

# Breakfast Menu

## Springhurst Elementary

**January  
2026**

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



**SCHOOL  
CLOSED  
TODAY**

5 Blueberry Muffin ✓  
Fat Free Chocolate Milk  
Cinnamon Toast Crunch Bar Breakfast Kit  
Corn Flakes Cereal ✓  
Applesauce

6 Mini French Toast  
Fresh Orange  
Crispy Turkey Sausage Links  
100% Orange Tangerine

7 WG Donut ✓  
Crispy Potato Puffs  
Fresh Banana  
100% Juice Fruit Punch

8 Scrambled Eggs with Cheese ✓  
Fresh Strawberries  
100% Apple Juice  
Mini French Toast

9 Blueberry Muffin ✓  
100% Juice Fruit Punch  
Sliced Apples



12 Homemade Waffles ✓  
Scrambled Eggs ✓  
Plums



13 Whole Grain French Toast Slices ✓  
Crispy Turkey Sausage Links  
Fresh Banana  
100% Orange Tangerine

14 Apple Strudel ✓  
Sliced Oranges  
100% Juice Fruit Punch



15 Homemade Waffles ✓  
Scrambled Eggs ✓  
100% Apple Juice  
Fresh NY Local Apple

16 WW Honey Bun ✓  
Pineapple  
100% Juice Fruit Punch



20 Chocolate Chip Muffin ✓  
Fresh NY Local Apple  
Unflavored 1% Milk

21 Fluffy Whole Grain Pancakes ✓  
Crispy Potato Puffs  
Fresh Banana  
100% Juice Fruit Punch

22 Scrambled Eggs with Cheese ✓  
Fresh Blueberries  
Blueberry Muffin ✓  
100% Apple Juice

23 Whole Grain Pancakes with Ham P  
Pineapple  
100% Juice Fruit Punch

26 WG Donut ✓  
Turkey Bacon  
Fresh Banana  
100% Juice Fruit Punch

27 Blueberry Muffin ✓  
Crispy Turkey Sausage Links  
100% Orange Tangerine  
Fresh NY Local Apple

28 Cinnamon Bun ✓  
Fresh Orange  
100% Juice Fruit Punch



29 Homemade Waffles ✓  
Scrambled Eggs with Cheese ✓  
Fresh Strawberries  
100% Apple Juice

30 Whole Grain French Toast Slices ✓  
Fresh Peach  
100% Juice Fruit Punch

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

### DAILY BREAKFAST OPTIONS

BREAKFAST BARS,  
ASSORTED MUFFINS,  
YOGURT PARFAITS

FRESH NY BAGELS

MTO BREAKFAST SANDWICHES



Vegetarian



With Ingredients



Pork



Smart



Made With Organic Ingredients

Any questions or concerns please email the FSD [foodservice@dfsd.org](mailto:foodservice@dfsd.org)

WG REDUCED SUGAR CEREALS

MTO BREAKFAST SANDWICHES

FRESH FRUIT %, 100% FRUIT JUICE

1ST BREAKFAST PRICE: FREE 2ND MEAL \$1.25

ADULTS: \$3.25

# Lunch Menu

## Springhurst Elementary

# January 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

# LET'S CELEBRATE!



## SCHOOL CLOSED TODAY

5 Cheesy Stuffed Bread Sticks   
Fiesta Corn Sliced Oranges  
Sweet Potato Fries

6 Cheeseburger Pickle Chips  
Cinnamon Applesauce  
Fresh Baby Carrots  
Tomato sauce dip

7 Meatball Hero   
Sauteed Spinach  
Apple Slices  
Refried Beans  
Roasted Butternut Squash

**\*Chicken meatballs\***

8 Homemade Mac & Cheese   
Steamed Broccoli  
Fresh Pear

9 Classic Cheese Pizza   
Pepperoni Pizza   
Garden Salad  
Pineapple

12 Baked Chicken Tenders  
Sliced Oranges  
Confetti Black Bean Salad

13 Chicken and Waffles  
Green Beans  
Sweet Corn  
Fresh Pear

14 Cheeseburger Watermelon Slices  
Sweet Potato Fries

15 General Tso's Chicken   
Steamed Broccoli  
Cinnamon Applesauce

16 Classic Cheese Pizza   
Pepperoni Pizza   
Chickpea Salad  
Spinach Salad  
Apple Slices  
Fresh Pear

MARTIN LUTHER KING JR. DAY

20 Soft Tacos   
Buttered Corn  
Fresh Red Delicious Apple

**TURKEY TACO MEAT**

21 Homemade Pasta & Meatballs   
Cucumber Coins  
Steamed Zucchini

**\*Chicken Meatballs\***

22 Crispy Chicken Drumstick  
Watermelon Slices  
Refried Beans

23 Classic Cheese Pizza   
Pepperoni Pizza   
Garden Salad  
Cucumber Topping  
Fresh Pear

26 Mozzarella Sticks   
Marinara Sauce Dip  
Steamed Carrots  
Cinnamon Applesauce

27 Nachos Grande   
Seasoned Pinto Beans  
Fresh Red Delicious Apple

**TURKEY TACO MEAT, W/ WARM CHEESE OVER NACHO CHIPS**

28 Baked Chicken Tenders  
Mashed Potatoes  
Dinner Rolls  
Watermelon Slices

29 Homemade Pasta & Meatballs   
Steamed Broccoli  
Fresh Orange

**CHICKEN MEATBALLS**

30 Classic Cheese Pizza   
Pepperoni Pizza   
Caesar Salad  
Apple Slices  
Strawberries

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AVAILABLE DAILY

DELI BAR, YOGURT MEAL SALAD BAR  
CARROT, CELERY AND SIDE GARDEN  
SALAD

ANY QUESTIONS CONTACT THE FSD  
FOODSERVICE@DFSD.ORG

ALL MEALS ARE SERVED WITH A CHOICE OF  
 FRUIT, VEGETABLE, 1% OR FF CHOC. MILK &lients  
100% FRUIT JUICE

PRICES: STUDENTS: 1ST MEAL FREE, 2ND MEALS \$2.75, ADULT: \$5.44

ADULT PRICES ARE TENTATIVE TO CHANGE

SECOND OPTION: Monday: Grilled Cheese

Tuesday: Cheese Quesadilla

Wednesday: Muffin, Yogurt & Cheese Stick

Pork

Thursday: Hot dogs(BEEF) Made With Organic Ingredients

Friday: Bagel, Cheese Stick & Yogurtly provider.