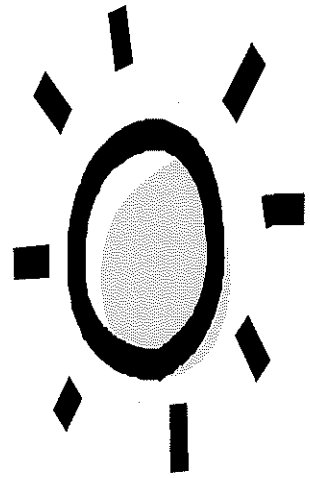


Title I Presents:
Kickoff to Summer Literacy

2019



Fun Summer Activity Ideas



TITLE I PROGRAM

(617) 349-6490

Dear Parents/Guardians:

Summertime presents a dilemma for most working families trying to balance the demands of adult work schedules with providing safe activities for children. This dilemma often results in hectic, stress filled days comparable to those during the school year. While summer camp is an option for some, the cost of day and overnight camps can be too expensive for many families. Structured activities are beneficial, but parents and caregivers should also keep in mind the advantages of unstructured time for children.

"Summer slide," "Summer setback," or "Summer reading gap," are terms you may have heard in reference to what happens to students when they are out of school during the summer months. Research tells us that children who do not practice their skills lose an average of one month of instruction when they return to school in September. Teachers spend the first month of the new school year reviewing and "reteaching" instead of new teaching. The achievement gap persists and to help close it, children need opportunities to practice during the summer.

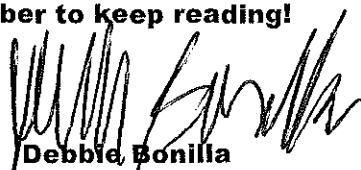
Your children have worked hard during this school year to improve their reading and math abilities and overall school performance and we applaud them for their efforts and achievement. However, like any other skill, the more one practices the better one gets.

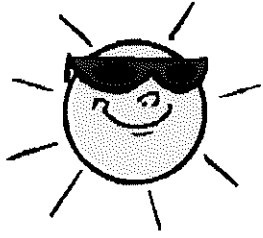
Participate with your child in the many activities going on in the Cambridge Public Library Summer Reading Program. Summer 2019 Theme is "A Universe of Stories." Also remember to take advantage of the free and discounted passes to museums and zoos that are available with a Cambridge library card. You may reserve in advance. For more information check their website www.cambridgepubliclibrary.org or call 617-349-4041. Another resource is www.highlandstreet.org for a listing of museums that offer free admission on Fridays. For additional reading/math practice, select activities on the www.cpsd.us website under those curriculum areas.

With this booklet, we offer you a number of activities and suggestions to try with your child over the summer. Whether your child is a toddler, preschooler or school-age, this packet will provide you with a wealth of suggestions and resources for fun, educational and even relaxing activities.

Have a wonderful summer and remember to keep reading!


Mary E. Grassi
Title I Coordinator


Debbie Bonilla
Title I Family Liaison



Summer Reading Tips for Parents

- ❖ **Read aloud together** with your child every day. Make it fun by reading outdoors—on the front steps, patio, at the beach or park. Also, let your child read to you. For younger children, point out the relationship between words and sounds.
- ❖ **Set a good example!** Parents must be willing to model material around the house. Turn off the TV and have each person read his or her book, including mom and dad.
- ❖ **Read the same book** your child is reading and discuss it. This is the way to develop habits of the mind and build capacity for thought and insight.
- ❖ **Let kids choose** what they want to read, and don't "turn your nose up" at popular fiction. It will only discourage the reading habit.
- ❖ **Buy books on tape**, especially for a child with a learning disability. Listen to them in the car, or turn off the TV and have the family listen to them together.
- ❖ **As you go through the day**—cooking, gardening, grocery shopping, playing games—utilize this time as an opportunity to pick out words or read sentences.

- ❖ **Take your children to the library regularly.** Most libraries sponsor summer reading clubs with easy-to-reach goals for pre-school and school-age children. Check the library calendar for special summer reading activities and events. Libraries also provide age appropriate lists for summer reading.

- ❖ **Subscribe**, in your child's name, to magazines like *Sports Illustrated for Kids*, *Highlights for Children*, *National Geographic World* or *Cobblestone Magazine*. Encourage older children to read the newspaper and current events magazines, to keep up the reading habit over the summer and develop vocabulary. Ask them what they think about what they've read and listen to what they say.

- ❖ **Ease disappointment** over summer separation from a favorite school friend by encouraging them to become pen pals. Present both children with postcards and envelopes that are already addressed and stamped. If both children have access to the internet, e-mail is another option.

- ❖ **Make trips** a way to encourage reading by reading aloud traffic signs, billboards, notices. Show your children how to read a map, and once you are on the road, let them take turns being the navigator.

- ❖ **Encourage children** to keep a summer scrapbook. Tape in souvenirs of your family's summer activities—picture postcards, ticket stubs, photos. Have your children write captions and read them aloud as you look at the book together.

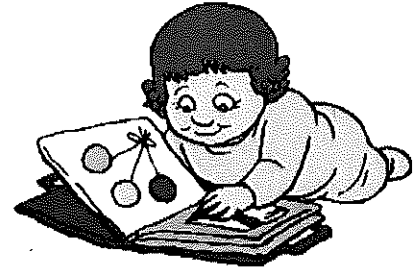


Activities for Babies

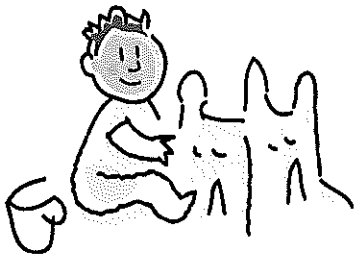


- ❖ **Bubbles:** Keep some bubbles in the non-spill container in the car and blow some bubbles for baby when someone else is doing the driving. This calms a baby right down and the big kids think it's fun too. Tiny bubble containers sold for party favors are fun for this purpose.
- ❖ **Peek-a-Boo:** An all time classic baby game that's perfect for the car. Hide behind a book or your head rest and pop up while squealing "Peek-a-boo!" and watch baby's delight. Then cover baby's eyes for a moment and let her pop out to see you!
- ❖ **Play Classical Music:** Recent stories have indicated that classical music may help boost baby's intelligence. That remains to be seen, but babies and grownups can both enjoy a little Beethoven or Mozart now and then. You can even find classical music like Baby Mozart just for babies.
- ❖ **Baby Music/Mother's Heartbeat on a CD:** Get some tunes just for babies such as Happy Baby Sounds to delight your baby.
- ❖ **Sing to Baby:** If possible, sit next to baby and make eye contact. Even if baby can't sing along, she will really enjoy your tunes, and nothing beats those old classics like, "Row, Row, Row your Boat," "Rock A Bye Baby" or "Itsy Bitsy Spider." Don't like to sing? Then try some Lullaby CDs. If English is not your first language, sing songs in your native tongue.
- ❖ **Where is Thumbkin?:** This is a little song game that you can try to get baby to play along by imitating you. Hid your hands behind your back and sing, "Where is Thumbkin? Where is Thumbkin?" Then bring one thumb around and pretend the thumb says, "Here I am!" (now the other thumb) "Here I am" (Now the two thumbs are talking to each other) "How are you today sir?" "Very well I thank you." Then sing, "Run away." (Hide one thumb) "Run away." (Hide the other thumb) You can repeat this with all the fingers (Pointer, Tall Man, Ring Man and Pinky).
- ❖ **Where is your nose?:** An older baby can practice learning all the parts of the body. Ask baby to show you...their nose. Then help them find their head, mouth, cheek, ear, chin, hand, foot, teeth, etc.
- ❖ **Babies love puppets:** Have a puppet "talk" to your baby. Let the puppet nibble her toes and hands. Babies love to hug puppets too.
- ❖ **Best Books:** Books made of vinyl, cardboard, or cloth with rounded edges
 - Books that focus on themes; transportation, animals and food
 - Nursery rhymes that have catchy predictable phrases children like
 - Books with photos of everyday objects, such as DK Counting Books, ABC Books, and
 - Books with pictures of human faces
 - Books with flaps or holes that children like to move or touch

Activities for Toddlers



- ❖ **Surprise Packages:** Prepare ahead for your extended car trips with paper bags of items to be given out every 25, 50, or 75 miles—marked on a map with the location. It takes a little bit of preparation to do this but it really helps young children. In each bag put a wrapped item—usually a small toy. Then in some of the surprise packages you can add juice or a snack, stickers and a piece of paper, or something pertaining to the trip that you can talk about.
- ❖ **Travel Tickets:** Use some colored construction paper to cut out some “tickets” for your trip. Give your child a pre-counted baggie full of tickets. Every half hour (or every 30 miles) they can turn in one ticket to you. When their tickets are gone, the trip has ended. This really helps young children get an idea of how much time is left on the journey.
- ❖ **Aluminum Foil Modeling:** Give everyone a sheet of aluminum foil. Have them mold it into anything they want: animal shapes, Frisbees, balls, jewelry, crowns, headband, and necklaces. Be creative.
- ❖ **Drawing Boards:** Such as Magna Doodle, Etcha Sketch, and small white boards with dry erase markers.
- ❖ **Hand Held Games:** Such as Simon, or other hand held games.
- ❖ **Piper Cleaners:** Buy a new bag of multi colored pipe cleaners and let their creative minds run wild. They can make letters, flowers, animals, chains, jewelry, and twist ties in their hair or just balls of many colors!
- ❖ **Felt Boards:** These are fun and you even make your own. Use a large piece of felt for the background mounted on a sheet of cardboard and cut out characters and shapes from different colored pieces of felt. Tell stories like the Three Pigs or Little Red Riding Hood using characters you’ve made.
- ❖ **Sewing Cards:** Using shoelaces or a piece of yarn, children can “sew” all the way around various shapes. You can buy these or make your own by cutting out shapes from thin cardboard and using a hole punch near the edge every inch or so.
- ❖ **Colorforms:** Similar to felt boards, but the pieces are made from thin plastic that sticks by static cling. These are also fun to stick on the windows of the car.
- ❖ **Best Books:** Rhyming stories
 - Books that feature the alphabet, numbers, colors, and shapes
 - Books that feature opposites: happy and sad
 - Simple stories with imaginative turns



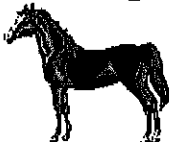
Activities for Pre-Schoolers

- ❖ **Make a collage** with your child on different themes (seashore, neighborhood walks).
Gather objects and glue them onto large colored construction paper.
- ❖ **Cut** pictures from magazines and paste them on blank paper to make an ABC Book.
- ❖ **Label** objects around your house.
- ❖ **Use** magnetic letters to build your child's name and to spell simple words.
- ❖ **Plant seeds** together and watch them grow. Record their growth on a graph.
- ❖ **Create** a fishing pond. Cut 10 fish shapes out of heavy cardboard. Decorate and add a paper clip to the tail of each fish. Place fish in a pretend pond. Make a fishing pole by tying a string to a wooden spoon and attach a magnet to the other end of the string. Take turns fishing. How many fish can you catch in one minute? Two minutes?
- ❖ **Play "What's in the Bag?"** Choose some objects from nature and put them in a paper bag without letting your child see them. Have your child close their eyes and give him/her one of the objects. Have your child touch the object and describe its characteristics. Have them guess the object. Variations: add objects not from nature (small toys, buttons, etc.) and see if your child can describe them and identify them.
- ❖ **Match Ups:** Name an object that is usually associated with another object or objects (e.g. salt/pepper; shoes/socks).
- ❖ **Story Telling:** Start a story, stop often and let them tell what would happen next.
- ❖ **Pick** a letter and have everyone look for things that start with that letter.
- ❖ **Stick Puppets:** Cut out people or animal shapes out of cardboard. Tape a craft stick or drinking straw in the back to use as a handle. Color characters with marking pens. Create your own puppet play!
- ❖ **Visit** your local playground. Play on the swings and slide. Play ball, jump rope, hopscotch or draw your favorite characters, objects on the ground with chalk.
- ❖ **Point** to the words when you read. Use the pictures to support the story.
- ❖ **Best Books:** Alphabet books, number books, or others that have catchy phrases or rhymes.
Picture books that tell simple stories
Books that have repetitive phrases or a predictable story line

See Road Trip Scavenger Hunt for Preschoolers on other side.

Road Trip Scavenger Hunt for Preschoolers

Scavenger Hunt

- | | |
|--|---|
| ☐ tall building  | ☐ store  |
| ☐ lake or pond  | ☐ person wearing a hat  |
| ☐ bike  | ☐ motorcycle  |
| ☐ bridge  | ☐ tractor  |
| ☐ green car  | ☐ bus  |
| ☐ cow  | ☐ dog  |
| ☐ truck  | ☐ gas station  |
| ☐ stop sign  | ☐ person on a cell phone  |
| ☐ taxi  | ☐ police car  |
| ☐ traffic light  | ☐ church  |
| ☐ horse  | ☐ semi-truck  |

Activities for Kindergarteners



- ❖ **Read** a story to your child. Have them retell the story back to you.
- ❖ **Have your child tell a story** by drawing. Staple the pages together and make a cover with their name as the author.
- ❖ **Take a walk** to your child's school. Explain the route. Play on the playground.
- ❖ **Ask** your child to locate items in the house that are shaped like rectangles, squares, etc.
- ❖ **Play** a sorting game. Using an egg carton or a muffin tin, place things that are alike (e.g. buttons, pasta, shells) in the same section. You can sort by color, shape and size.
- ❖ **For following directions** play, "Simon Says." The child must do whatever he is told as long as Simon says to do it. For example: You say, "Simon says stand up." Child does it. You say, "Simon says sit down." Child does it. You say, "Raise your hand." Child does nothing.
- ❖ **Bring or Take:** Help your child get used to following directions by first giving one very simple direction at a time. After much practice, move toward two, then three step directions. For example: "Take your shoes to the closet, please." "Bring your plate to me."
- ❖ **Variations on Game:** To stress the importance of following directions, ask your child to tell you how to make a peanut butter and jelly sandwich. Do exactly as the child says. For example, "Put the peanut butter on the bread," then set the jar of peanut butter on top of the loaf of bread. Soon your child will begin to see how important it is to give every direction exactly as it should be given and in the order necessary.
- ❖ **Use chalk** to outline your child on the ground. Measure height, length of legs, fingers, etc. Outline two children: find out the difference in height, etc.
- ❖ **Word play:** See how many rhyming words your child can make (e.g. cat/hat/mat; dad/mad/sad).
- ❖ **Cut** a magazine picture into several pieces. Put the "puzzle" back together.
- ❖ **Play with money.** Identify the different coins and their values.
- ❖ **Go on a nature scavenger hunt.** Decide ahead of time what you will look for. Either collect, draw or photograph your objects and then label them.
- ❖ **Blow bubbles:** See if all bubble wands produce the same size and shape of bubbles. Make your own wands with straws or strings.
- ❖ **Best Books:** Books with pictures that support the text
Books with large print, short sentences and text that resembles spoken language
Books that expand your child's imagination

See Road Trip Scavenger Hunt on the other side.

Road Trip Scavenger Hunt

City Scavenger Hunt:

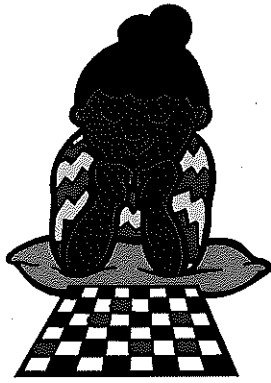
- ☐ flashing red light
- ☐ bus
- ☐ signs in foreign languages
- ☐ dog
- ☐ food store
- ☐ railroad tracks
- ☐ billboard with a child on it
- ☐ cop
- ☐ license plate with "Q"
- ☐ person with tall boots
- ☐ person talking
- ☐ on a cell phone

Suburbs Scavenger Hunt:

- ☐ school
- ☐ flashing traffic light
- ☐ food store
- ☐ someone on a bike
- ☐ statue
- ☐ church
- ☐ playground
- ☐ flower garden
- ☐ or snowman
- ☐ pickup truck
- ☐ WalMart
- ☐ Person walking
- ☐ a dog

Rural Scavenger Hunt:

- ☐ silo
- ☐ cows
- ☐ railroad tracks
- ☐ pond or lake
- ☐ dirt road
- ☐ tractor
- ☐ gas station
- ☐ horses
- ☐ oil pump
- ☐ barn
- ☐ deer
- ☐ armadillo (even if it's beside the road!)



Activities for First Graders

- ❖ **After reading**, ask your child specific questions about setting and characters. Ask your child to draw their favorite part of the story and write two sentences about the picture.
- ❖ **Play** board games with your child such as Checkers, Chess, Connect Four, and Scrabble for Juniors.
- ❖ **Sink/Float Activity:** Materials: "boat" made out of aluminum

foil; small objects such as coins, rocks, small toys

How to Play: 1) Fill a small tub with water 2) Set the "boat" on top of the water 3) Drop small objects into the water or set them nearby 4) Have your child guess how many objects the boat will hold before it sinks 5) Test the hypothesis to see if the guess was right.

- ❖ **Math Flashcards:** Take 20 Index cards. Take 10 cards and write the numbers 1-10 on them. On the remaining cards, find objects from magazines (or draw objects) that reflect the number.
- ❖ **Go Shopping:** Share a grocery flyer or ad with your child. "Pretend" shop and add up the prices of your items. Make sure to make healthy choices!
- ❖ **Telling Time:** Make a clock out of a paper plate. Using stickers, put one at the top of the "clock face" and one opposite and mark 12 and 6. Do the same with 3 and 9. Have him fill in the rest of the numbers. Make clock hands using poster board. Make two arrows, one shorter than the other. Use a paper fastener to attach the hands and move them around to practice telling time or to help your child remember when certain activities happen.
- ❖ **Play Charades:** Using index cards, write down (verbs, nouns, etc). Mix up the cards and pick one. If playing with a team, show them the word and then select one person on the other team to "act" out the word to his team.
- ❖ **Make a button bracelet.** Using elastic cord, string buttons onto the cord, threading the cord through the hole and down out of the opposite hole. Tie a knot in the cord on each end of the bracelet.
- ❖ **Best Books for your Child:** Books with pictures that support the text
Books with large print, short sentences and text that resembles spoken language
Books with more than 1 repetitive phrase
Books that expand your child's imagination
Books labeled "Early Readers" or "I Can Read" Books

Make "Play Dough" using the recipe on the other side.

PLAY DOUGH RECIPE

INGREDIENTS:

2 CUPS FLOUR

1 CUP SALT

1 CUP WARM WATER

1/8 CUP VEGETABLE OIL

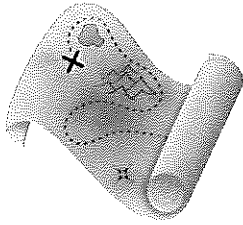
FOOD COLORING (Optional)

Mix all ingredients together with hands.

Add more flour if it is too sticky and more water if it is too dry.

Store in a plastic container or zip-lock bag.

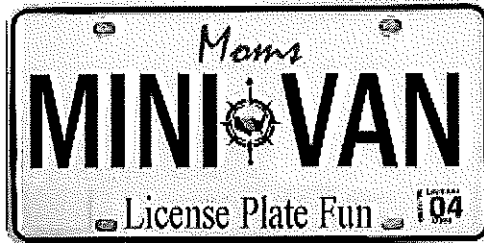




Activities for Second Graders

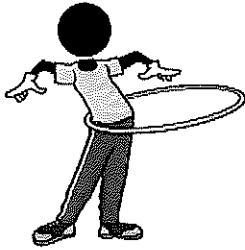
- ❖ **Hidden Treasure Map:** For this activity you will need a small treat (treasure for your child), paper, and crayons or markers. 1) Explain to your child that a map is a picture of a drawing of an area as it would look if you were looking down on it from high above. Point out that there are many different kinds of maps. 2) Ask your child if he has seen any maps. If so, discuss the kind of map your child has seen. 3) Tell your child that you have hidden a “treasure” in his bedroom and that together you will make a “treasure” map that will help him locate the treasure in the bedroom. 4) Go into the bedroom together. Tell your child to look around the room carefully. 5) Help your child draw a map of his bedroom using simple shapes (for example a rectangle could represent his dresser or bed). Next to each symbol print the work that goes with it. 6) Decide where north, south, east and west are in relation to your child’s bedroom. Label the map. 7) After your child has completed his hidden treasure map, give him a clue where the “treasure” is hidden in the room. For instance, if the “treasure” is under the bed or the pillow say, “It’s north and under something.”
- ❖ **Other Types of Maps to Make with Children:** This is My Street; This is How I Walk to School; This is How I Get to My Friend’s House
- ❖ **Play Where in the World?:** Talk with your child about places in the United States, Canada or the world in which you have lived or visited. Show the places to your child or discuss places where you would like to visit and find them on a map.
- ❖ **Flash Cards:** For this activity you will need a shoe box or zip lock bag, pencil and/or crayons, paper and/or index cards, collage materials (magazine pictures, buttons, glue sticks and so on) (optional), and a dictionary. 1) Have your child decorate a small shoe box either with collage materials or just with crayons or markers. 2) Every day ask your child what word he or she would like to put into her word box. 3) Write the word (or have the child write the word) on a small square of paper (or a piece of index card) and place it in the box. 4) Every day review the word your child wrote the day before. 5) At the end of each week review the words your child has in their box and see if she can use them in a sentence.
- ❖ **Visit the library** with your child and choose different types of books: stories, biographies, science books, poetry, etc.
 - Ask your child to predict 1) Sequence 2) Main Idea(s) and 3) Conclusion
 - Help your child relate the book to their own experience by asking them “how” and “why” questions
- ❖ **Best Books:** Books with a greater variety of words and more specialized vocabulary.
 - Books with illustrations that support the meaning of the story
 - Books with less dependence on repetition
 - Books with short chapters which contain an entire story

License Plate Game – 50 States



To play the "License Plate Game", see how many different license plates you can find on your trip and check them off your list. Work as a team in the car, or individually. Play just for one trip, or search for license plates all summer, and see how many you can find between Memorial Day and Labor Day. You might even record the time and date and the state where you saw it. This can be a family project as you build your "collection" of license plate sightings together.

☐ Alabama	☐ Louisiana	☐ Ohio
☐ Alaska	☐ Maine	☐ Oklahoma
☐ Arizona	☐ Maryland	☐ Oregon
☐ Arkansas	☐ Massachusetts	☐ Pennsylvania
☐ California	☐ Michigan	☐ Rhode Island
☐ Colorado	☐ Minnesota	☐ South Carolina
☐ Connecticut	☐ Mississippi	☐ South Dakota
☐ Delaware	☐ Missouri	☐ Tennessee
☐ Florida	☐ Montana	☐ Texas
☐ Georgia	☐ Nebraska	☐ Utah
☐ Hawaii	☐ Nevada	☐ Vermont
☐ Idaho	☐ New Hampshire	☐ Virginia
☐ Illinois	☐ New Jersey	☐ Washington
☐ Indiana	☐ New Mexico	☐ Washington, DC
☐ Iowa	☐ New York	☐ West Virginia
☐ Kansas	☐ North Carolina	☐ Wisconsin
☐ Kentucky	☐ North Dakota	☐ Wyoming
☐ Bonus! Find plates from Canada, Mexico, or US Territories		



Activities for Third and Fourth Graders

- ❖ **Read a recipe** and prepare a meal with your child. Will you have to double it? Half the recipe?
- ❖ **Practice** multiplication tables while spinning a Hula Hoop. Have two children compete against each other.
- ❖ **Make** a Family Cookbook. Talk about family favorites and traditions. Interview family members and write down recipes. Illustrate your cookbook or take photos of family members that were interviewed.
- ❖ **Use** sidewalk chalk to draw family portraits. Spend time together outside on a sunny day.
- ❖ **Calculate** how many miles your child rides on his/her bike over the summer. Chart by the week, month, until the end of vacation.
- ❖ **Get** a grocery store circular and add up what it would cost when your child does the shopping!
- ❖ **Science Game:** Make up your own concentration game using science facts. On one index card, write a question (e.g. What's the smallest planet? and on the other the answer – Mercury). Try to find the match. Make up at least 10 questions and answers. Additional topic suggestions: weather, dinosaurs, plants, electricity etc.
- ❖ **Encourage** your child to start reading newspapers. Have them look for “who”, “what”, “when”, “where”, and “how”.
- ❖ **Keep** a Vacation Scrapbook/Journal. Write notes, keep brochures, and take pictures to document activities that your child participates in over the summer.
- ❖ **Read a book** with your child (e.g. Charlie and the Chocolate Factory; Babe; Harry Potter books; Matilda) and then watch the movie. Discuss which one you liked best.
- ❖ **Best Books:** Chapter books where sequence of events in stories are longer and events are fully developed
Choose books with sequels or by the same author
Non-fiction books on subjects that interest your child

Help your child learn during family vacations

Keeping young minds active through the summer is a real challenge. Yet, studies show that children who remain active learners outside the classroom are more prepared to return to school in the fall.

Careful planning and commitment can turn your children's vacation into an exciting learning experience. Here are some summer activities to try on your next trip:

Get organized before you leave

- Find interesting places to visit locally and outside the city. Get your children involved in planning trips.
- Fill a sturdy bag with supplies including pads of paper, pencils, pens, erasers, felt markers, a ruler, reading materials, tape, scissors and maps of the entire area to be travelled.
- Buy your children notepads to keep a diary or a journal of their activities while on vacation.
- For car trips, bring books on tape to play in the car.

Make reading part of your child's vacation

- Vacations can offer a great opportunity for parents and children to read together. Take time every day for the whole family to read by themselves or together. Even 10 or 15 minutes is fine.
- On car trips, ask your children to read the signs and check the different speed limits.
- Play the alphabet game on road trips. Start with "A" and look for that letter on road signs, billboards, license plates, or buildings. When you find an "A", move on to "B" and so on through the alphabet.
- Collect reading materials from the trip, including newspapers, travel bureau brochures and menus.

Encourage summer writing

- Record each day's events in a journal, including a description of the place, postcards or personal drawings, an evaluation of the event, and specimens – sand, plants, seeds, theatre ticket stubs.
- Help your children write lists of things they hope to do on the trip.
- Compile a list of names and addresses of friends and relatives to take on your trip. Encourage your children to write letters and postcards to them.
- Write at least one letter to your children during the summer. Ask your children to write back.
- Many hotels and restaurants have customer satisfaction cards. Enlist your children's help in filling them out.

Sharpen math skills on trips

- Help your children figure out the travel time required, the cost, and the best time to make the trip.
- At the gas station, ask your children how much gas you need and the cost per litre.
- Ask your child to watch the speedometer readings and notice how fast or slow the car is going.

- Have your children estimate the distances between cities and check the estimates on a road map.
- Have your children count the number of red, blue or white cars they see on the trip or the number of restaurants with green, black or white roofs.
- Play card games to help your children learn how to add and subtract or categorize cards by finding matching suits.
- Give your children spending money for the trip. Allow them to use their math skills to manage their own money during the trip.
- In a restaurant, have your children find menu items that cost less than \$3 or more than \$5. Help your children estimate the total bill and the amount of change you will get back.

Help your children learn about history

- Visit historical sites along the way and save the information brochures.
- Visit places in the city that relate to something your children studied during the school year, such as a museum, a zoo or a local wildlife habitat.

Help your children with geography

- Gather bus and subway route maps and schedules to a special place in your area – the zoo, a museum, a baseball stadium. Help your child be the navigator for the trip.
- Help your children plan your route and write directions to your destination.
- While driving on the highway, ask your children to spot out-of-town license plates to see how many provinces or US states they can find. Have your children find the provinces or states on a map. Talk about what the place has that's different from where you live.

When you get home

- Check out library books and videos to reinforce new learning from your trip.
- Encourage children to take their journals to school to share with the class in the fall.

Of course, one of the most important parts of a summer vacation is time spent with your children. Helping your children enjoy activities that stimulate the mind will teach them to appreciate life and lifelong learning.

Internet Safety: What Can Parents Do

1. Develop your own knowledge base.

- Google yourself, your children, your phone number to see what information others have access to.
- Visit popular kid and teen websites so you'll be able to talk about them with your kids.
- Learn the necessary terminology and jargon.
- Learn about intellectual and copyright regulations.
- Learn how to make secure passwords.

2. Maintain a dialog with your children.

- Talk to them about safety, legal issues, "netiquette," and your family values.
- Ask them to show you where they go on the Internet. Find out *why* they go there? What's fun about it? How do they use it?
- Ask them questions: What if someone asks for your phone number? What if someone posts something that makes you uncomfortable?
- Talk about the possible differences between web-based friendships and actual, personal contact.

3. Develop some family rules, such as:

- Never give out personal information on the Internet.
- Never arrange to meet in person with someone you've "met" online.
- If someone sends you a rude, obscene or threatening message, tell an adult and get help notifying the ISP.
- Never open unsolicited email or attachments. They could contain viruses, worms, or even obscene material.
- Remember that not everything you read/see on the Internet is true.
- Make sure user names and passwords do not contain easily identifiable information.

4. Stand up for what you believe.

- As with many other aspects of parenting, your family Internet rules and values may be different than those of other families. If you want your children to follow yours, you must be clear about what the rules are *and* why you have them. Remember that communication is the real key to Internet safety.

Websites for information on Internet Safety:

- Safekids.com (English only)
- Netsmartz.org (English and Spanish)
- Kidshealth.org (English and Spanish)
- Isafe.org (English only)

Health Education
Cambridge Public Schools
459 Broadway, Cambridge MA 02138
617-349-6851 kdeandrade@cpsd.us

Cambridge Summer Food Program

Join us this summer for free activities and meals Monday through Friday at Cambridge parks!
Begins Monday, July 1st through Thursday, August 15th, 2019

Danehy Park (99 Sherman St., Cambridge, Ma 02140; by the sprinklers)

Fresh Pond Apartments Playground (Rindge Ave, Cambridge, Ma 02140)

Gold Star Mother's Park (Gore St., Cambridge, Ma 02141)

Green-Rose Heritage Park (Harvard St., Cambridge, Ma 02139)

Hoyt Field (Gilmore St., Cambridge, Ma 02139)

Hurley Street Playground (252 Hurley St., Cambridge, Ma 02141)

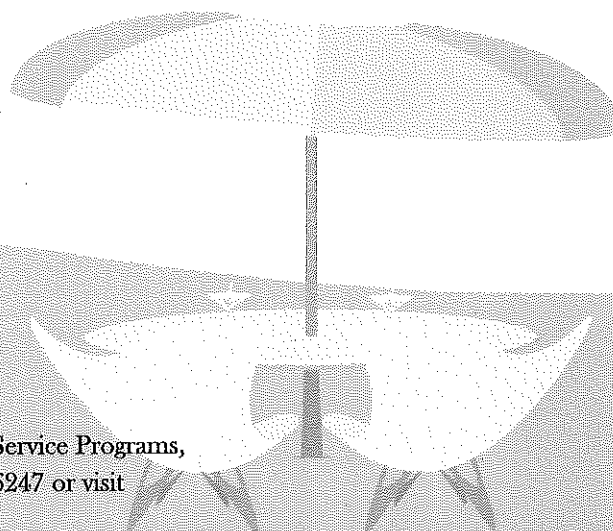
Russell Field Park (333 Rindge Ave. Cambridge, Ma 02140)

Sennott Park (Broadway, Cambridge, Ma 02139; Behind the Moses Youth Center)

Free Activities and Lunch for Children 18 & Under!

10:30am-11:30am: Exercise and Activities

11:30am-12:30pm- Lunch

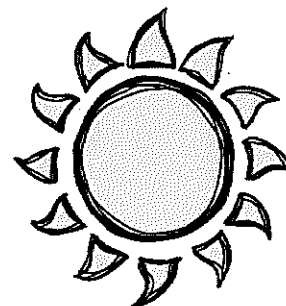


These programs are provided by the Department of Human Service Programs,
City of Cambridge. To learn more, please call 617-349-6247 or visit

www.cambridgema.gov/dhsp/summerfood.

All activities are weather permitting.

This institution is an equal opportunity provider



Cambridge Book Bike Summer 2019

Bringing free books and activities for
Cambridge kids of all ages to a
park near you!

Schedule

July 8 to August 9, 11:30 a.m. – 12:30 p.m.

Mondays: Greene-Rose Heritage Park (Harvard St.)

Tuesdays: Fresh Pond Apartments Playground (Rindge Ave)

Wednesdays: Hoyt Field (Gilmore St.)

Thursdays: Danehy Park (Sherman St.)

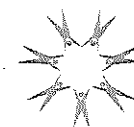
Fridays: Gold Star Mothers Park (Gore St.)

**The Summer Food Service
Program offers free lunch
to kids at these parks
Monday-Friday.**

Held weather permitting. For rain cancellation and holiday info, check: Facebook, Twitter or call 617-349-4038

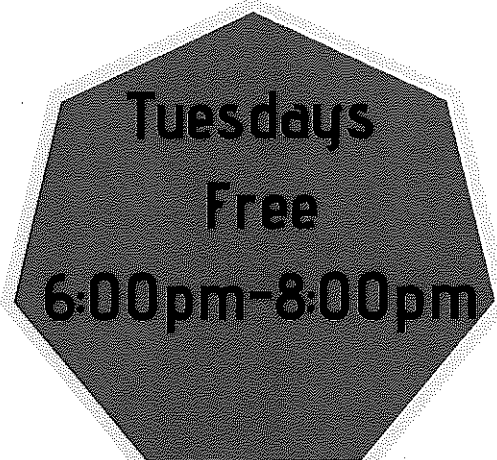
Web: Cambridgebookbike.org, Facebook: @CambridgeBookBike, Twitter: @book_bike

In partnership with Summer Food Service Program (DHSP)



**SUMMER
CONCERT SERIES
2019**

JULY 2ND TO AUGUST 6TH
CITY OF CAMBRIDGE
**DANEHY
PARK**



**Tuesdays
Free
6:00pm-8:00pm**

*Presented by: **PASSIM.ORG***
A FAMILY-FRIENDLY EVENING OF LIVE MUSIC



ARTS IN THE PARK 2019

Free art activities, community potlucks and entertainment in local neighborhood parks.
All young children must have adult supervision. Join us for fun in the shade, right in your own neighborhood!

WEST CAMBRIDGE NEIGHBORHOOD

Haggerty Community School

July 8th - August 14th

Mondays, Wednesdays & Fridays 10:00am - 12:00 pm

—Glacken Field Park—

(Located at 600 Huron Avenue)

Contact: Kristina Cook, Community School Director
(617) 349-6308 or kcook@cambridgema.gov

EAST CAMBRIDGE NEIGHBORHOOD

Kennedy Community School

July 8th - August 15th

Mondays, Wednesdays & Fridays 10:00am - 12:00 pm

—Ahern Park—

(Located at Fulkerson and Charles Street)

Contact: Shirley Santos, Community School Director
(617) 349-6308 or ssantos@cambridgema.gov

RIVERSIDE NEIGHBORHOOD

M.L. King Jr. Community School

Art and Science in the Park

July 8th - August 15th

Mondays - Thursdays 10:00am - 12:00 pm

—Riverside Press Park—

(Located on Memorial Drive at River Street)

Contact: Claire Carr, Community School Director
(617) 349-6269 or ccarr@cambridgema.gov

MID-CAMBRIDGE NEIGHBORHOOD

Longfellow Community School

"PARK DAYS"

June 24th - August 16th

Mondays, Wednesdays & Fridays 10:00am - 12:00 pm

—Cooper Park—

(Located on Hancock Street and Centre Street)

June 25th - August 15th

Tuesdays & Thursdays 10:00am - 12:00 pm

—Maple Avenue Park—

(Located at Maple Avenue and Marie Avenue)

Community evenings with family friendly entertainment!

July 11th, 18th, 25th, August 1st & August 8th

Thursdays 6:00pm - 8:00pm

—Cooper Park—

(Located on Hancock Street and Centre Street)

Contact: Sikha Sen, Community School Director
(617) 349-6260 or ssen@cambridgema.gov

CAMBRIDGEPORT NEIGHBORHOOD

Amigos-Cambridgeport Community School

July 1st - August 8th

Mondays - Thursdays 10:00am - 12:00 pm

—Dana Park—

(Located on Magazine Street at Corporal McTernum Street)

Contact: Lissette Castillo, Community School Director
(617) 349-6824 or lcastillo@cambridgema.gov

NORTH CAMBRIDGE NEIGHBORHOOD

Fitzgerald/Peabody Community School

July 1st - August 15th

Mondays, Tuesdays, Thursdays & Fridays 10:00am - 12:00 pm

—Bergin Park—

(Located at Pemberton Street and Haskell Street)

Contact: Carolyn Rodrigues, Community School Director
(617) 349-6302 or crodriques@cambridgema.gov

Elm Street Community School

July 2nd - August 8th

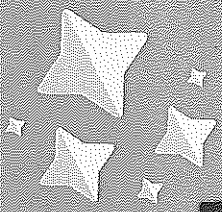
Tuesdays, Wednesdays & Thursdays 10:00am - 12:00 pm

—Sennott Park—

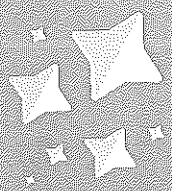
(Located on Broadway at Norfolk Street)

Contact: Wade Lindhorst, Community School Director
(617) 349-6307 or wlindhorst@cambridgema.gov

All events will be canceled in case of inclement weather. No programs July 4th.



SCREEN ON THE GREEN 2019



JULY 3RD - DONNELLY FIELD

RAIN SITE - FRISOLI YOUTH CENTER, 61 WILLOW STREET

JULY 10TH - HOYT FIELD

RAIN SITE - MOORE YOUTH CENTER, 12 GILMORE STREET

JULY 17TH - SENNOTT PARK

RAIN SITE - MOSES YOUTH CENTER, 243 HARVARD STREET

JULY 24TH - RINDGE FIELD

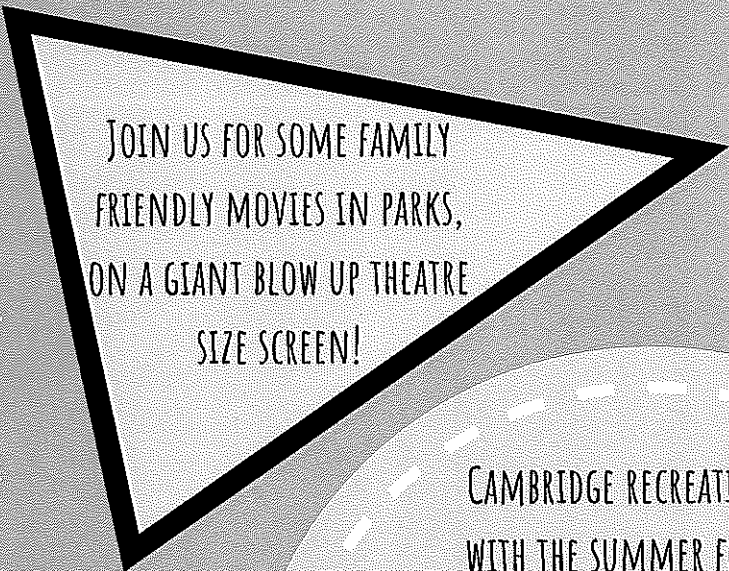
RAIN SITE - GATELY YOUTH CENTER, 70 RINDGE AVENUE

JULY 31ST - GREENE ROSE HERITAGE PARK

RAIN SITE - MOSES YOUTH CENTER, 243 HARVARD STREET

AUGUST 7TH - GLACKEN FIELD

RAIN SITE - RUSSELL YOUTH CENTER, 680 HURON AVENUE



JOIN US FOR SOME FAMILY
FRIENDLY MOVIES IN PARKS,
ON A GIANT BLOW UP THEATRE
SIZE SCREEN!



CAMBRIDGE RECREATION
WITH THE SUMMER FOOD
PROGRAM WILL BE
PROVIDING FOOD AT EACH OF
OUR SCREEN ON
THE GREEN EVENTS.
FOOD WILL BE AVAILABLE
WHILE SUPPLIES LAST,
STARTING AT 7:00PM



**Please Call DHSP at
617-349-6200
Or Visit
www.cambridgema.gov/dhsp**

City's Outdoor Recreational Sites

Cambridge maintains numerous parks and playgrounds throughout the City including tot lots, basketball courts, tennis courts and athletic fields. The following is a list of recreational sites and their locations. A number of the playgrounds will be staffed by the Recreation Department this summer during July and August, from 9:00 am – 4:00 pm. Evening activities will also be offered from 5:00 pm – 7:30 pm at selected sites. Call Tom Cusick at 617-349-6238 beginning in May for more information.

	Tot Lots	Athletic Fields	Basketball Courts	Tennis Courts		Tot Lots	Athletic Fields	Basketball Courts	Tennis Courts
Alberico Playground, <i>Allston Street</i>	x		x		King School Playground, <i>Putnam Street</i>	x		x	
Alden Playground, <i>Oxford Street</i>	x				Larch Road Playground, <i>Larch Road</i>	x		x	
Bergin Playground, <i>Pemberton Street</i>	x				Library Park, <i>Broadway Street</i>	x			x
Cambridge Common, <i>Garden Street</i>	x				Lindstrom Field, <i>Granite Street</i>	x	x	x	
Clarendon Ave. Playground, <i>Clarendon Street</i>	x				Longfellow School, <i>Broadway Street</i>	x		x	
Columbia Street Park, <i>Columbia Street</i>	x		x		Lopez Street Playground, <i>Lopez Street</i>	x			
Comeau Field, <i>Rindge Avenue</i>					Maple Avenue Playground, <i>Maple Avenue</i>	x			
Cooper Playground, <i>Hancock Street</i>	x				Market Street Playground, <i>Market Street</i>	x			
Corcoran Field, <i>Raymond Street</i>	x	x	x		Maher Park, <i>Concord Avenue</i>		x		
Corporal Burns Playground, <i>Banks Street</i>	x		x		Paine Playground, <i>St. Mary's Road</i>	x		x	
Costa Lopez Playground, <i>Charles Street</i>	x		x		Peabody School Playground, <i>Walker Street</i>	x		x	
Dana Park, <i>Allston Street</i>	x		x		Pine Street Playground, <i>Pine Street</i>	x			
Danehy Park, <i>Sherman Street</i>	x	x			Rafferty Playground, <i>Concord Avenue</i>	x	x	x	
David Nunes Playground, <i>Brookline Street</i>	x		x		Rev. Williams Playground, <i>Dudley Street</i>	x		x	
Donnelly Field, <i>Willow Street</i>	x	x	x		Rindge Field, <i>Haskell Street</i>	x	x	x	x
Fr. Callahan Playground, <i>Concord Avenue</i>	x	x	x		Riverside Press Park, <i>River Street</i>	x		x	x
Fulmore Playground, <i>Sidney Street</i>	x				Russell Field, <i>Rindge Avenue</i>	x	x		
Gibbons Park, <i>Columbus Avenue</i>	x				Sacramento Field, <i>Sacramento Street</i>	x	x	x	
Glacken Field, <i>Huron Avenue</i>	x	x	x	x	Sennott Park, <i>Broadway Street</i>	x	x	x	
Gore Street Playground, <i>Gore Street</i>	x	x	x		Silva Playground, <i>Otis Street</i>	x			
Greene Rose Heritage, <i>Harvard Street</i>	x			x	St. Peter's Field, <i>Sherman Street</i>	x	x	x	
Hoyt Field, <i>Western Avenue</i>	x	x	x	x	Strawberry Hill, <i>Cushing Street</i>	x			
Hurley Street Playground, <i>Hurley Street</i>	x		x		Warren Pals Playground, <i>Jefferson Street</i>	x			
J.J.Ahern Playground, <i>Fulkerson Street</i>	x	x	x		Wilder Lee, <i>West Street</i>	x			

Your Ticket to FREE Summer Fun!

100 VENUES! 10 FRIDAYS!

FRIDAY 28 JUNE

Lyric Stage Company of Boston
Cape Ann Museum
Clark Art Institute
MIT Museum
Nichols House Museum
Norman Rockwell Museum
Plymouth Plantation
The Mount: Edith Wharton's Home
Wenham Museum
Worcester Art Museum

FRIDAY 05 JULY

Amelia Park Children's Museum
Cape Cod Maritime Museum
Children's Museum in Easton
Edward Gorey House
Falmouth Museums on the Green
Jacob's Pillow
Museum of Printing
Pilgrim Hall Museum
The Old Manse, The Trustees
The Telephone Museum

FRIDAY 12 JULY

Museum of Fine Arts, Boston
Charles River Watershed Association
Chesterwood
Children's Museum of Greater Fall River
Gloucester Stage Company
Mahaiwe Performing Arts Center
New England Quilt Museum
The Patriots Hall of Fame
Smith College Museum of Art
Springfield Museums

FRIDAY 19 JULY

Boston Children's Museum
The Arnold Arboretum of Harvard University
Battleship Cove
Cape Cod Children's Museum
Nantucket Maria Mitchell Association
New England Historic Genealogical Society
Peabody Essex Museum
Sandwich Glass Museum
Spellman Museum of Stamps & Postal History
The Eric Carle Museum of Picture Book Art

FRIDAY 26 JULY

Isabella Stewart Gardner Museum
Edward M. Kennedy Institute for the U.S. Senate
Cape Cod Museum of Art
Commonwealth Museum
Commonwealth Shakespeare Company
Fitchburg Art Museum
Historic Deerfield
Larz Anderson Auto Museum
The Gardens at Elm Bank (Mass Hort)
Ventfort Hall Mansion & Gilded Age Museum

FRIDAY 02 AUGUST

Franklin Park Zoo
Boston Symphony Orchestra at Tanglewood
Chatham Shark Center
Children's Museum at Holyoke
Concord Museum
International Volleyball Hall of Fame
Lynn Museum
Museum of Russian Icons
Naumkeag, The Trustees
Old State House

FRIDAY 09 AUGUST

Boston Harbor Islands National and State Park
Davis Museum at Wellesley College
Gore Place
Hancock Shaker Village
JFK Hyannis Museum
Museum of the National Center of Afro-American Artists
New Bedford Whaling Museum
Old Colony History Museum
Worcester Historical Museum
The Greenway Carousel

FRIDAY 16 AUGUST

John F. Kennedy Presidential Library & Museum
Berkshire Theatre Group
Cahoon Museum of American Art
Discovery Museum
Fruitlands Museum, The Trustees
Fuller Craft Museum
Harvard Museums of Science & Culture
Paragon Carousel
Provincetown Art Association and Museum
USS Constitution Museum

FRIDAY 23 AUGUST

The Institute of Contemporary Art/Boston
Berkshire Museum
Boston Athenaeum
Buttonwood Park Zoo
Emily Dickinson Museum
Fort Devens Museum
Freedom Trail® Foundation
Heritage Museums & Gardens
Museum of African American History
The Mary Baker Eddy Library & Mapparium

FRIDAY 30 AUGUST

Old Sturbridge Village
Cape Cod Museum of Natural History
Griffin Museum of Photography
Hull Lifesaving Museum
Mass Audubon's Ipswich River Wildlife Sanctuary
MASS MoCA
Museum of the First Corps of Cadets
Osterville Historical Museum
Capron Park Zoo
EcoTarium



f /HighlandStreet

@HighlandStreet
#FreeFunFridays

@highlandstreetfoundation

Please visit HighlandStreet.org or
call 617.969.8900 for more information

WCVB
The Boston Globe



Find It Cambridge

FIND MORE ■ LEARN MORE ■ DO MORE

**A website for those who live, work, and play in Cambridge
to easily find activities, services, and resources!**



www.finditcambridge.org

You can find...

- Afterschool
- Art classes
- Childcare
- Computer Labs
- Counseling
- Food Pantries
- Immigration Services
- Job Training
- Theatre
- Volunteer Opportunities
- and so much more...

Find It Here Experts are available at these locations to provide you with In person support:

Cambridge Public Schools' Family Resource Center

459 BROADWAY | CALL HECTOR AT 617.652.5232

Hours: Monday and Wednesday | 9AM - 1PM

Cambridge Economic Opportunity Committee (CEOC)

11 INMAN STREET | 617.868.2900

Hours:

- Monday | 9AM - 8PM
- Tuesday, Wednesday and Thursday | 9AM - 5PM
- Friday | 9AM - 1PM

Center for Families

70R RINDGE AVE | 617.349.6385

Hours: Monday - Friday | 9AM - 5PM

Margaret Fuller Neighborhood House

71 CHERRY STREET | 617.547.4680

Hours: Monday- Friday | 9:30AM - 5PM

Saturday: 9AM - 12NOON

Like and follow Find It
Cambridge on Facebook,
Twitter, Instagram, and
Pinterest.



Photos by Danny Goldfield.

