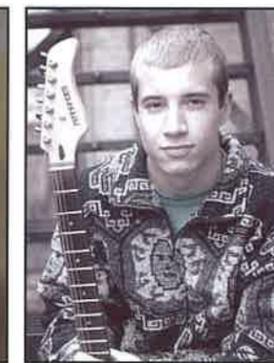
Katrina Butler



Lacey Cole



Jeffrey Boer



Thomas Brown



Megan Christianson



Brett Colliton



Jason Bond



Victor Bryans III



Rachel Cigelske



Lindsey Cota

*"Whatever tears at us, whatever holds us down...we'll make the best of what's around" - Dave Matthews*



Natalie Crary



Laura Cronin



Whitney Dahl



Bradley Dauer



Brett Dauer



Ashley Denne



Mathew Dickerson



Nadine Dissette



Aaron Dobmeier



Jacob Doggett



Tali Dumdai



Jed Dunham



Alison Edwards



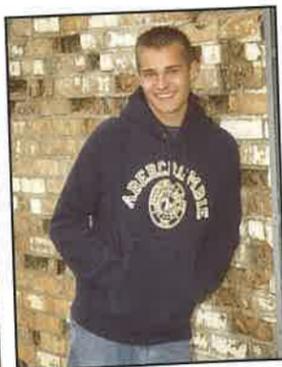
Ellis Eid



Lindsey Elless



Joel Engen



Shane Erdmann



Craig Erickson



Jessica Erickson



Timothy Erickson



Ashley Davidson



Jonathon Dullea



Stacey Ellingson



Steffen Falde

## Most Likely To Bust A Move

"Automatic, supersonic, hypnotic, funky fresh, work my body, so melodic, this beat flows right through my chest..." Seniors Tori Lowseth and Andrew Morro feel that this quote from Ciara's song, "1, 2 Step", truly describes why they were voted 'most likely to bust a move' by their peers at West Fargo High.

Unlike most people, Lowseth and Morro do not allow anything, including their surroundings, to affect their dancing. "I dance pretty much everywhere I go. It gets me going and makes me feel care free," Lowseth said.

According to Morro, the best place to dance is at a school dance. "I like dancing at dances such as prom because the music is loud and the people get me hyped up to dance," Morro said.

They also like to show off their moves at school dances because of the louder and larger selection of music. "I enjoy dancing to fast upbeat music like some rap songs," Morro said.

Many students around the school think these two stand out above the rest. "Those two don't care what people think about them. They just like having fun," senior Aimee McEwen said.

Although being voted most likely to bust a move by their fellow classmates is not the greatest award they could get for their skills, it still means a lot to each of them. "It means that people enjoy my dance moves, and knowing that makes me want to dance more often," Morro said.

"...Let me see ya 1, 2 step..." The seniors of West Fargo High School will be seeing more of Lowseth and Morro busting a move in the future.

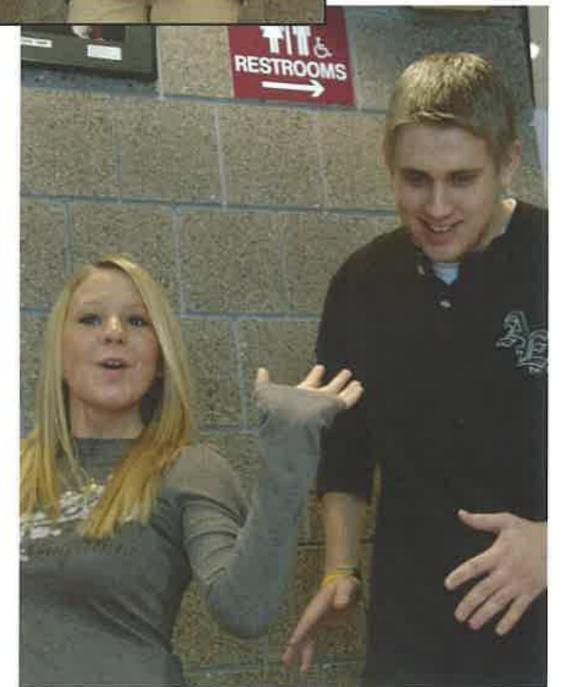
**-Andrea Hummel**



*Most Likely to Believe Anything:* Ben Wolden and Amber Jerger



*Most Likely to Endorse A Shoe:* Tom Bishoff and Ali Edwards



## Cozy, Comfort More Important At Older Age

High school has always been notorious for making changes, a girl's clothing attire also tends to change throughout the four years of high school.

Many start out their freshman year wearing clothing that shows a lot of skin and makes them look "grown up", but every senior girl has a favorite pair of sweatpants which she pairs with her boyfriend's sweatshirt. Most senior girls would admit that they would rather wear comfortable clothes to school than to dress up. "I wear jeans and sweatshirts almost everyday. I only dress up when I have to, like for soccer games," senior Jenell Lammers said.

As an underclassman, a girl may feel the need to stand out and fit in more with the upperclassmen.

"Underclassmen tend to dress up and look their best for school because they want to impress the upperclassmen. By the time you get to be a senior, there's no one left to impress," senior Sarah Clark said.

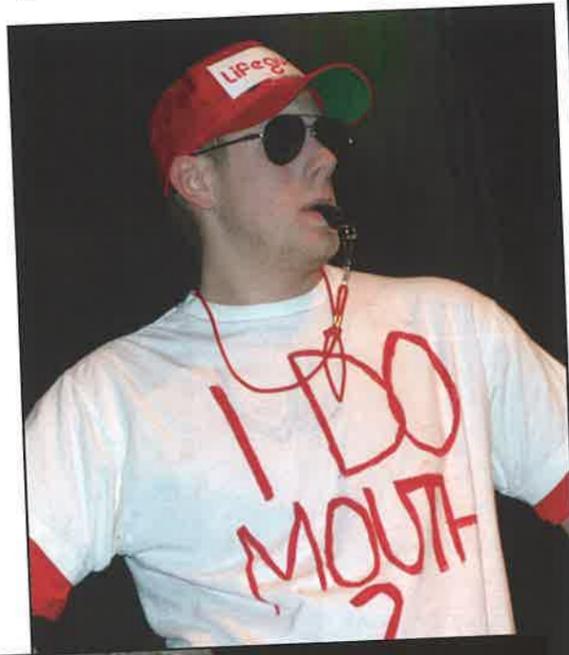
As young girls are dressing to impress, guys are not always paying attention. Guys are more interested in a girl's personality. "I almost think that younger girls try too hard to get attention. It's not attractive when these girls are wearing next to nothing, but it's also not attractive when the senior girls show up for school looking like they just rolled out of bed," senior Tim Jensen said.

Entering their senior year of high school, female students notice that their comfort comes before looking good, and their best quality is not their body but their personality.

**-Sadie Mathson**

*I can be your lifeguard baby....* During the Mr. West Fargo Pageant, senior Andrew Morro works it in his "I do mouth 2 mouth" swimwear apparel. "[Mr. West Fargo] was a great experience for my senior year and I'm the bomb diggity when it comes to dancing," Morro said. (Photo by Madison Nicholls)

*I am Paint Man!* During the home football game against South, senior Tyrel Thorson flashes a smile to the crowd in his fully painted body. "[I decided to paint my body] for the fact that I like to take my shirt off! Plus, it was a huge game against South, and it was freakishly cold," Thorson said. (Photo by Trisha McDonald)



Lacey Finnell



Alyssa Freed



Melissa Gienger



Joshua Green



Sarah Flanagan



Nathan Funk



Tiffany Gjestvang



Marcel Green



Bryan Flaten



Jennifer Gallegos



David Goebel



Ronald Greenman



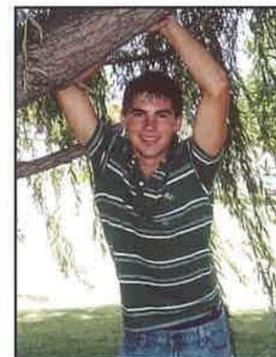
Karin Flom



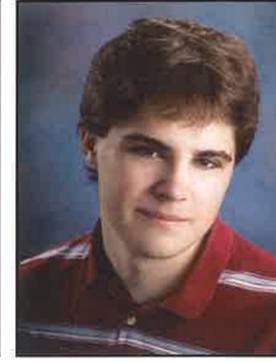
Senneta Gange



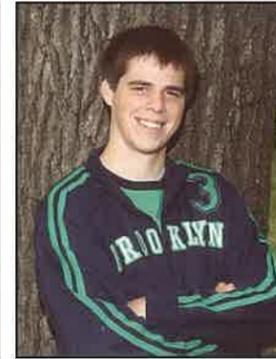
Joshua Gonzalez



Dustin Gregory



Alexander Forsey



Colin Gatz



Amanda Gordon



Kayla Greseth



Brenda Francis



Gregory Gentzkow



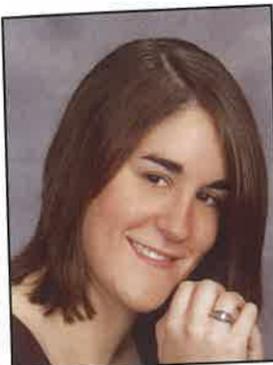
Sam Grant



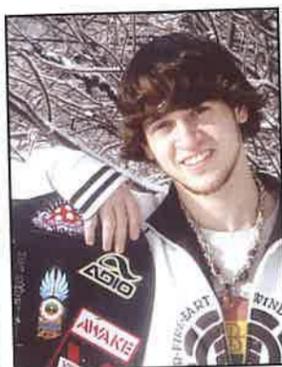
Lee Grosz



Colin Guidinger



Melissa Gunderson



Daniel Haagenson



Shannon Haarsager



Jordan Hakanson



Rebecca Hanson



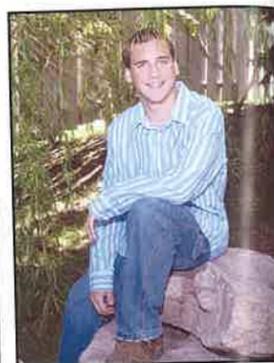
Kristy Harland



Kaylee Harles



Andrew Harris



Christopher Harris



Mallory Hayes



Tracy Herk



Nicole Hertel



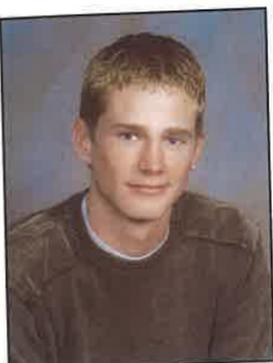
Tawny Hewitt



Shelby Hofland



Amanda Hought



Brady Houkom



Kerri Houle



Jesse Huckle



Andrea Hummel



Anna Hanlon



Amber Hastings



Garison Hoovestol



Teresa Hurt

## Most Likely to Stand Out

In a world where conformity is the norm, two students have succeeded in standing out above the crowd at West Fargo High. Seniors Alex Becklund and Tracy Olson were voted 'most likely to stand out' by their peers because of their unique style and quirky attitudes.

Becklund and Olson have their own ideas as to why their peers voted them for this award. "[I was voted most unique] because I can, back that thang up, hop-wit-it," Becklund said.

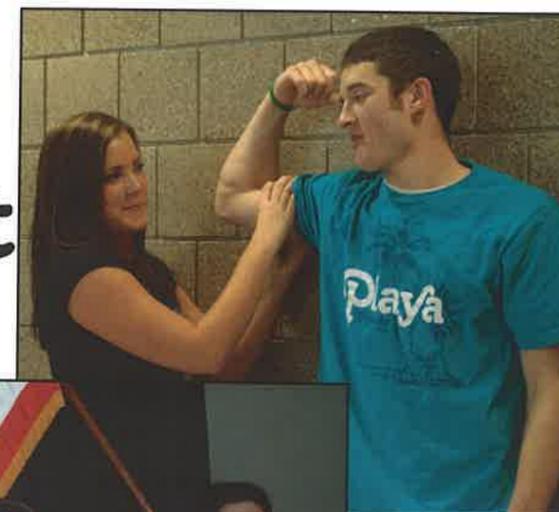
Olson also has her own way of catching the attention of her classmates. "I like to say things and do things that are off the wall to get some reaction," Olson said.

There are some students who would do anything to make themselves stand out, but for Becklund and Olson being different means just being themselves. "I think I'm normal and everyone else is different, booyah!" Becklund said.

The two students get different reactions for their personalities. "If you didn't know them, you might just think they are weird, but now I know that they are just havin' a good time," senior Whitney Althoff said.

Becklund and Olson may be different from others, but their school accepts them. These two students lead by example. Although they may not be the stereotypical student, they are very well known because of their unique personalities at West Fargo High.

**-Jessie Mattern**



*Most Likely To Hit On You:* Jen McCracken and Marcel Green



*Most Likely to Be President:* Melissa Gunderson and Brandon Reber



### Goodbye Security Blanket, Hello Real World

It happens every August. Nervous freshmen enter through the big glass doors anxiously wondering what this whole 'high school thing' is all about. Sophomores and juniors, stuck in the middle, wander around content with going through the motions. The veteran seniors stroll through the halls as if they own the place. This is the hierarchy of high school.

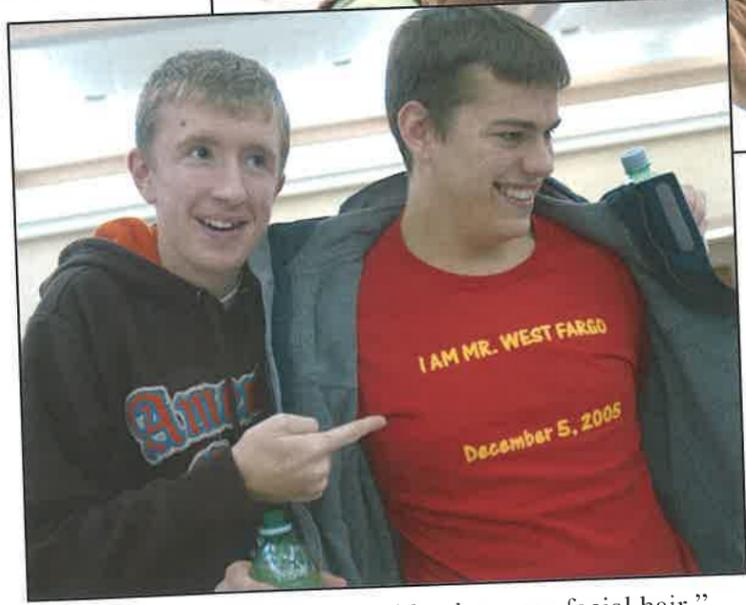
Although being the boss is a nice feeling, many seniors have begun to realize that this chain starts all over again once they exit the halls of West Fargo High. Most are pretty optimistic about this upcoming adventure. "The idea of going away and not seeing the familiar faces is definitely scary, but I'm up for the new challenge," senior Mergim Vllahu said.

Being the youngest again represents a new start in the lives of seniors. It is a chance to look back and reflect on the experiences from these last twelve years of school. "It's like the first phase of our lives is over and we're moving on to phase two. It's the end of the beginning," senior Marcel Green said. Senior year is a time to remember and cherish all of the moments experienced along the way. Senior Brandon Reber said it best, "College is going to be easy; it's like high school, just with a lot more facial hair."

**-Ingrid Scantlebury**

*Ha Ha!* While studying in the library, senior Carley Jameson works on the computer and remembers a funny memory. "I have too many memories to have a favorite one, but the funniest one is when Aubrey put the wrong kind of sugar in the mixer in foods class and when she took it out, it blew up all over," Jameson said. (Photo by Trisha McDonald)

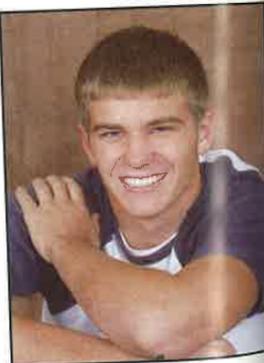
*Look at this stud!* While standing in the commons, senior Thor Thompson tells everyone to come support fellow senior Nick Stenerson at the Mr. West Fargo Pageant. Thompson enjoys sporting events and any event to show school spirit. "I mainly just freak out at any type of sports competition. Other than that, I just follow the lead of Luke Aanenson," Thompson said. (Photo by Trisha McDonald)



Kayla Hüso



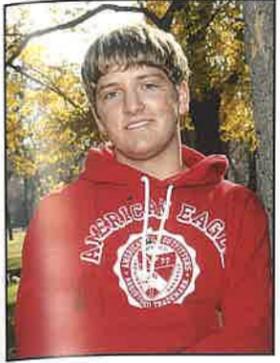
Carley Jameson



Jordan Johnson



Eric Jorgenson



Jordan Idso



Amber Jerger



Marie Johnson



Arthur Karvonen



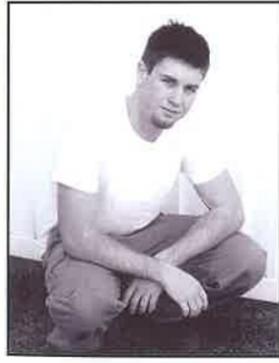
Joshua Issertell



Alissa Johnson



Alicia Johnston



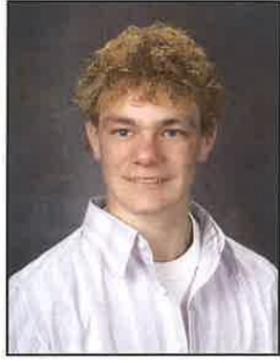
Patrick Kearns



Derrick Jacobs



Emily Johnson



Joshua Jones



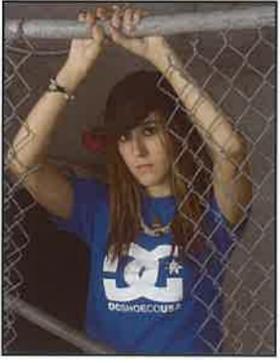
Alison Kelly



Kody Jacobsen



Erin Johnson



Krista Jones



Anna Kiefer



Michael Jacobson



Jamison Johnson



Mitchell Jore



Brandon Kinzler



Karlyn Kivi



Cruise Kline



Darek Knaus



Ryan Knudson



Holly Knutson



Danielle Koesterman



Daniel Koetz



Joshua Kolb



Ryan Kostelecky



Kalee Kroenke



Matthew Kulesa



Jill Kussatz



Cody LaCoe



Danielle Lambertz



Jessica Lambertz



Jenell Lammers



Michael Lamion



Craig Larson



Joseph Larson



Brian Lault



Sarahanne Lault



Kristen Lehfeldt



Ashleigh Leick



Kayla Leier

# Most Likely to Get a Recording Contract

For the majority of the student body, words such as 'delightful' or even 'enjoyable' are not the first to come out of the mouths of one describing another's musical ability. Fortunately, this is not the case for two of the seniors at West Fargo High School.

Both Wes Suttle and Ashleigh Leick were voted 'most likely to win a recording contract' by their fellow classmates.

"Ashleigh is a wonderful singer, and Wes is a well-orchestrated guitarist," senior Sam Grant said.

Not realizing that their musical talents were so widely respected, both were pleasantly surprised by the results.

"There are other great singers at this school. Plus, I just transferred my junior year and didn't think I was that well known," Leick said.

Ashley can be heard singing the National Anthem at various sporting events, and Wes has played in various shows with his band.

"I enjoy playing my guitars. Four other people and I regularly play our respective instruments simultaneously in an enclosed space; we jam," Suttle said.

From Leick singing her heart out, to Suttle strumming that guitar, there is no doubt in the minds of the senior class that these two should get some recognition from a recording company. The seniors will keep their fingers crossed.

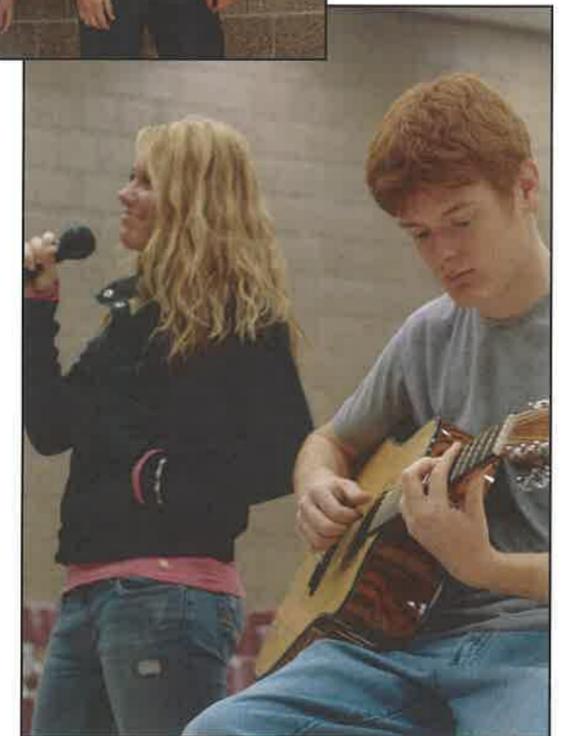
**-Jen McCracken**



*Most Likely to Never Stop Talking:* Taylor Bertek and Jenell Lammers



*Most Likely to Live in West Fargo Forever:* Ashley Walker and Josh Jones



## Say Bye to Drama, Hi to Creating Memories

High school has been the haven for students of the class of 2006 to convene and meet with each other, and it has been for the past four years. Throughout the years, the class of 2006 has become more and more cohesive because each year the students become more mature.



Especially during senior year, students have decided to put aside their differences and try to be friends. "I want to say people are caring less about what everyone else is doing because those things aren't what they are concerned about at the moment. We just look at each other as people and that high school won't last forever," senior Suzanne Al-Kayali said.

There are many reasons why now is the time people become closer to their peers. One reason may be that certain classes have forced students to talk to mere acquaintances. "In a lot of classes, no matter what the subject, there are opportunities to talk to and meet new and old friends, especially ones that involve a lot of writing, like English," senior Brianna Sorlie said.



Most would agree that there is less drama and more smiles, at least between the seniors. "Our senior class has become way more unified. Cliques aren't as big of a deal anymore because everyone has come to realize no one really cares about what others look like," senior Amanda Piller said.

Looking back to the first day of freshman year and comparing it to now, there has certainly been a lot of growth in responsibility and respect towards others.

**-Krista Jones**

*Check mate!* While playing chess in Mr. Jim Dew's room, after school, senior Braden Kirky wins his one hundredth game in a row. "I like the competition because it's really loose, but at the same time, it's still competitive," Kirky said. (Photo by Trisha McDonald)

*2006, 2006, 2...2...2...2006!* During homecoming week at the pep rally, senior Jen McCracken along with other senior girls cheer during class competitions. "The pep rally during homecoming week was fun because the senior class seemed to really come together," McCracken said. (Photo by Alyssa Jones)



Craig Letss



Amanda Lenzmeier



Ashley Lettenmaier



Tyler Lewin



Meghan Lewis



Trent Lidenberg



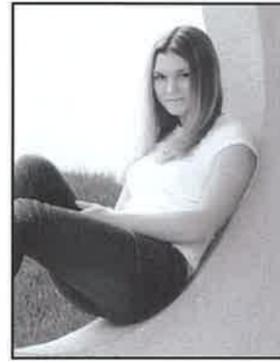
Miranda Liebenow



Leah Lindberg



Jeremy Litzinger



Christine Lorz



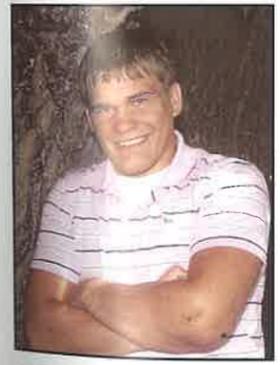
Jared Lovaas



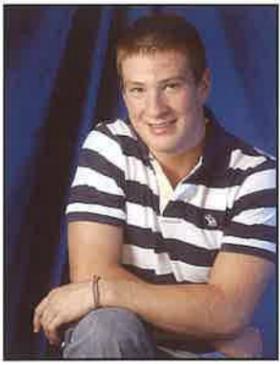
Tori Lowseth



Kelsey Lund



Christopher Lundberg



Lane Lunde



Mimoza Luzha



Adam Lynnes



Nathan Lynnes



Sam Maleki



Rose Malula



Michael Manske



Carrie Markel



Sadie Mathson



Jessie Mattern

*"Whatever tears at us, whatever holds us down...we'll make the best of what's around" -Dave Matthews*



Dereck Mattson



Cody Matzke



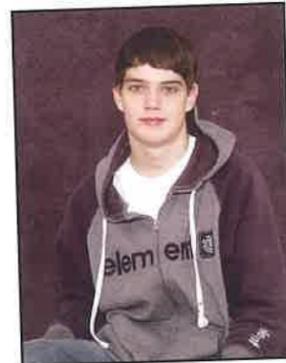
Jordyn McCloud



Jen McCracken



Trisha McDöndal



Justin McKinnon



Taylor Moch



Timothy Moen Jensen



Jesse Molstre



Madalyn Moltzan



Reed Montgomery



Tyson Morlock



Andrew Morro



Paul Neary



Bennett Nelson



Riley Nelson



Thea Nelson



Tyson Nelson



Aubrey Neu



Madison Nicholls



Aimee McEwen



David Monson



Cody Nelson



Kristen Nitschke

# Most Likely to Tell You How It is

Whether it is issues with the local police department or the Israeli-Palestinian conflict, seniors Jared Noel and Molly Seigert are opinionated about a wide range of topics.

These two seniors were voted, by their peers, the most opinionated students of their class due to their passionate feelings about community and world incidences.

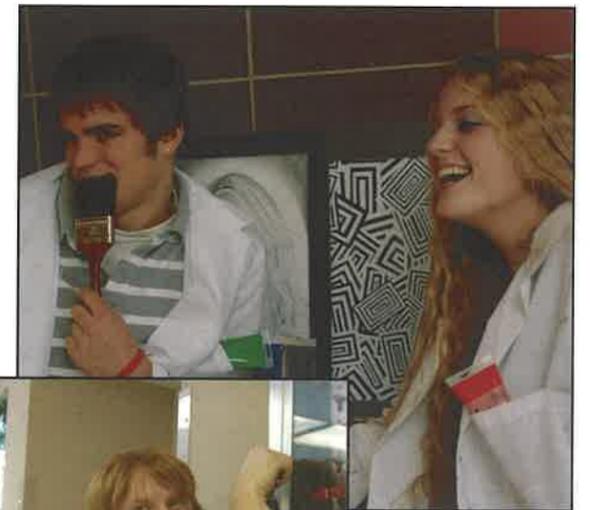
Between the two of them, the issues they debate cover a broad spectrum of topics. "I am more opinionated on international issues because they are more fun to discuss," Seigert said.

Although Seigert enjoys discussing international issues with her peers in school, Noel prefers to discuss issues about women and the police department out of school. "I prefer to discuss important issues outside of school, so I can say what I want because I am not around teachers," Noel said.

While some might take being voted most opinionated offensively, Seigert and Noel are not offended. Their great personalities showed through when they received the news. "I felt warm and fuzzy inside when I found out that I was voted most opinionated," Noel said.

Even though this is their last year at West Fargo High School, this is not the last time the senior class will hear from Seigert and Noel. They will stand out in the real world with their strong opinions on issues around the world.

**-Andrea Hummel**



*Most Likely to Paint Next The Mona Lisa:* Gavin Schmidt and Ali Schweitzer



*Most Likely to Pull A Prank:* Marissa Roehl and Justin Thompson



## Bongiorno Moves from Cliffs to Springboard

Cliff diving is a very exhilarating and dangerous sport. Although it may be hard to see the similarities between this sport and a high school diving team, it was the skills learned from cliff diving that sparked junior Anna Bongiorno's interest in the West Fargo High School diving team.

Although springboard diving and cliff diving are quite different, they still have certain characteristics that make them similar at the same time. "Before I have been diving, I have a hobby that is cliff diving, but it's more like jumping because you run, scream and jump. It takes a lot of courage, but here it's more about competition. I like the team, and they are good friends," Bongiorno said.

Along with her diving talents, Bongiorno also brought her artistic abilities with her from Italy.

"I have always been interested in art. My uncle is a professor of art; it's something genetic," Bongiorno said.

Not only has Bongiorno become accustomed to the competition aspects of diving, she has also maintained her love of art.

Despite the obvious stress that comes with moving to a new country, Bongiorno has made the necessary adjustments and fits in at West Fargo High School quite well.

**-Andrea Hummel and Jen McCracken**

*Lets Go Team!* During an away basketball game, senior Josh Green is pumped up to cheer for his Packers. "I go to the games because I get to see all my friends and cheer like I have never cheered before," Green said. (Photo by Trisha McDonald)

*De's all for the team...* After painting himself green, avid Packer fan, senior Pat Kearns cheers on the basketball team during an away game. "I love going to the games because they are a great excuse to go a little crazy," Kearns said. (Photo by Trisha McDonald)



Dylan Nitzkorski



Matthew Olson



Robette Pearson



Leslie Pladson



Jared Noel



Tracy Olson



Elizabeth Pederson



Derek Plehal



John Ockert



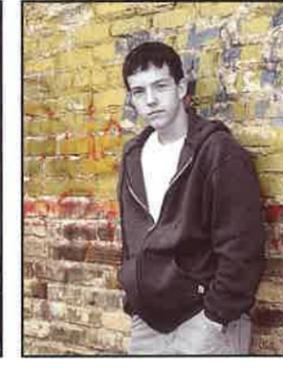
Chad Osmanski



Chelsie Peters



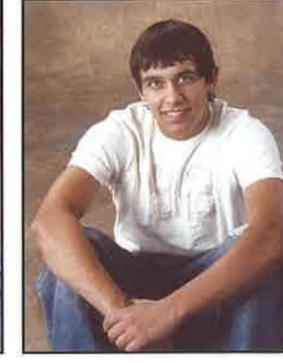
Elyse Porter



Garret Odle



Joshua Owens



Justin Peterson



Amaury Pouteau



Jenessa Olson



Casey Paisley



Melanie Pilch



Steven Pranke



Kelsey Olson



Tyler Payne

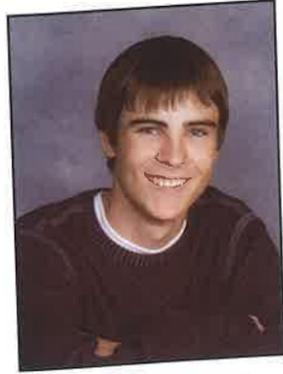


Amanda Piller

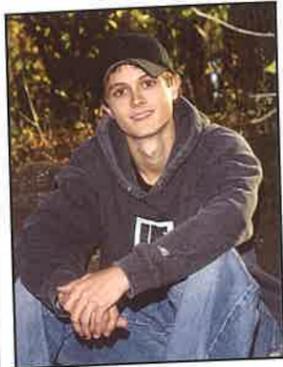


Hillary Preston

"Whatever tears at us, whatever holds us down...we'll make the best of what's around" -Dave Matthews



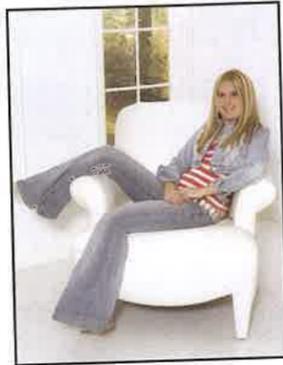
Tanner Pulkrabek



Tyler Pulkrabek



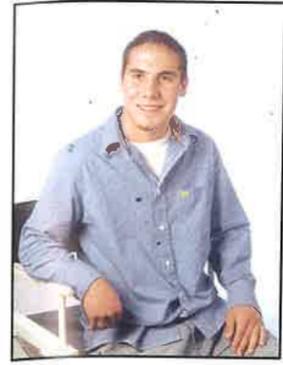
Alfonso Quiroz Jr



Syrie Rabideaux



Justin Raġan



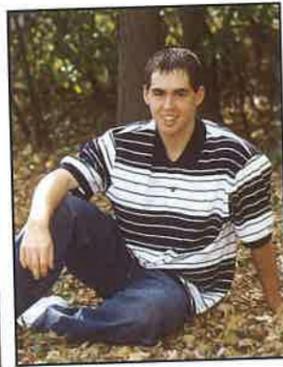
Tavis Ranisate



Brandon Reber



Katelyn Rector



Matthew Renfrew



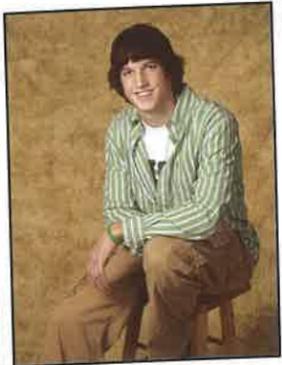
Adam Rerick



Angela Reule



Derek Rice



Scott Ridgway



Todd Robley



Michael Roe



Marissa Roehl



Breanna Rubertus



Jesse Sackman



Alex Salquist



Casey Samis



Salwa Samson



Travis Sanderson

# Most Likely to Win a Car Show

When students go to school and look for a parking space, most try not to park next to seniors Bobbi Pearson and Tyrel Thorson. Why? Because other students' cars might not look as nice in comparison to their rides. When taking a look at both cars, it is easy to see why they were dubbed 'best ride.'

There are so many accessories added to each car to make them different from any other. "First, we put in a sound system. Then we replaced the wheels with 20 inch Akuza Quakes. We also had the body restored, had her painted purple and gave her a new top," Pearson said.

Being accredited with the best ride was not a total shock for Pearson, but it does not lessen her interest. "I'm a huge car enthusiast and everything, so this really meant a lot to me. I knew a lot of people, and all my friends voted for me, but I was still apprehensive," Pearson said.

Even though there was a lot of time and money put into their cars, a price could not be put on the memories that have taken place. "One that sticks out would be [my junior] prom. I was in a suit in my car! I got to go pick up a beautiful girl, Holly Knutson, and drive around before prom," Thorson said.

When it comes to the point, there was more than money and a stereo system that went into Pearson and Thorson having the nicest cars. Maybe it is good that no one wants to park next to Pearson and Thorson. This way their cars will not get scratched up.

**-Krista Jones**



Most Likely to Paint Themselves Green: Luke Aanenson and Trisha McDonald



Most Likely to Be On A Toothpaste Commercial: Whitney Dahl and Taylor Moch



## Classes Stressful Yet Prove Worthwhile

For the past three years Sam has struggled with English. Each school year she tries her best, but each year she has failed, making summer school inevitable. Knowing she has the opportunity to retake classes during summer school has always comforted her, until this year.

Senior year is notorious for government and the many papers written in senior English. Government is often said to be the hardest class a student will have to take during high school. However, not all students feel it is as hard as other students make it out to be. "It is not as hard as people say it is going to be, but you do have to make an effort," senior Jenessa Olson said.

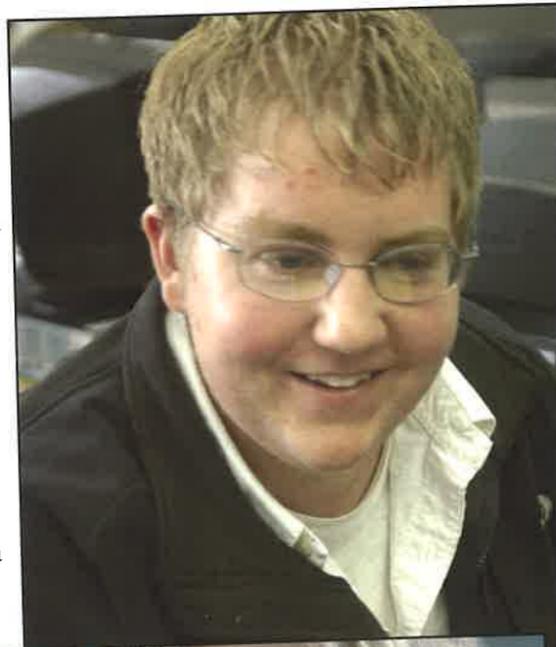
If a student fails a required class senior year, he or she must retake the class in summer school or correspondence, and will not be allowed to walk through graduation. "I see more of a sense of urgency for some students. Seniors understand the assignment policy," senior English teacher Lynette Mund said.

Upon entering any senior English class on the day when a teacher has assigned a paper, many complaints can be heard. While students do not like writing papers, they understand it is important for their future education. "Each paper gives you more practice," senior Adam Lynnes said.

While classes senior year are said to be more difficult, one way or another, each senior must find a way to overcome the struggle in order to be able to walk through graduation. This year Sam may spend countless hours doing homework, but in the end it will all pay off. **- Jenell Lammers**

**Oh The Memories!** While in the computer room, senior Brad Vigen smiles as he thinks back on his high school days. "I will miss coaching the Powder Puff team to victory time and time again," Vigen said. (Photo by Trisha McDonald)

**Oh Hope This Looks Good!** While in Interior Design, senior Hillary Preston works on one of her projects. "My favorite parts of Interior Design were the field trips and using my creativity for class projects," Preston said. (Photo by Trisha McDonald)



Daniel Savage



Aaron Schober



Jessica Short



Joseph Sornsin



Dane Sayers



Jessica Schufletowski



Molly Siegert



Casi Sprecher



Ingrid Scantlebury



Brittany Schulz



Brad Slocum



Joshua Staska



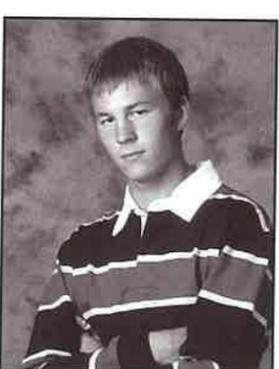
Gavin Schmidt



Ali Schweitzer



Jenny Smith



Scott Stavedahl



Kelsey Schmidt



Brandon Seibel



Samantha Solem



Nicholas Stenerson



Leah Schmidt



Tiffany Sellheim



Brianna Sorlie



Robyn Stromberg

*"Whatever tears at us, whatever holds us down...we'll make the best of what's around" - Dave Matthews*



Amber Sturre



Cody Supler



Wesley Suttle



Blake Swensen



Benjamin Teets



Justin Thompson



Thor Thompson



Tyrel Thorson



Alexis Trauger



Brynna Trowbridge



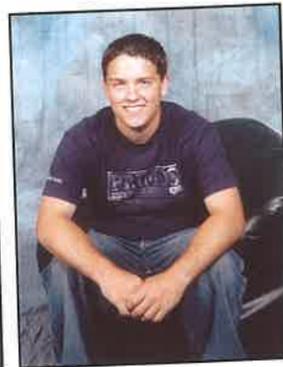
Miranda Utter



Bobbiè Van Dorpe



Jeffrey Vance



Jonathan Vannett



Mihailo Vasiljevic



Stacy Verdoorn



Nicholas Vetter



Bradley Vigen



Mergim Vllahiu



Elizabeth Volk



Adam Walen



Kyle Walerius



Ashley Walker



Kyle Walker

# Most Likely to Be On the Big Screen

Brad Pitt, Ashton Kutcher, Kristen Cavallari from the LB; all of these people have made it in 'Tinsel Town'. Two more names may be added to that exclusive list. Seniors Paul Neary and Nadine Dissette were voted 'most likely to be on the big screen' by their fellow classmates.

Neary and Dissette have both proven capable of someday making it to the red carpet. "Those two [Neary and Dissette] are crazy. They'd be perfect for TV," senior Ashley Walker said. One will never fail to find Dissette in the commons, entertaining the masses with her latest tale, or Neary drawing a crowd with his unmistakable voice and laugh.

Although both Neary and Dissette are aware of their infamous popularity at West Fargo High School, neither expected to come out on top when the votes were tallied. "I didn't expect to win anything, but I'm very excited that I did," Neary said.

Dissette shared Neary's thrilled but humble reaction. "I believe I won this award because I am crazy. I am just weird, and no one really understands me," Dissette said. Whether it is Neary's natural talents or Dissette's outgoing and comical personality, the senior class knows that these two will make it big.

It should not be long before the names of these two animated kids are rolling through the credits of the latest blockbuster or hit TV show.

**-Jen McCracken**



*Most Likely to Win Powder Puff Back to Back: Senior girls of the class of 2006*



*Most Likely to Be On The Big Screen: Paul Neary and Nadine Dissette*





*See you baby.. shaking that thang...* While trying to impress the judges and earn some extra cheers from the crowd during the Mr. West Fargo Pageant, senior Mike Jacobson struts his stuff in his "formal wear." Jacobson has been a contestant for multiple years and says he enjoys the pageant because "the ladies love it." (Photo by Madison Nicholls)

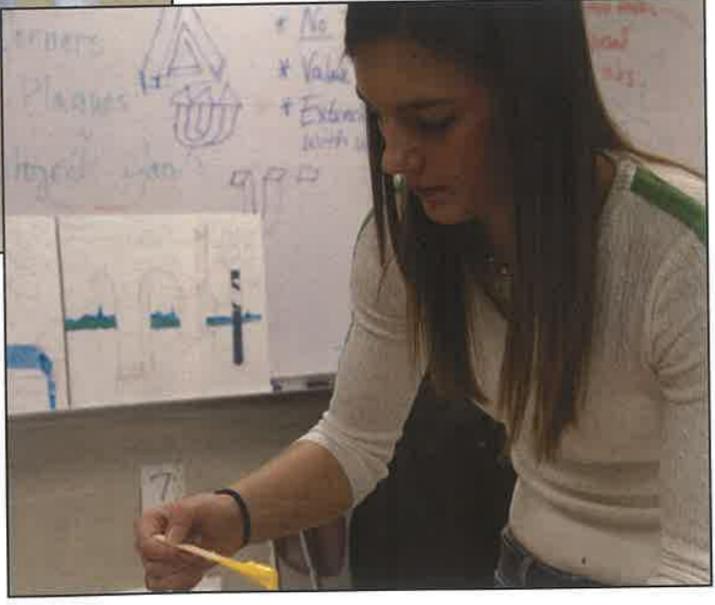


*What a play!* While showing his support at a boys' basketball game, senior Alex Salquist enjoys the game with his fellow classmates. Salquist is a regular supporter at games and says he enjoys to go because "the games are exciting and fun to drop randoms at." (Photo by Trisha McDonald)

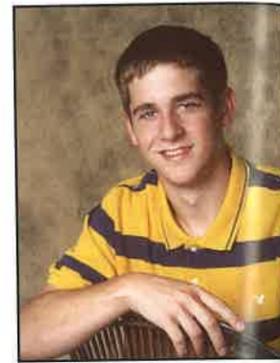
*Smile for the camera!* While in the library, senior Angie Young poses by her favorite animal. Young has always enjoyed her years at West Fargo High and says she'll miss "all the fun times just having a good time with friends." (Photo by Ingrid Scantlebury)



*Don't drop the paint!* While in Art Class, senior Ali Edwards concentrates as hard as she can to ensure her masterpiece comes out perfect. Edwards' final year in high school has been just as memorable as the first, and she will miss many different aspects about West Fargo High once the year is over. "My favorite memories of high school are hanging out and having fun with all of my friends and teammates," Edwards said. (Photo by Trisha McDonald)



Tyson Weatherly



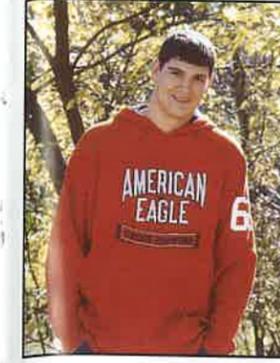
David Wilken



Joshua Wolff



Jason Zura



Marco Weil



Allen Williams



Kelsi Wollitz



Sheena Wendlick



Chad Wilson



Angela Young



Kayla Wetzstein



Tyler Wilson



Lukas Zahradka



Kayla Whitaker



Rhea Winkler



Ricky Zentz



Huston Wienckowski



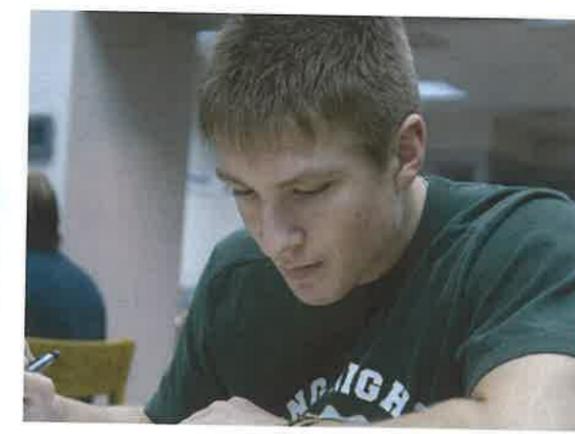
Benjamin Wolden



Samson Zozimo

### 2006 Graduating Seniors Not Pictured

- |                     |                 |                |
|---------------------|-----------------|----------------|
| Travis Chasing Bear | Brian Koenig    | Shaun Storley  |
| Naser Gashi         | Avery Lahren    | Michael Tintes |
| Tyler Gould         | Fried Lisok     | Masood Zuri    |
| Chad Keplin         | Jenna Miller    |                |
| Megan Keplin        | Sean Murray     |                |
| Dane Kersting       | Elmedjina Music |                |
| Braden Kirkey       | Jeffrey Rossow  |                |
| Jared Kleven        | Jacob Skar      |                |



*Gotta' love homework...* While doing some intense studying in the library, senior Lane Lunde works hard to accomplish his task before the end of the hour. "I will miss all the great times with my friends and classmates during sports, classes and proms," Lunde said anticipating graduation. (Photo by Trisha McDonald)

*"Whatever tears at us, whatever holds us down...we'll make the best of what's around" - Dave Matthews*



**K**  
Kindergarten-- "I'm Gonna Be" by The Proclaimers

**1**  
First Grade-- "Don't Speak" by No Doubt



**2**  
2nd Grade-- "Waterfalls" by TLC

**3**  
3rd Grade-- "Barbie Girl" by Aqua



**4**  
4th Grade-- "Quit Playing Games" by Backstreet Boys

**5**  
5th Grade-- "Livin La Vida Loca" by Ricky Martin



**6**  
6th Grade-- "Who Let the Dogs Out" by Baha Men

**7**  
7th Grade-- "Country Grammar" by Nelly



**8**  
8th Grade-- "A Moment Like This" by Kelly Clarkson

**9**  
9th Grade-- "Where Is the Love" by Black Eyed Peas



**10**  
10th Grade-- "Stacy's Mom" by Fountains of Wayne

**11**  
11th Grade-- "Yeah" by Usher and Lil John



*"These are the moments, these are the times, let's make the best out of our lives" -The Calling*

*We all take different paths in life, but no matter where we go, we take a little of each other everywhere. We all take different paths in life, but no matter where we go, we take a little*

# Class of



# 2006

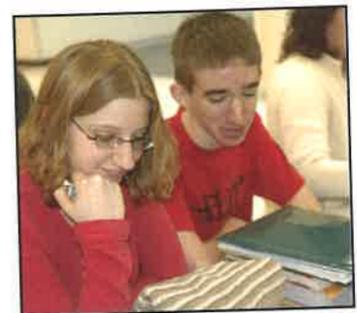
*we take a little of each other everywhere. We all take different paths in life, but no matter where we go, we take a little of each other everywhere. We all take different paths in life, but no matter where we go, we take a little of each other everywhere. We all take different paths in life, but no matter where we go, we take a little of each other everywhere.*

Left, right, left, now grapevine! Learning to line dance in gym class, juniors Rachel Vigen and Kayla Cummings work the steps out. "Now I can show those cowboys how it's done. Yee-haw!" Vigen said. (Photo by Aimee McEwen)



Junior class is really great! Decked out in full PowderPuff gear at the pep rally, members of the junior class show some school spirit. "We were all pretty determined to win, and the pep rally got us all pumped up," junior Brittany Ragan said. (Photo by Alyssa Jones)

Hummm...Homework... During lunch in the cafeteria, juniors Tiffany Irving and Devin Power glance over Irving's homework. "Ugh...homework...it can be stressful, and I sometimes wonder if it's worth it," Irving said. (Photo by Trisha McDonald)



What's goin' on over there? While waiting for lunch to end in the commons, juniors Kyle Panek and Ellen Vaagen witness some funny goings on. Lunch time is often a welcomed break from studies. "Lunch makes me happy!" Panek said. (Photo by Trisha McDonald)

## Students Take On AP Classes

Advanced Classes Explored by Juniors

Little Sarah English entered her first day of first grade with a scared feeling, but a smiling face. English is now a junior at the West Fargo High School and taking two Advanced Placement classes and calculus.

Classes such as AP English, AP Biology and AP US History are all offered at West Fargo High School. People who take AP classes have to think about the amount of time they have available.

English has some advice for students planning on taking AP classes.

"Don't take more than two AP classes because you won't have enough time to put into them all," English said.

Some students take these classes because they feel comfortable with the subject they are in.

"I'm taking AP Biology because science comes easier to me," junior Haley Nudell said. Some teachers enjoy teaching AP classes more than regular classes.

"Yes, I enjoy my AP class more than my regular classes because of the caliber of the

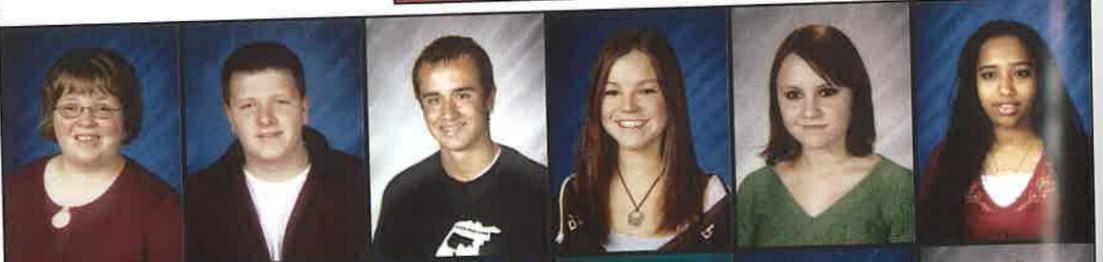
students. Also, you can step up your level of teaching," history teacher Mr. Tom Rakoczy said.

Teachers find that students in AP classes have strong views, and that makes for good discussion.

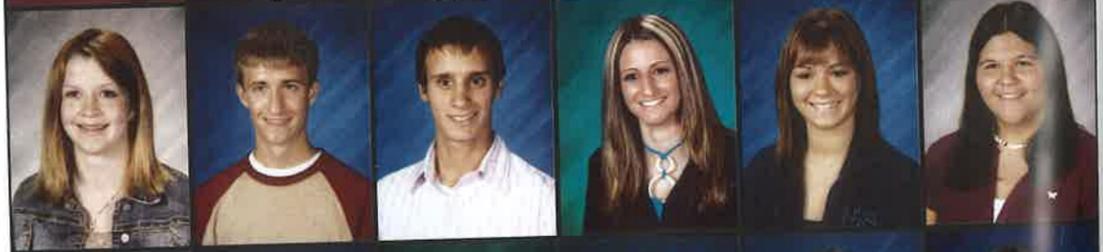
From learning how to read to taking many difficult classes, little English is growing up and preparing herself for the future.

**-Kelsey Stroh**

Kelly Aamold  
Adam Aarestad  
Garett Abraham  
Paige Adams  
Samantha Adcock-Page  
Shamsi Ahmed



Chelsea Akason  
Andrew Albrecht  
Brian Albrecht  
Elmedina Aljiji  
Morgan Anderson  
Brenna Ashburn



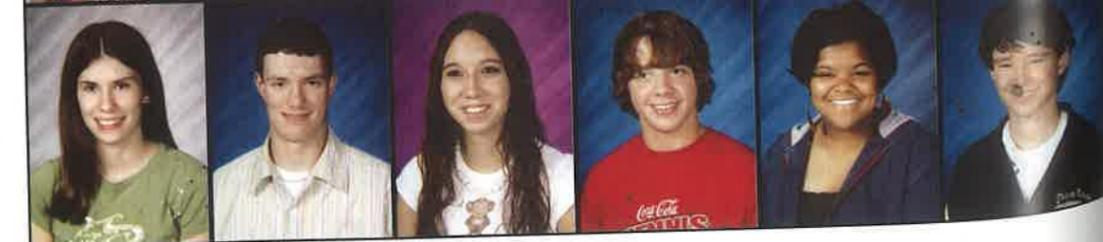
Tiffany Bachmeier  
Madeline Bailey  
Jessica Balster  
David Baltezare  
Amanda Barclay  
Blaine Beam



Amanda Beauchamp  
Broc Bellmore  
Brandy Bergh  
Lucus Bergquist  
Chelsey Beyer  
Cody Blair



Heather Bohn  
Kyle Boppre  
Kayla Borseth  
James Broton  
Jamila Brown  
Nathan Brown



Brandon Bucholz  
Amanda Bullis  
Kayla Burns  
Zachary Busche  
Cinder Buzick  
Megan Byzewski



Jennifer Capouch  
Ashley Carblom  
Jason Cariveau  
Yu Ju Chang  
Tara Christiansen  
Kelli Clark



Carl Clemens  
Adam Cody  
Ana Colon  
Joseph Connor  
Sara Conrad  
Chris Cook



Ann Corneliussen  
Stephanie Cossette  
Adam Crist  
Jade Cuffe  
Kayla Cummings  
Stephanie Cwikla



Jerad Daul  
Derek Davis  
Kurt Davison  
Sara Dell  
Amanda Dirks  
Jason Dockter

## Restricted List Considered

### Upperclassmen Work Harder

As the student walks into seventh hour study hall, he thinks to himself, "Why am I here if I am a junior?" As he takes his seat the teacher goes around the room and tells everyone their grades. The one idea that comes to his head is, "RESTRICTED LIST."

If a student is on the restricted list, he or she is failing or incomplete in one of his or her classes. A student is incomplete if they do not hand in the homework that is due on a particular day. They remain incomplete until they hand in their work. Some juniors know they need to

have homework in on time to be able to have priviledges. "I know if I do not get my homework done then I'll be restricted," junior Kayla Burns said. Teachers notice a difference when students become juniors and seniors because of the rules that go along with having open campus. "They do all of their homework and get things done on time," government teacher, Mr. Paul Tefft said.

There are some upperclassmen that believe juniors and seniors should be

passing all classes. "[Without rules] they would not do any of their homework," junior Kylie Mitchell said.

The student now realizes grades are a main priority in having privileges such as open campus. The restricted list is what can determine if the student is able to leave or will have to stay in school. Juniors and seniors now try harder to get their homework done on time to be able to have this privilege.

**-Ashley Yochim**

*Give me a P...* During a pep rally, juniors Starla Helmer and Alisha Thomas get the crowd fired up. "My favorite memory would be all the fun times at competitions and just doing random and crazy stuff," Helmer said. (Photo by Alyssa Jones)



*Gum, Gum, Gum...* While eating lunch at school, junior Jennifer Lundberg talks to sophomore Alex Windjuc. "I eat lunch at school cause my mom pays for it. If I went out, I would have to pay for my own lunch," Lundberg said. (Photo by Trisha McDonald)

*Pump that iron...* While weight lifting in the weight room, junior Sara Dell breaks a sweat. "Weight lifting is important because it helps me get stronger and helps me prepare for the basketball season," Dell said. (Photo by Trisha McDonald)



*Brotherly Love...* During lunch one day juniors Cristoffer Bruce and Brandon Walters stop and smile for the camera. Bruce explains what he does in his free time with his friends. "We like to hang out and play music," Bruce said. (Photo by Trisha McDonald)

Desiree Draeger  
Jessica Eckroth  
Ruth Ehlke  
Brianna Ehrenberg  
Ashley Ekstrom  
Dustin Engebretson



Sarah English  
Bruce Erdmann  
Liz Erickson  
Taylor Erickson  
Jennifer Ertelt  
Emelia Fahrman



Ashley Falstad  
Allison Feeley  
Kelsie Feickert  
Justin Feist  
Ken Finke  
Matt Flanagan



Ashley Fournier  
Chelsie Fuss  
Alexandra Gamache  
Anthony Gatto  
Lindsey Gianakos  
Rob Gibson



Samantha Gibson  
Kira Gilbraith  
Haley Gorby  
Hannah Grady  
Dylan Grant  
Heather Gray



Tyler Greshik  
Justin Gronbeck  
Travis Grosche  
Eric Haarsager  
Sawisan Habib  
Gerrit Haerter



Johanna Haerter  
Timothy Hagel  
Aaron Hannestad  
Nicholas Hanson  
Blaze Harmon  
Marissa Harsch



Michelle Harviell  
Christine Hasse  
Christina Hawley  
Brian Heinz  
Ashley Helm  
Starla Helmer



Chelsea Henderson  
Lacey Henningsen  
Curtis Hensley  
Jessica Hermanson  
Maria Hersch  
Breanne Hess



Rachael Hillerson  
Semsudin Hodzic  
Alyson Holland  
Ashley Holm  
Sara Honey  
Cole Horsager

"Hate it or love it, the underdog's on top.. and I ain't goin' nowhere, so you can get to know me..." -50 Cent

**Back to study hall...** During her study hall, junior Sam Leno signs out of the library to go back to her class. "An advantage of being an upperclassman would be getting to play in PowderPuff, going to prom and leaving study hall," Leno said. (Photo by Trisha McDonald)



**Hard at work...** Working hard on an assignment in the library, juniors Jessica Wilkens and Jennifer Capouch work together to finish up some homework and get to know each other. "I have gotten to know people in my class by going to sporting events," Wilkens said. (Photo by Angie Young)

**Look what I did!** Returning to lunch one day, junior Sarah Parkhouse shows off her french homework to some of her friends in the commons. "My favorite part of the day is when I have fourth open so I can have a really long lunch," Parkhouse said. (Photo by Trisha McDonald)



**Add another 100 pounds!** Working out in the weight room, junior Broc Bellmore is ready for some heavy lifting. "Working out is an essential part of my life. I not only do it for personal health, but also to gain an advantage over opponents in the sports I participate in," Bellmore said. (Photo by Trisha McDonald)

## "Hate Us, or Love Us"

Junior Shirts Bring Unity Among Classmates

"The shirts represent how the majority of the junior class thinks about ourselves. You can either hate us or love us, but we're not going anywhere, so you can get to know us," junior Ashley Helm said. This year the juniors have decided to go with the 'Hate us or Love us' theme for their class shirts, which was inspired from a song by 50 cent.

Making the shirts can be exciting and can bring the class together, but in past years they have been controversial. "They are fun as long as they are not inappropriate. A lot of times there

is a hidden message in them, but I think it is a good way to come together," Language Arts teacher, Mrs. Amber Rudolph said.

Although all class shirts are different, they have the same basic structure every year.

"They usually have a slogan that the class likes and the year they graduate," junior Sarah Parkhouse said.

Class shirts are not necessarily only for upperclassmen, but most people feel that they should be a tradition for older students.

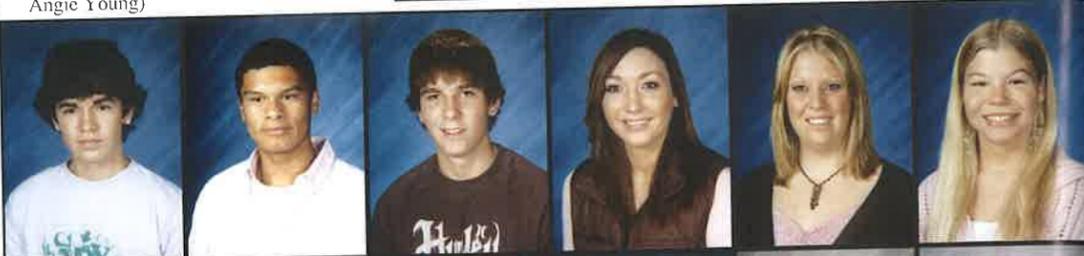
"It's one of those things you wait for when

you are an underclassmen to get to do once you are higher up in high school. I think if all the classes started getting shirts, once you got to be a junior it would not be as much fun," Helm said.

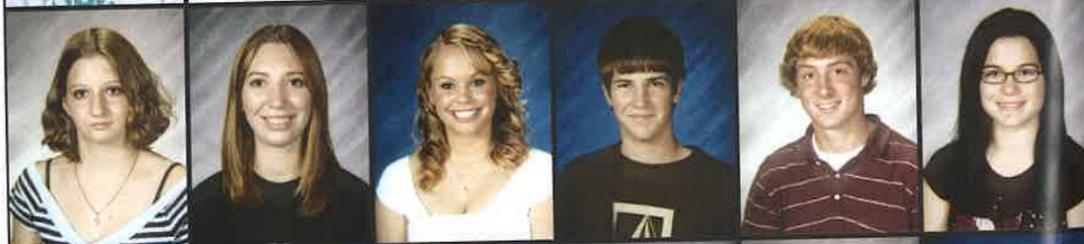
Overall, class shirts are a way to bring a class together, something fun to think about and something underclassmen can look forward to purchasing when they are juniors.

-Danielle Mehus

Seth Houkom  
Dale Howell  
Robert Huber  
Jennifer Huether  
Ashlea Huseby  
Alyssa Illich



Tiffany Irving  
Alison Jenson  
Jessica John  
Darin Johnson  
Michael Johnson  
Rachel Johnson



Alyssa Jorgenson  
Kendra Joyce  
Patrick Joyce  
Kayci Jung  
Indira Karabegovic  
Samuel Karkela



Joseph Karvonen  
Alex Kautz  
Casaundra Keller  
Ross Keller  
Whitney Kennedy  
Dane Kersting



Rachael Kirchoffner  
Danielle Kjaer  
Matthew Klein  
Zachariah Klein  
Alexa Kleingartner  
Matthew Kloos



Sarah Koste  
Brandon Kracht  
Samantha Krumwiede  
Travis Kuchenbecker  
Amanda Kunze  
Tallal Lafta



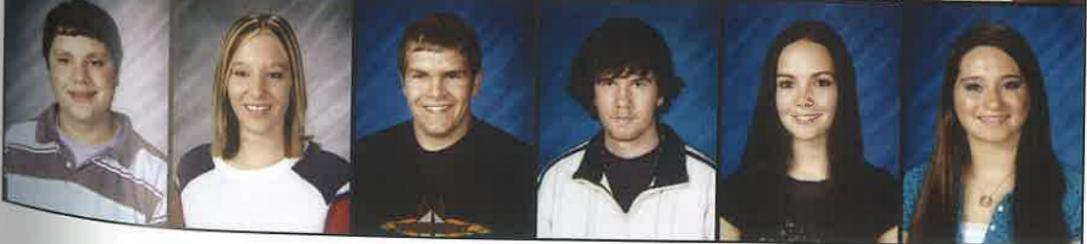
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Breanna Langston  
Peter Lavelle  
Alex Lee  
Ashley Lee  
Samantha Leno



Kathren Lewis  
Bradley Lindblad  
Ashley Link  
Jennifer Lipp  
Brandon Lisburg  
Emilie Lisburg



Nicole Litzinger  
Angela Loomis  
Grace Lucia  
Brody Ludwig  
Jennifer Lundberg  
Nicole Lynch



Jamil Maleki  
Karee Marquart  
Joshua Martinez  
Joshua Mathias  
Jessica McClellan  
Amanda McDonald

## Home Is Where The Heart Is

German Student Received Well at West Fargo.

"Hey, Hyde, who's that guy? Oh, that's Fez. He's a foreign exchange student. Really, what'd we exchange him for?" Fortunately for junior Felix Piecha, the exchange student from Germany, he received a much better welcome than that conversation from "That 70's Show". Actually, Piecha has fit in from the beginning. If it weren't for his obvious accent and killer style, one wouldn't know he isn't an original Packer. "I think I have blended in pretty well, even though people know me as that cool German kid," Piecha said. "That cool German kid" has

made many adjustments with his move to the U.S. Along with making the obvious changes, Piecha has become accustomed to a different type of school and social life. "Here, there are more students and school activities. Everything you do in your free time (sports/clubs) is related to school. At home, my school is only an institution for learning," Piecha said. Together with his new activities, Piecha has experienced many 'firsts' in his new home.

"I've gotten to ride in a Hummer, eat Buffalo Wild Wings and experience school spirit all for the first time. I'm loving every minute," Piecha said. Based on his experiences so far, Piecha wants to spread the word about being an exchange student. "It's a life-changing experience," Piecha said. It is not hard to believe that the rest of West Fargo hopes Felix makes a comeback, someday soon.

**-Ingrid Scantlebury**

**Almost Done!** Sitting in the commons, juniors Danielle Mehus and Kelsey Stroh finish their homework. "Now that I am older I am more accepting of the people around me. I am more laid back," Mehus said. (Photo by Angie Young)



**Ha-Ha-Ha!** While training in the weight room, junior Jojo Haerter gives a not so serious mean face to the camera. Haerter likes to show her school spirit. "What sticks out most when I am at the games is cheering with everyone and being loud," Haerter said. (Photo by Amber Jerger)

**I wonder what I will do this week.** In study hall, junior Peter Lavelle ponders his weekend plans. "I like to play on turntables, go to movies, mess with computers, have fun and hang with my girlfriend," Lavelle said. (Photo by Trisha McDonald)



**I'm almost done!** While working on a computer in the library, junior Matt Setter figures out his homework so he can free up his weekend time to hang out with friends. "I don't have to take my homework home and do it," Setter said. (Photo by Angie Young)

Casey McGarry  
Justin McLane  
Kevin McLean  
Kelsey Meade  
Kyleigh Mears  
Ashley Meehan



Danielle Mehus  
Pamela Melendez  
Amanda Mickelson  
Jacob Miller  
Kylie Mitchell  
Candice Mogard



Talon Mohammed  
Bashir Mohamud  
Mitchell Molstad  
Dustin Monson  
Eric Monson  
Sara Morrison



Ashlee Morrow  
Marie Mueller  
Stephanie Myers  
Adam Nelson  
Jessica Nelson  
Joslin Nelson



Alex Ness  
Andrew Nicholson  
Brent Nielson  
Isaiah Nielson  
Kallista Nilson  
Neceda Nohrenberg



Aron Norem  
Eric Novacek  
Haley Nudell  
Thomas Nygren  
Jamie Odden  
Zachary Odegard



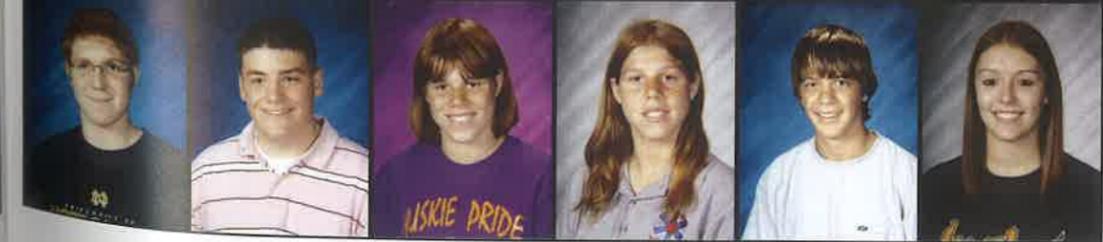
Alex Olson  
Breanna Olson  
Sadie Olson  
Taylor Olson  
Nevzeta Omanovic  
Cole Palloch



Kyle Panek  
Sarah Parkhouse  
Melissa Parsons  
Kassandra Jo Patton  
Tiffany Peihl  
Marcella Peylerl



Dustin Pfeifle  
Felix Piecha  
Samuel Pilch  
Kyle Poirier  
Jenna Poppenhagen  
Devin Power



Kyle Prashek  
Matthew Puntton  
Ashley Quast  
Kendra Quast  
Corey Raethz  
Brittany Ragan

*Missing Spice Girl?* During the Mr. West Fargo Pageant, junior Joe Connor performs his talent routine. "[My favorite part of Mr. West Fargo] definitely had to be Reber's stripping routine," Connor said. (Photo by Madison Nicholls)



*Is that a buffalo behind us?...* During study hall, juniors Kyle Panek and Devin Power get some studying done while being closely watched by their new, large friend. "The quietness of the library is great for studying and just chilling out," Panek said. (Photo by Trisha McDonald)

*Gotcha!* While hanging out in the gym, junior Megan Schwartz smiles for the camera. Schwartz has been enjoying her year in high school and feels "some of the best memories of my life will take place here." (Photo by Amber Jerger)



*Enough homework for now...* During a study hall, juniors Laura Ronning and Samantha Watson reminisce about junior year experiences. "I loved the PowderPuff game, getting to go to prom and finally being upperclassmen," Ronning said. (Photo by Angie Young)

## Smaller Class Brings Larger Amount of Unity

*Juniors Come Closer to One Another*

With 330 students, the junior class at West Fargo High School is by far the smallest class in the school for the 2005-2006 school year. With such small numbers, this class of juniors is extremely close.

Being in a small class has its advantages. The junior class believes that their small population makes it easier to branch out to other grades. "Our class is good friends with other grades, especially the seniors and some sophomores," junior Paige Adams said.

The smaller class size also gives students

more opportunities. "We have better opportunities because there are less people to do more things," junior Lindsay Wangler said.

Teachers can also tell the difference in class size, even though the number of students in their classes does not change. "I can tell the junior class is small because of its class domineer and behavior, they go hand in hand with the daily work and quizzes," U.S. History teacher Mrs. Barb Metcalf said.

Overall, the goods outweigh the bads, and being a small class has its advantages. Students have a better interaction with other grades and also have more opportunities. The relationships within their own grade are also better with such a small class size. Although class size is not always evident, being a smaller and more close-knit class can make a high school experience better.

**-Kira Gilbraith**

Joshua Randall  
Aaron Redenius  
Kari Remmen  
Justin Rheault  
Amy Rogers  
Evan Rolstad



Laura Ronning  
Matthew Ronning  
Jessica Roth  
Melinda Rothhouse  
Zachary Rudlang  
Adam Rutten



Ryan Salter  
Andrea Samsten  
Matthew Sanders  
Tanya Sathers  
Nathaniel Saye  
Christopher Schaefer



Brian Schiller  
Elizabeth Schmitz  
Kelsey Schoonhoven  
Mark Schultz  
Megan Schwartz  
Matthew Setter



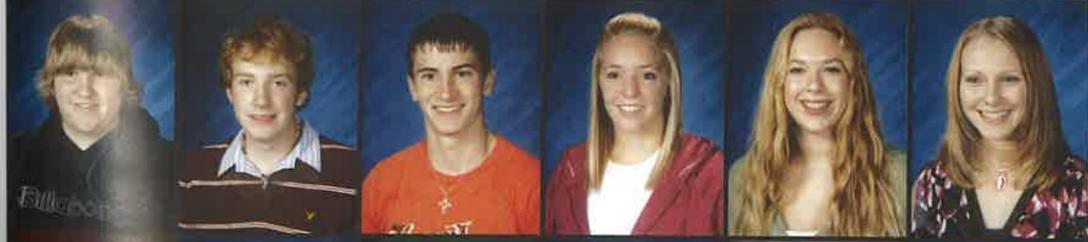
Sierra Shoman  
Michael Simmons  
Caleb Simpson  
Sara Sjothun  
Jarrod Skoog  
Christopher Smykowski



Pamella Soroba  
Sean Spiker  
Britni Spitzer  
Kelsey Stroh  
Timothy Stulken  
Brittany Summers



Sabrina Swanson  
Ashlynn Sylvester  
Levi Thene  
Matthew Thoenke  
Alisia Thomas  
Nathan Thompson



Brady Thorson  
David Tibbals  
Christopher Urlaub  
Heather Utke  
Ellen Vaagen  
Mary-Michael Vance



Rachel Vigen  
Miodrag Vukomanovic  
Benjamin Walock  
Brandon Walters  
Lindsay Wangler  
Andrew Watne



Samantha Watson  
Melinda Wendel  
Jessica Wendt  
Rachel Western  
Julia Whittle  
Jamie Wiersma

## Yu-Ju Comes to West Fargo

"When I was in Taiwan, I would never smile to the people that I didn't know because if I did, the people would think I was crazy. Here, people are super friendly." This is just one of the many differences junior, foreign exchange student Yuju Chang has noticed between the United States and her home country, Taiwan. Chang noticed a few differences between high school students in America and in Taiwan. "American high school students have to work after school. I was totally surprised," Chang said. Another great difference Chang noticed

was how quickly Americans eat their meals. Also, the food in America differs a lot from the food in Taiwan. When Chang came to America, she began to partake in many new hobbies. "I like being on the computer and watching movies, and I am in Drama Club now." Chang said. These differences are part of the reason Chang came to America. "[I came to the United States as an exchange student] because I like to learn the new things, and I

also want to improve my English." Chang is excited to share many of her new experiences with her host family. "I am very excited to have my first Thanksgiving, Christmas and to see snow with this family," Chang said. Although Chang misses many aspects from her country, these differences and her new experiences are quickly making America her "second home."  
**-Jessie Mattern & Aimee McEwen**

Jessica Wilkens  
Samantha Wohler  
Jennifer Wolff  
Jordan Wolff  
Ashley Yochim  
Codie Zahradka



## Juniors Not Pictured

- |                    |                |                   |                |
|--------------------|----------------|-------------------|----------------|
| Tyza Anderson      | Zachary Fink   | Cassey Nelson     | Darren Spicer  |
| Faduma Arale       | Sara Gatto     | Courtney Nelson   | Jared Walz     |
| Daniel Baumgartner | Casey Johnson  | Peter Quinn       | Ashley Wileman |
| Cristoffer Bruce   | Joshua Johnson | Jesse Sackman     |                |
| Tyler Bruun        | Ashley Nelson  | Grant Schmidt     |                |
|                    |                | Nicholas Skjonsby |                |



*De's electric!* During line dancing for gym class, juniors Kira Gilbraith and Samantha Adcock-Page enjoy the dance. "[Line dancing] was something different to do in gym. It isn't something you'd normally do for gym," Gilbraith said. (Photo by Amber Jerger)

*Pass it!* While participating in gym class, junior Bashir Mohamud dominates in floor hockey. "I enjoy class because I have the opportunity to play sports that I have never played," Mohamud said. (Photo by Trisha McDonald)



*That's a good one!* While sitting in the commons, junior Jenna Poppenhagen talks with friends. "[The best part of junior year] is having more academic freedom," Poppenhagen said. (Photo by Angie Young)

*I'm here!* During a performance of The Curious Savage, juniors Tim Stulken and Julia Whittle make their entrance. "Drama is a place where you can relieve your energy," Whittle said. (Photo by Madison Nicholls)



*Let's Go Cole!* During a home football game, junior Brian Heinz cheers for the team. "Even though we lost, it was still fun because the crowd was into the game," Heinz said. (Photo by Trisha McDonald)



*If I only had a heart...* While performing The Wizard of Oz, junior Joe Connor dances as the Tin Man. Connor's favorite part of the show was the people he got to work with everyday "Friendships were made that can't be created in any other activity," Connor said. (Photo by Sierra Kommer)

*Hey what are you looking at, I'm just jump roping!* While hanging out by the theater, helping with the pictures for seniors picks, junior Christi Hawley gets ready to jump rope with a boa. "The fact that I actually could jump over the boa [was my favorite part about jump roping]," Hawley said. (Photo by Ashley Davidson)



*Oh, you are so cute!* During Child Care Services class, junior Alisia Thomas plays with the kids. "The most interesting part of childcare is working with the children here at the school and also getting a chance to go out into the real world and work at a daycare. The kids are absolutely adorable," Thomas said of her opportunity to take the class offered to West Fargo High School students. (Photo by Trisha McDonald)

*I can't walk the line...* At the federal courthouse for Youth Leadership, junior Amanda Dirks tries to walk a straight line while wearing alcohol impairment goggles. "It really made me realize how important it is for people who have consumed alcohol to have some type of designated driver," Dirks said. (Photo by Emily Hartley)



*Hula queen!* While at the Students Today Leaders Forever (STLF) meeting, held in the commons, junior Amanda McDonald has fun hula hooping before playing the game Mission Impossible. "My favorite part about STLF is the meetings because there is a good balance of fun and business. The kids in STLF rock," McDonald said. (Photo by Amber Jerger)

*"Drench yourself in words unspoken, live your life with arms wide open..." -Natasha Bedingfield*

*It's gonna be a hard one today...* While preparing for basketball practice, sophomores Amanda Montgomery and Jill Utter take a trip to the trainers' room. "The trainers help out a lot in every sport," Utter said. (Photo by Trisha McDonald)



*Is this class over yet?* During class, sophomore Tania Peters glues pictures onto an Interior Decorating project. "Interior Decorating is fun because I get to use my own personal creativity. It's different from all my other classes," Peters said. (Photo by Trisha McDonald)

*Mmm...Food!* While waiting for the lunch lines to go down, sophomore Adam Trapp takes time to chat with friends. "My favorite part of the day is lunch because I get to see Jessica," Trapp said. (Photo by Trisha McDonald)



*Homework is evil!* While hanging out in the training room after school, sophomore Travis Stadium works on homework. "It's hard for me to find time to finish homework because I'm so busy with after school activities," Stadium said. (Photo by Trisha McDonald)

**"It's All About the Benjamin's..."**

*Sophomores Deal With New Responsibilities*

For many sophomores, the new adventures taken on during this second year of high school can be quite exciting. New responsibilities such as attaining the much anticipated drivers' license, later curfews and just growing up in general, usually make sophomore year one to remember. Along with these new responsibilities and privileges, the question of financial accountability arises. When should parents take the responsibility and what things do students need to acquire on their own? "I think parents should help out with things

like cars and insurance but when it comes to entertainment, students should pay for it themselves," sophomore Michael Potter said. Most parents and students agree on the terms of payment for life's little excitements. "It is just an understood rule in my house. When I wanted something not necessary to my survival or comfort, I just paid for it," senior Nadine Dissette said. It seems that the times have not changed too much when it comes to the financial relationship

between parents and students. "When I was younger, my parents paid for pretty much everything. I worked on their farm so they took care of my needs plus a small wage," Business Education teacher Mr. Rick Anderson said. Whether students pay or parents foot the bill, financial responsibility is something always in the on students' minds.

**-Ingrid Scantlebury**

Lisa Ackeman  
Kevin Ackley  
Lauren Adams  
Whitney Adams  
Joshua Addai  
Merema Ahmed



Dilon Allen  
Chiok Amuor  
Godfried Asa-Attuah  
Rudolfo Astran  
Emily Baasch  
Marcella Bahls



Jessica Ballou  
Shane Barnes  
Shauntel Barnes  
Megan Bauer  
Tanner Beauchamp  
Heather Beaulieu



Nicholas Becher  
Jacob Bechtold  
Kyle Beck  
Cassandra Beckerleg  
Erin Behrmann  
Matthew Beilke



Allen Belcourt  
Tiffany Bell  
Kyle Benjamin  
Kelsey Bergeron  
Hannah Berglund  
Eric Beyer



Erin Binde  
Zachariah Birnbaum  
Landry Boehm  
Nicholas Boll  
Kaylee Bond  
Dustin Bonnet



Sarah Borah  
Allison Boutiette  
Tasha Breker  
Eric Breslin  
Stacy Breslin  
Nicole Brokmeier



Chantae Brown  
Cody Brown  
Michael Brown  
Cassandra Bruggeman  
Kirsten Bubach  
Blaise Bucholz



Alan Casazza  
Anthony Charbonneau  
Samuel Cheney  
Megan Chiodini  
Kirby Christopher  
Brandon Clark



Marissa Cline  
Ramon Colon  
Tiffany Colvin  
Adam Cooper  
Andrea Cray  
Justin Cronin

# Sophomores Gain Parking Privileges

*New Faces In Lot*

It is the first day of school and many sophomores pull into the school parking lot for the first time. Last year a new rule was made that did not allow freshmen to park in the parking lot. Although it seemed like a stupid rule to last year's freshmen, as sophomores they are happy about it.

Now that sophomores are allowed to park in the lot, many believe there should be some adjustments to make getting out of the parking lot after school easier. "I think the school needs to have four-way stops so the traffic is

alternating," sophomore Willie Pedersen said.

Even though the rule not allowing freshmen to park in the parking lot is in effect, it does not stop freshmen from parking in the lot.

Everyone knows that there are still freshmen parking in the parking lot, but who is going to go to the office and tell on these rule breakers? "Last year some of my friends and I parked in the parking lot, and no one made a big deal about it,"

sophomore Adam Lester said.

While each grade is growing every year, at some point the school is going to need to expand the parking lot. "I think they should make another parking lot in the back by the teachers' lot," sophomore Abby Kiefer said.

Although there are many complications due to the way the parking lot is set up, it seems to work out with no major problems.

**-Jaclyn Rankin**

Breann Cross  
Cydney Crowe  
Alexandra Crummy  
Emily Dahley  
Cayla Dallmann  
Jacob Danielson



Jeremy Dauer  
Spencer Davis  
Ty Day  
Michael Delaney  
Robert Delorme  
Chelsi Desotel



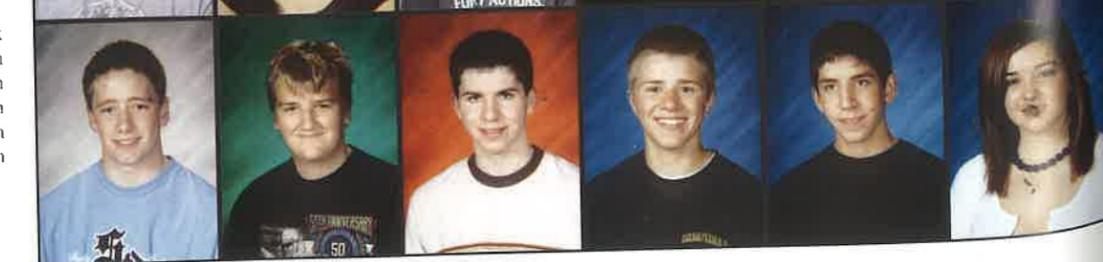
Nicholas Diemer  
Eric Dockter  
Sadie Doggett  
Regina Doll  
Amanda Domres  
Samantha Dougherty



Brock Drayton  
Alison Dreher  
Jordan Dufault  
Gage Durbin  
Seth Dye  
Kyler Eid



Sean Emerick  
John Engebretson  
Phillip Engen  
Hawken Erickson  
Ian Evanson  
Katrina Fahrman



*I hope this is right!* Sophomore Haylee Preabt works on an assignment. "My favorite class this year is French because Mrs. Thibert is an awesome teacher, and it is a fun language to learn." Preabt said. (Photo by Trisha McDonald)



*Almost done!* With plenty of time to spare, sophomore Tyler Swanson finishes some homework in the library. "Becoming a sophomore has given me a better understanding of time management," Swanson said. (Photo by Trisha McDonald)



*This one time...in gym class...* During his lunch period, sophomore Taylor Olstad listens intently as he laughs at a friend telling a story about high school in the commons. "My favorite part of high school so far is gym class," Olstad said. (Photo by Trisha McDonald)



*What next?* While working out in the weight room, sophomore Kyler Eid tries to decide what lift to do next. "After doing it for awhile, weight lifting helps me a lot with my sports and makes me more confident for the next lifting day," Eid said. (Photo by Trisha McDonald)



Eric Falde  
Tanner Farkas  
Jaden Fedora  
Joshua Ferguson  
Maida Fikic  
Lacey Finck



Zachary Fisher  
Karen Flesberg  
Dylan Foss  
Fanta Francis  
Zachory Friesz  
Aaron Fry



Joshua Fry  
Kirsten Gaulrapp  
Janet Gaylah  
Samantha Gehrig  
Glendon Gengel  
Kaycie Gerstner



Kassandra Gierke  
David Gilman  
Joseph Glarum  
Brittani Goldader  
Justin Gonzalez  
Tory Graves



Jamie Green  
Jordan Greer  
Brock Gusaas  
Gretta Haagenson  
Brittany Haaland  
Ronak Habib

*"Drench yourself in words unspoken, live your life with arms wide open..." -Natasha Bedingfield*

*You looking at me?* Walking to class, sophomore Sam Pulkrabek looks at the upperclassmen around him. "The only bad thing about being a sophomore is not being able to participate with the upperclassman in things like prom," Pulkrabek said. (Photo by Trisha McDonald)



*Ouch, that kind of hurt!* After falling off a chair in the training room, sophomore Jaclyn Rankin laughs it off. "I enjoy being a hockey trainer because it's fun going to all the games, and the bus rides with Kayla are always a good time," Rankin said. (Photo by Trisha McDonald)

*Guess you just had to be there...* During lunch one day, sophomores Spencer Davis and Shelby Pickard share some laughs and reminisce. "I would like to be remembered as a nice person that everyone liked," Pickard said. (Photo by Trisha McDonald)



*I'm trying to concentrate...* While finishing his art project, sophomore Zach Fisher concentrates. "The things I enjoy about being a sophomore are hanging out with friends and having the choice of more classes than freshman year," Fisher said. (Photo by Trisha McDonald)

## Being Older Creates Advantages

*Sophomores Still Considered Underclassmen By Some*

The first day of school is always filled with new teachers, classes and the occasional new friend. Confused and intimidated freshman faces are seen as students walk around searching for their friends and classes. Walking further down the halls, there are the bright-eyed and excited sophomores, happy they are not freshmen anymore.

Not being a younger student can have numerous effects on different students. "Being older means that you won't get as much crap from the other upperclassmen," sophomore

Jordan Vance said.

The older a student gets, the more adults expect the student to act more mature and responsible. "This may be good, but the more people think you're reliable and trusting, the more off on your own you are," sophomore Ryan Mischel said.

Feeling comfortable in the school's surroundings is important. "Now that we have been in school for a while, I am more willing to talk to people, rather than the first day of school," freshman Marissa

Holmquist said. Pep rallies and sporting events are all places to have fun and cheer, but it just is not the same for freshman. "I hopefully won't get booed as much at the pep rallies next year," freshman Spencer Pitzel said.

Freshmen and sophomores are the underclassmen and always will be. Being older is great, but sooner or later, everyone will have to become more mature and responsible.

**-Sam Gehrig**

Brittany Hagensen  
Ashley Haider  
Joshua Hajek  
Alexis Halling  
Andrew Hanson  
Kendra Harland



Kevin Harris  
Matthew Harsch  
Emily Hartley  
Jordan Hatlen  
Steven Hay  
Amber Heiden



Eric Heiden  
Alexander Henderson  
Breanna Herbranson  
Michelle Herman  
Abby Hestbeck  
Tyler Hewson



CJ Hoffart  
Jessica Holaday  
Jace Holm  
Dustin Holmes  
Chelsea Holmquist  
Whitney Hoovestol



Lacie Horton  
Alana Houkom  
Christopher Hulm  
Jessica Jackson  
Taylor Jackson  
Tiffany Jacob



Samuel Jacobs  
Jasmina Jaha  
Philip Jahnke  
John Jasken  
Austin Jensen  
Leah Jensen



Kelby Jesz  
Jordan Johnson  
Joseph Johnson  
Paul Johnson  
Haley Johnston  
Yar Jok



Alyssa Jones  
James Jorgensen  
Katie Kapel  
Indira Karabegovic  
Kyle Kastet  
Travis Keating



Kirby Keller  
Tyler Kelly  
Abby Kiefer  
Michael Kildahl  
Stevi Kinsella  
Jordan Kling



Amanda Klinger  
Matthew Klocke  
Lindsay Kloos  
Sara Knaus  
Raymond Knutson  
Kelly Koenen

*"Drench yourself in words unspoken, live your life with arms wide open..." -Natasha Bedingfield*

## Sophomores Make Name For Themselves

*Grade Ten Moves Up From JV to Varsity*

Sophomore Tania Peters started dancing at the age of five. She has made it through Just For Kix, Mystikix, JV Packatahns and has now made her way as a sophomore to the Varsity Packatahns. Like Peters, many other sophomores play varsity sports.

Seth Dye is a sophomore that plays on the varsity football and basketball teams. Hard work and time is a big part of being on a varsity team. "Work hard so you can stay on the team," Dye said. Staying in shape is also a big deal with being on a team.

"Running, lifting and stopping eating is a big part of wrestling," sophomore Tony Owens said.

When it comes to wrestling they really have to watch their weight. Staying on varsity wrestling depends on the weight class of a wrestler, stay beneath that weight and being the best wrestler in a particular weight class.

Not just staying in shape, but also keeping grades up is a big deal for sports. If people do not keep up grades, then the coaches will

suspend people for low grades. "Make sure all your homework is done," sophomore Emily Baasch said. Baasch participated on the swimming and diving team.

If grades start to fall and get to be too low, the coaches can take people out for a certain time period. Everybody that plays a varsity sport has been "doing this for a very long time and is very good at what they do."

**-Brianna Puhr**

*Oooo oooo dancers!* During the Fall pep rally, sophomore Lee Huckel cheers on the varsity dance team. "I got out of class and got to watch the Packatahns," Huckel said was his favorite part about the pep rally. (Photo by Alyssa Jones)



*Million dollar smile!* During a Cabaret Improv practice, sophomore Brandon Clark laughs as someone practices. "I love cabaret so much because you can act as crazy as you want and nobody cares," Clark said. (Picture by Trisha McDonald)



*Gosh woods class is fun!* During fourth hour woods class, sophomore Garret Smith gets ready for upcoming projects, but right now it is time to study for a test. "I had a good time making chairs," Smith said of his favorite part of the class. (Picture by Trisha McDonald)



*Macho macho man!* After school in the weight room, sophomore Eric Heiden is power clinging during the off season of hockey. "In the off season you can really strengthen yourself for the hockey season," Heiden said. (Picture by Trisha McDonald)

Cody Kopp  
Paige Kostecky  
Levi Kouba  
Sadie Kraft  
Sara Kram  
William Krumwiede



Nathan Kuik  
Brandon Kummeth  
Brenna Kyllonen  
Eric Larson  
Adam Lester  
Sasha Lettow



Brooke Lisburg  
Lisa Lovaas  
Tyler Lund  
Lex Lunde  
Festim Luzha  
Brian Maas



Tasha Maenza  
Samantha Magnus  
Tyler Martin  
Jared Martinson  
Kassandra Mastre  
Tyler Matthys



Jacob Mattson  
Rebecca Mattson  
Brandi McConnell  
Allyson McDonald  
Jena McIntyre  
Joshua Mikkelsen



Brandon Millar  
Ashley Miller  
Leah Miller  
Nichole Miller  
Ryan Mischel  
Michael Misialek



Andrew Monson  
Amanda Montgomery  
David Morrow  
Cody Mowry  
Thomas Mrozla  
Allison Muller



Bill Murray  
Brandon Nelson  
Keane Nelson  
Lane Nelson  
Lucas Nelson  
MaryJo Nelson



Natascha Nerud  
Timothy Newgren  
Kieu Nguyen  
Brittany Nichelson  
Maggi Nicholls  
Brittany Nolan



Kristen Nordhagen  
Jonathan Novacek  
Amanda Olson  
Brooke Olson  
Tayler Olstad  
Lynae Opdahl

*"Drench yourself in words unspoken, live your life with arms wide open..." -Natasha Bedingfield*

*"When I was a freshman..."* While in the commons, sophomore Festim Luzha shares past experiences with a friend. "I take more advantage of freedoms because I have more experience than freshmen," Luzha said. (Photo by Trisha McDonald)



*"I'm too sexy for my shirt..."* Taking a break from cheering on the girls volleyball team, super-fan sophomores Lex Lunde, Steven Hay and Andrew Hanson smile for the camera. "It's awesome getting all decked out for the team with your friends," Hay said. (Photo by Trisha McDonald)

*This goes there...* While in the library, sophomores Kyle Benjamin and Keane Nelson do homework. "Sophomore year was easier than freshman year because you get gym class and not health," Benjamin said. (Photo by Trisha McDonald)



*Let's go! Let's go!* During a pep rally, sophomore Alexis Halling leads the crowd in a cheer. "I've been cheering for two years because I like the attention because you're out in front of everybody. Everybody sees you," Halling said. (Photo by Alyssa Jones)

## Cheering Creates Unity Among Students

### Underclassmen Join Student Fan Section

Ecstatic cheers of "Here we go Packers," painted faces and a little friendly competition between schools can always be found in the West Fargo student section at sporting events. Juniors and seniors root for the Pack through thick and thin, but what about those sophomores who have jumped into the mix this year?

In the past, underclassmen have not seemed to be too welcomed by older students in the cheering section. The reality of the situation may be that brand new highschoolers simply have feelings of apprehension toward older

students. "Upperclassmen are usually the loudest, and underclassmen just want to fit in and not do anything obnoxious," sophomore Jessica Holaday said.

With the first year of high school out of the way, many sophomores have decided to step out of their "comfort zone" and join the student section. "It was just the freshman 'jitters'," sophomore Lex Lunde said. "I think the upper class wants younger kids to step up and cheer!"

Louder cheering definitely means more

adrenaline for the Packer teams. "When I'm out on the wrestling mat and I can hear the crowd screaming their lungs out, I get motivated," Lunde said. "The thought of someone cheering for you and wanting you to win is awesome."

Sophomore class, forget about the sometimes intimidating upperclassmen, and go cheer the Packers on to victory. They are counting on each and every fan to get them fired up!

**-Emily Hartley**

KaSara Osborne  
Cameron Osier  
Anthony Owens  
Laura Paczkowski  
Kristopher Paisley  
Christopher Parsons



Amanda Paulson  
Melissa Paulson  
Michael Pedersen  
William Pedersen  
Corey Pederson  
Rebecca Pegg



Christopher Perala  
Tania Peters  
Kayla Peterson  
Joseph Pfeifer  
Shelby Pickard  
Andre Pilch



Jeremy Pistorius  
Ashley Pokrzywinski  
Matthew Pomey  
Hannah Potter  
Michael Potter  
Peter Pranke



Haylee Preabt  
Matthias Price  
Brianna Prunty  
Brianna Puh  
Kasey Pulkrabek  
Samuel Pulkrabek



Melissa Pytlík  
Ashley Ragan  
Cameron Ramberg  
Jaclyn Rankin  
Breanna Ranzenberger  
Alisa Rector



Alyssa Regner  
Angel Retzlaff  
Jon Reznecheck  
Andrew Rheault  
Sarah Rodlund  
Mark Roe



Briana Roeber  
Rebecca Rohrer  
Nicholas Rolstad  
Andrew Rood  
TessAnna Rossow  
Courtney Roush



Ashley Rud  
Amanda Rudlang  
Scott Rudrud  
Aaron Sanderson  
Bryant Sanderson  
John Sandvig



Cassandra Saylor  
Michael Schaffer  
Alexander Schanillec  
Justin Schiermeister  
Michael Schnepf  
Emily Schreier

## Research Papers Cause Stress

*Sophomores Pull Through with Biology Topics*

Long nights, tired fingers, excessive amounts of research, 50 note cards, 10 bib cards, one extended scratch outline, these are all part of the joyous experience of writing the sophomore research papers.

There are many different topics that students could research. "I did leukemia because I thought it was easy, but it wasn't," sophomore Rebecca Pegg said.

One reason a student may choose a topic is because they know someone who is affected by the topic being studied. "I picked Alzheimer's

because my grandpa has it," sophomore Haley Johnston said.

Another student, sophomore Amy Walen, also chose her topic because she knows someone affected by the topic she researched. "[I researched] the treatments for insomnia because my sister suffers from insomnia," Walen said.

Although it is a complex process, the paper may have some advantages. "I learned how to treat insomnia, and I may be able to help myself, too," Walen said.

Many students feel they could have done something to improve their paper. "I would make sure I read [the paper] over extensively and revised it myself as well as others," Walen said.

The experience of writing a research paper may not be the best ever, but students can pick any topic related to biology they want, and it definitely teaches students lessons in life and the topic being researched.

**-Kim Stulken**

Jonathan Schroeder  
Caitlin Schuessler  
Justin Schumacher  
Zachary Schumacher  
Theresa Schwartz  
Breanna Seibel



Chanz Senger  
Simona Sjoblom  
Megan Skarsten  
Vanessa Skinner  
Garrett Smith  
Joshua Soland



Caroline Spacek  
Brandan Spitzer  
Cayla Sprecher  
Alexandra Sprung  
Travis Stadum  
Casey Stavenger



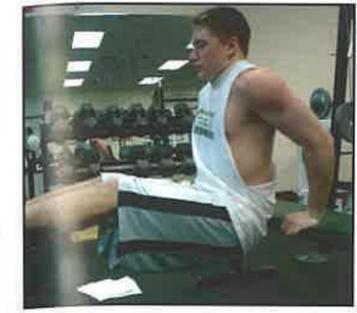
Lucas Steckler  
LyBresha Stewart  
Bret Stoppler  
Britta Strahm  
Amelia Streifel  
Tiffany Stuber



Kimberly Stulken  
Kayla Sturre  
Jared Summers  
Alison Sund  
Tyler Swanson  
Donald Swenson

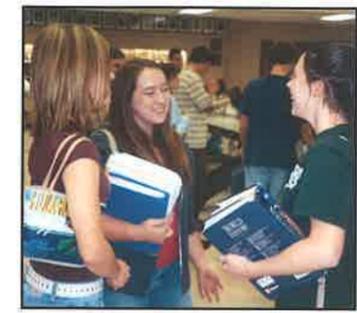


*Feel The Burn!* During his freetime sophomore Sean Emerick works on getting strong. "Weightlifting is the most important off-season exercise. It helps me perform better and get the ladies," Emerick said. (Photo by Trisha McDonald)

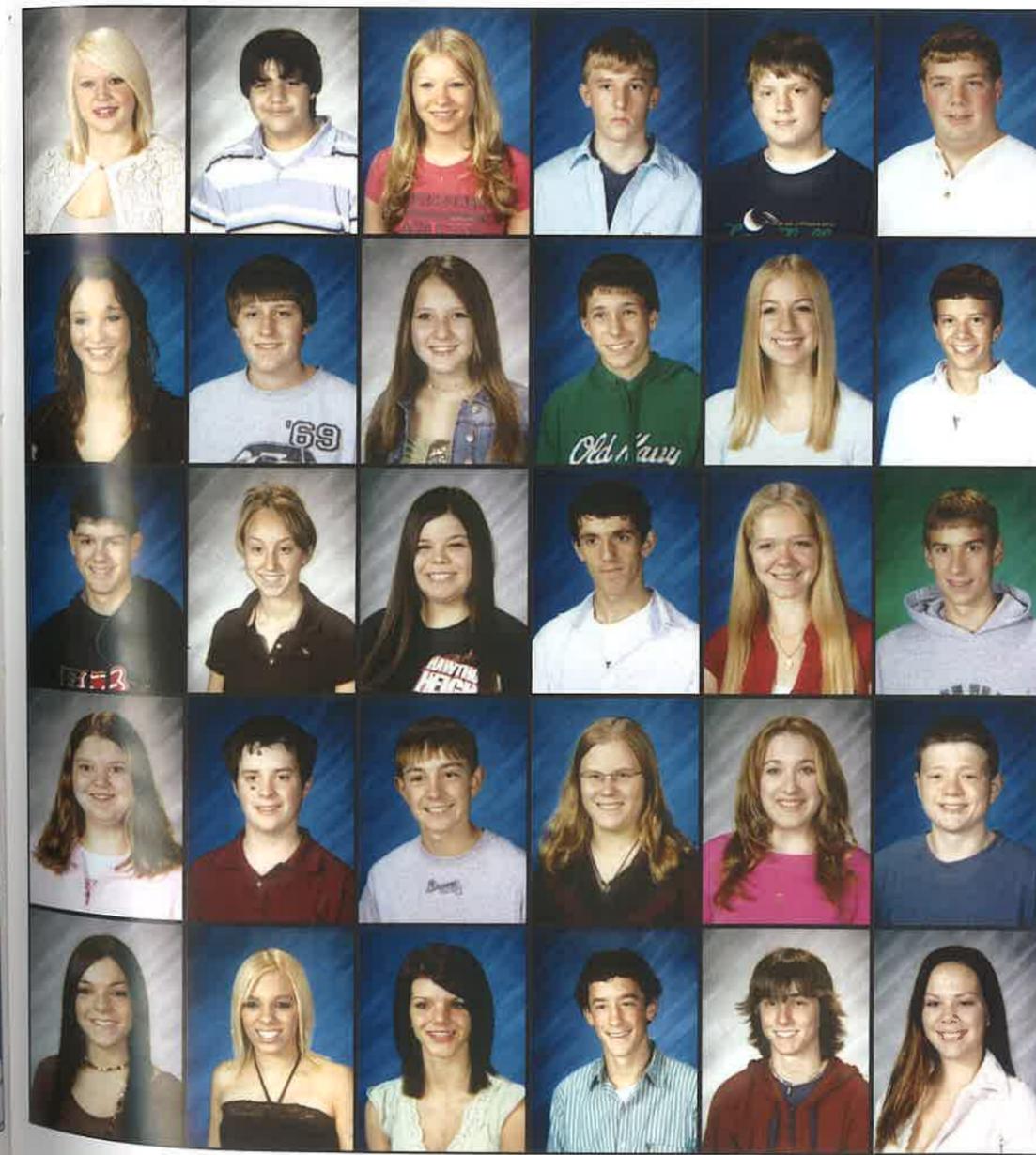


*Let Me Tell You Something!* During an STLF meeting, sophomore Paul Johnson gets to know everyone around him with a little friendly game of telephone. "It's a good experience for students and a fun way to hang out with people," Johnson said. (Photo by Trisha McDonald)

*Oh, I get it!* While waiting for the end of lunch, sophomores Alison Sund, Whitney Hoovestol and Gina Doll enjoy some girl talk and a few jokes. "Just being around my friends makes me laugh," Hoovestol said. (Photo by Emily Hartley)



*Como Estas?* During Spanish class, sophomores Jill Utter and Justin Cronin practice their numbers in Spanish. Cronin explains what he enjoys about spanish, "I enjoy Spanish because the people in it are fun," Cronin said. (Photo by Amber Jerger)



Katie Symanietz  
Jayce Thomas  
Machaella Thompson  
Kade Thornton  
Mason Thorstad  
Adam Trapp

Marandi Triebold  
Alex Trosen  
Alina Tyulyandina  
Jordan Ulven  
Jill Utter  
Jordan Vance

Aaron Vannett  
Deni Vigasaa  
Alannah Villanueva  
Artan Vllahiu  
Amy Walen  
Jasen Walker

Shawnie Wangler  
Collin Watkins  
Peter Weber  
Stephany Wegenast  
Catherine Weick  
Ryan Weishaar

Tavga Weled  
Durae White  
Kari Wileman  
Alex Windjue  
Michael Winge  
Adele Young

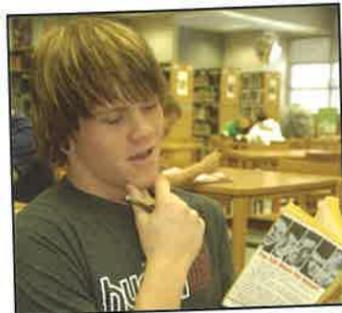
*"Drench yourself in words unspoken, live your life with arms wide open..." -Natasha Bedingfiel*

*What did you say?* While at a cheerleading competition, sophomore Kasey Pulkrabek gives a dancer a weird look. "Next year I'm looking forward to playing in powder-puff," Pulkrabek said.



*Off in the distance...* Staring off into the distance is sophomore Jacob Danielson. "Not being the youngest in the school [is the best part about being a sophomore]," Danielson said.

*Hmm, I wonder...* While studying in the library, sophomore Andrew Hanson uses his time wisely to research information for a class assignment. "[Since freshmen year] I have gained a lot more experience," Hanson said.



*I can't wait...* While in the commons sophomores Abby Kiefer and Tavga Weled talk about next year "[Next year] I will be an upperclassman and I can play powderpuff!" Kiefer said. (Photos taken by Trisha McDonald)

Carrie Young  
Chancellor Zacher  
Mikayla Zimmerman  
Moses Zozimo  
Matthew Zurn



### Sophomores Not Pictured

- |                    |                      |                 |                   |
|--------------------|----------------------|-----------------|-------------------|
| Abdullahi Adan     | Nicole Cowden        | Ross Jacobs     | Dustin Northburg  |
| Dalton Alfstad     | Arlanda Cree         | Kyle Johnson    | Matilda Obembe    |
| Victor Baumgartner | Thaddeus Engebretson | Drew Kjolberg   | Joshua Olman      |
| Dalton Beyer       | Andrew Ferber        | Tyler Knapp     | Abel Rodriguez Jr |
| Matthew Black      | Nicholas Folkedahl   | Kaycie Koste    | Paul Rumsey       |
| Jeffery Blomquist  | Harry Geebli         | Aaron Larson    | Trevor Schell     |
| Charles Bryan      | Ashley Goulet        | Hiram Leyva     | Ethan Zaun        |
| Joseph Byran       | Darshayne Hayenga    | David Loebrick  |                   |
| Danielle Crarey    | Daniel Hedstom       | Davin Loegering |                   |
| Kayla Cole         | Dalton Holemon       | Brody Ludwig    |                   |
|                    | Lee Huckle           | Cindy McDonald  |                   |
|                    |                      | Lafke Mudung    |                   |

*2008, 2008...* During the 2nd pep rally of the year, the sophomore class chants their class song. One sophomore thinks about her place in West Fargo High School. "When you're a sophomore you don't feel so much older or younger than the rest of the people in the school," Lisa Rector said. (Photo by Alyssa Jones)



### Three Boys...

#### One New Alternative Rock Band

Chicks, rocking out and just having a good time are what three sophomore boys are all about. Sophomores Lex Lunde, Andrew Hanson and Jonathon Novacek are in an alternative rock band.

Getting a band started is quite possibly one of the hardest things about having a band. In making a band there are many options to consider, such as who is going to be in the band, when and where to practice times, writing lyrics and even coming up with a name. "We are not totally sure about the name as of right now. As for

writing songs, for now we all get together to sit in a room and think about what to write," Novacek said.

With Lunde on drums, Novacek on bass, and Hanson on guitar, they create an enjoyable and balanced sound. To create such a sound they receive inspiration from different sources. Lunde gets his inspiration from a family friend. "My brother's friend was a drummer, and he was amazing. Everything I know now about drumming is because of him," Lunde said.

Preparing for a big "gig" takes plenty of a great deal of effort. "What I find the most helpful is to sit in a quiet room to collect my thoughts and then listen to hard rock to get pumped!" Hanson said.

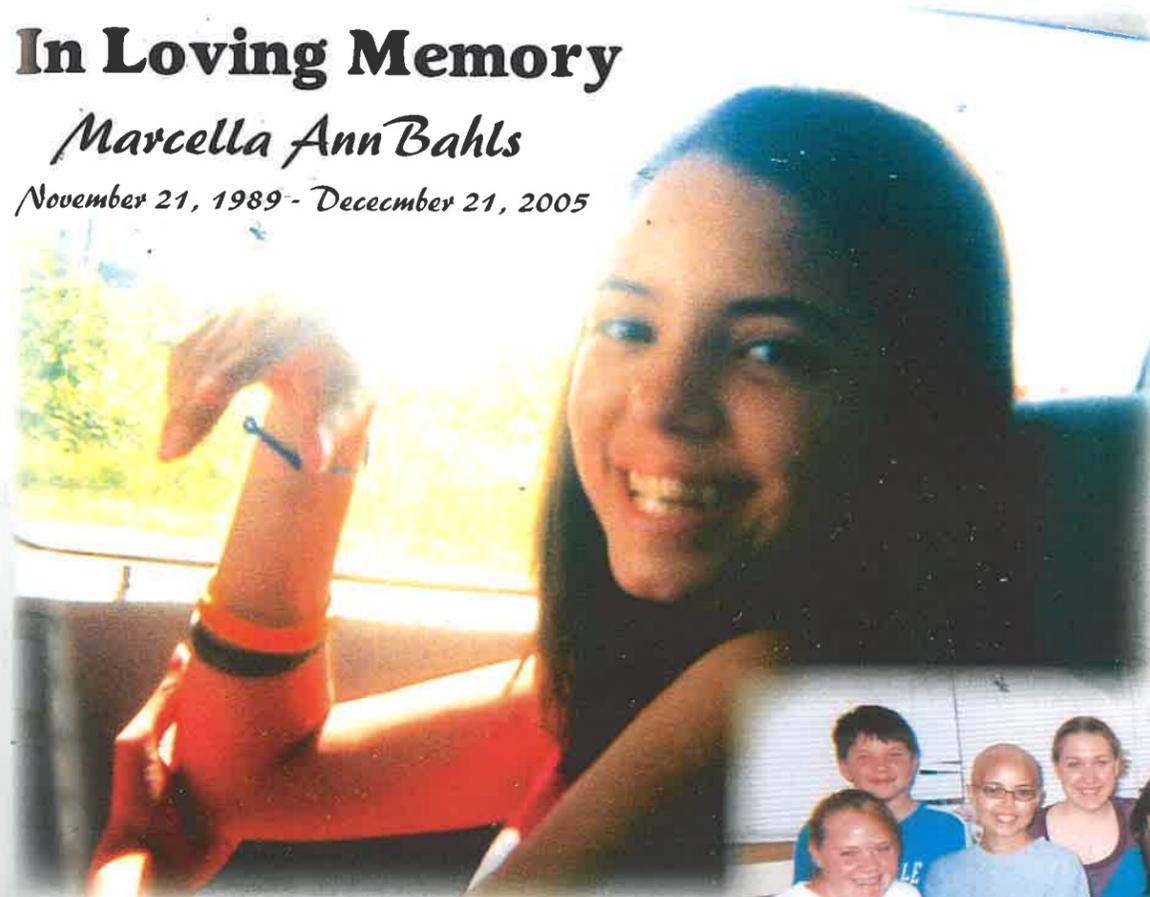
Writing lyrics, getting inspiration and preparing for a show are what the boys are looking forward to in the near future. Considering they have not been playing music for very long, the fans of the band feel they are a remarkable group of musicians.

**-Maggi Nicholls**

## In Loving Memory

*Marcella Ann Bahls*

November 21, 1989 - December 21, 2005



"Eighth grade dances and laughing are the two things I think about when I think of Marcy."

-Kim Stulken

"Marcy was a very good friend, one that you could always rely on to be there for you. My best memory with Marcy is driving around, trying to pick up boys late at night."

-Jaden Fedora



"My oldest memory of Marcy is when we cut each other's hair in kindergarten. The next day was picture day, and we had to get our hair cut shorter so you couldn't see the mistakes we made. I also remember walking to school everyday with her and standing in the hallway every morning talking. She always had a smile on her face..."

-Cece Weick

"My memory of Marcy is when we were student trainers for football with Whitney and Ali. Also this past Halloween when Marcy was in the hospital and we had a costume party for her and she dressed up as G.I. Jane."

- Ashley Pokrzywinski

*"We're all looking for something, something to be, yeah, yeah..." -Rob Thomas*

*That is so funny!* Waiting to go back to class, freshman Emily Harris and friends share a laugh. "We get to be mixed with different grades and there is more freedom which makes it more fun," Harris said. (Photo by Aimee McEwen)



*Can you help me?* While sitting in the library with a couple of friends during study hall, freshman Derrek Zaczkowski tries to postpone his homework. "During studyhall I go to the library to talk with my friends," Zaczkowski said. (Photo by Aimee McEwen)

*1 and 2 and 3...* While performing at half time of a basketball game the JV Packatank put on a spectacular performance. "It is a lot of hard work but the pros definitely outweigh the cons," freshman Krissy Reyererson said. (Photo by Alyssa Jones)



*Yummy yummy in my tummy!* During lunch time, freshman Katie Palloch talks with her friends while eating her Domino's pizza served twice a week in the cafeteria. "Domino's for lunch is the best part of the week," Palloch said. (Photo by Aimee McEwen)

## Being Prepared Proves to be Successful

### Freshmen Practice Study Habits

Squeaky valves are what freshman Kate Eideuschink focuses on before a concert, as for the band as a whole, they play scales and tune their instruments.

Each freshman has their own way of practicing the night before or minutes prior to concerts. Freshmen participate in Varsity Choir and Varsity Band, both directed by Mrs. Sue Jordahl. "Before concerts I usually practice 15 minutes and take deep breaths to calm myself down," Eideuschink said.

Different instruments require different warming up methods.

"We tune our instruments and then right before we go out I look in the mirror," freshman flute player Andrea Johnson said.

When choir members are in the 'choir environment', most will hear voice exercises and scales for warm up.

"I would not change the warming up methods because they really help," freshman Taylor Blakeway said.

Favorite aspects about band or choir include learning how to play instruments, meeting new people, finding new ways to "tune" one's instrument, and seeing the end result.

"More people should join band because it's a good way to get to know other people and express yourself in music, and hey it's an easy 'A'," Eideuschink said.

**-Charlee Lakoduk**

Halimo Abdulkarim  
Ahmed Abdulle  
Noor Aden  
Sharifa Ahmed  
Umi Ahmed  
Jennifer Akason



Rennah Al-Kayali  
Dakota Allmaras  
Brianna Anderson  
Garrett Anderson  
Travis Anderson  
Jonathon Archibald



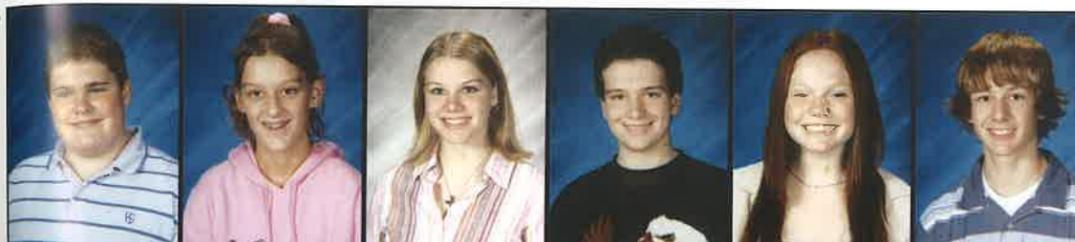
Gladys Asa  
Dillon Asleson  
Samuel Barenthsen  
Tori Barton  
Adam Bartron  
Amber Batsch



Justin Baumgartner  
Alexander Becher  
Emily Beets  
Connor Belcourt  
Scott Belcourt  
Eric Benson



Michael Benson  
Ryan Berglund  
Austin Berogan  
Jordan Birrenkott  
Taylor Blakeway  
Sondra Booth



Nicholas Borkowski  
Alyssa Bossert  
Kimberly Braesch  
Travis Bregier  
Elizabeth Brekhuis  
Zachary Brend



Megan Brennan  
Drew Brovold  
Matthew Brower  
Alyssa Brown  
Marissa Brown  
Stephanie Brown



Brittney Bucholz  
Justin Burek  
David Burdick  
Darrett Bykonen  
Austin Cassezza  
Brad Cernik



Kevin Cernik  
Travis Charging  
Katie Chiodini  
Tory Christianson  
Ashley Cole  
Kayla Corcoran



Zachary Cornican  
Ian Crawford  
Meredith Cummings  
Zachary Dahl  
Saraya Dahlen  
Anyu Dai

"We're all looking for something, something to be, yeah, yeah..." -Rob Thomas

## Freshmen Class 'in the know' About Future

Students begin to realize pressures of high school.

A freshman is defined as someone in the first year of an experience. The transition from ending middle school, the more safe and definitely less stressful place, to entering high school, the crazy and sometimes tense atmosphere, is a tough jump for most freshmen. "The teachers are a lot harder on us than in middle school," freshmen Saraya Dahlen said. Besides the obvious higher levels of difficulty, the freshman class has also noticed the more intense social situations. "I think our class likes high school better, but

most of us don't like how crowded it is," freshman Abby Paul said.

In addition to the harder teachers and more swarming surroundings, the freshman class has also transitioned to their new environments through maturation.

There are many goal-oriented kids in this class who realize the importance of these crucial high school years.

"My number one goal is to graduate with good grades," freshman Carly Trowbridge said. Most seem to recognize that high

school is not just one big party.

"I understand the importance of these years: to establish good habits so I can utilize them in the future," freshman Erin Johnston said. From the looks of things, these freshmen have their heads on straight. These newcomers have realized the significance of their actions during their four years at West Fargo High, and basically, the rest of their lives.

- Ingrid Scantelbury

*Go Team!* During the pep rally, freshman Andrea Johnson encourages her classmates at the class competition. "My favorite part of cheerleading is at competitions. I love getting the adrenal rush," Johnson said. (Photo by Alyssa Jones)



*Hard at work...* During some free time, freshman Megan Nelson works hard to finish one of her homework assignments. She seems to be enjoying high school. "My favorite part is being with my friends," Nelson said. (Photo by Trisha McDonald)

*This is too much fun...* During her lunch period, freshman Shayla Lund spends some time laughing with her friends. "My favorite part about eating lunch at school is getting to hang out with friends," Lund said. (Photo by Trisha McDonald)



*That was hilarious!* While spending time with friends in lunch, freshman Clint Wohler shares a laugh with a friend. "I really enjoyed being with all of my friends. I have had a lot of fun this year," Wohler said. (Photo by Alyssa Jones)

Amber Danzeisen  
Brittany Davila  
Ajdin Dedic  
Emma DeJong  
Brittany Dell  
Tyler Delorme



Sarah Denne  
Gesma Dier  
Jesse Dietz  
Angela Dockter  
Brandon Dockter  
Eric Driscoll



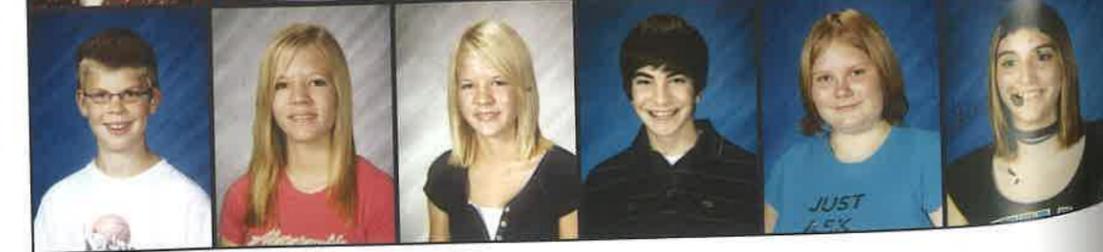
Chanel Duguid  
Ryan Eckelberg  
Lee Eggen  
Randy Eggermont  
Hillary Ehlen  
John Eidemueller



Katherine Eidenschink  
Alysa Eidenschink  
Jacob Emerson  
Molly English  
Erik Erdmann  
Jessica Erickson



Justin Erickson  
Courtney Evanson  
Kayla Evanson  
Tyler Evin  
Mariesa Feland  
Jessica Fercho



Jana Fillbrandt  
Brandon Fitterer  
Derek Flaten  
Shelby Foltz  
Kayleigh Fontaine  
Samuel Forsey



Kalyn Fraser  
Michael Freeman  
Aaron Freitag  
Thomas French  
Katie Fretheim  
Brandi Fry



Anthony Gearsy  
Gregory Gengel  
Robert Gertz  
Kiah Gianakos  
Jay Gjestvang  
Amanda Goebel



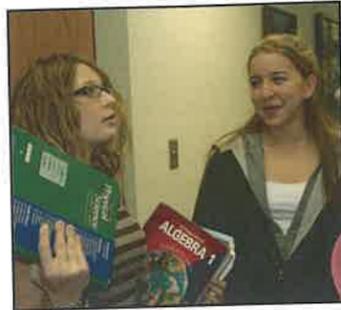
Heather Goebel  
Kali Golay  
Chase Golliet  
Sara Gooding  
Christan Gorden  
Benjamin Gould



Catherine Gowah  
Audrey Grady  
Tatum Grandstrand  
Makayla Gratz  
BreAnne Gregory  
Tyler Gronbeck

"We're all looking for something, something to be, yeah, yeah..." -Rob Thomas

*You're funny!* While preparing for her next class, freshman Molly English jokes around with a friend. English describes what she has enjoyed in her first year of high school. "I love how I'm allowed more freedom to choose for myself," English said. (Photo by Trisha McDonald)



*What's the answer?* Working hard during class, freshman Eric Ybarra concentrates on what the answer may be. Ybarra has enjoyed his first year of high school which has given him many new opportunities. "I enjoy the activities we can do, such as sports or classes," Ybarra said. (Photo by Trisha McDonald)

*I like this assignment!* Working hard in class, freshman Ryan Eckelberg makes his learning experience fun. During Eckelberg's first year, he's adapted to changes very well and has been enjoying it. "I love being in the library and studying," Eckelberg said. (Photo by Trisha McDonald)



*2009-2009-2-2-2-2-2009!* During a pep rally, freshman Eric Erdman joins his classmates in a cheer supporting his class of 2009. Erdman explains what he has enjoyed in his first year of high school. "[I've enjoyed] meeting new people in other grades," Erdman said. (Photo by Alyssa Jones)

## Change of Freedom

Freshmen take on new responsibilities

It is Katie's first day of high school. Her freshman year has finally begun and she rushes into her commons study hall hoping not to be late. There are tons of unfamiliar faces of people talking, walking around and eating. Katie begins to feel overwhelmed as it is a complete change from last year's study halls.

The commons study halls are just one of the many new freedoms that freshmen are introduced to on their first day attending high school.

Trust is also a luxury that comes along with

being a high school student as last year in the middle school, students were not trusted as much as they are now. "We have more responsibility now, and now we can chew gum," freshmen Nichole Wendt said.

Although freshmen feel overjoyed to hear about their study hall privileges, some teachers do not always think freedoms, such as common study halls, are efficient. "I don't even think commons should be considered a study hall," math teacher Mr. Randy Holzkamm said.

These sudden changes in freedom have also affected on students' grades. "I think it's a lot harder, but overall you just have to adjust to the differences this year," freshman Ashley Reiter said.

After her first day, Katie is still a little surprised, but as the week goes on, she comes to love her newly given freedom and anticipates all of the luxuries high school will offer her in the future.

-Sarah Denne

Jessica Gust  
Breanna Gustafson  
Brittney Hager  
Candace Hager  
Nathan Halda  
Eric Halvorson



Abby Hammes  
Ashley Hamner  
Darryk Hanenberg  
Andrew Hanes  
Amanda Hanson  
Matthew Hanson



Emily Harris  
Eric Hartog  
Amina Hassan  
Amran Hassan  
Fadhiyaa Hassan  
Hassan Hassan



Safiyo Hassan  
Wanaga Hassan  
Elizabeth Heim  
Zachary Heinen  
Alyssa Henderson  
Justin Heuer



Shana Heuer  
Beatrice Hill  
Derek Hiltwein  
Alyssa Hinze  
Zachary Hofmann  
Cierra Holm



Marissa Holmquist  
Kelsey Holmvik  
Susan Honey  
Kelsey Hoovestol  
Megan Hought  
Dillon Huber



Samantha Hughes  
Nicholas Hulm  
Alyssa Hummel  
Kaysha Hvidsten  
Samantha Ireland  
Chad Jaberg



Reuben Jacobson  
Todd Jansen  
Jessica Jendro  
Lucas Jensen  
Tyler Jensen  
Adam Johnson



Andrea Johnson  
Bryan Johnson  
Jennifer Johnson  
Aryelle Jones  
Kaitlyn Jorgenson  
Jacob Kaiser



Karly Kalstad  
Brian Keller  
Heather Kelsey  
Yusuf Kemokai  
Ashley Kerbaugh  
Daniel Kiehl

"We're all looking for something, something to be, yeah, yeah..." -Rob Thomas

## Students Chat, Eat Lunch

Conversation Fills Commons Lunchroom

Messy lunchroom floors, crowded tables filled with books and trays, busy food lines and a loud roar of the crowd is what the high school commons looks like during lunch time.

Even though all this commotion is occurring, there is still time to chat with friends.

"We talk about what is going on in school, what people are doing and what we are doing over the weekend," freshman Jorddan Kleindl said.

Making conversation in a crowded cafeteria may be hard if a person has no friends to sit

with.

"People I sit with have the same interests as me," freshman Ashley Reiter said.

Most people find that lunch is a good way to see friends and look forward to talking with them.

"I look forward to seeing my friends so we can catch up on the day," freshman Jenna Kolb said.

Eating in the lunchroom is a good way to relax and get away from everyday hassles. Relaxing may be a problem though when

not everyone gets along. Thankfully, the majority of the school knows not to take their anger out on people. "I've never seen a fight at lunch," Kolb said.

Having lunch in a noisy cafeteria is what students look forward to because seeing everyone and getting to talk about school and weekend plans is enjoyable.

-Lindsey Levin

*Can you help me?* Working on the computer sophomore Emily Baasch is getting better acquainted with freshman Jake Emerson. "Most of the students I have met are awesome, they help me find books," Emerson said. (Photo by Trisha McDonald)



*Hanging out!* Commons studyhall is one of the many different parts about high school that freshmen Shayla Lund and Chelsea Peterson enjoys. "It's great to be able to talk, eat and to have the freedom to be with your friends," Peterson said. (Photo by Trisha McDonald)

*No school!* School can be boring for some, and exciting for others. Freshman Rueben Jacobson personally likes finals time. "If I don't have a semester test, then I don't have to go to class for that day," Rueben said. (Photo by Trisha McDonald)



*Workin' hard!* The West Fargo Packatahnas have a reputation for being the best, to be the best the team must work hard. Freshman Claire Moltzan shares how the Packatahnas work hard. "You need flexibility and strength," Moltzan said. (Photo by Alyssa Jones)

Kaley Klein  
Jorddan Kleindl  
Ashley Klevgaard  
Brendan Klocke  
Austyn Kloehn  
Danielle Knodle



Leah Knutson  
Samuel Knutson  
Nicolette Koehmstedt  
Jared Koehnen  
Damir Kolakovic  
Jenna Kolb



Satta Kollie  
Amanda Kommer  
Sierra Kommer  
Channing Kopp  
Ashley Koskela  
Kayla Krabbenhoft



Ty Kramlich  
Kailey Krause  
Jessica Krick  
William Kuehn  
Brandon Kunze  
Martha Kweku



Anthony Lacavera  
Erica Laddusaw  
Charlee Lakoduk  
Chelsea Lang  
Kasey Lang  
Mercedes Larson



Stephanie Larson  
Garrett Laubach  
Alexandra Leabo  
Ralph Leabo  
Andrea Lee  
Gentry Lee



Brittany Legler  
Kelby Lemar  
Dustin Lemke  
Jessica Leno  
Andrew Lenzmeier  
Crystal LeTexier



Lindsey Levin  
Brandon Lewis  
Breandolyn Lies  
Rachel Lisk  
Blake Loyland  
Amber Lund



Nels Lund  
Shayla Lund  
Tasha Lund  
Kelsey Lundquist  
Lindsay Lundstrom  
Michael Lynch



Katie Lyon  
Cody Mammenga  
Joseph Manning  
Cole Mapes  
Miranda Mars  
Jacob Martell

# "We're all looking for something, something to be, yeh, yeah..." -Rob Thomas

One for you, one for me... Watching a boys' soccer game, freshmen Ashley Ryan and BreAnne Gregory share treats. "I like watching my brother [senior Dustin Gregory] and his teammates play," Gregory said. (Photo by Emily Hartley)



Everybody point and laugh! While having lunch in the cafeteria, freshmen Spencer Pitzel and Nicholas Nelson crack up as they watch classmates. "You're eating with friends and talking with friends," Nelson said. "There's not a lot better than that." (Photo by Trisha McDonald)

Swing your partner round and round! During drama club's Storybook Breakfast, freshman Monica Schroeder dances. "I liked being around the piano singing and dancing to the Disney music," Schroeder said. (Photo by Madison Nicholls)



Drink up, bud! While talking at the lunch table, freshmen Eric Driscoll and Blake Selisker take in the stories. High school has brought changes for freshmen. "My biggest change after coming to the high school was getting my work in on time," Driscoll said. (Photo by Angie Young)

## I'm Moving On...

With New School Comes New Friends

Sara walked into school on the first day. She saw a group of friends she hung out with last year, but she kept walking. Now Sara has a new group of friends. It is amazing how people can change in just three months.

Over the summer, people can meet new friends from places other than West Fargo. Some people think that friends from other schools are an inconvenience, but then there are those who believe they are beneficial. "Friends from other schools don't cause as much drama," freshman Marissa Holmquist said.

Some say that the elective classes affect who they hang out with also. "They influence you to make new friends. I still hang out with some of my other friends, but I also have new friends to hang out with," freshman Andrea Sluke said.

People often change when they get to high school to try to fit in. Some freshmen try to impress upperclassmen, or are loud and obnoxious to try to draw attention to themselves. "In high school people think they have to act different to fit in,"

freshman Christina Sorum said.

Extra-curricular activities also have a major effect on some people's friends. "I met most of my friends through the different sports I play," Sluke said.

Even though people think they do not change, they do, and it affects their friends. Sometimes, people like Sara and her old friends, who may have sworn to be friends forever, eventually drift apart.

**-Ally McCracken**

Cassandra Martin  
Kathrine Mattson  
Kirk McCauley  
Allyson McCracken  
Meagan McDougall  
Joshua Mears



Scott Mehus  
Andrew Merkel  
Alexis Metz  
Meghan Meyer  
Adam Miller  
Sara Misialek



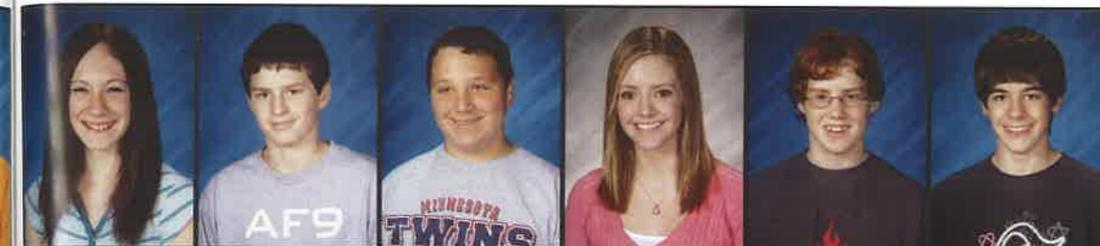
Jason Moch  
Devin Moerke  
Tylor Mogard  
Ali Mohamed  
Fatumo Mohamad  
Michael Mohn



Matthew Molstad  
Claire Moltzan  
Jason Monnin  
Heidi Morman  
Melissa Morse  
Lindsay Morton



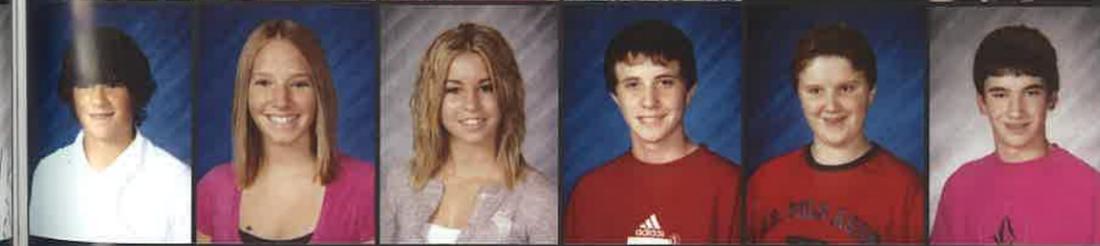
Spencer Muchow  
Mariah Mueller  
Abdifatah Muhumed  
Hassan Muhumed  
Brooke Myogeto  
Alan Neer II



Jessica Nefzger  
Robert Nefzger  
Nicholas Neisen  
Megan Nelson  
Nicholas Nelson  
Karl Neugebauer



Clara Nissko  
Jayme Noel  
Kally Nygren  
Joshua Ockert  
Mason Odegard  
Kayla Ohnstad



Brian Olson  
Jenna Olson  
Kelsey Olson  
Michael Olson  
Steven Olson  
Jordan Olstad



Matthew Osborne  
Jesse Ostlund  
Katie Palloch  
Zachary Panek  
James Parrow  
Abby Paul



Beau Paulsen  
Jessica Paulson  
Dillon Peltier  
Rico Perojo  
Chelsea Peterson  
Cole Peterson

"We're all looking for something, something to be, yeah, yeah..." - Rob Thomas

## Big Changes Cause Fresman to Make Big Adjustments

New Faces Part of High School Experience

Loud, scary, wild and crazy are all words freshmen used to describe high school. Many freshmen are experiencing different feelings about making the big change and coming to the high school from the middle school.

There are some additional changes to the high school that are different from the middle school that freshmen do not like. "I do not have friends in all my classes like I basically did last year," freshman Kelsey Lundquist said.

Change is hard to cope with for many

freshmen. The homework rule makes change even harder, as at the middle school, homework policies were not as strict. "I think it's a little too harsh," freshman Candace Hager said.

There are also many positive additions to the high school that freshmen find are different from the middle school, for instance, the food, the freedom and the classes. In the high school freshmen find there is more freedom than the middle

school. "You can do pretty much whatever you want, and you are treated more like an adult," freshman Stephanie Sorenson said on the good changes in the high school.

In the high school there might be some negative changes, but there are also positive ones, so people should try to look at the positive ones and think of them more often than the negative ones.

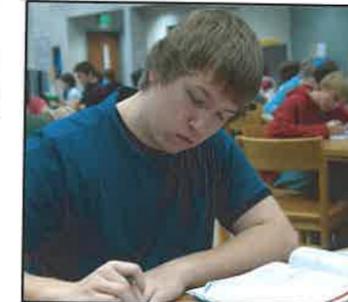
**-Blake Loyland**

*Pumpin' Some Dron...* While lifting weights in the weight room after school, freshman Nels Lund works on improving his endurance. "Weight lifting is important because it helps make me stronger," Lund said. (Photo by Trisha McDonald)



*Gum, Gum, Gum...* Sitting in the commons one day, freshman Travis Charging enjoys his lunch. "I eat lunch at school because all my friends do, so we talk and hang out during lunch and the food isn't too bad," Charging said. (Photo by Trisha McDonald)

*Quiet Time...* While doing homework in the library, freshman Matthew Molstad works on his homework. "I like doing homework in the library because I can get more done without being bothered," Molstad said. (Photo by Trisha McDonald)

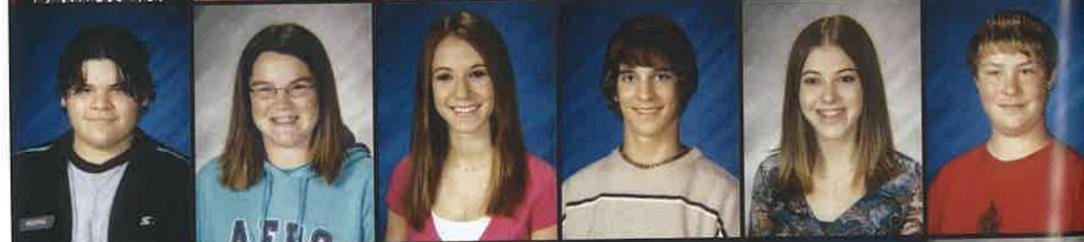


*Say Cheese on the Count of Three, One, Two, Three...* While in the library one day, freshman Michael Freeman stops to smile for the camera. "[I go to the library] because I need books and it is a more relaxing environment," Freeman said. (Photo by Ashley Cofell)

James Peterson  
Jessica Peterson  
Victoria Peterson  
Jessica Pierce  
Spencer Pitzel  
Trevor Plehal



Travis Poitra  
Ashli Powell  
Kelcee Prashak  
Alex Pribula  
Abbey Prudlick  
Mitchell Quast



Troy Quenette  
Stephanie Ragan  
Aaron Ranzenberger  
Jared Reber  
Braeden Regner  
Ashley Reiter



Mitchell Reller  
Krisanne Reyerson  
Jacob Rhinesmith  
Lucas Riedlinger  
Alexander Ringdahl  
Kellen Ringdahl



Nicholas Ringdahl  
Joshua Rios  
Blaine Rosendahl  
Lance Rosenkranz  
Randall Rothhouse  
Stacy Rott



Cody Rubertus  
Samantha Rusness  
Anna Rutten  
Brian Ruud  
Ashley Ryan  
Briana Sahr



Abby Salquist  
Adam Salter  
Nicholas Sanders  
Travis Sather  
David Sauvageau  
Ryan Sauvageau



Samantha-jo Saye  
Danielle Schiefert  
Erik Schmaltz  
David Schmidt  
Hali Scholl  
Mackenzie Schommer



Mackenzie Schram  
Monica Schroeder  
Jennifer Schultz  
Melissa Schulz  
Blake Selisker  
Ashley Severson



Mohamoud Sharif  
Deka Sharif Hassan  
Nadifa Sharif Hassan  
Joel Sheehan  
Ashley Sheppard  
Claire Shive

*"We're all looking for something, something to be, yeah, yeah..." -Rob Thomas*

*That's funny!* While chatting with friends in the commons, freshman Alyssa Hummel tells a few jokes with her buddies. "My favorite thing about high school is hanging out with friends and all the fun classes I am taking," Hummel said. (photo by Trisha McDonald)



*So this is high school?* During study hall one day, freshman Nicholas Ringdahl enjoys the freedom of going to the library. "[The best new thing in high school is] definitely the finals, also that you need credits to move on. Thank goodness I got good grades" Ringdahl said. (Photo by Trisha McDonald)

*It's a great day to be alive!* During a typical day at lunch in the commons cafeteria Srarifa Ahmad is all smiles. "My favorite part about lunch is spending time with my friends and telling jokes about each other," Ahmed said. (Photo by Trisha McDonald)



*West Fargo's own Picasso...* Working on an art project, freshman Beatrice Hill, enjoys her first year in an art class. "My highlights of my freshman year have been meeting new friends, participating on the speech team and performing in the Cabaret shows," Hill said. (Photo by Trisha McDonald)

## Freshmen Learn Homework Policy

*Creates hard times amongst students*

Dodging tests and quizzes, many freshmen are dealing with school by day and work by night. Freshmen seem so eager to have jobs and get money that they do not concentrate on their school work as much as they should. Students are handing in late homework so often that some teachers are getting a little angry with them.

"I don't know if it is because of work, but if it is I'm very concerned," math teacher Mrs. Claudia Engelstad said.

Students are just looking for ways to seek their own independence, when instead they need

to be focusing on school. Some students work and have a lot of homework so they do not have any time for friends and even family. Balancing a social life along with work, school and any other extracurricular activities can sometimes seem impossible to students.

"I work four days out of the week, time with friends is basically nonexistent," freshman Brandi Fry said.

Not only teachers are concerned about the busy lifestyles of the students, but the

parents of the child are too. Parents are often worried that their child is not getting homework done because of work or other activities.

"Between school, and how much social pressure is going on, a job is too much," parent Donald Nygren said. Parents know as a fact that school is the most important part of a student's future. Making choices there are life changing, you decide your future.

**-Kally Nygren**

Jordan Shive  
Jacala Short  
Adam Siegert  
Shaun Sinner  
Erin Sistas  
Andrea Sluke



Zachary Smith  
Natalia Smykowski  
Stephanie Sorenson  
Christina Sorum  
Jacob Springer  
Alysha Stanczyk



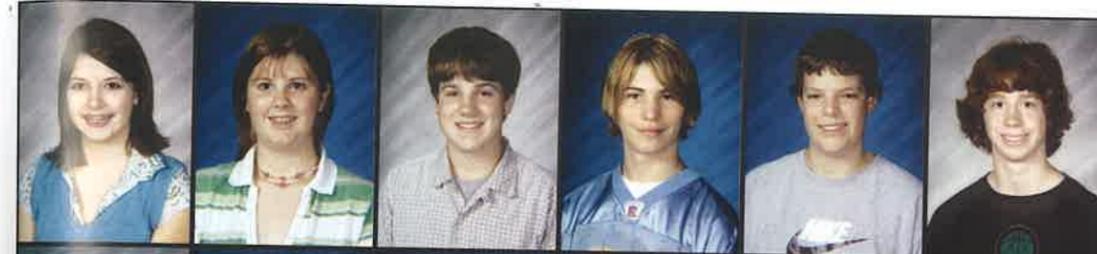
Jordan Steckler  
Stephani Steffen  
Alexander Stremick  
Steven Strom  
Rebeca Sura  
Haylee Swanson



Matthew Swartz  
Christopher Taxdahl  
Amber Tendeland  
Terra Thiel  
Zacory Thiessen  
Marisa Thoenke



Jessica Thomas  
Hope Thompson  
Kyla Thomson  
Alyssa Thorson  
Emma Torrance  
Jemama Totay



Taylor Trauger  
Carly Trowbridge  
Colton Turner  
Ryan Tyo  
Samuel Vaagen  
David Van Dorpe



Tyler Vareberg  
Harrison Venette  
Kayla Videen  
Amelia Vigen  
Andrea Volk  
Emily Vrem



Lyndsey Walberg  
Ashley Walen  
Kirsten Walker  
Brandon Walter  
Dakota Walz  
Trace Waterworth



Adam Watts  
Shelia Weagbo  
James Webster  
Krista Weiszhaar  
Robert Wendlick II  
Nichole Wendt



Matthew Werlinger  
Dustin Westerman  
Crystal White  
Shawna Wiencowski  
Alex Wilhelmi  
Nathan Wilke

"We're all looking for something, something to be, yeah, yeah..." -Rob Thomas

# Cliques Concern Freshmen

How to Look, What to Wear

Drama, catty remarks and name calling are some occurrences people would see and hear in a typical clique to clique fight.

Over the summer some of the cliques can change. Some people might say this is good, but others might say this is bad. "A lot of the cliques have become one. There isn't as much drama as there used to be. It could be that they have just matured and realized that there doesn't need to be groups where all they do is talk trash about people behind their backs," freshman Christina Sorum said.

Some of the freshman class thinks that the cliques can have an effect on the way people think. "The reason that people think you are like the group you hang out with is because you are with them all the time and they just suspect you do the same things that they do," freshman Ally McCracken said.

When people are in extra-curricular activities, they are what they eat, sleep, and dream about. Activities are usually a good chance to meet a lot of new friends. "Extra-

curricular activities have an influence on cliques because usually you have something in common with the people that are in the same activities," freshman Sierra Kommer said.

Cliques have gotten better since freshmen came to the high school, but they are still an issue. Freshmen are more concerned about what people think of them, how they dress and, most of all, who is "cool" to talk to and who is not.

**-Marissa Holmquist**

Maggie Wilken  
Alexandra Williams  
Genia Wilson  
Justin Wilson  
Kosta Wilson  
Clint Wohler



Taylor Wolf  
Richard Wulu  
Eric Ybarra  
Kristina Yerisov  
Derrek Zaczkowski  
Abraham Zozimo

*I hope this is right.* While working quietly in the library, freshman Jake Martell takes advantage of his right to go there during his study hall. "I like to go to the library because it is quieter for working on my homework," Martell said. (Photo by Krista Jones)



*This is pretty easy!* Working on her deadlines for Newspaper, freshman Molly English gets the hang of keeping up with the times. "We brainstorm our own ideas and depend on one another to get everything turned in," English said. (Photo by Krista Jones)



*I wonder where the answer is.* While working on his homework in the commons, freshman Mason Odegard wishes he was back in the classroom for study hall. "I like having study hall in the room because I can get more work done," Odegard said. (Photo by Krista Jones)



*Where is that text book?* While finishing up an assignment, freshman Kaitlyn Jorgenson considers going to her locker. "I like the commons because if you have a friend from another class you can get help on homework and just hang," Jorgenson said. (Photo by Krista Jones)

# Freshmen Not Pictured

- Hamdi Arale
- Ashley Bayliss
- Brady Birrenkott
- Tyler Bosch
- Keith Burkhardt
- Jayden Duursma
- Michael Haga
- Nathan Halda
- Amran Hassan
- Fadhiya Hassan
- Peter Hettwer
- Skylare Howell
- Jeana Jacobson
- Chase Keller
- Ashley Keplin
- Casey Kjolberg
- Travis Knapp
- Tara Loberg
- Bule Mahad
- Fatuma Mahad
- Jacob Martell
- Kaylynn Moss
- Matthew Osborne
- Carley Pendleton
- Bailey Reynolds
- Abraham Sah
- Thomas Schwartz

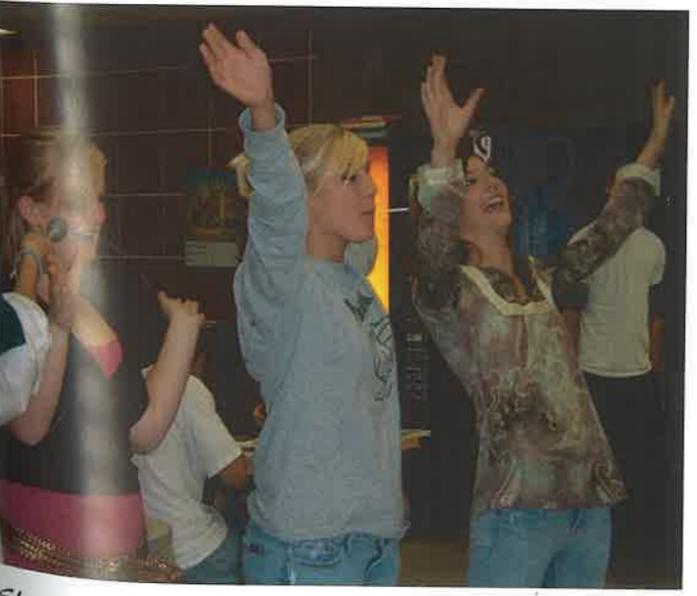
*Persuasive techniques...* Showing off his uniform at the elective fair, freshman Nick Hulm looks for new recruits for Junior ROTC. Students that are in the class find it to be very beneficial. "It's a fun class and a great experience," Hulm said. (Photo by Emily Hartley)



Varsity Band



Varsity Choir



*Shout!* Playing bingo at lunch, freshmen Student Council members Chelsea Peterson and Shayla Lund show fellow students how to sing from a crowd. "Events at lunch are a good way to change things up from day to day," Peterson said. (Photo by Aimee McEwen)



Varsity Orchestra

*"I wish that I knew what I know now, when I was younger..." -Rod Stewart*



Tracy Aaker  
Ellen Aamot  
Brian Anderson  
Larry Anderson

Lori Anderson  
Mary Anderson  
Michael Anderson  
Richard Anderson

Kathy Antonelli  
Jerome Bailey  
Joan Baltezore  
Laura Bartsch

Kim Bauer  
Cheryl Baumgarten  
Mark Bernston  
Janice Best

Robert Bjornson  
Sean Bourke  
Judy Boutiette  
Meghan Brown

Donald Burnham  
Jerome Christiansen  
Gary Clark  
Mary Conant

Dwight Corbeil  
Linda Dahl  
Ronald Dahley  
Nanci Dauwen

Lori DeRemer  
James Dew  
Aimee Dorrheim  
Connie Eggers



Claudia Engelstad  
Stacy Erlandson  
Kris Ertelt  
Sara Forness

Charles Gad  
Jay Gibson  
David Gravidahl  
Megan Gredesky

Dawn Grindahl  
Greg Grooters  
Pam Grove  
Ron Halverson

Sandra Harris  
Jerome Heinz  
Robyn Hobertz  
Jane Holland

Randy Holzamm  
Sybil Hopkins  
Sarah How  
Diane Huso

Amy Jacobson  
Connie Jenson  
Betty Johnson  
Denise Johnson

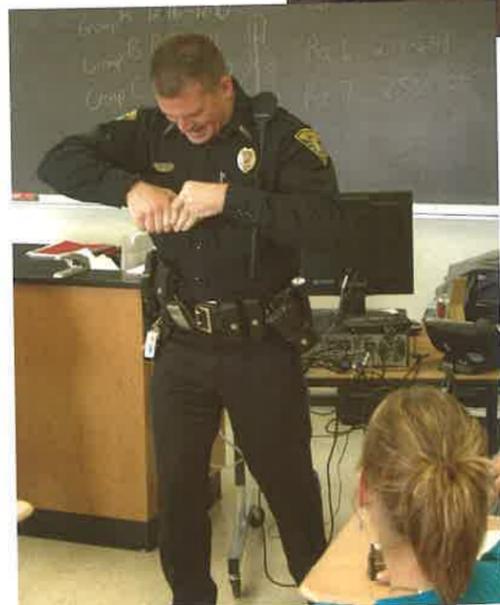
Joan Johnson  
Patrick Johnson  
Susan Jordahl  
Ruth Joyce

Matthew Klamam  
Heather Klundt  
Brenda Knoll  
Dianna Kragerud

*Hello!* While doing his duties in the gym, janitor Mr. Mike Heintzelman prepares to flash the camera a smile. "The kids make the job fun," Heintzelman said. (Photo by Amber Jerger)

*Must've been a good year...* During a day of tolerance, ELL teacher Ms. Andrea Noonan helps pour sparkling cider. "Other cultures helps students to realize the likenesses that people share," Noonan said. (Photo by Emily Hartley)

*C'mon open up!* During Anatomy class, Officer Mr. Jason Anderson demonstrates to the students the tazing process. "Preston and I thought it would be a fun little experiment to teach the kids about the muscular systems with high voltage," Anderson said. (Photo by Aimee McEwen)

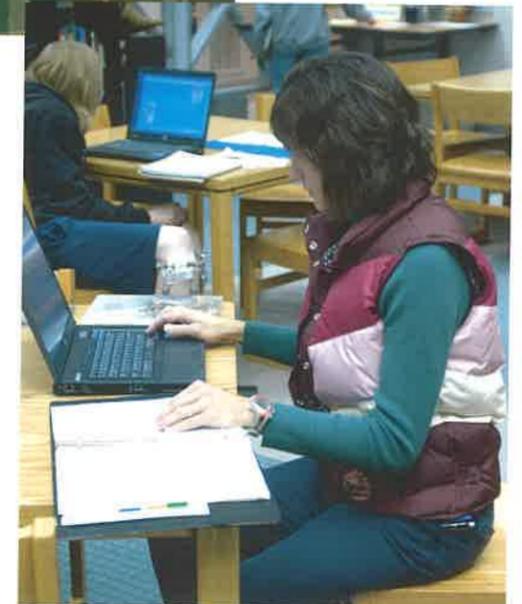


*Please hold...* While talking on the phone, receptionist Mrs. Gail Tobkin works in the office. "I like working with people so having interaction with students and faculty makes my job a fun one," Tobkin said. (Photo by Angie Young)



*Lfo, lfo, lfo. What's up?!* During the pep rally, English teacher Ms. Lynette Mund works it in her gangster outfit. "I used to live in St. Louis, so I wanted to bring some of the big city fashion to WF," Mund said. (Photo by Alyssa Jones)

*Let's puppy time!* While sitting in the library, social studies teacher Mrs. Barb Metcalf works on grades. "The vest keeps me warm in the library and on the ski slopes," Metcalf said. (Photo by Angie Young)





**Everyday work...** While working in the office, receptionist Ms. Janice Best works on the computer, and continues to love her job. "I really do look forward to each work day. I especially enjoy working with the students when they come to visit in the office," Best said. (Photo by Angie Young)

**Papers are so fun!** While working in the library, librarian Mrs. Jane Holland proofreads a student's English paper. "People come to me for help with papers because they know I used to teach English, and I'm usually always available," Holland said.

**So...how's it goin'?** During a free period, Mr. Dan Holder helps seniors Miranda Utter and Tiffany Gjestvang with homework. "I believe it's important to have a professional relationship with students rather than a friendship. A teacher is there to give positive feedback on how successful they are," Holder said.



Lindsey Larsen  
Trina Lewis  
Lori Liebl  
Brenda Luthi

Mary Jo McKay  
Suzanne McTiver  
Barbara Metcalf  
Jeffery Mueller

Lynette Mund  
Toni Nelson  
Kathleen Neugebauer  
Sandra Nisbet

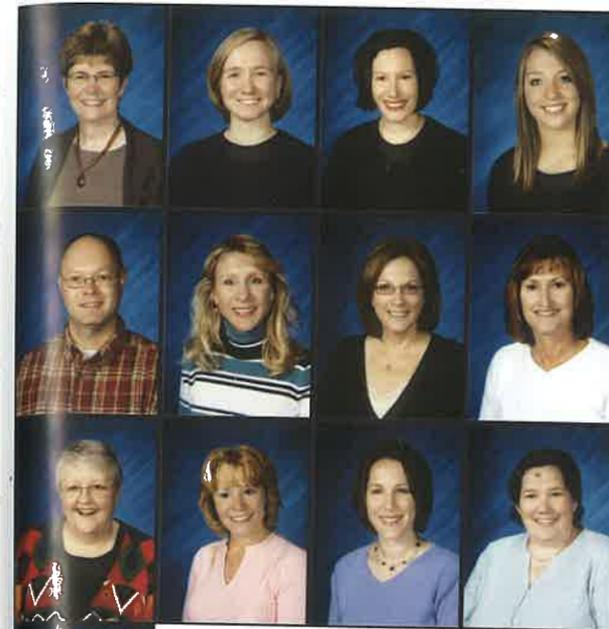
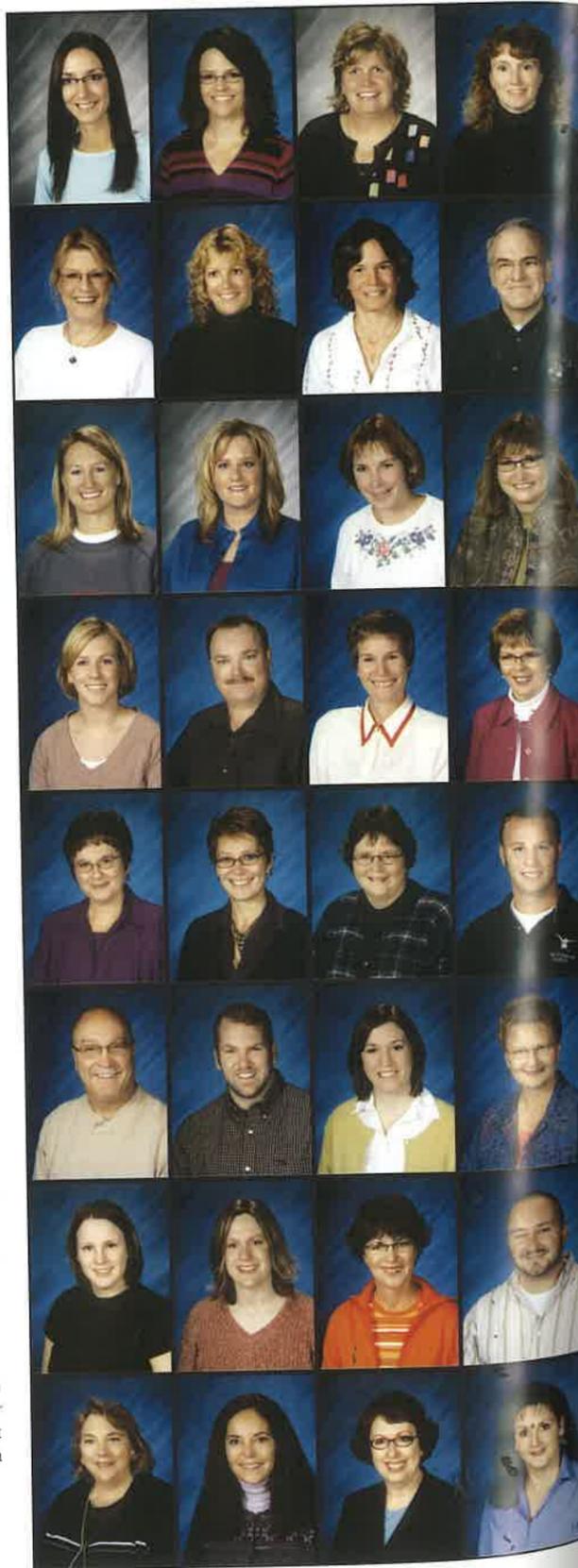
Andrea Noonan  
Jerry Nordstrom  
Carol Olson  
Karen Olson

Candice Paczkowski  
Maria Pegg  
Nancy Peterson  
Steven Peterson

Doyle Plecity  
Michael Preston  
Summer Quamme  
Doris Rheault

Amber Rudolph  
Katina Rued  
Lynne Sahr  
Ryan Salisbury

Jackie Schell  
Donna Schneider  
Kathlyn Scott  
Diane Shagena



Mary Sherman  
Elizabeth Smith  
Kathryn Stangeland  
Laura Swenson

Aaron Tank  
Pamela Thompson  
Gail Tobkin  
Debra Uetz

Irene Van Eeckhout  
Tonya Vetter  
Jill Wold  
Susan Woodley  
Susan Zurn



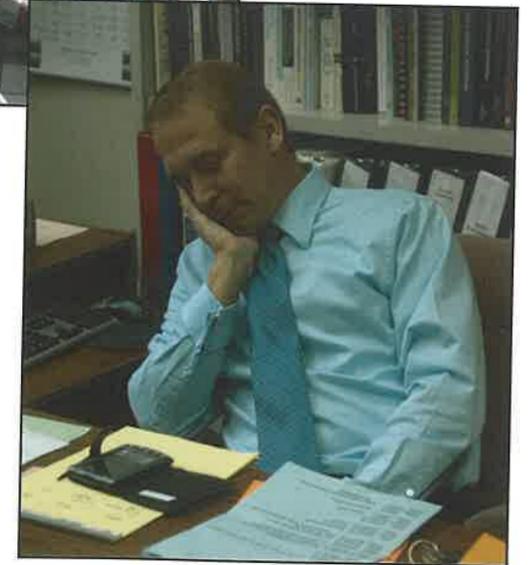
**Chew with your mouth shut!** During lunch, science teachers Mr. Aaron Tank, Mr. Matt Kluman, and Mr. Mike Preston enjoy their time off. "The Teachers and I usually just catch up current events during lunch," Preston said. (Photo by Amber Jerger)



**Would you like fries with that?** While serving students lunch, cook Ms. Bev Bernhagen flashes a smile, clearly enjoying her job. "The best part of my job is that I get half a day off every day. We're always done by 1:30 p.m.," Bernhagen said. (Photo by Trisha McDonald)

**Bye, it's chilly out here...** While facing the frigid afternoon weather, custodian Al Vogel takes down the flag at the end of the school day. "There isn't really anything that's too bad about my job," Vogel said. (Photo by Trisha McDonald)

**Where's the snooze button?** Taking a break from the busy high school activities, Assistant Principal Mr. Greg Grooters rests his eyes to relax for a bit. "There's things that I would like to get accomplished throughout each day, but my number one responsibility is responding to the students," Grooters said. (Photo by Angie Young)



## 2006 Staff Not Pictured

- |                  |                     |                   |                    |
|------------------|---------------------|-------------------|--------------------|
| Lisa Alves       | Bob Elliot          | April King        | LaVonne Pulczynski |
| Chad Anderson    | Joy Fisch           | Lisa Kleingartner | Tom Rakoczy        |
| Dale Anderson    | Verdell Gagelin     | Aaron Knodel      | Ross Richards      |
| Steven Anderson  | Alison Glarum       | Joel Komrosky     | Keith Ringdahl     |
| Gerald Barnes    | Melissa Halvorson   | Nathan Knudsen    | Marti Simmons      |
| Bev Bernhagen    | Rhonda Harmon       | Libby Leining     | Jan Sliper         |
| Darrin Boehm     | Cliff Hartl         | Greg Limke        | Matthew Slocomb    |
| Susan Boyle      | Michael Heintzelman | Mary Manock       | Chris Sjue         |
| Kevin Carlson    | Michelle Highman    | Steve Marquart    | LuCinda Stai       |
| Jennifer Clennon | Ron Hoffard         | Darin McKinnon    | Kevin Swingen      |
| Jason Cassella   | Suelyn Hoffart      | Jessica McKinnon  | Paul Tefft         |
| Jason Cox        | Jim Jonas           | Cynthia Metcalf   | Suzanne Thibert    |
| Deb Cummings     | Curt Jones          | Russell Novacek   | Alan Vogel         |
| Rich Cwilda      | Chris Kalsow        | Sherry Oslund     | Christina Walker   |
| Barb Davidson    | Colleen Karsky      | Nicole Peterson   | Thomas Whaley      |
| Gayle Deutsch    | Raquel Kilen-Ibach  | Tim Peterson      | Wanda Wilson       |
|                  |                     |                   | Cindy Ziton        |



swimming

track and field

packatahnas

football

soccer

golf

*"Ain't no way they can stop me now..."*

basketball

*Nelly*

tennis

softball

baseball

cross country

volleyball

hockey

wrestling

cheerleading

*Get Ready!* During the National Anthem at a home hockey game, the Packers concentrate on the upcoming game. "I normally just think about what I'm supposed to do during the game and focus on playing as well as I can," junior Jake Miller said. (Photo by Alyssa Jones)

*This is it!* At the last home football game, the players get focused and recall all the hard work they put into their season. "We passed everybody's expectations and we went to the playoffs, so I'd say we did pretty good," senior Gavin Schmidt said. (Photo by Alyssa Jones)

*What a rush!* While the Packatahnas hit the final move of their kick performance, senior Jessie Mattern tries to remain serious. "When I'm done dancing, all I can think about is how much fun I had and how I can't wait to do it again," Mattern said. (Photo by Alyssa Jones)

*Here we go!* Before the kickoff, the girls' soccer team gets pumped up during the starting lineups. "Soccer has been a huge part of my life and I've made some great friends along the way," senior Jill Kussatz said. (Photo by Ashley Davidson)

"Ain't no way they can stop me now. Cause I'm on my way, I can feel my ring comin." -Nelly

### Cross Country



9-0-8

### Boys Tennis



4-4

### Football



6-4

### Boys Soccer



13-8-1

### Girls Swimming



EDC 2nd--State 4th

### Girls Golf



EDC 6th--State 9th

### Volleyball



27-6

### Fall Trainers



"Ready to attack, gonna lead the pack, gonna get a

touchdown, gonna take you out!" -Gwen Stefani



**Let's get going...** Standing on their home field awaiting the start of a game, the players listen carefully during the performance of the national anthem. "I like being friends with the guys on the team and the competition during all the games," junior Sean Spiker said. (Photo by Alyssa Jones)



**Wait a minute!** In a football game against Grand Forks Red River, senior Gavin Schmidt takes a pause as he tries to make it down the field. "[Before the game] I think of what I need to do, my assignments, and all of the plays, also crackers and cheese," Schmidt said. (Photo by Alyssa Jones)



**Like ducks in a row...** The football team lines up for the kickoff against their opponents at a home game in West Fargo. "I enjoy being in football because it is fun, and I enjoy the competition and challenges that are involved," sophomore Kirby Keller said. (Photo by Alyssa Jones)



# Friday Night Lights

## Come to End

As they walk off the field, realizing they have just finished playing their last game, the football players reminisce about all of the hard work they have put in to the season.

Having lost only four games this year, this talented group of guys gave the last game all they had.

"I think that the team's biggest accomplishment this season was making the playoffs," junior Sean Spiker said. Even though they lost in the first round, the guys played their hearts out, and that is what really mattered.

Losing an extremely talented group of seniors will be hard, but there are a lot of great underclassmen coming up next year.

"The seniors taught us a lot of responsibility and that we've got to step it up the next couple of years and work hard," sophomore Tyler Swanson said.

In the past, there have been amazing guys who have put on a West Fargo jersey. This year, senior runningback Gavin Schmidt took over the leadership role, attempting to fill the shoes of greats such as Nick Reinisch ('03), Tyler Roehl ('04) and Brian McNeil ('05). Schmidt, along with the other seniors, led the team through an amazing season.

"I did the best I could, and I definitely feel honored to be compared to those guys," Schmidt said.

The Friday night lights start to dim as the seniors walk off into the distance for the very last time.

**-Kayla Burns**

**Starting line up!** At the football game against Shanley, held at Concordia, senior Alex Salquist gets fives while running through the starting line up. "Hearing my name while running through the line really gets me pumped up for the game," Salquist said. (Photo by Trisha McDonald)

**Brotherly love!** At the football game against Shanley, seniors Adam and Nate Lynnes share a moment with coach Jonas. "Its pretty motivating [being on a team with my brother] because he pushes me, and I push him and at the same time we have a lot of fun," Adam Lynnes said. (Photo by Trisha McDonald)

**Please catch it...** Waiting for a teammate to get open, junior Rob Gibson releases the ball. "[During the game] I think about what our team will have to do to win the game," Gibson said. (Photo by Alyssa Jones)

**Love you man!** During a break at the North game, junior Cole Horsager and sophomore Tyler Swanson congratulate each other after a big play. "The team worked extremely hard and pulled off a big win [against North]," Swanson said. (Photo by Trisha McDonald)

"Lean on me, when you're not strong, I'll be your friend, I'll help you carry on..." -Al Green

# 5 Individuals

"The whole is greater than the sum of its parts."

This sentiment perfectly explains the five talented seniors who orchestrated the successful 2005 Packer volleyball season. This group, including Ali Edwards, Tiffany Gjestvang, Amanda Hought, Andrea Hummel and Angela Young, combined their superior talent and diverse personalities to accomplish an unforgettable final season.

"Ali is the smart one, Angie is the loud one, Andrea is the emotional and driven one, Amanda is the dependable one and I guess I'm the laid-back one," middle-hitter Gjestvang said. With all of these different characteristics, one would worry about conflict between team members. "We're all really close, and I think that all of our different quirks really complement each other," middle-hitter Hummel said. Something must have worked because this gifted group, along with the underclassmen, blazed its way to an EDC title and a third place trophy at the state tournament.

"The seniors really stepped up to the roles as leaders. They taught us [underclassmen] so much and really set good examples of how to treat our teammates," sophomore, setter Amanda Montgomery said.

These extraordinary girls perfectly combined their individualities into one, solitary, game-winning machine. As the old saying goes, "only a successful team beats with one heart".

-Ingrid Scantlebury

**Packers!** During a home volleyball game, senior Angie Young, Ali Edwards, Amanda Hought, and sophomore Jessica Holaday, get fired up before the game. "We dance and do fun cheers before every game to get us fired up," Hought said. (Photo by Ashley Davidson)

**The Block!** During an exciting home volleyball game against Shanley, senior Tiffany Gjestvang goes up for an amazing defensive block. "There is always a certain amount of pressure on the upperclassmen. This year is no different," Gjestvang said. (Photo by Amber Jerger)

**I got it!** During a game against Wahpeton in the Packer gym, Amanda Hought gracefully receives a serve. "To get focused for games, I concentrate on doing the little things right. The basic fundamentals in volleyball are the most important. If those things are not done right, nothing else can be accomplished," Hought said. (Photo by Aimee McEwen)

**Take that!** Receiving a hard serve, senior, co-captain Ali Edwards passes the ball up to her teammate during the Wahpeton game in the Packer gym. "We get together before the game and do cheers to fire up. It is fun and gets us ready to play," Edwards said. (Photo by Aimee McEwen)



**Take That!** During a home volleyball game, senior Andrea Hummel goes up for a block. Hummel feels the overall season was a success. Everything they wanted to happen, did, and they did it well. "We have had a very successful season, we have accomplished most of our goals," Hummel said. (Photo by Amber Jerger)

**Stand up and cheer....** During a home volleyball game, sophomore Lex Lunde gets some senior girls and fans into the game by starting a cheer. "We just wanted to have fun [by painting ourselves green] and the West Fargo volleyball team deserves the fans appreciation," Lunde said. (Photo by Ashley Davidson)

**Whats up now?** After hitting the ball, senior Angie Young watches the ball fly past two Wahpeton defenders during a home game in the Packer gym. "The majority of us have been teammates for the past three years, so we all have a lot of experience playing together and we are all close friends," Young said. (Photo by Aimee McEwen)

"He's going the distance. He's going for speed. She's going the distance. She's going for speed." -Cake



# Mind Over Matter

In the end that's all that matters

"Only one mile left; just push a little bit harder." This is one of the numerous encouragements going through the minds of cross country runners during the grueling races they endure for fun. Unlike what most people would think, cross country is not just a physical sport, it also requires a mental toughness not many athletes possess.

"To be in cross country, you have to be in shape to finish the race; you also have to have the mental toughness to believe in yourself," senior Kalee Kroenke said.

To prepare for this demanding activity, runners prepare in many ways. The team usually gets together the night before a race for their typical pasta dinner. Some team members choose not to stuff themselves, for fear of seeing that food later.

"Before a race, I try not to eat a lot because sometimes it can make me feel uncomfortable when I am running," senior Greg Gentzkow said.

The toughest part of the race comes after the starting gun. Runners also rely not only on their physical abilities, but on their 'mind over matter' mentalities.

"I constantly remind myself that it is only 2.4 miles. That really helps make the race easier," senior Alison Kelly said.

No matter what their techniques and pre-race habits, cross country runners must have dedication and discipline to be in their sport. According to most coaches, sports are "90 percent mental and ten percent physical."

-Andrea Hummel



**Leading the way!** During a Lindenwood cross country meet sophomore Cassandra Sayer leads a group of runners. "This cross country season went well for me, I improved my times better than last year." Sayer said. (Photo by Trisha McDonald)

**Life is good!** While at Lindenwood, junior Alex Olson enjoys time before a cross country race. Olson says his favorite part of the cross country season was "Being with everyone and having good times." (Photo by Trisha McDonald)

**Team work!** At a cross country meet in Lindenwood, sophomore Cydney Crowe runs alongside other teammates. "[This year] We had a lot of new runners that will hopefully give us a promising future." Crowe said. (Photo by Madison Nicholls)

**You can't catch me!** During a Rose Creek cross country meet, senior Greg Gentzkow runs with other team mates despite the rain. "My favorite part about cross country is the non-running aspects of the sport, such as team meals and playing rugby," Gentzkow said. (Photo by Madison Nicholls)

**Run Kalee Run!** While at Rose Creek, Senior Kalee Kroenke runs a cross country meet. "I like being involved in cross country as a senior because I felt that I had more power over younger kids." Kroenke said. (Photo by Alison Kelly)

**Stretch it out!** During a cross country meet in Rose Creek, sophomore Alex Windjue stretches out in preparation for the big race. "The state meet was awesome, the team worked hard and achieved many goals," Windjue said. (Photo by Trisha McDonald)

**Going the distance!** At the state cross country meet in Bismarck at the Tomo' Leary golf course in October, sophomore Jason Walker paces himself for 5k run. "At state this year I ran my personal best. This season was great." Walker said. (Photo by Alison Kelly)

"Just keep swimming, just keep swimming, swimming, swimming, swimming" - Dori, Finding Nemo

# Kidnapping

creates memories

One day at school, several girls walk around wearing their PJs, hair a mess and just not looking the way they normally do. They all might have leis around their necks or might wear the same shirt. These girls are swimmers who made it to state and have been "kidnapped".

Every year, as a tradition, the senior members of the girls' swim team "kidnap" the younger members who make it to state. "[The seniors] come to our houses, and wake us up and take us away, or kidnap us. They don't let us put on clothes or do our hair," sophomore Gina Doll said.

One may wonder, what do they do after the seniors take them away. "We all go to Denny's for breakfast together," junior Aly Holland said.

The tradition is a good way to build relationships between the team members and create memories. "In seventh grade, I got to see Hali Scholl wake up, that was funny," freshman Megan Nelson said.

Although the victims of this tradition may not necessarily appreciate being kidnapped, they most likely will continue the tradition when they are seniors. "It's fun, but it makes you look and feel stupid that day, but then you think about how you will get to continue the tradition when you are a senior," Doll said.

-Kim Stulken

*Go Go! ...* During a swim meet against Shanley, junior Lindsey Wangler swims her hardest. "Our coaches give me advice on how to swim my race, and they help me to be more motivated about my race," Wangler said.

*And she's off...* Jumping off the mount, senior Sarahanne Lauth begins the backstroke. "The best part of a race is looking over your shoulder and not being able to see anyone because they are so far behind you, or when you finish a race, looking at the scoreboard and seeing you just swam the best race of your life. It's an amazing feeling," Lauth said.

*Reach for the sky...* During a West Fargo meet against Fargo North, junior Emily Baasch performs her dive. "The best thing about diving is flying through the air just knowing you nailed your dive," Baasch said.

*Just keep going...* While swimming the backstroke, senior Tracy Olson completes in her race against Shanley. "My favorite race is the 100 freestyle because it's the race I've been the best at for the past six years," Olson said. (All Photos by Madison Nicholls)



*Do you like the flowers?* During the middle of a West Fargo swim meet, Christi Hawley presents her parents with flowers on Parent Night. "For Parent's Night, roses are picked up for all the parents, so they can enjoy the meet," Hawley said.



*Spread your wings...* Swimming the butterfly stroke, senior Shelby Hofland swims against Shanley. "My team helps me stay loosened up and relaxed. They definitely help you stay strong in your race and to never give up! They teach you perseverance," Hofland said.



*Touch your toes...* Performing her dive, junior Christi Hawley flips during the diving portion of the girls swim meet. "Everyone scores individual points to find who wins. They are awarded the same amount of points as one swimming event," Hawley said.

"Heroes in tennis shoes, not everyone can play that game..." - Seven Nations



# Tennis team excels with new facility

## New Court Excites All

The concrete has been poured, the lines have been painted and the nets have been put in place.

The new tennis courts will help with the development of the boys' tennis team. They were fortunate to have new courts built next to the school. "It is awesome getting to play our matches closer to the school," junior Brian Schiller said.

It is easier having the courts close to the school especially since there are many underclassmen on the team. "The new courts make it easier for the younger players on the team to get to practice," senior Sam Maleki said.

The team is very grateful for the new facility that has been built for them. Although tennis has not gotten much student body support in the past years, players feel that the new courts will also help with their fan support. "I really like our new courts, and they couldn't have come at a better time," senior Dylan Nitzkowski said.

All in all, the new tennis courts have a higher quality compared to the previous ones, they also are more convenient for the team.

-Andrea Hummel



**O'm gonna get it!** During a tennis game against Grand Forks Red River, junior Brian Schiller reaches for the ball with his game face on. "Hanging out with the team and really getting to know them [is fun]. Seeing coach's face after we win is pretty rewarding too," Schiller said.



**Smack it...** At a match against Wahpeton at the Regional Tournament, junior Jim Broton smacks the ball towards his opponent. "I enjoy being in a heated competition with all eyes on me. If I win, I'm a hero; if I lose, I'm a schmuck," Broton said.



**Tippy Toes...** In a match at their Regional Tournament, senior Dylan Nitzkowski goes for the ball with elegance. "I enjoy the mental ability and strength required to play tennis. I also like the physical workout. All the guys are funny as well," Nitzkowski said.

**Look at it go...** Watching for the ball, senior Dylan Nitzkowski sail to opponent. "I think about playing well and focus on what I am suppose to do in order to win," Nitzkowski said.

**Back hand...** At the tennis Regional Tournament at Island Park freshman Brian Olson attempts a backhand. "Just going out, practicing with all my friends out there [is fun]. We help each other out if we are having troubles. It is a really great sport," Olson said.

**Reach for it...** Reaching for the ball, senior Brandon Beyer goes after it with his racket. "I think about what I have to do to win, and I try to fix what I'm doing wrong. I think of a song to get in rhythm [during a match]," Beyer said.

**Dow...** Going for the ball, junior Brian Schiller tries his hardest. "I tend to think about how I can beat my opponent such as their weakness and strengths," Schiller said.

(All Photos taken by Alyssa Jones)

*"Everywhere around the world, they're comin' to America. Got a dream to take them..." -Neil Diamond*

# New Nation, Old Game

## Soccer Familiar for Foreign Players

Whether it is said fútbol or calcio, fußball or le football, soccer can be considered a sport played around the world. The West Fargo Boys' Soccer team has an international roster this year with players from Germany, Kosovo and Somalia.

Differences between soccer in the United States and other countries are more evident in some places than others. "There are slightly different rules, and it's more intense in Germany," junior foreign exchange student Felix Piecha said.

When and where people play soccer also vary around the world. "Over there you don't play for school. You just play for fun," sophomore Artan Vllahiu, who is from Kosovo, said.

The organization of soccer programs in the U.S. can benefit players who have not experienced a school sport atmosphere before. "It's much better here because you practice more," Vllahiu said. "The coaches know more than you, so you get better."

Since different countries have different languages, problems with communication can arise. "Sometimes they speak in their foreign language," sophomore Michael Schnepf said.

Just as the players use their native tongues, parents can also be heard on the sidelines yelling encouragement and directions in various languages during any one of the Packer matches.

The coming together of many nationalities on one team has been a great experience for the boys' soccer players. For them, soccer is Spaß, diversion, divertimento and just plain fun!

**-Emily Hartley**

*Everywhere we go, people wanna know...* The boys' soccer team stays fired up at halftime of a game at the West Fargo Invitational tournament. The players all have different aspects of soccer that they enjoy. "[My favorite part is] bringing down the ball and of course winning," senior Felix Piecha said. (Photo by Emily Hartley)

*I think I gotcha beat...* At a West Fargo Invitational tournament game against Bismarck St. Mary's, senior Mergim Vllahiu skillfully dribbles the ball past a defender. Vllahiu is a scoring threat and concentrates while he is preparing to shoot the ball. "I think about my opponent, and if I can't beat them, about passing a ball through to a teammate. I aim to put the ball in the back of the net." Vllahiu said. (Photo by Emily Hartley)

*Way to use your head!* Playing against Bismarck St. Mary's at the West Fargo Invitational tournament, senior Tyson Weatherly jumps in the air to get to the ball before his opponent. Soccer instills good character in athletes. "Soccer teaches you sportsmanship, time management, teamwork and hard work," Weatherly said. (Photo by Emily Hartley)

*Keepers! Keepers!* At the West Fargo Invitational tournament, freshman Brandon Fitterer makes a save as he leaps in the air. Fitterer says young age can have a minor effect on playing in soccer games. "You don't get to play as much as the older guys," Fitterer said. (Photo by Emily Hartley)



*It's a bird...It's a plane...It's Super Man!* In a game at the West Fargo Invitational tournament against Jamestown, sophomore Tom Mrozla stretches out to head the ball towards the opponent's goal. "I just wonder what to do with the ball when I get it and anticipate what to do next," Mrozla said. (Photo by Emily Hartley)

*Tricky, tricky!* Playing against Bismarck St. Mary's at the West Fargo Invitational tournament, senior Dan Savage tries to out-smart a defender en route to the goal. "The best part of soccer this year was being a part of a team that, when focused, can accomplish great things on and off the field," Savage said. (Photo by Emily Hartley)

*I'm goin', I'm goin'!* During a home soccer game against Grand Forks Central, junior Tallal Lafta races past his opponent with the ball. "Overall, I believe our soccer team had a great season by placing third at state," Lafta said. (Photo by Ashley Davidson)

"...I've been working on my golf swing, think of all the time I've spent..." -Justin Beck



**What a hit!** During a girls' golf tournament at Oxbow, freshman Ashli Powell watches her ball travel down the fairway. "[The night before a big tournament] I usually get plenty of sleep so I'm well rested," Powell said. (Photo by Angie Young)



**Wait, here we go...** Thinking hard before she swings, junior Alexa Kleingartner makes sure her swing is right in line. "To get ready for a meet, I warm up by hitting a bucket of balls," Kleingartner said. (Photo by Aimee McEwen)



**Sink it!** While sinking her putt to end a hole, sophomore Jena McIntyre gets ready for the next hole. "[Before a big tournament] I go to the range and hit balls and put to see what the green is like," McIntyre said. (Photo by Angie Young)



# Slowly but Surely Girls Golf Popularity Rising

Since the rise of household names like Tiger Woods and Phil Mickelson, the sport of golf has grown in popularity. Looking at the size of the West Fargo Girls' Golf team in past years, however, the numbers have not always reflected this trend. This year seems to be different.

The Packer team has seen a recent increase in golfers. Since she first joined the team, junior Haley Nudell has noticed an extreme change. "We've tripled in size," Nudell said of the female golfer numbers in West Fargo.

Larger numbers mean more bodies on the course. Thus, it can get a little crowded at practice. "We have to split up practices between the putting green and driving range because we can't put that many people on the driving range," sophomore Jena McIntyre said. The team also added an assistant coach due to the greater amount of participants this year.

Along with more girls come more personalities and people to befriend, but on larger teams, members do not always get to know all their teammates. "When it's smaller, you get to know people," freshman Krista Weiszhaar said. "When it's bigger, it's more the JV together and the Varsity together."

This shows that being a small team has its benefits. "It's less people to get along with," Nudell said.

The girls' golf team is still small compared to other schools in the state. Growing numbers, however, have caused changes in the program. The team, overall, enjoys the close feeling with each other as the sport's popularity continues to grow.

**-Emily Hartley**

**Fore!** During the girl's golf meet at Oxbow Country Club, junior Rachel Western practices her swing. Although the girls compete individually, they work together as a team. "To achieve team unity we talk about the course and how to play smart," Western said. (Photo by Aimee McEwen)

**Humm... this could work!** Before she gets ready to take her swing, junior Alexa Kleingartner checks out the course. "What makes me want to golf is getting to meet new people and the excitement I have when I have had a good round," Kleingartner said. (Photo by Aimee McEwen)

**Here goes nothing...** During an Oxbow tournament, freshman Ashli Powell checks out the fairway as she prepares for her next hit. "I love golf the most because it is just so much fun, and I have a blast with all of the other girls," Powell said. (Photo by Angie Young)

**I can do this!** Taking her time, junior Rachel Western concentrates on making her swing perfect at the Oxbow Country Club meet. "My favorite thing about being in golf is staying in hotels and getting to know each other better," Western said. (Photo by Aimee McEwen)

"Ain't no way they can stop me now. Cause I'm on my way, I can feel my ring comin." -Nelly

### Boys Basketball



16-8

### Girls Basketball



19-6

### Gymnastics



EDC 2nd--State 5th

### Boys swimming



EDC 3rd--State 4th

### Packatahnas



Two-Time National High Kick Champions

### Cheerleading



Fall State 5th--Winter State 4th

### Boys Hockey



11-9-1

### Girls Hockey



14-3-0

### Wrestling



EDC 2nd--State 1st

### Winter Trainers



"You think that you're better? Well you'd better get ready, Bow to the masters.." - WWF Superstars

# Overcoming Obstacles

## Team Ends on Top

"The team at the top didn't just fall there..." In just a few short words, this quote sums up the unbelievable season that the 2005-2006 wrestling team experienced.

Contrary to what most people know, the trip to the top was not an easy one for this year's team. There were many bumps along their road to success. "We had to overcome a lot of injuries, ineligibilities and confidence factors," senior Lane Lunde said.

Besides just the team obstacles that had to be overcome in order to beat out Bismarck High for the state title, there were also individual barriers that members had to face. "The hardest thing for me to overcome personally was always having to cut weight," senior Nate Lynnes said.

Although they had an amazing end to their season, they did not always know that it would be such a storybook ending. Keeping morale high was a key factor to the outcome of this season. "I always told them that hard work would pay off and to keep plugging away in practice," senior Adam Lynnes said.

Even though it was a long, hard road, these young men would go through all of it again just to experience the indescribable feeling of winning the Eastern Dakota Conference and state titles. "I would do it again in a heartbeat. It was all worth it," senior Chris Lundberg said.

The hardest thing about making it to the top is overcoming the bumps in the road along the way. These are now obstacles the 2005-2006 wrestling team can say they have conquered. "...they started from the bottom and worked their way to the top..."

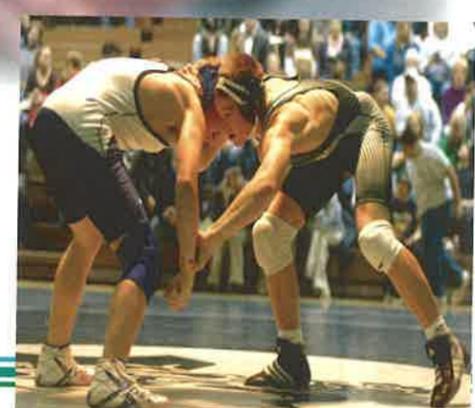
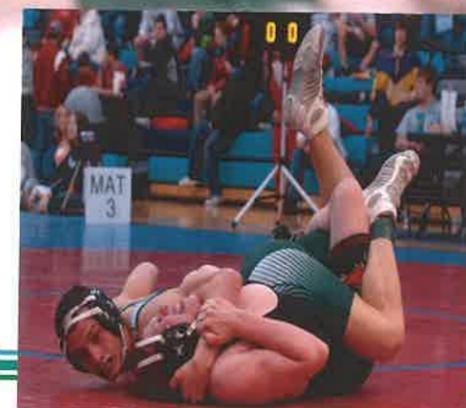
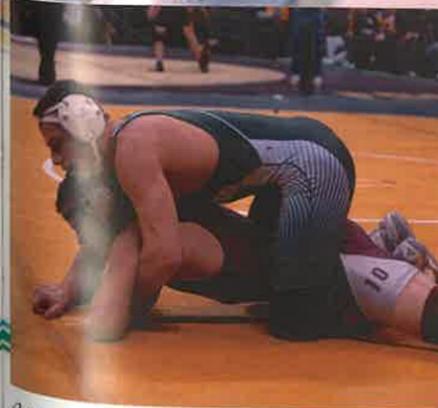
**-Andrea Hummel**

*Lets go green!* While watching a match, the wrestling team stares anxiously. "When I'm watching a match I think about what I should do during my match, and I also cheer on my teammates," senior Lane Lunde said. (Photo by Jenell Lammers)

*I'm goin' down!* While battling for position, sophomore Anthony Charbonneau rolls over the competition. "The best thing about this year was having a new coach and learning a new style of wrestling," Charbonneau said. (Photo by Jenell Lammers)

*And he's pinned!* During his match, senior Mike Manske pins his man and wins. "Placing third as an individual and winning state as a team was the best part about wrestling this year," Manske said. (Photo by Jenell Lammers)

*Just roll over!* While wrestling during his match, senior Chris Lundberg holds his opponent down for the win. "My biggest achievement was becoming a two time state champion," Lundberg said. (Photo by Jenell Lammers)



*Just stay down!* Battling his opponent, senior Adam Lynnes goes for a win. "My favorite thing about this year's season was winning both state championships," Lynnes said. (Photo by Jenell Lammers)

*Pin him!* During a match, senior Nathan Lynnes looks up to the ref for a pin call. "My best experience at state was being at the top with my three best friends," Lynnes said. (Photo by Jenell Lammers)

*And they have begun..* During a match against a Jamestown opponent, senior Lane Lunde battles for a win. "The biggest achievement this year was winning state as a team," Lunde said. (Photo by Amber Jerger)

"I'm a balla baby, high rolla baby, shot calla, ain't nobody this crazy. Why you tryin' to play me? -Chingy"



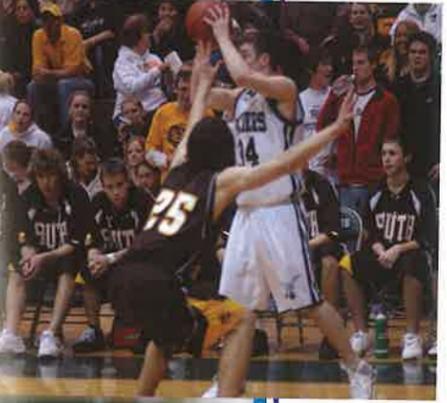
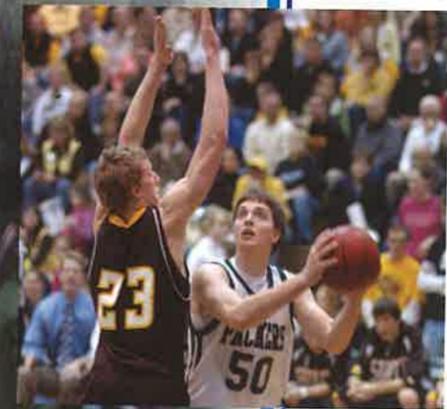
**Perfect shot!** At a varsity game against Fargo North, sophomore Tanner Farkas makes a shot. "The best part of the basketball season so far would have to be our team's performance which has produced a winning record," Farkas said. (Photo by Ashley Davidson)



**It's good!** During a home basketball game against South, senior Jordy Idso drives on his opponent. Idso agrees games get intense and distracting at times. "I just tune everything else out and try to stay focused," Idso said. (Photo by Angie Young)



**You can't catch me!** During a home game, senior Tom Bishoff rushes down the court. "Being the oldest guys on the team and showing the young guys how to do things," Bishoff said is his favorite part about his senior basketball season. (Photo by Angie Young)



# Teammates by Chance

## Best Friends by Choice

At the beginning of a season, team bonding is often an issue stressed by coaches. They push players to interact with each other not only on the court, but off the court as well to develop team chemistry.

However, team chemistry is not something the boys' basketball coach had to worry about this year. "Since we have played together for so long, we know each other's moves and feed off of them, which has helped us mesh as a team," senior Colin Gatz said.

Of the seven seniors on the roster this year, six of them have known each other since elementary school, and senior Marcel Green fits in perfectly as the missing piece of the puzzle. The boys spend the majority of their time off the court together, even in the off season. "My teammates treated me as though I had lived here my whole life, I couldn't imagine getting any luckier than I did," Green said.

Through their passion for basketball, these boys have created lifetime friendships. This closeness has left an everlasting impression on the underclassmen of the team. "They have shown us how to be leaders and take charge on the court, by bringing leadership, talent, hustle and teamwork, they gave us something to follow for years to come and have shown us how Packer basketball is supposed to be played," sophomore Tanner Farkas said.

These seniors of the Packer boys basketball team have left their mark for years to come. Through their leadership, they have shown underclassmen what it takes to have a successful season and finish off their high school careers with no regrets.

**-Jenell Lammers**

*Thanks buddy...* During a game, senior Ben Wolden shares a moment. "During the time I wasn't able to play, I felt my role was to help a few of the younger guys who hadn't played much on any varsity basketball," Wolden said. (Photo by Trisha McDonald)

*Double pump and up!* During the last home basketball game against South, sophomore Seth Dye fakes out his opponent to get to the basket. "[My favorite part of the season] was beating south at the Eastern Dakota Conference," Dye said. (Photo by Ashley Davidson)

*Almost there!* At a game, senior Marcel Green prepares for the tip off. "The best part of this season is the chemistry of the team. We all get along on and off the court and are always having fun," Green said. (Photo by Ashley Davidson)

*Here we go boys...* Before the start of a game, seniors Tom Bishoff, Jordy Idso, Ben Wolden and sophomore Tanner Farkas pump themselves up for the big game. "[During a game] I imagine myself being unstoppable, and then I throw it down like Mike," Bishoff said regarding his personal game strategies. (Photo by Angie Young)

*"You're the kind of friend who always bends when I'm broken..." -Lindsay Lohan*

# Pack Applies Pressure

## Team Brings Defense

Senior Jill Kussatz knocks the ball from an opponent and sends it rolling down the court toward the basket. As both teams chase after the ball, senior Tiffany Gjestvang dives to the floor, and, in one spectacular play, grabs the ball and throws it to junior JoJo Haerter. Haerter takes it in for a lay-up, and the West Fargo crowd is on their feet, yelling cheers of approval for the girls basketball team. Incredible hustle plays like this have been regular occurrences since the Packers turned their focus to defense this year.

At the start of the season, the players were given a quote: "If you want something you've never had, you have to do something you've never done." From this idea stemmed a new concentration on defense and being in-shape. This year's practices involve at least a half hour of defense and many conditioning exercises including spurts of 10 minute sprinting and calisthenics plus running at the end of most days.

These strenuous practices have helped the Pack to their most winning season since head coach, Ms. Lynette Mund's arrival four years ago. "We always knew that defense was important," junior Mary-Michael Vance said. "You can tell the games are defense based and fast paced."

Causing the competition to turn the ball over has given players a spark needed to win games. "It can get everyone more fired up, which will cause you to be more successful at the offensive end," senior Tiffany Gjestvang said.

West Fargo's new philosophy will continue for years to come. As Haerter said, "Defense should come first for everything because defense wins games."

**-Emily Hartley**

*Ok, so here's the plan...* While figuring out the next play, the girls listen intently to Coach Ms. Lynette Mund. "It was a great season, the end was kind of disappointing, but overall it was a good year," senior Andrea Hummel said. (Photo by Ashley Davidson)

*Try and catch me!* During a game against Valley City, senior Jill Kussatz dribbles past everyone. "[The toughest obstacle we faced this year] was being ranked #1 in the pre-season poll. That put a lot of pressure on us because every team would be bringing their best game against us," Kussatz said. (Photo by Ashley Davidson)

*And...Go!* During a home basketball game, senior Andrea Hummel gets set to put the ball into play for the Pack. "Our biggest obstacle this year is to put all four quarters together," Hummel said. (Photo by Ashley Davidson)

*Go in, go in, go in!* During a game against Devils Lake, junior Mary-Michael Vance shoots the ball before her opponent gets to her. "[The best moment of the season] was winning the EDC title," Vance said. (Photo by Ashley Davidson)



*I'm faster!* Playing Devils Lake, senior Tiffany Gjestvang races to save the ball from going out of bounds. "[My role on the team is] to get the rebounds, play good defense and be a leader," Gjestvang said. (Photo by Ashley Davidson)



*Yesss!* During a game at Fargo North, Coach Ms. Lynette Mund jumps into the air with excitement after a great play. "The best part about the season was seeing the girls achieve success. Their dedication paid off," Mund said. (Photo by Trisha McDonald)



*Bounce, Bounce...* Dribbling at a home game against Devils Lake, senior Ali Edwards makes a move on her opponent. "[To get fired up for the game] we play stupid games, sing and dance to 'Ultimate,'" Edwards said. (Photo by Ashley Davidson)

"The puck is in! The home team wins! At the good old hockey game..." -Avril Lavigne



**I'm coming to get ya!** During an EDC hockey game against Grafton, senior Darek Knaus takes control of the puck in front of the boards. Knaus has a new role as captain this year. "I feel [being captain] has made the team become more positive and hard working," Knaus said. (Photo by Ashley Davidson)



**You got burned!** During a home hockey game against Grafton, junior Jake Miller easily skates past his opponent. "Our main goal for the year is to make it to the state tournament and to be competitive with the premier schools in the state," Miller said. (Photo by Ashley Davidson)



**Slapshot Dance!** Winding up for a slapshot during the South game, senior Jeff Vance focuses on the puck. "An obstacle that we overcame as a team was the injuries, but we came together as a team and defeated Central three times," Vance said. (Photo by Ashley Davidson)



# Bittersweet Battles

## Injuries Plague Team

"Another one bites the dust." Those words were heard quite often this season when it came to the West Fargo Hockey team. The boys had three major injuries this year and of course the usual bumps and bruises here and there. Senior Josh Issertell, junior Alex Olson and sophomore Dylan Foss were the three players from the team who encountered tough situations this season.

Overall, the hockey team's year went extremely well. They worked hard even with all the injuries they had. A strong opponent for the boys was supposed to be Grand Forks Central, but the Packers ended up coming out on top. "My favorite memory of this season would be beating Central in EDC," Olson said.

Losing fourteen seniors is going to be tough, but the remaining boys plan on working hard and improving their defense. For Issertell, the season in his eyes, was quite difficult. "My injury was terrible because it was my very first broken bone and to make it all worse, it happened during my senior year," Issertell said.

It not only affected him but the team as well. The team had to change lines that were based around him and then to make everything worse, Olson got hurt shortly after. All three of the players' injuries were severe and left them unable to play for quite some time. Even though the team was plagued with injuries, they stuck together, showed great teamwork and ended up having a very successful season.

**-Kayla Burns**

**Let's go team...** During a home hockey game, the boys make their way on to the rink. "The greatest part about playing hockey is playing a game that is fun and competing against other schools," junior Jake Miller said. (Photo by Alyssa Jones)

**Back off buddy!** While trying to fend off his opponent, senior Garison Hoovestol uses his body to get the puck in Packer control. "[The most exciting part of the season] was when we thought we would go to state after we beat Central for the third time this year," Hoovestol said. (Photo by Ashley Davidson)

**Comin' atcha...** During an EDC game in Grand Forks, senior Steven Burdick skates the puck up the ice toward the goal. "The most memorable part of the season was having all the fun experiences with the team that I will remember forever and beating Central three times for the sweep," Burdick said. (Photo by Ashley Davidson)

**Watch this one...** During the last EDC game at Purpur Arena, junior Casey McGarry skates into the Spoilers' zone en route to the lone goal scored that game. "[To get pumped up for the game] some people like to listen to music; others just sit and think about what they are going to do," McGarry said. (Photo by Ashley Davidson)

"And the jam is pumpin look ahead the crowd is jumpin...." -Technotronic

# Co-op Team

Seeking Hard-Working Girl Gymnasts



"[Gymnastics is not a very popular sport in West Fargo because of] the amount of dedication it takes to work because you can't just join gymnastics, you need to know what you are doing," freshman Jayme Noel said.

On the high school gymnastics team, at American Gold Gymnastics, there are only three girls representing West Fargo. The rest of the girls on the team are from Fargo North. "We are all like a family; we spend all of our free time together on weekends," freshman Kayla Videen said about how well the whole team gets along together.

An introduction to the sport at an earlier age might help the popularity of the sport. "If more people were introduced to the sport by just watching a meet, I think more people would want to give it a try because no one really even knows about other teams besides ACRO," Noel said. All of the team members work extremely hard to do well at competitions. They put in many hours of practice. "We practice three hours a day Monday through Friday," Videen said.

Having more team members from West Fargo might be beneficial to the team, but the girls continue to work hard. "I wish we could have more people, but I enjoy my teammates," Videen said.

The high school team at American Gold Gymnastics spends many hard working hours together and are like a family. If students were introduced to the sport at an earlier age they might want to be more involved in it as a high school sport. The existing gymnasts would not mind seeing new gymnasts on the team. The team always works hard and would not mind working even harder with a few more members.

-Anna Rutten



**Air Send!** At the Fargo South Gymnastics Invitational, freshman Jayme Noel shows off her jump's height on the balance beam. "I think about making all my jumps and leaps big," Noel said.

**Around, up and down...** On the bars at the Fargo South Gymnastics Invitational, freshman Jayme Noel begins her flip. "Gymnastics has helped to keep me in shape," Noel said.

**Strength and grace...** During the Fargo South Invitational, freshman Kayla Videen flips off the balance beam. "I think the hardest is the time and hard work you have to put in to it," Videen said. (All Photos by Emily Hartley)



# Making One

Girls Find Way to Play Male-dominated Sport



What do Fargo North, West Fargo and ice skates all have in common? These three aspects are all needed to make up the West Fargo North Spartans girls hockey team.

A couple years ago, when girls' hockey was just beginning, both of the schools got together and decided that since neither school had enough girls to make their own team, they would come together. The team has been joined with Fargo North High School for four years now.

Since the girls hockey team is made up of two different schools, they have to take turns holding practices. "We practice at three different locations: the Coliseum, South Arena and the West Fargo Veterans Arena," sophomore Amanda Olson said.

While West Fargo continues to make contributions to the co-oped team, they realize, that their own team depends on more athletes showing interest in the spot. "I think if we had our own team more girls would try out. I think the younger girls would be moved up and more likely to try out for the team because there would not be enough girls to try out," sophomore Cassie Beckerleg said.

Down the road, West Fargo may have their own team. "West Fargo is actually hoping in the next two years that there will be enough younger girls to make their own team," senior, captain Erin Johnson said.

As a result, when the girls are asked about how they feel about playing with Fargo North, they just smile and say, "We like playing together as a team because we get to meet other people, and we know everyone now, so it is fun," Beckerleg said.

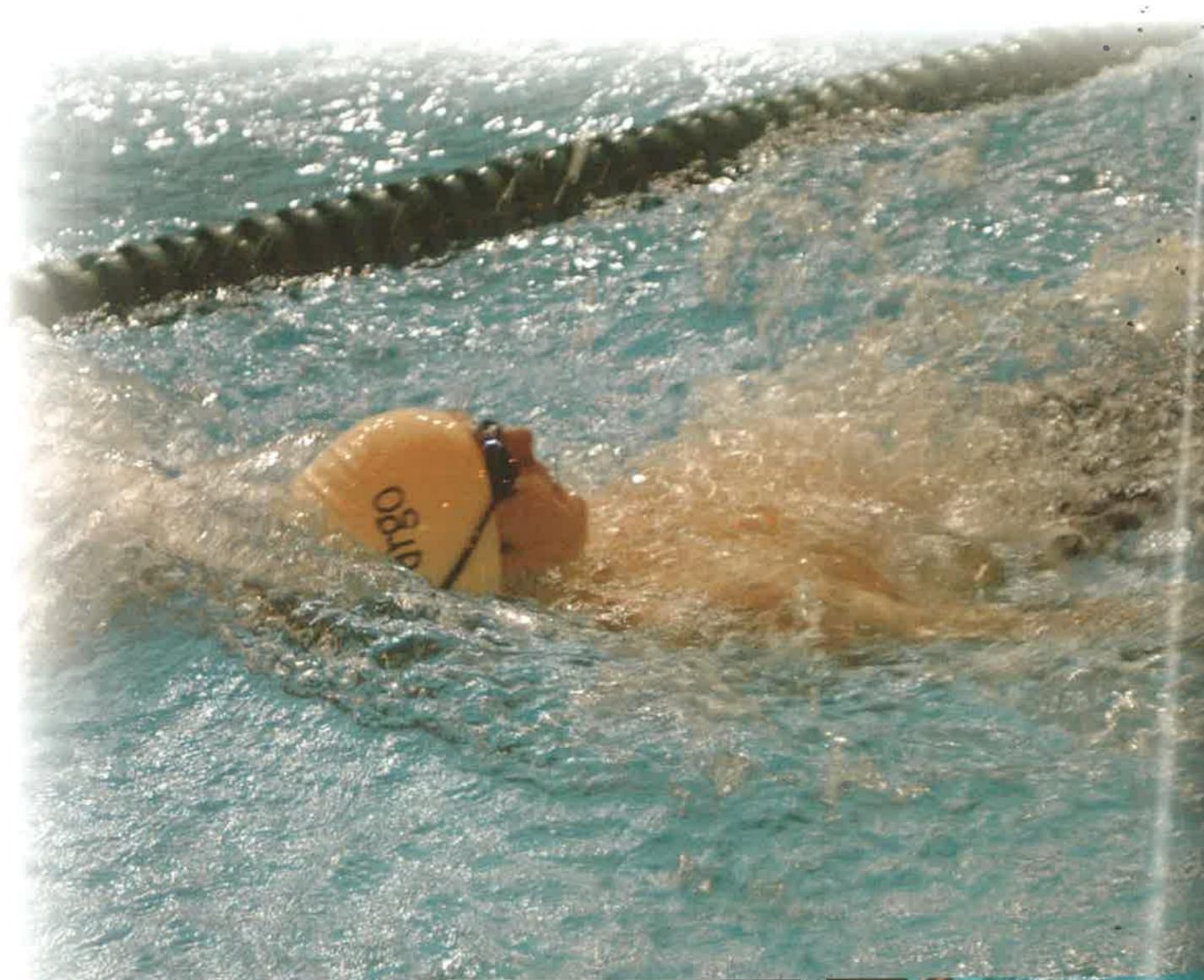
-Jamie Green

**On the Loose...** During a home hockey game against Fargo South, senior Erin Johnson works with her team to make a play. "Our team always comes together to face the other teams no matter who they are," Johnson said.

**Skate Faster...** During the Fargo South girls hockey game, sophomore Cassie Beckerleg skates for the goal. "I enjoy being with my teammates and spending time with them," Beckerleg said.

**Skate for the Gold...** During a Fargo North hockey game, senior Erin Johnson is one of the few Packers that share the gold and blue colors of the Fargo North Spartans. "I like being part of the team because it allowed me to diversify and meet new people around my area," Johnson said. (All photos by Amber Jerger)

*"Ooh, I go swimming, swimming in the water, swimming in the river, swimming..." -Peter Gabriel*



*Did I win?* After finishing his race, senior Dylan Nitzkowski reacts to his time, and his hard work. "I will try my hardest to show my leadership skills and do the best that I am able in the pool," Nitzkowski said. (Photo by Madison Nicholls)



*Cannon ball!* While competing at a West Fargo swim meet, junior Garrett Abraham performs a dive. "It puts pressures on me because being one of the only divers on the team, I have to try to give the team points," Abraham said. (Photo by Madison Nicholls)



*Man, I'm tired...* After finishing his race, senior Greg Gentzkow takes a breather. He has really enjoyed being a captain this year. "As a captain, we help out the younger kids and just try to promote team unity," Gentzkow said. (Photo by Madison Nicholls)



# Swimmers

## Dive Right In

Whether living in Germany, France or the United States, swimming is a common activity enjoyed all around the world. The West Fargo boys swim team is not only full of talent from the American swimmers, but they are joined by two foreign exchange students.

Junior Felix Piecha from Germany and senior Amaury Pouteau from France are both a part of the swim team this year. Piecha enjoyed swimming for leisure as a young child in Germany. "I had swim lessons when I was young, well, and my brother kind of taught me when we were all at our beach house way back in the day," Piecha said. When he came to America, he decided to join the West Fargo swim team.

The veteran team members, primarily senior, captains Dylan Nitzkowski and Greg Gentzkow, made these two teammates feel welcome. "Those two are no different than us, so that's how we treat them," Gentzkow said.

The coaches and teammates worked hard to teach the new teammates the ropes of the team. "The coaches knew it was the first time I swam. They were very patient and friendly with me during practice. My team was very friendly and made me understand I was welcome in the team," Pouteau said.

The dedicated boys have great expectations of their season this year. "I believe that we will do our best at the championship meets and whatever comes of it will be great," Nitzkowski said prior to the EDC or State meets.

The international students on this team share one common interest, and that is swimming. With this dedication and unity, their prospects of a successful season are only a heartbeat away.

**-Aimee McEwen**

*Ready to flip...* While performing the backstroke, junior Ross Keller gets ready to turn over. "I feel most confident in the 200 IM because I enjoy the event the most. I also feel that I am sufficient in all four strokes even if I am not the best," Keller said. (Photo by Madison Nicholls)

*Just keep swimming...* Finishing up his race, senior Greg Gentzkow tries to stay focused. "While I'm swimming, all I can think about is finishing strong and I keep telling myself to not give up no matter what," Gentzkow said. (Photo by Alyssa Jones)

*I'm going in...* During a home swim meet, sophomore Jake Danielson gets ready to dive into the pool. "[What I think about before a meet is] do better than the last meet," Danielson said. (Photo by Alyssa Jones)

*Warming up...* While preparing for his race, senior Amaury Pouteau stretches with a teammate. "It was the first time I experienced a sport with a team. I have never experienced that before. That was great," Pouteau said. (Photo by Alyssa Jones)

# Shout It Out

## Cheers Pump Team

"Hey crowd are you ready? Ready to see the best? The Packer team is number 1, WFHS!" This is just one of the upbeat cheers that a fan might hear while attending one of the many Packer sporting activities. Being involved with the crowds at games, cheering with the student section and competing in regional and state meets are just a few of the activities that inspires a girl to want to be a cheerleader.

Being a cheerleader involves a serious amount of time and dedication to the team and teammates. "We practice all year for our competitions. We even put in some over time to get it just right," senior Meghan Lewis said.

While debating between West Fargo and Fargo South, Coach Heather Beutler picked West Fargo to continue her cheerleading career. "I wanted to stay involved in cheerleading beyond high school and college," Beutler said.

Senior Robyn Stromberg also commented on the power of South and the rivalry between them.

"Our biggest competition is Fargo South," Stromberg said.

With the help of the coach, the team tries to think of the best cheers that will cheer them to the top. All of the hard work these girls put in is an attempt to strive for the best and to "Beat the Bruins! Beat, Beat the Bruins!"

With the help of their dedicated coach, extra hours of practice and a commitment from the team to strive for the best, the West Fargo Cheerleading Team cheers their way to the top. Their love and dedication is the inspiration for every little girl to be a cheerleader.

**-Brianna Puhr**

*Go Pack!* During the last home basketball games against Fargo South, sophomore Jaden Fedora does a jump to get the crowd fired up before the game. "[The most difficult part about cheerleading] is the stunting because you are relying on your teammates to help make it go successful," Fedora said. (Photo by Ashley Davidson)

*Scorpion!* At a fall cheer competition, senior Madalyn Moltzan keeps her balance while performing a challenging stunt. "The stunts that we do have become more advanced and bigger," Moltzan said. (Photo by Trisha McDonald)

*Let's go Packers...* During a home football game, the cheerleaders get the crowd going to cheer on the West Fargo football players. "I like getting the crowd involved and making sure they are having fun," senior Chelsie Peters said. (Photo by Alyssa Jones)

*Stand up and cheer...* At a home football game, senior Madalyn Moltzan gets the crowd pumped up by throwing some Packer apparel into the stands. "The crowd involvement is best at football games," Moltzan said. (Photo by Alyssa Jones)



*Over here!* Hoping the cheerleaders throw a ball their way, seniors Reed Montgomery and Tyson Weatherly prepare to catch. The cheerleaders help fans show their support for the teams. "I think that the players play better knowing that their peers are there supporting them," Weatherly said. (Photo by Trisha McDonald)

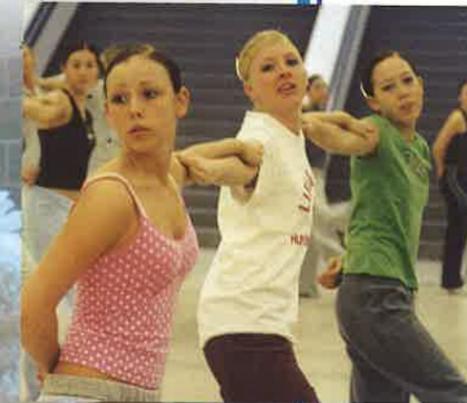
*Bring it on!* While cheering at a competition, senior Robyn Stromberg shows off her moves with the team in hopes of high scores from the judges. "Just hanging out with the girls gets me fired up. The squad is like a family, so to be around them makes performing exciting," Stromberg said. (Photo by Amber Jerger)

*So then what happened?* Waiting to cheer at their competition, freshmen Jessica Leno, Christina Sorum and Shelby Foltz discuss their moves. "We get to relax and hang out 'til a certain time we have to be back to perform," Leno said. (Photo by Sierra Kommer)

"Dream on, dream on, dream on, dream yourself a dream come true.." -Aerosmith

# Dancers Strive

## Packatahnas Persevere



How do two state championships and one national title change the practices of the West Fargo Packatahnas? They do not. The West Fargo Packatahnas attended the UDA National Dance Team Championship in Orlando, Florida. They not only did well there; they took home the first place trophy in the high kick division.

One would imagine upon the return of the girls, practices would become easier being their season is coming to an end. However, it is the complete opposite.

The first day of practice after nationals comes after a little over a week off. "[The first day back is] brutal. We are a little out of shape and after a break it is hard for us to come back mentally," junior Kelli Clark said.

The girls on the team work together, and with the help of their coaches, they get through the rough practices. "It is hard for the girls to stay focused. They love to compete and that is what drives them to work hard, so it is a challenge," assistant coach Ms. Sonja Buttenhoff said.

The Packatahnas had a few performances left after returning from nationals. The girls felt that they had a lot to live up to for these post national performances. "We feel that if they [the routines] are bad, then people will not understand why we won. We still want to look the best we can," senior, captain Whitney Althoff said.

The Packatahnas went to nationals and came home with a first place trophy. However, they still continue their practices, stay motivated and continue to show the state of North Dakota who they are and that they deserved their first place trophy.

**-Alyssa Freed**

*On the Navy!* During the first performance, the Packatahnas spell N-A-V-Y with their poms. "[One of the roles of being captain] was to motivate and pump them up in practice and our performances," junior Sarah Parkhouse said. (Photo by Ashley Davidson)

*To the right...* While practicing before a performance sophomore Emily Dahley thinks about Packatahnas. "It takes dedication to be a Packatahna. If someone's heart isn't in it, they won't be able to handle it," Dahley said. (Photo by Alyssa Jones)

*I'm a bird...* Up in the air, senior Jessie Mattern feels the rush. "I love the rush you get right before you walk onto the floor, and the feeling you get when you walk off knowing you did your best," Mattern said. (Photo by Trisha McDonald)

*Smile and kick...* During a half-time show in the gym, senior Amanda Lenzmeier concentrates kicking. "[Winning Nationals] feels like a fairy tale that came true, as if we achieved the impossible," Lenzmeier said. (Photo by Ashley Davidson)



*Yeah, go Pack!* During a pom routine in the gym, junior Kallista Nilson gets up from a pose. "[A big obstacle to overcome is that] we all have very different personalities and being together so often, we all start to get on each others nerves, but we all pull together," Nilson said. (Photo by Ashley Davidson)

*Scorpion...WJ Style...* Performing the jazz routine, the Packatahnas try hard to win at the West Fargo Invitational. "The moments you never forget such as a 1st place win or laughs with the girls are the best part about dance," sophomore Chelsea Holmquist said. (Photo by Ashley Davidson)

*I love you guys!* Returning home from their national competition in Florida, seniors Amanda Lenzmeier, Jessie Mattern, and Aimee McEwen celebrate. "I'm going to miss [Packatahnas] immensely, especially the team bonding," McEwen said. (Photo by Jenell Lammers)

"Ain't no way they can stop me now. Cause I'm on my way, I can feel my ring comin." -Nelly

### Boys Golf



EDC 7th

### Girls Tennis



6-7

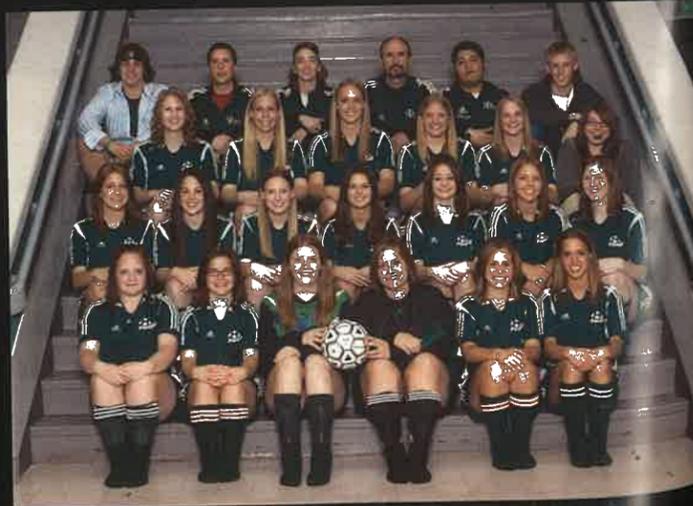
### Softball



31-0

Nine-time State Champions

### Girls Soccer



12-8-1

### Baseball



13-14

### Track



Boys EDC 6th--State 13th

Girls EDC 3rd--State 13th

“...track and field, you are, The stars of track and field are beautiful people...” Belle and Sebastian

# Track Boosts Performance

## Athletes on New Turf

Jenny and Tina are handing off in a relay when Jenny trips and falls after stepping in a hole on the track. This was a concern at the L.E. Berger track, where the track team practiced last season. Now that the team has a new track, the worries have vanished.

Athletes now have the advantage to practice to their best abilities without having to worry about getting hurt. “The new track reduces injuries, and it is convenient for the athletes because of the new location next to the school,” sophomore Abby Kiefer said.

Even though there is a new track, the throwers still have to go to the L.E. Berger track to practice. During the meets, the throwers are transported over to L.E. Berger which may cause complications if a thrower also runs. “I don’t think that it is too bad having to go to the old track to throw because they always have a shuttle bus for the meets,” senior Andrea Hummel said.

West Fargo has not hosted a varsity meet for several years. With the new track, the Packers hosted two meets that were a successful. West Fargo no longer has to host the ‘Packer Relays’ at the NDSU Newman Field or Fargo South High School. “It is nice to have a facility that befits West Fargo High School,” coach Mr. Randy Holzmann said.

For many years to come, Jenny will no longer fall and hurt herself thanks to the new track that they now have.

**-Jaclyn Rankin**

*Watch this jump...* While competing in the high jump, senior Alison Kelly gets great air using her well-taught technique. “I enjoy just having fun with it because it is a new event for me. I also love the technical aspect of it,” Kelly said.

*Hope I don't drop this...* While running in her relay, sophomore Abby Kiefer puts her all into finishing the race and getting to her teammate. “My favorite part of track is probably the people and getting to know new people,” Kiefer said.

*Wow! This is heavy...* While competing in the shot put portion of the track-meet, sophomore Brock Drayton gives it his all for his team. “I like the competition and the team unity,” Drayton said.

*Look at me go...* While running in a relay, junior Mary-Michael Vance catches up to the competition with no fail. “It’s just a lot of fun running distances which clears your head and lets you think. Plus, it is great to be close with your team,” Vance said. (All photos by Aimee McEwen)



*I'm so close...* While competing in one of her first track meets, senior Leslie Pladson gives all her determination into finishing the race. “I wanted to join track to be a part of a school sport. I’ve never been involved before, and it was an awesome experience,” Pladson said.

*Run like the wind...* While running in the EDC track meet, sophomore Kyler Eid pushes to the finish. “I enjoy all the hard work and preparation I see in practice and how well our team competes in the meets,” Eid said.

*Pass it to me...* While in the middle of a relay race, senior Gavin Schmidt receives the baton from his teammate. “My favorite part of track is the friends that I made. I will never forget about them and will miss hanging out,” Schmidt said.

*"The world is at your feet. No one can hold you back if you really want it..." -Ricky Martin*



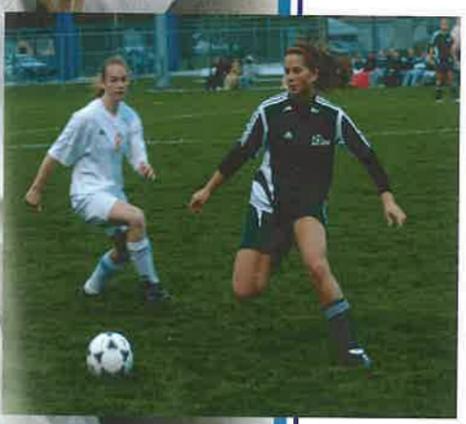
**Come in' around...** While looking for a shot on net, junior JoJo Haerter approaches the ball before winding up for the shot against North. "I really enjoyed hanging out and bonding with the team and the seniors," Haerter said. (Photo by Ashley Davidson)



**Watch these moves...** In a home game against Devils Lake, senior Nikki Hertel puts the moves on her opponent. "Coming together as a team and playing as a unified team has been a difficult obstacle to overcome this year," Hertel said. (Photo by Aimee McEwen)



**Come and get me...** Running away from her Fargo North opponents, senior Kayla Huso maintains possession of the ball. "We (seniors) have a lot of chemistry, and we can read each other very well," Huso said. (Photo by Ashley Davidson)



# Saying Goodbye

## Seniors Step Ahead

The clock is winding down as well as the season. The referee blows his whistle and the senior girls are in tears. For many of them, this is the last competitive soccer game they will play. Although their high school, soccer career is over, many plan to continue the sport in the future.

Playing in a college sport is a dream of many athletes. Senior Nikki Hertel is one of the talented few who was able to attain a scholarship to continue playing soccer at Concordia University in St. Paul, Minnesota. "I am really looking forward to playing with other skilled ball players, working hard for the coach and hopefully becoming a successful player," Hertel said.

For those not planning on continuing soccer at a college or university level, recreation leagues and coaching will be a possibility. Senior Jenell Lammers, although disappointed that injuries have prevented her from playing college soccer, plans to keep soccer a part of her life. "Soccer has been a part of my life since kindergarten, and I hope to continue with rec leagues and possibly coach when I am older," Lammers said.

Even if soccer does not play a huge role in the girls' future, it has taught them life lessons that they will continue to use throughout their lives. Soccer is not something that they can just leave behind. "I don't think it will be possible for me to just completely leave the one constant in my life for 13 years. Soccer has taught me many things including perseverance, friendship and commitment," senior Elizabeth Volk said.

The girls, with their tear-stained faces, hug each other in their last team huddle. The last game of their high school careers is really only the end of one happy, fun-filled chapter.

**-Sadie Mathson**

*Shake it up baby...* Before their game against Shanley, the girls soccer players warm up and unite as a team by shaking out all their jitters. "We have fun getting ready to play important games like the Shanley one," sophomore Emily Hartley said. (Photo by Ashley Davidson)

*Now that's teamwork.* In an intense game, seniors Miranda Utter and Tiffany Gjestvang work together to keep possession of the ball. "My favorite part of soccer is bonding with all of the girls," Utter said. (Photo by Ashley Davidson)

*I got it!* During an intense game against North, senior Jenell Lammers scurries away from the defender. "The game we played at North built our confidence to finish out the season because we showed ourselves how well we can play together," Lammers said. (Photo by Ashley Davidson)

*Becha thought that was going in...* While snatching the ball from going into the net, senior Marie Johnson concentrates on her task. "The hardest part of playing goalie is knowing when to come out of the box on a breakaway," Johnson said. (Photo by Ashley Davidson)

"And it's a great day to be alive, I know the sun's still shinin' when I close my eyes..." - Travis Tritt

# Home Sweet Home

## Seniors Say Goodbye

Eight straight at state and high hopes for number nine, the West Fargo Girls' Fastpitch team is full of talent and experience. With 12 seniors, two juniors and a home-field advantage, these girls have no intentions of stopping the streak.

This year's jam-packed schedule of 32 games had the team spending a lot of time together. "Sometimes too much time, from March 1st to June 3rd, we're all connected at the hip," senior Sadie Mathson said.

Having so many games, the bumpy bus rides and many hotel stays were inevitable. However, the girls' dedicated fans were there, rain or shine. "Our fans and parents are very supportive of us and are always there whether we are playing at home or a million miles away," senior Kelsi Wollitz said.

With West Fargo hosting the State Tournament this year, the 12 seniors could not have asked for a better way to close this chapter of their lives than by winning another state title in front of their hometown fans. "I think the whole team is pumped for state, especially because we get to host it. What better way is there to end the year than on your home-field? It is going to be really emotional for all of the seniors," Mathson said at the start of the season.

With eight consecutive championships under their belt, there was a little added pressure to keep the legacy going. "Of course there is going to be some pressure because no one wants to end the streak," senior Ashley Walker said.

In the comfort of their home-field, the pressure was the last thing on the girls' minds while they swung for the fence in hopes of knocking down number nine.

**-Jen McCracken**

*Tres Arriba!* During a home game, the infielders convene before the start of the inning. "We always come to the mound before every inning just to gather ourselves and focus on what we need to do," senior Ingrid Scantlebury said. (Photo by Madison Nicholls)

*The Windup!* While playing against Fargo South, senior Erin Johnson pitches the ball. "I've enjoyed being with my team and having their support through the good and bad times," Johnson said. (Photo by Madison Nicholls)

*Here we go!* During the Shanley game, senior Ali Edwards helps get the team fired up. "I have had a lot of fun with my teammates, especially on our road trips and overnight games," Edwards said. (Photo by Trisha McDonald)

*She's got an arm!* During warmups, senior left-fielder and captain Kelsi Wollitz shows off the big guns and fires a throw back to the infield. "Softball has been such a great part of my life. I've met some of my best friends while playing the sport I love," Wollitz said. (Photo by JoAnn Capouch)



*Just a Move!* While in the dugout, senior catcher Karly Kivi gets the team fired up with her amazing dancing abilities. "Softball is a fun sport, so I just try to make sure everyone remembers that," Kivi said. (Photo by Madison Nicholls)



*Tres Abajo!* Getting ready for the inning, outfielder seniors Kelsi Wollitz and Jen McCracken and junior Sara Dell meet in centerfield. "Outfield is a crucial position; we're the last resort, so if the ball gets past us, it's not good," McCracken said. (Photo by Madison Nicholls)



*Nice form!* While playing against Fargo North, senior Amber Jerger winds up to pitch. "I always think about hitting my spots and what am I going to do if the ball comes to me. I always tell myself I can do it, keep it up," Jerger said. (Photo by Madison Nicholls)

*"Take me out to the ball game, take me out to the crowd, buy me some peanuts..." -Gin Blossoms*



*Way to go!* After scoring a run, junior Grant Schmidt is congratulated by teammate, senior Alex Salquist. "We are getting better every week and are really starting to come together as a team," Schmidt said. (Photo by Emily Hartley)



*And he's off...* While playing Fargo South, junior Zach Odegard runs to first. "I think about getting a base hit because knowing that you have hit the ball is one of the greatest feeling in the world to me," Odegard said. (Photo by Madison Nicholls)



*Hit 'em home!* During a game, senior Matt Renfrew steps up to bat. "It is hard to consistently make good contact against all the different pitchers and all the different pitches they can throw," Renfrew said. (Photo by Emily Hartley)



# Just Like Dad

## Players Admire Pros, Fathers

Babe Ruth, Sammy Sosa, Roger Maris, Mark McGwire; all of these men have something in common; they are famous baseball stars.

Many of West Fargo's baseball players have their own favorite baseball stars. "Randy Johnson [is my favorite] because he dominates on the mound and he's always so composed," senior Dustin Gregory said.

Other members of the West Fargo Baseball team have a favorite team rather than a favorite player. "The Minnesota Twins are my favorite, probably because my whole family was into them when I was young, so I grew up liking them," sophomore Jonathan Schroeder said.

Gregory is not only impressed by his favorite baseball star, he also looks up to him as a role model. "When I think how I want to play, I think of [Randy Johnson] and what he's accomplished and how he has the respect of everybody," Gregory said.

Although the players look up to a favorite baseball star, the trend seems to be that their biggest influence in their baseball 'career' is none other than their fathers.

Sophomore Brock Gusaas agrees that his dad is the biggest influence on how he plays baseball. "My dad has always been there, he started me off, and he keeps pushing me to do better. He always wants me to succeed," Gusaas said.

Whether it is Randy Johnson or that guy named 'dad', role models influence a person's every decision. Who knows, maybe in a few years, one of West Fargo's own baseball players will become that person.

**-Kim Stulken**

*Atta' baby!* Getting together as a team during a game against Shanley, senior Alex Salquist is chatting it up with his teammates. "[Team leadership] has played a great role in our team's success by the younger kids looking up to the older players and following by example," Salquist said. (Photo by Emily Hartley)

*Swinging for the fence!* Crushing the ball, senior Josh Green gets a base hit during a baseball game against Shanley. "Both the older and younger players have grown up playing with each other, so we put both of our experiences together and have become good teammates," Green said. (Photo by Emily Hartley)

*Bam!* While playing Fargo South, junior Justin Rheault collides with senior Dustin Gregory. "We learn to communicate better so we do not kill each other," Rheault said. (Photo by Madison Nicholls)

*And the pitch...* While playing against Fargo South, junior Cole Horsager gets ready to throw. "It takes [pitching] great mental focus and a good day. There's always a little bit of luck that goes into each game. Just stay loose and relax," Horsager said (Photo by Madison Nicholls)

"I have a strong determination and I'm not afraid of change" - Xscape

# Play by Rules

## Players, spectators confuse scoring

"Love means zero. Deuce means a tie at 40-40. Deuce is also the right side of the court but the left when looking at your opponent's," senior Ashley Denne said, describing only some of the confusing terminology of tennis.

Because of its many differences from other sports, most people are in the dark when it comes to rules of tennis. "I think they know you have to hit it in the square, but that's about it," sophomore Sadie Doggett said. "They don't know anything about scoring or when you switch servers."

Instead of scoring a set amount of points, like in basketball, or having the serve when you score, like in volleyball, the system in tennis has its own unique regulations. "You start out serving on the deuce side. Whoever gets the point, it goes to 15. Your second point is 30, and your third point is 40. If you win that, you win your first game, so then you have one point. You play sets with the first one to six winning," sophomore Merema Ahmed said.

Of course all these numbers would confuse a person who does not play tennis, but even veteran players can have problems with the game. "Tie breaks were the hardest to get right. They require a lot of concentration on playing the points and making sure you are on the right side according to the score," Denne said.

Just like any other activity, it takes time around the sport to fully learn the rules. Next time Maria Sharapova or Andy Roddick is playing tennis on ESPN, take the time to watch, and maybe then a new understanding of the complicated sport will be found.

**-Emily Hartley**

*Team on 3...* Pumping each other up, the girls tennis players meet in a group huddle. "I play tennis because it is fun and still challenging," senior Laura Cronin said. (Photo by Alyssa Jones)

*Serve's up!* Making sure her toss is perfect, sophomore Sadie Doggett prepares to serve. "Tennis is a lot different from the other sports I play, so it's a fun change in the year for me," Doggett said. (Photo by Alyssa Jones)

*Body behind the ball...* Jumping into position, junior Jessica John makes a play in her tennis match. "You have to walk on the court knowing you're going to win. Tennis is about 80% mental and 20% strokes," John said. (Photo by Aimee McEwen)

*Swing away...* Following through on a hit, senior Laura Cronin works hard on the tennis court. "Tennis is an individual sport. You have to rely on yourself, not others, to make decisions on how to win," Cronin said. (Photo by Aimee McEwen)



*Wind, wind, go away...* Fighting against the bitter wind, sophomore Emily Schreier begins her toss as she serves during a home tennis match against Shanley. "I hate the wind!" Schreier said, speaking her mind about weather obstacles. (Photo by Alyssa Jones)

*Just a walk in the park...* Playing at the new tennis courts, junior Jessica John makes tennis look easy. "Looking back on the past years, I see major improvement. The more balls you hit, the more improved you become," John said. (Photo by Alyssa Jones)

*Keep your eye on the ball...* During a tennis match, junior Alyssa Jorgenson makes contact with her racket. "My favorite part of tennis is serving because I'm kind of short, so it's nice to feel strong once in a while," Jorgenson said. (Photo by Alyssa Jones)

"...Drivin' cause I'm goin' pro, I've got that funky fly golf gear from head to toe..." ~ Beastie Boys



# Stayin' Strong

## Even In Bad Weather

Whether it is sunny or rainy, windy or calm, the boys' golf team is outside swinging away. During the many practices and golf meets during the year, the weather is not always perfect, so the golf team has learned to deal with the different conditions and put forth their best effort.

The team puts in many hours of practice, which helps them prepare for meets where the weather may not always be ideal. "Our team practices everyday after school by either playing nine holes or chipping and putting. The practices are usually two to three hours long," senior Steven Pranke said.

The weather also has a big effect on the outcome of the golf meets, so the boys have to try their best to deal with the conditions. Thanks to the hours of practice the boys put in, they have gained the skills needed to judge the playing field and to understand their need to accommodate to the changing weather. "We try to stay warm and dry and judge and play the wind," sophomore Adam Lester said.

Although they cannot always predict the weather, the boys make many preparations so they are ready for anything. Whether its buying new clothes or just watching the weather channel, they do their best to be ready for anything Mother Nature throws at them during their meets. "I dress warm, and I bought gloves that help when it's raining so that I can keep the club from slipping out of my hands," junior Matt Klein said.

Since everyday is not sunny and warm, the boys' golf team has had to learn to play in bad conditions. Through many hours of practice and preparation, they have learned all the tricks and techniques of the game. Though they may face many obstacles, they continue to excel and will not let anything stand in their way of success.

**-Danielle Mehus**

*Fore!* After taking a shot at Meadows in Moorhead, junior Matt Klein waits for the outcome. "If the shot felt good, I hope it was the right distance and that I get lucky. If it was a bad shot I think, hope my next shot was better," Klein said.

*Here we go!* Just before he tees off at Village Green in Moorhead, junior Adam Nelson has many thoughts flying through his head. "Before I tee off, I think to myself 'Please let this be a good shot!'" Nelson said.

*Thinking hard.* Before teeing off, at the Village Green golf meet in Moorhead, junior Matt Flanagin prepares to concentrate after playing games with his teammates. "To focus at golf meets, my teammates, and I play a few games of Poison before we start the meet," Flanagin said.

*Putt for par.* Setting down his golf ball and tee, junior Adam Nelson prepares to tee off. Nelson was competing at the golf meet at Village Green in Moorhead and hoping his years of practice have paid off. "I practice golf every day to become the best golfer I can. Golf is fun so I enjoy golfing in my free time," Nelson said. (All photos by Madison Nicholls)



*I hope this is a good shot!* After taking a swing at the Village Green golf meet in Moorhead, freshman Tyler Evin realizes how hard it is to be on the golf team. "I joined the golf team because my dad told me to go out, and I made the team," Evin said.



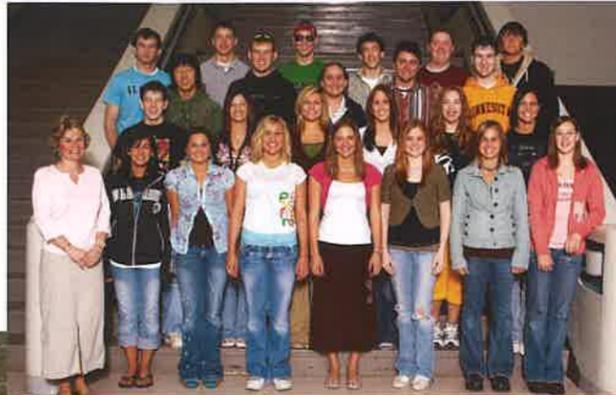
*This should work.* Before teeing off at Meadows in Moorhead, senior Steven Pranke checks out the possibilities of his shot. "To practice teeing off, I hit range and putt on the chipping green. I also practice every day," Pranke said.



*Concentrate!* Focusing on his task at hand, sophomore Adam Lester prepares to tee off at Meadows in Moorhead. "The hardest part about golf is staying mentally focused throughout the entire round," Lester said.



*"We will take you...smiling dancing everything is free, all you need is positivity..." -Spice Girls*



Student Council



## Lead By Example Students Get Involved

Whether it is raising money, putting on school dances or having meetings, the Student Council is leading by example. Student Council is making an effort to be more visible in the school this year.

Although not everyone is able to be a member of Student Council, those that are feel very fortunate. "It is nice to know that my peers consider me to be a leader in the school," senior Lindsey Elless said.

"I like being able to help out the school and work with other students who think the same way," junior Ashley Helm said.

This year, Student Council is putting their focus more on raising money in order to benefit people not only in the school but in also people in the community.

"We give money to the different families that are in need, and we raise money for the school," Elless said.

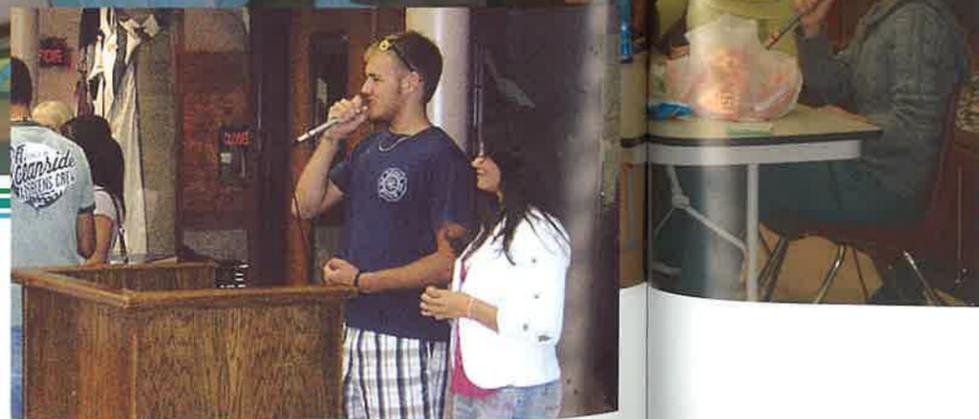
In order to raise the money that they donate, Student Council has meetings every two weeks to think of ideas of how to get the funds they need. They also think of people in the school and community that could benefit from their help.

"During the meetings we brainstorm to come up with new ideas and improve past activities that we have done," sophomore Steven Hay said.

Some members of Student Council think that coming up with new activities is one of the most exciting parts of their meetings. "I enjoy coming up with different activities that we have never done before," senior Elizabeth Volk said.

No matter what anyone thinks, the students who are privileged enough to be on Student Council are making their time worth while by helping members of the student body through raising money and putting on school dances.

- Allyson McCracken



*And what do we do now?* At a Student Council meeting in the theater, members wait for a lull in the action. Junior Ashley Helm says the most rewarding part of Student Council is, "being able to make a difference in the school." (Photo by Angie Young)

*Up, up, up and away!* Student Council creates fun theme days such as superhero day. Senior Trisha McDonald shows her muscle while junior Sarah Parkhouse gives a pose. "We chose superhero day because we have a little bit of heroism inside of us all," McDonald said. (Photo by Aimee McEwen)

*B-8!* During the lunch period in the commons, Student Council members play Bingo with the students. "In Student Council we are always coming up with new, exciting ways to raise money and to bolster school spirit," junior Sarah English said. (Photo by Aimee McEwen)

*And the nominees are...* Announcing the homecoming candidates in the cafeteria, junior Jason Carriveau tries to keep the crowd entertained. "I like the microphone, so it was all good to me," Carriveau said. (Photo by Meghan Brown)

*"We give money to the different families that are in need."*

-Senior Lindsey Elless

"We be taking care of business every day, taking care of business every way..." -BTO



## DECA Members Shine

*What was that?* During the practice role-play, Mr. Steve Anderson and junior Matt Klein listen to the directions for the role-play. "[The best part of DECA] is meeting all the new people and competing," Klein said. (Photo by Jenell Lammers)

*Toga, Toga, Toga...* During Quiz Bowl at State DECA, seniors Mike Jacobson, Josh Issertell, Ashley Davidson and Anna Kiefer think about the question. "It's tradition to dress up like something crazy, so we used bedsheets to make a toga and it was pretty much a big deal," Kiefer said. (Photo by Sierra Shoman)

### New Members Excel at Competition

The night before the state DECA competition, Jackie keeps busy so her nerves will not get the best of her. This will be the first State DECA competition she has ever been to.

While many organizations have multiple practices and competitions before state events, DECA members do not have that luxury. The only competitions for DECA are State and National competitions, leaving new members with little experience prior to state.

Lack of experience didn't affect DECA members. They learned quickly at the Fall Leadership Conference. "It gave me a better feel for what DECA and the marketing field was about," senior Ashley Davidson said.

New members bypassed expectations this year. Four qualified for Nationals in Dallas, Texas. "Participating at nationals was a great experience. Having DECA on my resume will help when applying for jobs," senior Anna Kiefer said.

Not only is DECA fun and enjoyable, it helps students build confidence for future business endeavors. "It has showed me how to be secure and grow as a person in a business situation," junior Kylie Mitchell said.

DECA is a great organization for business minded students. Although Jackie did not have any experience prior to state, she and her fellow members excelled.

- Jenell Lammers

## Learning Something New

### Ins and Outs of Big Business World

The business world is a mighty big place. To succeed it is a smart idea to get a head start on learning business tactics. One group that tries to give its members insight is the Future Business Leaders of America (FBLA).

The group concentrates on showing its members the ins-and-outs of the industry. "I joined FBLA to learn more about the business world and see if it is something I would like to pursue," senior Jenell Lammers said.

Though FBLA members must get up at seven o'clock to attend meetings, one negative cannot outweigh the amount involved in the club. "I have learned a lot from FBLA about business and especially accounting," senior Alison Edwards said.

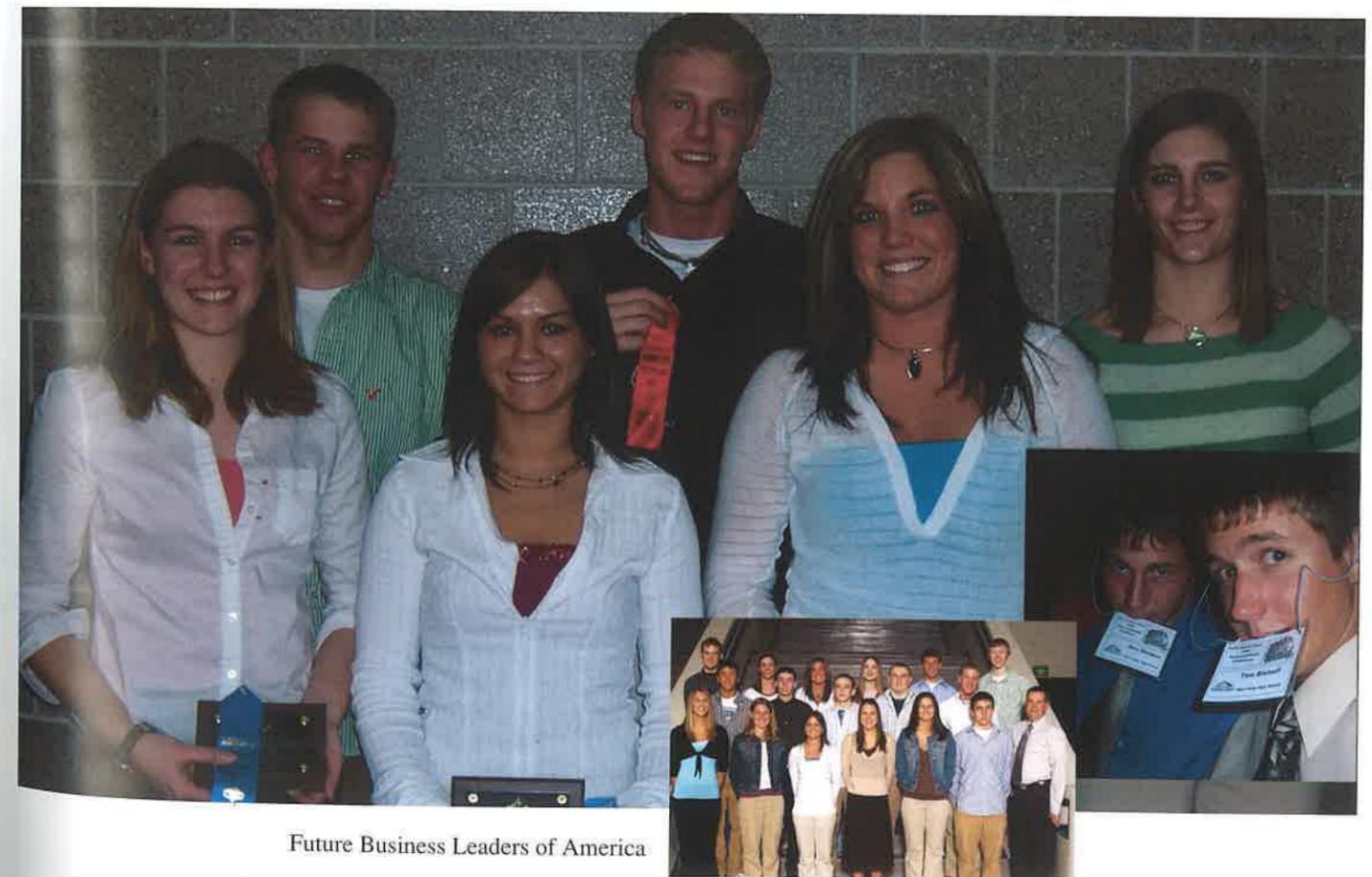
Another perk is getting to travel. The group attends competitions such as the state competition and another at Valley City State University. "At competitions everyone takes a test based on what category they signed up in," Lammers said.

Who knows, they may even run their own company someday.

-Lindsey Levin

*And the winners are...* In Valley City, FBLA members pose with their awards. "I thought [FBLA] would be a fun way to learn about business, and there are a lot of cool people involved," senior Ali Edwards said. (Photo by Rick Anderson)

*Gum nametags...* While at an FBLA meeting, seniors Ben Wolden and Tom Bishoff create their own fun. "[My favorite thing about FBLA] was going to FBLA state and having a killer time at the FBLA dance in Grand Forks," Bishoff said. (Photo by Angie Young)



Future Business Leaders of America

# Taking on Chicago Helping more than locals

Students Today Leaders Forever

Learning leadership skills, social skills and having fun is what STLF is all about. The group, which is open for anyone to join, is dedicated to making the high school and students better. "We work on unifying our school, letting kids lead, doing service projects, having fun and promoting initiative while living with passion," senior Trisha McDonald said.

Other than just helping local residents, STLF is looking forward to helping people from around the country.

Even after the group comes home, they plan to continue doing their good deeds. "We do a lot of community service projects to help out because we are leaders who care about the school and our community," senior Ashley Davidson said.

Though trying to better others lives and helping the school seems like a lot of work, members can not say enough good things about the club. "STLF has opened my eyes to being a leader and seeing the needs of others and trying to help them," junior Amanda McDonald said.

The group has an alternative purpose other than just helping students and the school. It also gets its members prepared for life. "STLF is teaching me leadership skills that will last a lifetime," Davidson said.

Students involved in STLF realize that taking time out of busy schedules and helping people is such a rewarding experience. After seeing what just one group of people can accomplish, members also hope more students would be willing to take time out of their busy schedules and try to better everyone and everything around them.

**-Lindsey Levin**

*"We work on unifying our school, letting kids lead..." -Senior Trisha McDonald*



*Picture Perfect!* During an STLF meeting, senior Luke Aanenson hugs fellow members. "STLF has made me a better person. I have taken the time to realize the horrible things that happen not only in North Dakota but the country in general," Aanenson said. (Photo by Amber Jerger)

*It's a great day to be alive...* During the Pay It Forward tour, students sing to a citizen of the nursing home. "The nursing home was the best project of the tour," senior Ashley Davidson said. (Photo by Kathy Scott)

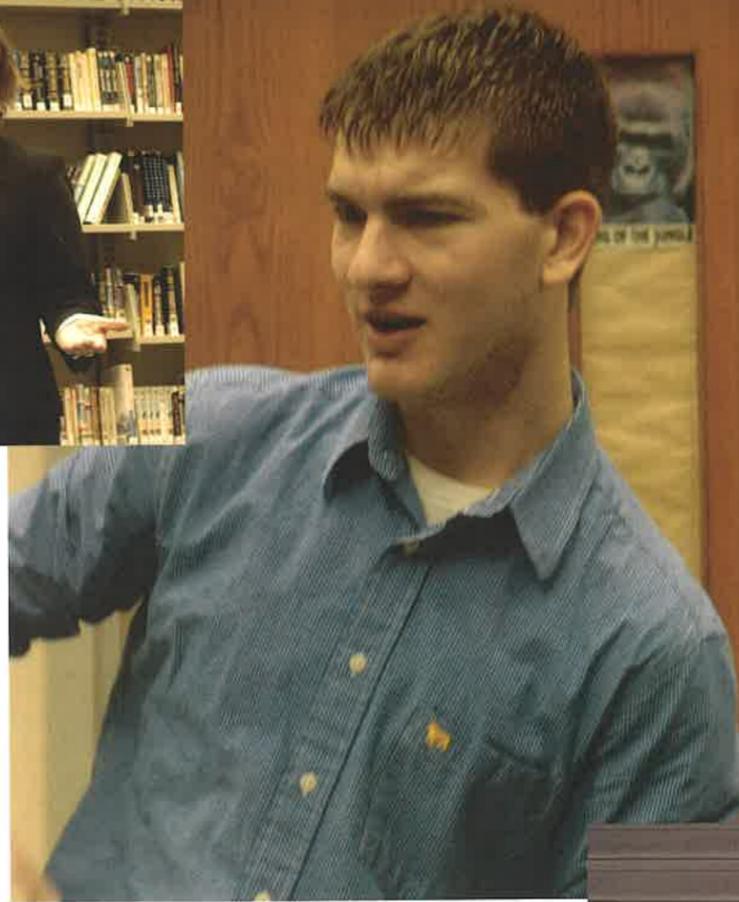
*Time of Your Life...* Traveling on the Pay It Forward tour, students gather around some friends and sing a few songs. "This tour was so amazing and such an eye opener, it was a blast to be on, and I learned so many things," senior Amber Jerger said. (Photo by Trisha McDonald)

*Here's the plan...* Chit Chatting at an STLF meeting, students bond. "To help different communities come together and show that one person can make a difference regardless of their race, sex, or religion," sophomore Samuel Pulkrabek said of the importance of STLF. (Photo by Ashley Davidson)

*"Nobody's right if everybody's wrong, young people speaking their minds..." - Buffalo Springfield*



Speech



Debate

## Practicing Hard Calms Team's Nerves

Traditions are the passing down of elements of a culture from generation to generation, especially by oral communication. The customs of the speech and debate team come in many different forms and are a major part of bringing the team together and helping them prepare for competitions.

"We have a few traditions, like a 'Fire up Buddy' box and a spirit award. Some of the traditions are so old, we don't even know when they started," senior Molly Siegert said.

These are just a few of the traditions that help students prepare for their speeches. Some need a little more than a fire up buddy to calm themselves for their competition.

"We have a few speech team warm-ups that are something we do before every meet. Other than that, I try to calm myself down because no matter how many times I have competed, I still get nervous," senior Paul Neary said.

Another custom is to have a mentor or coach guide the students and help them prepare for their speeches. This year the coaches were English teachers Mrs. Candice Paczkowski and Mr. Aaron Knodel. They gave the students insight to what they may not understand and also served as good helpers in making sure the students pleased the judges.

"Students gain insight to their literature pieces and suggestions on topic development for extemporaneous and public speaking events. Their delivery consistently improves. This provides students with confidence, which allows them to compete each week at a higher level," Paczkowski said.

The traditions and customs of the speech and debate team are plentiful, but they all seem to be needed to help the student prepare for competitions. Everything comes together to make the team feel comfortable in doing what they want to achieve.

**-Krista Jones**

*"We have a few traditions like a 'Fire up Buddy' box."*

**-Senior Molly Siegert**

*"We're off to see the wizard, the wonderful Wizard of Oz. You'll find he is a whiz..." E.Y. Harburg*

## 5th Most Technical Show Difficulty for Crew

Make up, costumes, and hair. To the actors of West Fargo's High School production of the Wizard of Oz these are the most important aspects of the show. However, when it comes to the technical crew, the 'techies' have a lot of pressure to make this show the best. The Wizard of Oz is considered the fifth most technical show to pull off. A few of the most difficult stunts to create in the play include a melting witch, a flying hot air balloon and a smoking mad wizard. The techies make sure these aspects are under control.

"One thing that makes the show go well is details. Details could make the show go either way," sophomore Jacob Bechtold said.

Making sure the scene changes go smoothly is very challenging. The techies are in charge of spiking the stage for the different set pieces. Spiking is when tape is put on the floor to represent a certain set piece. It is also labeled and glow tape is provided to see during the black outs in between scene changes.

"The spiking of the scene changes makes it go so much quicker," sophomore Ian Evanson said.

When the last scene change was made and the last lines delivered, the audience rose to their feet and cheered loudly for the wonderful performers in the Wizard of Oz. Although, the audience mainly cheered for the actors, without the technical crew to build and paint the set, create lighting and have tremendous sound, the show would not have been complete.

**-Maggi Nicholls**

*"One thing that makes the show go well is details."*

*-Sophomore Jacob Bechtold*



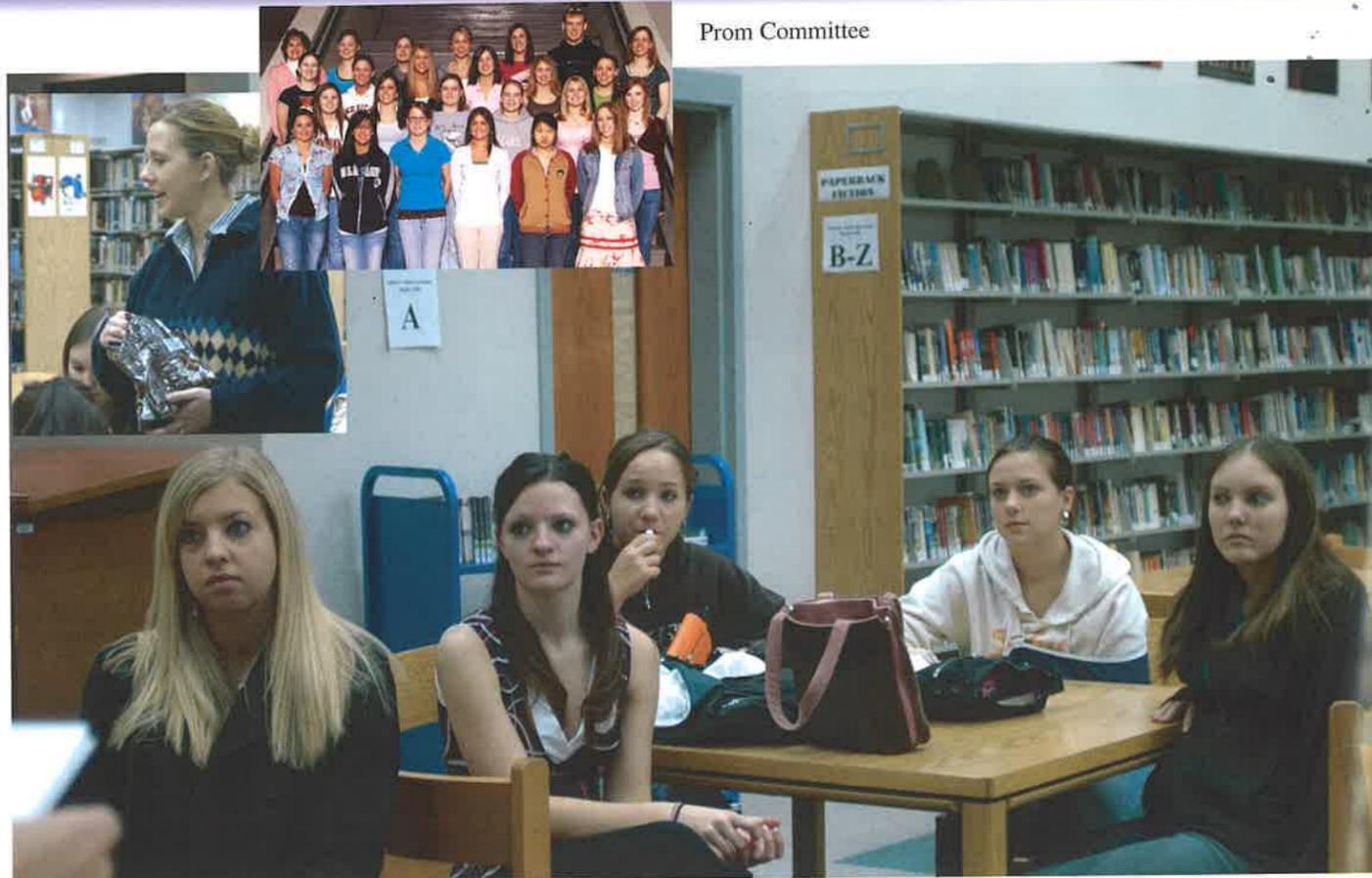
*Off to see the Wizard...* While performing in "The Wizard of Oz", senior Mallory Hayes performs as Dorothy and enjoys every minute. "I just loved being in the play. Being a lead was very hard work and it was satisfying to perform after all the practice", said Hayes. (Photo by Madison Nicholls)

*And one and two!* While performing at the Packatahna dance show, the Jitterbugs dance. "The make-up and costumes were the best because it was so different and unique," sophomore Cydney Crowe said. (Photo by Amber Jerger)

*Jolly good town!* While performing in "The Wizard of Oz", sophomore Megan Skarsten sings along in the Emerald City. "There is difficulty in having different characters. Including costumes help make the character who they are and help bring them to life," Skarsten said. (Photo by Madison Nicholls)

*This is a lovely book...* While performing at a dress rehearsal, senior Kaylee Harles reads a book with cast member junior Julia Whittle. "I've never felt so close to a cast. When you only have 11 people, there's no room for cliques and grudges," Harles said. (Photo by Madison Nicholls)

*"What about now, why should we wait? We can chase these dreams down the interstate..." -Lonestar*



Prom Committee

## One Amazing Night in Vegas Takes Many Stressful Nights for Juniors

*This will be fun...* While sitting at a prom committee meeting after school, junior Dani Mehus listens to the plans for prom. "I think it's fun being able to decide everything and help be in charge of prom," Mehus said. (Photo by Amber Jerger)

*Brain food...* During a prom committee meeting, Mrs. Meghan Brown passes out candy to help inspire the committee to make decisions. "I think the best part of prom committee is that we get to help make decisions to make our prom as awesome as it can be," junior Kelli Clark said. (Photo by Amber Jerger)

The lights are dimmed, the gym is decorated and everyone is all dressed up. Year after year, the junior class comes together to form the prom committee. The committee is responsible for putting together a night to remember. The junior class puts in countless hours and ceaseless effort to prepare for prom. "We pick the theme, the song and the colors. We also decorate the gym and make the layout for Grand March," junior Kira Gilbraith said.

Juniors feel that it is important to be a member of the group because it is their responsibility to put on a good prom. "It is important to be on prom committee so a lot of different ideas are thrown out when we are deciding issues," junior Ashley Helm said.

Being on prom committee is a huge responsibility for the junior class. They are hoping that they can put prom on without a hitch. "I am excited for this year's prom. I think that it is going to be unique which will be fun and interesting," junior Paige Adams said.

At the end of the night, when all of the decorations have been taken down, the junior class knows that all of their hard work was well worth it.

**-Andrea Hummel**

## Law and Order Students Experience Court

She sits on the cold witness bench looking out at the jury members; she hardly hears the judge's question. However, this trial is not real; it is one of Youth Leadership's projects.

The mock trial took place in an actual courtroom. "Everyone was in the right spots. The judge sat in the judge's spot and the jury in their spots," junior Amanda Dirks said.

Everyone involved was assigned a part they had to prepare for. "We had a case we had to read up on and talk with witnesses. Attorneys had to write an opening speech, and the jury had to make the decision," sophomore Deni Vigesaa said.

Preparation was an important part of this activity. "The mock trial was basically like a skit, so everyone except the jury had to memorize parts," Dirks said.

Junior Kallista Nilson, who was part of the jury, said it was difficult to make a decision. "It took an hour and 45 minutes to make our decision," Nilson said. "One other girl and I had a different opinion [than everyone else] on what happened."

Overall, the mock trial was a good experience, and perhaps gave some an idea of what they want to do in the future. "I got to be involved in the legal system and that is what I want to go in to," Nilson said.

**-Kira Gilbraith**

*Light as a feather, stiff as a board...* During a September session of Youth Leadership, sophomores CJ Hoffart and Abby Keifer help to lift a classmate through a "spiderweb" without letting him touch the ropes. "I got to meet a lot of interesting people," Hoffart said.

*On your own words...* During a mock trial for Youth Leadership held at the federal courthouse in November, sophomore Deni Vigesaa acts as an attorney. "It was worth it because we won!" Vigesaa said. (All photos by Emily Hartley)



Youth Leadership

*"Victory front page story, guts and glory I'm the king of New York." -Newsies*

# Staff Has Freedom Students Get To Choose

The Newspaper staff is sitting in class, brainstorming. They ask themselves, "What kind of stories do I want to write for this edition of the newspaper?" Thinking of new story ideas is not always an easy job.

The staff has the ability to choose what stories they will write for every, new edition of the newspaper. Picking their own stories has a huge effect on how they write. "If I get assigned something that disagrees with what I think, it is really hard not to editorialize. You want people to agree with you, but you have to write the way the person you are writing about believes things should be," freshman Meagan McDougall said.

New to newspaper or not, everyone on the staff gets to know each other and treats each person with respect. "I enjoy the atmosphere of the room because when you walk in everyone knows you and is extremely friendly to you," senior Alison Kelly said.

Newspaper is a class where the students who take it can bring everything they have learned and experienced throughout their entire life and put it all to use. "Newspaper is an amazing class. From it, you gain so much life experience that will help you in all aspects of your life. To be a part of a team made up of such an amazing group of people is definitely the smartest thing that I've done so far in my high school career," freshman Brittany Davila said.

There is a lot of pressure on the staff when the new, monthly edition of the newspaper comes out. Not only seeing, but also hearing the student body's reaction can be very nerve wracking for all Newspaper staff members. "Preferably you want to hear good things, but any feedback at all is good," Kelly said.

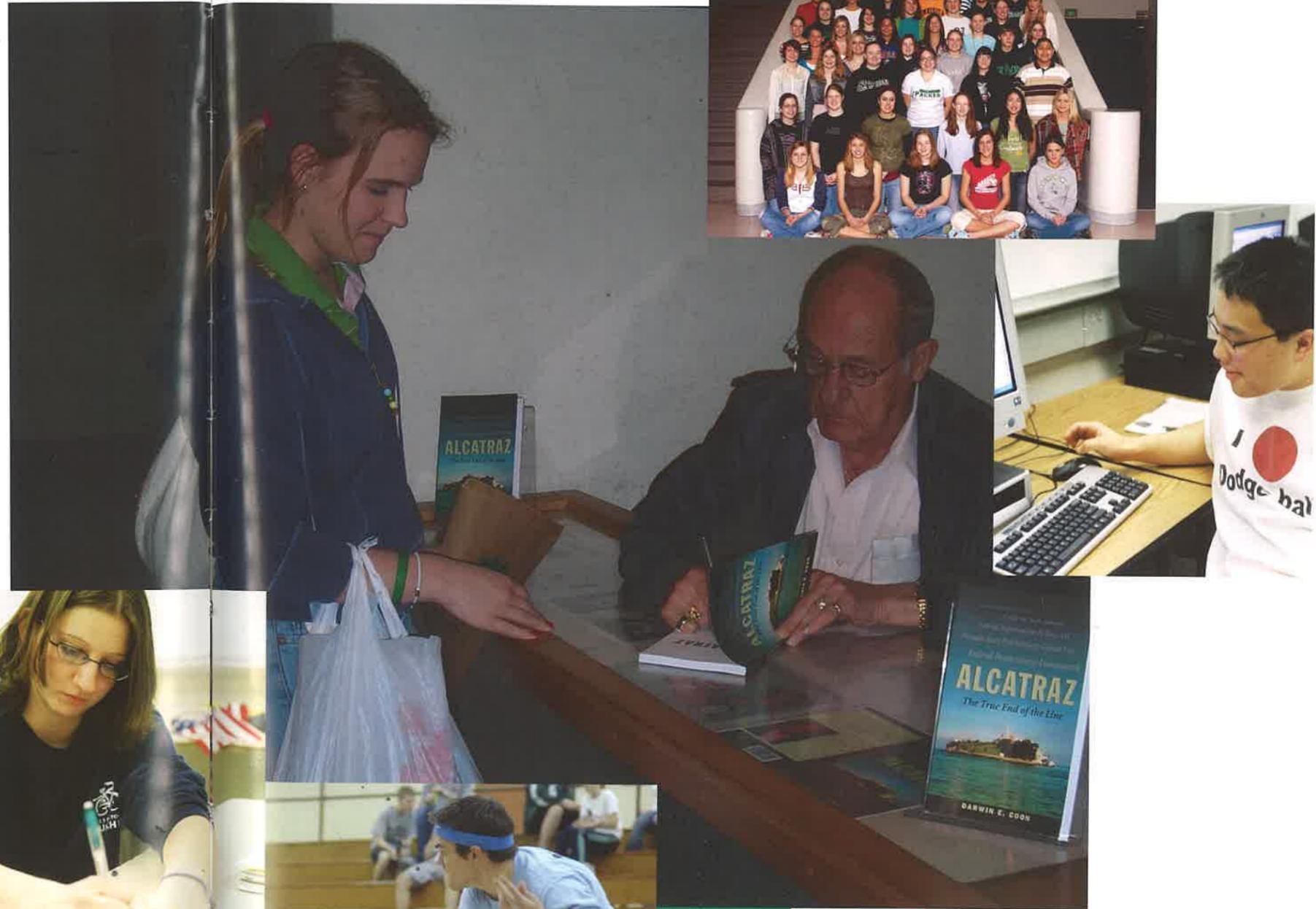
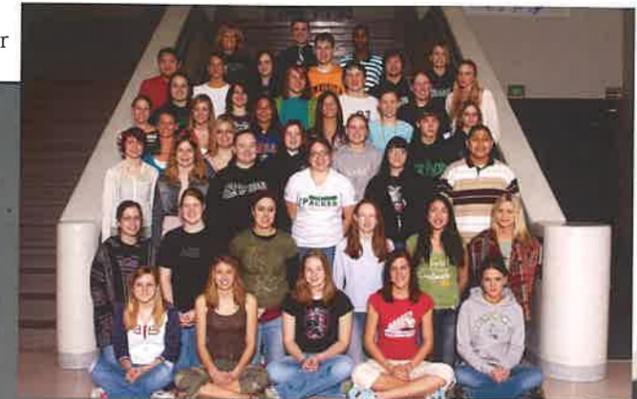
The staff may have many different and unique ways to choose their stories, but in the end, the staff pulls through with an amazing paper that the school can enjoy each month.

**-Ally McCracken**

*"[Newspaper is] made up of such an amazing group of people"*

*-Freshman Brittany Davila*

Newspaper



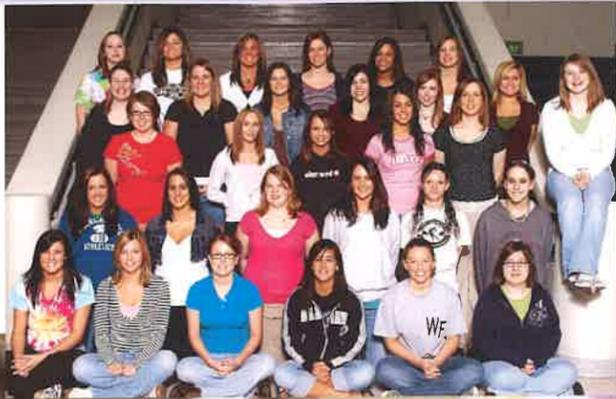
*This is so cool...*In San Francisco, junior Christi Hawley visits the Alcatraz prison while on a trip for Newspaper. "Alcatraz was amazing. It's so unreal to think it was a prison," Hawley said. (Photo by Toni Nelson)

*Dodge this!* At the dodgeball game between students and the referees, assistant newspaper adviser, Mr. Jeremy Murphy throws a ball. "The competition between teams and the crowd's reaction made it exciting," Murphy said. (Photo by Madison Nicholls)

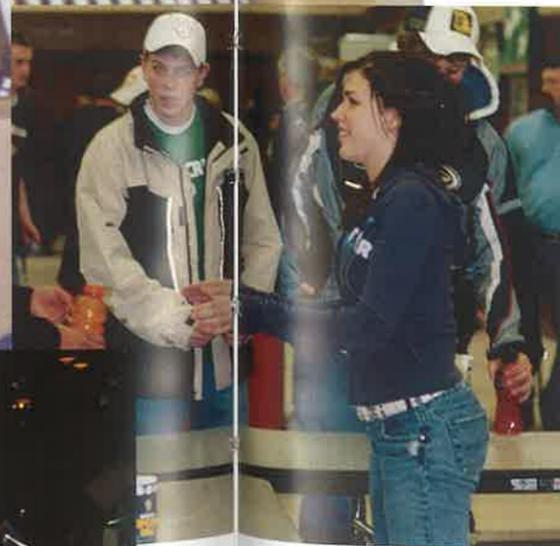
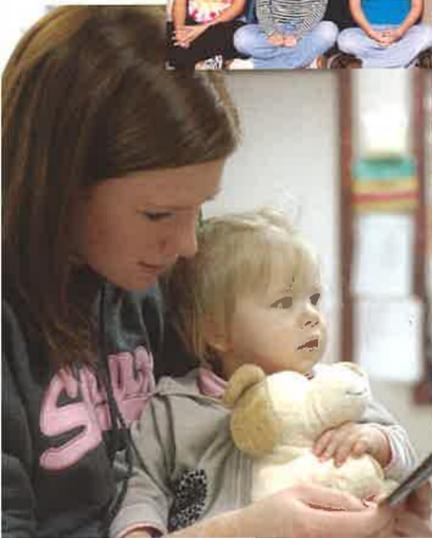
*This is hard work...*During a layout night, junior Tiffany Irving works hard on getting things done. "The best part about layout night is being able to eat and being with so many newspaper kids," Irving said. (Photo by Ashly Cofell)

*Computer brainiac!* During newspaper, senior Ellis Eid takes care of business. "Because of newspaper a student can really see their work pay off," Eid said. (Photo by Ashly Cofell)

*"With the photographs that take me back, Here in my book of memories..." -George Jones*



Yearbook



## Girls Get it Done Staff Provides Non-Bias Book

Sugar and spice and everything nice... that's what West Fargo's yearbook staff is made of. For the first time in over a decade, the publication has a staff composed entirely of girls. Sounds like things could get a bit catty, right?

Girls will be girls, but the staff's focus has not changed. "Girls are associated with drama, and it happens now and then, but it doesn't consume or interfere with completing the book," senior, head editor Madison Nicholls said.

Arguments do occasionally spring up, whether they are over tee-shirt designs or lyrics for the endsheets. "Coming to decisions is sometimes difficult, but that is an obstacle you face having any staff, co-ed or not," senior, copy editor Jen McCracken said.

Despite these obstacles, the ultimate goal of the yearbook staff is always to produce a book that represents the entire student body. With an all-girl staff, extra effort is put in to make sure both boys and girls will be happy with the end product. "I don't think it's girly because it's not all pink or all purple," sophomore Kimberly Stulken said. "The theme reflects both genders of students."

Just as a yearbook should, the staff believes the book encompasses the entire school year. "I think 'Untitled' reflects the school as a whole. It shows that the school is made up of unique individuals that come together to make West Fargo High School," McCracken said.

Instead of dissing and drama, cat fights and cold shoulders, the female members of the yearbook staff photographed and fought through, planned and pulled off a non-biased book through which both boys and girls can recall their good old high school days.

**-Emily Hartley**

*Here it is...* Looking through yearbooks, senior Amber Jerger finds one. "It is important to buy a yearbook because of the memories," Jerger said. (Photo by Madison Nicholls)

*Cute!* At layout, senior Aimee McEwen holds yearbook adviser Mrs. Meghan Brown's daughter, Ellie. "Ellie lightens the mood at layout," McEwen said. (Photo by Trisha McDonald)

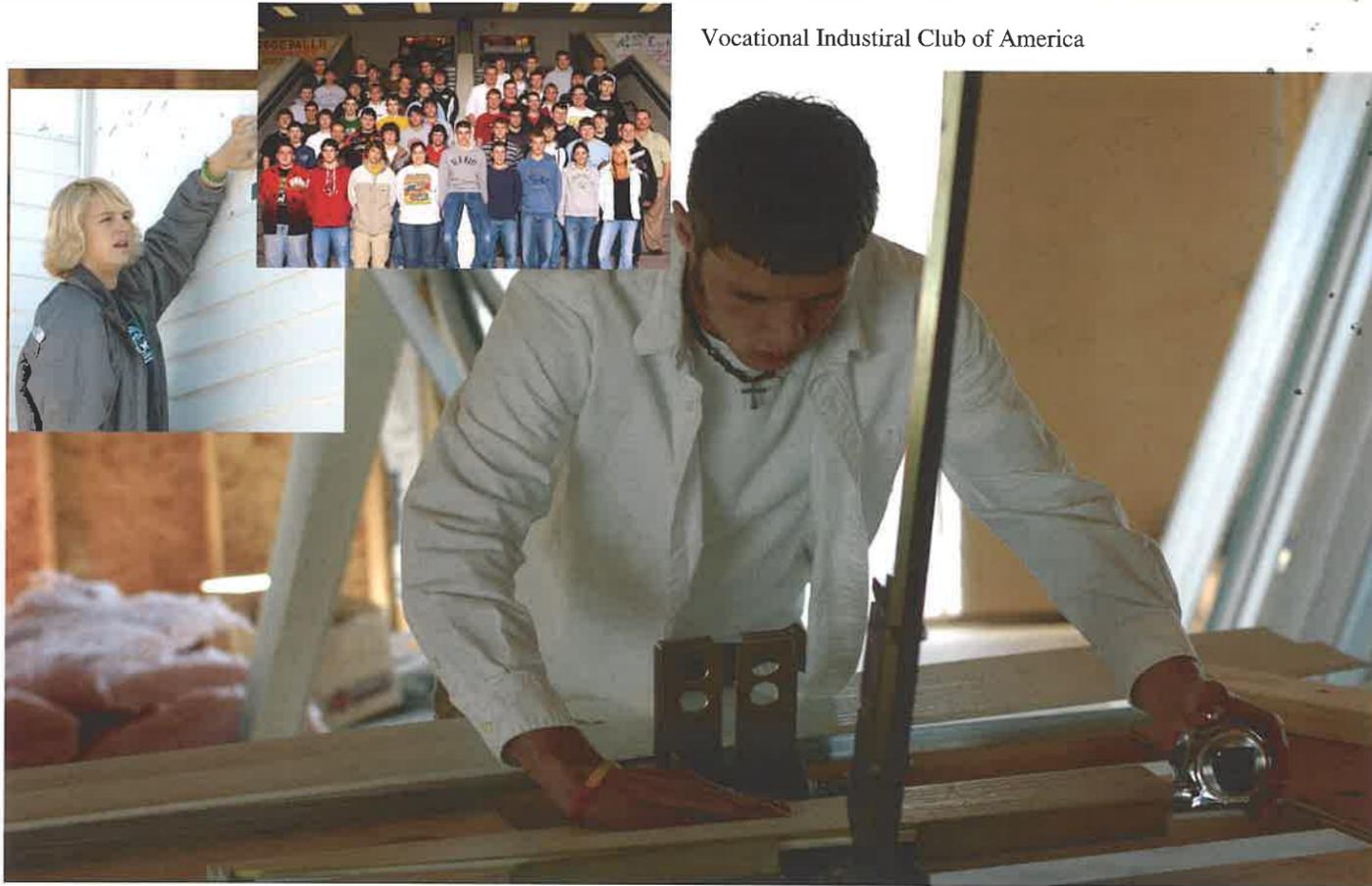
*On the lead...* In NYC, junior Ashley Helm and sophomores Maggi Nicholls and Emily Hartley take a break from their conference to race horses at ESPN Zone. "I liked going to Columbia University the most. The atmosphere on campus itself was amazing," Helm said. (Photo by Meghan Brown)

*Fundraising!* Selling concessions, senior Jessie Mattern helps a customer. "Fundraising is important! It takes money to make a quality yearbook," Mattern said. (Photo by Mark Brown)

*"It shows that the school is made up of unique individuals."*

**-Senior Jen McCracken**

*"I can ride, rope, hammer and paint, do things with my hands that most men can't..." Brooks & Dunn*



Vocational Industrial Club of America

## VICA Discounts Add Up Cheaper Parts Help Students Save Money

*Must be a straight line...* In Building Trades, senior Mike Jacobson makes a cut. "[The best part of VICA] is a hard working atmosphere with a crew that has a good sense of humor. It makes it easier to go to class," Jacobson said. (Photo by Angie Young)

*Hold it still...* While in Building Trades class, senior Brandon Kinzler helps out. "[I love] being able to build a house with your classmates, and how it also takes up two hours of your day," Kinzler said. (Photo by Angie Young)

The snowmobile belt snapped, the car muffler fell off and the lawn mower engine needs to be replaced before spring comes. The cost of mechanical repairs can get pretty spendy, however, students who are members of Vocational Industrial Club of America (VICA) have a slight advantage over the average consumer.

"At the beginning of the year, we pay a \$15.00 fee to receive a VICA membership card that we show at stores such as Quality Auto Body, and they give us a 10 percent discount," senior, VICA member Ben Anderson said.

The discounts are used by VICA members for a variety of different projects.

"My dad has a '57 Chevy, so we buy a lot of parts for that. I just got a '66 El Camino that is in storage now, but we are gathering parts for it. So the discounts help out a lot," senior, VICA member Victor Bryans III said.

Discounts are not used just for car parts but also for snowmobile and dirt bike parts as well. Snowmobiling is an activity that family and friends often participate in together.

"If a friend or my brothers need a part for their snowmobile, I can go and get it for them at a cheaper price," senior, VICA member Jeff Vance said. All in all, the discounts VICA members receive helps bring down the cost of activities for mechanical 'things'.

**-Jenell Lammers**

## TSA Students Compete Competitions Create Fun For Participants

Students involved in Technology Student Association (TSA) have the opportunity to participate in more than 60 competitions, leaving something for everyone.

Each student has his or her favorite area to compete. "My favorite things to compete are imaging and taking pictures," senior Carley Jameson said.

Some students spend hours working on TSA. "I usually work on TSA stuff after school for about an hour, almost any day that I don't have something going on," junior Tim Stulken said.

For many students, competitions are the best part of TSA. "I love competing. It's like spending all day making a present for someone and then watching them open it," junior Dustin Monson said.

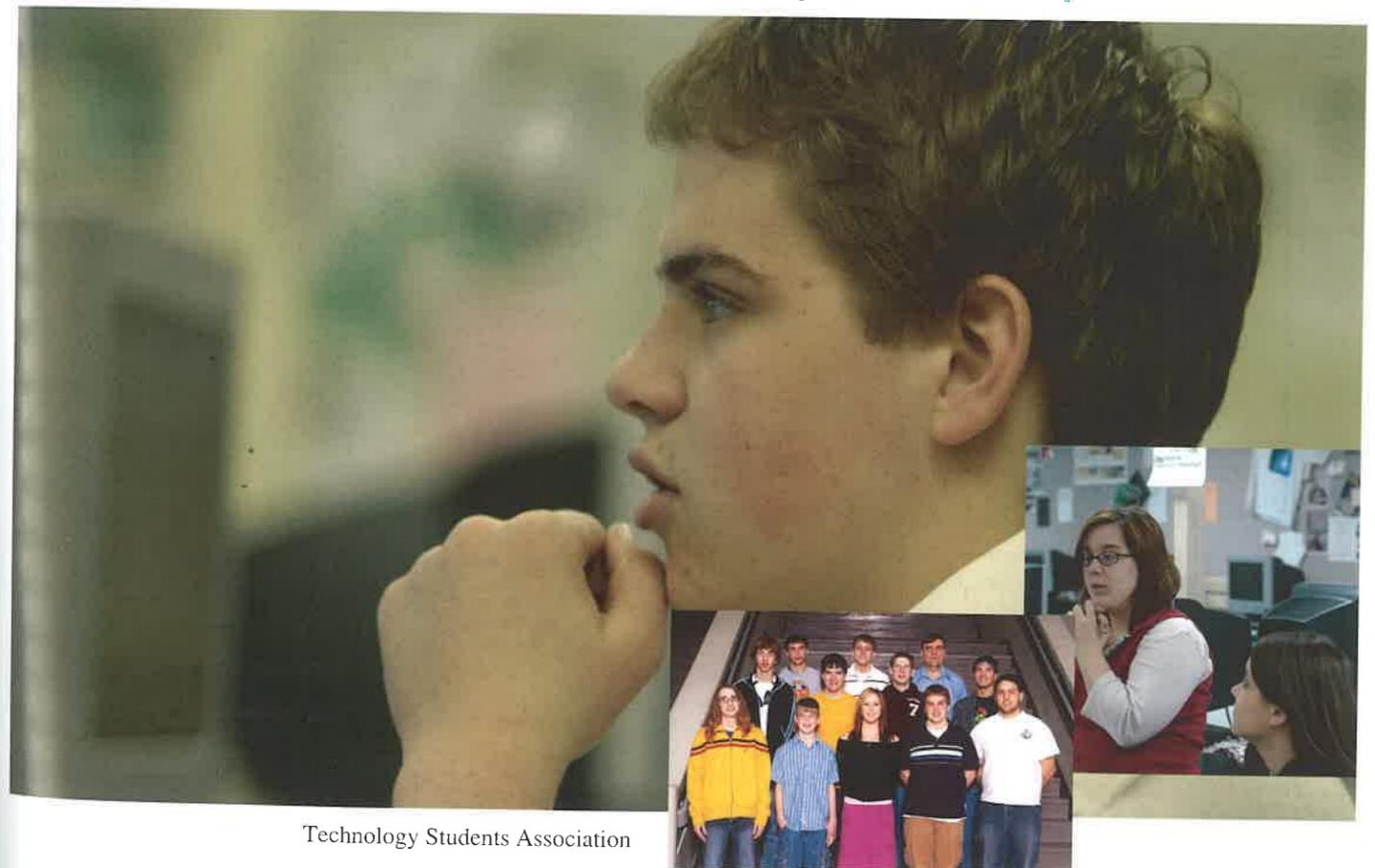
Competing can be easy for some. Monson shared what is involved in competing in Imaging Technology, a photography competition. "A prepared presentation of 15 pictures, plus the on-site challenge where you take pictures and then you create a slide show with those pictures," Monson said.

Some may think competitions are nerve wracking and technology is terrifying; the TSA students think of it as a hobby and have a great time doing it.

**-Kimberly Stulken**

*What to do...* While at a TSA meeting, junior Tim Stulken works on an upcoming project. "Being involved in vocational education classes caused me to become involved in TSA," Stulken said.

*That could work...* While attending a TSA meeting, seniors Kaylee Harles and Alexis Trauger discuss ideas for a competition. "Participating in State TSA last year was such a great experience," Trauger said. (All photos by Madison Nicholls)



Technology Students Association

*"My gift is my song and this one's for you, and you can tell everybody this is your song..." -Elton John*



Chamber Choir



Concert Choir

*Holy night...* The Concert Choir members sing away. "[I liked] the ending [of the Christmas choir concert] where everyone sang the 'Silent Night' song because it's my favorite Christmas song," junior Cassandra Patton said.

*Just smile...* A group of choir girls stand smiling away. "I love singing and being in choir is fun, but mostly I like doing concerts and performing for parents and all of our supporters," senior Shonna Davis said.

*Fa la la la ...* The Madrigal Singers perform a seasonal piece at the winter concert. "The best part of the concert is definitely caroling. You get to sing all the classic carols, which is fun," sophomore Jacob Bechtold said. (All Photos by Alyssa Jones)

## Sing Sweet Music Songs Fill Hallways

Loud humming, octaves and the sound of fantastic harmonizing are not uncommon sounds coming from the choir room. Wonderful notes can be heard all throughout the entire hallways of West Fargo High School.

While venturing the halls, no one should feel the need to cover their ears due to hideous notes being sung.

"Walking past, one should hear beautiful singing sounds, laughter, and people enjoying themselves," choir teacher Mrs. Sue Jordahl said.

Achieving those "beautiful sounds" is not always the easiest job to do. The choir schedule is made up of many exercises that are meant to get the students' voices prepared for the day's activities.

"We start by warming up, which involves some voice exercises. Then we will practice different pieces of music," freshman Emma DeJong said.

Picking the perfect pieces of music to sing is very crucial, but rewarding once the students master and look forward to singing.

"Mr. Mueller has a way of picking music that everyone can enjoy. There is always a challenge. He also goes through the meanings of the pieces and that makes us love and appreciate the music even further," senior Paul Neary said.

Though warming up is not always everyone's favorite activity, attitudes are always positive.

"I enjoy singing, and I like being in a class where other students have similar interests," DeJong said.

Due to the fun attitudes and great atmosphere, the possibility of students joining choir next year is high.

"I will definitely join choir next year," freshman Krisanne Reyerson said.

When strolling down the hallways, there should never be a moment when the thought of covering up the ears should happen. The sounds heard should always be "music to the ears".

**-Lindsey Levin**

*"Walking past, one should hear beautiful singing sounds."*

*-Mrs. Sue Jordahl*

*"We're gonna be the first band on the moon, breaking every rule that rings in tune..." - Sugarcult*

# Sound Inspires Music Engages Students

As a young boy stands for the National Anthem, he can not help but be distracted by members of the band. He is inspired by them. One day he hopes to play the National Anthem himself.

Band can become a very inspirational class for students, even if they join for a simple reason. "I joined band because it sounded fun," junior Emilie Lisburg said.

Others join because they wanted to learn to play a specific instrument. "I wanted to learn how to play drums," junior Nick Hanson said.

Playing music can teach students many lessons, and different ways to express themselves. "Different kinds of music express different kinds of emotions," junior Darren Spicer said.

Students in band stay inspired by learning the music. "It always gives you something to work for or toward," junior Marissa Harsch said.

The music itself can also inspire students. "Some music [inspires me], it depends on what the music is, said Hanson.

Being in band has given students a chance to play inspirational songs. "[The most inspirational song I have played] is 'God Bless America' in marching band, to remember the troops," Spicer said.

Spicer hopes to inspire others by playing music too. "Kids come up to me when we play at schools and they want to be in band because of me," Spicer said.

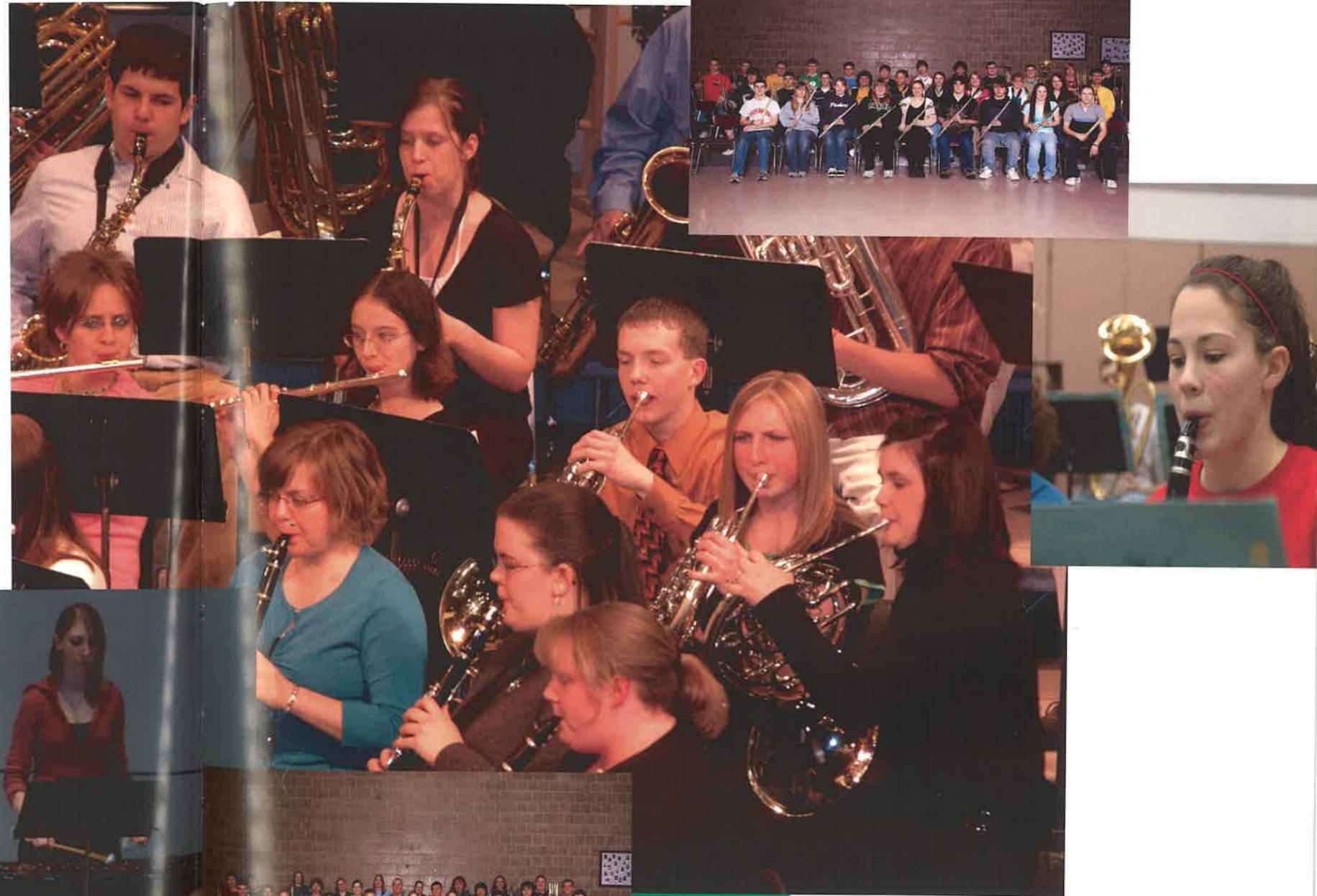
When the young boy entered sixth grade, he joined band, and continued through out high school. In high school his dream of playing the National Anthem final came true. He played the national anthem all throughout high school, and just like Spicer he inspired others to be in band also.

**-Kira Gilbraith**

*"Different kinds of  
music express different  
kinds of emotions."*

*- Junior Darren Spicer*

Concert Band



Symphonic Band

**And a 1, and a 2...** During a band concert, members of the symphonic band are playing to the beat, making the night worth while. "It's a fun experience. When you are in band you get to meet new people and become friends with them," senior Jessica Schufletowski said.

**Da, da, da...** At a band concert, Alison Jensen plays the xylophone. "I enjoy making a lot of friends in band. I also like the extra-curricular activities like percussion ensemble and jazz band," Jensen said.

**Concentrate...** During band class, sophomore Regina Doll practices her clarinet. "[I like] that I have a class with Whitney everyday and you never have homework," Doll said. (All photos by Alyssa Jones)

*"There's music in the air, news is in the making and music is in the air..."* *Jem and the Holograms*



Concert Orchestra



*"They really like me..."* After performing a piece during a concert, senior Brian Koenig and his fellow orchestra members receive applause from the audience. "I enjoy the recognition and the feeling of everyone enjoying the music they just heard," Koenig said.

*"Nice and slow..."* While performing at a show in the commons, senior Steffen Falde plays his featured solo along with other members of the orchestra. "I enjoy the violin and the music I get to play," Falde said.

*"Don't screw up..."* At an orchestra concert held in the WFHS Theatre, senior Paul Neary plays his violin in front for the audience. "My favorite part of orchestra is all of the seniors are so close," Neary said.

*"Music to your ears!"* During a concert in the commons, sophomore Karen Flesberg concentrates on playing her violin. "I like that orchestra is something different during the day, not just a class of worksheets," Flesberg said. (All photos by Alyssa Jones)



## Classical Music Creates Intelligence

According to Texas Music Educators Association (TMEA), students who participate in All-State ensembles consistently seem to score over 200 points higher on the SAT than non-musical students. This figure indicates that students can pursue excellence in music while also excelling academically.

Some orchestra students at West Fargo High agree with this statistic. "I think classical music makes you smarter because it works different areas of my brain, and it takes a lot of work to think about time signatures and tempo," sophomore Jaden Fedora said.

Orchestra requires a musician to challenge themselves in many ways. They have to watch the conductor, think about what the conductor is doing and change the way they are playing to match the conductor, read their music and actually play the notes they read. This is a lot for one brain to handle, and it does not stop until the piece is over.

Many students do not have an opinion on this particular topic. "I guess that I don't really know, maybe it is a developing, hidden super power or something," senior Leah Schmidt said.

Other students, however, disagree that listening to or playing classical music makes students more intelligent. "Classical music doesn't make you smarter. It just engages different parts of your brain which enable you to retain information," senior Paul Neary said.

Even some of the most dedicated musicians think this fact is a falsehood. "I practice three to four hours a day, and am involved in Honor Orchestras, private lessons, All-State, FM Youth Symphony but I still don't think it makes me smarter," senior Brian Koenig said.

Whether or not listening to classical music makes people more intelligent or if it is just a myth, orchestra students at West Fargo show dedication to their instruments.

**-Kim Stulken**

*"I think classical music makes you smarter."*

*-Sophomore Jaden Fedora*

"Ain't nothing like the great outdoors to ease your soul..." - Disney Sing Along Songs



Envirothon



## Natural Interest Members Prepare for Future

One day after school, Sarah says to her good friend Joe, "Will you come to Science Olympiad with me? I am sure you will like it, especially because of how much you enjoy biology class."

"Okay, I guess I could give it a try," Joe says. Due to the lack of interest in Science Olympiad, this is how many students get involved with the group.

Once they are at the meeting, everything changes. "I am very interested in the health sciences. There are also several events available which pertain to the health sciences," senior Melissa Gunderson said.

People enjoy Science Olympiad for completely different reasons. Some just like being around the people, and some enjoy the technicality of the group. "I enjoy being able to build machines and use my hands," senior John Baumgartner said.

All of the members can agree that being a part of Science Olympiad is definitely worth the time that they put into it. "Science Olympiad is a great organization to be a part of," senior Elizabeth Pederson said.

After his first Science Olympiad meeting Joe is really glad that he went. "Thank you for inviting me Sarah. I truly had a great time," Joe says.

"You are very welcome. I am glad that you enjoyed it," Sarah replies.

**-Andrea Hummel**

**Crush, crush, crush...** While braking up particles in a jar, freshman Sam Barentsen laughs with a friend and enjoys Envirothon. "I joined Science Olympiad because a friend told me about it and it sounded interesting," Barentsen said.

**Determination 101...** While putting together a Lego model, in a science lab, senior Jason Zurn creates a scientific masterpiece. "Science Olympiad gives me a chance to relax and do what I enjoy," Zurn said. (All photos by Ashly Cofell)

## Weather Restrains Practice Envirothon Finds Ways to Prepare for Competitions

**Too many tools!** During an envirothon meeting, juniors Michelle Harviell and Melissa Parsons sorts out tools for one of their group's projects. "I am the soils expert [in my group]," Parsons said. (All photos By Trisha McDonald)

**Envirothon takes a lot of thinkin'!** At an Envirothon meeting after school, sophomore Ashley Koskela plans her group's project. "I am the forestry specialist in my group, the chimpangas," Koskela said.

Walking down the hall on a Wednesday afternoon, the echo of bird calls may be heard from Mrs. Sara Forness' room. During the long winter months, Envirothon members are forced to resort to other ways of preparing for spring competitions while the weather outside is blistering cold.

Various indoor activities aide the members in preparation for the competition season. "We listen to recordings to practice identifying birds by their calls," junior Peter Quinn said.

Envirothon members also take advantage of local resources to help prepare for competitions. "At NDSU they have stuffed birds and animals, and we go through and try to identify them with an expert who tells us what distinguishes each bird or animal," junior Emilie Lisburg said.

Although Envirothon members find many alternatives to continue preparing for competitions throughout the winter, the weather in the spring is not always consistent for competitions. "I am hoping it doesn't rain," senior Jason Zurn said.

All in all, the weather of North Dakota has a huge impact on the Envirothon club. However, the members have met the challenge of finding other ways to work around the weather's impact.

**-Jenell Lammers**



Science Olympiad

# "I pledge on my honor to uphold the objects of Key Club International..." Key Club Pledge



Key Club



## Bells Bring Cheer Key Club Rings for Charity

A squeaky, half-full cart was pushed through a crowded Sun-Mart while a shopper searched for holiday treats. A faint ringing of bells through the store that reminded her Christmas was only one week away.

The bells that shoppers heard throughout Sun-Mart during the holiday season were the bells being rung by West Fargo Key Club to raise money for the Salvation Army. Key Club has rung bells at Sun-Mart with the Kiwanis Club for a few years as one of their many volunteer activities. Students that chose to ring bells could choose from various two-hour shifts during the weekends before Christmas.

Students really enjoyed the happiness brought by ringing bells. "My favorite part of bell ringing is seeing first hand the kindness of strangers, being able to see how excited the kids are to put money in and seeing the smiles on the kids faces," senior Elaine Burchill said.

Students found many fun ways to pass the time as they were ringing bells. "We were going to make up songs, but it didn't work because we were really bad at it, so we made conversations with the people who walked by," freshman Charlee Lakoduk said.

Students have even figured out the best ways to get people to donate money. "The best way to get people to give money is to be friendly and have a smile on your face. They don't want to be intimidated into donating their money," senior Melissa Gunderson said.

A squeaky, half-full cart was finally pushed out the doors of Sun-Mart by an eager shopper. As she left, she noticed some joyful high school students ringing bells and realized that was where the ringing she heard was coming from. She smiled as she donated some change.

-Abby Paul



*Making it pretty!* At a Key Club meeting, freshman Abby Paul glues a Valentine, which will brighten someone's Valentine's Day. "Helping others is one of my favorite things," Paul said. (Photo by Trisha McDonald)

*Be mine!* While at a Key Club meeting, seniors Elyse Porter and Brynna Trowbridge brighten someone's day with valentines. "The most rewarding part of Key Club is knowing that by doing a little volunteer service, you're benefiting someone in some way," Trowbridge said. (Photo by Trisha McDonald)

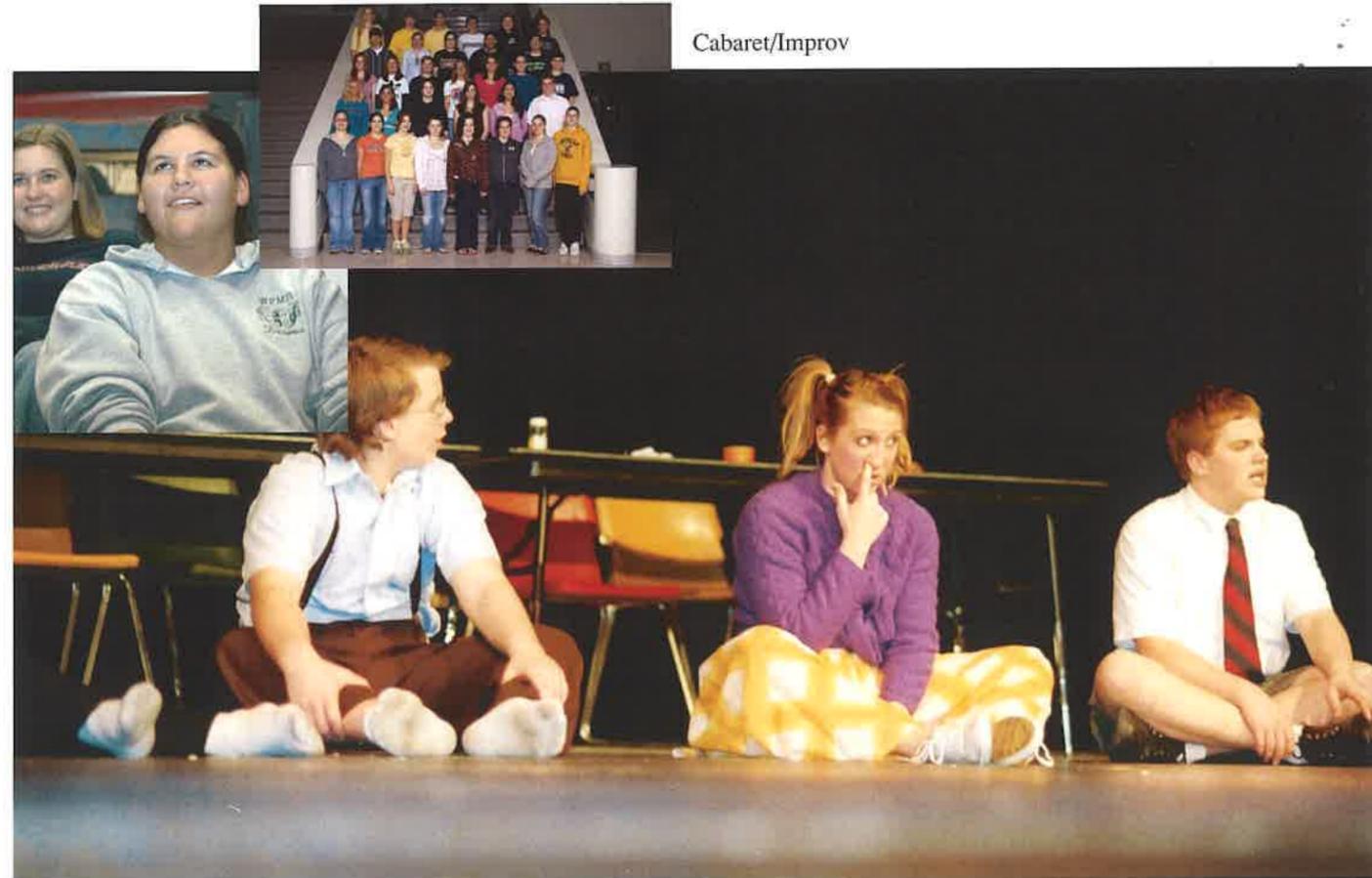
*That's touching...* At Key Club, seniors Melissa Gunderson and Elaine Burchill support new ideas. "The thing I enjoy most about Key Club is getting to help the school and community through volunteer activities," Gunderson said. (Photo by Ashley Helm)

*Glitter, Glitter, everywhere!* During a Key Club meeting, senior Trina Butler works on a card being made for the elderly at the VFW. "It's always nice to help someone else," Butler said. (Photo by Trisha McDonald)

*"...be friendly and  
have a smile on your  
face."*

-Melissa Gunderson

"...I found the recipe for creativity. Put all you've got, then add some heart..." -Natasha Bedingfi



Cabaret/Improv

## Modern Ways of Inspiration

### Finding New Perspective in Comedy

*Easily Amused...* During a Cabaret performance, is sophomore Rebecca Pegg. "I went to a [Cabaret/Improv] show and thought it would be fun to act, direct and write scenes. It is a blast and anyone should join," Pegg said. (Photo by Madison Nicholls)

*Whose line is it anyway?* During Improv practice, junior Brenna Ashburn watches members perform. "Improv is THEE best thing since the photo copier machine," Ashburn said. (Photo by Trisha McDonald)

Everyone laughs at the comedic shows these talented writers create, but where do members of cabaret and improv find their hilarious ideas?

Cabaret writer, sophomore Jessica Ballou revealed some of her secrets. "I find ideas from] movies and funny celebrities that do stupid stuff. I write about whatever I find funny," Ballou said.

Looking at writing from a different perspective, one writer finds that being silly on stage as well as off stage brings about many ideas.

"The other officers and I usually come up with ideas for improv when we are hanging out together. Ideas just pop into our heads when we are just being silly," junior Stephanie Cwikla said.

Some writers have even considered putting these creative writing skills to work in the future, whether it is a college career or a job opportunity.

"I have thought about it but there are many different things I could go in to, so I really don't know," freshman Eric Halverson said.

The ideas from the writers are never the same; each brings forth entertainment for the school crowd, which makes for a wonderful show.

-Charlee Lakoduk

## Defying Misconceptions

### Art Club Does Not Just Paint

The yellow brick road, a massive castle, gigantic trees and tiny houses are all part of something that makes a play fun to watch. Having a great set creates a mood and sparks the imagination. Getting a perfect background is all up to the Art Club.

Creating set related items, such as a house or a tree, is not a one-hour project. "We typically go in on Saturdays in four-hour shifts," sophomore Samantha Magnus said.

After all the hours have been put in and everything seems perfect, it is time to see the set in use. "I think it's cool to see our work on stage because we spent a lot of time working on it," junior Darren Spicer said.

Getting the reward of seeing their work on stage and enjoying each other's company, Art Club members recall their reasons for joining. "I joined Art Club because I love art, and because it helps the school," Magnus said.

Taking time out of today's busy schedule is not easy, but members find it worth it when they do. With great memories, they are always eager to spread the word about Art Club. "Art Club is fun, and everyone should join," junior Sam Pilch said.

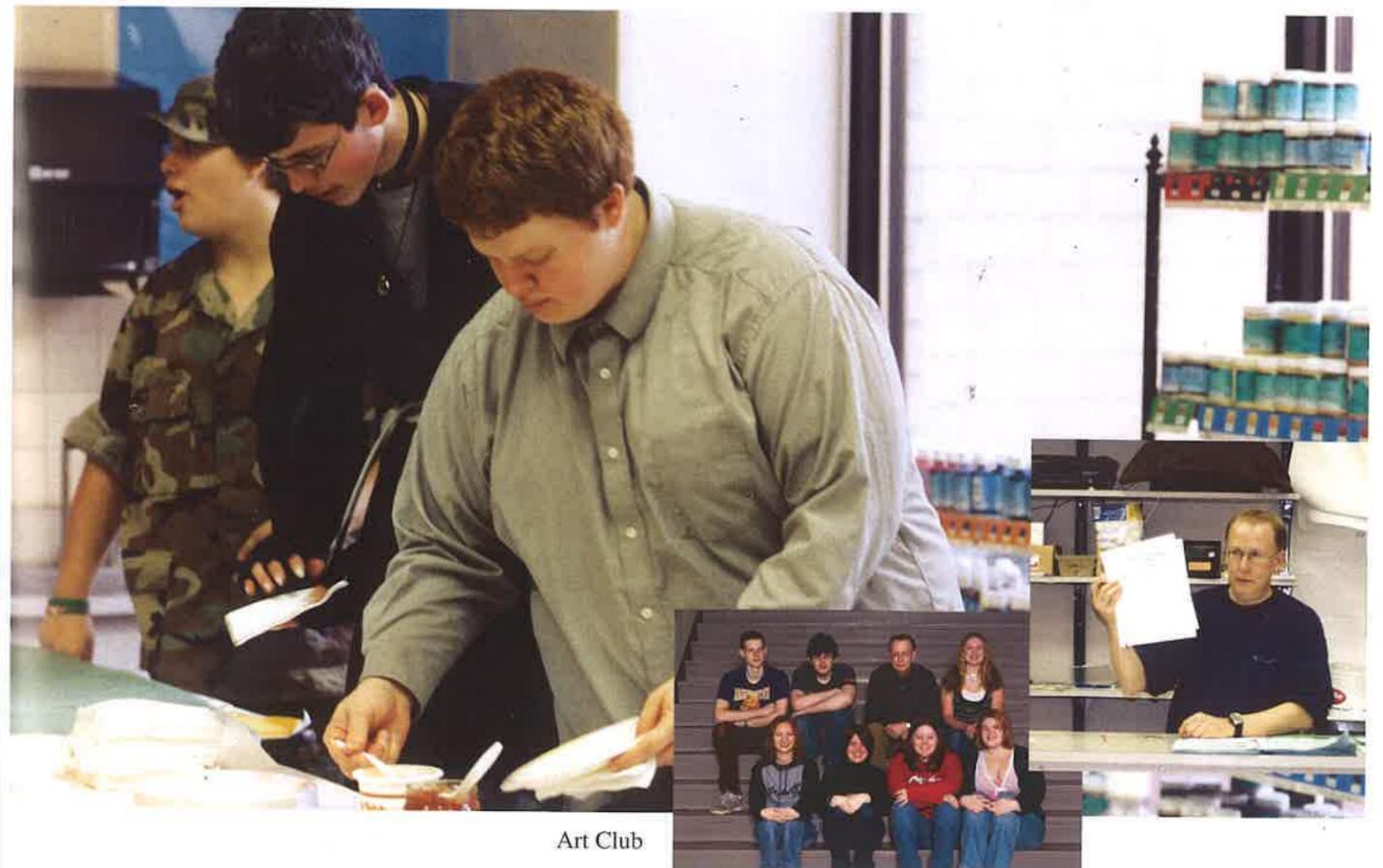
After watching a play, it is obvious that painting a leaf, house or castle is not an easy task, and that the production would be nothing without the fantastic set.

-Lindsey Levin

*And on today's agenda...*

During an Art Club meeting, senior Chad Keplin gets some food during the Halloween Party. "I wish to encourage everyone interested in art to sign up and join Art Club," Keplin said.

*Time to get started...* While advising his students, art teacher Mr. Larry Anderson explains the agenda for the day. "[Art Club] is a great way for students to express themselves creatively and socially," Anderson said. (All photos by Ashley Davidson)



Art Club

*"Here to lend a helping hand, come a little closer now see it in their eyes..." Backstreet Boys*



National Honor Society



## Kids Saying No D.A.R.E. Makes Impact

What do National Honor Society (NHS), fifth graders and saying no have in common? They are all aspects of the D.A.R.E. Role Model program that focuses on helping kids make good decisions about the pressures they may come to face as they get older.

NHS is known for its great ability to help out the community, and D.A.R.E. Role Models is one of the favorite activities they participate in. "I remember D.A.R.E. Role Models coming to my school and how much I appreciated them talking to us and answering our questions about high school," junior Blaine Beam said.

The students that are chosen go to elementary schools around the area and answer any questions the fifth graders may have. "We get asked anything from 'what's your favorite color?' to 'have you ever been asked to do drugs?'," junior Jessica Roth said.

The NHS members give a more realistic view of what high school is like. "I think it gives them information they feel they can't just ask anybody. We let them know how drugs and alcohol are dealt with in the high school," junior Ashley Helm said.

Overall, D.A.R.E. Role Models is a great program that encourages young students to stay drug and alcohol free. It helps them understand more about high school, answers any questions they may have and makes an impact that may lead them to make the right choices for the rest of their lives.

**-Dani Mehus**

*"We let them know  
how drugs and  
alcohol are dealt with..."*

*-Junior Ashley Helm*

*Note for Joe!* While campaigning at State NHS, juniors Jenna Poppenhagen, Madeline Bailey and Ashlee Morrow encourage others to vote for Joe. "At State I got to know everyone so much better as we learned together," Morrow said. (Photo by Ashley Davidson)

*This Way!* NHS President Melissa Gunderson directs others to the right place. "At NHS we try to keep a good balance between activities for fun, fundraisers and community service," Gunderson said. (Photo by Ashley Davidson)

*She Did Not Just Say That!* At a NHS meeting, senior Ingrid Scantlebury chats with a fellow senior. "NHS is a good program because it recognizes those who excel academically," Scantlebury said. (Photo by Trisha McDonald)

*Mmm...* While looking over other candidates posters, seniors Dan Savage, Tom Bishoff and Elyse Porter contemplate who to vote for. "[To campaign for Joe] we made posters and fliers plastered with 'JOE'," Savage said. (Photo by Ashley Davidson)





*Love you man!* During the Dodgeball Tournament, juniors Brian Heinz and Alex Olson celebrate after a huge win. "[Dodgeball] was a fun time to be with friends, plus we got to throw balls at each other," Heinz said. (Photo by Madison Nicholls)

*Chess...* While posing for their fans, seniors Brandon Reber, Matt Kulesa, Luke Aanenson and Tyrel Thorson show off their muscles. "We painted ourselves because we wanted to be warriors against South, anything I can do to make them fear the Packers I will do," Aanenson said. (Photo by Ashley Davidson)

*Announce it already!* While waiting for the announcement of the winner, the participants in Idol at the Pep Rally stand in anticipation. "It was really awesome when everyone screamed for me, especially the girls," Millar said. (Photo by Alyssa Jones)

*Go get it!* During an away game against Fargo North, seniors Nikki Herte! and Kayla Huso rush after the ball to stop their opponent. "It is each individuals effort that helps the team as a whole," Huso said. (Photo by Ashley Davidson)

*What is this?* While taking a break from teaching, Mr. Jay Gibson and Mr. Chuck Gad concentrate on their task. "The kindness and generosity the faculty and students showed my wife and I during her illness was a touching memory to be left with," Gad said. (Photo by Amber Jerger)

*Neck and Neck...* At the start of over time at Fargo North, senior Marcel Green tries to win the tip-off. "The seniors on the team were leaders, role models and fun to be around," Green said. (Photo by Trisha McDonald)

*Au-revoir*

*The End*

*Goodbye*

*Organizations*

*People*

*See you later*

*Closure*

*Man I don't know where the time goes, but it sure goes fast.*

*- Kenny Chesney*

*Adios*

*Sports*

*Month-by-Month*

*Student Life*

*Farewell*

## "We will always be together"

- Grease

*Untitled* means nothing, yet everything. These school days came and went in a flash. The only way to describe this crazy and amazing time is to go with the plain word *Untitled*. The lyrics running across the top of every page, describing every activity, organization and sport, connect the whole book together with an undefined pattern. One lyric would not be able to capture the entire year as a whole. Looking back on the last nine months, to our 'underdog' football team overcoming obstacles to give West Fargo an exciting season, to the back-to-back Class of 2006 PowderPuff champions, to the countless late nights, to cheering at the sporting events, to the friends we've made and kept, this school year was one to remember for decades to come. With the closing of the 2005-2006 school year, we will look back with fond memories of our days in high school. Some may relate certain days and events with particular songs or lyrics. A bad day, a break-up, a beautiful day or even just a plain, old boring day can be described and tagged to a song of some sort or genre. So with all that said, "I hope you had the time of your life."

**-Ashley Davidson**

### Angie Young



We love you!  
Mom, Dad and Derek



### Andrea Hummel



Congratulations!  
We Love You!  
Mom, Dad, Alyssa and Rachel

### Krista Jones

I'll love you forever,  
I'll like you for always.  
As long as I'm living,  
My baby you'll be.



Love ya -  
A Bushel  
&  
A Peck!  
Mom



### Ashley Denne

Congratulations -  
"Seems like only  
yesterday..."

Love,  
Mom and Sarah



### Cody Matzke

Congratulations Cody!



Love,  
Mom, Dad and Amy

### Ben Wolden



Love,  
Mom,  
Dad,  
Miech,  
and  
Kory

Congratulations! You've  
Made Us Very Proud of You!

### Aimee McEwen



Congratulations!  
Your academic and athletic  
accomplishments have  
made us proud. We love  
you!

Love, Mom, Dad  
and Jessica

### Colin Gatz



Congratulations  
and We Love You!  
Mom, Carly and Kelsey

### Laura Cronin



Congratulations,  
We Are So Proud of  
You!

Love, Mom, Dad, Brian and  
Justin

### Amanda Hought

Congratulations!  
We are so proud  
of you!

Love,  
Mom, Jeff and  
Megan



### Brynna Trowbridge



Congratulations,  
Honey!  
We Will Love You  
Forever!

Mom & Dad

### Brandon Reber



Congratulations  
Brandon!  
We Love You Very  
Much!

Love,  
Mom, Dad, Jared,  
Tanner and Casey

### Jill Kussatz



Congratulations Jill!  
Love, Mom and Dad

### Jonathan Vannett



Keep seeking the Lord!  
Psalm 119:9  
Dad, Mom, Aaron

### Brianna Sorlie

From Dolls  
To Diplomas...  
Way To Go  
Brianna!

Love,  
Mom, Dad,  
Carmel and Miranda



### Jacob Doggett

Good Job,  
Jake-Dog!

Kenny, Julie, Sadie



### Holly Knutson



Holly,  
We Love You!  
Mom & Dad

### Kelsi Wollitz



Congratulations Kelsi!  
Love Ma, Mom, Dad,  
Kristi, and Kacie

### Emily Johnson

We Love  
You Always!

Mom, Dad  
and Paul



### Chelsie Peters



Chelsie, you are our "Sunshine girl," you have always been the ray of sunshine in our lives.

Congratulations and always stay

as sweet and kind as you are. We love you very much, and we are so proud of your achievements.

You will always be our "lil pee wee!"

*Love you always,*

*Mom, Dad, Brian, Daniel, Chelsi, Tori, Elijah & Dsaiah*

### Jen McCracken



Keep Smiling Jen

*Love, Mom and Dad*

### Mihailo Vasiljevic

Congratulations and Good Luck!

*Love, Your Family*



### Preston Bucholz



Congratulations! We love you!

*Mom, Dad, Blaise, Britny*

### Whitney Reyerson



Good Luck at UND

*Love, Your Family*

### Kelsey Lund



We're proud of you!  
*Love, Mom, Dad, Nels and Garrett*

### Nick Berlin



We are so proud of you!  
We love you!  
*Mom and Dad*

### Josh Issertell



Congratulations Izzy!  
I'm So Proud of You!  
*Love, Mom*

### Justin Ragan



Congratulations and Good Luck at UND  
*Love, Mom, Dad and Brittany*

### Luke Zahradka



We are proud of you!  
Congratulations!

*Love, Mom and Dad*

### Jordan Andersen



Jordan - Congratulations!  
No more clowning around!

### Tom Bishoff

When You Were Small, You Would Dream of Football



*Love, Mom and Dad*

### Madison Nicholls



Don't Worry, Be Happy!

*Love ya babe! Mom, Dad, Mags, and Milly XO XO*

### Ingrid Scantlebury



Congratulations, Punkin!

*Love, Mom and Dad*

### Anna Kiefer

Congratulations! We Love You!

*Mom, Dad, Abby and Jacob*



### Ashley Davidson

Congratulations and Best Wishes!

*Love, Mom, Dad and Matthew*



### Tyrel Thorson



Congratulations Ty!  
*Love, Mom and Dad*

### Sadie Mathson



Congratulations! We Love You!  
*Mom, Dad and Scott*

## The 2006 Senior Boys Hockey Players

Garison Hoovestol

Kody Jacobsen

Scott Stavedahl

Chris Harris

Jason Bond

Colin Guidinger

Dereck Mattson

Steven Burdick

Josh Issertell

Darek Knaus

Tyson Morlock

Brady Houkom

Mitchell Jore

Jeff Vance

Shane Erdmann

Your dreams and plans will always be great,  
Because you learned how to skate.  
You played a sport and learned the rules,  
And always went to school.  
The seasons on the ice went by so fast,  
But you made friends that will last.  
When you put on a shirt and tie,  
May it be with PRIDE  
That you remember your days at West Fargo High.



*Best of Luck!  
From all the members of your Packer Hockey Families.*

### Robyn Stromberg



Congratulations  
Robyn!  
We Love You!  
*Mom, Dad, Jack,  
Faye and Mini*



**Jessie Mattern**  
Congratulations  
to our  
"Lady in Red"!  
*Love,  
Mom, Dad and  
Annie*

### Kyle Walerius and Elyse Porter



The billboard was too expensive so this will have to do. Congratulations and best wishes, we're proud of both of you!

### Whitney Althoff



Congratulations,  
We Love You!

*Mom, Dad and  
Austin*

### Miranda Utter

Congratulations!  
We Are Very  
Proud of You

*Love Mom, Dad,  
and Jill*



### Colophon

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Good Luck  
Yearbook Seniors!  
You Will Be Missed!  
*From the Yearbook Staff*



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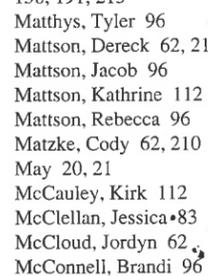
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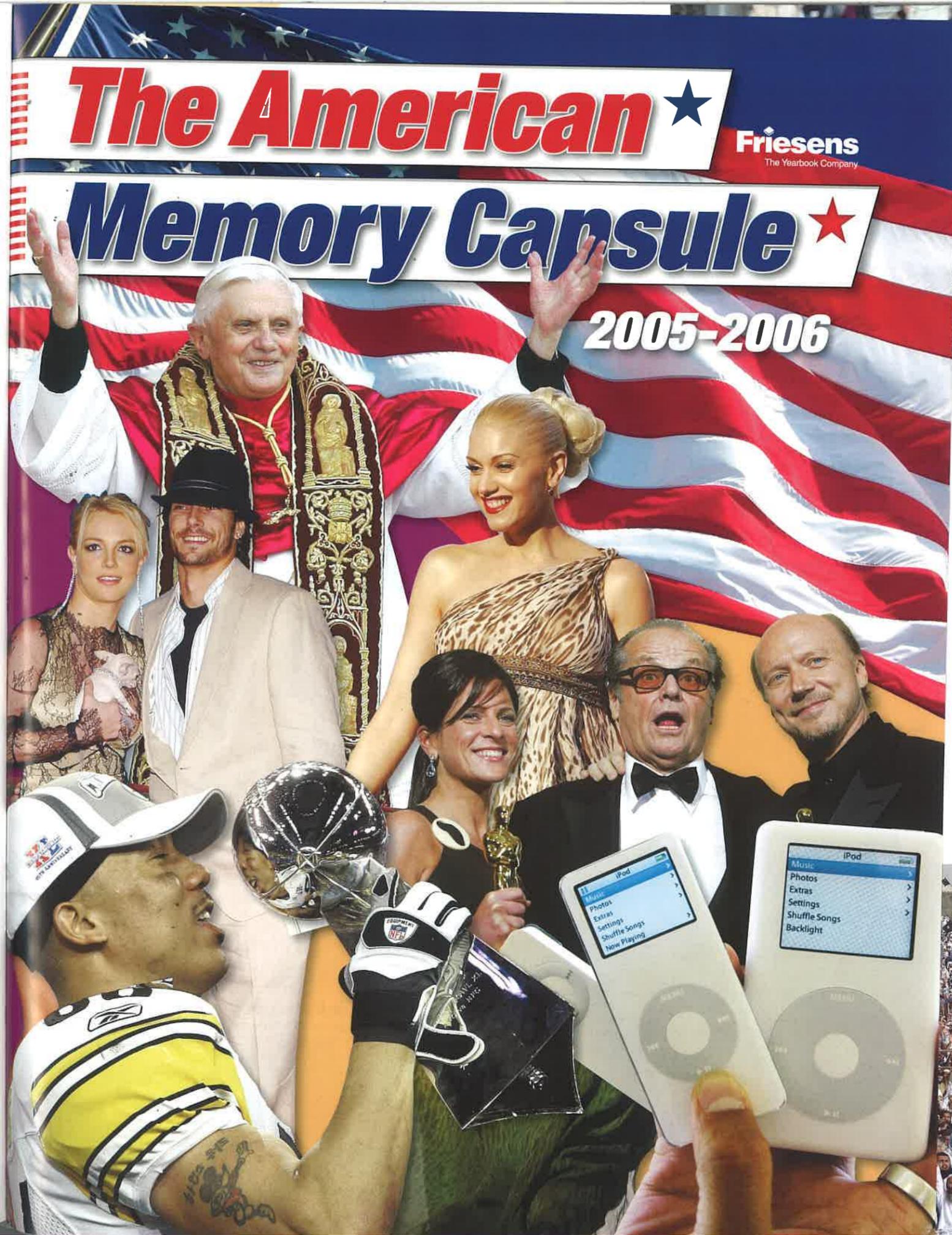
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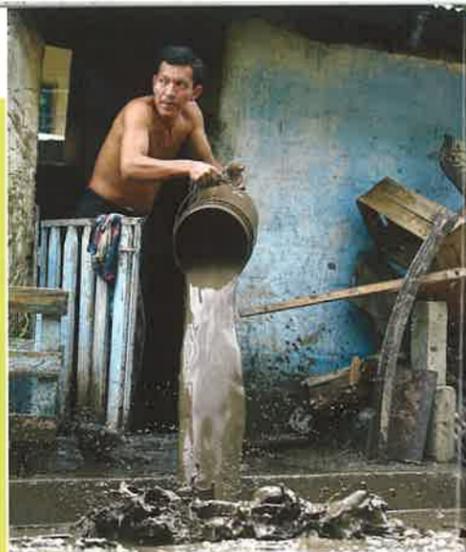
# Memory Capsule ★

2005-2006





▲ **UNDERGROUND TERROR.** London's busy transit system came to a standstill when three bombs exploded on the Underground and a fourth blew apart a double-decker bus. Two extremist Islamic groups claimed credit for the 56 dead and more than 700 injured. Three of the four bombers, who all died in the attacks, were homegrown, not foreign militants. Two weeks later, a second wave of attacks failed and British police quickly made four arrests. The manhunt continues for co-conspirators. (Dylan Martinez/AP)

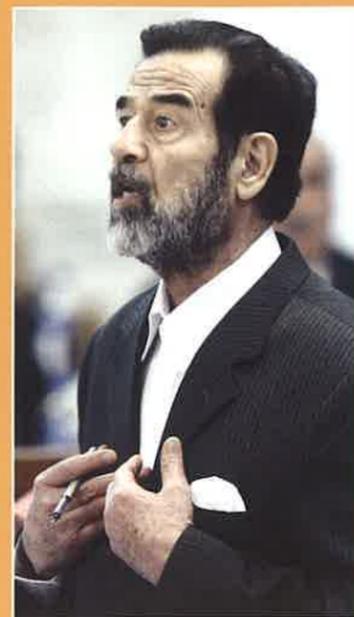


▲ **NATURE'S FURY.** After making landfall, hurricane Stan's torrential rains caused massive mudslides in the highlands of Guatemala. Entire villages were engulfed, in effect becoming mass graves. In all, hurricane Stan left about 1,300 people dead in Central America and thousands homeless. (Kent Gilbert/AP)



▲ **BREAKING THE MOLD.** Angela Merkel (above with Bono), leader of the Christian Democratic Union, became Germany's first woman chancellor. Her achievement was also notable in that she is an Ossi—someone from the former East Germany—in a political system traditionally dominated by West Germans. (E.T. Sivadillo/World Economic Forum/KRT)

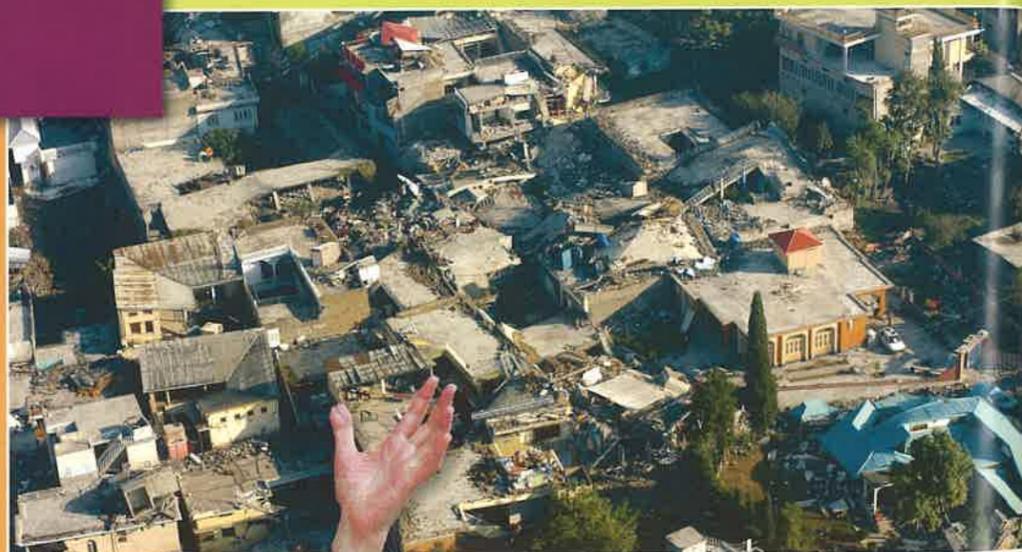
► **TURBULENT TIMES.** In Baghdad, deposed dictator Saddam Hussein appeared before the Iraqi Special Tribunal on charges of crimes against humanity. Still, some observers questioned whether the proceedings amounted to anything more than a show trial—a point Saddam tried to make with his constant disruptions. Meanwhile, Iraqis held their first general election under a constitution that they themselves had written. But the resulting coalition government was fragile and fighting in some parts of Iraq was so fierce it raised the specter of civil war. (Parag/Alex Press/KRT)



▲ **BIRD FLU MIGRATION.** Although millions of birds were culled to try to eradicate the H5N1 strain of avian influenza, it continued to spread throughout Asia—and on into Africa and Europe. The flu also killed more than half of the people who were infected, probably from close contact with diseased birds. Scientists feared the virus could mutate into a form easily passed among humans, unleashing a global pandemic. (Greg Roban/AP)

# World

▼ **MAKING HIS MARK.** Joseph Cardinal Ratzinger is the first German pope since Hadrian VI in 1523. Even so, some Germans had reservations about a hard-line conservative as spiritual leader of the world's one billion Roman Catholics. But other Germans saw his election as a national honor and gave Ratzinger, who assumed the name Benedict XVI, a hero's welcome when he made his first trip as pope to Germany for World Youth Day. (Lawrence Zolotor/Alexis Press/KRT)



▲ **AFTERSHOCKS.** A massive earthquake rocked the Kashmir region bordering Pakistan and northern India, killing more than 73,000 and leaving some three million homeless. With aid efforts hampered by the remoteness of the mountain region, relief workers feared the death toll would continue to mount long afterwards. (Timothy Smith-U.S. Navy/KRT)



### ► 'IT'S GREAT TO BE ALIVE.'

Even after he was rescued and back home on Canadian soil, James Loney (right) said he could hardly believe everything that had happened. Four months earlier, he and three other members of an international Christian aid organization had been kidnapped in Baghdad and held by a group that threatened to kill them unless Iraqi prisoners were freed. The body of one of the hostages, American Tom Fox, was later found, but the fate of the other three was unknown until a tip led a team of British and U.S. soldiers, Royal Canadian Mounted Police officers and members of a Canadian special forces unit to an unguarded house. There they found Loney, fellow Canadian Harmeet Singh Sooden (left) and Briton Norman Kember, who were in chains, but otherwise okay. (Christian Peacemaker/AP)



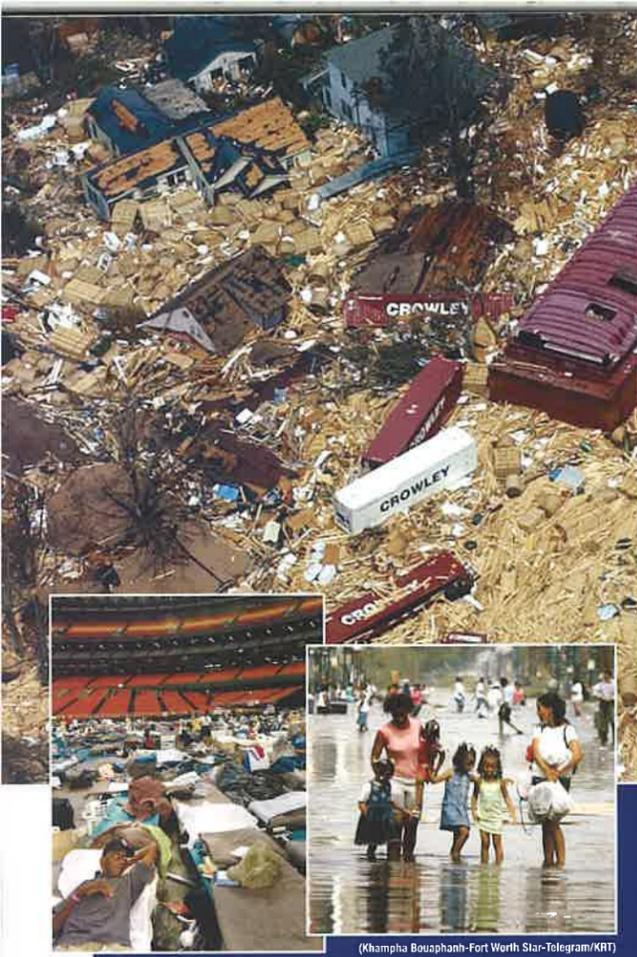
◀ **SOME PEOPLE COLLECT STAMPS.** British adventurer Steve Fossett has set world records in mountain climbing, sailing, hot-air ballooning and aviation. He added No. 110 to his collection—the longest flight by any aircraft—by piloting the Virgin Atlantic GlobalFlyer over 26,389 miles in 76 hours 45 minutes. (Terry Renna/AP)

▼ **NO LAUGHING MATTER.** When a leading newspaper in Denmark published 12 editorial cartoons that violated the Islamic prohibition against depicting the Prophet Muhammad, Danish Muslims objected. Told it was a free-speech issue, they sought support in the Middle East. From there, the local controversy morphed into an international incident as Muslim outrage spread across the Internet—and spilled onto streets around the world. The cycle escalated as more publications in Europe and North America reprinted the cartoons, boycotts were mounted, ambassadors recalled, and protests in some parts of the Muslim world were so violent that nearly a dozen participants were killed. (Shakil Adil/AP)



◀ **THE BUMBLEBEE SHOULDN'T FLY EITHER.** The world's largest airliner, the Airbus A380, flew to Iqaluit, Nunavut, in Canada's Far North for extreme cold-weather testing before going into commercial service in late 2006. Europe's Airbus consortium spent more than 10 years and \$13 billion developing the behemoth, which has room for 555 passengers, bars, gyms and duty-free shops on two decks. (Fabian Bimmer/AP)



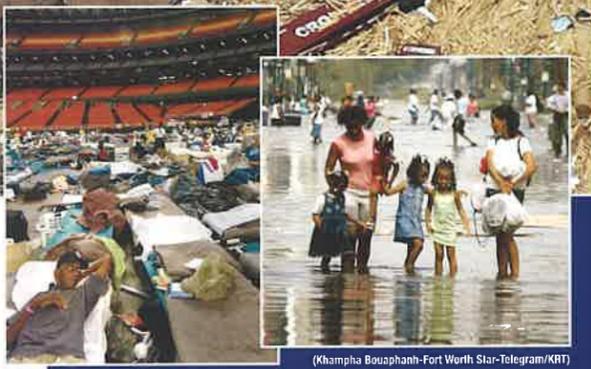


(David Purdy-Biloxi Sun Herald/KRT)

◀ **A KILLER NAMED KATRINA.** More than 1,300 people died and damages totaled some \$70 billion after hurricane Katrina slammed into the Gulf Coast. Mississippi took the brunt of it; in Gulfport, for instance, the storm surge tossed giant shipping containers inland. In Louisiana, New Orleans was spared the highest winds—but then the levees broke, submerging 80 per cent of the city, including Canal Street, under oily, fetid water. In all, some 1.3 million people from the region were evacuated, including 7,000 who eventually were sheltered in Houston's Astrodome. City, state and federal officials were heavily criticized for their fumbling of the emergency, and the repercussions were felt for months afterward. Leaked transcripts of briefing meetings before Katrina struck disproved later claims by the President and others in the Bush administration that they hadn't been made fully aware of the magnitude of the impending disaster.

▶ **AND HER CLOBBERING COUSINS.** Even while Americans mopped up in Katrina's messy aftermath, hurricane Rita barreled into eastern Texas and western Louisiana. With lessons learned from Katrina, state officials ordered mandatory evacuations—and many residents obeyed. Even so, Rita's death toll was more than 100 and damages were estimated at \$6 billion. And still the longest and most expensive tropical storm season on record was not yet over. It finally ended with Wilma ripping through Mexico's popular tourist region on the Yucatán Peninsula before flooding lower Florida.

(Smiley N. Pool-Dallas Morning News/KRT)



(Khampha Bouaphanh-Fort Worth Star-Telegram/KRT)

(Jim MacMillan-Philadelphia Daily News/KRT)

# USA

◀ **ALL PUMPED UP.** Consumers felt the pain at their local service stations after hurricanes crippled Gulf Coast refineries, as well as oil and gas platforms, sending crude oil prices to a record high of \$70.85 a barrel. Prices settled back somewhat, before starting to climb again amid fears about disruptions to summer 2006 energy supplies. Dwindling reserves, new environmental regulations and production shutdowns by large suppliers like Nigeria all contributed to the unease. (Ed Betz/AP)



▲ **IN MEMORIAM.** Peter Jennings, the urbane anchor of ABC's *World News Tonight*, died of lung cancer at age 67. An American citizen since 2003, the Canadian-born Jennings never finished high school. But 15 years as ABC's chief foreign correspondent served him well, earning him respect for his perspective on global events when he took on the anchor job in 1983. (Gino Domenico/AP)

◀ **SITTING TALL.** Rosa Parks, whose dignified act of defiance helped spark the modern civil rights movement, died at age 92. In 1955, Parks refused to give up her seat on a Montgomery, Ala., city bus to a white man. Her arrest for breaking the local segregation laws gave rise to a protest movement that eventually changed the course of American history. (Kirkman F. Dozier-Detroit Free Press/KRT)



▲ **THE FOG OF WAR.** On the third anniversary of the start of the U.S.-led war in Iraq, assessments of just what was being accomplished varied widely. More than 2,300 U.S. troops have died in the campaign, which so far has cost Americans some \$400 billion. As those numbers mounted, and in the absence of a clear exit strategy, polls indicated that Americans' support for the war was steadily declining. George W. Bush's job-approval rating fell steadily at the same time, hitting a record low of 36 per cent. To counter the rising tide of protest, the President addressed his constituents' concerns about the struggle to transform the former dictatorship. Bush said he was pleased by Iraqi efforts toward democracy and to establishing a balance across Sunni Arab, Shiite Muslim and Kurdish factions. But some in Iraq painted a very different picture. Fighting among the three groups was so fierce in some regions, it prompted debate about whether Iraq was in a state of civil war. One U.S. general said the sectarian conflict had become a bigger threat to the 132,000 American soldiers stationed in Iraq than the insurgency. (Chuck Kennedy/KRT)



▲ **WITHOUT A TRACE.** Foul play was suspected almost immediately after Natalee Holloway, a high-school senior from Birmingham, Ala., disappeared in May 2005 on the last night of a class trip to Aruba. Numerous searches of the tiny Caribbean island, however, produced little beyond hard feelings. Holloway's mother and stepfather, Beth and George "Jug" Twitty, grew frustrated by the lack of results, especially when some suspects were released from jail without being charged. Still, the couple lost the sympathy of many Arubans, who initially volunteered in the thousands to help search for the missing teen, after Beth Twitty accused local authorities of incompetence, or worse, a cover-up. Aruban police—who had, in fact, worked with the FBI—in turn blamed Twitty for hijacking the investigation. Still, one thing seemed clear: all the finger pointing hadn't solved the mystery of what happened to Natalee Holloway. (Leslie Mazoch/AP)



◀ **TRAGEDY IN MIAMI.** Two undercover air marshals shot and killed a man they'd followed onto a boarding bridge at Miami International Airport, after the man got on and then fled a flight bound for Orlando, Fla. The marshals,

who claimed Rigoberto Alpizar made bomb threats, fired when he did not obey their orders to stop. The White House defended the marshals' actions, saying they followed both protocol and training. But no other witnesses said they heard the word "bomb." Instead, passengers described how Alpizar's wife, Anne Buechner, screamed that he had bipolar disorder and was off his medication. A form of mental illness also known as manic depression, the disorder can produce agitated, erratic behavior if not properly treated. (Alan Diaz/AP)



▲ **A JAB OF THE NEEDLE.** The high-profile state execution of California death-row inmate Stanley Tookie Williams reignited the public debate over capital punishment. His supporters (including rapper Snoop Dogg, above) had argued that the co-founder of the notorious Crips, convicted in 1981 of four robbery murders, deserved clemency for his anti-gang crusading while in prison. Ironically, his execution, which took 34 minutes due to trouble finding a vein in his arm to administer the lethal drugs, may have a wider impact than any philosophical argument. Referring to Williams's drawn-out death, a California district court judge launched an investigation after lawyers for another convicted murderer argued the injection procedure fails the constitution's ban on cruel and unusual punishment. The ruling has implications for all 36 states that practise capital punishment using lethal injection. (Jose Carlos Fajardo-Contra Costa)

▼ **OUT OF RUNWAY.** A Southwest Airlines Boeing 737 slid off a snow-covered runway at Chicago's Midway International Airport and into a nearby intersection, where it crushed two cars, killing a six-year-old boy in one of the vehicles. About a dozen seriously injured people—pedestrians as well as other occupants of the cars—were also taken to hospital, but survived. (Frank Hanes-Chicago Tribune/KRT)





◀ **BONO-FIED STAR POWER.** It was a good year for Bono who opened the London leg of the Live 8 concert with Paul McCartney. The lead singer of U2 was also on hand when the perennially popular Irish group captured five more Grammys—for a career total of 20—for *How to Dismantle an Atomic Bomb*, including best album and best rock album. Now maybe Bono can go back to lecturing world leaders about the environment—or flogging iPods.

(David T. Foster III/Charlotte Observer/KRT)



▲ **REVERSAL OF FORTUNE I.** It would be easy to dismiss the TV contest *Rock Star: INXS* as just a gimmick, except for the results. The venerable Australian band, floundering eight years after the suicide of lead singer Michael Hutchence, got a hip new front man. In turn, Canadian J.D. Fortune (second from left), a struggling entertainer who lived in his car before entering the contest, achieved a long-held dream, beating out 14 other wannabes for the gig. A new hit album, *Switch*, and a sold-out North American concert tour followed, showing the band picked the right guy.

(Jose Carlos Fajardo/Contra Costa Times)

## Top 10 Albums • 05

1.	THE MASSACRE	50 CENT
2.	ENCORE	EMINEM
3.	AMERICAN IDIOT	GREEN DAY
4.	THE EMANCIPATION OF MIMI	MARIAH CAREY
5.	BREAKAWAY	KELLY CLARKSON
6.	LOVE. ANGEL. MUSIC. BABY.	GWEN STEFANI
7.	DESTINY FULFILLED	DESTINY'S CHILD
8.	HOW TO DISMANTLE AN ATOMIC BOMB	U2
9.	GREATEST HITS	SHANIA TWAIN
10.	FEELS LIKE TODAY	RASCAL FLATTS



◀ **SMART MOVE.** Green Day earned even more respect for their concept album *American Idiot*. Released in 2004, it has since sold more than 11 million copies and gathered an impressive collection of hardware. A year after winning their first Grammy (best rock album) for the innovative punk-rock opera about the post-9/11 world, the San Francisco Bay-area band won the record-of-the-year Grammy for their second No. 1 single from the CD *Boulevard of Broken Dreams*. Mike Dirnt, Billie Joe Armstrong and Tre Cool then picked up the 2006 People's Choice Award for favorite group and swept seven awards out of eight nominations at the MTV Video Awards. Meanwhile, rumor had it that cameras were getting ready to roll for a movie version of *American Idiot*.

(Frederic Abaca Press/KRT)

# Music

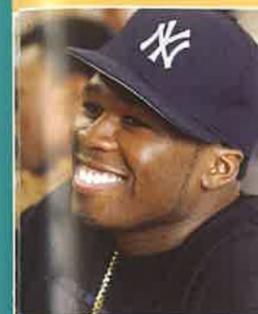
▼ **LIVE 8 ROCKED.** In 1985, Bob Geldof was the driving force behind Live Aid, a global music event that raised millions for Ethiopian famine relief. Twenty years later—and now Sir Bob—Geldof organized Live 8. The free concerts, held in 10 cities the week before a G8 summit in Scotland, were designed to pressure leaders from the world's richest nations to not only give humanitarian aid to Africa, but to establish concrete methods for tackling its poverty. More than one million attended the free events, while an estimated two billion watched on TV. They sent some 26.4 million text messages to help drive home the Live 8 message delivered by the star-studded lineup of performers, among them Paul McCartney and Coldplay in London, Bon Jovi and Destiny's Child (below) in Philadelphia, and Green Day in Berlin. Perhaps it worked: the G8 promised to increase aid to Africa by \$25 billion and to cancel the debts of the continent's 18 poorest countries.

(Carolyn Kaster/AP)



◀ **THAT'S GRATITUDE FOR YOU.** Kelly Clarkson, who in 2002 was voted the first *American Idol* winner, also became the first of the reality-show songsters to pick up a Grammy. In fact, she took home two—best pop vocal album for *Breakaway* and best female pop performance for her hit song *Since U Been Gone*. Funny thing though: in her acceptance speeches, a teary Clarkson thanked everyone but the TV talent show that made her famous.

(Hahn-Khayat-Abaca Press/KRT)



◀ **MORE LIKE \$50 MILLION.** No wonder *Billboard* magazine named 50 Cent its Artist of the Year for 2005. The rapper (real name, Curtis Jackson) followed up the monster success of his 2002 CD, *Get Rich or Die Tryin'*, with a love-him-or-hate-him lead role in the semi-autobiographical movie of the same name. The ex-gangsta turned rap star and record mogul had another success on his hands with his sophomore album, *The Massacre*. And in the newest measure of success, his hit single *Candy Shop* was the No. 1 downloaded ring tone for the year.

(Michael Gibson-Paramount Pictures/KRT)

▶ **WHAT ELSE?** What do you do with a duo that defies easy categorization, records on analog equipment older than they are and won't even clarify if they are siblings or were once married? Well, if you're talking about innovative Detroit-based rockers Jack (right) and Meg White of the White Stripes, you give their smash hit CD *Get Behind Me Satan* the Grammy for best alternative album.

(Nicolas Khayat-Abaca Press/KRT)



▲ **REVERSAL OF FORTUNE II.** Mariah Carey's once high-flying career was in a nosedive. That, however, was before the R&B-pop diva signed with a new label and released *The Emancipation of Mimi* to critical and popular acclaim. With almost five million copies sold in 2005, the CD was one of the year's top sellers, garnered her three Grammys, and gave her a No. 1 hit single, *We Belong Together*, which *Billboard Magazine* named song of the year. Carey's got her glitter back.

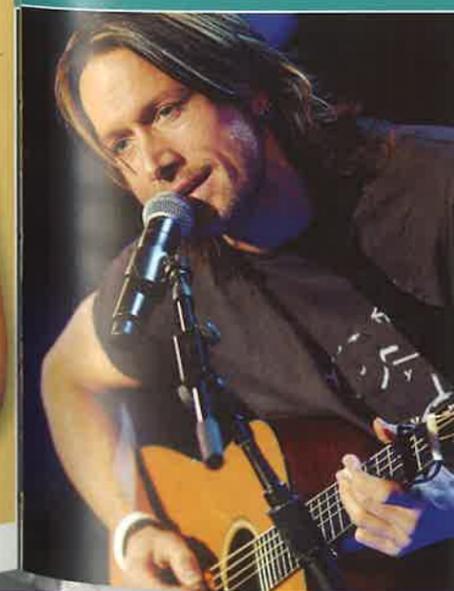
(David P. O'Leary-Detroit Free Press/KRT)

▶ **ALL THE RIGHT MOVES.** Striking out on her own was a good career move for No Doubt's Gwen Stefani. Her debut solo CD, *Love. Angel. Music. Baby.* (her L.A.M.B. clothing line inspired the title) spawned six hit singles during its incredible 68-week run on *Billboard*'s Top 100 album chart. Meanwhile, she and her husband of three years, Institute's Gavin Rossdale, announced in December 2005 that their first baby was on the way.

(Mark J. Terrill/AP)

▶ **WALKING TALL.** *The Dukes of Hazzard*, the even lamer update of the lame TV show, had a big opening weekend—and for that the movie's producers should thank Jessica Simpson. The Texas pastor's daughter made her film debut and starred in the accompanying music video, *These Boots Are Made for Walkin'*, portraying the bodacious Daisy Duke. Not surprisingly, the sexy video—at least one Christian group said it was *too sexy*—was one of the most frequently downloaded in 2005. And just in case we hadn't had enough of the tabloid-fodder celeb, Simpson launched her own line of footwear, including—yup, you guessed it—cowgirl boots just like Daisy's.

(Lionel Hahn-Abaca Press/KRT)

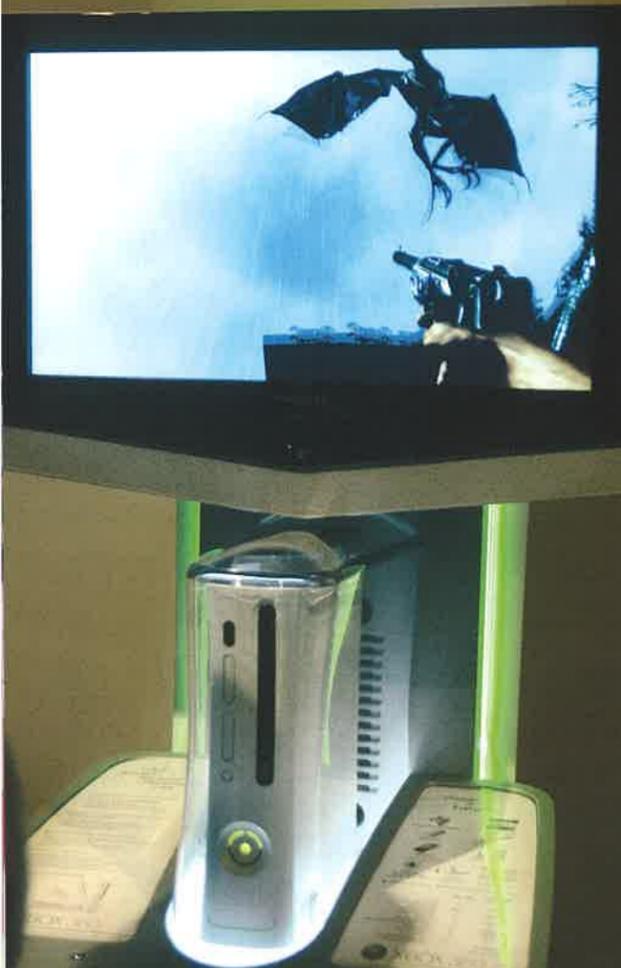


◀ **WE'LL THINK OF HIM.** Country music sensation Keith Urban, who grew up in Australia dreaming of Nashville—his home for real since 1992—has earned the reputation as one of the most electrifying performers around. So it's really no surprise he took home the 2006 Grammy for best male country vocal performance for *You'll Think of Me*, a cut from his triple-platinum album *Golden Road*.

(Lionel Hahn-Abaca Press/KRT)



XBOX 360



► **SMALL DEVICE, BIG STAKES.** With more than five million BlackBerry subscribers in 50 countries, Canadian-based Research In Motion dominates the wireless email industry. But in its largest market, the United States, RIM found itself in a protracted legal battle with patent-holding company NTP Inc. of Arlington, Va. With hundreds of millions of dollars at stake the obscure patent case morphed into a widely watched international drama. After almost five years of wrangling—and faced with the threat of a court injunction that could have shut down BlackBerry service in the U.S.—RIM agreed to pay NTP \$612.5 million to settle the case. (Richard Drew/AP)



◀ **SUPPLY AND DEMAND.** The Xbox 360 is an awesome machine with a console up to 10 times more powerful than its predecessor; high-definition content; digital surround sound; and off- and online gaming with massive multiplayer games. At least that's how the lucky few who managed to get their hands on one of the home entertainment systems reviewed it. Microsoft blamed a "short-term manufacturing challenge" for the limited supply that caused sales of the Xbox 360 to get off to a much slower start than anticipated. (John Froschauer/AP)



▼ **THE POWER OF PORTABILITY.** The latest high-tech gadgets, including Sony's Playstation Portable, are dramatically changing how and where we get news and entertainment. The PSP is a gaming platform, but like certain makes of cellphones and other mobile devices, it can also play video. The proliferation of platforms is forcing a content revolution, too, and in what is perhaps the clearest sign that "convergence" is finally more than a buzzword, TV producer Mark Burnett of *Survivor* fame signed on to create a real-life treasure hunt available exclusively on AOL. (Richard Drew/AP)

▲ **SINGALONG TIME.** A cellphone just for talking? How quaint. To the list of must-have features, such as MP3 players, cameras and text messaging, add customized ring tones, preferably a different sound snippet for each caller. At a cost of up to \$3 per download, it's no wonder the global ring-tone market is pushing \$9 billion. (Charles Osgood-Chicago Tribune/KRT)



▲ **X MARKS THE SPOT.** Wi-Fi hot spots, which provide wireless connection to the Internet, continue to sprout like mushrooms after a rainstorm. Businesses like coffee shops, hotels and airports were among the first to recognize the service's appeal to those with notebook computers and other mobile devices. And now a growing number of colleges and municipalities offer the service free to those within their boundaries. It gives new meaning to the boast "I've got connections." (Paul Rubiera-Miami Herald/KRT)



▲ **MUSIC À LA CARTE.** It's funny what a difference 99 cents makes. Downloading tunes may have had a controversial start (think Napster), but direct-to-consumer music sales on a pay-per-song basis are now legit—and big business. Use of the industry-leading iTunes application on Apple's website hit 20.7 million unique visitors in one month alone. That must be music to Steve Jobs' ears. (Damian Dovarganes/AP)

▼ **RADIO GOES INTO ORBIT.** With more than 170 channels of news, sports, comedy, talk and commercial-free music, XM Satellite Radio signed on some 6.5 million subscribers. XM's competitor, Sirius, attracted about four million to its 125-channel universe. For either one, listeners pony up at least \$13 a month to listen to a specially adapted, branded radio. (Jonathan Hayward/CP)



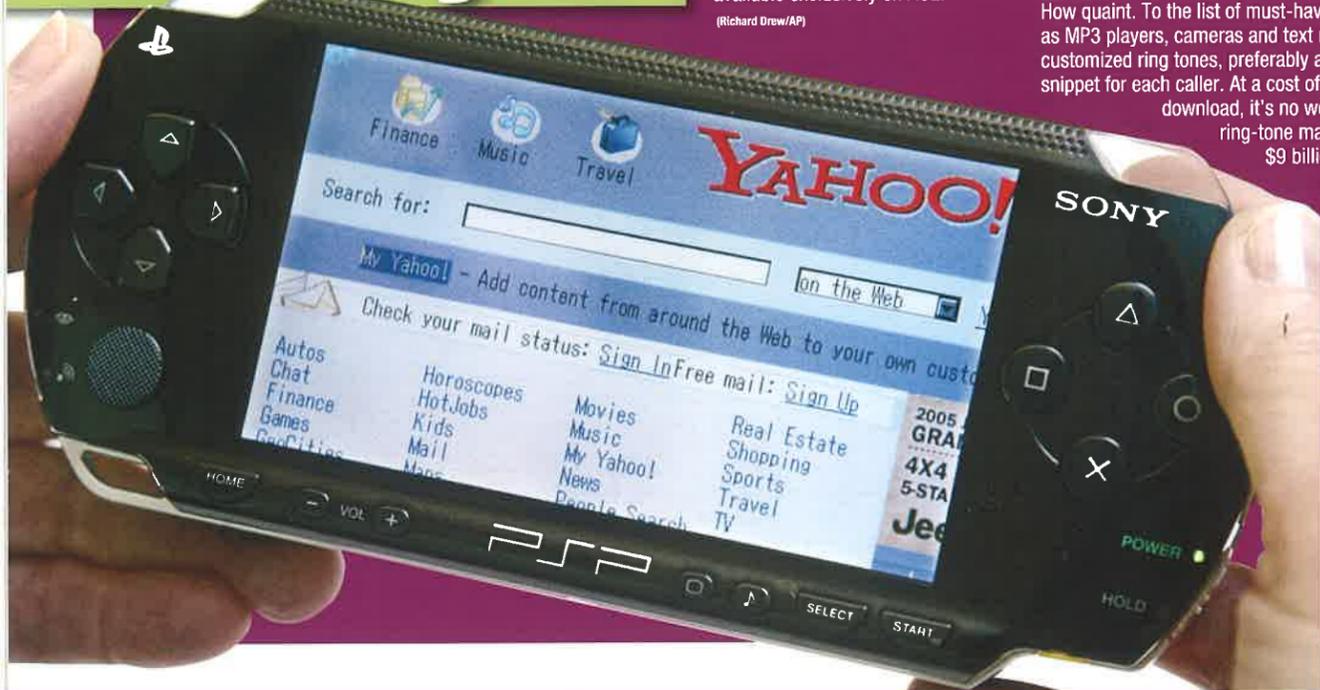
▲ **RETRO COOL.** Fashionistas continue to mine the '60s for the latest looks. Jeans, of course, are always in style, but the denim du jour, whether ripped and/or worn tucked inside boots, has that groovy, hippie thing going on. As for sunglasses (as sported by Madonna, above), they haven't been this oversized since Jackie Onassis hid behind dark shades. (Shizuo Kambayashi/AP)

(Evan Capage-Dallas Morning News/KRT)

(Roberto Gonzalez-Orlando Sentinel/KRT)

# Lifestyle

# Lifestyle



► **TEENY BUT NOT WEEENIE.** The iPod Nano was a surprise replacement for the iPod mini, which Apple took off the market the same day it launched its fourth slim digital audio player. But with its slim good looks and flash memory that makes it immune to skipping, the Nano just might be the coolest member of the iPod family yet. (Paul Sakuma/AP)



▲ **MAYBE IT'S HER DOUBLE.** Lindsay Lohan has been before the cameras since she was 3, but it's her off-screen antics that make the news. Then again, any model/singer/actor who has three car crashes, loses a dramatic amount of weight, and is hospitalized with a serious asthma attack, all within a few months, can expect to draw a little attention to herself.

(Lizal Hahn-Abaca Press/KRT)



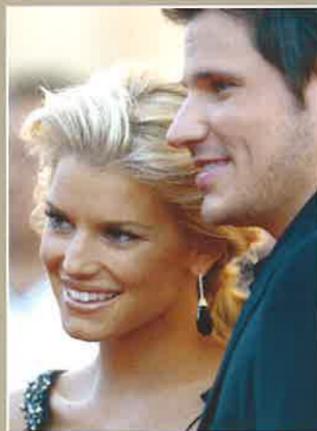
◀ **THE ETERNAL TRIANGLE.** What had been tabloid fodder for months turned out to be true: Brad Pitt had indeed left his wife, Jennifer Aniston, for Angelina Jolie, his co-star in the hit flick *Mr. and Mrs. Smith*. Same for the rumors that Jolie, the mother of two adopted children and a goodwill ambassador for the UN, was pregnant. But don't shed a tear for Aniston. The former *Friends* co-star appeared in four movies in six months and found a new beau in Vince Vaughn.

(Stephen Vaughn/20th Century Fox)



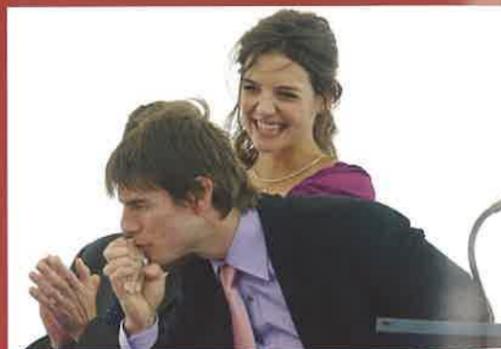
▲ **WHO ARE YOU CALLING AN HEIRHEAD?** Perennial party girl Paris Hilton was engaged to Paris Latsis, the scion of a wealthy Greek shipping family, for all of four months. Still she walked away with a 25-carat white diamond ring and a 21-carat canary diamond ring worth about a cool \$10 million. Not that the heir to the Hilton hotel fortune needs the money.

(James Fox-Express Syndication/KRT)



▲ **FLYING SOLO.** They were billed as America's favorite couple on the hit MTV reality program *Newlyweds*—but that was before Jessica Simpson filed for divorce from hubby Nick Lachey. Still, the blonde Texan, who hit the big screen as Daisy Duke in *The Dukes of Hazzard*, remains as popular as ever.

(Lizal Hahn-Abaca Press/KRT)



▲ **LIP-LOCKED AND LOADED.** A cynic might see Tom Cruise's hyperbolic protestations of love for Katie Holmes on *Oprah* as the antics of a slightly over-the-hill actor trying to reignite his career. But romantics, noting the couple's upcoming marriage and new baby girl, Suri, are no doubt certain that Tom does REALLY LOVE HER!!!!

(Gerald Holubowicz-Abaca Press/KRT)

◀ **WALK THE RED CARPET.** In *Walk the Line*, Reese Witherspoon showed that she is more than just "Legally Blonde." She ranged from flirty to vulnerable to iron-willed in her portrayal of June Carter Cash, the singer who captured the heart of country legend Johnny Cash (portrayed by Joaquin Phoenix) and who refused to let him self-destruct. June personally picked Witherspoon for the part—which earned the actress an Oscar and a Golden Globe—but did not live to see the movie. The Cashes died within four months of one another in 2003 after 35 years of marriage.

(Suzanne Tenner/Twentieth Century Fox)



◀ **IDOL NOT IDLE.** When this picture was taken, there were 16 *American Idol* semifinalists—and only one of them was destined to go home happy. Still, the real winner is the program itself. Ratings for *American Idol*'s fifth go-round were even higher than for past seasons—a feat unmatched by any other reality show.

(Ray Mickstaw/FOX)

# Television

# Entertainment

◀ **HERE'S LOOKIN' AT YOU, KID.** With her marriage reportedly rocky, there's no saying how long Britney Spears will remain Mrs. Kevin Federline. Perhaps "Sean Preston's mom" is a better bet.

(Nicolas Kharvet-Abaca Press/KRT)



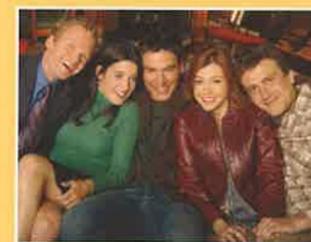
▲ **TROUBLE IN SUBURBIA.** The characters on *Desperate Housewives* may look perfect. But true happiness eludes (from left) Susan Mayer (Teri Hatcher), Gabrielle Solis (Eva Longoria), Bree Van De Kamp (Marcia Cross) and the other residents of Wisteria Lane, what with all the murder and misbehaving in their midst. But their misery keeps fans of the nighttime soap opera tuning in.

(CTV Photo)

▲ **FAMILY DYNAMICS.**

*Gilmore Girls* may have started out as a critics' pick, but with its light touch on serious subjects, including the relationship of single mom Lorelai and daughter Rory, it eventually found a loyal audience. The Teen Choice Awards named it best comedy and Lauren Graham (front left) as Choice TV Parental Unit, while Alexis Bledel (front right) scored twice, as the Choice It Girl and TV Actress Comedy.

(Global TV Photo)



▲ **THE SUSPENSE IS KILLING US.** In "flashbacks" to the present day, Ted Mosby (Josh Radnor, centre) is looking for the woman of his dreams. Given the title, *How I Met Your Mother*, and that he's talking to his son and daughter 25 years in the future (narration by an unseen Bob Saget), we can assume he found her. The mystery at the heart of the sitcom: who is she?

(Global TV Photo)



◀ **SMOOTH OPERATORS.** *Grey's Anatomy* became the hottest new show of the year thanks to its radical surgery on the hospital drama format. Take the case of Dr. Cristina Yang. Sandra Oh won a Golden Globe for her portrayal of the nakedly ambitious intern who gets to deliver some of the most cutting—and hilarious—lines on TV.

(ABC Television/KRT)

▶ **BREAKOUT HIT.** Your brother is in jail about to be executed for a murder you believe he didn't commit. So what do you do? If you're structural engineer Michael Scofield (Wentworth Miller, left) on *Prison Break*, you plan to bust him out by getting thrown into the same slammer. With tattoos on your torso that are really blueprints of the joint, escape should be simple, right? Not when there are assassins on the outside and low-lives like T-Bag (Robert Knepper) on the inside to contend with.

(C. Hodess/FOX)



▼ **THE DNA OF SUCCESS.** Some popular TV shows set fashion trends or turn obscure tunes into hit songs. But *CSI: Crime Scene Investigation* (cast, below) and its popular spinoffs, *CSI: Miami* and *CSI: New York*, can top that: they have their own effect. Legal experts say some jurors are disappointed—and at some trials even refuse to convict—when they're not presented with the sort of cutting-edge forensic evidence that, for now at least, exists only on the series. On the upside, the so-called *CSI* effect is credited with increasing college enrolment in forensic and related science courses.

(CTV Photo)



◀ **FUN IN THE SUN.** It has the attractive cast, beautiful locale (Orange County, California) and the tumultuous storylines that are the staples of teen drama. The self-mocking tone of some of the dialogue, however, is a welcome hint that *The O.C.* doesn't take itself too seriously—and neither should the viewer.

(Fox)



◀ **AN UNCOMPROMISING HIT.** With its ensemble cast and intricate, interwoven story lines, *Crash* is an unflinching examination of racial tensions in Los Angeles. So even Paul Giamatti (right) seemed surprised when the movie he wrote and directed won the Oscar for best picture. But if the cheer that erupted from the audience attending the Academy Awards is any indication, maybe it wasn't such a long shot after all.

(Michael Goulding-Orange County Register/KRT)

# Movies



▲ **HOW WE GOT BRADGELINA.** In *Mr. and Mrs. Smith*, John (Brad Pitt) and wife Jane (Angelina Jolie) are trapped in a dull marriage, oblivious to what the other does for a living. But as assassins for rival firms, they're instructed to dispose of each other. Some highly stylish shootouts ensue—but thanks to what happened off-screen, it was Pitt's marriage to Jennifer Aniston that got annihilated.

(20th Century)



▲ **A ROARING START.** *The Chronicles of Narnia: The Lion, the Witch and the Wardrobe* does a dazzling job of bringing to the screen the first of C. S. Lewis's seven books about four siblings evacuated to the English countryside from wartime London who discover a mythical land. The lion, Aslan, speaks, but there's nothing anthropomorphic about this fearless feline.

(Pink Swag)

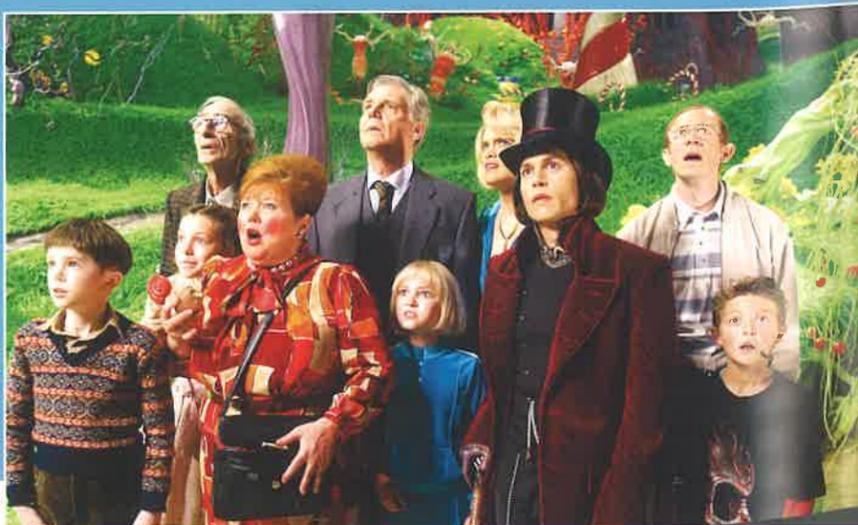


**HAIR-RAISER.** After the success of *The Lord of the Rings* trilogy, Peter Jackson could have had his pick of Hollywood projects. Instead, he chose the potentially disastrous route of remaking a classic—in this case *King Kong*, his favorite childhood flick. Fortunately for film fans, the New Zealand director stayed true to the heart of the 1933 original while giving it a 21st-century spin. This time, Ann Darrow (Naomi Watts) returns the giant gorilla's affection.

(Universal Pictures)

▼ **SWEET GENIUS.** There is a lot to like about Tim Burton's color-saturated adaptation of Roald Dahl's *Charlie and the Chocolate Factory*. And Johnny Depp, who seems to revel in surreal characters, is brilliant as the reclusive candy baron who decides to open his factory gates to five young visitors.

(Warner Bros.)



◀ **MAGIC CAN'T HELP.** Harry Potter has to learn fast as the challenges he faces in *Harry Potter and the Goblet of Fire*, the fourth film adaptation from British novelist J. K. Rowling's insanely successful series, become ever more dangerous. But perhaps the scariest thing that the young wizard (Daniel Radcliffe, center) and his friends Hermione Granger (Emma Watson) and Ron Weasley (Rupert Grint) must contend with is becoming teenagers.

(Warner Bros.)

▶ **A METAPHOR FOR THE POWER OF EVIL.** In his adaptation of H. G. Wells's then-groundbreaking 1898 science-fiction novel about Martians attempting a hostile takeover, Steven Spielberg makes the idea of an alien invasion of Earth seem not only startling again, but somehow believable. The most unlikely part of *War of the Worlds*: Tom Cruise as an ordinary blue-collar kind of guy.

(Andrew Cooper-Paramount Pictures/KRT)



▲ **TO THE DARK SIDE.** Anyone familiar with the original 1977 *Star Wars* movie knows how *Star Wars: Episode III—Revenge of the Sith* has to end: with the Galactic Empire rising and Anakin Skywalker (Hayden Christensen) transformed into the evil Darth Vader. George Lucas filmed the second half of his *Star Wars* sextet first, before looping back to film the three earlier episodes. *Revenge of the Sith*, the top money earner of 2005, is the best of those prequels and brings us back to where it all started "a long time ago in a galaxy far, far away."

(LucasFilm/KRT)

▼ **LAW OF THE JUNGLE.** With a landscape inspired by Henri Rousseau and actors like Ben Stiller, David Schwimmer and Jada Pinkett Smith contributing their voices, *Madagascar* is a charming tale about what happens when four pampered New York City zoo animals are stranded in the wild. Blame the penguins, who hijack the ship they were on—and steal the movie.

(DreamWorks Animation)



▲ **NOT A CHICK FLICK.** One of the few hit movies of 2005 that was not a sequel or an adaptation, *Wedding Crashers* went its own hilarious way with a randy brand of humor. John Beckwith (Owen Wilson, right) and Jeremy Grey (Vince Vaughn) crash strangers' nuptials for less than altruistic reasons. And while each guy eventually finds love, don't be fooled—it's really a buddy movie in disguise.

(New Line Cinema/KRT)

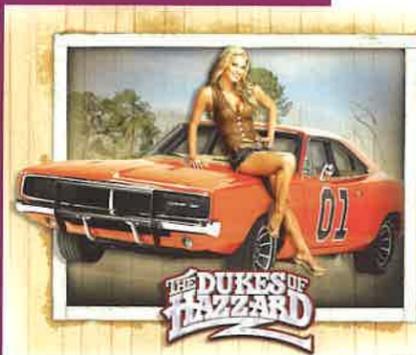


▲ **THE DARK KNIGHT TAKES FLIGHT.** The world might not have needed another *Batman* movie—there were four varyingly successful ones between 1989 and 1997. But British art-house director Christopher Nolan, best known for his 2000 mind-twister, *Memento*, has rethought the concept in this prequel that shows how a young Bruce Wayne (Christian Bale) got his cape and semi-mystical crime-fighting abilities, giving *Batman Begins* a fresh take on the franchise.

(Warner Bros.)

▶ **HAVING A GOOD OL' TIME.** *The Dukes of Hazzard*, starring Jessica Simpson as cousin Daisy Duke and a souped-up Dodge Charger as the General Lee, is proof that a movie doesn't have to be a critical, or even a box-office success to make money if you have the right spinoff merchandise.

(Warner Bros.)



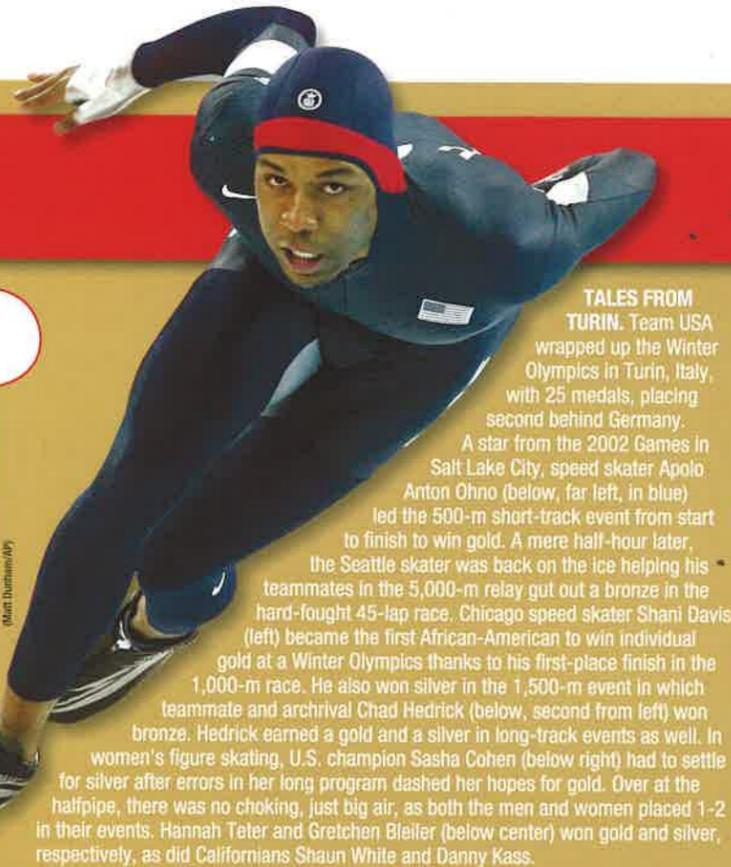
## Top Movies • 05

1.	STAR WARS: EPISODE III - REVENGE OF THE SITH	\$380 MILLION
2.	HARRY POTTER AND THE GOBLET OF FIRE	\$289 MILLION
3.	THE CHRONICLES OF NARNIA: THE LION, THE WITCH AND THE WARDROBE	\$288 MILLION
4.	WAR OF THE WORLDS	\$234 MILLION
5.	KING KONG	\$217 MILLION
6.	WEDDING CRASHERS	\$209 MILLION
7.	CHARLIE AND THE CHOCOLATE FACTORY	\$206 MILLION
8.	BATMAN BEGINS	\$205 MILLION
9.	MADAGASCAR	\$193 MILLION
10.	MR. AND MRS. SMITH	\$186 MILLION

# Sports

## Olympic Medals

COUNTRY	GOLD	SILVER	BRONZE	TOTAL
GERMANY	11	12	6	29
UNITED STATES	9	9	7	25
CANADA	7	10	7	24
AUSTRIA	9	7	7	23
RUSSIA	8	6	8	22
NORWAY	2	8	9	19
SWEDEN	7	2	5	14



(Matt Thompson/AP)

**TALES FROM TURIN.** Team USA wrapped up the Winter Olympics in Turin, Italy, with 25 medals, placing second behind Germany.

A star from the 2002 Games in Salt Lake City, speed skater Apolo Anton Ohno (below, far left, in blue) led the 500-m short-track event from start to finish to win gold. A mere half-hour later, the Seattle skater was back on the ice helping his teammates in the 5,000-m relay gut out a bronze in the hard-fought 45-lap race. Chicago speed skater Shani Davis (left) became the first African-American to win individual gold at a Winter Olympics thanks to his first-place finish in the 1,000-m race. He also won silver in the 1,500-m event in which teammate and archrival Chad Hedrick (below, second from left) won bronze. Hedrick earned a gold and a silver in long-track events as well. In women's figure skating, U.S. champion Sasha Cohen (below right) had to settle for silver after errors in her long program dashed her hopes for gold. Over at the halfpipe, there was no choking, just big air, as both the men and women placed 1-2 in their events. Hannah Teter and Gretchen Bleiler (below center) won gold and silver, respectively, as did Californians Shaun White and Danny Kass.



(Eric Gay/AP)



(Domenico Stalio/AP)

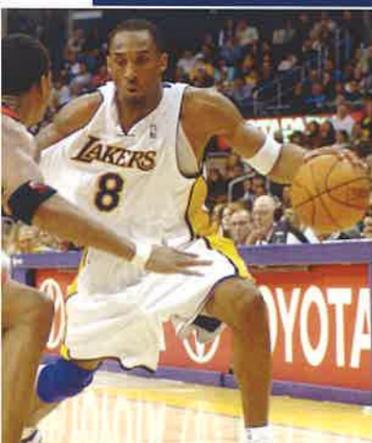


(Greg Baker/AP)



(James Foley/AP)

**▼ HARDWOOD HEROICS.** When Kobe Bryant poured in 81 points in a lopsided Lakers' defeat of the Toronto Raptors, the shooting guard became the second-highest single-game scorer in NBA history. Wilt Chamberlain tops the list with a 100-point game in 1962. (Matt A. Brown/AP)



**◀ FORE!** A bevy of young talent is changing the face of women's golf. Michelle Wie, the six-foot phenom from Hawaii who has been compared to Tiger Woods, turned pro the week before her 16th birthday with nearly \$10 million

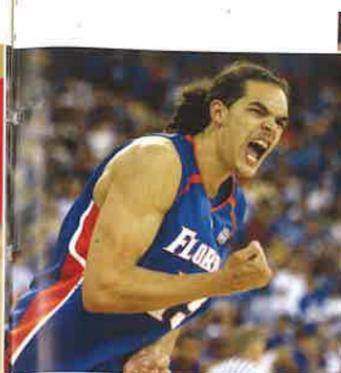
in endorsements. Media darling Natalie Gulbis (pictured above), 23, appeared everywhere from her own bathing-suit calendar to a four-part reality show about her life on the LPGA tour, despite never having won a major event. Paula Creamer, 19, got noticed the old-fashioned way—she earned the attention. Fresh from high school, Creamer became the youngest and quickest player in LPGA history to cross the \$1-million mark in career earnings and went on to become the LPGA's rookie of the year.

(Bryan Oliver-Colorado Springs Gazette/KRT)



**◀ FAREWELL TOUR.** Lance Armstrong, who has one of the most remarkable careers in modern sport, announced his retirement from cycling after winning an unprecedented seventh Tour de France. The 34-year-old Texan was said to be contemplating entering politics—as if conquering testicular cancer as well as the Pyrenees weren't enough challenges for one lifetime.

(Bruno Klein-Abaca Press/KRT)

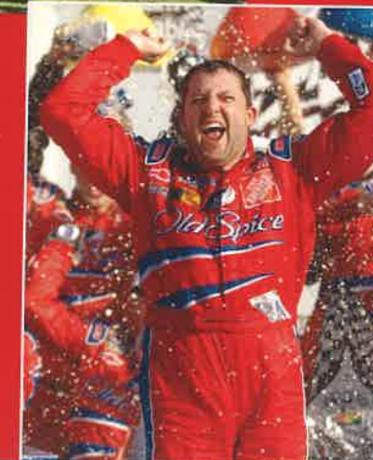


**▲ THAT'S WHY IT'S CALLED MARCH MADNESS.** Upsets are expected at the NCAA basketball championship, but few would have predicted that for the first time since 1980, none of the teams seeded No. 1 made the Final Four. The Florida Gators, led by MVP Joakim Noah, captured their first national title with a 73-57 thrashing of the UCLA Bruins, blocking their bid for a 12th title.

(Louis DeLuca-Dallas Morning News/KRT)

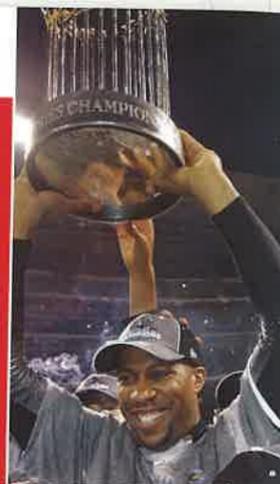


**▲ LEAVING THE COMPETITION BEHIND.** Fleet-footed Trojan tailback Reggie Bush, who often leaves his opponents gasping for air, ran away with the Heisman Trophy. The University of Southern California has now produced seven Heisman winners, matching Notre Dame's record. Bush said he planned to forgo his senior year to go directly into the NFL. (Chris Carlson/AP)



**◀ ALL REVED UP.** Tony Stewart finished 15th in his final race of the season, but that was good enough to clinch the Nextel Cup, NASCAR's top racing series. First in points overall, Stewart collected \$6.2 million in point fund awards, for a total 2005 payout of \$13.6 million, a NASCAR single-season record. That's plenty rich, but stock-car racing has come a long way from the days of a few good ol' boys trading paint on a backwoods oval. Today, NASCAR is second only to the NFL as the most popular professional sport on TV, and fans—40 per cent of them female—flock to events across America.

(Gary W. Green-Orlando Sentinel/KRT)



**► 'WORLD SERIES' TAKES ON A NEW MEANING.** It's not quite baseball as usual. The Chicago White Sox won the World Series—for the first time since 1917—in a four-game sweep of the Houston Astros. Five months later, 16 national teams competed in the inaugural World Baseball Classic, the first international competition to feature MLB players. Team USA headed back to spring training earlier than expected after being knocked out by—wait for it—Mexico. Japan won the 17-day tournament, beating Cuba 10-6 in the gold-medal game. (David J. Phillip/AP)

**◀ VA-VA-VA-VROOM.** Noting that a fourth-place finish at the Indianapolis 500 was as good as it got for Danica Patrick in 2005, some competitors on the Indy Racing League circuit wondered just what she'd done to capture rookie-of-the-year honors and all the media attention. But with the IRL lagging far behind NASCAR in terms of fan and sponsor support, maybe her detractors should have instead thanked the petite 23-year-old Wisconsin native for generating all the buzz.

(Susan Tripp Pollard-Contra Costa Times/KRT)

**▼ WORTH WAITING FOR.** Pittsburgh Steelers wide receiver, Hines Ward (below), was voted MVP after the Steelers defeated the Seattle Seahawks 21-10 in the Super Bowl XL. It was the Steelers' first NFL championship since 1980. Running back Jerome Bettis talked about retiring after his 12th season, but quarterback Ben Roethlisberger promised his teammate he'd get him to the Super Bowl if he hung in for one more year. Promise kept and then some. (Michael Conroy/AP)



## 2005 Champions

SUPER BOWL XL	PITTSBURGH STEELERS OVER SEATTLE SEAHAWKS	21-10
WORLD SERIES	CHICAGO WHITE SOX OVER HOUSTON ASTROS	4-0 SERIES
NBA	SAN ANTONIO SPURS OVER DETROIT PISTONS	4-3 SERIES
NCAA FOOTBALL	TEXAS LONGHORNS OVER USC TROJANS	41-38
NCAA MEN'S B-BALL	FLORIDA GATORS OVER UCLA BRUINS	73-57
NCAA WOMEN'S B-BALL	MARYLAND TERRAPINS OVER DUKE BLUE DEVILS	78-75
PGA	TIGER WOODS	\$10.6 MILLION
LPGA	ANNIKA SORENSTAM	\$2.6 MILLION
WOMEN'S TENNIS	KIM CLIJSTERS	\$4 MILLION
MEN'S TENNIS	ROGER FEDERER	\$6.1 MILLION
STANLEY CUP	SEASON CANCELLED	



# Science

▼ **A BLAST FROM THE PAST.** The space shuttle Discovery landed safely after astronauts conducted in-flight repairs to the shuttle's external heat shield. Still, the end may be in sight for the problem-plagued space shuttle program. NASA plans to finish building the International Space Station and then retire Discovery and the two remaining shuttles by 2010. Soon after, astronauts will be launched into space aboard NASA's new Crew Exploration Vehicle—essentially a souped-up version of the rockets used in the original Apollo moon-landing missions of the 1960s.

(Red Huber-Orlando Sentinel/KRT)



◀ **THE GREENER WAY.** Hybrid vehicles that use both gas and electric motors to double their fuel efficiency and halve their emissions have gone almost mainstream as they capture a growing share of the North American new-car market. So early adopters have moved on to the next big thing: biodiesel. Made from renewable energy sources like corn, soy or animal fats, the fuel can be used in any standard diesel engine and doesn't create greenhouse gases. Meanwhile,

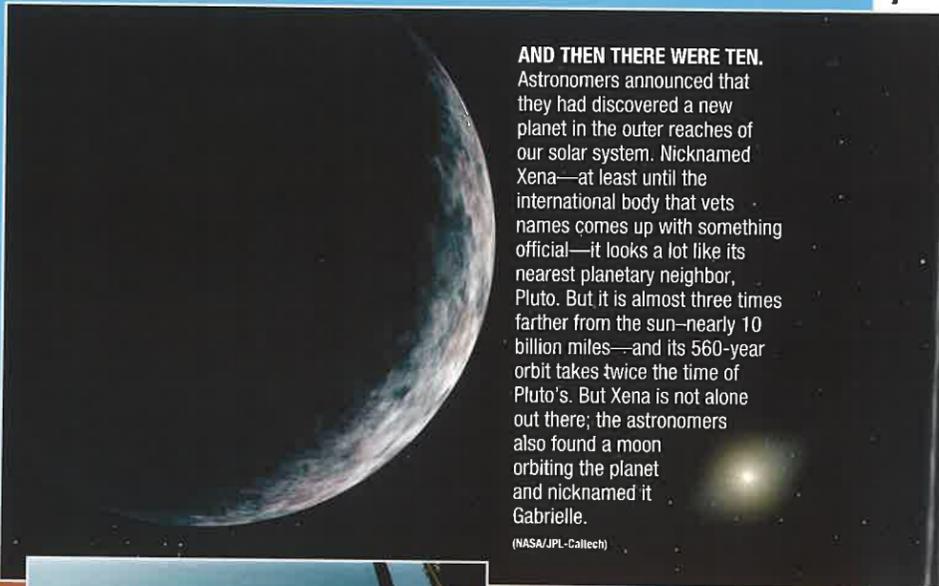
automakers are working on prototypes of hydrogen-powered vehicles. Still, problems associated with hydrogen fuel cells mean it could be some time yet before they make today's cars as obsolete as the horse and buggy.

(Carl Wagner-Chicago Tribune/KRT)

## AND THEN THERE WERE TEN.

Astronomers announced that they had discovered a new planet in the outer reaches of our solar system. Nicknamed Xena—at least until the international body that vets names comes up with something official—it looks a lot like its nearest planetary neighbor, Pluto. But it is almost three times farther from the sun—nearly 10 billion miles—and its 560-year orbit takes twice the time of Pluto's. But Xena is not alone out there; the astronomers also found a moon orbiting the planet and nicknamed it Gabrielle.

(NASA/JPL-Caltech)



◀ **WINDS OF CHANGE.** Does global warming cause hurricanes? That seems a reasonable question following a tropical storm season that was the longest on record and wreaked unprecedented damage. Some data indicates that global climate change does not increase the number of hurricanes, but it does cause those that do occur to be much more ferocious. Not all scientists agree, and the research—and the debate—continue.

(Tim Chapman-Miami Herald/KRT)



## ► INCREASING THE ODDS.

Medical researchers discovered how cancer spreads, a finding that could potentially lead to new ways of preventing and treating the disease. The original tumor sends out a chemical envoy that prepares a so-called landing pad elsewhere in the body that attracts cancerous cells and makes it easy for them to colonize the secondary site. Cancer's ability to spread is what makes it so deadly, and blocking the envoys might halt that process.

(Vernon Bryant-Dallas Morning/KRT)

