

# January 2026

## Dallas Elementary Menu

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

People born in January fall under the zodiac signs of Capricorn (December 22 - January 19) or Aquarius (January 20 - February 18). The birthstone for January is garnet.

1  
Pretzel/ Cheese

5  
Burrito  
Turkey Sandwich

12  
Pretzel/ Cheese

Bosco Cheese  
Sticks  
Toasted Cheese

19  
No School

26  
No School

6  
Waffles

Chicken Quesadilla  
Yogurt/ Grahams

13  
Breakfast Pizza

Beef Taco  
Ham Sandwich

20  
Waffles

Chicken Quesadilla  
Yogurt/Grahams

27  
Breakfast Pizza

Beef Taco  
Ham Sandwich

7  
French Toast  
Sticks

Hamburger  
Ham Sandwich

14  
French Toast  
Sticks

Sloppy Joe  
Turkey Sandwich

21  
French Toast  
Sticks

Chicken Tenders  
Ham Sandwich

28  
French Toast  
Sticks

Hamburger  
Turkey Sandwich

8  
Breakfast  
Cookie

Pulled Pork  
Turkey Sandwich

15  
Breakfast Cookie

Spaghetti  
Corn Dog

22  
Breakfast Cookie

Chicken Alfredo  
Pasta  
Turkey Sandwich

29  
Breakfast  
Cookie

Pulled Pork  
Turkey Sandwich

9  
Benefit Bar

Pizza

16  
Benefit Bar

Pizza

23  
No School

30  
Benefit Bar

Pizza

1  
No School

2  
No School

**Oranges and Clementines** – the juicy citrus fruits that are in season during winter time are vitamin goldmines! They may boost your system and improve your skin. A whole orange contains only about 85 calories and no fat, cholesterol or sodium. Plus they are good to eat!!

There are Substitute positions available in the Food Service Department. Apply at [edustaff.com](http://edustaff.com)

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