



# CARDINAL CAFE WEEKLY MENU



Nutrition Facts: **Beef** is high in zinc and iron. **Beef** also contains selenium, vitamin B12, niacin, vitamin B6, and phosphorus. All our beef comes from Local producers. Enjoy Local Beef in January! 

## BREAKFAST

Mon. Jan. 26, 2026

Bosco Stick with Marinara Sauce  
Breakfast Cookie OR PB&J  
Cereal & Yogurt or String Cheese  
Fruit &/Or Juice

Tues. Jan. 27, 2026

Breakfast Burrito & Salsa  
Mini Donut OR Grape Crescent  
Cereal And Yogurt or String Cheese  
Fruit &/Or Juice

Wed. Jan. 28, 2026 (starts @ 8:30)

Cinnamon Roll or Caramel Roll  
Breakfast Cookie OR PB&J  
Yogurt Parfait  
Fruit &/Or Juice

Thurs. Jan. 29, 2026

BC Breakfast Pizza  
Mini Donut Or Grape Crescents  
Yogurt Parfait  
Fruit &/Or Juice

Fri. Jan. 30, 2026

Ham & Cheese on a Bun  
Breakfast Cookie or PB&J  
Yogurt Parfait  
Fruit &/Or Juice

## LUNCH

Mon. Jan. 26, 2026

A. **BBQ RIB ON A HOAGIE**  
B. **GRAB'N'GO CHOICES AVAILABLE**  
**TIGER TOTS**  
**SALAD MIX + BABY CARROTS**  
**APRICOTS**


Tues. Jan. 27, 2026

A. **FISH WEDGE + CRESCENT ROLL WITH BUTTER**  
B. **GRAB'N'GO CHOICES AVAILABLE**  
**BAKED POTATO**  
**KENTUCKY COLESLAW**  
**COOL TROPICS SLUSH**

Wed. Jan. 28, 2026

A. **FIESTADA PIZZA**  
B. **GRAB'N'GO CHOICES AVAILABLE**  
**BUTTERED ASPARAGUS**  
**SHREDDED LETTUCE/CHERRY TOMATO**  
**ONION/PEPPERS/BLACK OLIVES**  
**PINEAPPLE TIDBITS**  
**PEACH CRISP**

Thurs. Jan. 29, 2026

 A. **CHILI SOUP + CINNAMON ROLL**  
B. **YOGURT PARFAIT**  
**CARROTS/CELERY/BROCCOLI/CAULIFLOWER**  
**CHEESE SLICE/CRACKERS**  
**SLICED PEACHES**

Fri. Jan. 30, 2026

A. **FRENCH TOAST WITH SYRUP + SAUSAGE LINKS**  
B. **GRAB'N'GO CHOICES AVAILABLE**  
**DRAGON PUNCH**  
**CHEESY POTATO CASSEROLE**  
**STRAWBERRY GLAZED BANANAS**



## Vending Available 24/7

Each Meal Includes Choice of Milk. Water available daily.

This institution is an equal opportunity employer and provider.

Menu is subject to change based on shortages / seasonal availability.