

Breakfast Menu

Dobbs Ferry Middle/High School

January 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



SCHOOL CLOSED TODAY

5 Whole Grain French Toast Slices Fresh Banana 100% Apple Juice



6 Homemade Waffles Crispy Potato Puffs Fresh NY Local Apple 100% Orange Tangerine

7 WW Honey Bun 100% Juice Fruit Punch

8 Homemade Waffles Turkey Bacon Roasted Potatoes Fresh Strawberries Fresh Fruit Cup 100% Apple Juice

9 Scrambled Eggs Whole Grain Biscuit Roasted Potatoes 100% Juice Fruit Punch



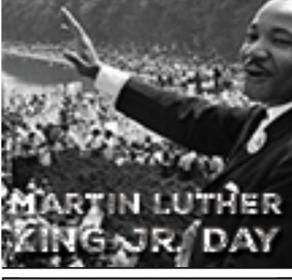
12 Bacon, Egg and Cheese Breakfast Sandwich Applesauce 100% Juice Fruit Punch

13 Homemade Waffles Crispy Turkey Sausage Links Fresh Strawberries 100% Orange Tangerine

14 Homemade French Toast Crispy Potato Puffs Fresh Banana 100% Juice Fruit Punch

15 Homemade Waffles Scrambled Eggs Fresh Fruit Cup 100% Apple Juice

16 Mini Cinnamon Pull Apart Roll Fresh NY Local Apple 100% Juice Fruit Punch



20 Homemade French Toast Fresh Blueberries 100% Juice Fruit Punch Fat Free Chocolate Milk



21 Whole Grain Biscuit Crispy Chicken Patty Crispy Potato Puffs Sliced Oranges 100% Apple Juice

22 Homemade Waffles Turkey Bacon Roasted Potatoes Fresh Strawberries 100% Apple Juice Fresh Fruit Cup

23 Bagel Melt Fresh NY Local Apple 100% Juice Fruit Punch



26 Mini Cinnamon Pull Apart Roll Sliced Oranges 100% Juice Fruit Punch

27 Homemade Waffles Crispy Potato Puffs Fresh NY Local Apple 100% Orange Tangerine

28 Apple Strudel Fresh Peaches Fresh Fruit Cup 100% Juice Fruit Punch

29 Homemade Waffles Scrambled Eggs Fresh Fruit Cup 100% Apple Juice

30 Ham & Cheese Bagel Melt Fresh Strawberries 100% Juice Fruit Punch

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

DAILY BREAKFAST OPTIONS

TUESDAYS AND THURSDAYS HOME MADE WAFFLES

ASSORTED WHOLE GRAIN MUFFINS

FRESH NY BAKED BAGELS

WG REDUCED SUGAR CEREALS

Vegetarian Made With ANY QUESTIONS CONTACT THE FSD

PAID BREAKFAST PRICE: FREE 2ND BREAKFAST \$1.25 ADULT: 3.25

ADULT PRICES ARE TENTATIVE TO CHANGE

MADE TO ORDER BREAKFAST SANDWICHES

FRUIT SMOOTHIES , YOGURT PARFAITS W/ GRANOLA

ALL BREAKFAST MEALS ARE SERVED WITH A FRESH FRUIT & JUICE

MASSIAH@DFSD.ORG

Lunch Menu

Dobbs Ferry Middle/High School

January 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

LET'S CELEBRATE!



SCHOOL CLOSED TODAY

5 Buffalo Chicken Mac & Cheese 🍷
Sauteed Zucchini
Cinnamon Applesauce



6 Cheesy Stuffed Bread Sticks 🍷
Oven Baked Fries
Red Peppers
Plums

7 BBQ Chicken
Sweet Potato Fries
Steamed Carrots
Fruit Salad



8 Chicken Lo Mein 🍷
Steamed Broccoli
Apple Slices



9 Nachos Grande 🍷
Confetti Black Bean Salad
Fiesta Corn
Fresh Grapes

GROUND BEEF

12 Grilled Cheese Sandwich 🍷
Homemade French Fries
Cajun Roasted Broccoli
Fresh Blueberries

13 Crispy Tacos
Seasoned Rice
Fiesta Corn
Fresh Orange
Confetti Black Bean Salad

GROUND BEEF

14 Herb Roasted Chicken
Mashed Potatoes
Fresh Cucumber Salad
Watermelon Slices

15 Tator Taco 🍷
Carrot Sticks
Confetti Black Bean Salad
Strawberries
Turkey taco meat



16 Beef Hot Dog on Bun
Golden Baked Potato Wedges
Roasted Broccoli
Fresh Fruit Cup

HONEYDEW



MARTIN LUTHER KING JR. DAY

20 Homemade Pesto Pasta with Chicken 🍷
Fiesta Corn
Watermelon Slices



21 Beef Fajita Wrap 🍷
Brown Rice
Fajita Style Onions and Peppers
Sofrito Black Beans
Sliced Oranges

GROUND BEEF

22 Meatball Hero 🍷
Golden Baked Potato Wedges
Sauteed Spinach
Berry Cup

CHICKEN MEATBALLS

23 Chicken Drumstick Doubles
Yellow Seasoned Rice
Roasted Butternut Squash
Sliced Oranges

26 General Tso Chicken Noodle Bowl 🍷
Corn & Pepper Salad
Fruit Salad

27 Veggabol Fiesta Rice and Beans Bowl 🍷
Yellow Rice
Seasoned Black Beans
Watermelon Slices
Cherry Tomatoes

28 Dutch Waffles
Chicken
Sweet Potato Fries
Baked Plantains
Maduros
Fresh Fruit Cup
Pineapple

29 Vegetable Fried Rice
Seared Dumplings 🍷
Carrot Dippers
Mixed Vegetable Blend
Sliced Apples
Sauteed Spinach

30 Homemade French Toast 🍷
Crispy Turkey Sausage Links
Crispy Potato Puffs
Carrot Sticks
Strawberries

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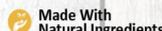
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Available Daily

Deli: Made to order Sandwiches, Paninis, & Quesadilla.

Grill: Chicken Patties, Spicy Chicken Patties & Burgers.

CARROT STICKS, CELERY STICKS & GARDEN SALAD



ANY QUESTIONS OR CONCERNS CONTACT THE FSD
FOODSERVICE@DFSD.ORG

Pizza: Cheese, Pepperoni & Daily Special

Make to order Salads, Smoothie and Fruit Parfaits

PAID LUNCH: 1ST LUNCH FREE; SECOND LUNCH: \$2.75

ALL MEALS ARE SERVED WITH A FRUIT, VEGETABLE, 1% MILK OR FF CHOCOLATE MILK & 100% FRUIT JUICE