

FREE

**SAVE THE DATE:
MARCH 26, 2026**

Wellbeing in Our Hands

Family Wellbeing Festival

SCAN HERE



**Seating is LIMITED
Get your tickets now!**

The *second* annual countywide event offering mental health and wellness resources for all ages. Enjoy an evening filled with support, activities, raffle prizes, dinner and tools to help your family take wellbeing into your own hands!

**THURSDAY • MARCH 26 • 5:00-7:00 PM
VETERAN'S MEMORIAL HALL • 649 SAN BENITO ST**



**HEALTHYMINDS
HEALTHYLIVES**
ENGAGE, ENCOURAGE, EMPOWER... EDUCATE!

SAN BENITO COUNTY
BEHAVIORAL HEALTH DEPARTMENT

Mental Health & Substance Use Disorder Services

QUESTIONS? AMBER LISTER 831-637-5393 X221
ALISTER@SBCOE.ORG